

SCHOOL DAYS

Dear Old Golden Rule Days

And the Best Rule of All—
Have your Eyes Examined before it is too late.

WE EXAMINE EYES
SCIENTIFICALLY

LAWRENCE SMITH, R. O.

Smith's Jewelry
&
Optical Parlours

Opposite Market, Hagersville

NOTICE TO CREDITORS

In the Matter of the Estate of
Mrs. Mary Hood, late of the Village
of Lakemore, in the State of Ohio,
deceased.

NOTICE IS HEREBY GIVEN that
all persons having any claims or de-
bts against the late Mrs. Mary
Hood, who died on or about the 19th
day of February, A. D. 1930, are
required on or before the 20th day
of September, A. D. 1930, to send by
mail (prepaid) or to deliver to S. E.
Lindsay, Hagersville, Ontario, the
Administrator of the Estate of the
said Mrs. Mary Hood, deceased, their
claims and addresses and full parti-
culars of their claims or accounts
and the nature of their securities
(if any) held by them.

AND FURTHER TAKE NOTICE
that after the 20th day of September
A. D. 1930, the said Administrator
will proceed to distribute the assets
of the said deceased among the par-
ties entitled thereto, having regard
only to the claims of which he shall
then have had notice and that the
said Administrator will not be liable
for the said assets or any part there-
of to any person or persons of whose
claim he shall not then have received
notice.

Dated the 2nd day of August, A.
D. 1930.

S. E. Lindsay, Administrator.

Reception

A very pleasant event took place
in the Parish Hall of St. Paul's
Church, on Friday evening, Sept. 5th
when, on the invitation of the Wo-
men's Auxiliary of the Church, the
congregation gathered there to wel-
come the visiting Rector, Rev. J. J.

Hirst Ross. Assembling there to the
number of about seventy persons,
they sat down to the bountiful sup-
per prepared for the occasion. Supper
over, the Warden, Dr. Lewis, intro-
duced the Rev. and Mrs. Ross to the
members present, who, in an informal
address, thanked those present for
the hearty welcome accorded him,
and in a reminiscent mood, spoke of
the time when he first had charge
of this parish some nineteen years
ago. In looking around at the mem-
bers present, he recalled many and
also spoke feelingly of the absent
ones that he remembered so well, but
now gone to join the Church trium-
phant. He also expressed his thanks
to the aged and infirm members pre-
sent, some of whom had come long
distances to greet him again. After
again thanking the congregation for
the warm welcome accorded himself
and Mrs. Ross, and speaking hope-
fully of the future of the church, he
proposed a vote of thanks to the
Ladies for the supper. The evening's
pleasure was brought to a close by
singing the Doxology.

Fall Fair Dates

Abingdon—Oct. 10 - 11
Ancaster—September 19 - 20
Beamsville—Sept. 26 - 27
Binbrook—Sept. 12 - 13
Caledonia—Oct. 2 - 4
Dunnville—Oct. 7 - 8
Fenwick—Sept. 30 - Oct. 1
Fort Erie—Sept. 18 - 19
Jarvis—Sept. 30 - Oct. 1
Niagara-on-the-Lake—Sept. 20
Oswego—Sept. 25 - 27
Simcoe—Oct. 7 - 9
Smithville—Sept. 22 - 23
Thorold—Sept. 16 - 17
Welland—Sept. 23 - 27
Wellandport—Sept. 9 - 10

New Gas Electric Engine



With its eight-cylinder gasoline
engine and two electric mo-
tors purring and humming in
soothing but powerful harmony,
No. 47, the Canadian Pacific Rail-
way's new gas-electric combined
passenger and baggage car, em-
bodying the latest developments in
electro-motive traction, travels
between Hamilton and Goderich
and its sister car No. 46, between

Ottawa and Waltham. These
cars have a range of 400 miles
at an average speed of 30 miles
an hour, but attain a maximum
speed of 65 miles an hour. They
comprise a first-class compart-
ment seating 36 passengers, a
smoking compartment for 15 pas-
sengers and a 17-foot compartment
for baggage and express.

Royal Trip

As a supplement to the Royal Trip
for boys the Department of Agricul-
ture is offering free trips to the Ro-
yal Winter Fair, Toronto, to five farm
girls from each of the Counties which
have taken advantage of the instruc-
tions conducted in Household Science
Judging by the Women's Institute
Branch. Announcement to this ef-
fect was made recently together with
the stipulation that the girls are to
be selected on a basis of the stand-
ing taken in the Judging Competition.

On their arrival in Toronto the
girls will be chaperoned in groups
by the staff instructors. A splendid
program including visits to some of
the industrial plants and business
centres of particular interest to girls
from the country is being prepared.
Further announcement regarding the
rules and regulations will be made
later.

HEALTH SERVICE Of The Canadian Medical Association

The Value of Health.

When we have health, we are free
from disease and physical defects, we
are living at the highest level with
our physical and mental capacities
at their best. Health is not a mat-
ter of big muscles; it is a condition
of fitness of the whole individual,
mind as well as body.

We do not know any person who
would suggest that the possession of
health is not desirable, or that it is
not worth while. We believe that any
one who gives a moment's thought
to the subject must agree that health
is well worth striving for.

We shall enumerate a few of the
factors which go to prove the value
of health, because those who enjoy
health may become careless of one
of their most precious possessions
unless they are reminded occasion-
ally of its worth. The time to think
of safeguarding a precious thing is
while it is still in our possession,
not after it has been lost.

Health and happiness go hand in
hand. Disease is an enemy of human
happiness. We do admire the courage
displayed by some persons in the
face of suffering borne with little
complaint, but no one of us suggests
that to be happy we should first of
all become ill.

Beauty is a reflection of health.
Lack of health steals away the
beauty of the skin and hair. Illness

and pain leave their mark and some
diseases cause actual physical de-
formity.

The desirable happy friend or ac-
quaintance has a healthy mind and
a healthy body. Pain makes us ir-
ritable. The healthy mind is able to
meet the crises of life without emo-
tional upsets.

Health is a great economic asset.
We do our best work when in a health-
y condition. We do not lose time
from our duties. We are not obliged
to meet the cost of illness. The
health of workers is so desirable
that many business organizations
have found that it pays to care for
the health of their employees by
providing a health service for them.
If it is profitable for an organization
to preserve the health of a worker,
it certainly pays the worker to con-
serve his own health.

Mankind in general is not selfish
and health enables each one not only
to do the best for himself but for
others, — the mother to give the
best care to her children; the father
to provide the most for his family;
the citizen to serve his fellowman
and his country.

Practically all of us can have health
if we are willing to make the effort.
We have indicated why it is well
worth while for each one to make
the necessary effort.

Questions concerning health ad-
dressed to the Canadian Medical
Association, 184 College St. Toronto
will be answered personally by letter

AT THE CHURCHES

Sunday, Sept. 14th.

ST. PAUL'S CHURCH

11 a. m.—Morning Prayer & sermon
7 p. m.—Evening Prayer & sermon
Rev. J. Hirst Ross will preside.

KNOX PRESBYTERIAN CHURCH

Rev. G. L. Evans, Minister.
9 a. m.—Sunday School
1 a. m.—Morning Worship
8:30 p. m.—Evening Worship.
Prayer Meeting, Wednesday even-
ing at 8 o'clock.

WALPOLE

4 p. m.—Sunday School
4 p. m.—Prayer Service.

WESLEY UNITED CHURCH

Rev. P. E. Deeth, R. A.
9 a. m.—Sunday School & Bible
Classes.
11 a. m.—Morning Worship
Minister.

GARNET UNITED CHURCH

1:30 p. m.—Sunday School
2:30 p. m.—The Minister.

CHRIST CHURCH

NANTICOK
Rev. W. Gibson
10 a. m.—Sunday School
11 a. m.—Morning Prayer

11 YEARS CONSTIPATION

GLYCERIN MIX ENDS IT.

"For 11 years I tried to get rid of
constipation," says Chas. E. Blair.
"Then at last the simple mixture,
Adlerika, made me regular."

The simple mixture of glycerin,
buckthorn bark, saline, etc., (Adlerika)
acts on BOTH upper and lower
bowel, relieving constipation in 2
hours! Brings out poisons you never
thought were in your system. Let
Adlerika give your stomach and bow-
els a Real cleaning and see how
good you feel! J. Schreiber Jarvis.

THE HOUSE OF QUALITY

AT BURWASH'S YOU WILL FIND A COM-
PLETE ASSORTMENT OF THE CELEBRATED
GOODS MANUFACTURED
BY THE J. A. HAUGH MANUFACTURING
COMPANY

Consisting of

Men's Overalls Men's Pants
Men's Work Shirts Youths' Pants
Men's 2-Way Shirts

Prices Reasonable

J. A. BURWASH Phone 13-2
JARVIS, ONT.

Specializing In Good Taste



It's one of the things we are proud of—the un-
questionable good taste of everything on our floor

It may be only a little end table; it may be a
costly lounging chair, in every instance it will be
a piece pleasing of line, artistic in design, worth-
ily built. Need we add that prices are sensible and
fair?

Juan W. Holmes
FURNITURE UNDERTAKING
JARVIS, ONT.

FLY SPRAY

Protects Your Cattle and Horses

Crenoid \$1.35 Gallon
Whiz (stainless) \$1.50 "
Cresoleum (bulk) \$1.00 "

Household Fly Spray

50c and 75c size
Fly Tox 50c and 75c size

WEED COP—the Weed Killer

R. T. CARTER

JARVIS, ONT.

A Happy Quartette at Empire Games



It was a great day at Hamilton, Ont., when the British Empire
Games were opened; a day of sunshine and smiles, as is shown by
the above picture of four distinguished Canadian citizens in the vic-
regal box. Whatever the smile is born of, it is unanimous. Left
to right: E. W. Beatty Chairman and President of the Canadian Pacific
Railway; His Excellency Viscount Willingdon, Governor-General of
Canada; Hon. R. B. Bennett, Prime Minister of the Dominion; and
Hon. J. Howard Ferguson, Prime Minister of the Province of Ontario.

Mr. and Mrs. J. C. King of Port
Dover, Mrs. Helen Steele, and Winni-
fred and Mac Steele motored to
Toronto on Thursday last to attend
the Toronto Ex.

W. WILLIS BARBER

Also Agent for
Spartan Razors,
Service and Supplies

MAIN ST. JARVIS

Duxbury's STORE

PHONE 47.

"The Home of Quality"

Just arrived—a new ship-
ment of Gent's latest style
oxfords and shoes. Come in
and look them over. We're
glad to have you call.

We deliver anywhere in town

Enthymol Tooth Paste

Cleans, Polishes, and Deodorizes
Refreshes the mouth, Hardens the
gums Use Enthymol twice a
day. It is a Parke-Davis Product
25c a tube

The Rexall Store

Phone 77 J. M. SCHREIBER, Pharm. Jarvis

TRAVEL VIA LAKE ERIE

Between Buffalo, N.Y. or Ft. Stanley, Can. and Cleveland, O.

LET THE C & B LINE be your host for a delightful night's trip.
Every comfort of a modern hotel awaits you. Autos carried.

CLEVELAND—BUFFALO DIVISION

Summers each way, every night, leaving 9:30 p.m., arriving 7:30 a.m. (E.S.T.)
April 15th to November 15th. FARE \$2.00 One Way.

\$2.50 Round Trip Auto Rate \$4.50 and up.

CLEVELAND—PORT STANLEY, CANADIAN DIVISION

Summers leaves Port Stanley, 4:30 p.m., arriving
on Cleveland, 9:30 p.m.; returning, leaves
Cleveland at midnight, arriving at Port Stanley,
6:00 a.m. (E.S.T.) June 21st to Sept. 7th.

FARE \$3.00 one way, \$5.00 Round Trip.
Auto Rate \$4.50 and up.

Write for free folder and Auto Map. Ask
for details on C & B Line Travel, Guide
and All Express Tours, also 1930 Cruise
of Lake Erie. Also, 17th South St., Buffalo,
N.Y.

THE CLEVELAND AND BUFFALO
TRANSIT COMPANY

Port Stanley, Canada

Buffalo, N.Y.

SAVE A DAY

WHY

"HONEST IN CAN-
DA IS NOT ENOUGH."
"GIVE AT HOME."
"THAT'S THE ST-"

32nd Year

Jarvis Fall
Held Sept.

The Jarvis Fall
hand and the offic
every endeavor to
this year. Among
will be a 'Married
Tournament betwe
Hagersville, Nel
Jarvis, with prizes
2nd, \$15.00; 3rd, 10
The Norfolk Ri
Band (by kind pe
Commanding Offic
Gunter) under the
Ernest Knight, wil
throughout the aft
lead the School C
from the school gro
If you have not
join the Society and
ing the 1930 Fall F



Start that
Kodak F

AFTER YOUR
grown up you'll
minder of their chil
what today's snapsh
to you then. Don't
late. Start that g
record now.
Modern Kodaks
just that you don't
on bright sunlight.
good pictures indee
cloudy days or i
Come in today and
details.

Win a prize in the
Contest with
your youngsters.

JOHN BROWN
Phone 55

Our An
\$ D
FRIDAY, S

Once a year
our custom
opportunity
by our \$ day

OUR B
SPECI

99 piece
Dinner Set w
al decorations
only) Reg. \$

\$14.9

This set is price
cost. IT IS A BA
not miss it or our
\$ Day Bargains.

WINGER'S
HAGERSVILLE