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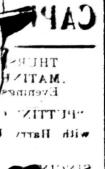
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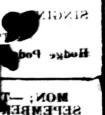
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fidently. "I tured. "I've out three stroke.

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le weather





motherhood have been played up too in the durability of materials. There

has endured so much.

little stressed. What unmarried effort and hope on a garment, only to aunt would not go through many times discover that it will not endure reaas much as it requires, only to be the sonable wear when put in service. If mother of John or little Mary? What women, in numbers, would demand childless wife has not wept bitter tears more durable fabrics the manufacturbecause the joy of motherhood are ers would supply them to us. This denied to her? Yet when mothers get is a matter worthy our consideration together they too often dilate upon and action. muddy boots, bottomless appetites, finger prints on walls, dresses to be let out, innumerable questions to be answered, and noises without end.

children's characters and dispositions, child should start school ... th a decayand less about our housekeeping; if ed tooth and the dread of the toothwe would play with them more, and sche ahead of him. If he needs glasses talk with them enough to know what or his adenoids or tonsils out, that they are thinking about; if we would should be taken care of before he is watch them and glory in them and swept along by the round of school keep close to them, we ourselves room duties. would keep young and fresh and happy and realize that we are rich in having them

ate, so honest, so eager to learn, so child the once-over before the next active and ambitious! It is so inter- term of school opens. esting to watch them develop from month to month! Who would magnify the pin pricks along the way, when we have -our own-in our homesthe choicest possessions of God's creatis a little too laborious, with its many tion—children? If you are a mother, rinses, but there is no doubt but that appreciate every day of it, now, while results would be ideal, and it is worth you have the children about you. You cannot recall these precious days. Make them rich and full and joyous.

FOOD HINTS

In the beginning a child has no favorite food tastes, but will learn to like whatever foods are given to him. If he is given only wholesome and suitable foods, without comment or question, these are what he will prefer.

Later, his tastes are enlarged, and too often perverted, by his experiences with food. He learns to have a distaste for that which was served to him poorly cooked, unattractive scorched, overseasoned or flavorless. He forms a prejudice against certain foods diet.

If we would serve to children a large variety of foods, including all sorts of vegetables and fruits, we would not have to insist on their eating them in later years. If we plan- cook books has least-use for divorce ned wholesome, simple meals without papers. fried foods and pastries, they would grow up well nourished, with good digestions and without having bad food

habits to break. The child with three square meals a day is not likely to cultivate the nibbling habit, the candy or soda a miserable wreck. Now, what do you habit, between meals, and the craving suppose brought about this wonderful for something forbidden in later years. | change in me?" Children ordinarily do not like condiments-pepper, mustard and spices- the audience. and these things are harmful anyhow. by having them on the family table?

One of the best food habits to teach a child is to chew his food thoroughly, to eat slowly and not to gulp his ed, suavely. "I shall then be better food down hastily and in chunks. The able to explain. That's right." small child must be watched that he does not form this habit. Conversation and lau hter at mealtime will help.

If a child has freakish cravings, as the desire for vinegar, or some unusual food, there is something wrong and he should be taken to a physician. Indigestion, poor teeth or some ailment may be the cause of it.

against which he rebels, serve it to my explanation."-Tit-Bits. him, in the most tempting form possible, when he is hung.y, the first SMILING BRITONS course in the meal, or between meals. or outdoors when he is at play or at or in so pretty dish.

as sociability.

WOMEN AND THE RADIO given especial attention but there are only Britons would follow up this opfew women announcers. This is be- timistic look by actions it would uncause their voices lack strength and doubtedly counteract the terrible confidence.

A great many women apply for this job, but few are chosen. A good radio world. voice commands a salary somewhat higher than a school teacher's. If others will follow," declared Dr. one possesses a good radio voice and excellent material which is original, the prospects are bright in the radio

The radio voice must not be sectional, Southern, Bostonian, nor have any dialect nor brogue. For food talks the voice must be enthusiastic and friendly, since food talks are informational and dry. For fashion talks one must have an aristocratic or "chic" tone.

FRAIL FABRICS In recentayears fabric manufacturges have made great improvement in is going to be a real holiday."

THE JOY OF MOTHERHOOD the fastness of color and the beauty of The responsibilities and burdens of fabrics, but in many cases a decrease much in literature. The typical is need for care in buying a pretty mother is pictured as a worn, kindly, piece of goods for making into a garself-sacrificing creature whom we ment, to ascertain that it is subshould cherish tenderly because she stantial and will wear well. Look it over carefully with this in mind. It The joys of motherhood are too is a pity to spend time and money and

READY FOR SCHOOL

If we would think more about our at your child before school begins? No

He will not be his best in school nor get the full benefit of his studies unless in fit physical condition. Ask Children are so sweet, so affection- your family physician to give each

IDEAL LAUNDERING

washing by the following method. It trying for particular pieces.

warm soap suds fifteen to twenty min- Eloise Boeker Cason. utes, rinse in clear water three times. once in warm water and twice in cold by the behavior of other people. then follow by a blueing rinse.

certain to remove every trace of the of clothes. soil which the wash has loosened, as Third, people are annoyed by mat- dicted and somewhat irrational an-

THE SALLOW COMPLEXION The sallow complexion is more than skin deep. It is not merely a skin feet, but is caused by poor circulation, lack of outdoor exercise and poor other people.

It is the third, the learned, that include the greatest number of annoying capacity. The sallow compartment and car doors. Recently it is the third, the learned, that include the greatest number of annoying capacity. The sallow compartment and car doors. Recently it is caused by poor circulations of the manifestations of the manifestations of progress, then, is a growing capacity prospective auto-license purchasers. The sallow complexion is more than other people.

which he hears some member of his To correct a sallow complexion, take sources of annoyance listed in the The first step in the preparation of number 13. On the other hand, thir-later centuries some such story as is family criticise; and he is largely lim- a brisk walk daily; begin the day with study. The figure at the end of each the study was taken in the classroom. teen me in New York formed the here told which the writer of this book ited in his tastes by the foods which a bath, a cool rinse and a lively rub- item is the average score the item A discussion of the nature of annoy- Thirteen Club, and met on the thir- takes and uses for his own purpose. appear on the family table. This down. Eat plenty of fresh vegetables received when the list was submitted ances was followed by asking the stuplaces a great responsibility on mothing and fruits and drink a glass of orange to representative groups of more than dents to prepare lists of their own A courageous bit of daring when there to the narrow Judaism of the fifth and

MRS. SOLOMON SAYS:

The community which buys most

Proving It

The little man was lecturing on the benefits of physical culture. "Three years ago," he said, "I was

"What change?" said a voice from

There was a succession of broad

Why do we cultivate a taste for them smiles, but the little man was not disconcerted. "Will the man who asked, 'What change' please step up here?" he ask-

> He grabbed the interrupter by the collar. "When I took up physical culture,"

> he said, "I could not even lift a little man. Now I can throw one about like a bundle of rags."

And he flung the interrupter half-adozen yards along the floor. "I trust, gentlemen, you will see the force of by argument, and that I have To teach a child to like a dish not hurt the gentlemean's feelings by in public—20.1.

INSPIRE GERMAN London.—Smiling British faces a picnic. Serve the food disguised form one of the chief impressions during his stay in England of Dr. Rai-Table manners are a part of good mund Koehler, president of the Leipfood habits and aid digestion as well zig Fair, who concluded a month's visit recently.

"Compared with Germany, where one generally only sees gloomy and Singe women form the majority of pessimistic faces, I was agreeably surdaytime listeners to the radio, wo- prised," he said, "to find so many men's interests and women's work are cheerful and smiling countenances. If slump which exists all over the United Kingdom, and, in fact, the whole

"Let Britain give the lead and Koehler.

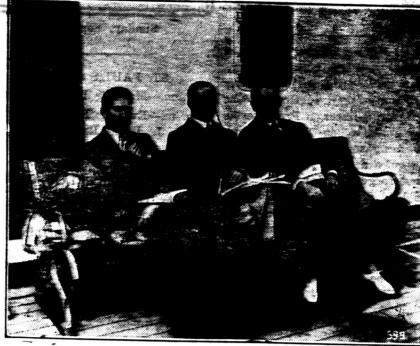
A Real Holiday

The great moment in Teddy's life had arrived—the family were off on

their fortnight's holiday. Reaching a illtle cottage in the country, Teddy at once commenced to explore the rooms.

"Mummy," he said, after a while, 'where's the bath-room?" "There's no bath-room here, Teddy," replied the mother.

Teddy flung his cap into the air. "Hurrah!" he shouted happily. "This



His Excellency Lt.-Col. T. R. St. | Whitty, A.D.C., to His excellency,

Have you had the dentist and the Johnston, C.M.G., Governor of the Lee- Lt.-Col. St. Johnston is on a semi-ofof this group taken aboard the Duchpire Trade Preference policy between president of the Royal College of Sur- and also to organize regular air lines geons, and left is Captain J. P. N. between the Dominion and the Islands.

What Are Your Pet Dislikes in Humans?

Science Reveals it is Chiefly Humans Who Irritate But Things Also May Offend.

What are the chief annoyances a A home economics college does its they vary in stinging power? These In his study, Professor Cason was lack education. human being has to face, and how do head-0.8.

Second, people are annoyed by non- classes: These numerous rinses are almost human things and activities, exclusive

well as all soap, alkalinity, slippery ters concerned with clothes and man- noyances." The first include mainly ners of dress.

Here are some of the outstanding for annoyance.

THE BACK-SEAT DRIVER

A person in an automobile I am driving telling me how to drive-20.8. A person coughing in my face-28.9.

A person continually criticizing something—23.5. A young person showing disrespect for a much older person-25.6.

A salesman trying to force me to buy something-22.9. A person behaving as if he (or she) thinks he (or she) knows it all-21.9.

his (or her) illnesses-20.3.

personal affairs.-21.9. To hear a mosquito near me when am trying to go to sleep-26.3.

over the telephone-21.8. To have to wait for a person who is late for an engagement-21.4.

about something-24.1. Flies—25.1. A dirty bed-27.8.

To have a hole in my stocking or seck-23.3. ing attention to himself (or herself)

A person giving me a good deal of advice when I have not asked him (or her) for it-19.3.

To hear a person eating soup nois-

A very self-satisfied person-15.5. hands on me unnecessarily-16.6. To see the red hair of a woman's

questions are answered in an exten- not concerned with the concept of unevery-day life," he says, "can for our our shores and was surprised to learn pressive lesson of the all-embracing First, people are mainly annoyed present purposes be conveniently that Friday was our hoodoo day. His mercy of God.

(1) The physical, (2) the rational, Friday as days on which to be espeand (3) the learned, not easily pre-cially careful. physical pains. The second include Fourth, people are annoyed by al- certain familiar situations such as difficulty in getting customers to over- in of Hamath (in the north) to the terable physical characteristics of losing money or breaking one's watch. look the number thirteen on room, sea of the Arabah (in the south)." Of

juice or lemonade every morning be 200 people. An indication of the com- annoyances, including all they had is so much "bad luck" floating about! to the narrow Judaism of the nith and following centuries B.C., which desirparative score may be gathered from been able to observe under any and all Thousands of years ago it was a ed and predicted only the destruction the fact that the highest score was circumstances. The lists were then religious practice to paint the door- of the nations which had been hostile people testified.

> HUNDREDS OF SUB-TOPICS were then devised. In the hundreds horseshoes became "lucky." of sub-topics appear many items of Astronomy is but one of the sciences classification, themselves eloquent of that has suffered the burden of being annoyances, such as: Gushing, hore seized, as a needle-science for the annoyances, such as: Gushing, bor- seized, as a pseudo-science, for the seas," rowing, slapping on back, being push- purposes of astrolog. The heavens "weeds . . . wrapped about" his head. gossip, sophistication, stinginess, stub- with a particular "sign." Each sign verses that follow represent him as bornness narrow-mindedness, apolo- is represented in a different meaning. delivered and his prayer as answered, A person continually talking about gies, interruptions, and familiarity. To be born in the month covered by and declare his purpose to offer a All the items were then classified the sign of the lion one will surely be sacrifice of thanksgiving. The prayer A person being inquisitive about my under these headings. All duplications courageous in life, so the astrologers extreme danger or distress.

> > fessor Cason said, "that 57 per cent. designed to cover most any person. thrown."

spect than the alterable physica things and activities, whereas only Toronto. W. J. O'Dell, myes physical characteristis of people."

Superstition Is From Bible Days

Jinx Based On Reason.

Do you have a little "jinx" in your home do you knock on wood or hang why they are doing it.

Do you knock on wood, and know of the number thirteen and Fridays? Do you believe that a horseshoe or

bring you "good luck"? in an endeavor to promote better Em- from Biblical times. Knocking on ess of York. Right is Lord Moynihan, Canada and the British West Indies, ancient conceived the similarity be-(of wood). Some cross their fingers for the very same reason. Others believe that the number thirteen is unlucky because that number sat at the Last Supper and the first to arise was crucified. Friday vas the day of the Crucifixion. These are incidents of Christian history, but why anyone should seize on them as signs of "bad we do not understand, or on which we

grouped, into the three following was Monday. He finally compromised on setting aside both Monday and

THIRTEEN AVOIDED progress, then, is a growing capacity prospective auto-license purchasers not written by him, but rather about not to send them plates bearing the him. There may have been current in

discussed in class. Some of the stu- ways of each house with blood of to Israel. See for examples Ezekiel, dents canvassed friends and relatives sheep. The doorways were all arched. chapters 38-39; Joel, chapter 3, etc. for lists of annoyan.es In all, 659 Gradually the practice came to be a II. A PRAYER OUT OF THE DEPTHS, chap. mean of keeping "bad spirits" out of the house. Then the similarity between the shape of the loor and a the language of this prayer as pro-Elaborate tables of classification horseshoe was noticed. Thereafter ceeding from a man in a whale's belly.

ed snobbery, teasing bullying egotism, were divided into twelve parts, each The last clause of verse 6 and the were eliminated. Annoyances that had say. And to be born under the sign HI. .. RELUCTANT OBEDIENCE, chapters been submitted by only one or two of the crab is to be backward, in the people were also eliminated. In the manner in which the crab travels. The

plicates, were concerned with human in for its part in a number of super- after the period of the exile toward behavior, 16 per cent. with non-human stitions. Perceiving that the moon exthings and activities (exclusive of erts a certain drawing power on the notable exceptions, as seen in the clothes), 12 per cent. with clothes earth, in that it causes tides, the su-example, 96, 100. But, like Jonah, the and manners of dress, 10 per cent with perstitious find the new moon a most Jewish people as a whole had no gos-To see a boisterous person attract- alterable physical characteristics of propitious time for planting, so that pel of salvation for the Gentiles and Commenting upon his conclusion that which is planted." For the same should survive the catastrophe which A person telling me to do something that people are mainly annoyed by reason the natives in Cuba are super- they believed would end the age in when I am just about to do it—17.1. | the behavior of other people, he said: stitious about walking or sleeping in which they lived.

Sunday School

eptember 21. Lesson XIII. (The Narrow Nationalist Rebui

ANALYSIS I. REFUSING THE CALL OF GOD, chap. 1. II. A PRAYER OUT OF THE DEPTHS, chap.

III. A RELUCTANT OBEDIENCE, chapters 3 and 4.

INTRODUCTION—Jeremiah, or some later prophet whose work is included a horseshoe over the door? Well, you in the book of Jeremiah (chaps. 50needn't feel exclusive, because every- 51), compared the king of Assyria and body else does it, although few know Nebuchadnezzar, king of Babylon, with fierce beasts of prey which had devoured Israel and broken his bones, why you do so? Are you superstitious had swallowed up Israel and then cast him forth, 50: 17; 51: 34. The reference is unmistakably to the captivity crossing your fingers maintain and of Israel and Judah in Assyria and Babylonia and to the release and re-Many of these superstitions, writes turn of the exiles after the conquest eye-ear-nose-and-throat specialist look ward Islands, is sitting in the centre in an endowed to other chiles chanics Magazine, have been carried explicit prediction of such a return in 50: 18-20. It would seem that some 50: 18-20. It would seem that some large hearted Jewish writer of the first or second century after the return used a similar figure in writing tween it and knocking on the Cross the book of Jonah. Jonah he uses to represent Israel, refusing to exercise his prophetic mission to the world, the mission of teaching Jehovah's ways and establishing universal peace (Isa. 2: 1-4), or of bearing the covenant blessing and the light of deliverance to all oppressed nations, Isa. 42: 1-7; 49: 6. The eastern empires which conquered and enslaved Israel are rep-A person putting his (or her) luck" is not easily understood. Hav- turn of Israel to his own land by the ing no basis in fact, it is labeled a vomiting forth of Jonah upon the dry superstition, meaning something that land. Israel's keen desire to see the nations which had opposed him punished, and his rediction of ruin to sive study of the origin and nature of pleasant feeling in general, but with set out on a voyage on Friday. In his discontent and anger at the noncommon annoyances that has been concrete annoyances, aversions and various countries of Europe, the unfulfilment of his prediction of the demade by Hulsey Cason, Professor of irritations in their specific manifesta- lucky day is designated as Monday or struction of that city. The book closes Psychology at the University of Ro-tions in individual people. "The un-friday, according to the country. Sev-with a rebuke to the narrow spirit of Cold soak for five minutes; wash in chester, in collaboration with his wife, pleasant responses or experiences of eral years ago an Englishman came to national selfishness, and a most improceive lesson of the all-embracing

I. REFUSING THE CALL OF GOD, chap. 1. Jonah, the son of Amittai, is mentioned elsewhere only once. In the brief account of Jeroboam II and his reign, in 2 Kings, 14: 23-29, he is said to have foretold the extension of the Steamship hotels and Pullmans have kingdom of Israel "from the entering

> It is not quite easy to understand It is true that he might have described himself as in the "belly or hell," or

To be disconnected while talking end, 507 specific annoyances were se-only difficulty presented is that, in he went to Nineveh and proclaimed 3 and 4. fortune telling by astrology, the in- the destruction of that city-"Yet "It is of some significance," Pro- formation given is a generalization forty days and Nineveh shall be over-A person continually complaining of all the annoyances, including du- In the same manner, the moon comes by the attitude and spirit of the Jews as the moon grows in size so will no desire that the Gentile nations

> But in this story the unexpected occurred. Nineveh listened and repented of its sin, "and God repented of the evil which he said he would do unto them." Jonah's prediction was not fulfilled. But instead of rejoicing at this signal display of the divine mercy "it displeaseth Jonah exceedingly." He was not pleased that his God was "a gracious God and full of compassion, slow to anger and plenteous in mercy." He was grieved for the destruction of a simple, quickly growing vine which sheltered his head from the heat of the sun, and the absence of which caused him some discomfort, but he would have looked with satisfaction upon the destruction of the many thousands of Nineveh. Jonah presents a conspicuous example of the hardness of heart and narrowness of outlook upon the world of many Jews of that period, and of many of the Jews of New Testament times. This little book was written as a noble effort to teach the truth fully revealed in Jesus Christ, that. "The love of God is broader

Than the measure of man's mind: And the heart of the eternal Is most wonderfully kind."

A rose bush in a Lampton (Middlesex) garden has 400 blossoms.

the moonlight, believing that it will draw their faces to one side while ! is waxing, or cause depression of the features when it is on the wane.

Canada's Mountains



This photograph of natural rare beauty, seen only in the monumental grandeur of the Canadian Rockies, shows majestic slopes of the Cadomin mountains.