For the Woman Reader

by Florence Riddick Boys

COPYRIGHTED

Financial Advice

The widow and her money are soon parted—so financial records show. This is not because her resources are so small that it takes all she has to keep the family, but because some smooth salesman comes along and sells her a chunk of blue sky which soon dissipates into nothing but space. Most women do not bother with financial problems while the husband is living to shoo the wolf from the door; but they are left money to invest, either from insurance or property inherited, at the same time that they are bereft of the buffer between them and the fiscal world. This is a signal for the onslaught of stock salesmen.

Do not hasten to invest, no matter how glibly the salesman may make his proposition look alluring. Do not put all your eggs in one basket. Do not be deceived by promises of big and sudden profits. There "ain't no such animal." Safe investments, as a rule, do not pay big interest or dividends, because they are conservative and do not take wild risks.

Most banks offer a service, without cost, to their patrons. They will give you sound financial advice as to the best way to invest your money safely. Do not hesitate to consult them. Of course, they may make a mistake, or may even be crooked, but are much more reliable than your own inexperienced judgment or the normal salesman who has his own ax to grind.

The Sunroom

The best cold weather substitute for the summer's garden is the sunroom. It is interested to be a gay room, and cheerful colors are appropriate. It should have a south or east exposure, and plenty of windows. Neutral walls with gay furnishings are in the best taste.

Wood lattices, painted green, may be placed along the walls and support vines and English ivy. The ceiling might be sky blue, and the floors call for warm colors such as dark reds, greens and browns.

Flowered fabrics in draperies, upholstering and cushions help to give the illusion of summer. If these are too riotous, tone them down by using some plain linen or silk materials. Sunfast and waterproof materials are desirable for the sunroom. The curtains should draw easily.

It is less formal and individual to group various types of furniture, rather than to use sets. Willow or reed chairs and little iron tables are attractive.

Silverware

Beauty, convenience and long wear is what we desire in our silverware. The most beautiful is sterling silver, which is made of 92 parts silver to 75 parts copper. The copper is added for hardness. Sterling silver is durable, but expensive.

Plated silver may be good or poor depending on the amount of silver used in the plating process. This is indicated by pennyweight, marked "dw.", or double or triple plate. The silver is plated onto a base of German silver or copper.

Triple plating should be a good silver and give long service. In this ware, knives and forks are twelve pennyweight; tablespoons twenty, and teaspoons ten. Knives with stainless steel blades are desirable.

In selecting silver, look at the whole set to see if you like the various pieces. Choose a pattern which does not scratch easily, and see that the handles are easy to hold.

Parsleyed Carrots

A colorful dish and one rich in mineral salts and vitamins is parsleyed carrots. Wash, slice and dice tender young carrots, and cook them about twenty minutes, or until tender, in the least possible amount of salted water. The water should be evaporated off by the time the carrots are cooked. To leave off the lid of the kettle will aid the process.

The cooking must be carefully watched or the carrots will burn. A teaspoon of sugar, added while the carrots are cooking, improves them for some tastes. When the carrots have boiled practically dry, add two tablespoons of butter and a tablespoon of chopped parsley and serve immediately.

Sick-headaches

Many a sick-headache is staved off by eating something simple, such as a little bran and milk or milk toast. The person who is subject to frequent sick-headaches probably is sensitive to starch and sugar foods and should eat more fresh fruits and vegetables, to correct the acidosis caused by too much starch and sugar in the diet. Dairy ant sunnina are causes of sick-headaches. Cod-liver oil, milk, cream, nuts, sunshine and sleep in the fresh air help overcome this condition. Eyestrain is another cause of sick-headache.

Carbon Monoxide

When you start the motor of your car, it blows off a stream of carbon monoxide gas. You cannot see, smell, or taste this gas and are inclined not to fear it sufficiently—but it is very d adly. Do not close the doors of your garage and leave the motor running. If your car leaks a little of the gas back into it, open the windows of the car before you start the engine.

Bed Room Slippers

In buying bed room slippers, get them a little large as the foot is larger when not inside a stocking and it is more difficult to slip the bare foot into a snugly fitting shoe. If you wear shoes number five, get the bedroom slippers number six. Soft, felt slippers are comfy for lounging in and may even be worn to bed if your feet are cold. They are nice to wear when you lie down for a nap; but if you start the breakfast before you dress go down to the basement and put coal in the furnace, it is better to have the black kid bedroom slippers, which are fleecelined. Milady wears "mules" instead of slippers when she lounges picturesquely in her boudoir, if any.

Taffy Pull

For a frosty night, nothing is more fun than a taffy pull. Here's how: Pour into a saucepan four cups sugar, one cup boiling water, two tablespoons of vinegar and two teaspoons of butter. Stir until the sugar is dissolved, then put on to boil. To tell when it is done, pour a few drops into cold water. If it is brittle, pour it into a well greased pan and cool quickly. As soon as it is cool enough to handle, pull until it is white.

Shrimp Cocktail

Mix one can of shrimps, two cups dried celery, one fourth cup of chopped sweet pickles, eight chopped pimento-stuffed olives, salt, paprika and three tablespoons of lemon juice. Set away to chill and allow the flavors to blend. Serve in shrdot glasses, topped with thick mayonnaise.

Cranberry Sauce

To one quart of washed cranberries add two cups of water and boil until skins burst; then add two cups of sugar, stir until sugar is dissolved and cook for six minutes longer.

Mrs. Solomon Says:

The woman who excuses herself from activities now because she is "too old" probably did the same thing a few years ago because she was too young. The chances are she never did much of anything worth while.

We Grow Forgetful

As we grow old we find that we forget
The little things—the duties of the day,
But other matters linger with us yet
The things that others do and others say.

We grow forgetful as we turn to grey,
But find forgetfulness is twice unkind:
The things we would remember slip away,
The things we would forget still haunt the mind.

As we grow old we find that we forget
The things we would remember, and recall
Some act that hurt us, or some grief we met,
The things it seems we can't forget at all.

Is this the reason? When the shadows fall
We think of things the heart should put aside,
And, so reminded, drink the bitter gall
Of visions shattered and of dreams denied.

As we grow old we find that we forget,
But we must live the day and not the year,
The midnight ended and the morning regret,
The past forgotten and the present here.

We grow forgetful of the things most near,
But we must turn to them from things afar—
Give these a smile, give those a final tear,
And be not what we were but what we are.

—Douglas Malloch.

Apple Charlotte

Grease a pie dish with margarine; it is best to put this on with a knife, as then it is fairly thick. Press some breadcrumbs through a colander and scatter over the bottom of the pie dish.

Peel and quarter some good cooking apples, put some of them next, with a little brown moist sugar.

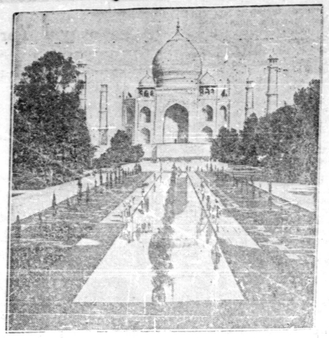
Another layer of apples, then breadcrumbs, and so on till the dish is full.

Grate a little nutmeg on the top, add a few small pieces of butter and bake in a hot—not too hot—oven until the apples are soft and the crumbs golden brown.

Jockeys who ride in flat races only have a hard time keeping fit in the winter. Turkish baths, tennis, walking, dieting, and hunting being employed in the fight with weight.

Be charitable before wealth makes thee covetous.—Sel.

Quakes Rock Temple



View of Taj Mahal, Agra, India, in which new cracks have appeared. Since quake, last June, 500 shocks have been reported. It took 15 years to build at a cost of $15,000,000.

Girls Put Food Budget at $3.50 As Salaries Fall

Vegetables as Chief Item of Home-Cooked Meals Help Tide Over Business Group

New York—The business girl who has come to New York is finding the metropolis less receptive this year than ever. Where she was earning $25 a week last year, she is only getting $18 now.

At an apartment hotel for business women many of the residents have taken reductions in salary. Some of them work a day each week without pay, according to Miss Susan Stone, director.

Among the hotel residents there are fifty-one women who earn less than $18 a week; forty-five who earn $20; thirty-eight who earn between $20 and $25, and forty-nine whose salary is between $25 and $30. Most of them are over twenty-five years old.

Many Sacrifices Made

When the depression cut into savings and to salaries it started some serious work in budget making. Now the women are learning to save as they have never done before and the saving is done with nickels.

Hair that would never become longer for fashion dictators is allowed to grow now in order to save the expense of a barber.

Instead of going to the moving pictures the business woman on a reduced income takes home a mystery story, a novel or a biography from a rending library. She can read a book for 25 cents a week. She has cut down on her house telephone calls which cost 10 cents each and walks out to a telephone booth where the call can be made for a nickel.

She does her own laundry in the evenings, though she probably never did it "back home. The Y.W.C.A. has a place where girls may come in and wash their hair or clothes. There are also curling irons and ironing facilities. Now that many girls are out of work this service helps them to preserve their morals by keeping up their appearance.

The most important item in the budget is food. One woman attempted to live on beans and apples or spaghetti and water. She discovered that in order to keep her job she had to take care of her health and found that a well balanced menu was not necessarily an expensive one.

Food for $3.50 a Week

A business woman at the Hotel Irvin buys her food for $3.50 a week, through the average food budget at this house is $4.50 to $5. She cooks her own breakfasts and dinners in her apartments and takes her lunches at the 5 and 10 cent stores.

Steaks instead of steaks make the main course in the lower food budget. There is no stinting on food. It is just that cheaper things are eaten. More vegetables are taken in for these home-cooked inexpensive dinners, mainly because they are cheaper but also because they are healthful.

The weekly food budget of $3.50 allows for a breakfast of cereal, eggs one day and bacon another, fruit, coffee and toast. The luncheon is purchased at the drug store counter or the 5 and 10 cent store. It consists of a sandwich, a glass of milk and dessert.

For dinner cooked at home, a number of combinations are possible. Every night there is a salad. Once a week steak is bought for 55 cents, but it lasts two meals, usually Saturday and Sunday. Other nights there may be lamb stew, a pork chop at 12 cents or a lamb chop at 15 cents, liver, or a chicken which lasts for three meals and soup. Round steak is bought and made into meat balls.

A 25-cent can of pineapple lasts one girl a week when used for salads and desserts. The same priced can of shrimps does for two meals for one person when served creamed or in salad. One half pound of beans is sufficient for one meal. Spinach generally appears on the business women's menu for Saturday and Sunday since it takes longer to prepare.

Sees Saving Encouraged

"It will teach us to save," said a file clerk who earns $25 a week and manages to save $2 of each check. Her room costs her $8.50 and her food $3.50. She goes to the moving pictures once a week and, at an expense of $1.10, occasionally to the theatre. Another business girl, a social worker, lives on a food budget of $5 a week.

Vocations have become badly mixed since the employment crisis developed. Teachers in the waiting lists are found around the city as waitresses or saleswomen. A chorus girl in a musical show which closed turned to selling programs for a charity organization. Then she became a hostess in an indoor golf course.

Young Work for Less

A publisher's accountant who lost her job obtained work as companion to the mother of a girl employed in business.

Older women in business lose in the preference for younger persons who work for less. The latter are willingly working harder for less pay—anything to keep from losing their jobs. Once a job is lost it is almost impossible to get another. In that case many of the girls go home.

Much has been said of those who lost in the stock market; even more has been heard about the unemployed. But the business girl whose wages have been whittled down lives inconspicuously, takes the breaks as they come, and counts her savings in small coins.

Finds Woman Ruled in Maya Civilization

Archaeologist Claims She Did As She Pleased While Man Was Slave

Modern women, with their ideas of the equality of the sexes, could learn much from a study of the women of the Maya civilization, which flourished in Yucatan in prehistoric times, according to recent reports from Dr. Frans Blom, Norman archaeologist, who is at the head of an expedition excavating the ruins of the ancient city of Uxmal.

There was no equality of the sexes in the ancient civilization, Dr. Blom has discovered. But it was not man who ruled—it was woman. Woman held complete dominion over man, and did in general as she pleased without hindrance.

Women at that time was the suitor. She would search until she found a man who appeared to be the best mate for her and would then put him through a trial period to see whether he came up to the standards she demanded. If he failed, he was rejected forthwith. If he qualified, he had to bring his prospective bride an adequate dowry.

Women alone had the right of divorce whenever it pleased them to be free of their mates, according to Dr. Blom. Polygamy was not countenanced, but women had the right of free love, which was denied to their husbands. An unfaithful husband quickly became a social outcast.

Determining Fish's Age by Number of Rings on Scales

Just as it's possible to tell the age of a tree by the rings in the stump it is possible to determine the age of a fish by the number of rings on its scales, according to Edward Echneberger, research assistant at the University of Wisconsin.

The Federal Bureau of Fisheries and the geological and natural history survey of the University of Wisconsin have been making, since 1927, an extensive study of this and related subjects. Last Summer 5,515 fish of various species were collected from the northern Wisconsin lakes of Bilas County. Sportsmen from all over the State aided by sending the scales of the fish they had caught. Upon this material the survey was based.

Mesallunge, the most popular of all game fish, comes of legal age in five or six years. By this it is meant that it takes this long for the fish to reach the required length.

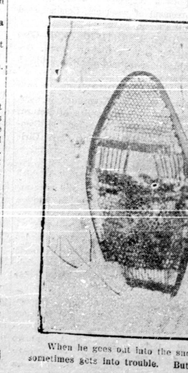
The fighting Great Northern pike or pickerel have a more rapid growth. It was found that they reach the prescribed length in about their third year. Black bass become of age between the fourth and fifth years.

"We have had two chief purposes in mind during this research," says Mr. Schneberger. "First, we are trying to correlate the different species of fish with the different kinds of fish food. Second, we have attempted to compare the growth rates of these fish in the various lakes.

"Fish can be made to order, if our expectations are fulfilled. The government will plant each fish in the lake where it will flourish the best. The sportsman can go to the lakes and catch the limit, and then he can go to the pike domains and try his luck. No longer will he be blindly taking a chance on what he is going to catch."

A number of racehorses were killed in a railway accident. An owner and his trainer rushed to the scene to identify their horses. "That isn't him! Nor that," they said, pointing to two horses. They wandered on and espied more animals. "That's not him either. But there he is," pointing to a fourth horse. "Same in death as in life, not even in the first three."

The Joys of Snow-Shoeing



When he goes out into the snows near Ottawa, winter carnival centre and Canada's capital, father sometimes gets into trouble. But he'll be on his feet again in a minute or so.

Sunday School Lesson

February 8. Lesson Text, World's Teacher—Luke 6. Golden Text—As ye would that men should do to you, do ye to them likewise.—Luke 6:31.

ANALYSIS

I. THE ROYAL LAW, Luke 6:27-36.
II. GOD'S EXAMPLE, Luke 6:37-42.
III. CHRISTIAN STANDARDS, Luke 6:43-49.

I. THE ROYAL LAW, Luke 6:27-36.

INTRODUCTION—Four religions, Judaism and Christianity, Mohammedanism, Buddhism, he says, is a mixed Christianity of freedom. Jesus Christ as the great teacher in contrast with Moses. Yet here, and in other places, we have what is called the law of Christ. There is no contradiction. The scribes and Pharisees had sought to lay down a rule for every phase of human life; their code was elaborate, fussy, impossible for anyone to obey. Jesus on the other hand gave general principles, such as, "If your enemy smite you one cheek, turn to him the other also." Whereas, then, the scribes and Pharisees sought to map, indicating every crooked way, Jesus gave men a compass and made them guide their ships by the stars.

We are not to apply the commands of Jesus, therefore, literally and by rule of thumb, but in the spirit, which is broader. For instance, under modern conditions it may not be Christian to every beggar who comes to us without asking any questions of other hand, we must be careful lest we throw good money after bad. Jesus, we must try to understand what his words meant to his hearers, then what principle underlies them, and third, what is the application to our own conditions.

II. GOD'S EXAMPLE, Luke 6:37-42.

The fundamental principle underlying the teaching seems to be in verse 36. It comes to us to treat others as God has treated us. Jesus' thoughts of God are intimately associated. The Father who sends his sunshine and his rain on the just and the unjust, who is good to the thankless as to the faithful; he treats his children according to their needs. We, therefore, are to treat our neighbors according to their deserts, or needs, as God has treated us. The great principle of Christianity is mercy. What our enemies need is what beggars need, what sinners need is our love, and we must be ready to do for them what ever love dictates. Love implies that whatever we do for our neighbors, or our enemies, we treat them as we would like to be treated ourselves.

Verse 37. "Your enemies," would naturally mean "those who though private enemies may be good." One reason why we are rejected and repudiated by men was that he would have made them, in their hatred of the Jews, to their longing to be at their throats. Loving our enemies include loving our national enemies, loving our enemies as we would a soldier's duties?

V. 28. Christians are to bless their persecutors, that is, to wish them and tell false tales of them. They must treat people in the same spirit in which they treat them.

V. 29. Amongst the Jews a temptuous pat on the cheek was regarded as a deadly insult.

V. 30. Giving alms to the poor in Palestine, almost the only means of "social service."

V. 32. The word translated "sinners" implies that there should be something extra." something what the world expects in the lives of Christians.

V. 34. "To receive again" is a means to get their capital back, or might not charge and interest on loans.

V. 35. We must show kindness for love's sake, not to get a reward. Our goodness is rewarded all the same.

Vs. 37, 38. Either others will treat you as you treat them, or they treat you as you treat others.

Vs. 39, 40. You must be careful you can teach; even when you are teachers, you, like your Master, must not judge and condemn.

Vs. 41, 42. Jesus must have smiled when he said, "You are a great timber out of your eye, and you can see to take the speck out of your brother's."

Vs. 43, 44. The Christian life is one of obeying rules, but having love in the heart, and letting love express itself.

An Observation Hut On High Mt. E

Russian scientists recently completed a meteorological station on the summit of Mount Elbrut. Hitherto up in the Caucasus. Elbrut is said to be the highest peak in Europe. Ascending foot by foot, the scientists crossed dangerous ravines and high precipices to reach the snow capped slopes. Although the station of the small meteorological station under normal conditions would be taken but two hours, it required more than eight hours for nine men to carry the structure together, with many sickness threatening to overcome the workers.

ROYAL BANK ANNUAL MEETING

At the annual meeting of the Royal Bank of Canada, the President, Sir Vincent Hall, stressed to the world-wide depression, effect credit conditions as the chief contributing factor. He reviewed developments in and prospects for Canadian industries.

He said that while the results of the Imperial Conference are naturally dominating to the business Dominions, it is too much to expect that a ready-made proposal would be acceptable to Great Britain. Her trade with the outside world is relatively much more important to her than is the case with the Dominions, but proposals put forward by the Canadian delegates indicated a principle rather than a plan and this principle is one which should command serious consideration. It is to be hoped that preliminary discussions before the proposed conference at Ottawa will lead to a common basis of agreement at that time.

Dealing with the principal industries of Canada, making a number of constructive suggestions. He strongly advocated that the west should be made dependent on the production of grain, substituting mixed farming. He approved of the suggested formation of an agricultural credit corporation to assist the farmers to purchase cattle, sheep and hogs.

He advocated the increased use of silver as a means of ensuring more stable results, pointing out that experiments have demonstrated that fertilizers properly used will increase the yield of wheat by eight to ten bushels per acre. The development of the Canadian livestock industry has not kept pace with general increase in production and we are actually importing large amounts of butter and meat. In the meantime our exports of animal products have steadily decreased. In his opinion statistics clearly point to an opportunity for greater profit by diversification.

In conclusion, Sir Herbert said: "The stability of our great industries and the strength of our financial institutions during the past year constitute a record which we may view with pride. It is this stability which is the basis for my optimism concerning the future."

Mr. C. E. Neill, Vice-President and Managing Director of the bank, confined his remarks to a discussion of the world depression and the relation of the price level to gold supplies and central bank policy. He pointed out that only the return of normal international financial relations would end the present depression and advocated a conference of the leading financial powers to formulate a plan to apply the necessary corrective measures.

General Manager, Mr. M. W. Wilson, referred to the satisfactory manner in which the Canadian chartered banks have taken care of financial requirements in Canada during a difficult year, as clearly demonstrating that the Canadian banking system is adequate to the needs of Canada, even in times of stress as well as under normal conditions.

Prophets' Wildest Dreams Realized

Condensed from Popular Mechanics, December, 1930.

Twentieth-century marvels remember of prophets, for they did that these inventions would

automobile tires guaranteed for miles and more remind us that Jules Verne prophesied that vulcanized rubber could be made as flexible steel. Multi-motored that fly and parachutes that from a plane at several miles remind us of Leonardo da Vinci's drawing of a "tent-roof" parachute and diagram of airplanes concerned on the principles of bird flight.

When a chance excavation exhumed thousands of telegraph and telephone cables we recall Edison's phonograph in 1878, of long-distance telephone.

He said:

"The telegraph company of the future—and that no distant one—will be an organization having a huge system of wires, central and sub-central stations, manned by skilled attendants, whose sole duty it will be to supply switch or shunt arrangement, and attention to subscriber 923 in New York when he signals his desire to have private communication with subscriber number 1001 in Boston for the minutes."

Prophets, however, are not prophets in the first magnitude. Sweeping disclaimers often come from the imaginations of poets, playwrights and fiction writers. Three modern writers, Jules Verne, H. G. Wells and George Bernard Shaw have inspired inventors. Forty years ago Shaw described television that made possible the transmission of moving images and voices. The invention was demonstrated this year in Schenectady by Dr. E. F. W. Alexanderson. Wells humanized Einstein's "fourth dimension" in a fiction story. The Time Machine" published in 1895, the relatively recent theory had gained.

As for Jules Verne, he is the major prophet of modern civilization. In the strict sense, he was scientist as well as fiction writer. He studied nature's laws with great industry and observed descriptions of airplanes, submarines, rockets and engines aroused jeers and hoots, and his defense was, "Man can achieve what man can imagine."

Recently, the French Geographical Society celebrated the centenary of Jules Verne's birth, and paid especial tribute to him for contributions to aeronautics. While Otto Lilienthal was making his first flights in a glider, Verne drew a vivid word-picture of a flying-machine, "The Albatross," and now in a little known book described what he believed would be the airplane of the future. His story, "Five Weeks in a Balloon," brought out Verne's individual theories for mechanical flight. "As to the future of aerial locomotion," he wrote, "it belongs to the airships (airplane), not to the aerostat (dirigible)."

Outside aeronautics, Verne depicted actions that would are shells twenty miles. In the last war, Germany's Big Bertha fired seventy-five miles. He predicted electric headlights such as are used on modern automobiles; bombs to release deadly gases; talking motion pictures.

Modern exploration recognizes a heavy debt to Verne. The Wilkins-Ellsworth was what Verne prophesied when he described the submarine voyages of Captain Nemo in the "Nautilus." And Sir Hubert Wilkins, in veneration of the Frenchman, has named the recommissioned submarine, "0-12" "Nautilus", and as such she will invade the unknown Polar Sea.

Verne's dreams of the thermal energy in sea water, a practical experiment is now being made at Matanzas bay, Cuba, by George Claude, the French engineers, who concedes that the first inspiration for his work came from Verne's fiction.

Just after finishing "Twenty Thousand Leagues Under the Sea," Verne happened to see a travel poster, and the flash of its color gave him the idea for "Around the World in Eighty Days," which started globe-trotting marathons by men and women competing for prize purses. But eighty days is a small's pace in modern travel. The "Graf Zeppelin" circumnavigated the globe in twenty-one days and seven hours.

Verne foresaw the skyscraper age. He said advertisements would be projected on clouds. And they are! Skywriting is now fairly common, too. Twenty years after Verne forecast the use of selinium in the transmission of pictures, it came about. Some of Verne's ideas are still in the fiction age. For instance, he visualized travel between the earth and the moon, as well as around the moon, and descent to the abyssmal depth of the sea.

In an amazing book, written in 1886, by Edward Bellamy, "Looking Backward," the author describes musical broadcasting with such fidelity that it is hard to believe he never heard the radio. One of his characters touches "one or two screws and at once the room was filled with the music of a grand organ anthem."

There are prophets who sit at desks and peer into nowhere. The annihilation of time and space with mathematics is the triumph of the imagination over man's environment. We see it best in astronomers. With only pencil and paper Percival Lowell explored space 3,000,000,000 miles away, and discovered a ninth planet, "Pluto." He found it in his mind and believed it to exist. But it is not enough for a prophet to have discovered something—he must make it acceptable to everybody else. So Lowell wrote his prophecy as one would a will.

Lowell died in 1916. But the search for "Pluto" was carried on in observatories all over the earth. Fourteen years they searched, and then came astronomy's greatest moment of the century. A photographer at Flagstaff, Ariz., found a spot on one of his negatives. He flashed the news, and soon observatories in England, France, Germany and Italy verified the truth in Lowell's prophecy.

restless CHILDREN

CHILDREN will fret, often for no apparent reason. But there's absolutely Harmless as the recipe on wrapper; safe and bland as it is. But its gentle action soothes the inter more surely than a more ful medicine.

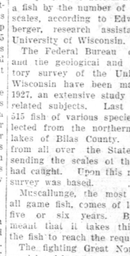
It's the beauty of this special fruit-laxative, it may be given the most infant—as often as there is cause. In cases of colic, diarrhea or stomach disturbance, it is invaluable. Mothers send tongue calls for just a few days to ward off constipation; so by succession of bad breath, fever, children don't eat well, don't sleep well, or have any little ailments, this vegetable preparation is usually all that's needed.

Mothers STORIA

Of modern inventors, none was more astute than the late Charles P. Steinmetz, chief consulting engineer of the General Electric Company. In 1915, describing the new electrical age, he said that when its use becomes universal, it will be against the law to have a fire in any part of the city. The government will prohibit fires, because they are dirty, dangerous and unsanitary. Big central power plants will do away with the hauling of coal from mines and railroad yards, and steam power may be generated by setting veins of coal on fire. The home will have no kitchen ranges, no cellar furnaces, no steam-power plants or gas engines. With electrical heating, we simply set the gauge at the desired temperature.

It seemed ridiculous for this man to talk about international broadcasting in 1915, and of millions of people hearing concerts in their homes. Yet, in the past seven years the public bought 13,000,000 radio sets, and, in the United States alone, the audience is calculated to be 50,000,000 persons. And because talking pictures had been a hoax ever since Edison's kinetophone, people were dismayed to hear Steinmetz say that the motion picture and talking picture would be perfectly synchronized. It has come about very rapidly.

To predict that private homes would have electrical heating, refrigerating and ventilating plants also seemed absurd. The home ventilating plant is a new vogue, but electrical iceman have found their way into many homes.—Magazine Digest."



THOS. JARRETT, J.P.
Editor, Trenton Sun, Elected Councillor.

Thos. Jarrett, proprietor of The Quinte Sun, Trenton, Ont., was recently elected to the town council for 1931. He served ten years as a member of the Trenton Board of Education, being an ex-chairman, and afterwards a year as member of the first Haileybury High School Board and four years in the Haileybury Town Council—two as chairman of finance. He is a director of the Trenton Rotary Club, and a member of the Mothers' Allowance Commission.

Always on Hand

To be always kept on hand is a sure sign of appreciation of a medicine. Baby's Own Tablets hold this enviable distinction in thousands of homes from one end of Canada to the other. Mrs. Ernest Gallant, Shediac, N.B., is one of the young mothers who appreciate the Tablets. She says:—"Baby's Own Tablets are wonderful. I have used them for my little one for the last two years and would not be without them. They quickly banish constipation and colic and keep baby happy."

Baby's Own Tablets are a mild but thorough laxative. They regulate the stomach and bowels; relieve indigestion; break up colds and promote healthful sleep. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Winter's Return

Today upon the moor's far rim
I saw old Winter lean and skim
The world with ice-blue eyes, and forth
He swung the wind from west to north.

All things that live upon the world
Tremble to sense that menace cold;
The silver birches, bleach'd and thinn'd,
Spin their gold coins upon the wind.

Brown leagues of bracken, damp and chill,
Shiver a moment and are still;
A pheasant calls, dusk drops at five,
Snake's deep in ground, bees home in hive.

Dudley Garnet, in the Observer.

A woman who obviously did not know her way about London paused beside a man who was standing on the kerb outside the Royal Exchange. "Pardon me," she said, "could you direct me to a tea-shop?" "With pleasure," he replied. "Go down this street, take the first to your right, and there you are." "Thank you very much," she said, shyly. "I hope you didn't mind my asking." "Not at all," said the broker, courteously. "I'm charmed. It's the only genuine inquiry I've had this week."

Nerves Out of Gear

Need New, Rich Blood to Restore Their Tone.

Men and women with nerves out of gear become irritable, fretful and ill-tempered. The fault is not theirs—poor health is the cause. The tired wife or mother whose household duties have worn her out; the breadwinner whose anxiety for his family have worried him until he was ill, are the ones who become run down. Their digestion becomes bad and their nerves ill-fed. The nerves like all bodily organs need healthy red blood and that red blood can best be gained through a course of Dr. Williams' Pink Pills.

Dr. Williams' Pink Pills make rich, red blood; improve digestion; strengthen the tired nerves and bring energy and happiness not only to the sufferer but to those around him. They are sold by medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Fish Perform Many Strange Antics

Red Gurnet Heads List As Star of Ocean Concert

Stories about fish, when told by anglers, are usually taken with a grain of salt, but there are well-authenticated cases of "fishy" happenings which even the most imaginative fisherman would find hard to swallow.

Highfields Lake, University Park, Nottingham, was stocked with 2,000 trout five years ago. As it is not joined to any river, the experts naturally believed that the trout were still there, and probably had increased considerably in number.

But when the lake was netted recently not a solitary trout appeared! Thousands of pike, however, were revealed!

Cross-country Salmon

How had the pike got there? There was none in the lake when the trout were introduced. The most likely explanation put forward was that the pike had grown from spawn dropped into the lake by birds flying from other waters.

Very few people would believe that fish could cross a field from one stream to another. But they can.

At New Westminster, B.C., there are two creeks which run parallel with a field between them. Salmon are found in both, and some of them have been seen to jump clean out of the water on to the bank, writhe over the wet grass, and slide into the water of the other creek.

This is vouched for by a Canadian fisheries inspector.

Minnows are usually found in the water, but the residents of Dundas, Ontario, discovered a number of them on three-storey-high window-sills some years ago.

When It Rained Minnows

A strong gale had been blowing, and the only way the residents could explain the mystery was that the wind had blown across some lake or stream, whipped up some of its inhabitants, and dropped them a little farther on.

Fish epidemics are not unknown. Four or five hundred goldfish, perch, and roach perished in a day or so at the Royal Botanical Garens, in London, one July a few years ago.

Expert investigations led to the conclusion that the goldfish had been infected with a fatal disease by a roach introduced into one of their cisterns.

About the same time two tons of carp were found dead in an ornamental lake at Versailles, Paris. Excessive heat had infected the water.

The Champion Faster

Even more astounding was the drama staged in a great London goldfish depot, which contained over 100,000 goldfish. One day, soon after he had shown some foreign trade inquirers over the place, the owner was astounded to find many hundreds of fish dead, and others obviously at their last gasp. All known treatments were tried but in vain, and it took the whole evening to remove the dead from their tanks.

There are many weird and astounding fishes. A shoal of the ferocious little piranhas, called the "cannibal of the waters," can devour a sheep's carcass in two and a half minutes! Another fish, the cichlid, from tropical waters, actually washes its young.

Then science has proved that fish sing! The red gurnet is apparently the best singer of them all. Yet another rarity, the proteus, from subterranean caverns, can fast for five years.

Glasgow Cited As Shining Example

Lecture Describes How Scottish City Looks After Residents

Montreal.—How the thrifty Scotsmen of Glasgow make city revenue out of garbage was told by Herbert H. Black who gave an illustrated lecture here on Scotland's largest city, which had its origin in the 6th century.

Nearly $2,000,000 is raised each year in Glasgow, according to the lecturer, through the efficient handling of garbage, the greater part of this sum being obtained by the sale of fertilizer has been carried on in the city for some 40 years. Not only is revenue derived from the garbage in this way but there is also additional profit to the city by the generation of electric power through incineration of refuse material.

Glasgow, Mr. Black stated, now boasts of 37 beautiful parks, many of which were purchased by the city and others donated, totalling 14,140 acres. In addition there are some 90 open spaces in the city varying in size from one-quarter to two acres, used as pleasure or recreation grounds for children. There are also 62 public bowling greens, 121 tennis courts, six golf courses, 105 football grounds and five cricket fields. The population thus served is comparable to Montreal, a census taken in 1926 showing somewhat more than a million inhabitants in the Scottish city.

Not Successful

They met on their way to the railway station.

"I say, old man," said Grey, confidentially, to his friend, "if I were you I wouldn't let your wife go round saying she made a man of you. You don't hear my wife saying that."

His friend's reply came without a hesitation.

"No," he said; "but I heard your wife telling my wife that she'd done her best."

"The sheer pleasure of living," somebody writes, "has decreased appallingly." So that's why tip-signs are ignored?—South Bend Tribune.

Diner—"Have you any wild duck?" Waiter—"No, sir; but we can take a tame one and irritate it for you."

Get poisons out of system....

Doctors know that this modern scientific laxative works efficiently in smaller doses because you chew it. Safe and mild for old and young.

Feen-a-mint FOR CONSTIPATION

SOUR STOMACH

JUST a tasteless dose of Phillips' Milk of Magnesia in water. That is an alkali, effective, yet harmless. It has been the standard anti-acid for 50 years among physicians everywhere. One spoonful will neutralize at once many times its volume in acid. It is the right way, the quick, pleasant and efficient way to kill the excess acid. The stomach becomes sweet, the pain departs. You are happy again in five minutes.

Don't depend on crude methods. Employ the best way yet evolved in all the years of searching. That is Phillips' Milk of Magnesia.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids.

Remember—the genuine is always a liquid. It cannot be made in tablet form. Look for the name Phillips'. It is always on the wrapper for your protection. Drugstores everywhere have the 50c bottles.

Made in Canada

Classified Advertising

YARN

FOR MACHINE OR HAND KNITTING. "All Wool," "Silk and Wool," "Old Type," all colors, 2½ lb. up. Samples free. Stocking & Yarn Mills, Dept. T, Orillia, Ont.

Fallen Meteor Sought

Paris.—Scientists from the Paris Observatory have left for Tarbes, where a large meteor was reported to have fallen on Jan. 18th. The appearance of the meteor was accompanied by a brilliant flash in a heavily clouded sky, and by a thunderous sound. Fragments were found at La Coubere, near Tarbes.

Acute Gastritis Gets a Knockout

Mr. Arthur E. Roots, of West Croydon, writes:—"Discharged from His Majesty's Forces with acute gastritis, I was left with a very weak inside, and those who suffer similarly know how very careful one must be in what they eat and what medicines they take. Constipation and indigestion generally commenced my attacks: headaches and bad breath naturally followed; but to-day I am able to eat anything I fancy. My secret I can honestly recommend, lies in your pills." Take Carter's Little Liver Pills. All druggists 25c and 75c red pkgs.

Don't Be Deaf! Deafness HEAD NOISES Leonard EAR OIL

Rub in back of ears—drop a few in nostrils.... Relief!

$1.25 All Druggists. Description folder on request

A. O. LEONARD, Inc.
70 Fifth Ave., New York City

On COUGHS and COLDS 'BUCKLEY'S'

BUCKLEY'S MIXTURE 16c

for CHILBLAINS

Be generous with the Minard's after you've bathed the bad, itchy parts with warm water. Rub the Liniment in well—often.

29 What a relief!

MINARD'S "KING OF PAIN" LINIMENT

Feel Young Again Enjoy Hard Work

Millions of men and women all over the world take Kruschen Salts daily—not because they are really sick, mind you—but because they know the little daily dose of Kruschen keeps them always fit, energetic and free from fat, and also keeps the system free from over-acidity.

People who take Kruschen Salts in a glass of hot water every morning won't have headaches, and are always free from constipation, depression, dizziness, coated tongue and unpleasant breath.

They have no poisons in their system because the action of Kruschen Salts on the liver, kidneys and bowels causes perfect and regular elimination.

If you want joyous health and glorious vigor—if you want to work hard and enjoy your work—try taking Kruschen Salts every day—millions of people are enjoying their daily labours, thanks to the "little daily dose" of Kruschen.

A Friend to Women

Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO. Lynn, Mass., U.S.A. and Cobourg, Ont., Canada.