Salada Green tea is a masterpiece in blending

'Fresh from the gardens'

## APRIL ESCAPADE

By KATHLEEN NORRIS shabbiness came out of the furniture

She is to act the part of Stevenes with their attentions. Mary Kate tells her mother she is going to San Francisco on a business trip. Stevnes meets her at the station at P ribrame and takes her to his house. Mary Kate meets the countess at a dinner supper and the countess is discouraged. Later that night she and very marked to the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the countes is discouraged. Later that night she and very marked to the countes at a dinner supper and the sweet night breezes through the open windows moved about then and blew them away.

"Cass—" the girl said suddenly. If have to tell you. I may get over it, but —something's the matter with metally and the sweet night breezes through the open windows moved about then and between night breezes through the open windows moved about then and between night breezes through the open windows moved about then and between night breezes through the open windows moved about then and between night become wall, and a parlor furniture set, conwall.

I have to tell you. I may get over it, but —something's the matter with metally and the open windows moved about then and purpose wall, and a parlor furniture set, conwall and a parlor furniture set, conwall and a parlor furniture set, conwall and the weet night be open windows moved about then and purpose wall, and a parlor furniture set, conwall

faces; they stood so for perhaps a full his hand in his pocket.

ways clung to granty air.

"I don't know why—" she gulped, ly, a tiny edge to her voice.

There was an alarmed note in his, of a cool river.

"Say, listen, Maye Kate?" trying to laugh, clinging to him.

There was an alarmed
She never had done this before. a hurt reproachful note.

There was an alarmed note in his.
She never had done this before.
Cass tightened his arms.

"Maybe you missed your good-fornothing beau, while you were away?"

"Yes, I did." She withdrew from his arms and fumbled for her hand"But honey don't you weet and the properties of the pro

shaking herself into composure and order. "I'm crazy!" she confessed on I don't like to think of myself as "Where'd you meet him?"

order. "I'm crazy!" she confessed on a wet, shaken note.

"You're tired. Let's not go anywhere tonight, Mary Kate? Let's go that the front room and talk."

This would keep Tom out of his bed in the adjoining dining room. But she was so tired! And with the children was so tired! And with the children her face, and she whispered without whispered without a whispered without which is a consequence, character education can not be segregated from other day?"

"Where'd you meet him?"

"In Mr. Rountree's office."

"Who is he?"

"His name is Steynes. Christopher Steynes."

"The polo player who shot the burghar the other day?"

The polo player who shot the burghar the other day?"

The polo player who shot the burghar the other day?"

The polo player who shot the burghar the other day?"

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The polo player who shot the burghar the other day?"

The polo player who shot the burghar the other day?"

raisin rolls, they could not sit in the kitchen.

They slipped quiet'y through the dining room and Mary Kate lighted a "Tree years before."

Stirring.

"Oh, Cass, I'm so unhappy!"

"Ah, deary, I'm sorry. I've never seen you like this before."

closed in the comforting dark. Cass hardly moved as he said, soothingly:
"Well, never you mind. You just it here with me and cry, if you want

r, and go all the way 'round?"

ognized in herseif the unworthine

What?" Anything for time

of her own impulse to hurt him.

The telephone in the dining room BY ANNABELLE WORTHINGTON ang, and she was alert, tense.
"Who is it, Regina?" She was half- Illustrated Dressmaking Lesson Fur.



address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto

Oh, high ambitious dreams are spun

on without developing good character

---

-School Life.

-Peter A. Lea.

For all of Nineteen Thirty One!

house. Mary Kate meets the countess at a dinner support and the frame.

On the piano were scores of care-lessly massed sheets of song music. Sometimes a guest slept on the daven-port, but there was no sign of its earlief of or fear her mother will find out. She returns home and realizes that she has fallen in love with Steynes. The following night she tries to tell Cass Keating, her beau, that she cannot marry him.

CHAPTER XXVIII.

They could not see each other's faces; they stood so for perhaps a full shear of the following the faces; they stood so for perhaps a full shear of the frame.

On the piano were scores of care-lessly massed sheets of song music. Sometimes a guest slept on the daven-port, but there was no sign of its eating dood-naturedly. "You're engaged to me," he said good-naturedly. "It may pass," she said stubbornly. "But—but I tell you it's terrible. "But—but I twouldn't be fair to you—" o'N, yes, it would," Cass murmured to the frame.

On the piano were scores of care-lessly massed sheets of song music. Sometimes a guest slept on the daven-port, but there was no sign of its eating dood-naturedly. "It may pass," she said stubbornly. "But—but I tell you it's terrible. "Great man," Mary Kale went on steadily, "who is kaving town in a few days. I'll never see him again. Sub—but it wouldn't be fair to you—" o'N, yes, it would," Cass murmured contentedly, tightening his arm. aces; they stood so for perhaps a full his hand in his pocket.

"I'm going to run upstairs, Cass, "Listen, Cass."

"We'l, that's all right, dear. You and wash my face!" Mary Kate went "Oh, listen yourself, derling! Don't by him in the dimress, and Cass went be a fco. Who was i Locke Lor. A perfect dream of a dress with all

"Well, that's all right, dear." You don't have to marry me."

Mary Kate laughed excitedly.
"You do understand, don't you?"
"Why, of course I understand." She came back to the dim parket." She came back to the dim parket. She had changed to a soft old house dress, and that a sumed comfortable slippers; her hair was damp, brushad. She had changed to a soft old house dress, and they be a robe and a crush en a mevie star?"
"And you understand." she repeated fee feverishly, in the pause.

"Of course I understand. You don's want to be rushed."
"Not that's it. I don't want to be rushed."
"Not that's it. I don't want to be rushed."
"Ik may knate was very still. After a movie star?"
"Not that's it. I don't want to be rushed."
"Not that's it. I don't want to be rushed."
"It's my old brown suit."
"It's my old brown suit.

arms.

"I d-d-don't know why I'm boo-hoooo-ooing this way, like a ba-ba-baby!"

"You're all unset" Case said in a puz-

"You're all upset," Cass murmured, kissing the top of her head, that smelled deliciously of youth and freshness and the odd delightful fragrance that had rested her. But once again the land the odd delightful fragrance that had rested her. But once again the and the odd delightful fragrance that had rested her. But once again the answered unhesitatingly. The joy of always clung to Mary Kate's blazing fever seized her.

"It can wait—" she said deliberate—
"It can wait—" she said deliberate—
"It can wait—" she said deliberate—
fevered heart and soul like the waters

Oh, high ambitious dreams are s

kerchief, straightening herself up, when you're tired? Seems to me—" the expression on her face, but the shaking herself into composure and "It's only," she interrupted, "that room was too dark."

----WASTED TIME

What New York

Is Wearing

as wholesome as they are delicions. Christie's Sultanas

Packed full of tender, plump,

uncrushed Sultanas, retaining the

fine flavor of the fresh fruit. Just





# When You OVER-INDULGE

EVERY man, woman and child will occasionally over-indulge. But don't suffer for your indiscretions. It's folly to do so when you can so It's folly to do so when you can so easily sweeten and settle a sour, upset stomach with a little Phillips Milk of Magnesia.

Hearty eaters have long since

Hearty eaters have long since

Hearty eaters have long since

Hearty eaters have long since learned the quick comfort this perfect anti-acid brings. Smokers know how it neutralizes nicotine; brings back a sweet taste; guards the breath. Women know what it does for nausea—or sick headache. And when shildren have over-eaten—are bilious, constipated or otherwise upset—give them a little of the Made in Canada.

Made in Canada

Education Needed opinion medical examination and marriage is very important size informs those planning matrices to their fitness for parenthood.

section of the Quebec Bureau of Health, stated in an address before the Ottawa Social Hygiene Council in Annual Meeting here recently.

Quebec province is no better or no worse than any part of the Dominion in so far as these discases are concerned, Dr. Desloges stated. There are, he said 71 government elfnics, which in 1929 treated 38,000 cases with a total of 209,000 treatments

back to the simple life; that is the only way the situation will adjust itself."

Dr. J. J. Heagerty. Assitant to the the commentary.—Schopenhauer. Chief Executive, Dominion Depart-ment of Health, stated that in his

DELICIOUS Relics of Andree Polar Expedition
Put on Exhibition in Store Put on Exhibition in Stockholm

the guns, tools, instruments, sewing wegians who found Andree and for materials, needles and threads, a wooden box with a number of match boxes, canisters, food tins, household implements, parts of the tent and fund will be open for both Swedes dian snowshoes. and Norwegians.

## Canada to Stage Rifle Matches?

Under the heading "A Canadian Bisiey, the Montreal Star makes the following observations: Sportsmen Out of Season Fish, Streets Court of Season Fish, Street Bare of Sound, Indicate She fish a Creating May Season as The County of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare of Sound, Indicate Shift in Arctic Court of Season Fish, Street Bare Shows Season Se everywhere will commend the scheme to establish a Canadian Bisley Meet

as it is of other individuals.

The above is merely a short way of saying that the longer a driver slips by a dangerous corner or school at high speed without accident, or the high speed without accident, or the more often he passes a car going up a more often he passes a car going up a fairty closed.

The above is merely a short way of tained by driving slowly and keeping the hand on the gear shift lever. The harder the pull the more likely high speed without accident, or the more often he passes a car going up a fairty closed.

The above is merely a short way of tained by driving slowly and keeping the hand on the gear shift lever. The harder the pull the more likely high speed without accident, or the more often he passes a car going up a fairty closed.

The garage will be conveniently in Argentina.

A woman writes to say the domestic servant is not the only one who likes change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water of course drains into the well, quickly bringing likes change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water of course drains into the well, quickly bringing with it much of the surface minute.

Space for more than 100 cars will like change. The taxidriver asks for it, the collect surface water that are dangerous. Surface water tha

he gets.

Education of drivers and pedestrian rather than guards and safety devices ally reduce the number of nts to a minimum, says Dr. A. R. Lauer, associate professor of psychology at Iowa State College. Studies have indicated that safety denate only about 20 per cen

of accidents.

Dr. Lauer urges the education of the public, and especially school children, in safety habits. Drivers, he says, need to be acquainted with their dangerous driving habits and impressed with the necessity of correcting them. Apparatus to test the ability of respond quickly to various ions and to avoid acciing constructed, under the ....

Alberta Wells Set

New Record for 1930 n, Alta.—Setting a record of the province, Alberta in December, 1930, pro-572 barrels of various kinds and naptha oil. Figures for year ended December 31, ased 1,433,844, as com-999.1 7 for 1929. 's production according to ields was as follows: rom Turner Valley Lime 4,039 barrels; Light Crude er Valley, 50,345 barrels; rom Red Couiee, 53,91 avy crude from Wain-733 barrels; heavy crude tone, 1,873 barrels; heavy 7. 3.731 barrels.

like the company h """lp'de.

An exhibition of relics (the White Island) of attention were Nils Strindberg's fountain pen and a kerosene stove. When the fountain pen was picked shown at Stockholm.

In the exhibit are the three sledges and the boat which Andree's party used. There also is Andree's sweater, with his big diary which gave to the world the description of their long walk across the ice. There are note-books, calendars, diaries and all the books and maps which the expedition carried with them. On the

pedition carried with them. On the wall is the balloon's flag.

In different cases are to be found various instruments, clocks, money, and the camera carried by the expedition to the history of geometrical various in the carried by the expedition to the history of geometrical various in the carried by the expedition to the history of geometrical various in the carried by the expedition to the history of geometrical various in the carried by the expedition to the history of geometrical various in the carried by the expedition to the history of geometrical various in the carried with them. On the wall is the balloon's flag.

The income of this exhibition is to go toward the fund which was started in the autumn in memory of the three Swedes for their braid and the carried by the expedition to the history of geometrical various in the carried by the expedition to the carried by the carried by the expedition to the carried by the car sewhere one finds the research and aircraft. As an apduring the expedition, preciation of thanks to the Nor-

### Fresh Salmon On Sale In Newfoundland

Bare of Snow, Indicate

Lloyd George at 68

Barely showing his age, Lloyd George, national figure in English

## Typhoid Fever Death Rate Highest in Rural Communities

"Well, John," said Mrs. Henry as they watched their three children walk down the road to the school-house water. Deep wells were found to be half a mile away, "we may not have best of all from a health point of view all the conveniences that city people Deep wells were found to be more have, but at least we have the satistant wice as satisfactory as springe faction of knowing that our youngsters and more than three times as satis-are being brought up in the healthy, factory as shallow wells insofar as open countryside, and not in some congested, disease-ridden city!"

How about that loving, staunch

Now then as to the question of

speech of Mrs. Henry's? What do you milk. To one not familiar with the live in than the city? Because if you may seem strange that milk which is do, you're wrong! Once upon a time produced in the country and carried cities were disease ridden, and the to the city can be made more pure at country was by comparison free from the end of its journey than it was at sickness. But for years medical the beginning. The answer to that more about the art of keeping people of pasteurization. There are so many well, and most large Canadian cities, ways in which typhoid germs can get with their efficient public health de- into the milk. A fly settling upon the partments, can show a cleaner bill of rim of the milking-pail may deposit a

the same thing. Typhoid germs fre-typhoid fever. Perhaps I have wan-quently find their way into the milk dered a little from my subject, but if pall from the hands of the milker. The so, the wandering is justified, because entire journey of the milk from the typhoid fever furnishes an outstand-ing example of bad health-manage-taken into the human mouth is ment in rural areas. In big, congested frought with danger. At almost any cities where you would expect to find stage of its journey typhoid germs most typhoid. you actually find the may contaminate the milk. In fact least, and in rural Canada, where you when I say that from the moment it

By John Burke Jugram | have been found to be almost as dan-

think of it? Do you still believe that methods used by an up-to-date health the country is a "healthier" place to department in preventing disease, it science has been learning more and little puzzle is of course in the process

health than can the average rural area.

Small quantity of germs which in a single day can breed untold millions.

A hair from the cow's udder can do

present it is my greatest ambition." Campbell would make no definite predictions as to when he thought an automobile speed of 300 miles an hour would be attained, but intimated it would be within the next

three or four years.

Campbell declared he would have no fear in trying for a speed of 300 miles an hour, provided he had a cart that was absolutely stable and a course that was perfect.
"I am what you call a fatalist. I believe that I am not going to get mine until I am supposed to. When that time comes I shall be ready to meet it. But why talk of that now. I have no fear. I absolutely get no sensation of thrill while traveling at

> ----Advice to the Rich

so fast a speed."

London Morning Post. There is at the present moment a widely held belief that the private individual can help the unemployment situation by spending less and saving more than usual. We think that this belief is mistaken. Not, indeed, that we de-preciate the virtue of thrift; if there had been more to it in the period since the War the country would have been more prosperous than it has been. But additional thrift at a time of depression like the present merely adds to the capital surplus for which there is no immediate use; spending, on the other hand, by those whose incomes are unimpaired, will help to keep the markets active and promote employment. Ou: advice, therefore, is that those who can should spend, not extravagantly, but

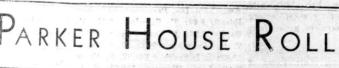
# They slipped quietly through the seen you like this before." I cannot afford to waste time, there is so much to be done that I bead of gas in the front room. It Their heads were flung back against ought to do, and so much to be so much easier to float one than to back to "Simple Life" Public Real There is anything buoyant than a rumour. It is always so much easier to float one than to be sink one. Help yourself to PARKER House Rolls

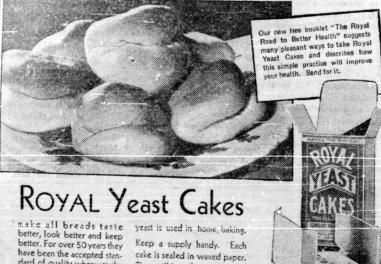
## Try this Recipe

1 cup scalded milk 1 saltspoon salt 2 tablespoons butter Royal Yeast Cake dissolved in 1 tablespoon sugar 2 cup lukewarm water

To the scalded milk add the butter, sugar and ialt. Allow it to cool until lukewarm and them add dissolved yeast and 1½ cups flour. Stir well and let stand in moderately warm place overnight. In the morning, add enough flour to knead, and let rise until about double in bulk, then roll out 1/2 inch thick. Cut with biscuit cutter and brush each piece with melted butter, crease through the center and fold over. Let rise again until double in bulk and bake for about 25 minutes in moderate oven. Above is sufficient

If you bake at home, write to Standard Brands Limited, Fraser Ave. & Liberty St., Toronto, for the free Royal Yeast Bake Book. It contains tested recipes for Lemon Buns, French Tea Ring, Dinner Rolls and many other delightful pariety. delightful varieties of bread.





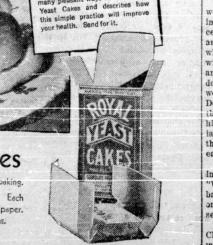






dard of quality wherever dry They will keep for months.

"Buy Made-in-Canada Goods"



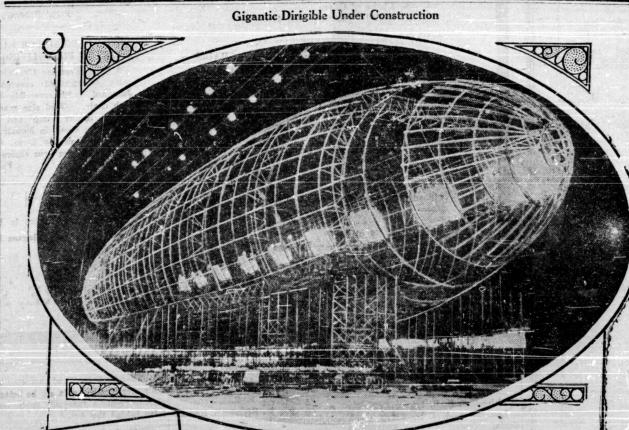


# Poultry Husbands Health Official Urges Ottawa—While decided progress has been made in the struggle against Venereal Diseases in Canada, "what we need today is education and more education," Dr. A. H. Desloges, Montreal, Director of the Venereal Disease has been signally honored in the world's Poultry Congresses are what we need to the venereal Disease has been signally honored in the world's Poultry Congresses are what world's Poultry Congresses are when the world in t F. C. Elford, Dominion Pol

with a total of 209,000 treatments and at a cost of \$72,000. Had private doctors treated these cases the cost would have exceeded \$1,112,000. Dr. Desloges paid particular tribute to the five thousand Catholic ciergy of his province and to the 130 physical ans who gave their time gratic at the Royal York Hotel. Toronto, and who gave their time gratic at the company, stated that in \$1.000.

ians who gave their time gratis at the dispensaries in fighting the dis-"There is not home life today as a the old days," said Dr. Desloges increases and showed a trems where in the old days," said Dr. Desloges. increase and were the largest "We've been too rich, we must go pany has ever experienced.

ISSUE No. 7-'31



World's largest dirigible, which is now being constructed at Akron, Ohio, is rapidly nearing completion, the huge 76-foot nose having recently been put in place. Only tail assembly is yet to be added, and then the task of putting on the outer fabric covering will begin.