reading lamp, or a bookcase on one a davenport on one side with a wing chair and an end table on the other. The ba'ancing pieces should have enough importance to be worthy a place near the cartest of the same to be worthy a the contract of the same to be worthy a the same to be sugar and 1/2 cup butter of the same to be worthy a the same to be worthy as side and a tall clock on the other, or

the other hand, use plain furnishings with flour, for gravy, rich in design.

Fachions, Fads, Foibles In day-time skirts, it is "pleats preferred." A new note is the grosgrain belt with button, not buckle, closing. Blue is a color steadily growing in favor—rue navy, ight navy, bright navy and sapphire. A blue suit will be the thing for spring. Wear it with blue kid shoes and a blue hat.

Spring hats are to be made from paper and look like panama. They are featherweight in lightness but will Mrs. Newlywed—"I'm sorry, dear. wear well. Hats of linen, in pastel but dinner is a little burnt tonight.' shades, are forecast for summer. They, Mr. Newlywed—"What? Did they will have broad beins and shallow have a fire at the delicators crowns. - Pathfinder.

The indoor jacket is a fashion innovation. It adapts the gown to both formal and informal uses. With the jacket on, one is dressed for the afternoon or street. Removed, the sieveless gown is an evening dress. With houses kept at a low temperature, the jacket is often a comfy addition to the wardrobe. Those facients are made of all sorts of brig t and filmy materials and are a poper part of how e and evening d.

Golden reflect is a new and popular. Learn the many of their gender shade. Irish green and charge red Goldsmi. ..

Bran Cookies

enough importance to be worthy a place near the central motif, but they should be subordinate to it.

Over the fire-place wall brackets and a beautiful picture or fine tapestry emphasize the importance of this center and carry the interest upward, above the level of the other furniture of the room.

Signature the central motif, but they should be subordinate to it.

Over the fire-place wall brackets and a beautiful picture or fine tapestry emphasize the importance of this center and carry the interest upward, above the level of the other furniture of the room.

Signature to be worthy a place near the central motif, but they should be plunged up to their necks in warm water. The fibers in the stem expand under this treatment, so that more water is drawn up through the water passages than would be the case when they are contracted by cold water. They may be kept in a cool place for an

Macaroni Meat Loaf less important, should be balanced, Cook 1/2 pound macaroni until ten- room, dining room, or library. Car. Yard official said he noted the ease upholstery or more decorative pattern minutes. Serve with creole sauce. furniture, or lights. Design and Creole Sauce.-Fry 1 slice onion in decoration are easily overcome and butter until brown; add 1/2 green pershould be introduced with discretion, per and 1 stalk celery chopped. Add but they are needed to give vitality to 1 small can tomatoes and cook until the room of plain backgrounds. On liquid is evaporated 1-3. Thicken

Waffles

11/2 cups milk, 2 cups sifted wheat flour, 3 tablespoons fat, 1 or 2 eggs,

mine its center of interest. This may vary with the seazons. In the summer, it may be z door or window through which one may have a fine riew of fresh air, in the winter, the center of interest is usually the fire place, if there is one, or the reading table, or a cluster arrangement of davenport, table and larp, or the spot which attracts most people because of its comfort, and activities—the social center, we might cell it.

Having this center of interest, we should do what we can to emphasize it. We might regard it as the solar system, about which our world rotates. It would have planets, then satellites about them. The planets are the larger pleces of furniture, which balance each other and stand. sate the larger pieces of furniture, which balance each other and stand at eithe, side. The satellites are the lesser furnishings and accessories we can be assured that such food will be kept in that they will be assured to getting all the water they should have for preservation. When the flowers look a triffe withered, try cutting the ends we can be assured that such food will be the preservation. When the flowers look a triffe withered, try cutting the ends of the stems and dipping the fresh only into a standard or the stems and dipping the fresh of the stems are the stems are the stems and dipping the fresh of the stems are the stems and the stems are the stems a

the stems so that more water can get to the blossoms. Carnations, too, respond to warm heart and lips.

may be kept in a cool place for an CAN'T LIVE UP TO FICTION hour or two, then placed in the living At a Forum Club dinner a Scotland

How to Prolong Life
Of House Plants
Of House Plants
Of them are now, will last longer most of them are now, will last longer form the plant.

First Necessity of House Plants and Cut Flowers is Water. Expert

Claims

most of them are now, will last longer if they are removed from the plant and kept in water in a fairly cool place. They may be kept two or three places and couragement to Gencouragement to Gencouragement

U. of Wisconsin, in The Christian Science Monitor.

"The knack of prolonging the beauty of cut flowers," writes Miss Drought, water should not be put directly on Water should

Scout Laws

Below are the meaning of the t

2. Stays that way. 3. Cares about others 4. Growing up side by side 5. On a level with the heart.

Men's Dress Reform

Originated by German association for recommation of men's clothing, these are styles advocated

before public showing in Berlin, Germany. Ka'ckers seem to be the rule for business, sports or formal

The splendid progress of the Com-Child Welfare

The Conference o. Child Health and Prtection, held in the United States capital recently, concluded that every child needs: A periodical health and dental examination and care; protection from communicable diseases.

Housewives will welcome the valuable laints given in this article by R. Alice Drought, Dept. of Horticulture, Capital Processing in the Christian Science Monitor.

"The splendid progress of the Company and its position of safety were pany and its position of safety were revealed in the report of the Directors the eyclamen is in all its glory. Alice Drought, Dept. of Horticulture, Alice Drought, Dept. of Horticulture, Science Monitor.

"The splendid progress of the Company and its position of safety were pany and its position of safety were revealed in the report of the Directors the eyclamen is in all its glory. Alice Drought in the eyclamen is in all its glory. The check of prolonging difficulty in keeping cyclamen results from improper watering. Water should not be put directly on work, from the point of view of the communication and care; protection from communicable diseases."

The Conference of Calife Health States and many Preterior, held in the United States contain recently (concided them) and an addresses of any popular to the part of the Contract of the Contr

ent world-wide depression as condi- that ti

tions return to normal. Redouble Care in Winter In driving on the highways the and so exercised on rounding curves. Snow tion bety

and ice add to the skid peril and slip. meant." pery conditions on roads. III. SOWER ---A Scottish society was holding its must have annual dinner, and at the end of the time after function the cloakroom attendants istry, for were communing. "How are we doing, Bill? asked the one who was fetching coats from the interior. "Rotten!" groaned Bill; "even the decoy nickel in vain, yet,

--too. The principles of balance, comder. Drain and mix with 1 cup bread nations make excellent bouquets, and with which the detective in fiction and the principles of balance, comder. Drain and mix with 1 cup bread nations make excellent bouquets, and with which the detective in fiction and the principles of balance, comder the principles of bal all add to the charm of a room. If the spoon chopped onion, 1 teaspoon salt, markable. With proper care, preser money. In real life there was an Commune, the October Revolution, only to rugs, curtains, and walls are plain, add 1 cup milk, 1/4 teaspoon pepper. Pour vation for two or even three weeks is audit departmen, and it was not to and the Michael Fruntze. All these vessels are fifteen years old.

Vs. 11-1v

are largely they make the word

age of the

own mind has re

ence. How strange

has gone out o' the plate."

Sunday So

Lesson PETRIE BARGAINS Ton Differential Chain Hoists with 28' of Chain . \$ 8.50
Ton Differential Chain Hoists with 32' of Chain . . \$10.50 February 22. Le Bearing 8: 1-15.

50 lb. Anvii \$ 5.50 Forges, 18" diameter, One Piece Steel Hearth, Complete with Fan. \$11.50

Ball Bearing Post Drill, drills 0-%" holes to centre of 11½ circle \$9.50

5½" Jaw Stationary Machinist Bench Vises \$10.00

6¾" Jaw Stationary Machinist Bench Vises \$12.50

ELECTRIC MOTORS AND GASOLINE ENGINES, RELTING, PULLEYS, HANGERS, SHAFTING, NEW AND USED, AT SPECIAL PRICES.

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oal Bin of Future

mble Will Be

al Bin of Future

Speaking the other day at the Worlds Power Conference, in Berlin, Sir Arthur Eddington gave an indication of what might happen when man had discovered the secret of sunhad discovered the sec

And a lilac bough in May

In this can be done to is an assuming thought that the end of the world may be postponed by man himself.

Even if the sun jurns out and ceases to give heat and light, he may be able to produce sun-atomic energy and prolong the existence of the world from a matter of millions to billions of me to lo, there wi'! be."

that snow from around the house?"

Farmer—"What are you talking about? The re's no snow at this time of the yea."

Laborer—"No, but by the time I've done all the jobs you have laid out for a matter of millions to billions of me to lo, there wi'! be."

Commenced shortly.

Profits from Comfort

Comfortable working conditions make for efficient service.

This was not the opinion of our fathers, who believed that "pamper-ine" the workers would encourage

Wisdom DARDWALK Give of body, give of mind, Give of words, and where you find Hunger feed it from your bone, But always keep your soul your own

Give your laughter, give your youth, Give of reason and of truth, And the innocence of play,

Let no man turn from your door Wearler than he was before; But in wisdom this is known: Each man's soul must be his own.



there needn't upset your plans. It pains will check a cold, or ease the sorest throat; and comfort the worst sufferer from neuritis and

neuraigia.
When your head aches s a big from any cause—when a cold has settled in your joints or you feel those deep-down pains of rheumatism, sciatica, lumbago, take Aspirin and you can count prompt on real relief. PI

Made in Canada

Owl Laffs

The week's most emba fellow locked up his favorite big word in the dictionary just to prove that he was spelling it correctly and at the last report hadr't been able to even

break with the past.

that her husband is no longer tender, when she knows he is hard boiled because she keeps him in hot water most of the time. The boob is usually a fellow who doesn't see things the

Nothing looks so much like wasted energy as a couple of pretty girls Railway, stationed at Toronto, was kissing each other.

knowing, said the young man of railway January 24, 1891, Mr. Fulton,

short lifetime," said the man of dian history in the colorful years of sixty-f.ve.

Harold, so we are told, got a wrong them to take their ease. number the oth. evening.

Opinion about this has notably changed. The Industrial Bulletin of

The average woman grows old just about as gracefully as he climbs a ency, with reported improved health,

wears such a Frigidaire. A book is good or bad according t A man said the other day: "You can whether it makes us want to do betfind anything you want to know about ter or worse.

in a World Almanac—if you know where to find it."

If we helieved what their oppone say, we would conclude that all candidates are unfit t hold office. Ane way to avoid the income tax is to earn less than \$1,000 a year.

Rainy Night By Daniel Whitehead Hicky This is a night for long remember-

ripening spark
Drift like a firefly where the chim-With all the purple mystery of the dark. This is a night for books. Turn to a page
That throbs with Aprils that were

lost; go deep a folded letters yellowing with age; A night of rain is not a night for sleep. file up the hearth with cedar boughs and listen

To silver music flashing on the pane: Speak long-forgotten words, and they will glisten
Wrapped in their vanished glo once again.
Turn back the clock, and till th

break of dawn

The brave man carves out his for tune, and every man is the son of his own works.—Cervantes.

40 Years Service

find the word.

To succeed in the future, you must

There are many ways a woman can catch a husband but being a widow is the surest. We never waste any ympathy on a woman who complains same way you do.

William Fulton, assistant ger passenger agent, Canadian Pacific

guest of honor at a dinner given him "Daddy, I know how to do every-thing," said the little boy of five.
"What I don't know isn't worth completed on the don't kno "What I don't know isn't worth completed on that day.

"Well, anyway, I do know my own the C.P.R. men who have made Cana-

heating systems and cur best fact waste 99.999999 per cent. It is believed that we may possibly to this mighly energy if we can find a way to produce temperatures far that we need more is a hair oil that was not yet wrested from her, by day the sun cives out lighting a 300,000 tons. Yet he has not yet wrested from her, by day the sun cives out lighting a 300,000 tons. Yet he has not yet wrested from her, by day the sun cives out lighting a 300,000 tons. Yet he has no fit is one of the secrets that he may be all right, but what we need more is a hair oil that will remove fog from the brain.

It was summer time and a farmer the same time explaining the farm, at he same time explaining to do. When the farmer had given a list of the numerous duties required that when the farmer had given a list of the numerous duties required that the end of the world may be nestroned by the sun produced light as the same time explaining the control of the server is now was shown had not been a sun atomic energy something.

If this can be done it is an astonishing thought that the end of the world may be nestroned by the sun produced light as the same time explaining all that snow from around the house?"

If this can be done it is an astonishing thought that the end of the world may be nestroned by the sun produced light as the same time explaining all that snow from around the house?"

It is believed that we may possibly a variety.

A tooth past that removes the film from the teeth may be all right, but wasting the field. This is "letter count" which looks like oned in the same time of the best quality, but that the given had a day to produce temperatures far in the teeth may be all right, but wasting the field. This is "letter count" which looks like ordinary withing-paper of the best quality, but the same time of the best quality, but the same time of the labor or some count of the same time of

Anxicus Young Man (at Salvation changed. The Industrial Bulletin of Army Headquarters)—"Do you save young girls?"

Salvation Nell (kindly)— "Why, yes."

Anxicus Young Man—"Well, save tives as shown in their recent adoption of scientific methods in improving the physical condition of employed.

me a couple of red-heads for to-night- ing the physical condition of emwill you?" ployees. It goes on:
"Miners are treated with short

ence.

fewer accidents and, incidentally, reduced net operating costs.

Jimmy, four, small but wise, had

fewer accidents and, incidentally, reduced net operating costs.

"An English firm has found tha ch man's soul must be his own.

Gertrude Callaghan in the New herk Times.

Gertrude Callaghan in the New mother had left the room for a min-average of 20 per cent.—the spectacles ute or two—jus: long enough to get the iced tea iced—one of the guests had asked him where he was born. rection being made for others. The Radio Bargains
Good Used 5 Tube Radios Priced from \$5 up. Write for Bargain Price List.

DANFORTH RADIC CO. LTD.

DANFORTH RADIC CO. LTD.

DANFORTH RADIC CO. LTD.

2006 Danforth Ave. Toronto

I was born in the Woman's Hospital.

But I lought the sounded sort of sappy, so I said the Cubs' Baseball

The department of the cubs' Baseball and the cubs' Baseball and the cubs' Baseball The cubs of the cubs' Baseball The cubs of the cubs' Baseball The cubs of the cubbs park."

The dryness of the inspectors' fingers was found to be the major facas friendly as she used to be. She tor."

> MAKE BIG MONEY

Scientific



The Great-West Life Assurance Company

Profits to Policyholders to be continued on same liberal scale

	NO SERVE OF MEDICAL PROPERTY.	NATIONAL PROPERTY.	
		Shipping Street	
	1920	1925	1930
Gross Surplus Earned	\$ 1,388,897	\$ 4,001,919	\$ 6,075,327
Assets	37,382,646	73,176,969	129,147,632
Liabilities	35,602,545	70,175,398	124,733,724
Income	10,155,046	19,478,795	28,325,893
New Business Issued	60,579,025	71,914,357	73,931,446
Business In Force .	256,850,251	420,406,920	614,405,447
Accrued Profits to		,,	014,405,447
Policyholders, not due	2,887,943	7,235,072	10,559,742
Unassigned Profits			

36 TORONTO STREET, TORONTO, ONT.

Deafness
Head Noises
LEONARD
EAR OIL

RUB IT IN BACK OF EARS - INSERT II

NOSTRILS - PRICE \$1.25 - AT ALL DRUGGES
LOT Temporary Deafy

(XSTIFFNESS)

MINARD'S

Rapid Relief.

No Ugly Women!

There are 2 classes of women.
(1) The beautiful, healthy and attractive creatures. (1) The beautiful, healthy and attractive creatures.

(2) Those pitiful ones who don't know how to make themselves beautiful—rather those who don't know the vital importance of Kruschen Salts to physical perfection and attraction!

Kruschen Salts are a perfect blend of the six vital minerals which Nature ordained, glands, blood, nerves and body organs should daily receive from food if they're to function correctly—and which are impossible to obtain in this age of modern cooking.

Get a bettle of Kruschen—and before the bottle is half empty your complexion should be gloriously smooth and clear. Kruschen clears blood of harmful acids and poisonous waste matter which cause blemishes, blackheads and pimples. Your wonderful new energy will surprise you—mind feels so keen and alert—no more washed-out feeling getting up in the mornings. And a more liberal dose of Castoria is always better for growing children than strong medicine meant only for adult use.



Lydia E. Pinkham's Vege-table Compound

ANNUAL REPORT FOR 1930 Largest Surplus in Company's History

> Company's Investments in Unassailable Position of Safety

		79 0 10 10 10 10 <u>10 10 10 10 10 10 10 10 10 10 10 10 10 1</u>		
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Accrued Profits to		250,030,231	420,406,920	614,405,447
Policyholders, not due		2,887,943	7,236,072	10,559,742
Unassigned Profits			1,250,012	10,339,142
and Contingency Reserve	(40)	1 039 014	0.004 524	# 14.00 d0 20 20 20 00 00 100 100 100 100 100 100

T. Milton Taylor

Provincial Manager

ASSURANCE COMPANY

but what she hits it uite another

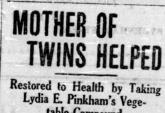
FEMALE HELP WANTED ADIES WANTED TO DO PLAIN and light sewing at home; whole



If baby has COLIC

A CRY in the night. Colic! No cause for alarm if Castoria is handy. This pure vegetable preparation brings quick comfort, and can never harm. It is the sensible thing when children are ailing. Whether it's the stomach, or the little bowels; colic or constipation; or diarrhea. When tiny tongues are coated, or the breath is bad. Whenever there's need of gentle regulation. Children love the taste of Castoria, and its mildness makes it safe for frequent use.

Fletchers



Mitchell, Ont .- "I had little twin Mitchell, Ont.—"I had notice twin babies and for quite a while after I was so weak f could not do my work invages of pains because of pains all the way up my legs at the back. I lass had headaches and got very little sieep. I took Lydia E. Pinkham's Vegetable Compound, and soon I was able to get up and do my work. I nave taken three bottles and am gaining in weight and strength. I will gladly recommenc the Vegetable Compound to anyone."—Mrs. F. Statton, Box 220, Mitchell, Ont.

ISSUE No. 7-'31

Light up the fire and watch each Feen a mint Rheumatism Routed.

for Colds Your heart will beat with hours th



