

# Jarvis Dairy

We offer you Pure, Wholesome Milk at 25 Pints Tickets for \$1.00. Early morning Delivery. Try us and be convinced that we can please you.

**Henning & Doughty**  
TELEPHONE 38 JARVIS, ONT.

**BARGAIN**  
Giant 50c tube Ever-Ready Shaving Cream and New Improved Ever-Ready Razor and Two Blades All for 50c

The Rexall Store

## Health Service

OF THE  
Canadian Medical Association



GRANT FLEMING, M.D., ASSOCIATE SECRETARY

### THE STAFF OF LIFE

The practical advantage of white flour is that it has excellent keeping qualities and so it can be distributed without loss as it does not become rancid after milling. If the diet were to be restricted to a few articles, it would be preferable from a dietetic point of view, to use whole-wheat flour. The diet, however should not be restricted, it should allow a wide variety of foods, and if it does, there is no reason why white bread should not be used, if it is preferred. Where, for any reason, the diet cannot be widely varied, it is preferable to use the whole wheat. Whole-wheat and Graham bread make a pleasant change in the average diet. Whole-wheat flour is not a complete food. If it is used, it must be supplemented by other foods in order that the diet may contain all the essentials to proper nutrition. Deficient as it is in many dietetic qualities, bread is a desirable food, because it provides energy food in a form which is pleasant to use and which is readily digested. The most important point to be remembered is that a proper combination of foods is always required to furnish the balanced diet necessary for the maintenance of health. Questions concerning Health, addressed to the Canadian Medical Association, 184 College St. Toronto, will be answered personally by letter.

### NEW BARBER SHOP

Talbot street East  
Asks for a Share of Your Patronage.  
THANK YOU---  
CALL AGAIN  
J. B. McMILLAN

### GAS SCARE MAN

IN DEAD OF NIGHT  
"Come by stomach gas in the dead of night, I scared my husband badly. He got Adlerika and it ended the gas."—Mrs. M. Owen.  
Adlerika relieves stomach gas in ten minutes. Acts on BOTH upper and lower bowels, removing old poisonous waste you never knew was there. Don't fool with medicine which cleans only PART of bowels, but let Adlerika give stomach and bowels a REAL cleaning and get rid of all gas! J. M. Schreiber, Jarvis

### Board of Education

William Jacques headed the poll in the election to the Board of Education, held on Wednesday last, the result being as follows:  
William Jacques, 125; Jas. W. Duxbury, 96; Jas. Hazlett, 64.  
The members of the board for 1931 are A. S. Blight, Dr. R. G. Howell, Wellington Duxbury, George Holland, William Jacques, and Jas. W. Duxbury.

### NOTICE

All persons resident in the province of Ontario, who have lost limbs, from the wrist up or from the ankle up, only, and for which they do not receive pensions or any form of compensation are urgently requested to get in touch with: R. E. Milne, Secy., 1223 Davenport Road, Toronto, Ont., giving details of disability, date of accident, and all other necessary information.  
An effort is being made to prepare and present a petition to the government in the near future, asking for assistance for those people, and the co-operation of all concerned is desired to accomplish this. Please explain briefly.

### LOCAL & GENERAL

Newton Marshall motored to Toronto on Sunday last.  
Robert Marshall of Redon spent Sunday last with Mr. and Mrs. Geo. Balde.  
Mr. H. H. Bertha of Caledonia was in town on Monday last.  
Dr. Leathdale is again able to resume his practice after a two weeks illness.  
Be sure to attend the hockey match to-night, Simcoe Black Cats vs Jarvis Pole Cats.  
Work on the new garage and service station being erected by F. W. Reichold, is progressing favorably. The mason work and roof were completed last week. Mr. Chas. Buck, the contractor has a large force of men at work erasing it to completion.

### Jarvis Chautauqua

On the third day, the Elias Tamburitta Senadores, natives of Jugoslavina, will appear here with Chautauqua. They are presenting a programme of native song, music and story in their native costumes, as well as the standard popular English numbers.

The Tamburitta has been the household musical instrument of the Jugosavs for generations. It is something similar to our mandolin or guitar, but has much more sweetness of tone and is especially adapted to orchestra work.

Charles Elias, manager and director of this company, is an accomplished musician, teacher and composer. He has studied music both in Europe and this country and will include some of his own compositions on the programme.

Martha and Charles Elias, Jr. are the two children of Mr. Elias. They are clever young musicians and entertainers and will appear in some of the native dances of their country. Nikola Krzmarich plays the Borbo, which corresponds to the string bass in American orchestras, as well as a number of other instruments.

### AT THE CHURCHES

**ST. PAULS CHURCH**  
11 a. m.—Morning Prayer & sermon.  
7 p. m.—Evening Prayer & sermon.  
Rev. J. H. Ross will preside.

**WESTERN UNITED CHURCH**  
Rev. J. DEETH, Minister.  
10 a. m.—Sunday school and Bible class.  
11 a. m.—Morning Worship.  
7 p. m.—Evening worship.

The annual meeting will be held in the church on Monday, January 19th. All members, adherents and friends are invited to attend.

**GARNET UNITED CHURCH**  
Services—1:20 and 2:30 p. m.

**NOX PRESBYTERIAN CHURCH**  
Rev. G. Lloyd Ross will preach at both services next Sunday.  
Prayer meeting Wed. at 8 p. m.  
Y. P. A. meeting on Friday, at 8 o'clock. Everyone welcome.

### WALPOLE

Service every Sunday at 2:30 p. m.

### CHRIST CHURCH

NANTICOKE  
Rev. W. Gibson  
Services—Sunday, 11 a. m. and 7 p. m.

### NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF MARTIN JOHNSON ANDERSON, late of the Township of Walpole, in the County of Haldimand, Farmer, deceased.  
NOTICE is hereby given in pursuance of R. S. O. 1927, Chapter 150, that all creditors and others having a claim or claims against the Estate of the said Martin Johnson Anderson, deceased, who died on or about the 4th day of September, 1930, are required to deliver or send post prepaid to Arrell & Arrell, Caledonia, Ontario, the solicitors for the Executors, on or before the 14th day of February, 1931, their names and addresses and a full statement of particulars of their claim or claims and the nature of the security, if any, held by them.  
AND FURTHER TAKE NOTICE that immediately after the said 14th day of February, 1931, the Executors will proceed to distribute the assets of the said deceased among the parties entitled thereto having regard only to the claim or claims of which notice shall have been then received and the said Executors will not be liable for the said assets or any part thereof to any person or persons of whose claim or claims they shall not have had notice at the time of such distribution.  
DATED at Caledonia this 8th day of January, A. D. 1931.  
Stanley James Anderson, Executors.  
By Arrell & Arrell, Their Solicitors.

### NOTICE TO CREDITORS

IN THE MATTER OF THE ESTATE OF ISAAC WESLEY STENGEL, late of the Village of Jarvis, in the County of Haldimand, Labourer, deceased.

NOTICE IS HEREBY GIVEN that all persons having any claims or demands against the late ISAAC WESLEY STENGEL, who died on or about the 16th day of November, A. D. 1930, are required on or before the 7th day of February, A. D. 1931 to send by post (prepaid) or to deliver to William Marshall, Jarvis, Ontario, the Administrator of the Estate of the said Isaac Wesley Stengel, details of their claims and addresses, and full particulars of their claim or claims and the nature of the securities (if any) held by them.

AND FURTHER TAKE NOTICE that after the 7th day of February, A. D. 1931, the said Administrator will proceed to distribute the assets of the said deceased among the parties entitled thereto, having regard only to the claims of which he shall have had notice and that the said Administrator will not be liable for the said assets or any part thereof to any person or persons of whose claim he shall not have had notice.  
DATED this 12th day of January, A. D. 1931.  
William Marshall, Administrator.  
By S. E. LINDSAY, Hagersville, Ont., His Solicitor.

### Local News.

The Township Council held their inaugural meeting at the home of the Rev. Frank Lawlaw, on Monday evening of the 22nd inst.

Mr. and Mrs. A. K. Greenbury of Port Dover were in town on Monday visiting Mr. and Mrs. B. G. Greenbury.

Mrs. Margaret Ward of Nanticoke, who has been visiting with her parents, Mrs. L. Turner, in Hamilton, over the holidays, returned to her home last week.

Mr. Gus Well, after spending the New Year holiday in Buffalo with his sister, returned to the village last week.

Mr. and Mrs. Leo Marshall and Mr. Laird Miller made a business trip to Toronto last Friday.

Camford are guests of the latter's parents, Mr. and Mrs. J. H. Pease, on January 22nd, 23rd, 24th and 26th over the details of the Chautauqua Festival, to be held in Peacock's Hall. Keep these in mind:

Mr. J. C. Walker spent Sunday last with friends in Hamilton.

Monday night next is the date of the annual meeting of the United Church. All interested are expected to be present.

All subscribers not receiving their paper regularly would confer a favor by notifying this office promptly.

Miss Ruth Hewson, Toronto, spent Sunday with her father at the Commercial Hotel.

### Wedding Anniversary

On Saturday last at "Fey Lodge" the beautiful home of Mr. and Mrs. R. J. Kelly, Colwell, who were thirty seven years the wifely, Mr. and Mrs. David Lindsay, of Hagersville, celebrated their 50th wedding anniversary.

Mr. Lindsay was born 30 years ago in Walpole Township. His wife, who was Miss Mary F. Galdston, daughter of Mr. and Mrs. William Gladstone, is 82 years of age and was also born in Walpole township. Their marriage was solemnized by Rev. Mr. Black at Caledonia, Ont., in 1872, and the bride and groom of that year have lived all their lives in their native township near Hagersville.

Three of their five children are living. They are: Mrs. R. J. Kelly, of Colwell; W. D. Lindsay, of the old homestead; and Mrs. J. E. Wood, of Binbrook, Ont. There are 16 grandchildren and 13 great-grandchildren, the majority of whom were present to join in the celebration.

At noon about 35 relatives sat down to a sumptuous dinner, served in the dining room, the table decorations being pink and white. Among the guests at dinner were Mr. and Mrs. H. Goring, of Brownsville, who were celebrating their 52 anniversary.

The afternoon and evening were spent in music and reminiscences. The bride and groom of 59 years ago were the recipients of beautiful gifts and hosts of congratulatory cards, and spent the afternoon and evening receiving many friends, who came to extend congratulations.

Mr. Lindsay is well known in this community, being a valued member of the Board of Directors of the Walpole Farmers' Mutual Fire Insurance Company. The Record joins with the many friends of Mr. and Mrs. Lindsay in wishing them many more years of health and happiness.

## THE HOUSE OF QUALITY

A Large Range of Simplicity Patterns Always Carried These Patterns are sold at 15c

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All Lines Of Furniture and Housefurnishings

Juan W. Holmes FURNITURE & UNDERTAKING JARVIS, ONT.

Dr. Hess and Clark Poultry and Stock Tonic

Poultry Pan-a-min  
3 lb. Size ..... 65c  
15 lb. Size ..... \$2.25  
7 lb. Size ..... \$1.15  
10 lb. Size ..... \$2.00  
25 lb. pails ..... \$3.50  
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4 lb. Size ..... \$1.50  
Dr. Hess Poultry Ver-mi-trol

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Crown-Dominion Alcohol and Anti-freeze.

Jarvis Phone 70

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# JARVIS CHAUTAUQUA FESTIVAL

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