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Represented by
GEORGE L. MILLER
Jarvis, Ontario

A TRIP TO THE PACIFIC AND BACK
Continued from page one

about why that exposed to the human eye the marvellous wonders of God's creation. The great overhanging boulders in the most inconceivable formations and jaw-gulping canyons below were a revelation. The sparkling glaciers that flowed down the steep mountain sides into fast flowing rivers and then out into the open spaces was another treat to the eye.

Out to Jasper National Park went we, with life on every side, both in animal and natural creation, passing buffaloes, bears, lynxes and many small animals that roamed about in utter abandon. Then through the great cave of grotesque wonders, through the famous Jasper Park Golf links, the great and fascinating waterfalls, then back to the internationally known Banff Springs Hotel, brought us every day to a close.

Unlike Regina in names, but on similar basis, the streets of Banff are partly all named after some animal found in Jasper Park, such as Squirrel St., Bear Lane, Lynx Ave., Monkey Crescent, and so on.

Towards midnight we bid this great natural resort farewell and boarded the "Dominion" sister, and equally fast train, the "Imperial" for an all night and all day swift run of 500 miles to Vancouver, where we arrived at 8:15 p.m. on Sept. 2nd, thus crossing Canada from Toronto

to the Coast. On the last stretch of our long journey across, we saw wonders that would make a naturalist or biologist sit up and think. Passing along between Rogers and Glacier in the early dawn, we passed through the famous Comaught tunnel—five miles long, and said to be the longest underground passage in America. It took our swift moving train twenty minutes to traverse the tunnel.

At Field, B.C., we moved our watches an hour backward once more to correspond with Pacific time.

At Skamoon we came upon the placid waters of Lake Shuswap and followed along almost to Kamloops. It was a treat to view the adjacent mountains mirrored in its blue and rippling waters.

Later on we struck the famous Fraser River on which the greatest salmon industry of the world is carried on. It runs all the way to Vancouver, paralleled with our line, with the world famed Rockies on either side.

When we pulled into the village of Taft we were surprised to find that out of the score or more of dwellings, but three or four were tenanted, which tempted our writer to exclaim, "No wonder President Taft is dead."

As we sped along this snake like course we observed that we were on a route similar in every respect to the famous Niagara Falls Gorge route with its awe inspiring and nerve-racking sights right and left. Finally we ran out into the open country as we pass through Mission City and at last ran into Vancouver where we were warmly welcomed by our waiting cousins who had been previously notified of our presence in this train by wire dispatched from Revelstoke.

Our sojourn of almost a week in the "Sammie City" of Canada was a most pleasant one, and our cousins, whom we had never seen before, save one, Mr. Daniel McLean, chief operator at the C. N. R. station, whom Mr. Roberts had met at least over 30 years ago.

During our sojourn here a great deluge of rain fell uninterruptedly for four full days and as a result the railway line over which we had come was washed away in several places, so thank God, we arrived just in time.

Vancouver is the third largest city in all Canada, closely following on the heels of Montreal and Toronto. Its citizens are of all classes, color and creed, and next to the native Canadians, the people from the Flaming Kingdom of Japan predominate. So great is the influx of Orientals that a large section of this city is occupied entirely by the establishment from that now war smitten land beyond the night Pacific. As these people are frequently engaged into family feuds or long wars, it is now the custom of the city police to patrol "Chinatown" in pairs at intervals of a block apart.

Vancouver is well watered by the English Bay, the Burnaby Bay, the Fraser and False Rivers and many minor streams, hence the numerous bridges, bathing resorts and its great shipping facilities. Great

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HYDRO-ELECTRIC POWER COMMISSION OF ONTARIO
Electrical Inspection Dept.

A WARNING
TO THE
Electrical Trade

IT has come to our attention that several unapproved and sub-standard types of ELECTRIC WATER HEATERS containing particularly dangerous features have been offered for sale in Ontario, contrary to the law.

TO the effecters of unapproved equipment, we draw attention to Rule 103

103.—No person shall dispose of, or attempt to dispose of any electrical equipment, other than that which has been approved, without furnishing with it a plainly printed notice that its use in the province of Ontario is unlawful.

NOTE—These Unapproved Heaters are of Two Types.

1. Faucet Type, with portable cord, manufactured under the following names: "Tom Thumb Senior," "Tom Thumb Junior," "Alladin," "Hot Shot," "Major," "Vulco."
2. Immersion Type, with portable cord, manufactured under the following names: "Lux-Vial" or "Magic Dis," "Mystosol," "Alladin," "Wonder," "Jiffy," "Bestever," "Kwik," "Comer," "Hot Donut."

W. C. CALE, Approvals Engineer.
A. G. HALL, Chief Electrical Inspector.

LAST DANCE
Of the Season

Under the Auspices of the
JARVIS BOOSTER CLUB
to be held on
FRIDAY, NOV. 6th
in the
Jarvis Arena
PHILLIPS' ORCHESTRA

ADMISSION REFRESHMENTS WILL BE SOLD IN THE ARENA 25c

can going greyhounds of immense size, we serenely glided down through the many beautiful winding channels that circulate in and out of this city to the adjacent towns of Fraser, Ft. with mountains, vales and inlets on Rocky, New Westminster, Mount either-side, until we steam out into the open spaces where current tides eb and flow. At 4:30 the same H. Armstrong, an old Jarvis boy, with the sun still smiling high up in the heavens, we sailed up the winding and beautiful channel leading to Victoria's spacious harbor, and on landing, were greeted and warmly welcomed by Mr. George P. Riley of the Victoria Postal Service and his charming and versatile young wife. The moment we landed we found ourselves trading on Vancouver's Island, and our kind hearted friends soon had us whisked away to their pretty and conveniently contrived home where our short but pleasant sojourn was one of unalloyed delight and contentment. We enjoyed an au-pair around this city's beauties, the afternoon of Sept. 9th, we were motored out daily all over this great

patching a wireless code to our cousins over there to meet the steamer. Down the channel we sailed again and through the straits with bedecked shores of sylvian beauty into the open sea basin, whose waters are lashed in from the mighty Pacific. After a four hours fast sail we rode into the far famed Puget Sound and into Seattle harbor.

Landing safely in Seattle at 8:30 p.m., just when the shades of evening are beginning to lay their darkening pall on Mother Earth or at the time when most citizens of Jarvis were peacefully flooding away in their motor cars, we found the "Land of Liberty" by the courtesy of custom officials and a moment later found ourselves clutched into the waiting arms of our dear relatives, before whom Mrs. Roberts last saw over forty-five years ago. They were Mr. and Mrs. Neil McMillan, formerly of Pricerville, Ont., and Butte, Montana, who have an interesting grown family of three daughters and one son. Mr. McMillan is the well known proprietor of the Hollywood Cafeteria. During our sojourn here for three days we were motored out daily all over this great

Continued on page five.

THE JARVIS RECORD
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Health Service
OF THE
Canadian Medical Association

GRANT FLEMING, M.D., ASSOCIATE SECRETARY

DO YOU KNOW?
Do you know that there is a disease which, because it is of such common occurrence, it is regarded as being inescapable and of little importance?
Do you know that this disease is fatal in that it causes the death of several hundreds in this country every year?
Do you know that this disease is chiefly found among children, and that the younger the child, the less resistance he has to it?
Do you know that this disease is one of the most common, occurring because we are all susceptible to it, which, as a result of our susceptibility, we almost surely contract when first exposed to someone suffering from it?
Do you know that in the year 1919, this disease was the direct cause of 619 deaths, a number exceeding the number of those who died of scarlet fever in the same year. A recent publication states that seventy per cent of the deaths in Ontario for a period of years were of children in the three years of life.
These are the facts which we parents to understand so that we will realize that measles is a disease and that they should know how to protect their children from its dangers.
Children should be safeguarded from infection. The younger the more serious is the danger and hence the greater need for no child should be careless.

Nowadays we are able to do more than this. If the exposed child is given a dose of serum drawn from persons recently recovered from measles, he will either be protected from the attack, or else the attack will be so mild that danger will be practically eliminated.
If blood serum from recent convalescents is not available, then the blood from the parents may be used. As nearly every adult has had measles at some time, blood from an adult will likely contain sufficient power to prevent or modify the attack.
Measles is a serious and not infrequently fatal disease. It should be known for what it is and dealt with accordingly.
Questions concerning Health addressed to the Canadian Medical Association, 184 College St. Toronto will be answered personally by letter.

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POPPY DAY
The Hagersville "B" Canadian Legion has plans for the annual Poppy Day Campaign undertaken throughout the province. The Legion is taking care of special needs among war veterans who are greater than ever. The local branch is making arrangements for every Poppy on Remembrance Day has now been set aside for the 11th, as a national honor of the signing of the 1918.

Poppy Day was founded by the late Earl Grey in a means of helping veterans who make the Veterans Shops, funds to take care of the veterans and their families. The Veterans Shops are wholly maintained by the sale of poppies. The Veterans Shops are handicapped veterans by the sale of poppies and the sale of poppies is the main source of funds for the Veterans Shops. The Veterans Shops are handicapped veterans by the sale of poppies and the sale of poppies is the main source of funds for the Veterans Shops.

News of the Countryside
From The Record's Correspondents

NANTICOKE
C. Thompson, of Simcoe and M. Thompson of Port Dover, guests at the home of Mr. S. A. last week.

From here attended the primary services in Chesapeake Church on Sunday. Dr. Gordon Livingston returned on Saturday after spending two weeks' vacation with his Miss Livingston.

Sunday evening, November 8th, a service will be held at Nanticoke Church under the auspices of the Nanticoke and Chesapeake Missionary auxiliaries.

W. A. Skinner, of Simcoe, has recently spent a year with his wife at the mission station in Africa. The mission will be illustrated with lanterns and curios. Everybody

blood delivered another of his interesting and helpful sermon, from the text, "I am the Bread of Life."

The regular meeting of the Women's Association will be held on Thursday afternoon at the home of Mrs. Dave Vickerman.

Misses Laura and Flora Caswell of Waterford spent over Sunday with their parents, Mr. and Mrs. Ira Caswell.

Mr. and Mrs. Bud Priest were entertained to dinner on Sunday at the home of Mr. and Mrs. Fred Marr, Vancou.

Mr. and Mrs. Thos. Healdy and daughter of Canfield spent Sunday with Mr. and Mrs. Ralph Kenny.

A number of friends and neighbors of Mr. and Mrs. Earnest Hockin gathered at their home last Wednesday evening in the form of a surprise party before they leave our community. The evening was spent in games followed by lunch and all departed for their homes wishing Mr. and Mrs. Hockin the best of success in their new home at Waterford.

Mr. and Mrs. Bud Priest and Mrs. Jas. Priest spent Sunday week with Mr. and Mrs. Wm. A. 2122 & 2123.

A Trip to the Pacific
and beautiful city and out into adjacent points of interest, including a visit to the second largest lift-lock in the world only surpassed by the one on the Panama Canal. This monster work of engineering skill is just to the west of the city. We were also motored along the wonderful Highland Drive and many beautiful scenes were obtained all along.

When the time came to bid this beautiful city and our dear relatives goodbye, we found we had no time to take a run up to Portland, Oregon, but instead, struck for Spokane, leaving at 8:30 in the evening of September 12th, we boarded the North Shore Limited, the fastest train for an all night run to Spokane, where we arrived at eight next morning and just before pulling into this big city we passed through the two-mile tunnel between Lester and Stimpede. In a brief stop-over at Spokane we were able to get a figure on the Indians of that time and the history of that city and between them and Ellensburg we traverse the famous and picturesque Kittitas Valley, flanked on all sides by lofty mountains. At Yakima many years ago lack in 1855, there was fought a very long and bloody war between the Indians of that time and the incoming settlers, but to say the red skin and the white man elbow each other and smoke the pipe of peace. Also in this region are three hundred thousand acres which Uncle Sam's Government has irrigated for the new settlers. At Alfalfa is Mt. Adams, which towers over 15,000 feet into the heavens. Arriving at Camdent, in Idaho, we came upon the beautiful shores of Flathead Lake and followed the river of the name for many miles down the line, until we reached Paradise—not the Paradise of Heaven, mind you—but a most beautiful city of that name in the State of Montana.

At Missoula, we make a short stop over. This city is the seat of the University of Montana and a real fine city, close to the great settlement of the famous Arlee Flathead Indians, who number in the thousands.

As the fast North Coast Limited thundered into Butte, we also descended into a thousand and one thrills of different descriptions. This is the city you read about so much in old west stories and cowboy adventures, and is situated at the very empyrean of the great Continental Divide, nearly seven thousand feet up and overlooking a death awaiting chasm should the slightest accident happen. Down into a verdant valley, thousands of feet below, one can see varied creations of nature's wonders, while on the opposite side you gaze at treacherous overhanging boulders, thousands of feet above your head.

As we whirled around the mountain tops, thousands of feet up in the air, we could observe the rugged country for many miles on all sides, and the sensation you have given you the impression that you are passing through some obliterated or prehistoric country resembling ancient Babylon.

This is a trip worth taking. Leaving this city of rocky pyramids, coal mining and cowboy thrills, we proceed along towards the Gallatin Valley, near Belgrade, which presents a vast difference from the scenes around Butte.

At Livingston are the wonderful "Hunters Hot Springs" from which warm water eternally flows, rather freak of nature, for not far beyond at Big Timber are the snow-capped Crazy Mountains—a beautiful comparison to the eye—preceding on we struck the Bear Tooth Mountains, but who would care to huddle these "beats". They turn up between Reed Point and Columbus while 50 miles further east in Pompey's Pillar, where those two great leaders, Lewis and Clark, made their history away back in 1808.

At Nichols is the settlement of the Cheyenne Indians, who, in the darker ages, were a powerful and war-ravine horde of roaming Redskins, that were gradually brought to time by the process of civilization and progress. At Fort Keough is located the great United States Range Station for observation and fire protection purposes. At last we have through the famous "Red Lands" of North Dakota and pull into Dickinson for a couple of days rest to break the monotony of our long journey. A trip of over four hundred miles after two weeks' travel.

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