THE WORLD'S MOST FAMOUS FLAVOR
WRIGLEY'S SPEARMINT
THE PERFECT GUM
SWEETENS THE BREATH
THE QUALITY CHEWING GUM

THE REMARKABLE ROMANCE OF AN INDUSTRIAL DICTATOR

Velvet and Steel

By

PEARL BELL AIRS

SYNOPSIS

Joan Debby at Hanover offers to introduced as a social equal of Miss Gwenn La Fontaine, rather than as her secretary. She meets Piers Hannen, millionaire, who forces his attention on her. Lord Edwards proposes to Joan.

Joan leaves Miss La Fontaine to become a mannequin at the Salon Celeste.

When she went out to have her lunch at a Lyons tea shop Joan had time to think, and she found herself wondering again which Piers Hannen, and the meaning of his action in sending the wireless set.

If he went to Eton Place to find her, Georgie would tell him that she was at the Salon Celeste. In which case, suppose that there were any foundation for her fears, she would hear from him soon, if ever she was to hear from him at all.

But the afternoon passed and at the end of it she set off for home feeling quite secure. She had a job—she really believed that Madame Celie was watching her and commenting on her looks to one of the other saleswomen, she fancied with approval. Coming out of the door of the Salon Celeste she peeped up and down Brook Street with her heart beating unpleasantly fast. She told herself that if there was no familiar car in the street, then she was safe, she had seen the last of Piers Hannen.

There was no car. That wireless set, idiotic and useless thing as it was in their little house, had been nothing but a false alarm.

Joan went home in high spirits, thinking of her day as a manequin. She was launched in the world! She had no more worries.

On legs that ached a little with much standing, she left the bus in the East India Dock Road, and cheerfully hurried homewards. When she came to the corner of Hooley Street she found that the pavement was up. All along the street were excavations, covered with tarpaulin, which the workmen had made during the day. She had to walk in the road to get to the house. Mounds of gravel were piled all along, and there was a watchman on duty, sitting beside his fire.

Joan wondered what they were doing to the street; it was years since any repairs had been made and the drains were in a bad condition.

"What are they doing?" she said to the watchman, as she picked her way towards the Denbys' front door. "Are they putting in new drains at last?"

"Eh?" said the man. "Nah! This here isn't drains. Seems like Hannen's are putting in electric light for the work-people. Order came through from the office this morning to wire Hooley Street for electric power."

Joan turned pale. She felt herself turn pale. There could be only one explanation. She looked up and down the street, where everything was turned a topsy-turvy—by his orders! All this he could do—

She was not more frightened than anyone would be in the circumstances, as though the street scared her, and the watchman sitting there—in his pay—was waiting to reach out and grab her, Joan hurried into the house. And yet it was utterly impossible! This could not have anything to do with the wireless set, Joan told herself as she slipped into the door and along the hall into the kitchen.

She stopped. There in the kitchen was Piers Hannen, sitting on the floor with his back to her; his blue lounge suit showed up like a new pin in a box of rusty nails in the dingy soot-stained kitchen. The wireless set had been turned with its face to the wall, and half its entrails were lying on the floor, where Hannen was expounding their functions to Jimmy, who was crouching beside him in rapt attention.

Joan put her hand to her heart—it had stopped beating. It halted a moment before it leapt on at a suffocating pace. She stood there, leaning against the door jamb, unable to utter a sound. Neither Hannen nor Jimmy was aware of her, and they went on talking; sounds of crockery being washed told Joan that her mother was in the scullery.

"That's the transformer," Hannen was saying. "I shouldn't advise you to meddle with that. What you really want, my lad, is a set that you can mess about with. How about a short wave set?"

"You c'n hear all over the world wiv a short wave set, can't you?" asked Jimmy.

"That's the idea."

"You could hear 'em in Africa. Is it far to Africa?"

"It's a big place—some parts of it are far, and some are near, if you get me."

"I'd like a short wave set!"

Joan took a step into the room. At the sound Hannen glanced round, and then sprang to his feet.

"I beg your pardon!" he exclaimed. Mocking and dauntless, his blue eyes challenged her in his hard, bronzed face. "Here I am!" they seemed to say. "And, believe me, you can do nothing about it!"

Confronted by him, Joan allowed the eyelids to droop over the cold displeasure of her own gaze, and she turned away to slip off her coat and hang it on the back of the door as she always did when she came in.

"I didn't expect to find you here," she remarked, controlling her voice with difficulty. Wildly a silent voice within her cried; "Turn him out! Make him go. Turn him out of here!"

But she was helpless, and so she said in a faint, dull voice:

"So you are showing Jimmy how the wireless set works! Does he learn quickly?"

"Yes, he's a quick youngster."

"He loves it," said Joan, in the same exhausted tone. "The wireless set. He has always wanted one. It was very kind of you to send it."

Her docile manner aroused his curiosity. She went to the scullery door and asked her mother what they were having for dinner. Then she came back and laid the table.

(To Be Continued)

WIN $$$ IN PRIZE CONTESTS

OUR MONTHLY BULLETIN SERVICE on "WHAT AND WHERE TO SELL" lists the "cream" of International Contests offering thousands of cash prizes for Articles, Bright Sayings, Cartoons, Designs, Essays, Household Hints, Jokes, Letters, Poems, Sketches, Slogans, Stories, etc.

HOW TO WIN is an article sent to all yearly subscribers to our monthly service, the subscription price is $2.00 per year. Other information will be sent for a 3c stamped return envelope.

GIFF BAKER, 39 LEE AVENUE, TORONTO, ONT.

Burnaby Curfew Rings For Dogs

BURNABY, B.C. — The curfew rings in Burnaby — for dogs. Under a revamped by-law, all dogs must be under control by 10 p.m. or owners will be penalized. But, mused dog lovers, what about strays who can't tell time?

LIFE COMPLEX FOR MODERN WOMAN

Author Of Book On Machine Age Tells Of Present-Day Problems

TORONTO, — "The commonest form of recreation among women of all classes, married and unmarried, is perhaps clothes—a fixture to be pondered upon," says Mrs. M. M. Kirkwood, author of "Women and the Machine Age," and assistant professor of English in University College. Other favorite forms of recreation she notes in a pamphlet recently published by the Social Service Council of Canada, are the "movies" or "talkies," the use of the motor car, and a growing interest in athletics and outdoor sports.

The pamphlet is the seventh in the series on "The Machine Age," and come to the conclusion that there is needed a new standard of social responsibility.

Mrs. Kirkwood sees a need for a new ideal of marriage and home life combining the new liberty (brought about by the introduction of machinery) with the old seriousness and sanity. The morality based on the knowledge of birth control and the equality of women in the marriage relationship is far from mature yet, she asserts in stressing the responsibilities of home building and child training. Amusement as a sole aim in life will satisfy neither man nor woman, she believes, and for the normal fulfillment of human experience education for social relationships is needed as much as for vocations and academic success.

Eight-ounce Baby Lived For A Day

New York—An eight ounce baby girl died after an all-day struggle by five physicians and two nurses to keep her alive.

The tiny infant, whose birth was premature by 4½ months, was the first child of Patrolman Terrence Borelli, 29, and his wife, Marjorie, 26.

Physicians said the baby was normal in every respect save size. She measured 13 inches in length and had a head circumference of nine inches.

The infant, born at 6:25 a.m., was placed immediately in an incubator. Late in the afternoon she seemed to stop breathing, but after a series of injections and increased applications of oxygen she appeared to rally. At 6:45 p.m., Dr. Lester Samuels pronounced her dead.

Vancouver Riots Cost City $68,000

Vancouver. — Mayor G. G. McGeer has informed the Civic Finance Committee that recent unemployment demonstrations and consequent defence of the city has cost $68,000. Expenditures including $150 for hiring a field gun, purchase of a machine gun and $6,578 for feeding special police officers have been approved.

Tea at its Best
"SALADA" TEA

Your Handwriting Tells Your Real Character!

By GEOFFREY ST. CLAIR
(Graphologist)

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A correspondent sends me samples of the handwriting of several well-known film stars and asks me to analyse the writings for her. There is so much of interest in these analyses that I am making them the subject of a special article.

Perhaps you have wondered why many m n have been led into the different pursuits in which they have gained fame and fortune? It is immensely interesting to think what might have been if different individuals had been born with traits of character that were entirely different from the real characteristics of their nature!

Many men and women are born into this world with definite talents and abilities, that they must learn in order to take full advantage of them. Some go through life and never even learn their proper talents while others find and develop them early in life.

Take the handwriting of John Boles, a well-known star. The dominant trait in his character is self-reliance. This is the quality that makes him depend only on himself for anything he wants done. He is not surly (quite the contrary) to his many friends, but, at the same time, he looks to one man only to get what he wants—and that man is himself.

John Boles could not be anything else if he desired—there is an independence of thought and action that will not allow him to think of help when he has a problem to face. He is close-mouthed about his personal affairs, and will usually have them solved before other people have heard about them. Decisive, quick-thinking—a man of action—John Boles.

Some time ago I analysed the writing of Ramon Novarro. This film star was very fortunate in finding his talent and making it the driving force of his life. His writing shows, as all those who have seen his films know, that he is a great dramatic actor—that he can interpret a role in a way that few people can even approach, but he has also another ability and another very outstanding talent with which he has won recognition—his ability in music. The rhythm and breaks in his writing show immediately to the handwriting analyst—a talent and appreciation of the musical arts.

You, my reader, may not have any tremendous talents like these well-known film actors. On the other hand, you may have some outstanding ability with which you could, if you recognized it, and cultivated it, acquire a good position or fill a particular niche in life. But you must understand yourself; you must realise the latent abilities within yourself and, once recognizing these, set to work to make the most of them.

A graphological delineation will not invest you with particular powers or abilities; it will show you whether or not you possess some outstanding talent which you ought to cultivate. And it will show you to a greater understanding of yourself and your problems.

* * *

Would you like to know what talents you have? Do you wish to know what your handwriting tells about your character and that of your friends? Send specimens of the writing you want analysed, stating birth date in each case. Enclose 10c coin for each specimen and enclose with 3c stamped addressed envelope, to Geoffrey St. Clair, Room 421, 73 Adelaide St. West, Toronto, Ont. All letters are confidential and replies will be mailed as quickly as the volume of mail will permit.

Iceland Isn't Such A Cold Place

An Icelandic nurse, spending six weeks in Toronto, doing public health and hospital observation work for the Red Cross, is Miss Sigvidur Bachman.

Miss Bachman is a graduate nurse of University College Hospital, London, with post-graduate work in public health at Bedford College, England. She has come to Canada at the request of the Icelandic Red Cross Society, under the Exchange Committee of the Canadian Nurses' Association, to observe methods here and take back to the work in her native land, to which she returns in the fall, the benefit of her experience.

"The Icelandic climate is not nearly so severe as people think it is—it is modified by the Gulf Stream," Miss Bachman said, in an interview. "This year we had the best May we have had in years—much warmer than it was in England."

Schools close in May, not because of the heat, but on account of the short days in winter. People like to make the most of the summer and get the children off to the country for a long vacation. Some of the days in November and December do not have more than five or six hours of daylight, she added. "The housing is quite good—'stone' houses, we call them, mostly made of cement, with general heating, of coal, with furnaces." The State hospital, as well as the houses in that area are heated from the geyser, "the biggest hot springs in the world," she said. Most of the women and girls of Iceland are adopting the Western dress, although many of the older women still cling to their national costume.

Business Better Beatty Declares

Halifax.—Canadian business generally is benefiting by a sound, steady improvement which has been in progress for a considerable time, Sir Edward Beatty, president of the Canadian Pacific Railway, said here recently as he stepped down from a special train which is carrying him through the Maritimes an annual tour of inspection of company enterprises. The only cloud on Canada's industrial recovery front, the rail chief asserted, was in Western Canada, where crop prospects were indefinite and where there was no assurance that the 1935 yield would be readily marketed.

"Quinties"

Observes the Chicago Tribune—

And now it's happened! Horror of horrors! Whither are we drifting? Some of the eastern newspapers have already published the thing in streamer headlines: "First Birthday for the Dionne Quintics!" The very sound of the thing makes one grow pale and have severe shooting pains in the neck. Not content with such awful atrocities as "cutie Quinties" and "good nightie" and "airtight" and "kiddies" and "okie", now we have to see that awful thing "quinties" staring us in the face every now and then. And next somebody will be changing Mother's day to "Muzzies' day." Quick, Watson, the needle!

Enjoy a really fine hand-made cigarette by rolling your own with GOLDEN VIRGINIA
ALSO MADE UP IN PIPE TOBACCO

RELIEVE PERIODIC PAIN

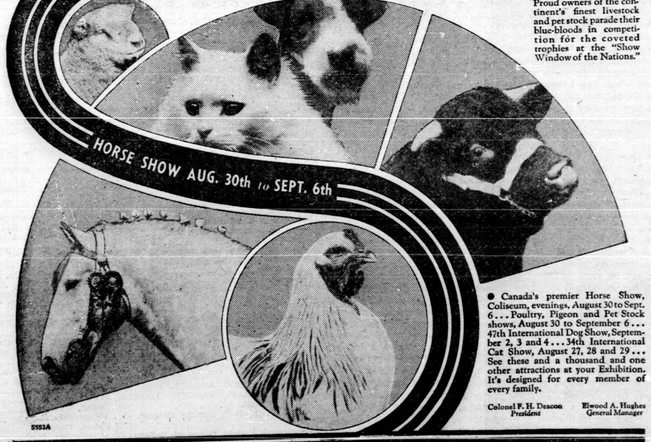
If you suffer periodic pain and discomfort, try Lydia E. Pinkham's Tablets. In many cases they bring welcome relief. As Mrs. Caroline Newman says, "They ease the pain".

Mrs. Raymond Chaput, Route 4, Tilbury, Ont. says, "I suffered something terrible. Had such backaches and headaches I was worn out. Your Tablets helped me". Let them help you, too. Ask your druggist.

Lydia E. Pinkham's TABLETS

Issue No. 34 — '35

These Blue Bloods invite you to visit them at the Exhibition



Proud owners of the continent's finest livestock and pet stock parade their blue-bloods in competition for the coveted trophies at the "Show Window of the Nations."

● Canada's premier Horse Show, Coliseum, evenings, August 30 to Sept. 6 . . . Poultry, Pigeon and Pet Stock shows, August 30 to September 6 . . . 47th International Dog Show, September 2, 3 and 4 . . . 34th International Cat Show, August 27, 28 and 29 . . . See these and a thousand and one other attractions at your Exhibition. It's designed for every member of every family.

Colonel P. H. Deacon, President — Elwood A. Hughes, General Manager

CANADIAN NATIONAL EXHIBITION TORONTO AUG. 23 to SEPT. 7

Woman's World

By Mair M. Morgan

STRING BEANS

String beans are now plentiful and they should be properly cooked to retain full flavour and colour and thus appeal to the appetite and give complete food value.

String beans of either green or wax varieties are a delight to the palate when well cooked. The method recommended by the Fruit Branch, Dominion Department of Agriculture is as follows:

Wash, remove strings and ends, and either leave whole or cut in one inch lengths. Allow a very small amount of salted water and cook beans in a closely covered saucepan for thirty minutes. Place over a low fire at first until some juice is extracted, then raise the temperature. All liquid should be absorbed when beans are cooked.

The use of different sauces makes for variety.

Beans with Tomato Sauce
3 cups beans
2 tablespoons butter
1 cup tomato juice
2 tablespoons flour
Salt and pepper

Cook beans in a little water so that practically all liquid is absorbed when they are tender. Then add butter, and when melted and well mixed through the beans, sprinkle the flour over, and stir over the fire. Then slowly add tomato juice, stirring well. Cook five minutes.

Bean Pickle

Prepare and cook beans as directed above. Make a pickle mixture using:

3 lbs. sugar
3 pints vinegar
2 tablespoons celery seed
2 teaspoons tumeric
1 cup mustard
1 cup flour.

Heat vinegar, mix mustard, flour and spice in a little cold vinegar, add hot vinegar gradually; cook, stirring constantly until thick as cream; add beans, cook five minutes taking care that they do not stick to the kettle, or burn. Bottle and seal at once.

BREAKFAST FOR THE RUSH

The food you give your family at breakfast will set the pace for the whole day—for we must never lose sight of the fact that a long time has elapsed since the evening meal the night before. Appetites will awaken at the sight of an icy cold half melon, filled to overflowing with golden crisp corn flakes. This is delicious eating and a dish to give the family quick energy for work or play.

Toasties Melon Cup

Chill small ripe cantaloupe. Cut in halves, allowing one half to each serving. Remove seeds. Cut thin slice from bottom of each half so that cantaloupe will rest firmly on plate. Fill center with corn flakes. Serve with light cream and powdered sugar.

THE HUMBLE PICKLE

6,000,000 bushels cucumbers are required by pickle manufacturers annually to supply the normal demand.

The British Army and Navy recognize pickles as an essential part of a well-balanced ration.

The sugar content of sweet pickles has much food value.

The lactic acid contained in dill pickles is recognized by dietitians as an aid to digestion.

Sour pickles eaten by sailors on long sea voyages prevent scurvy.

Commander Byrd in his requisition for supplies for the Antarctic Expedition provided for a large supply of pickles.

A pickle added to a dry sandwich luncheon converts it into a palatable meal.

The aromatic aroma and flavor of pickles when eaten excite the gastric juices, which greatly aid digestion.

Dr. Woods Hutchison, the celebrated physician and dietitian, stated in the public press recently that pickles are loaded with vitamins, hence have pronounced food value.

The Hollanders consume large quantities of pickles and the Frauleins set great store by them for beauty's sake, as they improve the complexion.

Pickles are recommended by the eminent physicians of England, Holland and Germany, who recommend them as a remedy for dizziness and heartburn.

French physicians for many years have recommended pickles as a preventative of freckles and for clearing and heightening the complexion through their corrective action on digestion and the cleansing of the blood.

The further south you go, the more popular sour pickles are, due to the natural craving for the cooling and healthful action of the acid.

The calory value of sour spiced pickles is greater than that of apples, oranges, peaches, pears and three times the fuel value of bean soup, nearly double the value of spinach, asparagus, onions and other vegetables, also endfish and black bass.

(The above 14 points are based upon the very best medical authorities and statistics.)

EMERGENCY SHELF

Do you have an emergency shelf in your pantry? It's first aid to hospitality when some friend happens in unexpectedly, providing that extra company touch for a pot-luck meal. And when the man of the family telephones at the last minute that he's bringing someone home to dinner, it saves the terrors of being unprepared.

In stocking the emergency shelf choose only the best canned meats and vegetables, fruits and condiments. They require less time dressing up.

Plan definitely, too, just how each article will be used in the emergency. You may have a rainiature grocery store at your elbow, but without a variety that will prove adequate for a well-balanced and appetizing meal, the emergency shelf won't be of the help it should be.

The shelf should contain the makings of a full meal: soup, meat, vegetables, salad and dessert. Though all need not be used for the same meal.

Keep a can of nut meats ready to use, a tin box of marshmallows, a tin of extra fine salad wafers, a bottle of olives, a jar of mayonnaise and a package of long-keeping variety of cheese.

Home-made catsup or chilli sauce added to the mayonnaise will make a Russian dressing to serve with head lettuce for a dinner salad that nearly everybody likes. Or nuts and olives finely chopped may be combined with cheese and made into tiny balls served on lettuce leaves. The salad wafers lightly buttered and toasted add much to any salad and are particularly acceptable if the portions are small.

Salmon, tuna fish, crab meat, shrimp, boned chicken, ham or corned beef will solve the luncheon salad, or may be made into delicious hot dishes.

Canned soups, of course, are invaluable. Some need only to be reheated while others must be diluted with milk or water.

Macaroons keep almost indefinitely in tightly closed cans. Many varieties of canned puddings and quickly mixed packages of dessert that are delicious and easy to use and quickly prepared.

Last, but not least, replace each item from the shelf as you use it—or the emergency shelf will be useless.

WHEN A MAN LAYS THE TABLE

It is very seldom that a man tells us what he really thinks about the way the table at which he takes his meals is arranged. Usually he accepts his wife's taste in the matter unquestioningly.

But does he like it? I wondered that as I walked round an exhibition of table-setting at which men architects and designers were responsible for one or two tables each.

Two well-known architects flatly refused from the first to allow any cloth or mats to be used. The were Wells Coates and Frederick Gibberd, the latter only 27, and therefore very modern in his ideas.

His choice was a set of cream yellow china with a pale grey flower and a dull red circle. It stands on a walnut table edged with sycamore; the latter wood, like the tweed-covered chairs, harmonising with the color of the china.

Wells Coates chose "curves" Round plates and oval dishes with concentric circles of green and silver stand on a walnut table with rounded edges and curved legs.

One of the most interesting tables was arranged by Oliver Hill, who was the architect of five sections of the British Art in Industry Exhibition at Burlington House.

Its motif was diagonal lines, its color green and silver. The corners of the table were cut diagonally to correspond with the position of the oblong glass ashtrays, while the centrepiece was a set of four oblong glass dishes, filled with the heads of white flowers and ingeniously placed side to side.

As on other masculine tables, an ashtray was placed at each corner. Hostesses, please note!

Most men, apparently, like low centrepieces and tall candles. Mr. J. Emberton, architect of the new Olympia, is an exception. On a walnut table, again without mats, he sets jasmine china with orange and gold bands, two very tall candles, and a large centrepiece of china flowers, standing on mirror glass.

COSTUMES FOR AUTUMN SHOW MUCH BLACK

Although there are incidental colors which attract the attention, the big story for autumn is black. In simple little school girl dresses which are smart for daytime wear, in chic little suits of lightweight woollen which are of the type every woman could wear, in soft afternoon frocks which contrast dull and lustrous sides of a novelty pin point jacquard. Black suits in velvet are brightened by flat collars of gilet or ermine and flowing fullness at front is an interesting quality of black afternoon dresses.

Breaking into the clever parade of smart blacks are tweeds which tend to such off shades as bois de rose, a light prune, grayed to the fur trimming, a wisteria shade in novelty woollen and black and white mixtures which give various tones of gray.

In trimming and combinations there are brighter tones, velveteen blouses and scarfs with tweed suits, velvet trimmings on black frocks in such bright hues as ruby red and sapphire. Deep gold bracelets are another bright trimming which offsets the somberness of a black frock, sometimes with the response of a golden brooch. One black frock opens coatwise over an underdress of bright satin and the little suit costumes introduce the pipings of velvet which are a feature of this season.

A Scouting Party

Sir Percy Everett (left), Deputy Boy Scout Commissioner of England, greets Walter Head, Chief Scout of the United States, as he arrives in England en route to Scout conference in Sweden.

Sunday School Lesson

PAUL (WORKER WITH HAND AND BRAIN). — Acts 20:33-35; Philippians 4:4-13. GOLDEN TEXT.—In all things I gave you an example, that so laboring ye ought to help the weak. Acts 20:35.

THE LESSON IN ITS SETTING

TIME and PLACE. — The actual dates for the various events in the life of the Apostle Paul have proved a subject of wide disagreement. Harnack places the conversion of Paul in 30 A.D., and his death in 64 A.D. Ramsay makes the two dates, respectively, 32 A.D. and 67 A.D. Probably his death occurred 66 or 67 A.D. Paul was born possibly three or four years after the Lord Jesus was born. The places of his labor are too numerous to enumerate here.

"I coveted no mint silver, or gold or apparel." Thus was Paul free from all suspicion or false accusation concerning money matters in all the collections which were taken for the poor, and in the matter of his own support.

"Ye yourselves know that these hands ministerd unto necessities, and to them that were with me." Cf. 1 Cor. 4:12. As he held his hands up, they saw a tongue of truth in every seam that marked them.

"In all things I gave you an example, that so laboring ye ought to help the weak, and to remember the words of the Lord Jesus, that he himself said, It is more blessed to give than to receive." This is the only saying of Jesus recorded in the New Testament not to be found in the Gospels.

"Rejoice in the Lord always: again I will say, Rejoice." To rejoice in the Lord does not mean that a man is to be insensible to sorrow and distress, to suffering or to sin, either in his own life or in the lives about him; but it does mean that these dark realities will not be allowed to master him, nor to blind him from the radiance which streams from the face of his living Lord.

"Let your forbearance be known unto all men." The word here translated forbearance means that disposition which is opposed to a spirit of contention and self-seeking. "The Lord is at hand." The lesson for all of us is not that the Lord is coming, which is true, but because the Lord is nigh, his presence is with us.

"In nothing be anxious." The word here translated anxious comes from a word meaning to divide, to separate, to pull apart. An anxious heart is one which is divided and torn in its division. "But in everything by prayer and supplication." The first word refers to the general offering up of the wishes and desires to God; the second implies special petition for the supply of wants. "With thanksgiving." No greater barrier to progress in prayer can be set up than ingratitude to God. "Let your requests be made known unto God." This is the only abiding, permanent cure for anxiety. Tell it to the Lord in prayer.

"And the peace of God, which passeth all understanding." The innermost tranquillity caused by contact with him, blended by his Spirit into yours, the peace which transcends all mind, for no reasoning can explain its nature and its consciousness. "Shall guard your hearts and your thoughts in Christ Jesus." The word here translated guard means to protect by a military guard, i.e., to post sentries at the gates to protect a city from invasion.

"Finally, brethren, whatsoever things are true, whatsoever things are honorable, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." The last phrase, if there be any praise, does not mean only the commendation of others, but it describes moral approbation, whether of kings or of men, or even of God. Such high thinking cannot fail to result in nobility of character and worthy deeds.

"The things which ye both learned and received and heard and saw in me, these things do." Here, as often, Paul commends his own life and practice to his converts as an example which they are to follow, and, when every minister and teacher can support his words and writings by an acknowledged sincerity of life, the power of his teaching is tremendously multiplied. "And the God of peace shall be with you." Wherever you go, whatever you do, down deep below the surface.

"But I rejoice in the Lord greatly, that now at length ye have revived your thought for me." Literally, you shot forth (as a branch) thought in my behalf. "Wherein ye did indeed take thought, but ye lacked opportunity." Lightfoot translates it "in which ye did indeed interest yourselves. Paul's purpose in writing the Philippians really was to thank them for their kindness to him, but many other things were so much on his heart that he postpones this material matter to the end of the Epistle.

"Not that I speak in respect of want: for I have learned, in whatsoever state I am, therein to be content". "I know how to be abased." In classical Greek this verb is used of the falling of a river in drought. "And I know also how to abound: in every thing and in all things have I learned the secret of both to be filled and to be hungry, both to abound and to be in want." He is able to be calm and confident in the midst of the most disturbing circumstances.

"I can do all things in him that strengtheneth me." This is only one of the many phrases found in Paul's letters which reveal him as one mastered by Christ.

A scientist discovers that the slowest thinkers live longest. That the kind of proposition that cannot be proved on a busy highway.

Little Man, You'll Have A Dizzy Day

One black morning you waken with a woolly brain and limbs that ache. Some mysterious force pulls your head back every time you try to raise it from the pillow.

Dizzily you go through your ablutions, and at the breakfast table you are oblivious of the shining morning faces, the newspapers, the letters, or the friendly little wag of the dog's tail.

The bacon and eggs, the coffee, the toast, what are they to you? Black spots fly across your eyes, cold shivers play scales on your spine, and sweat pours into your palms.

The mirror will tell you why it was wrong to eat mayonnaise at midnight.

Those eyeballs, tinged with yellow, that sallow cheek, that tongue that looks as if it had been out all night in the frost—all these indicate that the liver is literally fed up with you and your silly ways of fatty feeding.

The sooner you realize that you must sweat repentance the better. Begin by taking a large dose of salts, and follow this up by pints and pints of pure cold water at regular intervals. Refuse every form of food, even milk, and go away to some spot where you can be like the great Garbo, alone.

By evening you will feel less like a man under sentence of death and more affable towards a pork chop.

But touch neither crumb nor crust until next morning, when you will realize the good that has been done by salts, starvation and solitude.

Fits Everyday Needs For Juniors

2971

It's time to be considering a smart little dress of wooly novelty crepe so new looking and so lovely for first fall days.

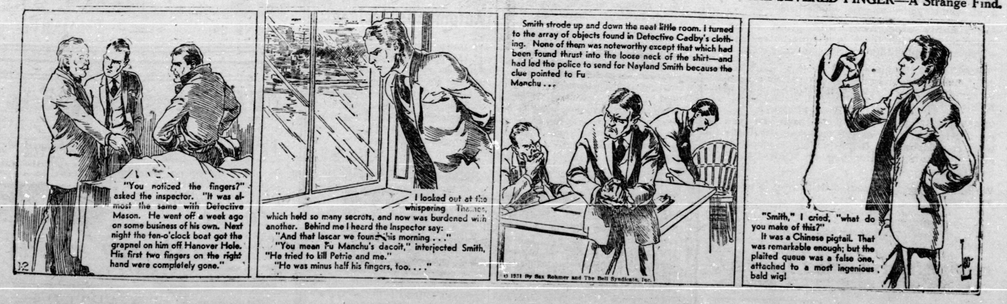
The model pictured in green with yellow tinge, is especially smart with effective soft fulness through the bodice. The "Boy" collar and buttons are satin crepe.

Nothing could be simpler to sew!

Style No. 2971 is designed for sizes 11, 13, 15 and 17 years. Size 15 requires 3⅝ yards of 39-inch material with ½ yard of 35-inch contrasting.

HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number, and address your order to Wilson Pattern Service, 73 West Adelaide

FU MANCHU By Sax Rohmer

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