

THE REMARKABLE ROMANCE OF AN INDUSTRIAL

Velvet and Steel

him. Joany?"

"Marry him!" growled Mr. Denby, dows of that room in the hotel by the dows of that room in the hotel by the licious fragrance of raspberry jam.

This Hannen he owns the Hannen works, he employs me, see? And it's

to all our interests to have Joany know him!" "What do you mean?" asked Mrs. day was shining through the attic Denby suspiciously.

"Well, if he's keen about her, and was raw with cold, but Maude was

he must be or he'd never ha' come down here, it won't do any harm for she had to be early at work in the her to string him along a bit!" er to string him along a bit!"

Joan flushed. She felt deeply and She still showed herself very inbitterly ashamed. All her feeling that Hannen's superiority was nothing and that they, humble as they were, could look him in the face and despise his content, was pricked like

Mrs. Denby, too, stiffered with

mantel-shelf, and trembling a little, went upstairs to bed.

"There now, you see what 'you've done!" said Mr. Denby to his wife in exasperation. "Never going to see him again! Here we had a chance of doing a bit of all right for ourselves and you go and put her off with a lot of talk about 'going to the bad.'!"

Then this: Lie on your back and imitate the pedalling of a bicycle with your legs. Keep in rhythmical time.

You may be inclined to pant, but followed under the best possible conditions, but in addition have been carefully candled for every defect before being offered to the public."

Practice the movements slowly and

and you go and put her off with a lot of talk about 'going to the bad.'!"

"I wouldn't have believed it of you—you ought to be ashamed yourself!" cried Mrs. Denby, her voice trembling with wrath, and the lot of them breathing deeply but evenly as you do so.

After these exercises imitate a To footballer and suck half a lemon.

Chapter VIII

(To Be Continued.)

After these exercises imitate a To day is the only day we have, Refreshing — and slimming in it- To seize the chance as it comes

"The act part was well did."

In illustrating the use of the word "act," one student, after consider—

The act part was well did."

And this the truth sublime:

A moment misspent is a jewel lost from the treasury of time. able concentration, wrote: "Don't act like a horse." All of which is in- "Dear Friend: School has nea deed, sound advice.

Africa Boasts a Sausage Tree

(From a National Geographic Bulletin, Washington) Add another plant to the already Add another plant to the inteady large collection of botanical freaks. A Princeton professor recently found a new variety of evening printrose. Its claim to distinction lies in the fact that its buds develop to full size that its buds develop that its buds

Its claim to distinction lies in the fact that its buds develop to full size but never open.

Most interesting among peculiar plants are those which bear uneanny resemblance to something else. Central Africa boasts a sausage tree, from! whose widespreading -crown hang what appear to be bologname sausages, and a "poached-egg tree," so-called because of its huge white flowers with golden centres. Australia presents as rival a tree whose thick based trunk tapers upward like a soda bottle, and the black-boy tree, which thrusts a spearlike shaft six feet above its shaggy crown of leaves. From a distance a group of these might be savages on the warpath.

In South Africa one may shrink from what seem to be huge red triangles lying on the ground. They

***NOFSIS**
Jean Denhy of hamble origin in the troduced as a secondary. She mester Pierre Rannes, millionarizer who have been been been been been been been continued and an anomaly. The state of the secondary of the state of t

to ak more questions of his daughter, but did not know how to begin life bed which she shared with Maude when she was at home, and was sorry for her mother. The day she had met Piers Hannen had been a had day for herself and everyone else that—what would he want with Joan? He couldn't mean he any good in 18 had may on the point was of no importance. At out of him was of no importance. At out of him was of no importance. At the same time, Piers Hannen had bed had Joan, flushed but smilling. "There's no question of her father's suggestion of his 'taking up with me' I don't like him, so I'm quite safe!"

"There's no question of his 'taking up with me' I don't like him, so I'm quite safe!"

"The couldn't mean he any good in the same time, Piers Hannen had been any good in the same time, Piers Hannen had been any good in the total the same time of the day she had father with the same time, Piers Hannen had been any good in the same time of the day she had father's suggestion that the same time of the day she had father's suggestion that the same time, Piers Hannen had her the same time of the day she had the same time of the day she had father's suggestion that the sam

"Marry him!" growled Mr. Denby, who had been growing impatient. "Is it likely that a man like Hannen would ask a girl like Joan to marry him? What hopes! You're balmy, missis!"

Mr. Denby rose, knocked out his pipe and turned on them both.

"All this is tripe—see? Tripe!

This Hannen he owns the Hannen would a down of the tripe—see? Tripe!

The glimmer of a grey London day was shiping through the attic

Demand For Best Product Shows Increase; Reliability Doubled In Warm Weather

reached its climax."

Of tomorrow we cannot be sure; Is the way to make it secure. Remember that 98 out of 100 women report benefit. Let it help you too.

HALF A YEAR FOR **GROWING TURKEY**

Birds Should Be Ready By Early Winter; Clean Alfafa Range Will Give Results

money".

I have quoted this letter, illustrative as it is of many generous letters that I receive, because it proves beyond any doubt that Graphology does yound any doubt that Graphology does the case, in order to urge my response to the case, and the case to the case, and the case to th Recalls Days Of Pioneer Church In

Experiences of 60 years in Alberta were recalled at a church meeting at Pincher Creek by Mrs. John McDougal, wife of John McDougal, inapposite that, now and then, I character or that of your trienal recommendations of the western that the second of the secon neer missionary of the western should remind my readers of the send specimens of the writings

At Pincher Creek, she said, the foundation for the great Alberta ranching enterprises were laid. She remembered the first service her husband conducted when they established the first mission post at Morley. They crossed the country from Ed. They crossed the country from Ed-monton by ox-cart in 1873. Building a home beside a lake, Time for a Real

"The reason for the gradual but work was immediately begun to steady rise in the price of fresh eggs erect a church. Within two years recently," said W. B. Somerset, commissioner of marketing, "is that with warmer weather the reliability of the dians. The little church still stands average run of farm eggs is called near the stone cairn erecter to the That Joany should lead this gentleman on—? You don't know what Grow Supple and Slim into doubt by many housewives.

"The discriminating purchaser be Southern Alberta Pioneers and Oldmost of the news from Russia with a Pattullo government, for

Sparkling eyes and smilling lips speak of health and vitality. Clear skin attracts. The healthy active girl is both happy and popular.

Perhaps you are not really ill yet when the day's work is done you are too tired to enter into the good times that

to enter into the good times that other women enjoy. For extra energy, try Lydia E. Pinkham's Vegetable Compound. It tones up your general health. Gives you more pep—more

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Your Handwriting Reveals Your Character! Reserved

scientific basis of this work. This wish analysed, stating birth

Five-Year Plan the Times says it is, "very ous." All the scales and pro

That Joany should lead this gentleman on—? You don't know what you're saying! You'd have here go to the bad, would you—?"
"Oh, don't take on so! Go to the bad! Don't be an old fool!" said Mr. Denby angrily."! say thered hone harm in her stringing but since he's myelleman or rise, maybe, if he was a bit ple me a rise, maybe, if he was a bit when the rise me a rise, maybe, if he was a bit when the rise me a rise, maybe, if he was a bit when the rise me a rise, maybe, if he was a bit when the rise me a rise, maybe, if he was a bit when the rise me a rise maybe

Plans being obviously that they take |much longer than five years.

But the Times mainly objects to the project of getting people to live to be 180 that it would "introduce an unreasonable complexity into family affairs." The Times works it out by arithmetic. "Suppose man married at 25 and had four children, each of whom had four children, and so on ad absurdum or nauseum or infinitum as the case may be." Then it appears that a man of 180 could have 16,384 - we haven't worked it out ourselves, but we take the Times' word for it great - great - great - great - greatgrandchildren and 21,844 direct decendants, 84 of them over 100 years of age.

If you let your fancy play upon



BOSE GERANIUM JELLY erpieces of grandmother's erate (350 deg F.) and bake 30 minthose dainty ladies of long a mixture of % cup hot water and 4 o make these jellies expertly day to sun them so that they

Kitchens Here is a butter that will appeal to your family and to your guests as elly-making substance called well. Simple to make in their leaves, and years ago delicious: had to be combined with pectin-fruit to get a jelly with any of

Tomato Relish

Pepper Relish 2 cups (14 oz.) prepared peppers.

equal amounts green and red swee

,7 cups (3 lbs.) sugar.

11/2 cups apple vinegar,

1 bottle fruit pectin.

6½ cups (2¾ lbs.) sugar, 1 bottle fruit pectin.

1 cup syrup, ¼ cup melted butter. Cook syrup until a small amount fine flavor of the plant. famous jellies in a few min-and at low cost. She knows, forms a soft ball in cold water (232 have unusual jellies with her creamy. Serve warm on waffles, hot urse and they simply must be biscuits, muffins, griddle cakes, DAINTIES MADE NOW WILL BE

12 dozen clean geranium leaves itself to use in delicious vegetable re-cups freshly boiled water; lishes as well. Here are two that Add juice of 1 lemon if tart- should be upon the shelves of every s desired. Tint a delicate pink preserve closet: mall amount of coloring, using Measure sugar and prepared to a boil over hottest fire, and | To prepare tomatoes, scald, pe

ith hot paraffin. Makes about 5 1/4 cup lemon juice and grated rind of duces. ps (1 lb.) syrup from canned spice, and cinnamon, or Worcester-

cup bottled fruit pectin, Wash mint leave. Do not re- Boil hard 2 minutes. Remove kettle

are sugar and pineapple syrup ounces each). ucepan aand mix with mint.
o a boil, add coloring to give rring constantly. Then bring to to prepare peppers, cut open boil over hottest fire and boil about 1 dozen medium peppers and Remove from fire; | d scard seeds. For best color, use

quickly through a fine sieve it is poured into glasses. ParaMeasure sugar, vinegar and prepared peppers into large kettle, packing each cup solidly until juice comes to tantly before and while boiling. Boil

is a novel meat dish tha ast food. Try it and you wi

nds veal, ground ounds salt pork, ground, , unbeaten, poons salt, edium onion, chopped, easpoon sage, elespoon chopped celery leave espoon chopped parsley,

HINTS FOR THE HOME

Tea
Tea will keep much better in a glass jar with a close-fitting top than in a tin receptacle.

Chamois Gloves.
Add a teaspoonful of olive oil to the water when washing chamois gloves. It will keep them nice and soft.

Dresser Drawers.
To prevent the sticking and warping of a dresser or cabinet drawer, and of a dresser or cabinet drawer, and of a dresser or cabinet drawer, and of the exact date of the ex



as a moth preventive.

WELCOME IN WINTER
During the jelly-making and pr Ink Stains. A cloth dampened with household ammonia will usually remove ink erving season your bottle of fruit stains from the fingers. Then wash and berries. Remember that it lends the hands with soap and water.

Some authorities claim that not ing is better to clean a clogged drain 3 cups (1½ lbs.) prepared tomatoe pipe, or one that is slow in running than common household lye.

Room Fragrance. Try burning an orange peel on the add pectin, stirring constanthen bring to a full rolling boil
matoes, or use canned tomatoes, Boil
shovel or tin pan, and see how it
shoul hard ½ minute. Remove 4 cups crushed tomatoes 10 minutes,
sweetens the atmosphere of the room oil hard ½ minute. Remove 4 cups crushed tomatoes 10 minutes, sweetens the atmosphere of the roo ire, skim, pour quickly. Seal at uncovered, stirring occasionally. Add Scorched Dishes 1/2 teaspoon each ground cloves, all

If dishes have been scorched shire sauce to taste.) Measure sugar into large kettle. Add prepared tomato, filling up last cup with water if with soap and water, and the brown necessary. Mix well and bring to a stains will disappear, full rolling boil over hottest fire. Stir constantly before and while boiling. When storing things for the sum-

ems. Place leaves in large from fire and stir in bottled fruit pec. mer or winter, mark each package as an and press with wooden po- tin. Skim; pour quickly. Paraffin at to its contents and there will be no rouble to find certain articles when once. Makes about 9 glasses (6 fluid | t they are needed. To remove iron rust from linen, use

lemon juice and salt. Cover with salt

and moisten with lemon juice, then stain has gone. Cleaning House Try using a large new paint brush for dusting around baseboards, cornpeppers. Put through food chopper ers, window sills and such places and see if it isn't a big improvement

top. Mix well and bring to a full rolling boil over hottest fire. Stir con. Marketing Of Cheese

over the ordinary dust cloth.

stir in bottled fruit pectin. Then stir in scheme to regulate the marketind aid. Sprinkle a little salt in
and skim by turns for just 5 mining fruit pectin. Then stir
and skim by turns for just 5 mining of cheese produced in the Province of Ontario has been reviewed
ing fruit. Pour quickly. Paraffin hot
relish at once. Makes about 10
glasses (6 fluid ounces each).

Marketing Board. The scheme is still
subject to amendment.

Representations with respect to the scheme and requests for appointments with the board must be received by the secretary before May 11th next as it is nedessary for Pastry Dough.

Add a few drops of lemon juice to the pastry dough and it will make it

"Just sitting around and talking about the good old times that are gone does not get us anywhere in the direction of the good times that are to come." George M. Cohon. urnish the inside. This will also act | "Just sitting around and talking

> most powerful instruments of propaganda in the world."—James W. justice, and, just as the architect orders the destruction of a wall that

"If the American hasn't got two utomobiles, he thinks life has done nim a dirty trick."-Olga Petrova.

For Slim and Not-So Slim

書仕書き仕

boam with the sword." The high places were the local sanctuaries, usually situated on eminences, a little outside the towns to which they belonged, where the people were accustomed to worship, where an altar and generally a shrine were erected, and where sacrifices were offered.

"Then Amaziath the priest of Bethel." This man was the leading ecclesiastic of his day, a sort of Archbichop of Canterbury, if we may permit ourselves a modern comparison, and responsible for the worship in the royal sanctuary. "Sent to Jeroboam king of Israel, saying, Amos." Note how the mere mention of the name without description proves that the prophet was already known in Israel, perhaps was one on known in Israel, perhaps was one on whom the authorities had long kept A grave warning against the dam whom the authorities had long kept their eye. "Hath conspired against the ger of giving a child with abdomination of Israel: the land is not able to bear all his words." Amaziah does not mean to charge Amos with having a secret understanding with others to dethrone the king, but, as the next shows, with using language that was calculated to produce such a conspiculty of abdominal pains in children are not

curably wicked.

alculated to produce such a con-piracy.

"For thus Amos saith. Jeroboam diet at all, and the routine use of

Ishael would have any effect upon of purgatives." through his prophet!

"Also Amaziah said unto Amos, O thou seer." The word seer is here secured their baby chicks from applications. thou seer." The word seer is here used in a contemptuous sense and has therefore to be translated by some such word as visionary. "Go, flee thou away into the land of Judah, and there eat bread, and prophesy there." Amaziah implies that prothere." Amaziah implies that pro-phecy was a trade or profession, and insinuates that Amos is one of those prophets who lived upon pop-

bravest and truest voice in Israel had spoken and the priest attempted to stifle it. and spoken and the priest attempted to stifle it.

Then answered Amos, and said to outbreaks of collective frenzy." Amaziah, I was no prophet, neither Andre Mauriois.

CUNDAY SCHOOL ESSON

LESSON IV. - July 28 | was I a prophet's son." Amos dis AMOS (PROPHET .OF SOCIAL claims being a prophet by trade of JUSTICE).—Chapters 4 and 7.

AMOS (PROPHET OF SOCIAL JUSTICE).—Chapters 4 and 7.
GOLDEN TEXT — Let justice roll down as waters, and righteousness as a mighty stream. Amos 5: 24.
THE LESSON IN ITS SETTING Time—The prophecy of Amos was given between 775 B.C. and 760 B. C., during the reign of Jeroboam II. Place—Amos was of the village of Tekoa, five miles south of Bethlehen, and ten miles south of the city of Jerusalem.

"Thus he showed me: and, behold, "Thus he showed me: and, behold, profession, who might, for instance, have attempted his vocation without any special fitness. "But I was a tredsman, and a dresser of sycomore trees."

"And Jehovah took me from following the flock, and Jehovah said unto me, Go, prophesy unto my people Israel." See the first paragraph of this lesson.

"Now therefore hear thou the word of Jehovah: Thou sayest, Prophesy not against Israel, and drop

Jerusalem.

"Thus he showed me: and, behold, the Lord stood beside a wall made by a plumb-line, with a plumb-line in his hand." This is, of course, only a vision given te Amos, symbolizing the judgments that he was sent to announce. A plumb-line, as every one knows, is a string with a weight at the end of it drapped from the top the end of it, dropped from the top of a wall to determine whether the ly be led away captive out of his land." As a matter of fact, it was about twenty-five years later when what seest thou? And I said and thou thyself shall de in a land that is unclean, and Israel shall sure land." As a matter of fact, it was about twenty-five years later when Tiglath-pileser III invaded Israel, and ten years later when Samaris

the direction of the good times that are to come."—George M. Cohan.

"The motion picture is one of the most powerful instruments of pro-Married In Chapel Of Henry Seventh

London.-The first girl outside the cannot stand the test when applied, so will God command that his people vil's Chapel at Westminster Abbey be destroyed because they are incurably wicked.

"And the high places of Isaac hall be desolate, and the sanctuaries"

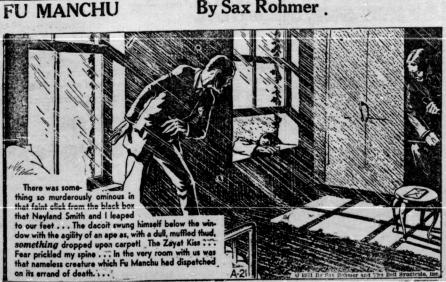
"And the bigh places of W. Powlett, son of Major William with the bigh places of Isaac hall be desolate, and the sanctuaries will be catherine Keyes, second daughter of Admiral Sir Roger Keyes. Her engagement to Peter W. W. Powlett, son of Major William "And the night places of Island Shall be desolate, and the sanctuaries of Israel shall be laid waste; and I will rise against the house of Jeroboam with the sword." The high amonth ago for the marriage to be also were the local sanctuaries.

shall die by the sword, and Israel shall surely be led away captive out of his land." See 6: 7. How pitiful on the part of Amaziah the priest to think that driving Amos out of Ishael would have any affect more of purgatives."

SO THEY SAY

"I am not only a pacifist, but a militant pacifist. am willing to fight for peace."—Albert Einstein. "A worthy discontent is an essential element of social well-being." Havelock Ellis.

By Sax Rohmer







THE ZYAT KISS-The Horror at Hand

Going on a Holiday? We can give you the best whether you want to Rest Play Fish

D. J. McRae Lingerlong Lodge, Ardbeg, Ont

All Rights Geoffrey St. Clair Yesterday I received a letter from | Not so very long ago.

also, talent.

Most of my work in connection in their normal hand.

Baked Veal Loaf up diced celery,

teaspoon pepper, cup tomato ketchup, if desired. mble post toasties. Add ingredients and mix well. firmly into greased loaf par

Pipe Smokers! fill up with GOLDEN VIRGINIA and enjoy a really good smoke! ALSO MADE UP IN CIGARETTE TOBACO