Velvet and Steel

PEARL BELLAIRS

The state of the s

Joan said that she did not know.

Find Out

From Your Doctor if the "Pain" Remedy You Take Is Safe.

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

BEFORE you take any preparation you don't know all about, for the relief of headaches; or the were absolutely under his thumb. Of pains of rheumatism, neuritis or course, they're his employees, but neuralgia, ask your doctor what he thinks about it — in comparison if he had been any other owner. I

th "Aspirin."
We say this because, before the wouldn't—he had some idea that he discovery of "Aspirin," most socalled "pain" remedies were adviswas all that counted with him!"

"It is all that does count with him for the stomach; or, often, for the thing that he wants at the heart. And the discovery of "As- moment,' said Joan with a smile. pirin" largely changed medical prac-

Countless thousands of people who have taken "Aspirin" year in and year out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: "Aspirin" is rated among the fastest methods yet discovered for the relief of headaches and all common pains... and safe for the average person to take regularly.

"ASPIRIN"

"This England"

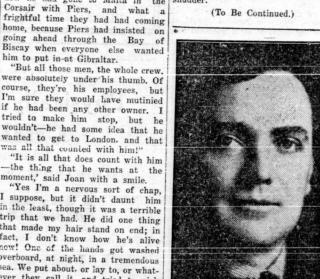
The Rev. C. H. Hulbert, minister of Highgate Central Hall, making a reatened war between Italy and Abyssinia when preaching recently, concluded by saying: "If God mar- A vegetable salad with toaste shalled the insect world in Africa, meat sandwiches is a favorite fall Mussolini would be nowhere."—Daily luncheon Spread the meat mixture

matters. He seemed surprised at her becoming a mannequin, and rather doubtful about it being quite the right thing for her. Lord Edward, she noticed, was always in doubt, never quite settled in his mind as to what he thought about anything. She had never noticed it so much before. And then it occurred to her that seeing so much of Piers Hannen had given her an erroneous idea of what people were like; very few had his

people were like; very few had his admiration for Piers Hannen during decisive habits and his tremendous this recital. He had courage, she obstinacy.

Lord Edward's pale coloured eyes colossal selfishness which nearly looked at her pleadingly now and killed the unfortunate deck-hand. And again, but she knew that he had though it had been will which had given up hope. Very soon, as she knew he would, he mentioned the it was a will which she felt would name of Piers Hannen. He told her how he had gone to Malta in the shudder.

(To Be Continued.)



MR. F. E. B. GOURLAY

tea propaganda which heretofore has with character—will improve his post.

ALSO MADE UP IN PIPE TOBACCO n undertaken separately by each of these countries, the joint effort being to increase the world con-sumption of black teas of India, Ceylon and the Netherlands East

The objects of the campaign will remain unchanged and the Bureau head office will remain at the Sun Life Building, Montreal, Mr. F. E. B. Gourlay, Canadian Commiss shown above, continuing at its head.

Mr. Gervas Huxley, one of the technical members of the International Tea Market Expansion Board, is at present in Canada to plan with Mr. Gourlay the 1936 campaign.

Issue No. 40 -- '35

Easy Menus for **Autumn Luncheons**

rametic appeal for peace in the Seasonal Recipes You'll Want To Try

on a thick slice of buttered bread, roll it up like a jelly roll, cut it

Your Handwriting Tells Your Real Character! By GEOFFREY ST. CLAIR

Now, the science of Characte

can encourage each of these men-

Can Mr. St .Clair give you a new

Enjoy a really fine hand-made cigarette by

rolling your own with GOLDEN VIRGINIA

All Rights Reserved. (Editor's Note: - Have YOU had YOUR character analysed from your handwriting? You would find it very helpful to you, and the author of this article makes an especial invitation to you, to take advantage of this have quoted, exactly wherein lies his

My remarks in some earlier art. vides the man who is weak with icles, regarding the extent to which knowledge of wherein he needs to handwriting analysis can help in strengthen his characteristics, and one lady to write and ask for more | To the extent that it can help you information on this point. This seems make the most of yourselves, and enan opportune time for me to do so. able you to strengthen your character What you are, and what you do, depend to a large extent on your fluence YOUR future. character. Other things, such as edu-my earlier articles. I have received

cation, environment, upbringing, opportunities and so on, do enter into it, but these are all relative, and can all be influenced by your character. People with sufficient strength of character can overcome all deficienction. ies in these other angles by applying slant on your own character? Pering. He makes up his mind to pro-ceed along certain lines in order to case. Enclose 10c coin for each specireach a definite peak of progress. He men, and send with 3c stamped ad-

has the strength of character to apply himself and to keep on, even though obstacles present themselves. He west, Toronto, Ont. Your letter will may, at times, become a trifle down- be replied to as quickly as is poshearted, but it is merely a temporary feeling, and he reassures himself by Commissioner in Canada for The calling on his self-confidence and by letter will be strictly confidential.

safe for the average person to take regularly.

"Aspirin" Tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company, Limited. Look for the name Bayer in the form of a cross on every tablet.

Demand and Get

finally they located him, being washed about, quite helpless—he had a broken arm, as it turned out afterwards. And then a sea hit us and put the searchlight out of action. I thought that that was the end of the poor fellow and I was feeling very sick and furious with Piers for getting us all into the scrape.

Demand and Get

Intil now this campaign has been calling on his self-confidence and by renewing his efforts.

The other man is indefinite, vacillating and weak. He has little or no will-power, cannot make up his mind what he wants to do, nor how to go about the work of getting something to turn up, like Micawber, but doesn't make the necessary effort to achieve things for himself.

Until now this campaign has been where. He procrastinates—hopes for something to turn up, like Micawber, but doesn't make the necessary effort to achieve things for himself. When things turn out badly or he those terrific seas. He got the man and we towed them both in. Thought the fellow was dead, but Piers got to work and tried artificial respiration on him for over an hour. He ation on him for over an hour. He ten months.

Until now this campaign has been carried out by The Ceylon Tea Bureau, sponsored by the Tea Growers of Ceylon. Recently a new International Board was formed in London called The International Tea Market Expansion Board, consisting of representatives of the Tea Growers of India. Ceylon and the Nether-ture? One doesn't need to be a cryers of India. Ceylon and the Nether- ture? One doesn't need to be a cryands East Indies. This joining of stal gazer or fortune teller to conforces will extend and intensify the clude that the first man-the one

Buy the Best Tea









TIGHT, tasty brea largely a matter of perfect leavening. That's why it is so important to use dependable yeast. With Royal Yeast Cakes you can be sure of full leavening power every time. Each Royal Yeast Cake is protected by a sp cial airtight wrapper. They keep in perfect condition for months.





TRY THIS ! amb chop grill is very nearly 1

r the broller flame for about and solid food. In making a creamed tres from the onions, dust to the cream sauce and thoroughly it, fill with bits of Canadian garnish. e and cracker crumbs, place a butter in the top, and sprinkle The apple without question is the

Woman's

string beans) amous food authority. This 11/2 cups carrots and 11/2 cups peas cup peas, 1 cup carrots, 1 cup potatoes

11/2 cups corn and 11/2 cups potato cups cooked macaroni, spaghet alf-inch slices of potato 11% cups cooked macaroni or st ghetti and 11/2 cups corn

Creamed Dishes All of the foods suggested for scal the onion. Meanwhile trim loped dishes may be served creamed, or if you wish to save sh the chopped meat, eggs, or whatin a frying pan. Remove ever is being used is carefully added

r to glaze.

king of fruis. Whether fresh, dried or evaporated or canned, it is a pan; arrange the polatoes, wholesome food, easily prepared, at-fed onions, and the peach tractive and palatable at all times. in each of which a clove has as pointed out by the Dominion De-lek, around the chops. Salt partment of Agriculture in the bookps and potatoes. Place the let, Canadian Grown Apples, in which lices over the potatoes and 120 different recipes for the cooking 45 minutes at 350 degrees of apples are fully explained, apples vary in flavour and texture. The one or two slices of po-be taken to use them in their proper season. When this is done, spices

The STORY OF LEREMAM
Is and one or two siles of put
Is and one or two siles of two siles

SUNDAY CHOOLESSON

THE STORY OF JEREMIAH Jeremiah 1: 6-10; 26: 8-15 GOLDEN TEXT — To whomsoever I temple.

LESSON II — October 13.

down and to destroy and to overis the only way in which we can exthrow to build and to plant."

All press truth concerning him — God most popular and widespread is un-

oked food and sauce in buttered sking dish. Cover with buttered rumbs and bake in a hot over 400 errors P. untill crumbs are nicely rowned.

Note: — ½ to ½ coup grated choose and to a pinch of mustard may be added to sauce Just before removing out the stove.

Note: — ½ to ½ coup grated choose and policy or raisins.

Apple Porcupine

Suggestelors for Scalloped Dishes crus ecoked chicken, veal, ham or any cooked fish and 1½ cups cooked meat or fish and 1½ cups cooked meat or fish and 1½ cups screen peas green peas and—cooked eggs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups meat and 1½ cups cooked gegs and 2 cups cooked potatoes (diced) celery, corn or peas cooked vegetables (caulii flower, cabbage, potatoes, corn, in order to console and the words have the words have destroyn to be they or place throw, to build and to optam. And the words and cooked gegs and a cups to boiling sugar and the words in sound. a certain amount of violence, in the words have destroyn to boiling sugar and the words and and the words and cooked and replication to the words water throw, to build and to optamine the words and cooked and replication the words and the words and state the words and the people laid hold on him, and his accusers, but between and him to speak unto all the people laid hold on him, and his accusers, but between the coups cooked fish and him to destroy must dept and the words and rep

Capt. Hubert Braod, ex-Schneider cup pilot, is seen in cockpit of tiny mystery plane he piloted in King's air races in England. Its capable of three miles a minute.

homemade concorous and lue to a girl's beauty. The one cream had better be an all-purpose variety that can be used for cleansing either before or after soap and water and which will serve as a tissue cream as well. The benefit your skin gots from this depends on the amount you leave on while you sleep. Allow a thin film to remain at least one night a week. To eliminate lines around eyes and across forehead, leave a generous layer on these spots.

The lotion ought to be a skin tonic or a good hand softener. If you decide on the former, use olive oil or the all-purpose cream on hands three what.

blood of some of the great saints of every age has been shed in times of bigoted persecution.

dress your order to Wilson Patern Service, 73 West Adelaid Street, Toronto.

HOME-MADE BEAUTY leads to hatred of other AIDS HELP BALANCE YOUR BUDGET only defective things women will try

Oatmeal or Egg Masks Are
Easily Prepared—Care of
Hair Costs But Little.

The use of travelling is to regulate, imagination by reality, and instead of thinking how things may be, to see them as they are.—Dr Johnson.

"I can afford to buy only the necessary cosmetics, one cream and a lotion," writes a frank reader who aption," writes a frank reader who appears to the state of Temptations, like misfortunes, are parently wants to be well turned out at a minimum of expense. "I can go to a beauty shop occasionally, but not regularly. What do you think I correct ourselves of a single fault. should buy and what homemade preparations do you think I ought to

substitute for the ones I can't afford Every life has its actual blanks This calls for reiteration of all the homemade concotions and their value to a girl's beauty. The one cream had hetter he an all surveys are remain bare and profitless for-

cide on the former, use olive oil or the all-purpose cream on hands three nights a week. If the latter, substitute ice water or cold, slightly diluted witch hazel for the skin tonic. Other items must include foundation, rouge powder, lipstick, and manicure placing their entire confidence in the permanence and stability of the temple.

And when the princes of Judah were with a powder others talk about the markel will be and with the princes of Judah were temple.

And when the princes of Judah were with a province of the permanence and stability of the temple.

And when the princes of Judah were with a province of the permanence and stability of the temple.

And when the princes of Judah were with a province of the permanence will be a province of the skin tonic. Frettin' never wins a fight and from it may be and manicure and manicure accessories, of course.

Don't feel sorry for yourself when a province of the permanence will be a province of the skin tonic. Frettin' never wins a fight and from it may be and manicure accessories, of course.

Don't feel sorry for yourself when a province with a province with a province of the all-purpose cream on hands three hights a week. If the all-purpose cream on hands three hights a week. If the all-purpose cream on hands three hights a week. If the all-purpose cream on hands three hand keep on keepin' on. Frettin' never wins a fight and the word with hazel for the skin tonic. Frettin' never wins a fight and were pays. There ain't no use in broodin'. In these pessimitstic days. Smile, just kind of cheerfully. Though hope is nearly gone. And bristle up and grit your teeth and weep on keepin' on.

One Pattern-Blouse, Skirt



en is also smart for this simple to sew outfit.

Style No. 3135 is designed for sizes 14, 16, 18 years, 36, 38 and 40-inches bust. Size 16 requires 3 yards of 39-inch material for the blouse with 2½ yards of 35-inch material for the skirt.

HOW TO ORDER PATTERNS.

White your ware and address. Waite your name and address plainly, giving number and size of pattern wanted. Enclose 15t in stamps or coin (coin preferred; wrap it carefully) and address the control of the control of

FU MANCHU

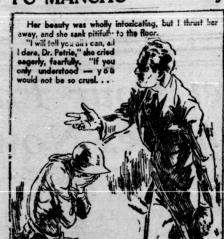








By Sax Rohmer







him to put in-at Gibraltar.

MAGIC

Edwardsburg AN ENERGY FOOD THAT HAS

MORE CANADIAN CHILDREN
THAN ANY OTHER CORN

SYRUP