For the Woman Reader

by Florence Riddick Boys

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Amateur Dramatics

Unfortunately many adults have no desire to play, but prefer to "just sit," which tends to make them stupid. If you live in a community which lacks the play instinct, try to arouse it by forming a club for amateur dramatics. Somewhere back along his primal instincts, everybody has a love for play-acting. The toddler wraps a blanket about herself and cries, "Look at me." The small boy delights to puzzle his audience with tricks he knows. The adult parades gleefully in his fraternal uniform. These activities lift us out of our dull routine and, for the moment, elevate us into our dream world where we make-believe we are the people we would like to be. Or, by playing a part, we come into understanding of other people's behavior and feel more sympathy with their eccentricities.

There are hundreds of simple plays which any moderately intelligent group can enact, and which require little stage setting or costuming. Write to a good publishing house for a list of them and make your community rollicking with the fun of the thing. Everybody loves, above all other forms of entertainment, to see a home-talent play and you are sure of a good audience when you open the school house for one.

If a worthy cause is needed to bait the sale of tickets, give the proceeds to buying milk for under-nourished children, wood for a widow or crutches for a cripple. There are plenty of good causes to furnish impetus to your show.

Avoid high-brow plays. Let the timid work behind scenes. Lead presale adults to shed their dignity and "like it." Pass the star roles around. Apportion the parts to fit the skill of the actors, but develop new talent. The best plays are those which would be effective even with street clothes and on a barren stage, if well performed. A good play, well acted, is better than an elaborate play poorly enacted.

The object of the affair is that "a good time may be had by all." Don't take the effort too seriously. Begin with a one-act play or stunt, as a curtain raiser for some regular program, and enlarge your undertaking as your experience grows. Do not bind the actors too closely to the written words. Give them some vent for their own ingenuity or wording, if it can fit into the scene. Often witty flashes, which were never entered into the original, will surprise the cast.

Necessary Foods

Many families are unable to provide the desirable foods these days, and yet it is a blessing that food is especially abundant and inexpensive this year, though that does work a hardship on the farmer. In many communities, relief agencies are trying to help very poor families or mothers who are ignorant and likely to feed their children improperly. Such families, if left to themselves, without advice, are almost sure to live chiefly on salt pork, meal, molasses or on rice and beans.

These are good foods, as far as they go, but lack some food elements which are absolutely necessary if health is to be preserved and if the children are to develop normally. Children who lack what are known as "the protective foods"—milk, oranges or tomatoes, green, leafy vegetables, such as cabbage or greens, and whole grain foods, containing the bran coat of the grain—will suffer some deficiency in glands or bone or muscle. These ills may not be discovered immediately but will cause subtle defects which may follow them through life. All parents, rich or poor, should give this matter serious thought and be sure that your child eats these protective foods, when they are offered him daily.

In these times, when the whole world is undergoing an economic change and when many of the poorest and most ignorant families are left totally without means of support, it is up to those good citizens, who are giving them guidance, to see to it that these protective foods are available for the children. To let them suffer for the lack of them for six months, and then try to make it up afterward, will not do. They must have these protective foods to-day or suffer for life. The welfare of our future citizenship depends upon these necessary foods being fed to growing children.

Cod-liver oil is the most protective food of all and may well be given to all children throughout the winter. It is also needed by the anaemic, underfed, those who are ill or just recuperating and those inclined to tuberculosis.

If you forget or neglect all the rest, remember these: milk, canned tomatoes, raw cabbage—with all sorts of other vegetables and oranges, if possible,—whole grained foods, and cod-liver oil for children and undernourished adults.

Fashions, Fads, Foibles

The merger is typical of the day, fashion as in business. There are many clever combinations of materials: wool and silk, printed with plain fabrics, dark colors with light or contrasting shades. There is the one-piece dress with black lower half and white top, navy skirt with light blue top or brown with rose beige.

Suits for spring will be as important as ever. There are three-piece suits with skirt and coat to match and dainty blouse; but a bit smarter are the suits or one-piece dress with jacket to match. Ribbed weave materials, in both silk and wool, have a sturdy, "suit"-able look.

Skirts are full and circular, with wrap-arounds popular. Necklines and sleeves attract most than their share of attention. Tiny tucks, ruffles and puffs add to their impressiveness. Scarf treatment and draperies at neck and including the front of the blouse are prominent, as are detachable pique covers, scallops, or bias strips outlining the neck line and continuing to the belt. The formal dress, with a jacket to match, makes the garment serve for less formal occasions as well. Lace dresses are still in favor for formal wear. Printed crepes are running strong again. The season's colors are copper, either tending to rose or tan; a vivid blue and an olive green. Black and white have lost none of their popularity, and navy is always good.

Details noted this spring are large buttons, self-covered or of metal; novelty belts; fagoting; tucking; detachable collars and cuffs of white linen or pique.

Apple-Sauce Cake

This cake is delicious, inexpensive, easy to make, and keeps moist for a long time, if kept in a cool place and tightly covered. To make it, cream together a half cup lard, one cup brown sugar, salt to taste and one and a half cups of thick, sweetened apple sauce. In a separate dish, mix your dry ingredients: two cups flour, two teaspoons soda, a teaspoon and a half of cinnamon and a half teaspoon of either allspice or cloves. A dash of nutmeg may be added, if desired, or other spice combination used. Sift the above dry mixture and add to it about three-fourths cup of raisins. The dry contents are then combined with the first mixture. Cherry, plum, peach or other sauce, but if it is more liquid, extra flour must be added to the batter to make it stiff enough.

Mrs. Solomon Says:

Blessed is he who enjoys ordinary life: the changes of the seasons, the last snow-fall, the carols of the wind, rain on the roof, the flitting of the bluebird, the robin's first call, pussy-willows, the greening of the trees, apple-blossoms, renovating the house, the new spring hat, the company dinner, digging in the garden, training a rose vine, and above all the daily association with the family. In our hurry-burly life do we remember to appreciate all these choicest blessings?

Lung Worm in Sheep

The winter period with its changing conditions, or cold and wet, is hard on sheep. Colds, pneumonia and pleurisy are common in sheep during the winter months. Lung Worm infestation is frequently the prime factor behind these disease conditions. A sheep with wormy lungs will lack resistance to cold, will not be properly nourished even though good feed is at hand. Such sheep develop pneumonia and pleurisy, and gradually go down to the emaciated condition known as crow bait. These Lung Worm victims have all the characteristics of unthrift, a hacking cough, laboured breathing rough wool, dirty nose, dirty hind end, diarrohea and become very thin. If taken in time, that is before they become thin, and given extra care and treatment, these Lung Worm victims can be saved. See Ontario Bulletin 237. Sheep infested with Lung Worm should be treated and freed of all other parasites. This will leave them stronger to carry on until such time as they can be sold for slaughter. Always separate the weaklings from the main flock, and give them extra care and attention.

Bug—"Where away, Snailie?"
Snail—"Going to the seashore for the summer."
Bug—"Why summers over, man."
Snail—"I know it. I'm talking about 1932."

CHEERFULNESS

It greatly conduces to the enjoyment of life to make it a rule and a habit to keep pleasant and cheerful matters on the surface for ourselves and others—and to bury and forget, as far as possible, the troublous ones.

The residue of life is short. Live as on a mountain.—Marcus Aurelius.

Five-Year-Old Mermaid

Five years old Leila Quinn, swims and dives like a dolphin. William Kohler, swimming instructor to the children of the wealthy at Palm Beach, presents the smiling young miss with a cup.

Amusing Anecdotes Of Famous People

Listening to the Metropolitan Opera broadcast of "Hansel and Gretel" on Christmas Day, recalls a story told by Schumann-Heink. One Christmas when Schuman-Heink was singing in "Hansel and Gretel" at the Metropolitan—she was the old witch—her small son Ferdinand was taken to see his mother perform.

All went well until the exciting moment when the two children push the old witch into the well was reached. Then Ferdy screamed out at the top of his voice:

"Oh, they're throwing my mother in the oven and burning her up!"

And he began to cry and, screamed, "Mother! mother!" so that everybody looked to see what was the matter.

"Mother" heard it too, and wondered what on earth would happen next. But when she came out on the other side, a few seconds later, and little Ferdy saw her alive, he screamed out again:

"Oh, there she is! There's mother! They didn't burn her up!" to the great relief of the audience and—Ferdy.

A New Year's greeting from Julian Hawthorne, 'way out in California, recalls a story he tells about his famous father, Nathaniel Hawthorne. As a small boy, Julian regarded his father as a great hero—unafraid, unflinching and unbeatable. Most small boys are built that way. But one fine day when father and son were walking together in Scotland, a goat—being no respecter of persons—made for the author of "The Scarlet Letter," who promptly disappeared over a garden wall. When danger had passed he hopped back into the street to find an astonished boy awaiting him.

"Julian," began the father, "a wise man shows his wisdom by knowing when to run away."

"But, 'The boy stood on the burning deck?'" objected Julian.

"Casablanca was a good boy," said the father, "but if Mrs. Hemans had been at the Battle of the Nile, I think she would have reminded him that He who fights and runs away may live to fight another day."

"So I was left to think it out for myself," adds Julian.

J. W. Cross, who married "George Eliot," (Mary Ann Evans), the novelist, spent several years of his life as a banker in Wall Street, and then returned to his native country. Soon after, he was invited by a friend for some grouse shooting, and Cross, whose shooting had got rather rusty during his stay in New York, deemed it advisable to get some coaching from his friend's head gamekeeper.

After a few days the host remarked to the keeper:

"How's Mr. Cross getting on, Joe?"

"Well, sir," replied Joe, "he's missing them better than he did!"

Some years later, Cross told this story to King Edward, whose services Joe had entered, and the King remarked laughingly:

"I shall never get rid of Joe, that's one of the most tactful things that has ever been said."

That oft-heard—these days — expression "watered stock" was added to the financial world's vocabulary as the result of a trick played by Daniel Drew on Henry Astor—two noted Wall St. figures of bygone days—some sixty odd years ago. Both Drew and Astor dealt in cattle. Drew had some he wanted to sell to Astor, but they were long and lean and Astor only bought fat cattle. So when all the cattle boys came asleep, Drew went out to the drove in the pasture and emptied sacks of salt on the ground. By morning the cattle were choked for water.

In the meantime word was sent to Astor that Drew was on his way with some prime cattle and to meet him at noon. Not a drop of water did the cattle get till they reached a spot shortly before Astor arrived. Then they were let loose. The salt had done its work, and they sucked up water like sponges—relates Robert Irving Warsaw in his Life of Jay Gould.

By the time Astor came out to look them over, a plump lot of cattle were there to meet him. Astor tried to hide his enthusiasm, but Drew got three cents a pound for cattle that weighed up exceedingly well. And from that drover's trick Wall Street took over one of its best known terms.

The Browning cult was—still is, judging by the popularity of "The Barretts of Wimpole Street—an extraordinary loyal body of worshippers. One of the blindest and most fatuous of cult (chuckles Coulson Kernahan in "Celebrities"), was attending a meeting of the Browning Society. He arrived late, and when he took his seat some one was giving a reading in Chinese, which the newcomer interrupted by applause, and by exclaiming audibly "Exquisite!" "Incomparable!" and the like.

"May I ask you, sir," said the reader, "not to interrupt?"

"I am sorry," was the reply, "but at a meeting of the Browning Society a member should surely be permitted to express his admiration of the master's work."

"The meeting of the Browning Society," was the answer, "is, I believe, now being held next door. This is a meeting of those interested in the propagation of the Gospel in China."

Another story goes that a rushful person who posed—and only posed—as a Browning student remarked in the hearing of a dyed-in-the-wool Browningite that only dense folk brought against Browning the charge of obscurity and that he had never read a line of the master's that he found any difficulty in understanding.

His host took down a volume of Browning from a shelf, turned to a piece, and, beginning with the last line, read it, line for line, backward, to the beginning. When he had ended, he inquired:

"Is the meaning of that quite plain to you?"

"Quite plain," was the reply. "From the beginning to the stately end, like the unchecked march to its destination of an irresistible army, I never had a doubt about what the master had in his mind when he thus wrote."

Song

The winds, as at their hour of birth,
Leaning upon the ridged sea,
Breathed low around the rolling earth
With mellow preludes, "We are free."

The streams, through many a lilied row
Down-carolling to the crisped sea,
Low-tinkled with a bell-like flow
Atween the blossoms, "We are free."

—Alfred Tennyson. "Poems."

Standing Room Only

There was an ominous cracking, and a great hole appeared in the ice. In the centre a man's head arose.

A park-keeper was soon on the spot and crawling cautiously along a ladder he inched the edge of the ice.

"Come closer!" he shouted, "and I'll help you out!"

"Not much," said the victim. "I can't swim!"

"Can't swim?" sneered the rescuer; "why, it's only up to your armpits!"

"Oh, no it isn't," was the retort. "It's above your feet deep out here. I'm standing on the chap who broke the ice!"

Explained

A man was driving his baby carriage along a country road when a huge racing car roared by like a whirlwind and rocketed out of sight in a cloud of dust.

Two hours later the racing driver, who had stopped for lunch a few miles down the road, was surprised to see the baby car just arriving. He hailed the driver.

"I passed you a mile or so back, didn't I? You've been a deuce of a time getting here."

"Well," said the traveller, sheepishly, "you passed me so quickly that I thought I'd stopped and I got out to see what was the matter. I've had the engine to pieces twice."

A Jew and an Aberdonian decided to go into partnership, and bought a bus. The next morning both turned up as conductors.

More Olympic Hopefuls

This stellar trio from Chicago will display many graceful curves and swan dives to the Olympics this summer.

Sunday School Lesson

February 21. Lesson VIII—Jesus the Good Shepherd—John 10: 1-16. Golden Text—The Lord is my shepherd; I shall not want—Psalm 23: 1.

ANALYSIS.

I. FALSE SHEPHERDS AND TRUE, John 10: 1-6.

II. "I AM THE DOOR," John 10: 7-10.

III. "I AM THE GOOD SHEPHERD," John 11: 11-18.

INTRODUCTION—John 10: 19-29 should follow 9: 41. The anniversary services commemorating the dedication of the Temple (10: 22) would remind all patriotic Jews of the Maccabean heroes who had purchased so dearly the temporary freedom of their country. During the years of bondage which followed, many false Messiahs won the confidence of the people, incited them to revolt, and left them only in greater disaster and servitude.

The religious leaders were little better. They used their holy offices for their own ends. They were "thieves and robbers" in contrast with the shepherd who loves his sheep.

I. FALSE SHEPHERDS AND TRUE, John 10: 1-6.

Perhaps no other picture brings some more appealingly to the hearts of men the love of Jesus than this allegory. In the name "good shepherd," "good" means kindness, beauty, genuineness, all in one.

Jesus never forget his Galilean boyhood and the stories he often heard the shepherds tell how sometimes they had to protect their flocks from prowling beasts of prey. He knew also that Israel's leaders in times past were sometimes called "shepherds" (Num. 27: 17; Jer. 23: 1. Wounded to the heart at the cruel way in which the "shepherds" of Israel had treated the man whom he had healed, he could not but think of them as false shepherds.

They had not come to their position of leadership and power by the Good Shepherd's way—the door of love, not "by some other way," v. 1. The true shepherd, coming to the fold in the morning, is admitted by the "porter" (v. 3), the night watchman. Several flocks have been in the same fold for the night. The shepherd gives a peculiar whistle or call, and his sheep follow him out to pasture. Eastern shepherds go before their flocks. They give them pet names as we do horses and dogs. His sheep also know their own master. A Scottish traveler once changed garments with a shepherd in Lincolnshire and, disguised, tried to call the sheep to him. They did not move. But when the shepherd, dressed like a Scottish traveler, gave his call, they came to him at once.

II. "I AM THE DOOR," John 10: 7-10.

Said Jesus to the man whom the Pharisees had debarred from the religious community, "I am the way of entrance—not they." No ecclesiastical court on earth has the power to shut out from the kingdom of God. "All that ever came before him (v. 8) were the false leaders, political and religious, who had been deceiving the people.

The true pastor of God's flock is the means of "any man" who enters in upon his work through him. He shall have security (read "salvation" instead of "saved"); he will have freedom to exercise his bit of service (fellows (go in and out), and will be able to provide spiritual nourishment for his flock (find pasture).

The thief (v. 10), those faithless and religious leaders—"only his own advantage. He blinds the way along, but those who are in touch with God are not deceived. Christ, men's true leader, is a harder, more like a richer, bigger life for every man, makes the man himself a bigger man, more vital, v. 10.

III. "I AM THE GOOD SHEPHERD," 11: 11-18.

The abundant life that Christ offers is possible only through the sacrifice of his own. Hence the similes of v. 11. The false teachers are no "thieves and robbers," but timid souls who run away when faced by danger, for they have no real interest in the flock.

From the mountain top of his vision the inspired writer sees beyond the confines of the Jewish fold to the Gentiles. They are lost and straying, but some day Christ will bring them in too. Such was David Livingstone's vision. Engraved on the wall in Westminster Abbey which is his grave are these words: "And other sheep I have which are not of this fold."

One fold, and one shepherd, is not is better translated "one flock." The Christian Church is not a walled fold but a flock whose unity consists in each member of it hearing and obeying the voice of the Good Shepherd. This spiritual unity must eventually show its existence by a visible outward union. Religious leaders the world over are today recognizing this. Hence the movements everywhere toward church union, that the world may know.

Fishy

The newly-married couple were eating turkey for the first time.

"I don't know how it is," remarked the husband, "this bird's got me all over it. Just listen to the bones on them."

"Oh, how silly of you, dear. Those aren't bones. Those are shells."

"Shells?"

"Yes. Don't you remember you liked turkey with oyster stuffing?"

Knowledge that cannot be translated into power is mere intellectual rubbish.—Dr. E. Paxton Hood.

There's a wealth of rich flavor in a small quantity of this tea.

RED ROSE TEA "is good tea"

2 CHOICE QUALITIES—Red Label & Orange Pekoe

How to play Bridge

AUCTION and CONTRACT

by Wynne Ferguson

Author of "PRACTICAL AUCTION BRIDGE"

ARTICLE No. 9

The normal hand at Auction and Contract is one that contains a suit of not more than five cards in length. Such hands occur about four-fifths of the time and are called normal hands because they are the usual hands, the ones that occur four times as often as all other types. Hands that contain suits of more than five cards in length are the unusual hands, the ones that occur only one-fifth of the time. Hands that contain a suit of six cards are not particularly unusual but those that contain a suit of seven or more cards are the real freaks. Such hands occur very seldom but their proper bidding is both interesting and difficult. The following problem hands are "freaks" but interesting, because all contain some unusual features.

Hand No. 1

Hearts—K, Q, J, 7, 6
Clubs—None
Diamonds—A, J, 10, 9, 7, 4, 2
Spades—none

No score, first game. Z dealt and bid one club. What should A now bid on the foregoing hand?

AUCTION BIDDING:

A should bid one diamond. If overbid, he should continue bidding diamonds and not show the heart suit at all. There is no advantage in a shut-out bid of five diamonds. Z has also a five-card suit and if Y has a spade bid, he is more apt to bid five spades over a five-diamond bid than if B bids one diamond and then bids spades on the hand gradually. It is not advisable to show the heart suit because his partner is more apt to assist hearts than diamonds and A's heart suit is not strong enough to trump clubs and spades. One diamond, therefore, is A's proper bid.

CONTRACT BIDDING:

A should bid two diamonds, a forcing bid over the dealer's club bid. His partner is thus forced to bid and, unless he bids hearts, A's next bid should show diamonds. If the partner bids hearts or assists diamonds, A should bid a little slam in hearts or diamonds accordingly.

Hand No. 2

Y
A B
Z

Hearts—A, Q, J, 9, 7, 4
Clubs—A, Q, J, 10, 7, 6, 2
Diamonds—none
Spades—none

No score, rubber game. What should Z, as dealer, bid with the foregoing hand?

AUCTION BIDDING:

Z should bid one heart and, if overbid, should show the club suit. This hand is different from the preceding one in that the heart suit is longer and stronger and the club suit is not so strong as the minor suit in hand No. 2. If is a hand, therefore, in which both suits should be shown if possible and for that reason does not justify a shutout bid of either hearts or clubs.

CONTRACT BIDDING:

Z should bid two clubs and on the next bid show the heart suit. The "two-bid" at Contract is a forcing bid, so Z is sure of another chance to bid. The hand is sure small slam if partner can assist either clubs or hearts, and this seems the best way to find out. If partner fails to assist either suit, Z should bid five clubs.

Hand No. 3

Hearts—none
Clubs—none
Diamonds—A, K, Q, J, 8, 7, 6, 5, 4, 3, 2
Spades—A, K, Q, 9, 7

No score and A B a game in. Z dealt and passed. A bid one club and Y bid one heart. What should B bid with the foregoing hand?

AUCTION BIDDING:

B should bid two diamonds. In this hand, also, B has nothing to gain by a shut-out bid. Both of the other suits have been shown and the purpose of a shut-out bid is to shut out information. So, if the information has already been given, what would B accomplish by a shut-out bid? Such bid would only inform the opponents that B had a game hand in diamonds and incite them to overbid to save game. Bid such a hand by stages and the results will be much more satisfactory.

CONTRACT BIDDING:

B should bid three diamonds, which is a forcing bid and requires A to keep the bidding open. If by any chance A should bid spades, B should bid for a grand slam. With any other bid by A, B should bid a small slam in diamonds. If A assists the diamonds, B should bid a grand slam in diamonds.

Hand No. 4

Y
A B
Z

Hearts—
Clubs—none
Diamonds—A, K, J, 10, 7, 4, 3, 2
Spades—A, 7, 6, 3

No score, rubber game. What should Z, as dealer, bid with the foregoing hand?

AUCTION BIDDING:

Z should bid five diamonds. This is a perfect example of the shut-out bid. The purpose of such a bid is to shut out opponents from showing the heart suit. If Z's partner should hold the spade suit, nothing will be lost by Z's shut-out bid for the spades will score as side tricks.

CONTRACT BIDDING:

Z should bid two diamonds. This bid is a forcing bid and requires a bid by Y. If the latter bids two no trump, the minimum response, Z should bid five diamonds. If Y bids two spades, Z should bid a small slam in spades. If Y assists diamonds, Z should bid a small slam in diamonds.

Aids to Travel in Canada's Far North

Aids to travel by land, sea, or air have been developed by the Dominion Government in establishing meteorological and wireless stations. Thirteen wireless stations, four of which are Direction Finding Stations, are maintained through Arctic Canada. These are located at the following points: Resolution Island, Cape Hopes Advance, Nottingham Island, Port Churchill, Chesterfield, Coppermine, Baker Lake, Hunter Bay, Herschel, Aklavik, Norman, Simpson, Resolution, and Fort Smith. The Dept. of the Interior co-operates in providing these aids to transportation and communication by the maintenance of the stations at Fort Smith, Resolution, Norman, Simpson, Aklavik, Herschel, Coppermine, and Chesterfield, in the Northwest Territories; Dawson and Mayo in Yukon Territory; and at Edmonton, Alberta.

Living Together

Learning the art of living together is the problem of the century in which we live. Class must live with class, race with race, and nation with nation. The developments of the century which has passed have brought people closer together. Lines of transportation and communication have been weaving a web about the world, so that people are closer together than ever before. No. we must learn to live together.

COMFORT for COLICKY BABIES

... THROUGH CASTORIA'S GENTLE REGULATION

The best way to prevent colic, doctors say, is to avoid gas in stomach and bowels by keeping the entire intestinal tract open, free from gases. But remember this: a tiny baby's tender little organs cannot stand harsh treatment. They must be gently urged. This is just the way Castoria can help most. Castoria, you know, is made specially for babies and children. It is a pure vegetable preparation, perfectly safe, no narcotics. For years it has helped mothers through trying times with colicky babies and children suffering with digestive upsets, colds and fever. Keep genuine Castoria on hand, with the name:

Chas. H. Fletcher

CASTORIA

MOTHERS OFTEN CRY FOR IT

Owl Laffs

Business

Business is business, but men are men,
Working and loving and dreaming;
Toiling with hammer, or brush, or pen,
Roisterting, planning and scheming

Business is business, but he's a fool
Whose business has grown to smother
His faith in men and the golden rule,
His love for a friend and brother.

Business is business, but life is life.
Though we're all in the game to win it.
Lets rest sometimes from the heat and strife
And try to be friends a minute.

Let's seek to be comrades now and then
And slip from our golden tether;
Business is business but men are men,
And we're all good pals together.

Co-operation

The fastest horse in the world never wins a race without a jockey to guide him. The world's ring champion wins his belt by respectin' the rules of his trainer. Every successful football team submits to the greater knowledge and experience of its coach. An candidate for president considers it wise to have a campaign manager. An army in action at the front must have a commander-in-chief. Yet quite frequently we see a worker who dislikes to co-operate with his boss

Professor—"I am about to perform a very interesting chemical experiment. Should I do anything wrong, the whole class, including myself, might be blown through the roof. Kindly step nearer, so that you can follow me better."

An angler asked a fellow sportsman if he could tell him of a really good fishing ground.

"Yes," he replied, pointing to a path marked "Private." "Go along there until you come to a field marked 'No Road.' Cross it, and on the other side you will find a fence where there is a board which says 'Trespassers Will Be Prosecuted.' In the middle of that you will find a pond marked 'No Fishing Allowed.' That's the spot."

Son (just graduated from College)—"Dad, I want you to give me some advice on running a newspaper."

Experienced Editor—"You've come to the wrong person, my boy. Ask any of my subscribers."

This is O.K. With Us

This "papa" has a sissy sound,
'Course, "father" ain't so bad;
But there is something that's pal-like
About the use of DAD.

A girl's ambition was to be the kind of a person that people looked up to. Now she wants to be the kind they look around at. An apple a day keeps the doctor away—unless you get the seeds in your appendix. If some people tired up to their ideals they would be stooping. Sailors have a girl in every port but the modern lass seems to have a boy friend in every sport. There is no objection to love at first sight, providing the victims remain single. It's a safe bet that a girl who takes a flier in marriage is likely to make a forced landing. Be master over yourself. Do not say all you know. Do not believe all you hear. Do not do all you can. Calm and quiet are the signs of strength; hurry and haste betokes weakness. It is too much to expect that a man will register enthusiasm after having had experience with a dull thud. There are two sides to every question—the wrong side and your side. A man will in the end get more tired of his favorite vacation stunts and much sooner than he will his regular work.

Uncle—"And what's your ambition, Bobby?"

Bobby—"I ain't got any. I just want to be a vice-president."

New Facts on Goethe's Ancestry

Sangerhausen, Germany.—The coming of the "Goethe year" of 1932, which brings on March 22 the 100th anniversary of the German poet's death, has given new impetus to research concerning his life and family history.

Up to a few years ago the oldest known ancestor of Goethe's was his great-grandfather, the blacksmith Hans Christian Goethe, who lived in Artern, in the Province of Saxony Then the great-great-grandfather was discovered in the person of Hans Goethe, of Sangerhausen, in the Harz, but he could be traced back only to 1671. Friedrich Schmidt, author of a history of Sangerhausen, has now succeeded in establishing that Hans Goethe was born in Berka, near Sondershausen, also in the Harz, and that he was registered as a citizen of Sangerhausen in 1657.

SORROW

Do you know what Luther said? "Suffer and be still and tell no man thy sorrow; trust in God—His help will not fail thee." This is what Scripture calls keeping silence before God. To talk much of one's sorrows makes one weak, but to tell one's sorrows to Him who heareth in secret makes one strong and calm. —Tholuck.

Wood Fire

There is a sound outside the door
Of firewood dropped to the floor,
Of heavy wood and heavy feet,
And on the window driving sleet;
Inside we fumble for a match,
"Surely this one will make it catch!
It ought to catch! Yes, now it will!"
And, breathlessly, the house is still—
Then all the brasses in the room
Come out like fireflies from the gloom.

The big logs settle into place,
And vivid shreds of golden lace
Hang trembling on the blackened brick;
The eager flame, springing to lick
The shadows from the dusky wall,
Consumes them, too, and embers fall
And smolder in a molten heap—
Another log will make them leap
Into new strength and throw once more
A magic carpet on the floor.

—Edna H. Howe, in the Christian Science Monitor.

What New York Is Wearing

BY ANNEBELLE WORTHINGTON

Illustrated Dressmaking Lesson Furnished With Every Pattern

3272

Here's a cl... frock favoring the smart idea of contrast so popular with the grown-ups this reason. It can be long or short sleeves, just as you please.

A wrap-over side-closing effect makes it so individual.

Two shades of wool crepe is an excellent scheme for its development. Its inspirator combined a light navy blue with pale blue, so thoroughly French. The darling dress too for "dress-up" occasions fashioned of brown velvet with pastel-red crepe silk contrast.

Style No. 3272 may be had in sizes 6, 8, 10, 12 and 14 years. Size 8 requires 1¾ yards of 39-inch material with 1 yard of 35-inch contrasting.

Another cute idea is green tweed mixture with yellow plain woolen.

It may be made of one material, if desired.

HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred; wrap it carefully) for each number, and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto

Rheumatism So Bad He Had to Quit Work

Albert Berger Not Bothered Since Relieved by Dr. Williams' Pink Pills.

Working Every Day Now.

"I was terribly bothered with a weak back and rheumatism in my shoulders," writes Albert Berger, Wingle, Ont. "It got so bad I had to stop working and stay in the house. I was two weeks in bed, when a friend advised me to try Dr. Williams' Pink Pills. I gave the Pills a fair trial, and they relieved me right away. My back is good and strong now, and I am working every day. I have never been bothered with rheumatism since. I recommend them for anyone suffering from Rheumatism, Lame Back, Sciatica." Rheumatism and kindred ailments thin the blood very rapidly. Dr. Williams' Pink Pills enrich the blood stream and create new red blood cells, which is the reason they are so successful in combating such ailments. Equally good for all run-down or nervously exhausted people. Try them. At your druggist's. 50c. 273

LEG AILMENTS

If you suffer from varicose veins, varicose ulcers, swollen legs, tender feet and other similar disorders, write for full information about ELASTO, the famous treatment which has brought relief to thousands of men and women—Free sample sent post free on request.

The New Era Treatment Co. Limited, Dept. 152L, 455 Craig St. W., Montreal.

Everywhere!

BRIER ALWAYS SATISFIES

The Tobacco with a heart

On Thames Shore

(Lines for the opening of the New Theatre of the Royal Academy of Dramatic Art).

By John Masefield.

All things longed for in youth,
Beautiful things of truth,
Are found before we die,
If we but try.

This building that we see
So fair, once seemed to be
Beyond all hoping for
Here, on Thames shore.

How many millions tried,
How many millions died,
To bring this change of heart
To England's art?

O happy you who are young,
Speaking the English tongue,
Whose art shall light and aid
England remade.

England our holy land
Made beautiful, made grand,
O you young souls, what joy
For girl and boy.

May this new home of yours
Give England what endures,
Beauty, wisdom and truth,
Forever youth.

O strivers here beginning,
What glory for your winning
The England none now knows,
Who wore the rose.

"My parents left metwo very good legacies. One wasa good constitution, the other was the necessity to work."—Sir Alfred Yarrow.

COULDN'T COMB HAIR

Crippled by Rheumatism

"I had been suffering with rheumatism for about 2 years, and about this time last year was laid up for 10 weeks. My hands and arms and knees were the worst affected. I could not get about at all. I could not wash my face or comb my hair. All this had to be done for me. At the beginning of this year I started taking Kruschen Salts every morning and I am pleased to say I am quite well now and able to see to my home and can go out in all kinds of weather without it affecting me."—Mrs. F. E.

Rheumatism is associated with an excess of Uric Acid in the system. Two of the ingredients of Kruschen Salts have the power of dissolving uric acid so as to render it capable of being easily washed out of the system. Other ingredients of Kruschen assist Nature to flush out this dissolved uric acid through the bowels and the kidneys. Other ingredients still, prevent food fermentation taking place in the intestines, and thereby check the formation not only of uric acid but of other impurities which poison the blood and pave the way to ill-health.

Teething

"Baby's Own Tablets take away that teething fever," writes Mrs. Alfred Bungay, North Sydney, N.S. Effective also in relieving colds, fever, colic, upset stomach, constipation. Children like them. Absolutely SAFE—no opiate. Guaranteed analytical certificate in each 25c package. 231

BABY'S OWN TABLETS

Avoid Grippy Colds

Take Vitamin-rich

SCOTT'S EMULSION

of Norwegian Cod Liver Oil

To Build Resistance

Easy to Digest

Keen-a-mint

Chewing Gum LAXATIVE

For Adults and Children

No "Taste Not Like Medicine"

For Constipation Non habit forming Safe Scientific

Bad Constipation And Sick Headaches Ended By Vegetable Pills

Formerly a week from Constipation, Sick Headaches and Indigestion, Mr. V. H. writes: "It was a red-letter day for me when a friend recommended Carter's Little Liver Pills. Results have been marvellous."

Because they are PURELY VEGETABLE, a gentle, effective tonic to both liver and bowels, Dr. Carter's Little Liver Pills are without equal for correcting Acidity, Biliousness, Poor Complexion and Indigestion. 25c. & 75c. red pkgs. Ask for Carter's by NAME.

For Quick Relief from COUGHS & COLDS

TAKE BUCKLEY'S MIXTURE

The very first sip of this potent, pungent, penetrative mixture gets results.

ACTS LIKE A FLASH—A SINGLE SIP PROVES IT! M-12

PHILLIPS MILK OF MAGNESIA

For Troubles due to Acid INDIGESTION STOMACH HEARTBURN HEADACHE GASES-NAUSEA

SOUR STOMACH

JUST a tasteless dose of Phillips' Milk of Magnesia in water. That is an alkali, effective yet harmless. It has been the standard antacid for 50 years. One spoonful will neutralize at once many times its volume in acid. It's the right way, the quick, pleasant and efficient way to kill all the excess acid. The stomach becomes sweet, the pain departs. You are happy again in five minutes.

Don't depend on crude methods. Employ the best way yet evolved in the years of searching. That is Phillips' Milk of Magnesia. Be sure you get the genuine.

The ideal dentifrice for clean teeth and healthy gums is Phillips' Dental Magnesia, a superior toothpaste that safeguards against acid-mouth. (Made in Canada.)

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