Voice of the Press

Canada, The Empire and The World at Large

A list has been published of 31 moving pictures to which exception has been taken by those who are crusading against unclean films in the United States. It is interesting to note that ten of the thirty-one were not submitted in Ontario at all, that the board of censors completely rejected seven of the remainder and that the other 14 were, without exception, altered by the Ontario board—in some cases new scenes in substitution for objectionable ones were furnished by the producers. But not one of the 31 pictures got through "as was." — Toronto Star.

CROWS HATCH CHICKS

We have heard of hens hatching ducklings and wondering what it is about, and of cats mothering foxes and young coons but J. F. Goertzen, a visitor in the city from Stettler, Alta., rather startled us the other day when he said he had had better luck in getting crows to do the hatching of his chickens than he got from the old Biddies themselves. He and some of his neighbors conceived the idea of making the much despised crow do something useful for a living. So they found some crows' nests put three or four hens eggs in each and in due course appeared the baby chicks.

It was necessary to remove the chicks from the nests early, however as their instinct did not teach them to take food the way the mother crows brought it to the nests. However, Mr. Goertzen said this presented no difficulty, and he says he is quite satisfied with his crow incubators. —Lethbridge Herald.

ENGLAND'S "SAMSON"

Johnny Mann is the boy "Samson" Wokingham. He is aged fourteen years, and can lift 130 pounds with his teeth, hold two ponies pulling in opposite directions or lift a pony from the ground. Johnny, a tall and fright-faced lad is anxious to become a professional strong man. He has already received an offer of 1.20 per week to perform in a circus," his father, Mr. Ernest Mann, said, "but the education authorities require him to stay in school until the end of the term at Easter, and he has not been able to accept the offer."

Johnny Mann has been lifting weights since he was five years old. He and his four younger brothers have been trained since early childhood by their father who won the Yorkshire wrestling championship in 1918. All the children have won prizes in baby competitions. Their mother, a tall, strong-built woman has also achieved some reputation as a weight lifter. —Border Cities Star.

A COMPLIMENT

A newspaper that is doing excellent work in Canadian travel promotion is the Ottawa Journal, which publishes weekly an illustrated section setting forth Canada's tourist attractions.

The Journal is to be complimented on this good work, and it is setting an example worthy of the attention of Canadian newspapers from coast to coast. —Halifax Herald.

HAVE WE LEARNED HOW TO PLAY?

John Bull certainly knows how to revel in his playtime.

When the great and historic derby was run, the English press devoted pages to all angles of the race.

Derbys long past were re-examined. The scene at Epsom on the Sunday before the race was described by special writers. The horses were written up" as though they possessed personality. Jockeys were described.

This was not because the people of Great Britain are so deeply concerned with horse-racing or with the result of the Derby.

It was because the Derby was a national play festival, a symbol of the Englishman's appreciation of the value of playtime he takes off from business with an air of almost indifference.

That is what makes him sanely balanced and his country an abode of level-headedness. — Vancouver Sun

SHE'LL BE ALL SCOTTISH

The new Cunarder now building on the Clyde will not have a mere bathing pool like other big liners, but a real bathing beach. Bathers will walk down into the beautiful green water on a stretch of sand, just as they would do at the seaside. Then they can lie on the sands and enjoy artificial sunlight. In every way the environment will be realistic.

Down on the south coast of England, near the mouth of the Thames, is a seaside resort called Margate. It is a place where London 'trippers' go by the thousands to spend an odd day, or their annual two weeks with pay. It is strictly the playground of the democracy, but Margate is very proud of itself, but Marwas just like Margate's impudence to offer to supply the sand for the Cunarder's Lido.

The Clydeside folks immediately waxed indignant. They would have none of English sand. It had tae be sand fra the banks o' the Clyde or naething. —St. Thomas-Times Journal.

IN THE GARDEN

There is nothing like working the soil for the health of both body and mind. Philosophers are agreed upon the necessity of man "cultivating his garden" and this may be taken in a literal as well as figurative sense. Then there is the direct practical value to be obtained from growing the vegetables and garden produce. —Hamilton Spectator.

CARE AND VIGILANCE

Pedestrians must accept their fair share of responsibility for their own safety, and while motorists operating lethal agencies, must exercise special precaution, particularly at intersections and other portions of thoroughfares where they are likely to come to close quarters with people on foot, they cannot be expected to do all the dodging, especially when pedestrians engage in the practise of "jay walking." — Victoria Daily Times

OLD DIME NOVELS IN DEMAND

The old Dime Novels are beginning to bring big prices. Not all of them, of course. But First Editions of some of these books are in high demand and sell at from $1.50 to $5 each. "The Shawnee Witch," from Mcnroe's Library, and "The Swamp Riders," or "The Blackamith of Camden," from Beadlie's Dime series, are listed at $5 each. These books would to-day be published at $2 or more and are not less artistic or distinguished for literary quality, than many best sellers. —Hamilton Herald.

AND WHAT A LAUGH THEY GET

A Johns Hopkins authority claims that sun-bathers get the benefit only from the rays that touch their hands and faces. This proves, as some have thought all along, that persons who go in for sun-burned backs do so for the amusement of their friends.—Kingston Whig-Standard.

ROCKING THE BOAT

Once more when one reads of drownings by capsizing of canoes, by the going to pieces of rotten boats, by the "rocking the boat" idiocy or getting caught in a squall with his sheet made fast and all that sort of thing, one is reminded of the remark of an old sea captain who, when asked if a boat was safe, replied: "No boat is safe, madam, unless it is in charge of a safe man."—North Hastings Review.

SCOTS BUY OUR BACON

In spite of a striking decrease in the total imports of bacon into Scotland in the first quarter of the year, shipments from Canada reveal a large increase over the corresponding period of 1933. Purchases from Denmark and the Netherlands were reduced in each case by about 50 per cent. as compared with the first quarter of 1933. On the other hand, shipments from the Dominion increased almost 300 per cent.—Brandon Sun.

The Empire

ROMEO AND JULIET

It was the curious experience of the late Count de Caserta (who later headed the Carlist troops in fought against Garibaldi in 1860 and Spain) to see his son marry the daughter of Alfonso XII., against whom he had fought for Don Carlos. It is not the only instance of the Romeo and Juliet motif in history. It is well known that the Wellington and Napoleon families were united in marriage through the union of the Marquess of Wellesley with the sister of Elizabth Patterson (Jerome Bonaparte's first wife). Scarcely less unexpected is the fact that Napoleon's cook was afterwards in the service of Wellington.—London Observer.

BRITAIN AND THE JEWS

Foreign visitors to this country are often surprised by the high place taken in national life by the Jews, and by the respect universally accorded to the Jewish race. For centuries this has been typical of the English. The age-old European practice of the "pogrom" has never been a national pastime, nor a relief for over strained nerves. In times of crisis Englishmen have never sought for an easy scapegoat and turned to Jew-baiting. The result has been that the Jews in England are loyal, worthy, and happy citizens....It has been said that every country gets the Jews it deserves. Britain and the Jews have always deserved well of each other.—London Evening News.

PUTTING P. E. P. INTO THINGS

One need not be a convert to "planning" for its own sake to share the fear expressed in the latest broadsheet of "P.E.P." (the Political and Economic Planning group) that we may be making "a new national institution out of ablebodied unemployment," and "creating a new class for whom liberty of movement and the liberty to choose work are bound to be encroached upon." We must not be complacent about the efficiency with which we relieve and dragoon the unemployed unless we can be satisfied that we have done everything that is humanly possible to reduce their numbers. The "P.E.P." group urges with force that what we need now is an "employment police" which should aim at diverting a great part of the existing able-bodied unemployment into channels where it can not only do less harm but can be positively beneficial—that is, into extended education (as through the raising of the leaving age and the institution of continuation schools) and earlier retirement.—Manchester Guardian.

BUSIEST SPORTSWOMAN

Mrs. Muriel Cornell, of Mitcham, London, Eng., claims she is the busiest sportswoman in the world. She looks after her home, husband and baby girl first. She is honorary secretary of the Women's World Games which are to be held in London in August. She looks after all the correspondence of athletes from the thirty competing countries. They are seeking information in almost as many languages. She will also compete in the British Empire and World games. Between times she will probably knit a few sweaters.

BRITISH SHIPPING

Before the War most foreign countries were content to allow their trade to travel in British ships. During and since the War almost every nation has aspired to build a mercantile marine of its own, and in that process used methods which amount to unfair competition. It would take a volume to contain the different means by which various countries encourage their shipping and discourage ours—as for example, direct assistance in shipbuilding, indirect assistance by abatement of customs, special railway rates, and so forth; restrictions on the coasting trade, especially severe round the United States; vexatious consular and other dues; all manner of preferences and penalties on passengers, and Government contracts. These things amount to a sort of universal war against British shipping.—London Morning Post.

WAR IS PREVENTIBLE

They are distilling death in the laboratories of all "civilized" countries, and our own country is not behindhand. Today we are told that no expert can now produce a gas mask which is proof against certain kinds of attack. One group of chemists invents a new means of dealing death. An antidote is found; then, out of the devil's broth of research comes a new compound which renders the defensive device futile. But such a disaster as modern war need not occur. It is not written in the stars. It can be prevented. It will be prevented if Governments seek peace with one-half the persistence, the energy, the skill they now devote to preparing for war. If the Governments will not move, the peoples they rule must compel them. —London Daily Herald.

CHOCOLATE ICE CREAM

Melt chocolate in double boiler. Add sweetened condensed milk and stir over boiling water for five minutes until mixture thickens. Gradually add water and thin cream or evaporated milk. Blend thoroughly. Cool and freeze in two-quart freezer. Remove dasher. Pack in ice and salt for one hour or more after freezing. Makes 1¼ quarts. 2 squares unsweetened chocolate, 1 1-3 cups sweetened condensed milk, 1 cup cold water, 2 cups thin cream or evaporated milk.

FEEDING TIME

During a traffic block in London a baby car drew up immediately behind a stately saloon. As the holdup was somewhat prolonged the driver of the baby car started an irritating "toot-toot" from the bulb horn.

At first the driver in front took no notice, but when the noise did not subside he turned and observed, sympathetically: "Is Mummy's darling wearying for her bottle?"

Britain Will Build New Type Warship

London—Great Britain's new battle ships to be laid down in 1937 will be radically different from all fighting ships now afloat, according to Hector C. Bywater, writing in The Daily Telegraph.

They will have guns of a new type, firing nearly twice as fast as the 15-inch guns now in service, and they will be armored and otherwise protected on an entirely novel plan. It is said they will be capable of defying any form of air attack.

Except for unimportant areas, the upper and shelter decks of the whole structure will be virtually bomb-proof, it is asserted. The positive anti-aircraft defense is to include at least eight, and probably twelve, quick-firing guns, besides numerous multiple machine guns of heavy calibre.

More than a dozen tentative designs have been drawn up embodying new features. The ships are to range from 22,000 to 35,000 tons, the size to be determined by the naval treaty of 1935. While the Admiralty desires to standardize the future battleship at 22,000 tons, Britain is prepared to follow if the other powers want 35,000-ton ships. As Italy is about to lay down two 35,000-tonners and France has two 26,500-ton vessels already in hand, it is likely that the new British battleships will be about the size of the Rodney, 33,900 tons.

BLEEDING

MOSCOW—The Soviet Union is conducting experiments in bleeding as a method of fattening animals, the Tass News Agency reports.

Hitherto, gelding has been the procedure. This, however, was found to lessen the albuminous content of the meat.

Scientists have found here that two or three bleedings prior to slaughtering give better results.

Mistakes of Life

To expect to set up our own standard of right and wrong and expect everybody to conform to it.

To try to measure the enjoyment of others by our own.

To expect uniformity of opinion in this world.

To look for judgment and experience in youth.

To endeavor to mould all dispositions alike. Not to yield to unimportant trifles.

To look for perfection in our own actions.

To worry ourselves and others about what cannot be remedied.

Not to alleviate if we can all that needs alleviation.

Not to make allowances for the weaknesses of others.

To consider everything impossible that we cannot ourselves perform.

To believe only what our finite minds can grasp.

To live as if the moment, the time, the day were so important that it would live for ever.

To estimate people by some outside quality, for it is that within which makes the man.

"I feel my private life is sacred to myself. If I discussed it, the public would be offended."—Mary Pickford.

Norwegian Produces Furniture From Waste Cellulose Mate

Oslo, Norw. — Pieturesque furniture made in the Renaissance style out of the waste products of cellulose and textile factories, 6,000,000 tons of which are at present said to be nothing but pollute the world's rivers every year, has been shown here by Mr. Olav Kristoffersen, a Norwegian engineer.

The furniture is produced by means of an invention which grinds the waste matter from the factories into a tough pulp, out of which scores of different things can be made. Mr. Kristofferson was first educated as a wood carver, and tried to construct a wood carving machine but he found that a motor registering 30,000 revolutions a minute was required. Various electrical firms declared that they could not make such a motor, as 3,000 revolutions a minute being the maximum.

By means of special study the inventor acquired sufficient of manufacture his own motor, then had the opportunity of experimenting with sulphite rye cellulose factory, and produced which he treated with chemicals. The product resembled rubber, appeared to be unstable, when he made a machine for the production of a material consisting of per cent fibre and 10 per cent. This finally gave the right material for molding

A Renaissance chest was made of oak, dolls and other figures for exhibition can all be made of pulp. Mr. Kristoffersen says he can cast a figure in 20 minutes, cost of $1.25 compared with one in the ordinary way.

It is expected that this invention will be commercially exploited in Dusseldorf, Germany, and Sweden the cellulose factories at Sweden

Famed Edition Is Reproduced

Single Sheet Describing Saint John Fire is Published Again.

SAINT JOHN, N.B.—The Daily Telegraph of June 21, 1877, was confined to a single sheet and contained only one story—a story, however, that made every front page on the continent. Reproduced here on the 57th anniversary of St. John's great fire, the four-column issue gives details of the conflagration that wiped out most of the city.

Damage of $27,000,000 and the loss of a dozen lives occurred when 1,612 dwellings and 615 business establishments were burned to the ground. Five newspaper buildings, including the Telegraph were destroyed, and the special single sheet edition issued the following day was made up in one of the few printing shops untouched by flames.

"The personal losses of some of our compositors have been so great, and the claims of their families so pressing, that they were not able to give us the benefit of their services for this issue, and hence we are unable to describe to our readers, in any proper manner, the disasters of yesterday or to address our readers in fitting words in regard to them," said the Telegraph.

"It was heart-rending to witness sick, infirm and aged persons being dragged through the streets in search of a place of safety, which it was very difficult to find," said the paper at one point. "Women and children wept freely, and even full grown men could not restrain their emotions. Streams of blood, the results of injuries, marked the faces of several men, and others had received bruises and were maimed in various ways. Many men and women might be utterly exhausted with fatigue and the heat which became insufferable, dragging bedding and pieces of furniture and other articles through the streets a vain task in many cases, as the new places of refuge sought out often proved as unsafe as those that were deserted.

The paper described a rush to the Bank of New Brunswick, where the valuables had been taken, workers and business men were permitted to place their valuables in the vaults and cellar of the building.

FORMER ROYALTY NOW IN HOTEL BUSINESS

Three unmarried Hapsburg archduchesses of the one-time royal family of Austria, have founded a company at the Austrian Spa, Bad Gastein, to conducted hotels and restaurants.

The archduchesses are Germana, Agnes and Margaret of Hapsburg-Lorraine. They are daughters of the 84-year-old Grandduchess Alice of Toscana, widow of Grand Duke Ferdinand IV. of Toscana.

"It is my opinion that the individualistic system has worked more good for the greatest number than the socialistic system thus far." —Walter Duranty.

Avoid Sunburn After Drinking Alcohol

Skin Specialist Warns Against Scanty Bathing Attire

Don't get your sun-tan after assuming buckwheat cakes or ale, advises, Dr. Charles F. Pilcher, chief dermatologist of a Brooklyn hospital, warning against the effect the sun's rays. Here are the tips Dr. Pabst lays down for you:

'Don't go out in the sun after taking a generous breakfast of wheat cakes or drinking beer. Science has proved that substances as quinine, alcohol, iodine, iron and iodine, when taken internally, render an individual extremely sensitive to the rays of the sun.

"Beware of scanty attire. Only half or more of the body may be sunburned with the formation of freckles, serious illness and even may result. Even a mild sunburn that causes only redness is not dangerous if it affects the skin surface.

"Don't sprinkle perfume or water on the skin before exposure to sunlight. This may produce an inflammation of the skin called matitis."

Dr. Pabst added that people who headed in the sun did not increase the growth of hair but usually made the hair to become brittle and fall off.

PLEASANT PEOPLE

Pleasant people make a house cheerful; they have somewhat the same effect in a room as an odor or a bouquet of boxes; they use fresh air in the room and carrying matches, which are strictly forbidden.

FOR TIRED FEET

The following is used by some hospitals. Add 1 tablespoon baking soda to a pint of warm bran and put in a basin well filled with warm water to form a paste.

Immerse the feet in this for minutes and a great relief will be

REMOVING BOILER FLUE

To remove rust from a boiler the water to boiling, put out the fire and drain while the water is still turbed by the heating and loosen the rust particles have had a chance to settle. The ordinary drain is too small to be effective. The pipe should be uncapped and connected. The rush of water outside should clean the boiler thoroughly.

GIRL, 13, LOSES HER BATTLE TO CONQUER DISEASE,

Brooklyn, N.Y.,—After a gallant battle in which sailors of the U. S. fleet gave their blood for transfusion Rose Bivona, 13-year old sufferer of leukemia is dead.

The child had been in a Brooklyn hospital three weeks fighting the disease, which attacking physician, Dr. William F. Rexer pronounced it leukemia in an acute form.

The child's father, Fred Bivona, said the family could not afford to pay professional donors for blood, and frequent transfusions were the only hope.

Then the fleet came in and Admiral David F Sellers, commandmant, Bivona wrote his child.

When the call for blood went to the fleet, thirty-two men stepped forward for tests to determine their blood matched that of the girl.

The first sailor who gave was L. E. Warner, 19, of Oakland, California returned to his ship and told his comrades "she looks white, and thanked me kindly."

A number of other sailors offered for blood tests but the fleet left port. One said "so many sailors they need a doctor here."

When you smoke plug tobacco, you can cut each pipeful *fresh* when you want it—*and* you can cut it any way you like, coarse or flaky. Plug tobacco is economical, too, for it lasts longer in your pipe.

DIXIE

PLUG SMOKING TOBACCO

British Briefs

...en of Great Britain buy 5,000 ...s every week.

...lway engine of the larger type ...y as much as 5,000 gallons of ... in its tender.

...on's burial grounds together ...an area six times the size of ...Park, which covers 290 acres.

...powder can be obtained in ...han fifty different shades, while ...re forty-eight shades of rouge.

...seven deaths were caused in ... mines last year by miners ...g and carrying matches, which ...tly forbidden.

...t from news and travel films, ... one-quarter of the cinema ...hown in the United Kingdom ... theatres are now of British

...r cars to sell at $175, bicycles ...0 and gramophones at $4.25, ...g imported in British Empire ... overseas from Japan.

...ation or maintenance orders ...number of 17,000 are granted ...sh courts each year; this is ...four times the number of divorces.

...ge done by lipstick to frocks ...ried on by mannequins and ...rs have caused some London ...kers to introduce a "lip," a paper shape covering the ...with a projection behind to be ... between the teeth.

...ayers in England and Wales ...47,700,000 in the year 1933-34; ... an increase of £1,450,000 on ...rious twelve months. It is ... increase since the slump in ...n 1929 the figure stood at ...,600.

...lders and stainless-steel nibs ...in post offices are popular ...ith the public. Of 1,900 holding ...9,000 nibs provided in 75 of ...st offices in London, only 700 ...rs and about 1,800 nibs re... at the end of a month.

KEEPING COOL

...keep cool is the chief problem ...ese warm days. One thing ...do to your house that the en... ...y will appreciate is to take ...rugs and put up Venetian ... darken the room. Also, try ...own all ornaments except ...t are made of glass or white

...ssified Advertising

...Puppies For Sale
...ediaed puppies pure bred ...registered stock for sale, ...reasonable. Box 36, Campbellford.

You Sluggish?
...row Off Energy-Stealing ...s, enjoy a glass or two each week of
...rgizing, Effervescent
...NDREWS ...ER SALT
... TINS—35c and 60c ... LARGE BOTTLE, 75c

British Engine Breaks Record

Locomotive Pulls Train in New Fast Time — Proud Home.

Crewe, Eng. — This town where last year the famous "Royal Scot" engine was built for its travels in Canada and the United States, now claims the distinction of having built the fastest express engine in the London, Midland and Scottish service.

It is the express "Princess Royal" built last year. During a record run from Liverpool to London the express covered 193 1-2 miles in three hours, 12 minutes. This included two stops, and was eight minutes quicker than the fastest schedule. The average speed maintained was thus 68 miles per hour, whiue speeds of 80 miles an hour or over were recorded at five different stages, and the maximum speed of 85 miles an hour was registered at one point.

Despite the high speed, the engine showed every reliability and the travelling in the train was perfectly comfortable. The train weighed 380 tons exclusive of the engine.

MECHANICAL FEAT

Henry Huss, Meaford watchmaker, has succeeded in drilling a hole thru a common pin from end to end without breaking it. Huss, who has been in business therefor the last twenty-five years, has been experimenting for the last two years. The hole, made with a fine drill, is just large enough to thread a hair out of a man's head through it.

INTELLIGENCE

Intelligence is what you get from home. Common sense you must develop yourself. Knowledge is what the world hands you. Judgment comes only with the years Experience is a bitter medicine administered by life itself, and must be taken with a bit of conscience. Wisdom is a phantom often chased but seldom overtaken. Success or failure are a matter of opinion Reputation is the golden scale Contentment the final objective.

MARRIED WOMEN SUPERIOR TO SPINSTERS

WASHINGTON— Dr. William A. White, nationally-known psychiatrist, took his life in his hands and announced that married women were superior to single ones.

"Single women," he told the National Educational Association, "are more likely to have distorted personalities than married ones because problems such as their love life have not been settled."

He added that wives make better school teachers than single women.

Your Liver's Making You Feel Out of Sorts
Wake up your Liver Bile
—No Calomel Needed

When you feel blue, depressed, sour on the world, that's your liver which isn't pouring its daily two pounds of liquid bile into your bowels.

Digestion and elimination are slowed up, food is accumulating and decaying inside you and making you feel wretched.

Mere bowel-movers like salts, oil, mineral water, laxative candy or chewing gum, or roughage, don't go far enough.

You need a liver stimulant. Carter's Little Liver Pills is the best one. Safe, Purely vegetable. Sure. Ask for them by name. Refuse substitutes. 25c at all druggists.

So They Say

"America is not innocent of the misery of Europe."—Albert Einstein.

"We can have democracy only as long as we are worthy of it."—Newton D. Baker.

"Good heredity may to some extent make up for bad environment and good environment may to some extent make up for bad heredity."—Havelock Ellis.

"The world does owe man a chance to earn and fair payment for his labor."—John W. Davis

"War or revolution will not strike America."—Baron Rothschild.

"The parole principle is a cornerstone of progressive penology."—Harry Elmer Barnes

"When a rule of etiquette adds nothing of value to beauty, to comfort, to ease or to happiness it is a useless rule which may as well be thrown into the discard."—Emily Post.

"There is no doubt whatever that prosperity is returning to the United States."—Sir Josiah Stamp.

"Greater co-operation, more consideration for the whole economic structure is the necessary path to modern prosperity."—Frances E. Perkins.

"Taken as a whole, the American people prefer the emotional to the intellectual life."—Nicholas Murray Butler.

"Obsolescence is that deterioration which takes place in a thing, not because it is not as good as it always was, but because there is something better."—Owen D. Young.

"This is a time for good cheer and clear thinking."—Charles M. Schwab.

"The real pessimist is the person who has lost interest."—William Lyon Phelps.

"There are a few things of which we may be certain, but they are mostly things which do not matter." —Dean Inge.

"It is up to the government to maintain its most sacred trust, the welfare of its citizens."—Franklin D. Roosevelt.

"The five-day week should be in effect everywhere. It would give people time to spend their money."—Henry Ford.

"The mark of the artist: Always unfaithful to his earlier work because he's in love with the new."—Emil Ludwig.

"What we want is not less goods but more goods, produced at cheaper prices, for more people."—Ogden L. Mills.

"Life seems much more pleasant in America now. There is less emphasis on money."—Hugh Walpole.

"What the French theatre needs for its commercial salvation, apparently is a good dirty mind."—George Jean Nathan.

"The motion picture industry of the United States is the most glaring example of what uncontrolled imagination can do."—S. Parkes Cadman.

BREAD AND CHEESE AT CHURCH.

The picturesque village of St. Briavels, in the Forest of Dean, was the scene on Sunday evening of a time-honored custom which perpetuates certain rights enjoyed by the inhabitants of the parish for more than 700 years. The occasion was the annual distribution of bread and cheese after the service in the church on Whitsunday evening.

The origin of the custom is somewhat obscure, but the privileges it commemorates date back to the 12th century, when a grant of woodland was made to the inhabitants of the parish of St. Briavels The parishioners of St. Briavels have the right to go to cut and take all the timber they require for their own domestic use from the woodland known as Hudnalls. The cost of providing the bread and cheese is defrayed by a collection among the parishioners. As the worshippers left the bread and cheese—cut in small dice and carried in baskets—were thrown in handfuls to the waiting crowd congregated on Church Tump.—London Times.

LONDON BOBBIES GO TO COLLEGE.

The Metropolitan Police College, recently opened by the Prince of Wales at Hendon near London is the equivalent of a staff college in the army or navy, but there is nothing quite like it in any police force outside of India. Lord Trenchard, Commissioner of Police at Scotland Yard, wants to develop a younger and better educated type of police officer for the upper ranks of the Metropolitan police. The college lies somewhere between an English public school and an Indian regimental mess. The students are required to dress for dinner and are waited on by their batmen, one to every six students. Dressing for dinner thus makes its entry into the blue-clad ranks of London's policemen.—Toronto Mail and Empire.

Make Lazy Child Work for His Supper

A Little "Rough" Treatment Will Cure Fat, Indolent Boy

Fat Arthur lay on the swing munching doughnuts.

His mother called out, "Arthur, stop that stuffing and go and do something."

"Nothing to do."

"Well, Jimmy has. He always finds something. He's out there now tinkering with the lawn mower."

"What good does that do? He's just fussy. Always worrying people and getting others 'talked at' when they don't fuss too. Anyway, I'm tired."

His mother began to think what Arthur said was true Jimmy did too much. He was nothing but skin and bones, yet he couldn't keep still. When there were no duties he went off on a goose chase of his own.

OPPOSITE CASES

Fat lazy Arthur needed more exercise and Jimmy needed less. Arthur needed to eat less and Jimmy needed to eat more. Strange that nature who put high-strung nerves in some people couldn't give them bodies to back their energy. Arthur would always be happiest because he was placid. He never did anything for anybody, never worried and as long as he had food was content.

Then she saw Mr. James coming down the street. Mr. James was so fat he could hardly walk, but he was a kindly busy gentleman who had a finger in every town-pie, was a leading citizen, and had made money.

"I'll ask him what to do," she thought. So pretty soon she was down at his store and sitting in a big easy chair in his office.

She put her problem to him.

Mr. James chuckled as she talked. "Isn't it strange," he said at last, "I was just thinking about it this morning. I was looking at your fat boy. I look at him every day and he's always taking life easy.

"Well, that's the way I was until Grandma got hold of me. They shipped me out to her farm. The old lady took one look and said, 'Well my little pin-cushion, here's where you lose about fifty pounds. You work out there with the men. You do your share or you don't eat. Not a bite. Pa will take care of you.'

SOLVING THE PROBLEM

"For about a week I soldiered. And I went hungry. Those people did what they said they would. They sweated me and worked me and starved me. I actually got thin. At first I was miserable, but after a while I liked it. When I worked they dot me like a prize pig. When I left to go home for school Grandma said, 'Go ahead and be as fat as you like, but remember you can't impose on the world. You've got to work and work hard, if it's only piling up stones and tearing them down again.' Then she gave me twenty dollars for new clothes and a pound cake and put me on the train."

"Thank you." said his visitor fervently. "I have an idea now. There are rugs to beat. No rugs—no supper. But it seems a little cruel."

"Cruel, nothing," chuckled Mr. James. "And by the way, send Jimmy over to me. He's too thin, I've got a farm — — — " the lady looked worried "— — — and I'm going to fill him up on milk and I'll put ten pounds on him, I'll guarantee. And he's going to sleep fifteen hours a day if I have to hold him down myself. He's going to learn how it loaf and like it. It won't spoil him."

Fat children are not always lazy, but a bit of roughage won't hurt them as a rule. At any rate, "Grandma" had a good idea.

SOUVENIR OF DERBY OF A HUNDRED YEARS AGO

T. J. Dunstan, of Vancouver, has an interesting souvenir of Pleniptentiary's victory in the historic Epsom Derby of May 29, 1834.

Thirty years ago, Mr. Dunstan purchased a bracelet made of hair from Pleniptentiary's mane. He located the souvenir in Tahiti. It has a gold mounting inscribed. Originally, the bracelet had been studded with diamonds, but these had been removed before Mr. Dunstan purchased it.

JAM POT COVERS

To make excellent jam pot covers, dip rounds of greaseproof paper into very hot starch. Put it over the jars immediately, fixing down firmly to the sides. When dry, this paper will be like parchment and absolutely air-tight.

Jumpy Nerves

Yield to the soothing action of this medicine. You will east better : : : sleep better : : : feel better : : : ★ better. Life will seem worth living again. Don't delay any longer. Begin taking it today.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Keeping Food In Good Condition

Storing in Proper Containers is Aid in Preservation

A great home aid towards keeping foods in good condition in hot weather is a well-selected set of containers. They may be made of glass or earthen ware, enamelware or aluminum for covered dishes in any of these materials are excellent for storing foods, both cooked and raw.

All perishable foods should be put away as soon as they come from the market. Milk, fresh vegetables, fruits and meats deteriorate quickly and must be prepared promptly for the refrigerator and stored. Cleaning the foods before putting them into the refrigerator keeps the ice box tidy and saves ice or electric current.

Soft fruits like berries keep better if they are taken at once from the box and spread on a platter or large plate. Cover with a cheesecloth or wire screen and keep in a cool place.

USE LEFT-OVERS PROMPTLY

Make a habit of putting foods away promptly after meals. When milk or cream are allowed to stand in a hot kitchen or left unnecessarily long on the dining table, an extra amount of ice is required to chill, and there is the danger that it will turn."

To avoid having left-overs, buy a small quantity and use all the left-overs promptly. Cooked vegetables that have been served buttered for the first meal may reappear in vegetable or combination salad, or reheated in cream sauce or baked with cheese.

Vegetables and meats that have been prepared with milk require special precautions. The milk should be actively boiled if there is a chance of any one dish being left over. After the meal the whole should be quickly cooled and stored at once in the coldest part of the refrigerator. All creamed dishes really should be used within twenty-four hours.

BREAD AND BUTTER CRUMBS

Bread and bread crumbs require particular care in hot, humid weather. Crumbs and odd slices of bread should not be allowed to accumulate in the bread box. Those not usable for toast should be dried thoroughly in a cool oven and saved for crumbing. Frequent scalding and sunning of the bread container helps to prevent mold too.

Buttered toast should never be stored in the bread box.

It is wisest to buy flours and cereals in small quantities while the hot weather lasts. Dry foods delivered in paper bags should be turned into glass or metal containers to guard against mice and weevils. Flours, cereals and sugars should be kept in air-tight cans.

Crackers and ready-to-serve cereals which lose their crispness quickly if exposed to the air, may be crisped by placing in the oven for ten or fifteen minutes. They should be cooled before serving.

A MAN'S HOUSE.

A man's house should be on the hill-top of cheerfulness and serenity, so high that no shadows rest upon it, and where the morning comes so early that the day has twice as many golden hours as those of other men. He is to be pitied whose house is in some valley of grief between the hills, with the longest night and the shortest day. Home should be the centre of joy, equatorial and tropical. —Beecher.

The Use Of The Telegraph

Conscious of the benefits to be derived from the use of the telegraph, Canadians are more and more each year using this service in sending social messages, greetings, congratulations and business communications, Canadian National Telegraph officials declare. Of particular interest is the money transfer service by which money payments may be made at once by wire in any town or city the money being collected by the telegraph company at one end and paid out at the other on the receipt of wired advice.

In this forward stride in the field of telegraphy, the Canadian National Telegraphs have taken a leading part. The carrier current system of telegraphy, which has multiplied many times the physical capacity of existing wires, is now generally in use throughout the System. Today, in Canada alone, the Canadian National Telegraphs operate no less than 164,795 miles of physical wire and 2,064 offices.

Through Western Union, the Canadian National Telegraphs provide a direct exclusive domestic service to any part of the United States or Mexico; by virtue of an agreement with the Anglo-American Telegraph Company, the same service is carried by cable to the farthest ends of the earth. Even ships at sea may be reached by telegraph through a working arrangement with the coastal wireless of the continent.

Various types of messages are available to the business community. Rush messages are sent immediately on receipt and take precedence over all others. "Day letters" for transmission and delivery before 6 p.m., are handled after all rush messages have been dispatched and are considerably cheaper still; these are transmitted during the night and are delivered to their destination on the morning of the first working day after filing. Cheap rates are also available for shorter messages sent under similar conditions.

Nostalgia

Now moonlight mists those hills,
And crickets cry,
As light along the rills
Falls silverly
And secret laughter spills.
Here have we walked together, you and I
And heeded how the hidden dark distills
In sombre chemistry,
But night is broken and the dawn fulfills
An alien destiny.

Our feet cannot return
The way they went,
Nor daylight ever burn
Dark sacrament
Of rapture lightly spent.
Whatever lesson there be left to learn
From those strange fates who weave through fen and fern
Our discontent,
We know but this—our feet cannot return
The sacred way they went.
—Elizabeth Brown, "The Lyric."

Ridicule, which chiefly arises from pride, is seldom just, is but at best a gross pleasure, too rough an entertainment for those who are highly polished and refined.—Henry Home.

FRUITY EARRINGS

They're wearing cherries and strawberries in their ears now, artificial ones of course, with bcutonnieres to match for the lapels.

Newly Wed—I don't see why you married me.—I'm not good enough for you.

Bride—I know dear—but you were much too good for any other girl.

NARRATE NAKED TRUTH OF 1752's NUDIST NUPTIALS

Frederick, Md., — On the word of the late Benjamin Franklin, there is nothing new in nudist weddings.

Franklin's paper, the Pennsylvania Gazette, chronicled a nudist wedding in Maryland on January 4, 1752.

"A naked truth," the Gazette said in headlines.

"This account the reader may perhaps look on as improbable and untrue, but we may be assured, it is a certain and naked truth."

The article then recounts in full detail how a New Jersey bride, minus clothing, joined her wooer in wedlock while two women held a sheet between her and the minister.

"About a fortnight ago," the Gazette story ran, "there happened in Frederick County as comical a wedding as we remember to have heard of. A couple, with their guests (having obtained a license) came to the house of a reverend clergyman late in the evening, after he had been some time in bed, and desired to be married.

"He, willing to oblige them, got up and dressed himself in order to perform the ceremony, but the bridegroom, havinb imbibed a notion that if he married a woman with anything, he should be obliged to pay all her debts, and as she came from the province of New Jersey, he was very doubtful about her circumstances.

"The obliging bride, to remove all incumbrances, stripped....and two women held a sheet between her and the clergyman, while he performed his office, and she having forgot her cap at undressing, it came to her mind in the midst of the ceremony and she pulled that off too, and flung it on the bed, and was married to her spouse (if not in a wedding suit, in her birthday suit)

"After the ceremony, the bridegroom put on her one of his own shirts to cover her.

STOPS ITCHING
In One Minute
D. D. D. Prescription Speeds Relief

For quick relief from the itching of pimples, mosquito or other insect bites, eczema, rashes and other skin eruptions, apply Dr. Dennis' pure, cooling, liquid, antiseptic D. D. D. Prescription. Forty years' world-wide success. Penetrates the skin, soothing and healing the inflamed tissues. No fuss — no muss. Clear, greaseless and stainless—dries up almost immediately. Try D. D. D. Prescription. Stops the most intense itching instantly. A 35c trial bottle, at any drug store, is guaranteed to prove it—or money back. D. D. D. is made by the owners of ITALIAN BALM.