

WHO SAID HASH? hash, when properly made, is a pretty good dish. Here are two hash recipes that will please you: Beef Hash

2 cups chopped cold roast beef steak 2 to 4 cups chopped boiled potato 1 cup beef gravy or hot water

Salt and pepper Put butter (or substitute) into frying pan and then put in the meat and potato, salt and pepper, moisten devote less time in her kitchen, co with beef gravy or hot water and sequently she will refer to her fi with beef gravy or hot water and cover. Let it steam or heat through thoroughly, stirring occasionally to mix it evenly and also to keep it from sticking. When done it should be neither watery nor dry, but just firm enough to stand well when dished. If onion is liked, fry two or three slives in the fet hefre. The first hefre the fet hefre to her files from enough to stand well when dished. If onion is liked, fry two or three slives in the fet hefre. The first hefre the fet hefre the fet her files from the fet hefre. The first hefre the first her files from the files from the first her files for one of those combination-main-course dishes. Every home-maker has at least one dish that she has concocted out of this and that, which has surprised the family by its delicious flavor.

Such a dish is lima beans, combinthree slices in the fat before the hash is added.

Corned-Beef Hash 2 cups chopped corn beef 2 cups cooked potatoes 2 cup milk or water

2 tablespoons butter or fat Salt and pepper lightly and season. Pour the milk inp. Cover the pan and place it ected for publication. where the hash will cook slowly for half an hour. There should then be not be obtained by hurried cooking. West Adelaide Street, Toronto. SUNDAY SMACKS

Here are two recipes that you will blue Lights Seen want to file under "Sunday or Snacks" - tasty tidbits that touch the spot: Sunday Supper Sardines

1/2 cup butter

4 medium sized sweet gherkins

Catsup
Put through food chopper the beef-Makes filling for 6 sandwiches.

MANY RECIPES IN ONE Here is a recipe from the Science Kitchen that should be a welcome addition to your collection of recipes -because from it you can serve muffins as often as you wish, vary them regularly:

Variety Muffins 2 cups sifted flour 2 teaspoons baking powder

NUT MUFFINS. Use above recip Hash may be an old boarding- adding one-half cup broken house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to a few and a board-imeals to the stited house favorite to the stited house PRUNE MUFFINS. Use 2-3 cur finely cut prunes in place of n

SURPRISE MUFFINS. Drop scant teaspoon of currant jelly each muffin before baking.

WEEKLY CASH PRIZES! Winter meals, with their roas stews, puddings and pies are due for a change now that Spring is here. The wise housewife will want to Such a dish is lima beans, combin-

ed with left-over meat, fish, vegetables, or cheese, seasoned with onions, celery or green peppers Have you another variation of this dish or another combination which is equally economical? Here is an opportunity for the

Salt and pepper

Mix beef and potatoes together offering a cash prize for the most verses 1-12 took place in Jerusalem, Christ was living an was not among Park. It includes part of the park. to a frying pan with half the fat and, Recipes calling for detailed ingrediwhen this is warm, turn in the hash, ents and involved method of preparrest of the fat, cut in piece,s on the lar will be paid for each recipe sel. road from Jerusalem to Emmans ab-How to Enter Contest

a rich, thick crust on the bottom. Do not stir the hash. Fold it as an omelet is folded and place it on a warm platter. This slow process of heating the hash gives it a flavor that can not be obtained by burried cooking.

It is letterally this should read "but on day one of the week." It is very significant that the first day of the week is never referred to in the gospel record the bands of sinful men, and the obtained by burried cooking.

It is very significant that the first day of the week is never referred to in the gospel record until the Lord Jesus Christ rose from and be crucified, and the third day fee has been reduced to \$2.50.

He said red light makes people irritable, even quarrelsome; a lot of white light tends to cause gaiety; green shadings bring peace and calm; so do brown; blue or purple are effective in generating affection.

The holy of lesne? The fact that that the mother of the body of the Lord Jesus." We are now face to face with the second inescapable question: What happened and Joanna, and Mary the mother of the holy of lesne? The fact that

nfant Mortality

The Registrar-General for England and Wales has supplied to the British Medical Journal a statement regarding the provisional birth-rates, death-rates, and the rates fo infantile advance the theory that the women of this visit of the women to the tomb and came to the wrong place, to a tomb wherein no body had rested. death-rates, and the rates fo infantile How a great scholar can even dare "And these words appeared in their



briss Naila Khayatt, 27-year-old beauty whose family was one of the richest in Egypt, and Frederick E. Couder Roelker, New York Socialite, pictured with Mohamed Amine Youssof, Egyptian Minister to the United States, after their marriage in Washington.

CUNDAY

LESSON II - APRIL 12 (Cf. Josh. 5:14; Judges 13:20). The JESUS TRIUMPHS OVER DEATH women recognized these guardians of (Easter Lesson) GOLDEN TEXT : "Because I live, ye

shall live also" — John 14:19. THE LESSON IN ITS SETTING Time - Sunday, April 9, A.D. 30. Place - The event recorded in the economical, tasty main-course dish. and in the garden of Joseph of Arim- the dead. out seven miles northwest of Jerus-"But on the first day of the week."

the dead. "At early dawn, they came rise again." (See the references given nto the tomb, bringing the spice that in the first paragraph of this lesson, hey had prepared." This first verse especially Luke 9:22) Quite evidently should be read in connection with the heaven was familiar with what h As Romance Spur concluding verses of chapter twenty had been saying to the disciples, for HOLLYWOOD, Calif. — A girl marily to "the women who had gone "And they remembered his words."

Leave dill pickle, finely chopped 4 slices toast

Saute the sardines in a frying pan and mix well with chopped dill pickle. Spread a thin layer of prepared butter on each slice of teast sychology. W. B. Those things are just practical part of the stone was moved to allow the Lord Jesus to come at the stone was not moved to allow the Lord Jesus to come at the stone was not moved to allow the Lord Jesus to come at the stone was many people listen to the stone was moved to allow the Lord Jesus to come at the stone was mot moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was more moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to allow the Lord Jesus to come at the stone was moved to the gospel writers. Strange that the gospel writers is the gospel writers. Strange that the gospel writers is the gospel writers. Strange that the gospel writers is the gospel writers. Strang

steak, egg, and sweet gherkins. Add tic ideas, is what makes moonlight so popular with lovers, Kolb said.

The blue tinge, typical of romantic ideas, is what makes moonlight so popular with lovers, Kolb said.

The blue tinge, typical of romantic ideas, is what makes moonlight so popular with lovers, Kolb said. esting to note what a great Jewish scholar, a professor of Biblical litera- by all the evangelists and comes first help the conversation along. As the ture in the Hebrew University in Je- in each of the lists. Joanna is men- fruit was passed she asked him, "Do Decreases in Britain rusalem, Dr. Joseph Klausner, does with this fact in his famous book, Professor Plummer suggests that it "Jesus of Nazareth. He attempts to was from Joanna that Luke may

death-rates, and the rates to inflantile mortality in England and Wales during 1935.

These figures just published show tation is a mystery.

How a great scholar can even dare suggest such an impossible interpretation is a mystery.

"And these words appeared in their sight as idle talk." Literally, as non-sense. "And they disbelieved them."

Marriage License Costs are Halved

The Rural Tea

spoke in warm ter and effectiveness' It was a dese have little in

taking effort. It is plain

of rural boys

roung lives

as done a

cter and skill.

The country teacher

with a teacher and

Bolero Dres

REGINA.—The high cost of manage has been reduced for resident The Saskatchewan Legislatu

women recognized these guardians of the tomb as supernatural beings.
"They said unto them, Why seek ye the living among the dead?" It is of course the angels who are speaking to the women. By such a question they make heaven itself to confirm the evidence of the empty tomb, that Jesus Christ was living any was not aware.

The Saskatchewan Legislature recently, when in committee of the whole, approved an amendment to the marriage act which cuts the costs of marriage licenses from \$5 township 54, which means the area north of Prince Albert National Park. It includes part of the park public health, who was in charge of "He is not here, but is risen." Here spreading it evenly and placing the ation will not be considered. One dol- the two disciples took place on the rise a definite statement that Christ has in the northern settlements often that he seeks to live in another world result, getting a marriage licens

For Itching Ears

three. The pronoun "they" refers, pri- the angel repeated it almost exactly. ing given a tryout on crowded trains A new form of advertising is he and street cars of the East. Ridshould have a dim blue light to help with him out of Galilee," though a bashful beau propose, says Lou other women now join them.

"And they remembered his words."

This point is not made b, any other ing along with nothing to occupy their they remembered his words."

until golden brown. Soften the butroom is likely to grive a man to the
formula and mix well with chopped dill
pickle. Spread a thin layer of prepared butter on each slice of toast.
Place two sardines on each prepared
alice of toast. Cover with remaining butter mixture. Serve at once. Serves

He said red light makes people

This is the way many people listen to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the tomb, and if two rolled away to allow the women and the disciples to look into, and, if they chose to enter into the loomb.

He said red light makes people

Wear the stone was not moved to allow the Lord Jesus to come out of the tomb, which he already had done before the stone was rolled away to allow the tomb, which he already had done before the stone was rolled away to allow the tomb, and if two rolled away to allow the women and the disciples to look into, and, if they chose to enter into the look.

How young and the tomb and red their Bibles.

"And returned from the tomb, and the tomb, and the total all the rest." The apparent contradiction in Mark 16:3 obviously means that they "said not one word on the subject to any one except the apostles

This is the way many people listen to allow the tomb, and red their Bibles.

"And returned from the tomb, and red their Bibles.

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"And returned from the tomb, and red their Bibles.

"And returned from the tomb, an

Embarrassing Moment

HOW TO ORDER

Write your name at

plainly, riving number as of pattern wanted. Enclose stamps or coin (coin presswrap it carefully and addressorder to Wilson Pattern Ser 73 West Adelaide Street

"I beg your pardon?" "Do you like bananas "I beg your pardon?" "Do you like bananas?" "Well, well-really-the old fash-

oned shirt is good enough for me."

2 tablespoons sugar
2 tablespoons sugar
3 teaspoons sugar
4 teaspoons salt
5 teaspoons melted butter of other shortening
5 tiff flour once, measure, add baking powder, sugar, and salt, aft again. Combine erg, milk, and shortening. Add to flour, beating only enough to dampen all flour, Bake in greased muffin pans in hot oven (425 degrees F.) 25 minutes, or antil done. Makes 12 muffins.

Sign as sugest such an impossible interpretation is a mystery.

"And it came to pass, while they were perplexed thereabout, behold, Christ's predictions of his rising again. These were interpreted of his return in glory, either with a new body or as an incorporated being.

Suggest such an impossible interpretation is a mystery.

"And it came to pass, while they were perplexed thereabout, behold, Christ's predictions of his rising again. These were interpreted of his return in glory, either with a new body or as an incorporated being.

Supply water with chill to the sepulchre, the robbers not daring apparel." Matthew (28:5) and John in the condition of these sepulchre, the robbers not daring apparel." Matthew (28:5) and John in the condition of the sepulchre, the robbers not defined them."

Apparently no one had understood Christ's predictions of his rising again. These were interpreted of his return in glory, either with a new body or as an incorporated being.

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Apparently no one had understood Christ's predictions of his rising again. These were interpreted of his return in glory, either with a new body or as an incorporated being.

But Peter arose, and ran unto the tomb." This inspection by the boldest of the apparent of the sepulchre, the robbers not different them."

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But Peter arose, and ran unto the tomb." This inspection by the boldest of the apparent of the sepulchre, the

ny Time is Tea Time

REMARKABLE ROMANCE OF AN INDUSTRIAL

elvet and Steel PEARL BELLAIRS

Joan stood up. In silence she turn ed away and looked out of the crack ACH CAKE window-pane into the grey street SEALED A new morning was coming up over don, a new m rning for hersel R-TIGHT and everyone else. For now, now that Denby had fled the country, now that she knew that ne was not even her father, she had thing to save; there was no reason in the world why she should marry Piers Hannen!

AL YEAST CAKES

are always

SIN BREAD

FILLED BUNS

STREUSEL CAKE

e Tested Royal Sponge

ually wrapped—the only dry with such protectiom—Royal Lakes always keep their full g power. You can depend on bute freshness of Noyal Yeast No wonder 7 out of 8 Canadian ves who use dry yeast insist on Order a package today.

er a package today.

es for these light, ous breads ...

ULL STRENGTH

her heart beat so hard that it almost suffocated her. Though she knew what her choice must be, she still felt dreadfully frightened. At last, her face dead white, she turned to her mother and said:

FREE BOOKLET Aids You!

"The Royal Yeast Bake Book" gives tested Royal Sponge Recipes for the breads pic-tured above and many others. FREE! Send cou-pon today! YEAST CAKES RD BRANDS LIMITED
ve. and Liberty St., Toronto, Ont.
end me the free Royal Yeast

Dress Your Youngest in Simple String Crochet by Laura Wheeler



CHILD'S CROCHETED DRESS PATTERN 1159

ones look too sweet as accent for yoke and hen of a string crocheted frock? It's done entirely in an all-over mesh so simple that anyone can crochet it. Daisies are embroidered in single stitch atop the mesh, in white or colored wool—a very new and youthful effect!

Pattern 1159 comes to you with directions for making the dress in sizes 4 to 8; illustrations of it and of all stitches used; material

Send 20 cents in stamps or coin (coin preferred) for this pattern to Needlecraft Dept., Wilson Publishing Co., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

Joan could earn at least six or seven pounds a week. On six pounds a week she could keep her mother and the boys more comfortably than Den-

she saw a crowd on the pavement, and a dozen different press cameras torian, died when a comparatively sound man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university torian, died when a comparatively young man. He had had a university to the never lost his curiosity about life and its meaning, and over his grave they carved this epitaph: "He died learning." If more of us could deserve a similar epitaph, this world deserve a similar epitaph, this world would be infinitely better.

The chauffeur, grinning faintly and respectfully, opened the door of the car for her; and—

The chauffeur, grinning faintly died learning." If more of us could deserve a similar epitaph; this world deserve a similar epitaph, this world deserve a similar epitaph; the rest of the car for her; and—

The chauffeur, grinning faintly and respectfully, opened the door of the car for her; and—

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The chauffeur, grinning faintly and respectfully, opened the door of the car for her; and—

The chauffeur are preserved the search learning, and over the chauffeur are preserved the search (To Be Continued).

Rural Ontario is Called Sound

SUBMISSION

Precisely at twelve o'clock Piers Hannen's car was waiting outside the house in Hooley Street. Joan early drew back at the last nearly drew back at the last mom-ent, when, as she put on her hat, she Or by the distant chiming bell
Set on the steeple top;
But by the progress that I see
In what I have to do. saw the car standing there. She must go down to it, get into it, surrender herself for ever to Hannen, whom she had fought for so long. It's either done o'clock to me Or only half past thr ugh. But she saw now that there were other things beside the freedom for which she had struggled; she looked ahead, and if she could only endure through the hours before her, a rosy future lay beyond them.

Issue No. 14 - '36

There was not even the monetary reason which her mother had just mentioned, for as the Comtesse Loti's assistant at the Salon Celeste,

week she could keep her mother and the boys more confortably than Dealing the power of the county of the power of the powe

Post Office Nibs

At last, her face dead white, she turned to her mother and caid:

"I'll have to hurry if I'm to be ready in time to get to the church at twelve-thirty! I have some money, a bonus they gave me at the Salon Celeste yesterday. It's enough to keep you going. I don't want to leave you, mother! You will be all right, won't you? You'll forgive me for leaving you at such a time?"

She went down on her knees again before her mother, who was still sit ing in her chair.

"My little lass, you're going to be happiness, doubt, anxiety—she hardly knew which.

"Tears came into Joan's eyes, tears of happiness, doubt, anxiety—she hardly knew which.

"I don't want to disappoint Piers," she said.

SURMISSION

Rural Ontario, "with all its difficulties difficulties and the criticism levelled against it, is sound municipally and financially," H. L. Cummings, Despite the annual conventage and the criticism levelled against it, is sound municipally and financially," H. L. Cummings, Despite the saintst of two or three Vances, and the culties and the criticism levelled against it, is sound municipally and financially," H. L. Cummings, Despite of the Ontario Association of Rural Ontari

thousands of grocery stores operating an office as a side line on a commission basis. Time! The new nib is of stainless steel, and after being withdrawn owing to promiscuous thefts, has been return-ed, fastened to the holder with a spe-The time of day, I do not tell As some do, by the clock,

cial locking device, only with pliers can it be removed. Statistics on the life span of the new pen, kept by the post office dur-

ing an experimental period of use re-veal a variation according to district. -J. K. Bangs. In Edinburgh the Scots expressed a great deal of satisfaction over the new model, and on the average took it away for use elsewhere after two weeks' service in the post office.

MOUNT ROYAL HOTEL

J. ALDERIC RAYMOND



VERNON G. CARDY

PROBLEMS OF EVERY DAY LIFE By Dr. M. M. Lappin

The problems of Every Day Living are varied and innumerable. Some folks have big problems which they

answer a hig problem. It has come to me from a young lady whom I think tion in which her mother is confined. to me in part:

"I have been keeping company with tion is hereditary or not. If it is not for over three years. We are hereditary, then her mind will be at very fond of each other, and I am ease.

than any resident. It is a common thing for the English visitor comin to this province to wear no overcoat for the first Winter and sometimes for two or three Winters, and there is a perfectly good reason behind it

If you are seeking mental improve-ment and efficiency, you should write for particulars of the courses offered at moderate fees by The In-stitute of Practical and Applied Psychology.

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The Institute of Practical and Applied Psychology One dollar a year

Sample Copy - Ten Cents 910 CONFEDERATION BUILDING Montreal .:- Quebe

Engaged, But Afraid to Marry their condition makes it necessary for them to be there, although they may not be suffering from a form of in-

This young lady should find out treat lightly, others are apt to magnify triffes, but we all have our prob-lems.

This young last a should have no difficulty in doing this. A talk with the family physician would sure

sure we are suited to each other and could be extremely happy together. A month ago we became engaged. He has often spoken of marriage before, but I always hesitated. At last I've promised to marry him and now I think I have made a mistake. Frankly, I am afraid of marriage because, for the past five years, my mother has been in a mental hospital and I sometimes have the thought that her trouble may be hereditary. Of course he knows all about it and he says it does not matter, but that fact does not seem to ease my mind."

My correspondent is to be admired

I think, were I in this young lady's position, I would pursue this line of action right away. Why go on worrying and fretting before you are sure there is anything to worry about? The chances are there is nothing to worry about. Even if you should discover that the trouble is hereditary, well, even then, that does not mean that you are going to go the same way. I think it is now generally accepted that we only inherit tendencies, and there are many cases on record which prove that those inherited tendencies can be overcome. If you take care of yourself and look af-My correspondent is to be admired you take care of yourself and look after wise forethought. She certer your health, if you keep a cheery,

Nnow

Whether the "Pain" Remedy You Use is SAFE?

Don't Entrust Your Own or Your Family's Well - Being to Unknown Preparations

THE person to ask whether the preparation you or your family are taking for the relief of headaches is SAFE to use regularly is your family determined the property in the property of the pro family doctor. Ask him particular about "ASPIRIN."

He will tell you that before the discovery of "Aspirin" most "pain" remedies were advised against by physicians as bad for the stomach and, often, for the heart. Which is food for thought if you seek quick, safe veitef safe relief. Scientists rate "Aspirin" amon

Scientists rate "Aspirin" among the fastest methods yet discovered for the relief of headaches and the pains of rheumatism, neuritis and neuraligia. And the experience of millions of users has proved it safe for the average person to use regularly. In your own interest remember this, "Aspirin" Tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company, Limited. Lock for the name Bayer

Demand and Get "ASPIRIN"

FU MANCHU



By Sax Rohmer















