

# Woman's World

By **Mair M. Morgas**

### FOR LUNCH OR DINNER MAKE WINTER EASIER

Making left-overs into a main course that is appetizing and not too fat is the daily miracle of the housewife. Here are some ideas for making left-overs into a main course that is appetizing and not too fat. All sorts of left-overs can be served and served on toast, of course, but this combination will emphasize the main course.

- 1. 2 tablespoons quick-cooking tapioca
- 3-4 teaspoon salt
- 1-2 teaspoon pepper
- 1/4 cup milk
- 1 tablespoon butter
- 2 egg yolks, beaten until thick and lemon-colored
- 4 egg whites, stiffly beaten
- Combine quick-cooking tapioca, salt, pepper and milk in top of double boiler. Place over rapidly boiling water, bring to scalding point (allow 10 to 15 minutes). Stir frequently. Add butter, then egg yolks, beat until thick and lemon-colored. Fold in egg whites. Pour into hot buttered 10-12-cup pan. Cook over low flame for 8 minutes. Then bake in moderate oven (350 degrees F.) 15 minutes. Omelet is sufficiently cooked when knife inserted comes out clean. Fold carefully and serve on hot platter. It serves 6.

### Fluffy Omelet

2 tablespoons quick-cooking tapioca  
3-4 teaspoon salt  
1-2 teaspoon pepper  
1/4 cup milk  
1 tablespoon butter  
2 egg yolks, beaten until thick and lemon-colored  
4 egg whites, stiffly beaten

### Honey Cake

1 cup butter, softened  
1 cup brown sugar  
1 cup granulated sugar  
1/2 cup molasses  
1/2 cup maple syrup  
1/2 cup honey  
1/2 cup vanilla  
1/2 cup almond extract  
1/2 cup coconut  
1/2 cup pecans  
1/2 cup walnuts  
1/2 cup almonds  
1/2 cup cashews  
1/2 cup pineapples  
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1/2 cup oranges  
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1/2 cup grapefruit  
1/2 cup kiwi fruit  
1/2 cup guava  
1/2 cup passion fruit  
1/2 cup tamarind  
1/2 cup figs  
1/2 cup dates  
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### TRY THESE

1. A small amount of briskly boiling water (200 degrees F.) for 10 minutes. Stir frequently. Add butter, then egg yolks, beat until thick and lemon-colored. Fold in egg whites. Pour into hot buttered 10-12-cup pan. Cook over low flame for 8 minutes. Then bake in moderate oven (350 degrees F.) 15 minutes. Omelet is sufficiently cooked when knife inserted comes out clean. Fold carefully and serve on hot platter. It serves 6.

### Salmon Ravioli

1/2 cup butter, softened  
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## Return For A Rest



Smiling broadly at the prospect of a month vacation from the film studios, Edward G. Robinson, his wife and their son, Manny, on soft vacation in New York City.

## SUNDAY SCHOOL LESSON

### JESUS DECLARES HIS PURPOSE

LESSON IV  
LUKE 11:1-13  
THE LESSON IN HIS SPIRIT  
GOLDEN TEXT  
The Spirit of the Lord is upon me, because he anointed me to preach good tidings to the poor. He hath sent me to proclaim release to the captives.

And recovering of sight to the blind, to set at liberty them that are bruised, to proclaim the acceptable year of the Lord. Luke 11:1-13

And he said, Blessed be thou, O Father, King of heaven, for thou hast hid these things from the wise and prudent, and hast revealed them unto babes. Luke 11:16-17

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## Haggis Is Not Scotch

Haggis is generally regarded as a delicacy which you have heard of. It is a mixture of sheep's lungs, liver and heart, minced and seasoned with oatmeal and spices. It is a traditional dish of the Scottish Highlands, but it is not Scotch. It is a mixture of sheep's lungs, liver and heart, minced and seasoned with oatmeal and spices. It is a traditional dish of the Scottish Highlands, but it is not Scotch.

### Ratio of Divorce 1 to 12 in 10

Victoria, Jan. 15. — British Columbia divorce courts' issue decreases in 1934, 15 per cent, from 1933, and 1934, 15 per cent, from 1933, and 1934, 15 per cent, from 1933.

### Gay and Pretty

There was a story in the gutter paper, that looked over his shoulder at the girl who was looking at him. He was looking at her, and she was looking at him. He was looking at her, and she was looking at him.

### A "Head Office" Staff of 18,000

(Woodstock "Sentinel" Review)  
When Queen Victoria placed her stamp on a map of Canada, she was not only a monarch, but a statesman. She was not only a monarch, but a statesman. She was not only a monarch, but a statesman.

### CHAPTER XV

A MURDEROUS ASSULT  
Taken by surprise Hansen was at a disadvantage. He was thrown into the air, and he was thrown into the air. He was thrown into the air, and he was thrown into the air.

### Canada's Homes

A study of Canadian homes based in the last Dominion census reveals that the great majority of Canadian rural families live in modest homes. A study of Canadian homes based in the last Dominion census reveals that the great majority of Canadian rural families live in modest homes.

### These Leisure Hours

Why Not Employ Them?  
Leisure hours are a waste of time. Why not employ them? Why not employ them? Why not employ them? Why not employ them?

### THE SEVERED FINGERS—Green Eyes of Horror.

For Fu Manchu reached down behind the table, and he pulled out a pair of severed fingers. He pulled out a pair of severed fingers. He pulled out a pair of severed fingers.

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## VELVET and STEEL

PEARL BELLAIRS

### THE REMARKABLE ROMANCE OF AN INDUSTRIAL DICTATOR

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## WRITER SEES END OF NOVEL

### Markington Believes It and Poetry Doomed To Extinction

INDIANAPOLIS. — Both Markington looked into the future of literature and predicted the ultimate doom of the novel and the poem. Markington looked into the future of literature and predicted the ultimate doom of the novel and the poem.

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## The Book Shelf

BY MAIR M. MORGAS

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