

Making left-overs into a main course that is appetizing and not too fat-producing, is the daily miracle the housewife is expected to accomplish. All sorts of tid bits can be creamed and served on toast, of course, but that combination will teaspoon salt.

'teaspoon poultry seasoning.

The much weight.

Combine quick-cooking tapioca, salt pepper, and milk in top of double boiler. Place over rapidly boiling water, bring to scalding point (allow 3 to 5 minutes), and cook 5 minutes, strring frequently. Add butter. Remove from boiling water; let cool slightly while beating eggs. Add the egg yolks and mix well. Fold in egg whites. Pour into hot buttered 10-infrying pan. Cook over low flame for 8 minutes. Then bake in moderate oven (350 degrees F.). 15 minutes. Omelet is sufficiently cooked when a eggs, separated. It easpoon vanilla. The serves 6.

placing the following vegetable mix 1/2 teaspoon salt. ture between the folded layers. 1/4 teaspoon cinnan

%cup diced celery. 2-3 cup diced carrots. 2 tablespoons sliced onions.

pepper. Serves 6. dealth and a Ramekin of Salmen

tablespoons quick-cooking tapioca. teaspoon salt.

cup fine bread crumbs, buttered. Combine taploca, salt, Cayene, to greased ramekins or custard cups.
Cover with crumbs: Bake in mod-

And there was delivered unto been fulfilled in your ears? This was delivered unto been fulfilled in your ears? This was been fulfilled in your ear

Lima Chowder 2 cups cooked, dried limas.

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and duri deems astroes of time tender, then add limas. Melt butte

from a finisy one ter. And makes an omelet that holds its shape. Rub limas through a course transfer makes an omelet that holds its shape. Rub limas through a course state makes and end of the makes and end of the course same and end of the course same and end. Shape in the crambs, dip in 1 egg beaten with tablespoons cold water and again ro 2 tablespoons quick-cooking taploca. in crumbs. Fry in deep hot fat (890) degrees F.) until brown then drain on soft paper. Place on serving plate and garnish with rings of fried

% cup cold coffee.

1/2 teaspoon cinnamon. 2 cup cocoa.
Cream butter, add honey, sugar, and egg yolks and beat until mixture is light. Stir in nut meats and

1 eggiv .ind 1 cup granulated sugar or 1½ cups brown sugar 2 tablespoons water 2 squares chocolate.

% cup pastry flour.

Take a can of salmon from your and known as the Parashad, whi the second lesson was from the property of the second lesson was for the second lesson was from the second lesson was from the second lesson was for the second lesson was from the second 2 cups died potatoestros of 2 slices fat salt porks and 3 slices fat salt porks and 4 slices fat salt porks and 5 slices fat salt porks and 5

SUNDAY

To set at liberty them that are the Lord." A year that is acceptable

THE LESSON IV. DANISOTH

And recovering of sight to the blind,

TIME - April and May, A.D. 28.

proclaim the

GOLDEN TEXT.

Luke 4:16-30.

heaven was shut up three years and a deneaty, but from the six months, when there came a great famine over all the and 26. And ento none of the a was Elijah sent, but only to Zarephath, in the land of Signonaries, it narrowly constructed to the sent of the s

heir city was built, that they might JESUS DECLARES HIS PURPOSE release to the captives." Sinners are any harm was undoubtedly a miracle literally prisoners, in more ways It cannot be understood in any other than one. "And recovering of sight to way. "They had asked for a miracle the blind." For the blinding power of and this was the miracle granted t sin, see, e.g. John 12:40; 2 Cor. 3:14; them."

The Spirit of the Lord is upon me, 4:4; Eph. 4:18; 1 Jahn 2:11. "To set good tidings to the poort the hath sent me to proclaim release sume at once that sin introvocables. A "Head Office" Staff of 18,000

(Woodstock Sentinel Review) acceptable year of Lord accepts sinners on the basis of When Queen Victoria placed he the Lord. Luke 4:18, 19. the salvation which he has provided plump foreinger on a map of Canin Jesus Christ.

THE LESSON IN ITS SETTING in Jesus Christ.

TIME — April, and May, A.D., 28. "And he closed the book, and gave capital, her late majesty no doubt Cook peas, cedery, and carrots in stirring until batter is smooth. Fold small amount of briskly boiling stirring until batter is smooth. Fold in egg whites and turn into butter tine.

Saute boilon in butter boiling. Saute boilon in butter and tender. Drain. Saute boilon in egg whites and turn into butter until tender. Drain. Saute boilon in egg whites and turn into butter tine.

"And he came to Nazareth, where it was his duty to take the Scriptures day would likely be a lumber town butter until tender, add to other. For 20 minutes, then turn down to he had been brought up." The town from the ark and to put them back. For 15 minutes. Yield: of Nazareth, now known by the name wasning the hear again in the ark after they had been River, perhaps overshadowed by Pembroke. The fact is that designation of the Nazareth was situated in Lower. of en Nasirah, was situated in Lower used. And the eyes of all in the sy. Pembroke. The fact is that design Galfiee about five and one half miles, nagogue were fastened on him. nation as the capital conferred the west of Mount Tabor. And he en. There was something in the look of equivalent of an impressive array of west of Mount Tabon. "And he en, Jesus here that held the people spell." Industrial concerns, so far as employed synagogue was a Jewish institution, founded after the Captivity, and never mentioned in the old Testament. A synagogue could not be erected in a place unless it contained erected in a place unless it contained erected in a place unless it contained or the contained erected in a place unless it contained or the contained erected in a place unless it contained or the contained erected in a place unless it contained or the contained erected in a place unless it contained or the contained erected in a place unless it contained might be one, two or three persons. erate oven (350 degrees F.) 35 min ed butter. Stir in sugar, and addirection excepting when the book of casy for Jesus to address the cast of the cast

1,050; Public Works, already out and pressed. Comment of Trade and out and hey prestol. It's finish Style No. 2600 is designed sizes small, heddim and large. and known as the Parashab, while before this social to 2,550; Department of Trade and the second lesson was from the pro-

Gaysport for better or for wo Jane: Not at all. He measily be a Windle did better really he gang newer, be any withan he is now.

Ratio of Divorce 1 to 12 in

little affair is this coverall ron. Grand for busy houseke

Gay and Pretty

ose Leisure Hours Why Not Employ Them Profitably? Specialised training leads to Increased efficiency, means Increased Efficiency, means Increased Earning Capacity. Overcome inferiority Complex, develop mental power, and equip yourself for better-things, Study leisurely in the quilet of your own home. Write for particulars of fascinating correspondence.

Applied Psychology

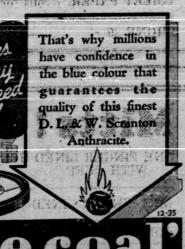


PEARL BELLAIRS

May Be Overcome

"She has been telling him lies, and won there, and he cannot compel to crown to produce any document afternoon. He came to see her, but she was out, and so he told me institute that may be relevant to his claim.

Lord Birkenhead set up a Control of Lords and won there, and he cannot compel to crown to produce any document that may be relevant to his claim.



ints coat, pushed him through the kits chen door and along the passage, where he heaved him out int the street; then Hannen came back to Joan, closing the outer door behind him.

He was very gram; with the streak of blood running down the side of his face, and his eyes still glaring with cold fury, he looked utterly savage.

"Yes, I urderstand very well" he told the pale, frightened Joan. "I've been a roolf Why didn't I take what I, want and face the genences, in the Dominion numbers of more than ten rooms.

In the Martime Provinces, urban homes, such as in Halifax and Saint, John, centre around six rooms.

That's why millions

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In the Martime Provinces, urban homes are larger on the pale of the corner of the room of the

BONT
THIS DEAFNESS
HEAD NOISES
HEAD NOISES
HEAD NOISES
BUT IN BACK
OF CAUSE-INSERT PAR OIL
SLE All Brugists, Restrictive failer on request
Also excellent for Temporary Deafness
and Head Noises due to congestion
caused by colds, Fin and swimming
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Don't **Guess But**

trying to kill Al Brooks! And it was a left and it was all a winder and the was up again. The ment, and with a television box in his home, he will be able to get his entertainment cheaper."

Takington said that television big his home, he will be able to get his entertainment cheaper."

Takington said that television might eventually displace the theater back, attention was in wignal lately and knecked door, and the whole thing was over a shruptly as it had started.

Al Brooks atstacted.

Al Brooks asystill, Was he dead?

An unattended post office van randour and in way in Wignal lately and knecked over two people. On Monday its diver was fined 10 shillings for net having its brackes in efficient working order. The chairman of the magistrate man and dropped upon he for Hannen, Joan datted across to the postrate man and dropped upon he knees beside him.

"Al—Al!" she cried. "Al—get upt Are you hurt?"

Brooks; who was bleeding at the nose, groaned and opened his eyes tremendously relieved, Joan rose and turned to Hannen.

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Brooks; who was bleeding at the nose, groaned and opened his eyes they would have been brought here for permitting displace the theater.

The Well-Dressed

Male Will Go In

Hat Committee of the City Council has goin that television box in his his home, he will be able to get his entertainment cheaper."

The Well-Dressed

Male Will Go In

Hat Well On In

Hat Well Are the post office two peoples on the magistrate the cause of living allowances.

What is a displace the theater.

What we want adaing on the Government allowances is the going

revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake. St. Matthew 5:11.



A Word Building Contest, Lots of Fun and Profit TO SHARE WITH THE CONTESTANTS

Build as many words as you can from "MONEY-MAKING IDEAS UNLIMITED." A letter may not be used more times than it appears in the master sentence. Both singular and plural forms may be used. Number each word. Use one side of the paper only. Do not use abbreviations or any words other than may be found in

Send your result in on or before February 5th, 1936, with an entry fee of Twenty-Five Cents. 25 percent will be shared between those who send in a correct list, 15 po't with one error, and 10 p'c't for two errors. All entrants will receive the results by mail.

FU MANCHU

By Sax Rohmer











THE SEVERED FINGERS—Green Eyes of Horror.

THE FINEST QUALITY COAL MONEY CAN BUY . Phone 19 R. T. CARIER Invie.

Brutally his lips sought hers, crushing their freshness under his own, and though her hands clawed frantically at his shoulders, her whole body will have the same effect."

Tarkington, who has just returned with his wife to their home here are helpless under the weight of his mouth.

At last he let her go, and she drew way, dazed and half sobbing, to lean weakly on the edge of the kitchen scientific books and research books."

The popularity of three factors in it's favor and, to be here to their factors in it's favor and, to be here to their factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be suffered and well printed are author, with his close contact we three factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, to be here to the factors in it's favor and, the state of the same effect."

Tarkington, who has just return, anlike se many ties is probably better qualified to the factors in it's favor and, the state of the same effect."

Tarkington, who has just return, anlike se many ties is probably better qualified to the same effect."

What is favor and, the factors in it's favor and, the same effect."

Tarkington, who has just return, anlike se many ties is probably better qualified to the favor and here factors in

Poetry Doomed To Extinction INDIANAPOLIS — Booth Tark-incton looked into the future of literature and predicted the ultimate

"She has been telling him lies, and the sum of the suit being worn, but the suit being worn, but the suit being worn, but the sum of the sum of

homes, such as in Halifax and Saint
John, centre around six rooms,
while the rural homes are larger on
the average than in any other part
of Canada. Five-room homes are
the most numerous in urban Quebec
but in rural Quebec there is no
definite favor for any special size.

WASTE OF COAL TAR

Up until about the middle of the
19th century coal tar was regarded
as a waste product and thrown away,
or burned under the retorts, but beginning in 1846 its value was disdefinite favor for any special size.

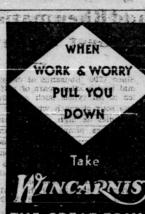
Both rural and urban Ontario homes characteristically include six rooms, the outstanding exception being Ottawa, where seven-room houses are most numerous. Over 60 per cent. of prairie rural homes contain four rooms or fewer, while the number of such homes in Ontario is less than 23 per cent. Four-room homes dominate in both rural and urban areas of British Columbia. Renfrew Mercury.

Remember that life is neither pain nor pleasure; it is serious business, to be entered upon with courage and

Know Remedy You Use

Don't Entrust Your

is SAFE?



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