Woman's World

By Mair M. Morgan

Delicious Shortcake

Way back in the sixteenth century some doctor in England said of the strawberry: "Doubtless God could have made a better berry, but doubtless God never did."

For some reason or other we almost invariably associate shortcake with strawberries, but all the fruits in their seasons may be served in shortcake. Sometimes I think red raspberries are even better than strawberries and when we have a fresh peach shortcake I wonder if maybe it isn't best of all.

Old-fashioned shortcake is almost a full meal in itself, served with plenty of fruit and lots of rich cream. So plan to use a shortcake dessert after a very light meal unless you serve very small portions.

Lately I've been using a lot of buttermilk in baking and it certainly does make a crdst of melting tenderness.

An aside to the bride: one-half cup flour and the other ingredients in proportion will make a shortcake for two. That is, just half the recipe will be plenty for two. If you have a guest, use three-fourths the recipe. A quart of berries will be needed for three persons.

Buttermilk Shortcake For Four

One cup flour, 1 teaspoon baking powder, ¼ teaspoon soda, 2 tablespoons butter or other shortening, 1 cup buttermilk, ½ teaspoon salt.

Mix and sift flour, baking powder, salt and soda. Cut in shortening with pastry blender or tips of fingers. Cut in buttermilk with a knife. Divide in two equal parts and put one part on a lightly floured molding board. Pull together with tips of fingers dipped in flour and roll with a floured rolling pin into a sheet about ¾ of an inch thick. Put on a greased baking pan and brush with softened butter. Roll remaining dough to fit the lower section and put on top of dough pan. Bake in a hot oven (375 degrees F. for twenty-five minutes. When ready to serve split sections apart. Spread lower cake with butter and cover with a thick layer of crushed berries. Add top layer and cover with more berries. Cut in wedges and serve with sugar and cream.

Soak Berries In Sugar

To prepare berries, wash and hull. Cut in quarters or crush with a potato masher. Sprinkle ¾ cup of sugar over a quart of berries and let stand in a warm place while mixing and baking the cake.

If you like you can cover the top layer of the cake with a thick coating of whipped cream and press fine large berries up. Of course, this makes a very handsome dish to serve at the table.

The shortcake made with sponge cake is far more suitable to serve after a hearty dinner than the old-fashioned variety. Bake a light sponge cake in a thin sheet, much as you would for a jelly roll. Pile up in layers with crushed and sweetened berries between. Mask with whipped cream and top with a fine large berry.

THIS WEEK'S WINNERS

Combination Salad

1 tin tomato soup or juice, 1 lemon jelly powder; heat soup and dissolve jelly powder in it; add 1½ cups chopped celery, 1 green pepper (chopped), 1 small onion, ½ cup blanched almonds, ½ lb. plain white cheese (diced), 1 cup salad dressing.

Mix well together and set in a loaf mold (or individual molds). To serve, cut in slices and place on crisp lettuce leaves. Green peas are very nice in this salad, too. Add less ingredients if not so large a salad is required.

Raspberryade

Mash 1 cup raspberries, place in a jug with 4 tablespoons sugar and the finely peeled rind and juice of 2 lemons. Pour on 2 pints boiling water. Strain carefully when cold. Serves 6.—Mrs. Stewart Nelson, Box 338, Campbellford, Ont.

Vegetable Salad

1 cup of finely cut red cabbage, 1 cup of cold boiled red beets, 1 cup of cold boiled carrots, 1 cup of cold boiled potatoes, 1 cup of cold boiled green peas, 1 cup of finely cut celery, 1 head of lettuce, 1 cup of mayonnaise dressing.

Chop beats, carrots, potatoes and beans and add to cabbage and celery. Mix all together with dressing and serve on lettuce leaves.—Mrs. W. Burwell, R.R. 1, Thamesville, Ont.

Attention

We will pay $1.00 on publication for the best salad dish or refreshing drink recipe received.

Simple Lines Mark This Exclusive Model

1873-B

Checks in crepe, silk, pique, linen or cotton lead the way to chic in this easy, casual, day dress. While the design emphasizes smooth slim lines, comfortable fullness for the skirt is provided by a wide insert at the front.

The model cuts quickly and easily, with only seams to join at the sides, panel and waistline. No troublesome armholes to discourage amateur dressmakers, as the sleeves and shoulder line belong to "one family," and a slim waistline is assured the minute you insert the back darts. This is a perfect utility frock for a multitude of daytime needs. You can make it as a house frock too—it's so simple and quick to launder, and being collarless, ever easier to iron.

Barbara Bell Pattern No. 1873-B is available in sizes 32, 34, 36, 38, 40, 42 and 44. Size 34 requires 4¼ yards of 35-inch material.

HOW TO ORDER PATTERNS

Write your name and address of pattern wanted. Enclose 20c in stamps or coin (coin preferred); print it carefully and address your order to Barbara Bell, 73 Adelaide W., Toronto.

This Should Rope In Plenty of Visitors

All of a twirl about forthcoming Willits Frontier Days are these three Willits, Cal., lassies who will twirl ropes at rodeo. Alice Good, Ester Simonsen and Grace Larkin (left to right).

SUNDAY SCHOOL LESSON

LESSON II.—July 12
WITNESSING UNDER PERSECUTION
Acts 3 : 1—4 : 31;
I Corinthians 1 : 21-25
GOLDEN TEXT.—We must obey God rather than men. Acts 5 : 29.

THE LESSON IN ITS SETTING

Time.—The events recorded in the third and fourth chapters of Acts took place in the summer of A.D. 30. The First Epistle to the Corinthians was written from Ephesus, approximately a quarter of a century later, about A.D. 56.

Place.—The city of Jerusalem.

"And it came pass on the morrow, that their rulers and elders and scribes were gathered together in Jerusalem. And Annas the high priest was there." While Annas had been deposed in 14 A.D. from this position by the Roman procurator, he was nevertheless looked upon as the leader of the Jewish Sadducean aristocracy, and enjoyed for nearly half a century the real power of the high priesthood. Christ was brought to Annas first in the unfair trial which he underwent (John 18 : 13, 24). "And Caiaphus." He was the son-in-law of Annas, "equally astute, unscrupulous, and unpatriotic." "And John, and Alexander." Of these two men we know nothing. "And as many as were of the kindred of the high priest." This was an official meeting of the most important body of men in all Jewry.

"And when they had set them in the midst, they inquired, By what power, or in what name, have ye done this?" The picture of these Galilean apostles standing before the most august body of religious leaders in the world at that time is a picture which the imagination does well to dwell upon.

"Then Peter, filled with the Holy Spirit, said unto them, Ye rulers of the people, and elders. If we this day are examined concerning a good deed done to an impotent man, by what means this man is made whole." Peter's "opening sentence has a sting of sarcasm in it." He stated that they had been charged "not with a crime, but with a deed of beneficence. The council was at a disadvantage from the start. A good deed was then, as it is now, the bulwark of the gospel."

"Be it known unto you all, and to all the people of Israel, that in the name of Jesus Christ of Nazareth, whom ye cr-cified, whom God raised from the dead, even in him doth this man stand here before you whole." Peter is not frightened by the learning, power, and hatred of the men before whom he faces. He is possessed with facts.

"He is the stone which was set at nought of you the builders, which was made the head of the corner." The quotation is from Psalm 118 : 22, a verse used also by the Lord Jesus (Matt. 21 : 42; Luke 20 : 17), and, many years later, again by the apostle Peter (I Pet. 2 : 7, 8.

"And in none is there salvation: for neither is there any other name under heaven, that is given among men, wherein we must be saved. "The original question was not one of salvation. It was merely a question of healing a lame man, but you never find the apostles confining themselves to the mere incident. Every miracle is only a text; every sign or token is only a starting-point.

"For seeing that in the wisdom of God the world through its wisdom knew not God." This passage is much like the one which Paul wrote a few years later in the opening chapter of his epistle to the Romans (1 : 19-25). "It was God's good pleasure through the foolishness of the preaching to save them that believe." "It is called foolishness (1) because those who were perishing thought it so; (2) it required no high intellectual gift, but simple faith in a crucified and risen Lord."

"Seeing that Jews ask for signs." (See Matt. 12 : 38; 16 : 4; John 4 : 48.) The Jews sought for visible proof that Christ was the Messiah. "And Greeks seek after wisdom." "The Greek restlessly felt after something which could dazzle his ingenious, speculative turn, and he passed by anything which failed to satisfy his intellectual curiosity (Acts 17 : 18, 21, 23)."

"But we preach Christ crucified, unto Jews a stumblingblock, and unto Gentiles foolishness." Paul was confident that there was no power in a Christian message unless that message centered in the cross of Christ.

"But unto them that are called, both Jews and Greeks, Christ the power of God, and the wisdom of God." Christ crucified is the power of God because the gospel is "the power of God unto salvation" (Rom. 1 : 16). By the work of Christ on the cross, we are delivered from the wrath to come, we have peace with God, we are redeemed from the bondage of sin, we are made members of the body of Christ.

"Because the foolishness of God is wiser than men; and the weakness of God is stronger than men. A paraphrase of this verse might read: "The doctrine of the cross, though regarded as absurd and powerless, has more of power and wisdom than anything which ever proceeded from men."

Gems From Life's Scrapbook

Peace

"Peace is the evening star of the soul, as virtue is its sun; and the two are never far apart."—Colton.

"Peace does not dwell in outward things, but within the soul."—Fenelon.

"If all the known instruments of war were dumped into the sea, it would not remove the underlying sources of strife or induce man to live together as brothers. Peace is not a negative condition or attainment, but the realization of one's heavenly birthright of love for his neighbor, without which no nation may dwell in undisputed security."—The Christian Science Journal.

"No peace was ever won from fate by subterfuge or agreement; no peace is ever in store for any of us, but that which we shall win by victory over shame or sin, victory over the sin that oppresses, as well as over that which corrupts."—Ruskin.

"If we have not peace within ourselves, it is in vain to seek it from outward sources."—Rochefoucauld.

"Speak, move, act in peace, as if you were in prayer. In truth, this is prayer."—Fenelon.

Either Way

"Can you serve company?" asked the housewife, when she was hiring the servant.

"What do you mean?" asked the puzzled one.

"So's they'll come again, or stay away."

HOW TO ENTER CONTEST

Plainly write or print out the ingredients and method and send it together with name and address to Household Science, Room 421, 73 West Adelaide Street, Toronto.

Taking the Curse Off Spinach—"So Good For You"

Since mothers have [illegible] this vegetable, spinach, the [illegible] has increased and so stimulated culture that you can buy the table at markets the year [illegible] However, the early spring [illegible] the heaviest and of the finest [illegible]

When you market for spinach for plants with plenty of healthy leaves. The condition of leaves is of prime importance. [illegible]um-sized plants of good, dark color, leaves fresh and crisp, from sand or dirt, are desirable mean that the vegetable will [illegible] er and an attractive vivid green.

Sand Won't Drain Off

Nowadays it's seldom that [illegible] ping of spinach is needed, [illegible] weedy spinach means loss of [illegible] as well as time in sorting out weeds.

Spinach which is very sandy [illegible] dirty is difficult to clean, for [illegible] seems to defy all washing. I [illegible] did blame the little girl [illegible] she didn't like spinach because [illegible] vitamins got in her teeth. [illegible] served gritty spinach.

If the leaves are light [illegible] a yellowish tinge and [illegible] tiny insects are apt to be [illegible] and I'd look further for my [illegible] vegetable.

In washing, always lift [illegible] from one water bath to [illegible] In this way the sand settles [illegible] bottom and is not disturbed [illegible] pour the water off without [illegible] the leaves the sand is [illegible] back through them and then [illegible] little cleaner after several [illegible]

I always cut the leaves [illegible] stems, discarding both the [illegible] stems.

Let Excess Water Drain

After throughly washing [illegible] let it drain in a colander [illegible] minutes to remove excess [illegible] then cook it covered about [illegible] utes. Remove cover and [illegible] with a fork. Cook, uncovered [illegible] til tender and almost dry [illegible] with salt just before removing [illegible] the fire.

If you chop the vegetable [illegible] it will be necessary to reheat [illegible] fore service. Careless supervision [illegible] done more to make spinach [illegible] lar than the taste of the [illegible] self. Be sure it is very hot [illegible] seasoned. Some [illegible] a horseradish for seasoning, [illegible] t-es.

Health of British Children

Glasgow Herald writes: Sir [illegible] dren have a death rate which [illegible] than that of any other [illegible] they suffer from a great [illegible] ments and defects, many [illegible] terfere with their proper [illegible] velopment, or retard the [illegible] The medical records indicate [illegible] ability and deformity [illegible] ses as rickets, tuberculosis [illegible] respiratory diseases of [illegible] much less frequently [illegible] are less grave than those [illegible] pointed out however, that [illegible] tine inspections about [illegible] children have a physical [illegible] kind or another to which [illegible] "irremediable" can be [illegible] plied. Some of these [illegible] but most are the aftermath [illegible] By far the commonest [illegible] caries, which is present [illegible] cent of the children.

Cheerfulness Begins

London Sunday Dispatch: Nothing succeeds like [illegible] confidence already [illegible] our progress since [illegible] prise in a time of cheap [illegible] courageous spending and [illegible] can keep the wheels [illegible] turning with increasing [illegible] would advocate cultivating [illegible] things, but courage and [illegible] not commentary. With a [illegible] home market, with cheap [illegible] finance exportable [illegible] wages already rising [illegible] of living, Britain can be [illegible] confident about her [illegible] however gloomy [illegible] be.

FU MANCHU

By Sax Rohmer

Any Time is Tea Time "SALADA" TEA

The Tenth Concession Gate

There was a nadvertisement in a [illegible] farm paper, and the top line [illegible] "Gates That Neither Sag Nor [illegible]" That was in good big letters [illegible] a person could see it without puz- [illegible] gest. And that line caused us to [illegible] on reading and also to carefully [illegible] the picture. comments the [illegible] terborough Examiner. Yes, sir, [illegible] it was a gate that would not drag. [illegible] A gate that would not drag. [illegible] there are quite a number of such [illegible] at farm places today, and for [illegible] reason we say that farming in [illegible] rel must be moving on. Because [illegible] used to sag and drag. They [illegible] on the Tenth Concession. They [illegible] and they dragged collectively. [illegible] was no such thing as standing [illegible] corner of the gate and giving [illegible] a push and having it swing [illegible] When the wagon was going to [illegible] when the bogey was going to [illegible] when the sleigh was going to [illegible] whenever there was any traffic [illegible] or up the lane we always had [illegible] go and open and shut the gate. [illegible] ening and shutting the gate was [illegible] a way helpful. It gave one a cor- [illegible] idea of what a quarter circle [illegible] like, because there was a fast- [illegible] and permanent quarter circle in [illegible] end of the lane. There was sort [illegible] a wire hoop which went over the [illegible] of the gate post. Just why that [illegible] ening had to be put in place was [illegible] thing we never found out. There [illegible] er was any strain on it because [illegible] ag in the gate made the free end [illegible] it go plunk, right down in the [illegible] and there it was fastened with [illegible] idea of moving.

The gate that stood between the [illegible] ryard and the house was the [illegible] ne. It sagged and it dragged, and [illegible] was a worse sagger and a worse [illegible] gger than the one at the end of [illegible] lane. That gate was opened and [illegible] a good many times a day and [illegible] ays it has to have that piece of [illegible] e hoop looped up over the gate [illegible]

[illegible] a gate at the end of the [illegible] and another one between the [illegible] and barnyard and have neither [illegible] them sagging and dragging would [illegible] an awful difference on farming [illegible] general. It would be like the water [illegible] ot out of a tap instead of having [illegible] prime the pump and then pump [illegible] the water. We wish they had found out how to make gates like that a long time ago. Going down the lane to open and shut the gate used to get monotonous and it seemed such a useless thing. The hired man who drove the milk can down the lane on the stone boat was the only one who never expected to have some person run and attend to the gate for him, and we've always thought kindly of him for it. We think it would help to keep boys on the farm if all farms had those gates which neither sag nor drag.

For Latest Information Re SOUTH McKENZIE ISLAND MINES LTD. adjoining Gold Eagle
APPLY
WELLINGTON BOOTH AND COMPANY
330 BAY ST. - TORONTO ENT.
WA. 4316-7-8-9

Fast Selling Profitable Lines
Household Insect Spray or Powder Shoe Spray, Liquid Incense, Gritless Hand Soap, Paste or Powder, and many others.
Liberal trial order and particulars, $1.00 prepaid
HORROCKS COMPANY
Windsor, Ont.

Weather Forecasts Through Magnetism

A Startling Relationship Is Reported by Texas Observers

Dr. E. F. George, and Dr. Florence Robertson of Texas Technological College think they have discovered a way of forecasting the weather with the aid of the earth's magnetic field alone. They use a magnetometer—an instrument that measures the magnetic intensity of the earth. So far as West Texas is concerned, they report this startling fact to the American Physical Society:

In about 95 per cent of the cases observed, a high magnetometer is followed by bad weather (rain, snow, sleet, hail, thunder, lightning, sand storms, dust storms, violent winds, cold waves, etc.). In the majority of cases the rise in the magnetometer came about a day in advance of the adverse weather change.

In about 57 per cent of the cases observed, a low barometer is followed by bad weather. The falling barometer, when it occurred, preceded the bad weather by a much shorter interval of time than the high barometer.

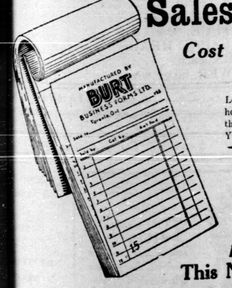
And so the two investigators conclude that the barometer can be dispensed with and the much more delicate magnetometer relied upon.

Weather Bureau officials view all this with skepticism. There was once a magnetic station on Mount Weather, Va. Meteorologists used it to discover any such relationship as that reported by Drs. George and Robertson. They could find none. The physicist will object that magnetic effects are planetary, but that the weather is purely local phenomenon.

30,000 Insects Travel From England on Ice

LETHBRIDGE, Alta.— All the way from England, travelling on ice, 30,000 insects, enemies of the western saw fly, a menace to grain crops have arrived here. Government entomologists, in a war on the saw fly, released the insects in the Nobleford district. The imported insects, experts say, thrive on a saw fly diet.

Properly Designed Sales Books
Cost No More!



Let us show you how we can improve the appearance of YOUR sales books.

Phone
This Newspaper
or write
The Wilson Publishing Co., Limited
73 Adelaide St., W., Toronto

Quaint Custom Still Prevails

Flowers Provided for Judges During Summer Months At Old Bailey

LONDON. — Justice Charles, a bachelor, referring to the fact that on the jury in a case at the Old Bailey, were two women, said: "I have only one bouquet, and I think that one of them should have it. I must not encourage gambling, of course, but I suppose they will have to toss for it." His Lordship, looking towards the woman jurors, smilingly added: "You must arrange it between you."

The younger jurywoman waived her right to the bouquet.

Flowers are provided for the judges from May 1 to September 1, the custom dating from the time when gaols and courts were so unsanitary, flowers were furnished as a protection against the evil smell.

Salt On Roads Keeps Moving

Mends Bad Spots. Scientists Explain Why It Assures Good Hard Surface

ITHACA, N.Y.—Common salt, used in surfacing automobile roads of clay-and-gravel mixture converts its grains into countless robots who labor incessantly road repairs.

The discovery of this surprising way in which the salt particles move up and down in the road to keep it moist, smooth, tough and dense was made public at Cornell University today during the celebration of the semi-centennial of Sigma Xi, Honorary Scientific Society.

The salt particles convert a mass of clay, sand and gravel into a surface as hard as macadam. How they accomplish this was a mystery until their workings were studied in the laboratory of Dr. H. Ries, professor of geology. He undertook this study for the International Salt Co., after a few experimental salt-soil-stabilized roads had shown their worth in Michigan, Louisiana and Nova Scotia.

Rock salt is mixed with the top three inches or more of road, with at least two pounds of salt to the square yard. The mixture is smoothed and sprinkled enough to dissolve the salt. It is rolled smooth and hard. As the surface dries it "sets" and stays hard.

Rain runs off without erosion. Even during the long wet spells of winter, the Cornell experiments show that a salt road does not appreciably soften.

When the road dries out the robot salted particles start their most spectacular road repair work, creeping up from the deeper parts of the road and forming a soluble cement to bind together the surface particles. This prevents the road from drying out rapidly and keeps down dust.

These roads, Prof. Ries said, require far less maintenance than old type gravel roads and are much less expensive to build than macadam. A sprinkling of salt once a season has been found sufficient as a rule to keep the robot particle army sufficiently replenished.

Make a Laura Wheeler Knit That's Both Practical and Gay

KNITTED BLOUSE AND SKIRT PATTERN 1236

Airy, cool and practical—this two-piece knit. The blouse, perky with Gibson Girl sleeves, is done in a quickly learned lace stitch in string. Skirt is plain knitting. Pattern 1236 contains directions for making this blouse and a plain knitted skirt in sizes 16-18 and 38-40 (all given in one pattern); illustrations of blouse and all stitches used; materials needed.

Send 20 cents in stamps or coin (coin preferred) for this pattern to Needlecraft Dept., Wilson Publishing Co., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

Indirect Help

G.B.S. Sends No Money But His Letter Is Sold for $50

BIRMINGHAM, Eng., — Although he put up no money, George Bernard Shaw has nevertheless contributed to the restoration of an ancient manor house here.

Replying to a letter asking his contribution to the work, Shaw said:

"Better sell the whole place to Americs. I have no influence in Birmingham. There are thousands of leading citizens who can afford the needed money better than I. Besides, if Birmingham does not want the castle, I should not intervene"

Shaw's letter was auctioned for about $50, which the sponsors turned to the restoration fund.

"There Was a Little Girl"

There was a litle girl, who had a litle curl
Right in the middle of her forehead.
And when she was good, she was very, very good,
But when she was bad she was horrid.

She stood on her head, on her little trundle-bed,
With nobody by for to hinder;
She screamed and she squalled, she yelled and she bowled,
And drummed her little heels against the winder.
Her mother heard the noise, and thought it was the boys
Playing in the empty attic,
She rushed upstairs, and caught her unawares,
And spanked her, most emphatic.

—Henry Wadsworth Longfellow.

Home Sweet Home

SOMERVILLE, N.J.—Be it ever so palatial, there's no place like home to Mrs. James H. R. Cromwell, the former Doris Duke, who inherited the vast tobacco fortune of her father, the late James B. Duke, and came to be know as the world's richest girl.

She may roan the earth, as she did after her marriage, tasting the fruits of wealth in foreign lands, but she always comes back to Somerville. Here she enjoys a 30-room house on a 2,300-acre estate with its 42 miles of improved roads, its woodland glens and a multitude of bass and trout, fearless of capture, flash in the eight lakes and the winding streams.

Mrs. Cromwell was born on the estate, lived here most of her life, and has spent many week-ends here since her marriage and honeymoon. She has 11 servants, who occupy the third floor quarters. The big rustic stone stable is now the garage—it looks like an automobile show room, and its floor is covered with matting. Improvements of recent years include a swimming pool, 60 by 120 feet with underwater lighting effects; an indoor tennis court and a lounging room where movies are shown.

Two motorcycle policemen patrol the roads of the estate. Guards are always on duty at the entrances, and the grounds are strictly private.

Billboard Taxes Oust Sky-Writers

PARIS — Sky-writers do no sky-writing over Paris.

Under city laws it costs 90 francs a month per square yard to plaster posters on billboards, walls or fences.

Through a strange quirk in the old laws that rate also applies to sky-writing. By flying at the legal height, a good aviator could cram the words "O.K. Paris" into about 350,000 square yards.

Since the minimum payment on a poster is a month, those seven letters would cost about 31,500,000 francs, or roughly $2,205,000.

Dandelion Uses Cover Wide Range

MONTREAL. — The virtues of the dandelion are extolled by an editor in The Gazette. He is silent on the subject of the good green grass which the dandelion kills out and on the ugly scene after the weed has done its work of reproducing itself in every place where it can gain fothold, 200 flowers in one!

Yet, credit where credit is due, and to quote the editor:

"Our forefathers had a much higher opinion of the dandelion in a general way than we have, though we may know more about the intricate working of its arrangements than they did. By them the dandelion was used as a medicine, a vegetable, and a salad, and greatly esteemed for all, but especially for the first-named.

"Dandelion tea was once considered a panacea for ills, such as fevers and liver troubles, and as a general tonic found many to recommend it. Dandelion leaves, used as 'greens,' have never quite gone out of favor. Country people still cook and eat them in the Springtime, when other vegetables are scarce. Dandelion beer is a rustic, fermented drink familiar to many.

"The thick tap-root of the dandelion when ground has often done duty for 'coffee' making, and if washed whole and then ground it is said to be almost indistinguishable from the genuine article. In fact, so many are the uses of the dandelion that the story is told that once, when Minorca was suffering from famine through the depredations of locusts the inhabitants were able to eke out an existence for a time by the aid of the dandelion plants that abounded on the island."

"After You, Gaston"

Sydney, N.S., Twins Each Wanted Other to Be Given Bursary

TRURO, N.S. — Mary and Joan Nolan, of Sydney, N.S., are twins whose best friends can hardly tell them apart.

The faculty of the Nova Scotia Normal College couldn't decide which should receive a bursary. Both were deserving.

Said Mary: "Give it to Joan."
Said Joan: "Give it to Mary."
The faculty gave it up and decided to award a bursary to each.

Choice of Shoes Vital to Babies

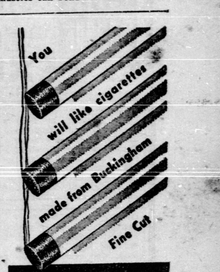
Child's First Walking Footwear Must Be Carefully Chosen

Baby's first shoe is important only as a souvenir, but his first walking shoe is a momentous matter that may have far-reaching, harmful results if it is not properly selected. Children's shoes have reached a stage of development now where there is little across for any child reaching school age without naturally perfect feet.

Only one of 26 bones in the foot structure is properly developed at birth. The rest do not develop completely until the age of 20. This is the reason proper care in babyhood shoes for your child. Far better to portance for foot health in later and childhod is of the utmost imyears. It never pays to buy too cheap, skimp on the material of his clothes than upon the shape, style, quality and fitting of good shoes.

Many of the foot defects suffered by children of school age could have been avoided by proper care in their babyhood.

The very soft shoes that are ideal for the small baby just learning to stand are not correct for the walking stage. A firmer shoe is required for this period, with a sole sufficiently heavy to protect the foot yet so very flexible that the undeveloped muscles can bend it.



YOUR SAFEST INVESTMENT IS IN YOURSELF !

Specialised training will enable you to overcome INFERIORITY COMPLEX, to develop MENTAL POWER, and to equip yourself for better things in life.

Write for particulars of our special course in mental training.

The Institute of Practical and Applied Psychology
210 CONFEDERATION BUILDING
Montreal — Quebec

The Graphochart

Shows how to read character from handwriting, at a glance.
10c PREPAID
Graphologist Room 421
73 Adelaide St., W.
Toronto

MOOSHLA

An important gold property in Bousquet Township, Quebec. Work to date has disclosed ore over excellent widths and with very high average values increasing with depth. Send for map and analysis. W.L.

DRAPER DOBIE & COMPANY
330 Bay Street ADel. 9171 Toronto, Ontario
MEMBERS
THE TORONTO STOCK EXCHANGE
Branch Office 12 Queen Street St. Catharines
We broadcast stock quotations at 12.30 and 4.00 p.m. daily over CKTB