

# Woman's World

By Mair M. Morgan

## Three Layers to Success

Cooks of long ago didn't worry about accuracy—they couldn't have stood in a witness box and told the whole truth and nothing but the truth about their recipes because they didn't know it. They cheerfully said "two cups of flour" and forgot that no other kitchen used exactly the same cup for measuring, and that other cooks used different kinds of flour made from different kinds of wheat. They just couldn't understand why everyone who had the recipe couldn't turn out a tender, moist, delicious cake.

Now those old recipes brought up-to-date give every cook a chance to make perfect cake, for dietitians now specify exactly the ingredients to use to insure success. For instance try the following recipe for the above delicious-looking cake:

**Chocolate Peppermint Cake**  
2 cups sifted cake flour; 1 teaspoon soda; 1/2 teaspoon salt; 1/2 cup butter or other shortening; 1/4 cup sugar; 1 egg unbeaten; 3 squares unsweetened chocolate, melted; 1/2 cup thick sour cream; 1 teaspoon vanilla; 3/4 cup milk; 1/2 cup flour once, measure, add soda and salt, and sift together three times. Cream butter thoroughly, add sugar gradually, and cream together well. Add egg and beat very thoroughly, then chocolate and blend. Add about 1/2 of flour and beat well, then add sour cream and beat thoroughly. Add remaining flour, alternately with milk, beating well after each addition. Add vanilla. Turn into two greased 9-inch layer pans and bake in moderate oven (350 F.) 30 minutes, or until done. Spread Peppermint Frosting between layers and on top and sides of cake. Decorate with 1 inch border of chocolate flakes.

**Frosting**  
2 eggs whites, unbeaten; 1/4 cup sugar; 1 teaspoon vanilla; 5 tablespoons water; 1/4 teaspoon light corn syrup. Combine egg whites, sugar, water, and corn syrup in top of double boiler, beating with rotary egg beater until thoroughly mixed. Place over rapidly boiling water, beat constantly with rotary egg beater, and cook 7 minutes or until frosting will stand in peaks. Add just enough red coloring to hot.

## A Pocket Telephone

It is announced that an Italian scientist has just perfected an invention to enable the telephone subscriber to receive and answer calls when driving about in a car, as well as if he were at home or in the office. A specially designed wireless receiver and transmitter are fixed to the instrument at home and a similar equipment attached to headphones is carried in the car. The equipment is small and light, and can be worn by the driver.

## FU MANCHU

By Sax Rohmer

"Twice Dr. Fu Manchu, advance agent of a gigantic Yellow Peril against civilization, has sought to kill Nayland Smith, British official, and his associate, Dr. Petrie. On a visit to Shen Yen's dope shop in London, Fu Manchu's headquarters, the two barely escape with their lives through the aid of the Chinese villain's slave girl, Smith's mission... to rid the world of the criminal monster... remains unaccomplished..."

## Barretts of Wimpole St. House Falls



The house famous in English letters, once occupied by the "Barretts of Wimpole Street," long a picturesque London landmark, has been sold to a new owner. The new house, however, will include some of the fittings and mantelpieces once familiar to Robert Browning, the poet. Here is the scene as workmen demolish the structure.

## CANNOT IGNORE FACTS OF DAY

"The point made by Charles A. Beard in a speech at a meeting of American teachers and school superintendents at St. Louis is one that is central in all discussions of academic freedom," observes the Baltimore Sun. Professor Beard said the present age is inescapably one of conflict and, since honest teaching cannot overlook that reality, it must, therefore, take account of subjects which are controversial and of matters about which people feel strongly. There is no possibility of concealing from children and from youth the turbulence of the modern world. And one of the chief hopes which reasonable people can seriously entertain is that a more exact and profound understanding of the causes and the nature of deep and universal difficulties will eventually equip mankind to overcome them in large measure. To disregard the issues which this study involves, or to treat them as if they yielded at once to easy formulae, is to falsify the whole position and to defeat the most important ends which education has in view. That was what Professor Beard said when he was speaking of the "turbulence of the modern world." The turbulence of the modern world is a fact, and the shaking of all ideas which may be regarded as dangerous, "is more than a betrayal of knowledge and truth. It assumes that knowledge and truth are to be won by lies and deception."

So far as we can see that argument is irrefutable. Falsification of ideas is not a neutral matter, but it is a betrayal of knowledge and truth. It assumes that knowledge and truth are to be won by lies and deception."

Natives of Papua have to get permits to wear clothes, according to Sir Hubert Murray, Lieutenant-Governor of Papua. A Papuan, he said, stands the test of the undergarment and the need for constant washing to prevent disease, before the permit is issued.

## HOW TO ORDER PATTERNS

Write your name and address plainly, giving number and size of pattern wanted. Enclose five stamps or coin (no order) and send to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

# SUNDAY SCHOOL LESSON

LESSON XI—MARCH 15

Jesus Teaches His Disciples To Pray  
GOLDEN TEXT—"If we ask anything according to his will, he hears us."—1 John 5:14.

THE LESSON IN ITS SETTING  
This—All the events in this chapter occurred in November-December, A.D. 28.

Place—Petrus, as in the preceding lesson.  
And it came to pass, as he was praying in a certain place, that when he ceased, one of his disciples said unto him, Lord, teach us to pray.  
"They had no doubt entered into a life of prayer at the beginning of their fellowship with Jesus, with great earnestness and perhaps with faithful regularity, but as persecution and misunderstanding arose, as the first of their disciples passed, and the burdens of their ministry became heavier, their prayer life may easily have become mechanical. The following prayer has been divided into two parts. The first has been called 'The Prayer of the Disciples' and the second 'The Prayer of the Master.'"

When we pray, say, Father. In the Old Testament God is seldom spoken of as Father, and, then, in reference to the Israelites, not to the individual. But in the New Testament, the Lord Jesus really rises to men for the life of fellowship with God as a new name.

"Hallowed be thy name." The name of God expresses the character of God. To hallow his name means to treat as holy, to revere (1 Pet. 3:15; Isa. 29:23). "Thy kingdom come." The earth is the very centre of God's kingdom. It is here that he had proposed to reveal his glory in the ages to come. Jesus is to be King over all the earth and to sit on the throne of his father David. This is the true and ultimate meaning of the prayer, "thy kingdom come."

"Give us day by day our daily bread." We might translate the first phrase, literally "continue giving to us." The petition includes more than that of the one in Matthew, where, which we interpret literally, the petition is for bread "for the coming day." In Luke, the petition might be paraphrased, "Continually give us day by day our bread for the coming day."

"And forgive us our sins; for we ourselves also forgive every one that is indebted to us." Some one says, "That is not the ground of grace and that does not belong to us. It is the prayer of Jesus himself, who is the King of the Kingdom. He gave that to men inside the Kingdom. If I go to a man outside, I am indebted to him. If you promise to forgive, you will be forgiven. The man outside gets his forgiveness with no condition, when he prays, but once he is in the Kingdom, he does not get forgiveness unless he is ready to forgive, unless he has forgiven." And bring us not into temptation. Temptation is sometimes spoken of in Scripture as coming from God, sometimes as coming from Satan. God tempts no man to evil, but he tests him; he tries and tests, as he tempted Abraham and the children of Israel in the wilderness. Satan tempts us evil; he tries to infuse evil into the human mind.

"And he said unto them, Which of you shall have a friend, and shall go unto him at midnight, and say to him, Friend, lend me three loaves. In the Orient, to avoid heat, travel is often arranged in at night. When the books are opened, it will be discovered that more important and prevailing prayer has been offered at midnight than at all the other hours of the day and night taken together."

"For a friend of mine is come to me from a journey, and I have nothing to set before him." Even the deepest poverty was not held to excuse the primary Eastern virtue of hospitality. And bring us not into temptation. Temptation is sometimes spoken of in Scripture as coming from God, sometimes as coming from Satan. God tempts no man to evil, but he tests him; he tries and tests, as he tempted Abraham and the children of Israel in the wilderness. Satan tempts us evil; he tries to infuse evil into the human mind.

He expressed disapproval of socks and mortar boards, and of women choristers, and the casework was a matter of the most serious kind. Women in choir, he said, wear gowns of grey or blue down the front and wear dresses, much like universal

## The Yellow Monster Lives

The ideal rural peace of an English summer evening lay upon Redmont, the Englishman, to the moonlight shadow of the gathering dusk held fantastic terrors. To any one every sound was a signal of danger. For the hand of Fu Manchu was stretched over Redmont, at any hour to loose strange, Oriental horrors upon its inmates...

# Any Time is Tea Time

THE REMARKABLE ROMANCE OF AN INDUSTRIAL DICTATOR

## Velvet and Steel

By PEARL BELLAIRS

SYNOPSIS  
Joan, daughter of humble origin, is introduced as a social equal of Miss Mary Fountaine, rather than as an aristocrat. She meets Piers Hamilton, a millionaire, who forces his attention on her. Lord Edwards proposes to Joan, but she has already accepted Piers. Piers Hamilton takes Joan and her family for a cruise aboard his yacht.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

Each cake wrapped air-tight. ROYAL YEAST CAKES are always Full Strength. RAISIN BREAD. STREUSEL CAKE. PARKER HOUSE ROLLS.

## Crimes - Justice Mysteries - Solution Experts - Money Men and Women

Special Investigator or Special Agent. The British School of Secret Service. 14 Dundas Street, Toronto, Ont.

Booklet FREE! The Royal Yeast Cake Book. The Royal Yeast Cake Book. The Royal Yeast Cake Book.

Best for You and Baby Too. Baby's Own Soap. 10 Individual cartons.

## EVERY DAY LIVING

A WEEKLY TONIC By Dr. M. M. Lippin

### THE TRUE WEALTH OF LIFE

The readjustment of the social and economic order has been talked about a great deal in recent years. Writers, politicians, clergymen, as well as the man in the street, have all shared in the talk. Nor has the talk abated. I frequently receive letters, mostly from younger men, complaining bitterly about the unequal distribution of wealth. Here is an extract from one such letter.

"Ever since I was able to work I have worked hard. Before I got married I saved all I could toward getting married and, since then, my wife and I have always tried to live as economically as possible so that we might be able to do the right thing by our children. We have three children—two boys and a girl. Our oldest boy is just about ready for college. We think he should have a college education, but although we have saved and saved all our lives we have hardly enough to justify us sending him to college. Don't you think it is time something was done to get rid of our existing order in which a few people have more wealth than they can handle and the majority have not enough to make life worth while?"

Well, we are all willing to grant that there are flaws in our social and economic order. There always have been and, it seems to me, there always will be. No human order is perfect. But I think we must also admit that there is a very real attempt being made today to improve things, and it is true, surely, that things are not just as bad as they were many years ago. On the whole, the standard of living has been raised.

It is so easy to blame the "existing order" for so many things. I am not capitalistically minded, but I do feel that, in a great many cases, men could do a great deal more than they do to better their own position. I am not blind to the difficulties in the matter of getting employment which have existed too long, nor to the fact that there are glaring discrepancies in our existing order, but I know many cases in which men, with their wives and families, are suffering needlessly. If these men whom I am thinking of had only kept their eyes open to the opportunity, and had had the faith and courage to go forth to seize opportunity, they would not be in the position they are today.

NOTE: The writer of this column is a trained psychologist and an author of several works. He is willing to help with your problem and give you the benefit of his wide experience. Questions regarding problems of EVERYDAY LIVING should be addressed to: Dr. M. M. Lippin, room 421, 73 Adelaide Street West, Toronto, Ontario. Enclose a 3 cent stamped, addressed envelope for reply.

## One Profession Closed to Women

Men Retain Nerve-Racking Positions as Shorthand Reporters

OTTAWA—Women may qualify as stenographers and as members of parliament, but no woman yet has qualified for the work, usually considered a feminine occupation, of shorthand reporter in the House of Commons.

At each session, members' speeches are taken down by one of six men who sit at desks in the centre aisle and who alternate, each working 10 minutes in the hour. The work is intense and nerve-racking. Members in the back benches sometimes mutter to themselves and there are often interruptions.

After the shorthand reporters leave the House, they dictate their notes to women typists. These notes appear in the official printed record, Hansard, the next day.

By reference to the good old days is assuredly to be found in the "25 Years Ago" notes of The Ottawa Journal.

The Journal spoke sternly to the Toronto Star which had suggested that Ottawa was overrun with snobbery and social climbers. "Ottawa possesses," said The Journal, "probably half a hundred millionaires, and we doubt if half of the fifty keep carriages."

Try and find the half a hundred millionaires today in Ottawa?

If you are seeking mental improvement and efficiency, you should write to the author of the new book, "The Psychology of the Mind," offered at moderate fees by The Institute of Practical and Applied Psychology.

Read "THE HELLER" — a new monthly magazine of help for everybody published by The Institute of Practical and Applied Psychology.

One dollar a year. Sample copy free. Write for your copy TODAY! 510 CONFEDERATION BUILDING, Montreal.

Issue No. 10 — '36

## Your Birth Date Reveals Your Vocation

By ANN PENNINGTON

### One problem of vital importance

confronts young people is to determine the vocation or trade for which he or she is best suited. The purpose of this column is to be of service to those who are seeking help in this important matter. Your birth date can be used as a guide to a proper decision.

Let us suppose that you, or someone in whom you are interested, were born between March 21st and April 19th. Such a person should seek a type of work with a spice of danger, or interplay would please these people even more. The profession as surgeon should prove successful to people born during this period because of the knowledge that people's lives, and your own reputation depends on your actions. The trade as construction engineer would also prove very successful. A woman of this period being self-assertive and an excellent conversationalist should be successful as a promoter, dramatist, writer.

A very good example of this type is Mary Pickford, the actress, and of the men Charlie Chaplin, the movie star. Their great love of giving to the needy, and their sympathy in abundance will bring much success to these persons.

As this period is symbolized by the lion, a person of this type will be a large bank account can assure for us, there are many other things—equally essentially if not more essential, to happiness, which the possession of money, however much it may be, can never guarantee. And even the worth while things which money can secure for a man are not denied that man who has no money. For example, even the poorest among us can have skilled medical attention if we have the courage to seek it. In a word, the true wealth of life may be said to consist of love, faith, hope, sympathy, courage and honesty. "A good name is better than riches," and money can never buy that.

NOTE: The writer of this column is a trained psychologist and an author of several works. He is willing to help with your problem and give you the benefit of his wide experience. Questions regarding problems of EVERYDAY LIVING should be addressed to: Dr. M. M. Lippin, room 421, 73 Adelaide Street West, Toronto, Ontario. Enclose a 3 cent stamped, addressed envelope for reply.

## Winter Sunset

I heard the wind blow through the pines, I saw their branches bend and sway. I saw the sun sink low, and paint the snowy slope in colors gay.

Beneath a pine a rabbit pined, His head thrown back, his glance alert. My gun beside me was forgot; That helpless life I could not hurt.

A bird flew low, a streak of black. In bold relief against the white; The day was fading fast, the world was resting in the arms of night.

Gone was my passion for the chase, I bowed before the age-old law, "Live and let live." In this calm place, Amid the pines I knelt in awe.

—Dewey Gibbons

## NO NEED TO RUB AND SCRUB

Gillett's Pure Flake Lye takes off those ugly yellow stains and won't harm enamel or plumbing. Once a week pour it full strength down toilet bowls and drains. It kills germs, burnishes odors as it cleans. Frees trap and drainpipe from obstructions. And use Gillett's Lye in solution\* for all kinds of heavy cleaning tasks. It cuts dirt. Saves you hard work. Always keep a tin on hand!

\*Never dissolve lye in hot water. The action of the lye itself heats the water.

## Do This to Ease Sore Throat Instantly

Relieve Soreness in Three Minutes This Easy Way

1. Crush and stir 3 "Aspirin" tablets in 1/2 glass of water. For quickest relief from sore throat you've ever known, follow directions above.

2. Gargle thoroughly—show your head way back, allowing a little to trickle down your throat. Do this twice. Do not rinse mouth.

Takes medicine to combat a sore throat. Try it. Results will amaze you. "Aspirin" is the registered trademark of the Bayer Company, Limited. Look for the name Bayer in the form of a cross on every tablet.

Doctors endorse this treatment. For it provides a medication, and it DEMAND AND GET "ASPIRIN"

FREE BOOKLET—The Gillett's Lye Booklet tells dozens of ways this powerful cleaner and disinfectant makes housework easier. Also tells how to make good soap at home and gives full instructions on farm sanitation. Write for a free booklet to: Standard Brands Ltd., Fraser Ave., & Liberty St., Toronto, Ont.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.

Illustration of a person using Gillett's Lye for cleaning.