Three Lavers to Success



Cooks of long ago didn't worry frosting to give a delicate shell-pini Cooks of long ago didn't worry about accuracy—they couldn't have stood in a witness box and told "the whole truth and nothing but the truth" about their recipes because they didn't know it. They cheerfully said "two cups of flour" and forgot that no other kitchen used exactly the same cup for measuring, and that other cooks used different kinds of flour made from different kinds form a 1-inch border. For chocoof flour made from different kinds of wheat. They just couldn't understand why everyone who had the recipe couldn't turn out a tender, moist gingerbread. Now those old recipes brought up-to-date give every motion. cook a chance to make perfect cake, Fresh Lamb Dishes for dietitians now specify exactly the ingredients to use to insure success. For instance try the following expensive yet tender cut of fresh American teachers and school super-

expensive yet tender cut of fresh lamb for the dinner. In this respect, lamb is a most accommodating meat and any cut, no matter how little it costs, may be prepared in a varispoon soda; ½ teaspoon salt; 1/3 cup butter or other shortening; 1¼ cups sugar; 1 egg unbeaten; 3 squares unsweetened chocolate, melted; ½ cup thick sour cream; 1 teaspoon vanilla; ¾ cup milk.

Sittle costs, may be prepared in a varispoon soda; ½ teaspoon salt; 1/3 cups sugar; 1 egg unbeaten; 3 squares unsweetened chocolate, melted; ½ cup thick sour cream; 1 teaspoon vanilla; ¾ cup milk.

Sittle costs, may be prepared in a varispoon cut of lamb are higher in price than others, which is partly due to the greater demand for these cuts. Therefore, take account of subjects which are controversial and of matters about which people feel strong-flowr once measure add soda and the family budget, it is wise to seed; ½ cup thick sour cream; 1 teaspoon vanilla; ½ cup milk. Sift flour once, measure, add soda and salt, and sift together three times. Cream butter thoroughly, add sugar gradually, and cream together well. Add 2gg and beat very thoroughly; then chocolate and blend. Add about lb of flour and beat well; then add sour cream and beat thoroughly. Add remaining flour, alternately with milk, beating well after each addition. Add vanilla. Turn into two greased 9-inch layer pans and bake in moderate oven (350 F.) 30 minutes, or until done. Spread Peppermint Frosting between layers and on top and sides of cake. Decorate with 1 inch border of chocolate flakes.

Frosting

2 egg whites, unbeaten; 1½ cups sugar; 1 teaspoon vanilla; 5 table—

demand for these cuts. Therefore, if you are interested in saving on the family budget, it is wise to select the less-demanded cuts of lamb. You are sacrificing nothing in flavor, tenderness or nutritive value; you are merely taking advantage of your knowledge of lamb possibilities over the "hit-and-miss" shopper who thinks of fresh lamb only in terms of leep and loin, and your reward will be an appreciable saving in dot not into two greased 9-inch layer pans and bake in moderate oven (350 F.) 30 minutes, or until done. Spread Peppermint Frosting between layers and on top and sides of cake. Decorate with 1 inch border of chocolate flakes.

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Frosting

2 egg whites, unbeaten; 1½ cups sugar; 1 teaspoon venilla; 5 tablespoons water; 1½ teaspoons light corn syrun. Combining egg whites, ed or used for broth.

patties, and broths. The shoulder struction" by the blinking of paipable facts, and the hushing of all ideas which may be regarded as dangerous, "is more than a betrayal of knowledge and truth. It assumes that the shoulder are of notice to the browledge and truth are of notice to the browledge are the browledge and truth are of notice to the browledge are the browledge and truth are of notice to the browledge are the browledge and truth are of notice to the browledge are the browledge are the browledge are the browledge and truth are of notice to the browledge are t corn syrup. Combining egg whites, ed or used for broth.

sugar, water, and corn syrup in top
of double boiler, beating with rotary
egg beater until thoroughly mixed.

sugar, water, and corn syrup in top
in a boneless lamb roll made up from
in a boneless lamb roll made up from
by lies and deception." Place over rapidly boiling water, breast, and shank. Any desired weight may be bought in beater, and cook 7 minutes or until this form to make a splendid piece are best dealt with when they are frosting will stand in peaks. Add of solid, fine-flavored meat for a openly exposed; "dangerous" sub just enough red colouring to hot family roast.

A Pocket Telephone

It is announced that an Italian camera size. scientist has just perfected an invention to enable the telephone subscriber to receive and answer calls when driving about in a car, as well ever born was Lucia Zarate. She as if he were at home or the office. was born in New York in 1863, and ernor of Papua. A Papuan, he addidness plainly, giving number and size vention to enable the telephone sub-

ment's bulk is the chief drawback at present, but the inventor is confident that it can be reduced to pocketent that it can be reduced to pocket
pression. If education not only neglects the conflict of ideas, but rules out all reference to that conflict in a period which breads it, the brightest hope that exists for resolving our

jects are never rendered safe by sup-

problems is condemned. A specially designed wireless receiver and transmitter are fixed to the instrument at home and a similar equipment attached to headphones is carried in the car. The equip
Thumb, was 31 ins. in height.

was born in New York in 1863, and when fully grown did not stand more than 29 ins. in her stockinged feet. The most famous dwarf, Tom it is issued.

ernor of Papua. A Papuan, he added, must first prove that he understands the correct use of clothing, and the need for constant washing to prevent disease, before the permit is issued.

plainly, giving number and size of pattern wanted. Enclose 15c in stamps or coin (coin preferred); werap it carefully and address your order to Wilson Pattern Service, 73 West Addalaide Street Towards.



us Teaches His Disciples To Pray a man made hea OLDEN TEXT - "If we ask any. comfort. Com! thing according to his will, he hear. are apt to be he eth us." - 1 John 5:14. "The door is no THE LESSON IN ITS SETTING Time-All the events in this chap-r occurred in November-December w

ern doors were not so

ceased, one of his disciples said sleep in the same ro nto him, Lord, teach us to pray." "I say unto you. The hey had no doubt entered into a life rise and give him bee prayer at the beginning of their friend, yet because of hi llowship with Jesus, with great ity." The English word transfers and perhaps with faith-comes from the adjects restness and perhaps I regularity, but, as persecution and isunderstanding arose, as the first word meaning unfit, un rill of their discipleship passed, dithe burdens of their ministry beily have become mechanical. "And he said unto them." The fol- "He will arise

ament God is seldom spoken is emphatic. as Father, and, then, in reference preceding verse hual (Deut. 32:6; Isa. 63:16; Jer. but the voice in thi ne Lord Jesus really gives to men, authority of the Lo

wing prayer has been divided into many as he needeth. o parts. The first has been called man's generosity ma Purposes of God," the second creased by his

God expresses the character of it shall be given unto you dod. To hallow his name means to ye shall find; knock and (sa. 29:23), "Thy kingdom come." The are in the present arth is the very centre of God's king-mean continue asking.
om. It is here that he had proposed Matt. 21:22: Mark 11:24. reveal his glory in the ages to "For every one that as me. Jesus is to be King over all the eth; and he that seeketh rth and to sit on the throne of his to him that knocketh it sh ther David. This is the true and ul- ened." What an exp nate meaning of the prayer, "thy a more than heavenly joy ngdom come." the door is at last "Give us day by day our daily loaves are handed out, read." We might translate the first "And of which of you

nrase, literally "continue giving to ther shall his son ask a let is." The petition includes more than hat of the one in Matthew, where, a fish give him a serpent erpreting literally, the petition is shall ask an egg, will be g or bread "for the coming day." In scorpion." Similar word Luke, the petition might be para-phrased: "Continually give us day by Mount (Matt. 7:9-11. T ay our bread for the coming day.

"And forgive us our sins; for - we perience. ay our bread for the coming day. indebted to us." Some one says, to give good gifts unto hat is not the ground of grace and how much more shall ye does not belong to us. Let it be Father give the Ho

he man outside gets his for- of the fulfillment of Joe e does not get forgiveness unless he s ready to forgive, unless he has for- truth that now every belie ven. "And bring us not into tempta- indwelling Spirit (Rom. \$ Comptation is sometimes spo. Cor. 6:19; Galatians 4:6; 1 en of in Scripture as coming from and 27). sometimes as coming from Saan. God tempts no man to evil, but r good; he tries and tests, as he mpted Abraham and the children of

make the younger figure look slim and well groomed. "And he said unto them. Which of women soloists should never The uplift brassiere closes at the back. Note how the brief panties snug the figure.

You'll find it so economical and simple to say a shall have a friend, and shall go in churches because it was unto him at midnight, and say to him, to "disassociate the pers Friend, lend me three loaves." In the the voice."
Orient, to avoid heat, travel is often The dear 100'll find it so economical and simple to sew, you'll want to make several sets.

It's especially dainty and practical made of silk or satin crepe.

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Size 16 requires 1½ yards of 39-inch material. engaged in at night. When the books in churches only on infi engaged in at night. When the books are opened, it will be discovered that more importunate and prevailing prayer has been offered at midnight than at all the other hours of the day and night taken together.

in churches only on casions and that they should then by men or boys. He of the belief the blending of men's voices was superior men and women. "For a friend of mine is come to me from a journey, and I have nothing to set before him." Even the deepest socks and mortar b Write your name and address plainly, giving number and size rty was not held to excuse the tume of women ch ary Eastern virtue of hospitality ing the cassock was "And he from within shall answe Trouble me not." It is the Women in choirs, that he minds, not the part. wear gowns of grey of down the front and wor order to Wilson Pattern Service, 73 West Adelaide Street, Toronto.

y Time is Tea Time

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reads ...

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millionaire. who forces his attentians about my own?"

about my own?"

Scalded to the depths of her become a mannequin at the Salon Celeste. It is a mannequin at the Salon Celeste. It is a mannequin at the Salon Celeste. It is mark; how far away seemed the day blance with a blackmail letter from their father.

"If you send him to gool what will happen to mother — and the boys?" she asked piteously. "I know father deserves it — he deserves it a thousand times. But think of the publicity—your name will be suppressed, but his and mine will be in every newspaper. They'll send him to prison, and I'll never get a job again so that I can keep the others—never!

For the sake of—of what you one said you felt for me—let father off: I swear it will never happen again; I'll rever h

take up the telephone receiver. "Shall I ring the police and give hem my information now?" Joan turned away her head.
"You can't want to marry me and e willing to ruin my life too!"

"Quite! It's the old trick adopt-i by villains the world over. But

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33 TEMPERANCE ST. TORONTO

Experts - Money Men and Women

Best for You and Baby Too Soap

Crimes - Justice

Special Investigator or Special Agent

ring up the police and get them to send a man up. You can stay here and watch me give these letters from your father to him. Just as you

friled with anger against herself for being unable to keep calm in his presence, Joan broke down.

"I'll do it—if you insist!"

She sat there in the chair, with her hands hiding her face, trying to control the sobs which rose in her throat and were racking her body. The TRUE WEALTH OF LIFE throat and were racking her body. The readjustment of the social and contents order has been talked.

"To-day?" Joan raised a tear-stained face in helpless supplication.

One Profession

feminine occupation, of shorthand reporter in the House of Commons. our part and to which we must all ply.

The Institute of Practical and Applied Psychology

Write for your constitution building allo CONFEDERATION BUILDING Montreal -:- Quebec

throat and were racking her body. She heard him move over to the window, she heard him come back, and heard the sound of a match striking and knew that he lighted a cigaratte.

"When?" he asked caimly, after he had allowed her a little time in which to recover. "To-day?"

"To-day?" Joan raised a tear-"

"To-day?" Joa

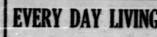
daughter of such a father was beting married and, since then, my
wife and I have always tried to live
whip-lash across her face, were like
as economically as possible so that
or intrepedity would please these peo-

Closed to Women

Mysteries - Solution

Baby's

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lies would not be in the position they that. are today. Granted that all classes of hard-

Granted that all classes of hardship and suffering through poverty
do not come within this category,
but it is nevertheless true that life
is for us, to a great exent, just what
we make it. I agree that it is one
of the outstanding sins of our own
age that men, especially young men,
have been kept without work until
for the work, usually considered a
feminine occupation, of shorthand refeminine occupation, of shorthand reour part and to which we must all

At each session, members' speeches To come directly to the case of m are taken down by one of six men who sit at desks in the centre aisle and who alternate, each working 10 come directly to the case of my correspondent, he is to be admired for having done his best. No man can do any more. I think, however, minutes in the hour. The work is intense and nerve-wracking. Members in the back benches sometimes mumble inaudibly and there are often interruptions.

I saw their branches bend and swar, it will enable him to make good in the control of the cont

After the shorthand reporters leave the House, they dictate their notes to women typists. These notes appear in the official printed record, Hansard, the next day.

Their Carriages!

tions in the affirmative, then he should be willing to take the chance, make the sacrifice, and let his boy have the benefit of a college career. He will probably find that any sacrifice he makes will come back to him greatly increased—not perhaps in actual dollars and cents, but in the satisfaction of seeing his boy equipped to take his place in life and become a helper of his fellow men.

Beneath a pine a rabbit paused, His head thrown back, his glance alert, My gun beside me was forgot; That helpless life I could not hurt. A bird flew low, a streak of black In bold relief against the white; The day was fading fast, the world Was resting in the arms of night.

possesses," said The Journal, "probably half a hundred millionaires and we doubt if half of the fifty keep carriages."

Try and find the half a hundred millionaires today in Ottawa?

ment and efficiency, you should write for particulars of the courses offered at moderate fees by The Institute of Practical and Applied Psychology. Read "THE HELPER" — a new monthly magazine of help for ev-erybody published by

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Issue No. 10 — '36



"Thursday, hen. I'll give you hree days."

That he should want to marry the aughter of such a father was being married I saved all I could toward getting married and, since then, my able to do the right ple even more. The profession as Sur-

showed her through the outer office into the corridor.

Then he rose, and in his face she saw what had happened. Perhaps during that last scene down in Hooley Street, perhaps during the long interval since she had seen him, his feeling for her had undergone a change. His love was dead. What he felt for her now was hatred hatred and desire!

"Very well," he said. "Marry me!"

Joan shrank away from him; the look on his face whipped up her energies, collected the resources scattered by the blow of her father's guilt.

Showed her through the outer office into the corridor.

The door closed behind her, and Joan strood for a moment, gaining the matter of getting employment which have existed too long, nor to the fact that there are glaring discrepancies in our existing order, but I know of many cases in which men, with their wives and families, are suffering needlessly. If these men whom I am thinking of had only kept their eyes open to see opportunity when it presented itself and make full use of it, thus ensuring care of the body, while in most of our towns and cities there are public libraries, and in small communities where there are no public libraries, there is usually ly some club or institution, it may be the fact that there are glaring discrepancies in our existing order, but I know of many cases in which men, with their wives and families, are suffering needlessly. If these men whom I am thinking of had only kept their eyes open to see opportunity, and had had the faith and courage to go forth to seize opportunity when it presented itself and make full use of it, thus ensuring care of the body, while in most of our towns and cities there are public libraries, and in small communities where there are no public libraries, and cities there are public libraries, there is usual-ly some club or institution, it may be the fact that there are glaring discrepancies in our existing order, but I know of many cases in which men, with their wives and families, are libraries we have access to the great minds of the ages

NOTE: The writer of this column

A reference to the good old days is assuredly to be found in the "25 Years Ago" notes of The Ottawa Journal:

The Journal spoke sternly to the Toronto Star which had suggested that Ottawa was overrun with snobbery and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and social climbers. "Ottawa possesses." said The Journal "probbers and probbers and probable probable possesses." said The Journal "probbers and probable pro

Do This to Ease Sore Throat Instantly Relieve Soreness in Three Minutes This Easy Way



water.

2. Gargle thoroughly—throw your head way back, allowing a little to trickle down your throat. Do this twice. Do not rinse mouth. For quickest relief from sore throat you've ever known, follow directions above.

Relief will come almost instantly.
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and soreness.

Doctors endorse this treatment.

For it provides a medication, and it DEMAND AND GET ASPIRIN"



Your Birth Date Reveals Your Vocation

By ANN PENNINGTON



BOWL AND HOW

BETTER USE

AND FLUSH OFF

THE STAINS

NO NEED

SCRUB

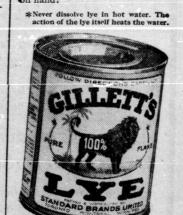
GILLETT'S LYE

Winter Sunset

TO RUB AND

Gillett's Pure Flake Lye takes off those ugly yellow stains and won't harm enamel or plumbing. Once a week pour it full strength down toilet bowls and drains. It kills germs, banishes odors as it cleans. Frees trap and drainpipe from ob-

structions. And use Gillett's Lye in solution* for all kinds of heavy cleaning tasks. It eats dirt. Saves you hard work. Always keep a tin on hand!



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FU MANCHU

Twice Dr. Fu Manchu, advance agent
of a gigantic Yellow plot
against civilization, has
sought to kill Nayland
Smith, British official,
and his associate, Dr.
Petrie. On a visit to
Shen Yen's dope shop
in London, Fu Manchu's
headquarters, the two
barely escape with
their lives through the
aid of the Chinese viltain's slave girl. Smith's
mission. . to rid the
world of the criminal
monster . . remains
unaccomplished . . . WICE Dr. Fu ManBy Sax Rohmer





"Barretts of Wimpole Street," long a picturesque London landmark has given way before prosaic progress. The new house, however, will include some of the fittings and mantlepieces once familiar to

Robert Browning, the poet. Here is the scene as workmen demolish

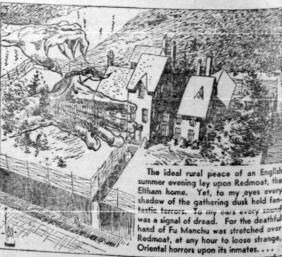
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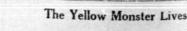
ression. If education not only neg-

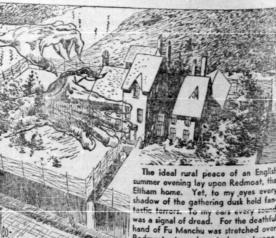
For Youthful Figures











dresses, much like

No Women Wants

mon, dean of Christ Ch



The Yellow Monster Lives