

# Woman's World

By Mair M. Morgan

Comfort Rules Home Parties



soup in casserole dish and have one pound of sausage partly cooked. Place sausage on top of rice and soup, and press them in a little. Bake in oven about 1/2 an hour or till sausage is cooked.

We have this dish quite often and it is very nice. — Miss G. Watanabe, Box 64, Etobicoke, Ontario.

**HOW TO ENTER CONTEST**  
Plainly write or print out the ingredients and method of your favorite main-course dish and send it together with name and address to Household Science, Room 422, 73 West Adelaide Street, Toronto.

Two such cases have occurred recently.

## Lipstick Is Banned By English Rector

The Rector of Northolt, England, the Rev. G. S. Holmes, will ban women communicants who use lipstick.

"I shall refuse the chalice to any woman with rouged lips," he said, "because it is practically impossible to avoid a little of the preparation adhering to it, and so being tasted, however slightly, by those who take Communion afterwards."

## Simple To Sew



Buffet suppers have increased in popularity because they're so friendly and comfortable and easy on both hosts and guests. Men particularly enjoy helping themselves and it's interesting to watch them dodge the "greenery" as they describe the bits of parsley and cross that garnish the supper dishes. But men seem to prefer hot dishes — flaky hot biscuits and tender soups, and a generous slice of delicious cake.

With a hot casserole main dish of a cold plate, cream soups are desirable. They're a credit to any cook made from this carefully tested recipe:

**CREAM SCONES**  
2 cups sifted cake flour; 4 teaspoons baking powder; 1/2 teaspoon salt; 2 teaspoons sugar; 1 1/2 cup light cream; 4 tablespoons butter or other shortening; 1 teaspoon grated lemon rind; 2 eggs; 3 tablespoons sugar; 1/2 teaspoon grated lemon rind.

Sift flour once, add baking powder, salt, and sugar and sift again. Cut in shortening and lemon rind. Reserve about 1/2 egg white for glaze. Beat remaining eggs until all flour is dampened. Then stir vigorously until mixture forms a soft dough and on slightly floured board and knead 20 seconds. Roll 1/2 inch thick and cut in triangles. Place in ungreased baking sheet. Brush tops lightly with reserved egg white, slightly beaten; sprinkle with mixture of sugar and grated lemon rind. Bake in hot oven (450 degrees F.) 12 minutes or until browned. Makes 18 scones.

One of the nicest supper cake is Orange Layer Cake.

**ORANGE LAYER CAKE**  
1 1/2 cups sifted cake flour; 1 1/2 teaspoons baking powder; 1 1/2 teaspoon salt; 1 teaspoon grated orange rind; 1/2 cup butter or other shortening; 1 cup sugar; 2 eggs, unbeaten; 1/2 cup orange juice.

Sift flour once, measure add baking powder and salt, and sift together three times. Add orange rind to the butter and cream thoroughly, add sugar gradually, creaming until light and fluffy. Add eggs, one at a time, beating thoroughly after each. Add flour alternately with orange juice a small amount at a time, beating after each addition until smooth. Bake

## Belgian King's Children Threatened



Our picture, a group taken just prior to their mother's tragic death, shows, left to right, King Albert, Queen Josephine Charlotte, and Crown Prince Baudoin. Belgium's Royal children were threatened with kidnapping. The man responsible was arrested.

# SUNDAY SCHOOL LESSON

LESSON VI. — May 10  
EFFECTUAL PRAYER. — Luke 18  
GOLDEN RULE — God, be thou merciful to me a sinner. — Luke 18: 13.

Time—All that is recorded in this chapter took place during February and March, A.D. 30, shortly before Passion Week.

Place—The events of this chapter took place in the vicinity of Jerusalem, the healing of the blind man (vs. 35-43) which occurred near Jericho.

"An he spake a parable unto them to the end that they ought always to pray, and not to faint." Of course Christ does not mean to say that men must always be audibly praying to God, but that our lives ought to be continually abiding in God, and that, on every occasion, for every problem, for every need, before every undertaking, instantly after consciousness of any sin, our souls ought to go out to God in confession, adoration, intercession, thanksgiving, or petition.

"Saying, There was in a city a judge, who feared not God, and regarded not man. A practical atheist who does not scruple to confess himself to be what he is; a man living in defiance of both sides of the decalogue, placed in a position of power to play the tyrant and availing himself of that position to the full, that the world could judge, a very moral person, indeed, quite a religious person. The meaning of a publican, see the lesson dealing with Luke 5: 27.

"The Pharisee stood and prayed thus with himself: There is nothing particularly wrong with this manner of praying, as some would seem to state to pray in his mind without expressing his thoughts audibly. 'God, I thank thee that I am not as the rest of men, extortioners, unjust, adulterers, or even as this publican.' Actually, this is not prayer at all. It is an utterance of thanksgiving, but he is not thanking God for something that God has done, but is actually congratulating himself for what he has done.

"I fast twice in the week; I give tithes of all that I get." His description of his facts and tithing is in doubt, I think, that I am not as the rest of men, extortioners, unjust, adulterers, or even as this publican. Actually, this is not prayer at all. It is an utterance of thanksgiving, but he is not thanking God for something that God has done, but is actually congratulating himself for what he has done.

How to Order Patterns  
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# Any Time is Tea Time

## "SALUDA" TEA

# Velvet and Steel

PEARL BELLAIRS

When Joan looked at the man who was sitting at the table, she saw a man who was not like the others. He was not like the others who were sitting at the table. He was not like the others who were sitting at the table. He was not like the others who were sitting at the table.

When Joan looked at the man who was sitting at the table, she saw a man who was not like the others. He was not like the others who were sitting at the table. He was not like the others who were sitting at the table. He was not like the others who were sitting at the table.

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## Simple Glove Chic Is at Your Finger Tips

Says Laura Wheeler



HAPPY, healthy, cool!—the hands that spend the Summer in these lacey and airy gloves! They're simple to crochet, too, for the simple mesh stitch is used for hands and cuffs. And why stop at just one pair, for you'll need white and pastel shades for Summer clothes! Use crocheted cotton.

Pattern 1175 comes to you with detailed direction for making the gloves shown in a small, medium and large size (all given in one pattern); illustrations of them and of all stitches used, material requirements.

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## Physical Defects In Young Common

SWANSEA, Ont.—Of 24,000 public school children examined in Toronto during 1935, 9,000 were found to have physical defects, according to Miss Margaret Gould, general secretary of the Toronto Child Welfare Council.

Those entering public school have a larger percentage of defects than those in high school, Miss Gould declared.

"Georgia told me that ages ago, but I thought you didn't know, so I imagined that I was tricking you into this, as well as forcing you—"

"What?"

"Last night," replied Joan faintly. "There was a tense pause."

"What do you mean?" asked Hansen. "Then why—?"

Still tracing a pattern on the offending letters with her finger, and not daring to look at him, Joan went on: "He wasn't my father, either, you know?"

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## What Is a Boy? A Hollow Back Causes Bad Posture

Two Daily Exercises Which Will Help You to Overcome Defects

During the past week there have been many requests for exercises which will correct bad posture. Here are two important ones which though done only two or three times a day for one month, will remove the hollow from your back, make your stomach flat and hips look a good deal smaller.

Lie flat on the floor with arms at your sides and knees bent so weight of the legs is on balls of feet. Now, begin at the nape of the neck, press each vertebra, except the last four or five at the base of the spine, back against the floor. Turn those last four upward from the floor. As you do so, pull your stomach in as far as it will go. If you do it correctly there will be absolutely no space between the middle of your back and the floor.

Hold the position a few seconds, then relax, lowering the legs. Repeat two or three times. This teaches you correct posture. You should stand as you were lying — base of spinal column curved forward, hips turned in, stomach flat and shoulders square.

When you have finished, stand about a foot away from a flat wall, facing the middle of the room. Keep the entire length of your backbone against the wall. That is, all except four or five links at the base. These should not touch at all, but should be turned forward and up so the center of the back will be flat.

Naturally, this pulls your stomach in. Repeat several times. The position your back, stomach and hips are when you are against the wall is the way they should be when you stand or walk.

## Canada Imports Half Flax Seeds

NORTH BATTLEFORD, Sask. — Canada imports more than one-half of the annual flax seed requirements of this country, Dr. J. B. Harrington, University of Saskatchewan specialist, stated in an address here. Canada annually requires 2,000,000 bushels of flax and only produces around 600,000 bushels.

Flax growing was "unsatisfactory," he said, and had been unjustly labelled in the past. In the United States, North Dakota alone produces 20,000,000 bushels annually. The yearly requirement for the United States is placed at 40,000,000 bushels.

Flax can be grown on clear land, he said, but requires more careful handling than other grains.

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## FU MANCHU By Sax Rohmer



At the woman's scream—and Mr. Eltham's cry, "It's Gohar!"—Nayland Smith, Mr. Eltham, Denby and the drawing room whence came the startling call...

## The Two Green Eyes



"She has only faintly," replied, as I bent over Miss Eltham. "She will soon be all right." The girl sobbed suddenly, and opened her eyes. "I hid my face to stand." Suddenly, with a look of horror, she grasped my arm...

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