

Ho-hum! And summer is almost much grease from frying is injurhere and how Canadians welcome it to the digestive system. In addition after this long, expensive winter. Ev. to being healthier, many foods taste of I had known what thoughts deseryone wants something "different" better when broiled. Tender, juicy in food these balmy days — something steaks and chops may be broiled just filling but not heavy, tangy with sourness. Salads with a body are very satisfying for just such appetites and Layered Cheese and Apple is one of the most refreshing. Serve it with hot tea biscuits or scones to improve your standing as a smart hostess.

The biscuits of scones to improve your standing as a smart hostess.

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The biscuits of scones to improve your standing as a smart hostess. with this modern cooking equipment, Layered Cheese and Apple and delicious toast can be quickly pr

pared in quantity.

Cheese Dish

Cabbage

Salad

1 package quick-setting jelly powder, lemon flavour; 1 pint boiling wader, lemon flav ter; 2 tablespoons lemon juice; one teaspoon sait; I red apple cut in onequarter inch dice; 1 teaspoon sugar; 3 ounces cream cheese; 1/2 cup walnut meats, broken.

Dissolve jelly powder in boiling wa-er. Add 1 tablespoon lemon juice and alt. Chill. Combine apple, sugar, a dash of salt, and remaining one tablespoon lemon juice. When jelly powspoon lemon juice. When jelly powder is slightly thickened, fold apples into ½ of jelly powder mixture. Turn to mold. Chill until firm. Place remaining jelly powder in bowl of the mark, Ontario. eracked ice or ice water and beat with retarge egg beater until fluffy and Delicious Corned Beef and whipped cream. Fold in cheese and nuts. Pour over firm first mayer. Chill until firm. Serve in kettle, add 1-4 cup water. Cut up one squares on crisp lettuce. Garnish with small head of cabbage add to the meltboiled salad dressing. Serves 8.

Broiled Meat Best

People, generally are awaking to bage is cooked, then add a can of the benefits of broiled foods. For corned beef, as soon as your beef is years medical authorities have urged this form of cooking, but until recently it was not a practical means of preparing foods in the smaller towns or on the farms where gas and elec-

or on the farms where gas and electric ranges were not available.

The development and perfection of gas-pressure stoves, however, has made it possible for everyone, in the town or country, to enjoy this healthful form of cooking. These new stoves have the same easy operation as the have the same easy operation as the ordinary gas stoves, and give the in-

tense quick heat necessary for broiling, without dirt or smoke. tense quick near necessary for broiling, without dirt or smoke.

Doctors generally advise against too many fried foods, and the best alternative usually is broiling. Too

"Cool as a cucumber," is scienti-

Enacts New Legislation With Objective of Population of 3:0,000,000 MOSCOW. — The increasing importance which the Soviet Union is attaching to the raising of families steal.

Luke 19.

GOLDEN TEXT — Thou shalt not steal.

-Exodus 20: 15.

ment that new laws were being drawn up to curb childless marriages and to extend financial responsibility for thildren's upkeep to bachelors.

The laws will set up a special tax or single men and childless couples.

THE LESSON IN ITS SETTIAGE the Gospels. It pointed him out the representative man (1 Cor. 15: 45, 47. "Came to seek and to save that which was lost." To be lost is to wander and to miss the true way are rather simple to wander and to miss the true way. was shown recently in an announce-ment that new laws were being drawn

THE LESSON IN ITS SETTING

Aaron Soltz chairman of the Supreme Court and member of the committee framing the new laws, asserted they were necessary to give the Soviet Union more people.

He declared that although the Soviet woman has been raised on a basis of "absolute equality" with nan, she "cannot be released from he great and honorable duty of the Soviet William of the Soviet William of the cannot be released from he great and honorable duty of the Soviet William of the Soviet Wil

What oriefs were in would have been more gentle, and more caring And tried to give for a space. would have brought more warmt

Why do we never try to under

would have lent



SCHOOLESSON About Birth Rate

> LESSON VII. - May 17. JESUS INSPIRES HONESTY .-

was a chief publican," This is, undoubtedly, an official title, and means that he was, in our language, a commissioner of taxes. "And he was rich." The age of Jesus was not the last age in which public officials grew wealthy as servants of the government, nor was the ancient Roman Empire the only sphere in countries, one can imagine how un-"And he sought to see Jesus who age of loyal Jews, and what an awful which such was possible. he was; and could not for the crowd, because he was little of stature."
There is in the minds of people,

lown, and received him joyfully.

ing the heart of Zacchaeus in this st epochal hour of lis life.

"And when they saw it, they a

ge with a man that is a sinner

rmured, saying, He is gone in to

can hardly exaggerate the a ishment, joy, and wonder crowd-

generally, a very great reverence for any eminent servant of God, and, place where God was to be worship into the place, If I had known.

And slipped my hand within your

Now Just Lamp This

designers, but this would make them sit up and take notice! It's Loretta Young whose glowing

ham." How low Zacchaeus was in the been on the go longer than that moral scale and yet how high he 21 years of service is a prefit

man, she "cannot be released from the great and honorable duty of bringing children into the world."

The Soviet "planning commission" forsees a population of 300-000,000 by 1971 as a result of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate under the name Interest of the campaign to increase the birth rate doubtedly, an official title, and means Interest of the campaign to increase the birth rate doubtedly, an official title, and means Interest of the campaign to increase the birth rate of countries, one can imagine how un scrupulous men would take advant-

> when he makes his appearance in any place, men crowd to hear him, not out of curiosity altogether, but, with sort of dim desire and hope that prayer." Every church, even m he whom God has so blessed to than the temple, should be considerothers, may also bring some mes- ed as the house of God and a house of prayer. "But ye have made it a "And he ran on before, and climb-den of robbers." Literally, a briged up into a sycomore tree to see ands' cave, of which our Lord had him: for he was to pass that way."

The tree is probably what is known "And he was teaching daily in the as a fig-mulberry tree, whose fruit is like the fig and whose leaf is like the mulberry. It is something similar to the English oak, and its shade is most pleasing.

"And he was teaching daily in the temple. But the chief priests and the principal men of the people sought to destroy him." A principal man is a man who has great influence and is able to lead "And when Jesus came to the others to do what he thinks is right. "And they could not find what place, he looked up, and said unto him; Zacchaeus, make haste, and they might do; for the people all come down; for today I must abide hung upon him, listening." The at thy house." Jesus invites himself chapter closes with a most remarkto be Zacchaeus's guests with the able statement, when it informs u same motive which had prompted that all the people, that is, the him to beg water of the Samaritan entire nation as a whole, actually woman (John 4 : 7), that he might hung upon the words of Jesus vin his way into the man's heart. hanged on him as the bee doth or "And he made haste, and came

English Town Names

(Wall Street Journal) The coming of the radio is simply fying the pnonunciation of names of ing how deep-seated was the national unrecognizable. feeling, which, because it was unnew directory worthy, our Lord, at the very zenith of his earthly popularity, thus units of Hardenhuish has become "Harn-light". Pucknowle is "Punnel." Can of his earthly popularity, thus unflinchingly braved.

"And Zacchaeus stood, and said unto the Lord, Behold, Lord, the half of his income he would bestow half of his income he would bestow half of his income he would bestow half of his necessity, the same "And if Lave wrong-" and its sim you can add it to your by sending for Barbara tern No. 1816-B, des sizes 34, 36, 38, 40, 41 and its sim you can add it to your by sending for Barbara tern No. 1816-B, des sizes 34, 36, 38, 40, 41 and its sim you can add it to your by sending for Barbara tern No. 1816-B, des sizes 34, 36, 38, 40, 41 and its word was a said unto the Lord, Behold, Lord, the half of his income he would bestow half of his income he would be wrong wrong

upon the poor. "And if I have wrongfully exacted aught of any man, I Charles Dickens' name in full was restore fourfold." The restoring of goods falsely obtained in this four-Charles John Huffam Dickens; but he wisely dropped the middle two for fold way, was almost the extreme penalty imposed by the law, when a his work.

man was compelled to make repar-ation for a deliberate act of desman was compelled to make reparation for a deliberate act of destructive robbery (Ex. 22: 1; 2 Sam. 12: 6).

"And Leggs said unto him, Today farms had to carry water to the that three out of four American farms had to carry water to the salvation come to this house, for house from outside wells or springs.

Using a Typewriter

Exodus 20: 15.

"For the Son of man." This is ine. The new machine is to on and if it lives as long as its purchase the cost per year with the Cornels. It resides that the cost per year with the Cornels of the cost per year with the cost per year

children's upkeep to bachelors.

The laws will set up a special tax for single men and childless couples, will provide state financial aid for families with many children and will put a tax on divorces.

Regulations also will be enacted to prohibit certain operations except where they are demanded in the interests of health this is a reversal of the former Soviet viewpoint which facilitated such operations.

Arron Soltz chairman of the Supreme Court and member of the mount of Olives and the road the mount of Sacchaeus the consequence heing that the true end of human life; to go off the track and get where the true path is the way of human life; to go off the track and get where the true path is the way of human life; to go off the track and get where the true path is the true path is the true and to make it that the true end of human life; to go off the true way of human life; to go off the true way of human life; to go off the true way of hum

An Alluring Afternoon



To please you all he wide range of se every sewing interest is stant aim. Yesterday, frock, toworrow a sm campus or sport froch Do you like it that

HOW TO ORDER PATTERNS

Write your name and address llett's Pure Flake Lye saves plainly, giving number and size of pattern wanted. Enclose 20c s ard rubbing and scrubbing . . through grease . . . gets rid of rt—easily, quickly. Use a solu-on* of 1 teaspoonful dissolved in quart of cold water. Used full ngth it also cleans and disin Joronto. toilets, sinks, etc. Frees clog drainpipes from obstruction on't harm plumbing or enamel.

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THE GREASE

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et tells how this powerful cleanser disinfectant takes the hard work out szens of cleaning tasks . . . shows how seeps farm buildings and equipment and sanitary . . . gives full direction

For a new delight in Tea try Salada Orange Pekoe Blend

North Ontario Flirts With Thought of a New Province

ord, M.L.A. for Fort William, Northern Ontario may in the heard more often from the northwesorthern Omaria and a separate second and form a separate tern section of the province between a is not a new one. It has the lakehead and Manitoba, Algoma not a new one. A later and an analysis a later and mannion, Algoma rom time to time for over an sympathize with its viewpoint. Indeed, a quarter cenhad made consid- cept Russia, larger than the United

Naturally in such a large territor and the people of the north have not equently felt that the Onta Legislature has properly appreciated arios resources nor the diversity of

Kipling once wrote of England tha "she thinks her Empire still is the Strand and Holborn Hill." And similarly many in the north feel that the Ontario Legislature as a group think ment of gold mines in Michipicoten, Long Lac, Patricia is breaking down

development sooner.

It is agreed that various Ontario Governments, including the present one, have spent large sams in the th and have done a great deal toward opening it up. But even they've ad the difficulty at times in getting the support of Old Ontario members

The Man Who Knows

Whether the Remedy You are taking for Headaches, Neuralgia or Rheumatism Pains is SAFE is Your Doctor. Ask Him

Don't Entrust Your Own or Your Family's Well-Being to Unknown Preparations

Preparations

Before you take any preparation you don't know all about, for the relief of headaches; or the pains of rheumatism, neuritis or neuralgia, ask your doctor what he thinks about it — in comparison with "Aspirin."

We say this hecause, before the discovery of "Aspirin," most so-called "pain" remedies were advised against by physicians as being bad for the stomach; or, often, for the heart. And the discovery of "Aspirin" largely changed medical practice.

Countless thousands of people who have taken "Aspirin" year in and out without ill effect, have proved that the medical findings about its safety were correct.

Remember this: "Aspirin" is rated among the fastest methods yet discovered for the relief of headaches and all common pains... and safe for the average person to take regularly.

"Aspirin" Tablets are made in

"Aspirin" Tablets are made in Canada. "Aspirin" is the registered trade-mark of the Bayer Company. Limited. Look for the name Bayer in the form of a cross on every tablet. Demand and Get

Laura Wheeler Crocheted Frock Will Make



Little Miss Four-to-Eight can skip, and run and play to her heart's content, for her frock of string crochet's as sturdy as it is dainty. You'll find it such an easy pattern to follow, for the twin yokes of simple mesh are made separately and joined to a gently flaring skirt of quickly learned lace stitch. Fashion it of string, in soft meetl shade.

that Northern Ontario is the narrow strip along the T. & N.O. The development of gold mines in Michipicoten, that view but a proper understanding of the area would have brought that development sooner. Get two bowls, one of hot water the other of cold, with two padersoners that the other of cold, with the other of cold, with the other of cold, with two padersoners that the other of cold, with two

Use to Her in Later Years

for their program.

It is not surprising then, if Northern Ontario sometimes flirts with the idea of a separate province, the members of whose legislature would naturally be more conversant with its problems than a legislature made upfor the most part of men unacquainted with the north.

On the other hand, of course, legislature and administrative organizations cost money and Canada is already overgoverned.

If your small daughter is taught the elements of beauty now, she will acquire basic training invaluable later. This does not mean that on her fifth birthday she should be presented with a dressing table overflowing with sophisticated cosmetics. But she can learn, just as casually as she learns to wash her face, not only fundamental routines, but many of the beauty precautions that prevent blemishes from appearing.

A thorough brushing of the hair grade of pilot's license now obtain-

n-growing. Little girls are made of sugar and spice and everything nice, but if they stuff themselves with these they stuff themselves with these pleasant ingredients too much they will grow sideways faster than they grow up. The wise parent watches her daughter's weight. If the diet is swaying movement of the body on the

ron the Easy Way IRON 1. Costs only 358 a hour to use
2. Lights instantly
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Issue No. 19 — '36

Tot's Summer Joyful

CHILD'S CROCHETED DRESS PATTERN 1134

rial requirements.

Send 20 cents in stamps or coin (coin preferred) for this pattern to Needlecraft Dept., Wilson Publishing, 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

Your Help Now Will Be of To Be Aviators hot then cold, six times each eye. Dry the eyes gently with soft tissue, then pat in some muscle ofl, pat-

Only Forty-nine Feminin If your small daughter is taught

OTTAWA. — One woman in the Dominion has a commercial flying license and 48 others have private air pilot's cartificates but now the work of the work o

only fundamental routines, islature and administrative organizations cost money and Canada is altready overgoverned.

But while a separate province in Northern Ontario may be impractical the occasional demand for it indicates a real need for a better understanding of the problems of a great domain.—Sault Ste. Marie Star.

Between one-thirteenth and one-fourteenth of the weight of the human body is blood.

In the demand of the beauty precautions that prevent blemishes from appearing.

A thorough brushing of the hair act have most important method of maintaining the natural glossiness and vigorous resiliency of the hair. There is really no good reason why little darling should not brush her own hair, instead of having mother do it.

Mother will have to guard against excessive sunburn at the beach woman in Canada has yet "made money" out of flying and though seven commercial licenses have been to the dangerous actinic rays seven commercial licenses have been to the dangerous actinic rays.

tible to the dangerous actinic rays that harden the skin and produce blemishes.

Nail-biting is a juvenile evil that a mother should suppress. It makes the cuticle tough and hard, spoils the charge of the fingers, and besides.

the shape of the ingers, and desides, is an unlovely habit. Occasional manicures will develop daughter's pride in the appearance of her hand. While on the subject of nails, a thought should be given to toenails—careful trimming avoids painful

New Type of Bicycle

her daughter's weight. If the diet is carefully checked and an abnormal overweight condition still persists without apparent cause, a physician should be consulted.

Pouting should be firmly squelched. Not only will it spoil a potential Cupid's bow mouth, but it is an expression of sullenness, no mood for a child supposed to be gaining a background of beauty.

Swaying movement of the body on the test pour movement of the body on the test pour mount of the low of the swaying movement of the body on the test pour mount of the low of the low of the swaying movement of the body on the test pour mount of the low o



FINE CUT



Hold Your Head Up Old Fashioned

the stormy winds should rustle While you tread the world's high

Hope and labor day by day
Falter not, no matter whether
There is sunshine, storm or calm
And in every kind of weather for the benefit of the needy, a group of women have volunteered to conduct

Hold your head up like a man. If a brother should deceive you And should act a traitor's part, Never let his treason grieve you, Jog along with lightsome heart; Fortune seldom follows fawning, Boldness is the better plan,

> representative of historic types and patterns of quilting. The display will be arranged in groups to denote the development in quilting from the early pioneer days down to the pre-

drone, But the bold and honest fellow, He can shift and stand alone; Spurn the knave of every nation, Always do the best you can, and no matter what your station Hold your head up like a man -From the Old Scrap Bool

cerned, we shall probably take a leaf out of the continental book this Give Your Eyes Occasional Bath year.—Fashion Article. We thought it wouldn't be long before the Garden of Eden styles

Get two bowls, one of hot water and came in again. Bathe the eyes alternatively, first hot then cold, six times each eye. Cover the eye again with two cotton

salt water, and relax for 15 minute

if you are seeking mental improvement and efficiency, you should write for particulars of the courses offered at moderate fees by The Estitute of Practical and Applied Psychology.

Read "THE HELPER" — a new monthly magazine of help for everybody published by The Institute of Practical an Applied Psychology

Quilting Bee

for more than a year to quilt-making

an old-fashioned quilting bee in con

ection with the display of quilts at

the Women's Building, Canadian Na-

tional Exhibition, this year. Exhaus-tice research will inform this group

as to the patterns, methods and mai-erials employed by Canada's pioneer women. This information will be av-ailable to those interested in the dai-

sent. This quaint and interesting en-hibit will be seen in the east wing of the Women's Building.

Seeing the Fish

As far as the bathing suit is con

At Exhibition

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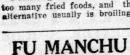


sable—when cars with orlinary tires get stuck-a set of the new Firestone Ground Grip tires will take you safely through.

These are the greatest tires the deep, continuous bars of rubber that grip on any surface. These are so placed that they clean themselves every bite is clean. Ground Grip tires cost no



SNOW



By Sax Rohmer





"I was standing at the drawing-room window looking out onto the lawn when

"What does it all mean, Dr. Petrio?" she pleaded.
"Vernon Denby tells me that some awful Chinaman is
trying to kill Mr. Smith. But if the same man wants to
kill my father, why has he not done so?



