

# "SALADA" TEA

is delicious

### CORRECTION

Through an error on the part of the printer, the price in the Salada Green Tea Advertisement which appeared recently in this paper was shown as 38c per half lb. instead of 30c per half lb.

# "SALADA" TEA

# DEATH ON THE DIAMOND

BY CORTLAND FITZSIMMONS

Synopsis of... Terry went on his way quietly and considerably early. All through the excitement of days spent with the police of both New York and Boston, he kept his fear and his dread to himself. He never mentioned the warning he had received from the writer in the country was convinced that for some unknown reason the Blues were being watched and followed by a band of crooks. There were one or two writers, people like Mullins, who suggested in a voluble way that Pop Clark himself might have something to do with it. These indirect allusions brought the discussion out into the open and caused a storm of protest from fans all over the country. Pop Clark was above any such tactics. He had been for too long the most picturesque figure in the realm of the national sport to stoop to murder to win. The car of baseball made a statement which was printed on the front page of all the leading newspapers. It read in part:

"It is unfortunate that the sensa-

### 300 Years Ago

The London Observer writes:—A young woman who "remembers how she lived and died 30 years ago" is now drawing thousands to her home in Gdynia, the Polish port on the Baltic Sea. She is Maria Szmablowa, the niece of a chemist.

Some days ago she went with her relatives for a walk to Ozkoyvia, the Polish military port. Passing the old church and cemetery, she suddenly went very white and, exclaiming "here I was buried," dropped down to the ground.

When she came to herself she told a strange story of reincarnation. "I remember this place very well," she said. "I was buried here before I was the wife of a fisherman. My name was Golosa."

She went on to relate that her husband was killed in the Swedish war with Poland in the 17th century, that almost the whole population perished, and that she with her two children went fishing and were drowned and afterwards buried in the Ozkoyvia cemetery.

The woman has never been known as a deceiver. Her tales were about the war are correct. She goes about her daily work as usual, but her story has brought crowds to her house. Doctors have stated that her health is perfect.

# Home Hints

By LAURA KNIGHT

### A FLUFFY CAKE

At this season of the year, everyone is just a little tired of the richness of holiday food. What is left of the Christmas cake can be fully stored and used at another date, but now is the time to serve something a little less heavy and a little fluffier, sponge cake is just the thing. For the bridge tea, for Sunday night suppers with ice cream or for practically any occasion, this cake will be a credit to the hostess and a joy to the guests.

Sponge cakes depend on air for their fluff. Light perfection. The air may be beaten into the egg whites or yolks, or sifted into the flour and held there by the light, airy folding of the ingredients. Of course, the ingredients must be the finest and particularly the flour. Specially milled, soft winter wheat which has been sifted and re-sifted till it is as fine as the millers can make it, is the first step towards cake success.

A home-made cake is not necessarily expensive. Even if only one or two eggs are used—it can taste like a luxury cake when made with the right kind of flour.

# If You're Told to "Alkalize"

Try This Remarkable "Phillips" Way Thousands are Adopting

### PHILLIPS MILK OF MAGNESIA

Safety on the Roads

More strict regulations governing the issuance of drivers' permits, stiffer penalties for violations of traffic laws and stern treatment of those convicted of driving while under the influence of alcoholic beverages would do more to reduce motor accidents than any speed-limit law could do.—The St. Thomas Times-Journal.

### BARBECUED BEEF

One and a half pounds of round steak or braising beef (three-quarters of an inch thick); salt and pepper and flour.

Method: Pound the meat thoroughly with a wooden beater. Rub with salt and pepper and flour well on both sides. Brown quickly on both sides in a small amount of shortening. Add flour to sauté. Season: One and one-half cups hot water, 1 tablespoon butter,  $\frac{1}{4}$  teaspoon tobacco sauce,  $\frac{1}{2}$  cup tomato catsup, 1 tablespoon Worcestershire Sauce, 1 lemon juice.

Method: Bring to a boil and pour over the meat. Cover closely and simmer slowly over fire for two hours. Garnish with slices of sour pickles and lightly sautéed green pepper slices.

### A Good Sign

The Royal Canadian Mounted Police are so busy in the north that they are talking about when discussing had men, what they do with what weapons. It is therefore all the more encouraging that they have words of praise for the recent legislation requiring the registration of firearms of the revolver type with the police authorities. Certain crimes have been either solved or their solution has been materially helped by the fact that the revolver or pistol used could be traced through records.—Montreal Star.

### MUTTON ROULETTE

One and a half slices mutton (four squares), mustard, 2 cups of bread crumbs, 1 cup butter or dripping,  $\frac{1}{4}$  cup hot water, 1 teaspoon poultry seasoning, 1 teaspoon salt,  $\frac{1}{2}$  teaspoon pepper.

Method: Rub meat with mustard and salt and pepper to taste. Prepare a dressing of the remaining ingredients and place over the meat. Roll meat and dressing and tie or string. Sprinkle with salt and pepper and dredge with flour. Brown in fat hot shortening. Make 2 hours gravy by adding 1 cup of spoons of flour and two cups hot water. Pour over meat roll and simmer on top of stove or in a moderate oven, 300 degrees F., until very tender—about three hours.

# PHILLIPS MILK OF MAGNESIA

Warm Drinking Water For Cows

Necessary During the Cold Winter Weather

### EMERGENCY SHELF

Home-made pickles and preserves are a great asset in any kitchen. They are easy to make and keep for a long time. The recipe for making pickles is simple and the ingredients are readily available. The recipe for preserves is also simple and the ingredients are readily available.

### BAKED BEAN CROQUETTES

Two cups baked beans, salt and pepper, 1 egg, 1 cup flour.

Method: Drain and mash beans to a smooth paste. Season with salt and pepper. Shape into croquettes, dip in beaten egg and crumbs and deep fry in shortening at 350 D. F. Serve with tomato catsup.

### Learn of the North

The year 1936 has been a noteworthy one for Northern Ontario in that an exceptionally large number of cabinet members and other government luminaries have seen fit to pay this section of the province a visit.

### Life on \$6 a Week

Somebody said it was impossible for a girl to live in London on \$6 a week. Somebody replied that that some of the girls in London were doing it. A woman's magazine trying to discover how the feat was done, has found a girl who pays \$24.64 for her bedroom which she lets during the day for 75c. She spends her evenings at the public library, acquiring knowledge that may enable her to earn more money. Evidently it is just possible, but only for a girl!

### Secret Farm in West

Here is some interesting news from West. During the drought, the depression and a cessation of immigration during the past five years there has been an increase of nearly 15,000 farms in the Prairie Provinces. This compares with 30,000 in 1931 compared with 28,000 in 1935.—London Free Press.

# FINE FOR KIDNEY AND BLADDER WEAKNESS

STOP GETTING UP NIGHTS, LOOK AND FEEL YOUNGER

### Wake Up Your Liver Bile

And You'll Jump Out of Bed in the Morning

### Uruguay is considering a large public-works program.

"The manner in which the community takes care of its sick and incapacitated is the gauge by which the degree of civilization of a people may be judged."  
—Fannie Hurst.

# Sparks from the Press

### Thornton Memorials

The late Sir Henry Thornton could have wished no finer monument than the respect and honor in which his memory is now held by thousands of employees of the Canadian National Railway. That has just been attested by the placing of a memorial plaque in the rotunda of the Union Station in Winnipeg and the placing of similar plaques in four other cities across the Dominion.

### She Began Early

A feminine stenographer, employed by the United States railway, has just been retired after 47 years of continuous service and that must be regarded as a pretty long spell.—Brantford Expositor.

### For Two-Cent Postage

It would be a commendable idea if the reign of King George VI brought back "penny postage." Canadians would welcome the two-cent letter rate warmly. The two-cent commemorative George VI stamp came with the rate it would give a happy shout to postal reform.—Brandon Sun.

### "Proud" in Scotland

A rather significant aspect of the accession of King George VI and the Queen Consort Elizabeth is the sentimental effect that it will have in Scotland. The fact that the Queen is a descendant of an ancient Scottish family should bind the northern part of the United Kingdom to the monarchy. A good deal of humor has clustered around the remark of an old Scottish farmer when he heard that the Princess Louise, the daughter of Queen Victoria, had married the Marquis of Lorne, a son of the Duke of Albany.

### Empire Migration.

It is more than 20 years since the steady and uninterrupted flow of migration from Great Britain to the Dominions and Colonies ceased to be a regular feature of the Empire's corporate life. It is true that various specialized efforts have been made in the meantime—in South Africa, for example, by the 1920s—varying degrees of success to establish British emigrants in the Commonwealth overseas. But unless that we have termed "the steady uninterrupted flow of migration" from Great Britain can be resumed and maintained on the old pre-war level, nothing is more certain than that some of the benefits which the Dominion Colonies and dependent territories of the British race will be lost forever, both in Britain itself and in the Dominion Colonies and dependent territories.—Johannesburg, S.A. Times.

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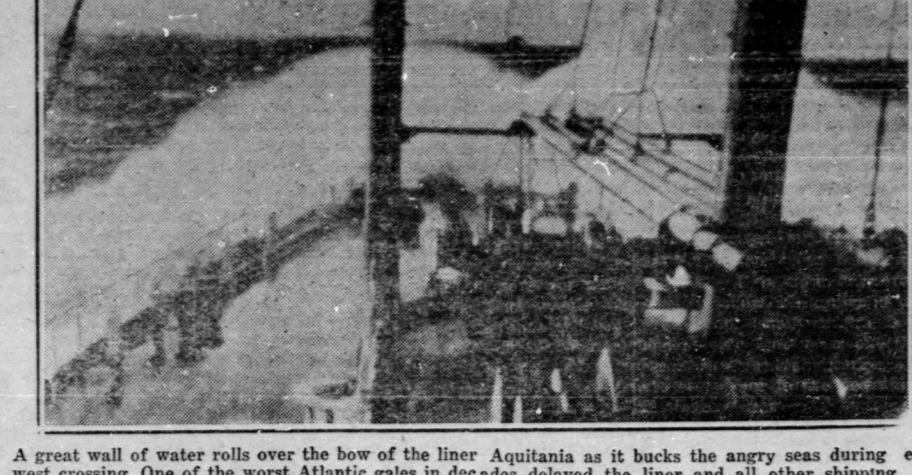
### "A Terrific Gal"

A terrific gal has been causing damage in England, and no complaint has yet had the temerity to bring her to trial for a terrific gal.—Toronto Star.

### The Nightbird's Appeal

The Nightbird's Appeal has been launched in Ontario. It is a one-piece item at \$1.00 a box. It is a one-piece item at \$1.00 a box. It is a one-piece item at \$1.00 a box.

# Mountainous Winter Seas Beat Furiously Across Bow of Liner



A great wall of water rolls over the bow of the liner Aquitania as it backs the angry seas during east-west crossing. One of the worst Atlantic gales in decades deluged the liner and all other shipping.

### Car Fatalities

By KEN EDWARDS

Last week we talked about tuns, this week it's swordsfish. The new and popular sport is sailing for swordsfish. This is carried on extensively off the coast of New Zealand and Catalina Island, California.

The first swordfish taken on record in the Atlantic coast weighed 150 pounds; that was in 1927. The fish with a swordfish is much softer than that of a tuna, therefore it may take the bait more readily.

It is not so difficult to catch in a shark net as it was in the days of the "rope fish." The fish is a terror to fight, the swordfish is a "rope" sport.

Sometimes, when he is harpooned, the fish will jump out of the net and land on the shore. The fish is a terror to fight, the swordfish is a "rope" sport.

### World Output Of Gold High

By KEN EDWARDS

Production estimates for the world including Russia, suggested that the output of gold this year might approximate 40,000,000 ounces, as compared with a previous peak of 30,000,000 in 1930.

Estimates for the first 10 months of 1936 showed Russia alone mined 4,500,000 ounces more than during the corresponding period last year.

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### The Market Means Nothing in Her Life

Telephone Operator in Winnipeg Green Exchange Doesn't Care If Wealth Goes Up or Down

WINNIPEG—She's seen what at \$1.10 a bushel and she's seen it at 25 cents, that "means nothing to me," says Edith Pratt, who handles hundreds of telephone calls daily from the trading floor of the Winnipeg Grain Exchange.

Ask Edith "what's the market today?"—meaning the current price of futures—and she will cheerfully admit: "I don't even know what it is half the time."

### Example To Every Woman

Made by Schumann-Heink Had Qualities of Nature Which Were Supreme

Since her passing, a great deal has been written about the life and achievements of Ernestine Schumann-Heink. A great deal more could be written of this remarkable woman, whose qualities were supreme.

Ernestine Schumann-Heink, who was born in 1841, was a soprano. She was a soprano. She was a soprano.

### Hormones Used For Birth Control

NEW YORK—Birth control by doses of hormones appears a possibility of the near future, according to a report from a committee of the Hospital-Columbia medical center.

The results of recent experiments on the effects of hormones on human beings by himself and other research workers were disclosed by Dr. Kurtzrok at the annual meeting of the Birth Control Council of America here.

### WALK SCOUT

"In fact, it was so very natural that as he was reaching across it to paint some flowers on the opposite bank, he fell into the water and was drowned. Mister Tinker," continued Tiktok, "made a ladder that could rest against the moon, while he nickered little stars to set in the king's crown. But when he got to the moon, Mister Tinker liked it so much that he decided to live there, he pulled out the ladder and he never came back."

ed. We women are often too easily discouraged and I am tentatively to tell the story again of the great Schumann-Heink's early struggles. Apply her disheartening experiences to yourself. Ask yourself whether you have the courage, as she had, to rise above great handicaps.

How, for instance, would you react to a situation such as this—the one in which the great diva found herself early in youth?

When still a schoolgirl she succeeded in arranging an audition before the director of the Mother Court Opera. If you imagine that her audition was a triumph, you are unfamiliar with the story and the reactions of the director.

"Give up the idea of singing," he told her. "You have neither the face nor the figure. Far better for you to buy yourself a sewing machine and go to work. You will never be a singer."

So much for the opinion of a man in the position to make or break a career. So much for the audacious spirit of the young woman and for her great courage and her keen intelligence. I imagine the little Ernestine Roesler felt pretty badly under this verdict. It meant a great deal, but judging from what came after, she then and there decided to prove to the director and to the world that she was wrong.

She bought a sewing machine and went to work. You will never be a singer.

the brokers' wits, too. Many social calls are sprinkled among orders to buy and sell.

In Miss Pratt's tenure, wheat prices dropped to all-time low levels—38 cents a bushel in 1932. She remembers the day in 1928 when the market "broke wide open," the premiere of gold this year might approximate 40,000,000 ounces, as compared with a previous peak of 30,000,000 in 1930.

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But I saw one, they were all there. They were all there. They were all there. They were all there.

"We must have been a great deal to the country," said Dorothy. "It was a great loss to the country. It was a great loss to the country. It was a great loss to the country."

"Who made you?"

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