SUNDAY SCHOOL LESSON

LESSON V.
The Financial Cost of Alcoholic Beverages. — (The Economic Approach to the Liquor Problem).

Printed Text: — Proverbs 21:17; 23, 20, 21, Matthew 24:45-51; John 6:26, 27,35.

GOLDEN TEXT — "Wherefore do ye spend money for that which is not bread? and your labor for that which satisfieth not?" — Isaiah 55:2.

THE LESSON IN ITS SETTING

Time — The book of Proverbs was written about 1000 B.C. The discourse of our Lord, from which a few verses are taken, as recorded in Matthew 24, was given on Tuesday of Passion Week, April 4, A.D. 30. The words used from the sixth chapter of John were uttered by Christ in April A.D., 29.

Place — The Olivet Discourse was delivered on the Mount of Olives opposite to and east of Jerusalem. The words recorded in the sixth chapter of John were uttered in the synagogue at Capernaum.

The Poverty to which Drunkenness leads. Proverbs 21:17; 23:20,21, Proverbs 21:17. "He that loveth pleasure shall be a poor man; he that loveth wine and oil shall not be rich." For the representation of wine and oil as common sources of enjoyment, see Prov. 27:9; Judge. 9:9,13. Among the Hebrews as among the Greeks and Romans they were usual accompaniments of feasts.

Proverbs 23:20. "Be not among winebibbers." That is those who drink wine to excess. "Among gluttonous eaters of flesh." Of course this refers to meat consumed at the table. The word "temperance" has come to have reference almost entirely to the matter of restraint in the things which one drinks; we are too prone to forget that it also in the Bible is continually applied to our eating.

"For the drunkard and the glutton shall come to poverty." Poverty lies ahead of the men here spoken of because drinking intoxicating beverages and gluttonous habits of eating have, in every age led men to extravagant outlays for the satisfaction of their cravings for wine and rich food, which they could not afford; furthermore when one is given to indulgence in these things the desire for work is often greatly reduced; in the third place such men as are here referred to, by these habits of over-indulgence make themselves less and less capable of rendering efficient service in their particular fields of work, and will be the first ones to be dismissed from employment; these are the ones who will fall when it comes to decisions in important business matters. "And drowsiness will clothe a man with rags." This refers to the torpor that follows excessive eating and drinking.

"Who then is the faithful and wise servant, whom his lord hath set over his household, to give them their food in due season?" "Blessed is that servant, whom his lord when he cometh shall find so doing." "Verily I say unto you, that he will set him over all that he hath." In the second part of our Lord's Olivet Discourse, beginning with this verse, Christ gives three parables indicating the responsibilities resting upon his own during a period in which he as to bodily presence, would be absent from them. We should notice first that the Lord of the household is absent, but that, before he departs he has designated certain duties for his servants to perform while he is absent. The parable of our lesson is the picture of his household.

"But if that evil servant shall say in his heart, My lord tarrieth; and shall begin to beat his fellow-servants, and shall eat and drink with the drunken; The lord of that servant shall come in a day when he expecteth not, and in an hour when he knoweth not, "And shall cut him asunder, and appoint his portion with the hypocrites; there shall be the weeping and the gnashing of teeth." We have already made brief reference to the teaching of these verses in the previous paragraph. We must never forget that the person speaking these terrible words was none other than the Lord Jesus Christ himself The final testimony of these unfaithful servants is punishment in the next life. It does not say it is eternal, but other passages of Scripture do so inform us. The evil servant had exactly the same opportunity that was given to the first, but he said within himself, My lord delayeth his coming, and so he began to do as he pleased.

"Jesus answered them and said, Verily, verily, I say unto you, Ye seek me, not because ye saw signs, but because ye ate of the loaves and were filled." The discourse of which these words are a part was given the day after Christ, with five barley loaves and two fishes, miraculously fed five thousand men on the shore of the Sea of Galilee. On the following day, a vast multitude of people, seeking Jesus, had come to Capernaum that the discourse (vs. 26-59) was uttered.

"Work not for the food which perisheth, but for the food which abideth unto eternal life, which the Son of man shall give unto you; for him the Father, even God, hath sealed." This verse is peculiarly full of instructive lessons. (1) There is something forbidden. We are not to labor exclusively, or excessively, for the satisfaction of our bodily wants, for that food which only perishes in the using, and only does us a little temporary good. (2) There is something commanded. We ought to work hard and strive for that spiritual food — that supply for the wants of our souls, which once obtained in an everlasting possession. (3) There is something promised. The Son of man Jesus Christ, is ready to give to everyone who desires to have it that spiritual food which endures forever. (4) There is something declared. The Son of man, Jesus Christ, has been designated and appointed by God the Father for this very purpose, to be the dispenser of this spiritual food to all who desire it.

"Jesus said unto them, I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst." Man is not able to maintain in full strength and life his physical body by anything which he has in himself — he must receive into his body every day meat and bread from without. So also a man is not able to satisfy the needs of his spiritual life by anything he has in himself but must receive this also from God, who has given him spiritual food in Jesus Christ, who is the bread of life, i.e. the bread which communicates life, sustains and enriches it.

Boy (Big) Meets Girl (Little) at Premiere

Guy Kibbee, the big and jovial movie character actor, and Marie Wilson, actress, get their heads together at the opening night of "Boy Meets Girl" in Los Angeles, Cal. Notables of the screen were first nighters.

Fears Early War

Field Marshal Lord Milne intimated in a speech recently that war might come within five months.

Speaking in support of the Cadet Corps movement at the Mansion House, he said:

"Your country is in danger. Some people say we have five years in which to prepare. I would feel that I was optimistic if said we had only [illegible] months.

Paris, France, did not adopt a standard hour until 1816.

The tassel-eared squirrel grows eartuffs each fall. These grow to a length of 1½ inches by mid-winter and fall off in the spring.

Movie-ro... go...

By DOROTH...

The new version of "Seven" is coming along fine... mone Simon in the role... Janet Gaynor famous ... James Stewart in Charle... place. Henry King, who ... "Lloyd's of London," ... want to see) is wielding ... phone.

Speaking of "Lloyd's of ... brings up the fact that ... picture made a star ... Tyrone Power, son of the ... actor of that name. Twen... tury Fox is giving the ... stellar part in "Love Is ... Loretta Young playing ... him. He had a hard ... startee, being his father's ... the help you'd think it ... now he's on his way!

One of our ace direct... ed from England recent... completing a very success... and announced that he'd ... over one thing that happen... In Hollywood he is accus... discussing the rewriting ... with the author who is ... the picture and having ... promptly leap to a type... dash off the new version. ... In England he was accus... a well-known woman write... would discuss the changes ... to be made. Then she'd ... her car and go to her cot... A week or so later she ... turn with the new version ... scene perfectly written. ... he wondered why everything ... work that way.

Joan Crawford and Fra... are the most recent recru...

Joan Crawford

Broadwa... that ... they can ... the right ... it's runn... they have ... the stage ... them have ... absence ... no secret ... ambition ... wanted ... stage ... once dan... and not ... act ... wanted to wait till she ... for it, and has always ... her husband must act with ... cause he'd lack confidence ... didn't. And as he made quite ... tation for himself before ... Hollywood. The change ... hard for him.

Dies From Air Crash

Martin Johnson, the noted explorer, died as a result of injuries suffered in the crash of a large airliner near Los Angeles. This picture shows him with Mrs. Johnson, who was seriously injured, in a pose taken on their last African trip.

Lovely Leda Returns

Home in New York from tour of European stages during which she appeared in Paris, Riviera and Italy, Leda Lombard, American dancer and actress perches partly on the railing of S. H. Washington as she arrives home to fill roles on American stage and screen.

Sanding Devices For Cars

A sanding device for automobiles designed to afford greater traction in unfavorable weather has been developed by Professor William R. Bryans, assistant dean of the New York University College of Engineering.

"The device," says Dean Bryans, "would convert the undersides of fenders into sand-boxes with filling covers in the fender tops. By a valve-release mechanism on the control panel of the car, the driver could efficiently distribute the sand. The equipment would be hidden in space that is now wasted."— New York Times.

Cow's milk was at one time responsible for nearly 25 per cent. of all tuberculosis in humans, according to health authorities.

Wounded Rebels Play

This scene, taken at a hospital far behind the front lines, shows some of the wounded rebel soldiers playing a game of parchesi under the watchful eyes of a crippled comrade and a nurse. With the fighting around Madrid growing fiercer day by day, the hospitals in the rear are taxed to capacities as the human wreckage of war pours in.

Queen's Protege

Lilly, thirteen-year-old girl, has been chosen as Queen Mary's protege at the Princess Mary Village home for girls at Addlestone Surrey, England. She comes from village of Warn... and is pictured holding Christmas toys sent to the home for needy by the Queen.

Appointme...

Premier Mackenz... nounced the appoi... W. deB. Farris of ... the Senate. Mr. Farr... mer Minister in ... Columbia Governmen...

FARM NOTES

Conducted by PROFESSOR HENRY G. BELL
With the Co-Operation of the Various Departments of the Ontario Agricultural College.

QUESTION: "I have been growing tobacco on a plant field sand and using a 3-8-4 fertilizer for some years but lately I find it has a tendency to ripen slowly and in some parts of the field it shows rim burn. I have been told that rim burn is caused by a lack of potash in the soil and I would like to know what analysis you would recommend to overcome or correct the condition mentioned above." A. E. G., Norfolk County.

ANSWER: From your description and from our knowledge of Plain field sand, it is apparent that lack of potash is the difficulty in your soil. It appears that you are using rather high nitrogen and distinctly low potash for your conditions. We would recommend using 2-10-8 rather than a 3-8-4 fertilizer for blue tobacco, applying this at the rate of 100 lbs. per acre. Under the extreme conditions which you mention, I believe you would be justified in using a bag of 2-10-12. It might be advisable to use a bag on the latter analysis along with the 2-10-8 for observation.

QUESTION 2: "I grow a quantity of tomato plants in greenhouses and hot beds for sale to farmers growing tomatoes for the canners. What soil mixture and fertilizer would you recommend for these beds? — D. T. Norfolk.

ANSWER: As a rule gardeners do not advise using fertilizers on hot beds in which they are growing tomatoes for the canning trade provided that they have a good compost available. This soil gives sufficiently rapid growth under hot bed conditions and gives much stronger plants than those which have been probably fed an excess of nitrogen. If however, you do not have compost soil that can be used, good results can be obtained from working in a light application of such fertilizer as 5-8-7 or 9-5-7 at the rate of 2-3 ozs. to the sq. yard. Be careful of one thing in particular, however, and that is do not overdo the nitrogen side of the plantfood, otherwise you will get long stocky plants which will not be sufficiently strong.

The Dominican frog skips the tadpole stage entirely. It develops inside a crystal like egg and emerges as a full fledged frog.

In 16th century Paris, gingerbread was sold only by druggists. Royal edict gave pharmacists this monopoly.

C—2

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MINING FLASHES

Production at Laguna Gold Mines, Northern Manitoba, in December totalled $36,500, bringing total recovery for the first 5 months of this company's production up to $164,700, or an average of approximately $33,000 per month. The management feel results obtained in December an excellent showing considering some minor crusher trouble was encountered during the month. Drifting and crosscutting on the 875 and 1,000-ft. levels is steadily increasing the known ore reserves. It is understood the mill is presently averaging 64 tons daily with mill heads approximating .70 ozs. or $24.50 ...ld per ton.

First official underground check sampling received from the Kenora property of Tecumseh Gold Mines from three channel samples taken across 14 ft. of vein matter at the first station in the shaft showed values of $16.80 $148.40 and $166.55 gold per ton. These results, while somewhat higher than expected at that point, show about the same representative values as previous sampling at lower levels officials report. The property adjoins Big Master on the north and east.

Eat More Spinach Less Asparagus

California Expects Clump in Supply of One Vegetable

BERKELEY, Cal.—During 1937 at least, people of the United States will have to eat more spinach an ease up a bit on asparagus, according to agricultural experts of the University of California.

This state, which since 1929 has produced all of the domestic canned asparagus and approximately 45 per cent. of the fresh supply, is scheduled for a slight slump this year, experts find. After that the hope that anyone who does not like spinach can fall back on a full supply of asparagus.

The average asparagus yield in California in 1937, it is estimated, will fall short of that in 1936, although larger than in 1935. However, heavier plantings in California during the past two years indicate that after 1937, asparagus will be plentiful.

You've Overheard These

Telephone operators use amongst themselves a standard version of abbreviated English to save your time and theirs, thereby speeding-up long distance connections.

Perhaps you've heard them use this "short talk" in passing your call along. For example, b y to a Bell operator, means the line is busy —d a stands for does not answer— g are the code letters for try again —and w b means we have the party called.

This use of codes simplifies work, avoids confusion and misunderstanding. It is done in the interest of faster, more efficient telephone service.

Issue No. 5 — '37
C—1

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Orderly Recovery Urged At Royal Bank Meeting

Speculative Booms and Resultant Depressions Must be Prevented if Capitalistic System to Survive, States Morris W. Wilson, President and Managing Director—Recommends Commission to Investigate Financial Relationship of Dominion, Provincial and Municipal Governments.

Sydney G. Dobson, General Manager, Reports Continued Progress in Bank's Business — Deposits Up $56,000,000 — Profits Improved—Business Undoubtedly on Up Grade

Warning against the dangers of a speculative boom, and a plea that recovery be maintained on an orderly basis, were outstanding features of the address of Morris W. Wilson, President and Managing Director, at the 68th Annual General Meeting of The Royal Bank of Canada.

That recovery was well on the way there could be little doubt, and "even the most sanguine would have hesitated a year ago to predict progress as great as that which has been accomplished during 1936," stated Mr. Wilson.

In addressing the meeting, Mr. Wilson said, in part:

"A serious drought again affected large areas in the West, with results that wer disastrous to the farmers immediately concerned. Those farmers who reaped good crops last yea, benefited materially by higher prices, but, in the midst of a broad recovery, farm income has lagged behind.

"It is gratifying that the stocks of grain in Canada are again of normal proportions. Nature is in a fair way to take the Government of Canada out of the grain business. It is sincerely to be hoped that she will not be drawn into it again.

Industries

"Prices for newsprint have shown a slight increase during the past year and this, together with a heavier volume of sales, has brought encouragement to the newsprint industry.

"In the lumber industry there has been a satisfactory volume of demand from Great Britain ever since the beginning of their building boom. This demand has been maintained during the past year and is the most important factor in the improvement of conditions in lumber circles.

"The value of Canadian mineral production established a new high record in 1936, amounting to approximately $350 million compared with $312 million in 1935. The prospects of the Canadian mining industry are more favorable than at any time in the past.

"Throughout the manufacturing industries of Canada, volume of production has been above the level which prevailed in 1926 and in October reached the highest point recorded since July, 1929.

Employment and Relief

"At the moment manufacturing employment is close to normal in mining, as a whole, the number employed is greater than at any time in our history. In trade the volume of employment is not unsatisfactory. Under these circumstances, I cannot but feel that the time has come to examine with care our lists of those receiving unemployment relief. It is a notable fact that there has been no census of unemployment since 1931. At a time like the present a biennial census would give our various governing bodies facts which would help them in determination of policies.

Division of Taxes.

Over a wide field of economic legislation it is virtually impossible to gress whether ultimate authority rests with the Province or with the Dominion.

"Let us secure a review of the whole subject by a Royal Commission with the object of reconsidering these complexities. Changed social and economic conditions have thrown responsibilities on various governing bodies that were never contemplated at the time of Confederation, and as a consequence it is found increasingly difficult, in some instances, to meet these additional responsibilities with the sources of revenue at their disposal. Having regard to the necessity of maintaining the national credit, if it is at all possible some solution must be found which will permit both provinces and municipalities to continue the service of their public debt in full.

Individualistic Democracy.

"It is the fashion in certain quarters to say that the system of capitalism—or, as I prefer to term it, individualism—has failed.

"In the past it has adapted itself to changes in economic conditions and social concepts, and there is no reason to think that such adaptations will not continue to be made, in fact, they must be made if the system is to survive. With Communism, Fascism and Nazism in competition, individualism will survive only if the benefits which it provides to the community continue to be greater than those conferred upon people living under other organizations of society.

"If we would set an example to the world we must manifest that unusual degree of self-control which restrains booms and thus avoids subsequent depressions.

Money.

"It is for this reason then that the present monetary situation is an outstanding challenge to economic individualism. Can a popular government, such as that in the United States, for instance, deal effectively with the monetary situation? The revaluation of gold by the United States and the reduction in the gold value of other currencies, made almost unanimous this past year by the capitulation of the European gold bloc introduced a dynamic inflationary force into world economy. It is encouraging to note that this potentiality seems to be understood by the monetary authorities in the United States and that they are taking definite action. The world has not previously experienced a period when borrowing rates have been so low for so long a time. If continued on this basis an unhealthy and artificial situation will develop. Easy money is a powerful force; it operates somewhat slowly, but to wait until it is evident that speculation is out of hand will be to create conditions which can be corrected only by depression. In some quarters we are asked to believe that the increased government regulation of general economy may make it possible to continue low interest rates more or less indefinitely I feel strongly that this view is not correct and that the action now being taken is by no means premature. By use, if necessary, of the huge reserves already accumulated it will be possible to prevent any serious interruption in recovery. It is surely better that we maintain the upward trend for a prolonged period and that recovery shall proceed in an orderly manner, with the minimum of encouragement to irresponsible speculation. We must on no account allow recovery to degenerate into boom — the forerunner of depression individualistic economy will stand or fall, depending upon its ability to prevent depressions.

General Manager's Address

In reviewing the annual balance sheet, Mr. S. G. Dobson, General Manager, referred with satisfaction to an increase of $54,665,757 in total assets, which now aggregate $855,588,457, and to an increase in deposits during the year of $56,-579,960. Mr. Dobson said in part:

Current Loans Situation

"The demand for loans in Canada was again disappointing, though there have been indications during the last few months of increased requirements for business purposes. While advances under the heading of Current Loans in Canada decreased $41,251,783 during the year, this does not mean that the requirements of our ordinary borrowers were that much smaller. The reduction is fully accounted for by repayment of two special loans, namely, about $32,000,000 due by the Wheat Board liquidated principally through the sale of surplus stocks of wheat held under Government control, and the repayment of approximately $10,000,000 due by the Canadian Pacific Railway, being our participation in the loan to that company made by the chartered banks of Canada under Dominion Government guarantee.

"I give this information to correct an impression which casual consideration of this item in our Balance Sheet might create, that is, that business is still undergoing a process of liquidation.

"In this connection it is interesting to note that total commercial loans in Canada of all banks are only 50.46% of the amount outstanding at the end of 1929.

"Due to increased volume of business, I am pleased to report an improvement in Profits of $291,492. While not large, this is an encouraging trend.

Improvement in Business.

A review of conditions in Canada and other countries in which our bank has branches, indicates a definite improvement in business in Canada and in practically all of the foreign countries in which we are represented. Business is undoubtedly on the upgrade, and I look forward to 1937 with a greater feeling of confidence than has been justified for some years.

"Many great evils in these days have fallen like a scourge on humanity, on civil society and on the church."—Pope Pius XI.

"The generosity of the American people is a fine tradition — we have never failed to heed the call of distress."—Franklin D. Roosevelt.

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Alleged WIT

There is no price tag on sleep, nor yet tax, but the way some people avoid it, one would think sleep is the most expensive commodity in the world.

Mother — "Well, Nellie" is your doll kitchen completely furnished now?"

Nellie — "No, mother dear, I still need a policeman for the cook.

There is no collateral upon which you can realize more than a big circle of real friends.

The woman is childless who does not think her baby superior to all others.

First Caddie — "What's your man like, Skeeter?"

Second Caddie — "Left-handed, and keeps his money in his right-hand pocket."

Vacationist (to old villager) — "May I ask you how old you are?"

Old Villager — "I be just one hundred."

Vacationist — "Really? Well do you suppose you'll see another hundred?"

Old Villager — "Well, I don't know. But I be stronger now than when I started on the first hundred."

Guess it's floating around somewhere: Lost in or near lawyer's office. 1 housemaid's knee; return; no questions asked. — South Bend, Indiania, News-Times.

The mistress of the house heard the door bell ring and saw standing at the open front door a Chinese peddler. Quickly retreating, she called out to the maid.

Mistress — "There's a Chinaman at the door. You go, Ella."

This was too much for the China man, who stuck his head into the hall, and shouted indignantly:

Chinaman — "You go 'ella your self."

We do not know who the author of this poem is but we all subscribe to the sentiment:

NOISE

Don't brag or blusher and blow your horn,
And think the world lucky that you were born.
The firecracker bangs as firecrackers do —
But the dynamo works quietly true.
For power is noiseless — like eagle wings,
And noise is powerless to do big things,
While racket and roar are the waste amounts,
And they never accomplish a thing that counts.
The rattling wheels ren't power and might,
But the silent current that's out of sight.
And there's never a bit of blusher and blow
To the force within that makes the things go.
For the perfect machine and efficient man,
Accomplish the most by the noiseless plan.
And the work of the world is done today,
By silent power in the quietest way.
So its what you DO; and the results will show
Without the need of bluster and blow

If a young lady refuses to marry her lover, she should be careful about this sister business:

Ethel — "Why are you bringing me all your old socks to darn?"

Scotchman — "Well, when you refused to marry me, you said you'd always be like a sister to me."

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Achilles Tendon Needs Exercise

Art in Teaching, Learning Exercises to Improve Posture

NEW YORK.—Before any course of exercises or treatment is begun in a new salon there each entrant submits to an examination by a registered physician. Not till the instructor has been advised of her pupil's condition does she begin her work. There is an art in teaching and learning the exercises for constructive and corrective work. Only certain muscles must be brought into play. Those that control, never those that will bulge and throw the body out of line become the objects of attention. Every effort is made to maintain the feminine lines and proportions of the figure.

It is well to begin with the Achilles tendon, which must be stretched to make easy walking possible At this time of the year, when there is skiing and skating to be done it is doubly necessary that the steel-like spring at the back of the ankle be flexible. One rcise is to place the feet far apart, one directly in front of the other, and, while keeping both heels firmly on the floor bend the forward knee, thus stretching the Achilles tendon. This is done first with one leg and then the other.

Tabloid Foods

St. Thomas Times-Journal writer—Eating is not only necessary but a social and pleasurable ceremony Yet the e are times when busy individuals or people going touring or starting at a remote lake resort might wish they could have their food in compact and easily manageable form, the ultimate minimum, perhaps, being a beat in a pill.

Experiments have recently been carried out in England with hydrated foods, which, as successfully achieved, and for the manufactured which a company has been formed, are the invention of a master mariner, P. C. Lavender, who, it is somewhat gruesome to note, derived his idea by seeing the mummies in the British Museum. He felt that if human bodies could be preserved for thousands of years why could not food be preserved for weeks, months or years

On display in a London office at the present time are three small bottles, each containing t ounces of powdered substance. One represents a pound of steak, another forty heads of lettuce and forty heads of spinach, respectively There are strawberries shriveled and weighing little after drying, which when placed in liquid resume their normal weight, taste and consistency. A black currant, dried for nearly two years, become tender and full flavored when placed in the mouth.

A for the powdered foods, all the essential nutrimen remains, and they can be used in many ways, say scientists. One method is to add water to make a paste for spreading between bread or biscuits.

The Lavender process has been applied most successfully to cattle food, has been found that cows fed on pulverized food give even more milk than those on past re.

Middle age is that period when a man begins to shed his hair, his teeth, and his illusions.

The bakers of New York City were the first employes to go on strike in America. The strike occurred in 1741. In those early days strikers were treated as conspirators but convictions seldom were obtained.

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MEDICAL

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