Serial

A Page of Interest to Women



Christie's Arrowroots

Promenade Deck .

by Ishbel Ross

Synopsis

A luxurious five-month cruise around the world aboard the "Marenia". That was enough ing in front of him, twinkling owlishly through her glasses.

Like in "Grand Hotel" these passengers offer a study in human actions

Tecognized him for some one from the "Marenia". That was enough onion, grated, 2 teaspoon celery salt and onion, grated, 2 teaspoon celery salt and oniodles and drain. Add to them 1 cup medium white sauce, ½ cup grated cheese. Mix well, adding more milk and seasoning if needed. Form into 6 nests on oiled baking sheet. Brush with milk. Break egg into each nest. Season

Break egg into each nest. Season

Use three cups mashed potatoes, either hot or left over. Add 1 small onion, grated, 2 teaspoon celery salt and noodles and drain. Add to them 1 cup medium white sauce, ½ cup grated cheese. Form into 6 nests on oiled baking sheet. Brush with milk. Break egg into each nest. Season

Break egg into each nest. Season gers offer a study in human actions and reactions which unconsciously bare their souls . . These characters are aboard the ship: Macduff. dour Scotsman, single see dour Scotsman, single, of middle age; Miss Mudge, school teacher, spending the savings of 20 years; Angela, faithful wife of Lovat, gigolo; Dick Charlton, first officer; Clare, a person of experience; Joan, a dissipated flapper; Jenny, run-away wife, and Peter; Captain Baring, master of the ship . . . and his soul. . NOW, GO ON WITH THE

CHAPTER V Miss Mudge seemed uncertain of herself and shot a birdlike glance along the table, but no one was paying any attention, except to push her out of the way. As soon as she felt the pressure of bodies around her, Miss Mudge took hold of herself and produced a handful of counters from her bag. She'd show Mon-

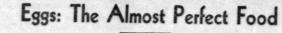
head. Her grey straw hat was slip-ping over one ear from all the push-

ECZEMA Now Almost Cleared Up



Scale disappears in a few days.

Bel-Zema is non-greasy—has a pleasant odour—dries quickly—does not
stain or discolour clothing or bed linen—
washes off easily with warm or cold
water—is soothing and non-irritating
even in extreme cases.



or 1 cup undiluted soup and

1 cup cooked peas or string be

cup water

1/4 teaspoon salt

Dash of pepper

1 teaspoon grated onion

in important, but rather minter- ter. Bake in hot oven until egg is cheese sauce. sting part of the family diet, it's set. Serve surrounded with vegetre dozens of ways to serve them which make them more interesting and palatable.

lmost every element that the human body needs is included in them. They have a liberal supply of protein— the muscle-builder and a small amount of important fat, easily di-gestible. The yolk is rich in iron for red-blood corpuscles and the calcium red-blood corpuscies and the calcium and phosphorus content is also of great value to the human engine. Eggs also have a liberal supply of vitamins A and G and an important supply of vitamin D, the "sunshine" vitamin which prevents rickets. White large is the supply of vitamin which prevents rickets. Most housewives prefer white aggs. and phosphorus content is also of Most housewives prefer white eggs cheese. to brown, but scientific tests have proved the two to be exactly the same in quality and taste. The color of the shell has nothing to do with the color of the yolk. Yolk color is the result of the type of food the hen eats.

Here are some new and delightful ways to serve the well-known "hen fruit".

Bayou Egg Dish

Mix 1½ cups medium white sauce with ½ cups in grated cheese, 2 cups cooked rice, 1 pimento, chopped, and 1 cup cooked peas. Place on oiled oven platter. Make 6 depressions in the rice. Break egg into each depression. Dust with salt and pepper. Brush over with melted to brown, but scientific tests have

pepper. Brush over with melted butter. Sprinkle with ¼ cup grated cheese. Bake until eggs are set or noodle mixture. Break 2 eggs into

> Eggs Country Style Pour 1 can mushroom soup pre-pared for serving into oven dish and heat. Break 4 eggs into dish and place in oven until eggs are begin-ning to set. Sprinkle thickly with ated cheese and return to over to finish cooking eggs. Serve eggs on toast with sauce from pan poured

Bake until eggs are set.

Cut slice from stem end of toma-to, saving slice. Scoop out centre f tomato. Sprinkle shell with salt and pepper and invert for 30 min-utes to drain. Place hollow side up

selfish worm. In fact, I'm seeing my-Alex A. Fraser, appointed to the presidency of Christie, Brown and of the Board of Directors after sixty-three years with the company.

Mr. Fraser, a native of Arthur, Ontario, has been Vice-President in perience in biscuit manufacturing.

A sporty outfit so exciting that every of the Board of Directors after sixty-three years with the company. Charge of production for the past eight years, and has many years' experience in biscuit manufacturing.

A sporty outfit so exciting that every of you know, if you keep it up, I shall regard you as a little egotist. Women all are, or they wouldn't think that what they do matters so much."

He leaned over her absorbed face and kissed it to a headthy glow. "Be done with a saucy bolero jacket of newest, smart tops its chic perfection with a saucy bolero jacket of newest, smart wiss will want to wear it of the young as a little egotist. Women all are, or they wouldn't think that what they do matters so much."

He leaned over her absorbed face gay, my child, and forget about your, self." he implored her. "We're only beginning, and you musn't feel like sold in the ped her hand beneath his chin. Her you'dl never let me regret what I've under the ped her hand beneath his chin. Her you'dl never let me regret what I've done. Your love will justify every-thing. You'll never let me regret what I've done. Your love will justify every-thing. You'll never let me regret what I've done. Your love will justify every-thing. You'll never let me regret what I've done. Your love will justify every-thing.

A sporty outfit so exciting that every smart Miss will want to wear it of the you know, if you know, if you know, if you know, it was little egotist. Women all are, or they wouldn't think that what they do matters so much."

He leaned over her absorbed face gay, my child, and forget about your self: what to a heatthy glow. "Be coming as it can be, and you musn't feel like so out and look at our shipmates. They're sure to be terri."

The slip was en fete. Chinese lanterns swung on the after d



TUCKETT

each shell. Season with sait, pepper and butter. Cover with top slice of

Scalloped Eggs

Place in oiled baking dish layers of 'crumbs, sliced hard-cooked eggs and grated cheese using 1½ cups crumbs, 6 eggs and 1 cup cheese. Season each layer with salt, pepper and dots of butter. Pour 1½ cups with 2 cup dry crumbs mixed with 1 tablespoon butter. Bake in moderate oven until top browns. Serve erate oven until top browns. Serve with tomato sauce.

Melt 2 tablespoons butter and mix in 2 tablespoons flour. Slowly add



Fatal Clean sanitation authorities i

a bath. He died of sh



of man, here also he image and superscrip-r in the image of God And they marvelled zed, as at the abf anything on which

the scribes came, and stioning together, and e had answered them The scribe fully repreme qualities of Je-d the remarkable fintion and the ans-

unday School Lesson

of any being other than God himself.
30. And thou shalt love the Lord thy
God. This is a quotation from Deut.

"This is the first instance in human se men to worshippers. Love of God must be ching and the outcome of knowledge of God."

stand in the Old Testament in the commanding position of the first, but is brought in only incidentally, in Lev. 19:18, where, moreover, "neighbour" is evidently restricted to a brother sive tribute unto Shall we give or The great rebelled beaded by Judas 122. And the scribe said unto him, 19:20 and 19:21 and 19:22 and 19:22

ail to pay tribute patriots denounce the patriots denounced t

with 1937 rates (of paralysis incid- mum expectation can be 75 per cent ence) were adjacent to those showing a higher than average rate for the past "What do you mean by normal?" eight years. Certain areas of the pro- he was asked.

Young Canadian Musicians Receive Prizes for Best Compositions



Those Sticky Coats

If the West comes through with even representations of an average crop, that alone should give somewhere around \$75, need no longer suffer from that damp stickiness which often characterises them. They will feel like leather, instead.

A coating of latex—the "milk" from the rubber tree—is smeared which is then derarchical rank, be equally indifferent and the employ regardest not be under the commandment greater of the commandment greater

the time of onset of the discases in terms of seasonal distribution was almost identical; the districts of the city in which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton, which the bulk of paralysis cases occurred were the same as for site of an all d buried amelton with the same the films of onset of the diseases in terms of seasonal distribution was almost identical; the districts of the distribution was almost identical; the districts of the diseases in terms of seasonal distribution was almost identical; the districts of the discases in the films of onset of the diseases in the films of onset of these "electrics" has unearthed \$1. In though I love him desperately, if I thought it was for his good and case because the wife felt no qualms. site of an old, buried smelter which

Expect The Best

of Montreal accountant, who has been in the bank business for 25 years, says Toronto banks lost \$25,000 a year in ink "filched" by persons entering the bank buildings and filling their fountain pens.

"I figure just about every tenth person entering a bank either walks away with a penholder or fills his fountain pen," Fulcher said.

"It is not possible to predict a seaform of Montreal accountant, who has been in the bank buildings, nas not been established as a useful agent in numans he noted. While there is a difference of opinion on the r rtal of entry, most doctors favor the theory the germs in vade the body through the nasal much offilling their fountain pens.

"It is not possible to predict a seaform of Montreal accountant, who has been in the bank business for 25 to have her husband, nor for their child. Her desire to have her husband back is inspired by selfishness as well are considential.

This Machine Flashes Colors By and therefore for more money and more business next fall, writes Wellington Jeffers, financial editor of the Toronto Globe and Mail. One authority, whose sources of information and whose opinion has proved invaluable in past years, stated that in

"It is not possible to predict a season of increased incidence of this disease" Dr. Phair said. "The inference case" Dr. Phair said. "The inference case "Dr. Phair said." "The inference case "Dr. Phair said. "The inference case "Dr. based on previous epidemics that out-breaks in Canada begin in the west considers it would be good betting and travel east was exploded last year when epidemics occurred in Saskatchewan, Ontario and the Maritimes."

odds to say that the Western crop this year will at the minimum be 75 to 80 per cent. of normal.

"In Ontario last summer there were 2,650 cases with 2,544 reported which rather low crops in the very large gives a ratio of about 80 to 100,000 section embraced in Central and people. No satisfactory explanation of its marked seasonal character has as yet been offered. The theory advanced by Dr. H. B. Anderson of Toronto is of more than academic interest.

"It is of interest to note counties graving season. Even making their deduction, he thinks that the minimum of the section embraced in Central and Southwestern Saskatchewan and Southwestern Alberta, which are still deficient in moisture and which could not be expected to stand up under any prolonged dry period in the graving season. Even making their deduction, he thinks that the minimum of the section embraced in Central and Southwestern Saskatchewan and Southwestern S

Field and Barn

from the rubber tree—is smeared over the garment, which is then dipped into a solution of sulphur chloride and benzine.

Don't start the cows to grass before there is grass to be eaten.

Don't forget to provide sun shelstickiness.

much as it would burt me. Do you think they could live happily togeth-er? Or would my sacrifice simply think they could live happily together? Or would my sacrifice simply mean that the woman would complete the ruin of his ilfe that she started when they lived together previously?"

Have YOU any problems you'd like to disclose to this writer? Have you any handwriting you want analysed? Your own, or a sweetheart's, or per-Crop Since 1933 the ruin of his life that she started when they lived together previously?"

Don't neglect to dock the lambs.

Don't fail to trim the horses' feet before they start field work.

Don't try to do field work before

vegetables are a treat.

Don't overlook testing the drill to see that it is sowing the right

amount per acre.

Don't fail to plant some flowers and shrubs; brighten up the farm

In Wire Cage

Go To School

when they lived together previously?" haps you wish to know more about friends or relatives? Send specimens

This Machine Flashes Colors By Air



From Head to Feet

Mrs. X of Fort William, Ont., writes:
"My husband was covered with eczema from his head to his feet... tried Bel-Zema...has used three bottles... clearing up... now only a very small patch on his back."

Bel-Zema is an entirely new idea in a treatment for eczema and kindred skin disorders. It is easily applied. Itchiness is relieved immediately. In most cases scale disappears in a few days.

money was gone and she was only beginning the cruise.

Miss Mudge took out her diary and proceeded to record her impressions of the day.

Nothing to Regret

The "Marenia" was easing out of the harbour and the lights were flickering like a forest of lighted candles. The coast line was slowly engulfed in the night, and the boat

engulfed in the night, and the boat began to toss in a Mediterranean storm. In a stateroom amidships on

a note of relief. "Perhaps you won't worry so much now, Jenny. There's

"Oh, I beg your pardon."

Miss Mudge stepped back and he felt impelled to make grumpy amends. "Do you want a lift to the boat? I have a car."

She looked at him questioningly for a moment, then brightened up.

"The ship was en fete. Chinese thing. You'll never let me downot now, after what I've done." She clung to him, panic in her voice.

"Angel!" said Peter in his most on with yellow stars four evenings lationary and the kind of you." she convincing tones. "I shouldn't be boli. The moon hung low in the sky.

"The ship was en fete. Chinese the orchestra played an old Viennese with yellow stars four evenings lationary and the kind of you." she convincing tones. "I shouldn't be boli. The moon hung low in the sky.

WAKE UP LIKE A CAVE MAN

Keep your liver healthy and you'll feel great every morning. When you wake up ited fig. frotten' your liver is out of order. Your liver clears the blood of poisons, separates the nourishing part of your food from the waste. Supplies energy to muscles, tissues and glands—gives out bile, the body's laxative, helps stomach, kidneys and intestines to work properly. A mere bowel movement isn't enough. "Fruit-a-tivea" made from fruits and herbs, will strengthen and build up your liver like nothing else will. You'll be amaged how well you are every morning. Try Fruit-a-tives. All druggists.

boat? I have a car."

She looked at him questioningly for a moment, then brightened up. "That would be kind of you," said.

Miss Mudge's elation faded as soon as her cabin door was closed. She sat on the edge of her bed and wongdered if it had been so clever of her, after all, to have lost forty of her precious tended to slake more than a quarter at a time, but she had won five dolars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on to ruin. "You're a fool, lars at the start, and that had seemed so exciting that she had gone on and on the crite of the harted she had for her husband. There was nothing to regret where easy carely. "You save and scrimp for gears and years, and then you spend then, the circle of his that the start dand that had seemed the harted she had for her husband. There was nothing to regret where easy. "Quite a lot, Peter." She dragged her houghts back to the present. The seeing myself as a small and the say was powdered with the lollow for a said Peter in his most cases "Ishouldn't be prepared to sepend the rest of my life and his miss most cases."

I have looked at him questioning to said Peter in his most case of my life to make a soon with the send with the said that had a said to the say with you if I weren't boli. The moon hung low in the sky story to Dick, leaning against the same with the said wash. The said wash is my size in making to leave the

ferent. A finer cigarette tobacco backed by 80 years' experience. Try it.

Forecast Western Yield 70 to Per Cent. of Normal

of the quality of him.

