Peace Strategy

Balance of Power Shifts The biggest diplomatic develop-ments of the past few weeks have come as a result of the shifting of the balance of power in Europe from Great Britain (who has held it for over a century) to Russia. Such a drastic change meant, among other things, that the contingency has to be left out of the present picture that Germany and Russia might go to war against one another and clean up on each other, leaving the rest of the world in peace. It could now happen stead that Germany and the Allies might enter upon a long and exhausting war, the conclusion of which would find Russia sitting or

What Friendship Accomplished Taking advantage of the new non-aggression pact with Germany, the Soviety Union has been able to make herself impregnable in the west. Poland's eastern for tifications have fallen into Russian hands; the Baltic Sea has come un-der Russian control; the Balkan states have been brought within Russia's orbit. But of special importance at the moment is the fact that Hitler's way to the Ukraine has been blocked. What war couldn't do in this case, friendship has accomplished. Hitler has been stopped in the east, but not by the means or methods the world ex-

An interesting sidelight into the death (or murder) of General Werner von Fritsch: He represent-ed the one element in Germany who could seize power from the Nazis-the powerful old Junker "Reichswehr" whose leader he was. His death removed the poswibility of the early formation of more liberal, more democratic, more honorable German govern-ment, with whom the Allics declared they would be happy to negotiate.

Potato Crops Show Promise

Potato harvesting was general throughout Ontario the last week of September, with a larger and better quality crop than last year's indicated, according to reports received by the provincial depart ment of agriculture.

An authoritative but unofficial estimate was that the current crop would total 9,500,000 hundredweight, which is about 10 per cent. below normal for the province, but considerably above 1938's yield of

Last year much of Ontario's po tato yield was destroyed by late blight. Reports show the infesta

tion is not so extensive this year. "Mister, don't tell the police

man," pleaded four-year-old Earl Shotts to Constable David Plotz, at Kingston, Ont. The officer, in plain clothes, had saved the boy from drowning when he fell from

Why the French Army Feels Confident



This map, drawn from figures supplied by French authorities, reveals why France believes Germany must fight a defensive battle on the western front. Odds are against Nazis' chances of breaking through territory already taken by French (shaded area) and the mighty Maginot line beyond. To flank the defences through Belgium or Holland would require at least 15 divisions, but Germany needs at least 91 of her estimated 115 divisions to man her Westwall defences. The balance would mated 115 divisions to man her Westwall defences. The balance would leave too small a force to police Poland, watch her Russian ally and put down possible revolts in conquered Czecho-Slovakia, Austria or the Reich itself.

Saskatchewan's Wheat Crop 14,233,000 Acres Expected to

Yield 218,000,000 Bushels Saskatchewan's 1939 wheat crop s estimated by the Agriculture Department's Statistics Branch at 218,000,000 bushels produced on 14.233,000 acres. Production estimates of coarse

grains with estimated acreage in brackets: Oats 114,789,000 (4,144,-000); barley 25,623,000 (1,149,000); fall rye 7,728,000 (436,700); spring rye 1,864,000 (110,300) flaxseed 1,-273.000 (187.200).

No. 1 to No. 3 Northern Although there is a considerable proportion of low grade grain in Southeastern Saskatchewan and on higher land in the Regina-Weyburn district, the quality of the crop elsewhere in the Province is proving satisfactory, most going

Vegetable Care: Storing Methods

No. 1 to 3 northern.

It's Difficult Problem in Off-Seasons - Cool Temperatures Held Preferable in the Majority of Cases

It is difficult to give any definbecause of the many types of ce lars. Some cellars could be changed to meet the varying temperature conditions required by different vegetables. As a general rule, cool storages are preferable, states J. Gallagher, Head Gardener, Experimental Station, Kent

ville, N. S. Correct Temperature Squash, pumpkin, vegetable mar row and citron must be stored in

a warm, dry place, between 40 and 50 degrees Fahrenheit. When large quantities are stored they should be piled in single layers on slatted shelves. Fruit should be handled very carefully at all times and should be thoroughly matured before removing from the plants. Carrots, Parsnips, Beets
To have nice young carrots for

storing, the seed should be sown the middle of June; the roots will not be too large nor as likely to be injured by the rust fly maggot, which is the cause of many roots rotting in storage. Where the cellar is very dry it is best to store in sand or hardwood sawdust. If the cellar is cool and damp, they will keep well if placed in slatted bins without covering, or in barrels if ventilation is provided. This applies to parsnips and beets also.

Every Six Years All of the Calcium in the Hum-an Body Is Replaced During That Time

Chemical Change

"Every part of the body is completely changed every seven That was one of the basic principles taught in the physiology of

old high school days.

Chemically this may be true, but not otherwise. The nucleus of the erve cells remains and functions always the same.

There is no atuhority, we think, or putting the period of our com-

plete chemical change at seve In the cast of certain chemical parts of our body, however, we are told on good authority that there is a complete replacement every six years. These are the min-

erais, particularly calcium.
"All of our calcium," according to Drs. C. C. and S. M. Furnas (in Man, Bread and Destiny) "is ompletely replaced about every six years, and the only way to maintain the balance in the body is to take in a sufficient quantity n the food. If there is insufficient intake, the body tries to make adjustment but is never completely successful. It goes on excreting calcium, taking it from the bones and

Calcium At Death be its habitation in your body during life, your chemical preservation on this earth depends on the calcium in your body at death. It alone survives "the drums and tramplings" of the centuries.

Only 10 Gallons Gas Per Month

Allowed to Each Car-Owner In Great Britain ; Restriction Nearly Drives Taxis Off Streets

Rationing of gasoline has swept motor traffic from the streets of London and other British cities and threatened an acute shortage of taxicabs.

Only 200 Miles A Month For the ordinary motorist, the new regulations meant a driving range of from 100 to 200 miles a month. For instance, the owner a small, popular Canadian car of 60 horsepower is allowed 10 gal-

The drivers of London's high and tique-looking taxis are all but des-

Change With VOICE Get Yourself A New Personal approaches in a blaze of color or with brown hills awaiting the

ONE SAFE PLACE Admiral Byrd feels he will be afe in carrying on with his South Pole expedition. So far no pen-guins have reported sighting subrines in Antarctic waters. Stratford Beacon-Herald.

WAR BRINGS INTOLERANCE Idle rumors and vicious gossip are poor contributions to our country's cause. Loyal Canadian citizens are being cruelly slander ed by gossip mongers in Timmins and Kirkland Lake. — Timmins

WE'TE SOME EXAMPLE! In Asia, the yellow races of the world at each other's throats. In Europe the white races are involed in what promises to be a bloody war. And we still send missionaries to the black folk of Africa .-Lindsay Post.

POLITICIANS AND BABIES Reading of Dr. Dafoe's recommendation of a law against babycissing, a law, he says, "against uncles, aunts and grandparents fondling an infant and particularly kissing it," prompts the New York World-Telegram to ask if politicians mightn't be included in the ban .- Ottawa Journal.

AMERICAN GIRLS PRETTIER? Are United States girls more peautiful than Canadian girls? The girls chosen as first and second prize-winners at Orangeville Rotary Club's recent carnival were from Detroit, Mich., and Evanston, Ill., both of whom were visiting Orangeville relatives at the time the contest was held. On the whole we do not believe the girls from the U.S.A. are as good look ing as Canadian girls. We always thought the girls from across the border overdid the application of lipstick and their complexions too often are those secured in a drug store. Certainly the Canadian girls complexions are fresher and more natural than their sisters across the border. The news from Or. angeville is nevertheless disquieting .- Dundalk Herald.

Five Steps Save A Teacher's Life

Five steps at the right time saved her life, Miss Beatrice Mc-Coleman, public school teacher of Sturgeon Falls, Ont. She was peeling rhubarb at the kitchen table in the home of Mrs. George Ramsay when she stepped to the sink to get some water. Just then a blast from a shotgur crashed through the kitchen door, passed directly over the spot when

Stick Becomes Tree

Fifty years ago a young man, walking in the country near Birmingham, England, cut himself an



my morning cereal with BEE HIVE. 0 TRY IT

TOMORROW

LORN SYRU

turn dark brown when boiled. Those which turn pink have lived in the sea.

Shrimps which live in the sand

The Seasons

ity For Autumn

rains, we know the season has changed. Shop windows echo the

ples, reds, greens and blues every window. The first velvet i

or tweed coat sets our mood until

the snow flies. The temperatur has nothing to do with the exhib

aration we all know when Octobe

We look in the mirror to see a

slightly faded tan and wonder at

the speed with which days in the

sunshine, have passed.

mountains or seashore in golden

So many of us go on staying the

season-why should you try to sell

same year after year, season after

your same old self to your friends,

season after season?
If you always wanted to wear a

Don't let the seasons change

without changing too. Make each

new season a new tease on life for

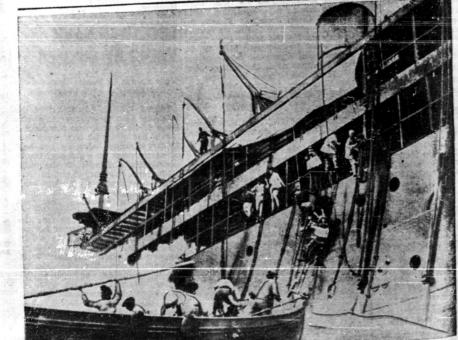
rolls around.

this fall?

By Fred Neher LIFE'S LIKE THAT



"Guess he couldn't wait!" History Repeats Itself In Annals Of Submarine Warfare



This spectacular photograph shows the French liner SONTAY about to sink after being torpedoed by a German U-Boat. Passengers and crew at seen jumping into the sea. But this picture was taken in 1917—not 1998. The torpedo has long been Germany's favorite sea weapon.

REG'LAR FELLERS—The Sure Cure







chipping, known affection-as "Chips" to the boys and rs of Brookfield School, has

ordered by the doctor to stay

he has missed the first

Chips disobeys, but

Assembly of a new school

a 58 years. locked out with a

bey, son of the Duke of Dor-

When Assembly is out the boys gather affectionately him. A new master, Jack-

escerts Chips back to his lodg-where, seated before... the

arth, Chips, now 83, sees him

CHAPTER II

elf as a new master coming to prokifield 58 years earlier.

ashplant. Arriving home he suck Arriving home he sauch garden. Now that stick is a fine,

New Master At Brookfield Brookfield Special waited Victoria Station, London, for its load of boys returning, or old institution of learning. Newsthe late papers: "Special edition— French defeated at Sedan! Speci--Emperor surrenders! Empress in flight! Specia!!" bustling porters, boys saying goodbye to relatives, stum-

ling over their tags, a harassed young schoolmaster, Bingham of rookfield, was sorting the pupils into their seats in the train when a young, diffident man approached "Are you Mr. Bingham?" he

"I'm Chipping, the new master. Can I be of any assistance?" "Not now-just finishing. Martin! Where's Martin!" Chipping yelled for Martin and that was all that he did to help Bingham. He was ill at ease, uncertain of himself—going to his first school as a master—a famous school where he hoped to make a

name for himself. Among the new boys was one young fellow who, finding himself alone among a lot of strange boys, leaving home for the first time, sat looking out of the window trying hard to keep from crying. Chipping knew just how he feltfor he was feeling much the same himself. He lowered his newspaper and smiled. "Cheer up," he

said with a faint smile. That diffident encouragement was too much for the boy, and after a final struggle he burst into a flood of tears. Chips, appalled at the result of his attempt to cheer the youngster, continued "I'm new, too. It's not easy to

begin with." Means Everything To Him The boy flung himself into the corner of the seat and gave vent to a new burst of tearful grief. Chipping made an uncertain ges ture towards the boy, and because conscious of a sudden silence among the other boys, looked fur

"What di dhe do, Colley? Slap him?" asked a vouthful voice. ne reply.

hind his newspaper.

Arrived at Brookfield, Bingham companied Chipping to his quar-

"I used to have this room. You will find the draft from that win dow will give you a stiff neck. What are you looking for? Is something going on?"

Chipping, standing looking out at the window, said in a burst of eager enthusiasm: "Just as I imagined it! It means everything to me to come to Brookfield. I suppose you felt the same way." Headmaster of Brookfield—that's something worth working for."
"Done any teaching before?" asked Bingham, grinning at his

orter knocked and told him that



1 Dr. Weatherby, the Headmaster, more of it?" cried Chipping.
"No more silence, sir?" asked would see him. After thei. talk, Weatherby brought Chipping into the matesrs' beth's husband, sir?" to the staff.

"She didn't have a husband "I want you to show Mr. Chin-Surely, you know what she was ping the ropes-any little pointers you know. Mr. Chipping is taking Lower School tonight. Any "The Vir-er-well, she was time you need to see me . alled - er - never mind." The pointers given by his fellow structors did not serve to bans, sir!" they begged. ish young Mr. Chipping's nervous-"Go on with your work," ordness at first facing a class. ered the new master.

"You must not let them rag Another hand went up. "Sir, ou," said Masterson. who was Cadiz?" "Take a quiet look around for "Who was Cadiz?" repeated drawing pins in your chair," cau-Chipping. "Who was Cadiz? Cationed Dunbar. diz is a town in Spain," "Or rat traps in your desk," ad-There was another outburst of mments from the boys. "Of

seat of his chair for pins before

inking into it. A hand was rais-

"Of course not, you idiot!" said

"Who's an id ot?" demanded the

"You are, you idiot!"
"Silence! Silence! I'll have no

In a moment another hand was

dozen different boys answered,

each spelling it a different way,

shouting down the others, drown-

ing out Chipping's voice ordering

making more noise than the others. Then Colley and another

youngster pretended to get into a

Into the continuing pandem

"What is this? What is hap-

look of horror on his face.

pening? Mr. Chipping!"

(To Be Continued)

Apron Pair From Easy

Pattern

repeating his order for

raised. "Who was Queen Eliza

Colley amid general laugi

"Is a pencil all right, sir?"

"Well, what is it?"

st boy fiercely.

course, you ass!" "Isn't he an ass, "Are you athletically inclined?" asked Leslie, filling his pipe. "Not sir?" "Silly, fat ass!" "Don't listen to him, sir!" "Ha! Ha! May I kick him, sir?" that they ever become violent-"You mustn't take any notice "Quiet, please, quiet I think of these fellows," said Masterson. we'll get on with our work."
"Yes, sir." "Let's, sir." "The boys are a bit restless on first night-new masters are ex-In Walks Head Master citing blood sport with them, but The climax came when a boy asked how to spell Armada.

The bell for class rang, . and Chipping made his way to Lower Form. The door was shut and inside dead silence reigned. Chipping opened the door and entered. The room was large and bare, with ta" windows. It was lighted by two chandeliers of iron rings with a circle of candles. As he stepped across the thres-

fight, and soon missiles were hurthold. Chipping's mortar-board was ing back and forth. whirled from his head by a thread "Boys, do you hear me? Sit down! Be quiet!" cried Chipping, across the doorway and flung to the floor. Amid stifled giggles as a piece of India rubber hit him ame cries of: "Your hat, sir n the cheek. Colley stood up in his seat. "You've dropped your hat!" "Oh, let me, sir!" "No, no, I'll pick i "Who did that? I'll kill him fo you, sir! Trust us, sir!"

up-please, sir." The hat, instead of being pick ed up and restored, was kicked nium strode, Dr. Weatherby, out of the reach of each boy stooping to get it, raising the dust on the wooden floor.
"That will do, thank you," pro-

tested Chipping. "Kindly sit down. Will you get back to your places, please!" He made grabs for the mortar-board, but always t was snatched from his outtretched hand, while, in the name of kindly helpfulness, the youthful ruffians shouted: "Not at all sir." "We're glad to help." "Morgan, give it to me!" "Here it is!" "Do not tread on it, you silly fool!" "Do you hear what I say?" demanded Chipping, his voice get-ting shriller. "Go back to your ting shriller. seats! Sit down! Give it to me!

"I have it, sir!" shouted young Colley, holding it up. "It's a bit battered, sir!" He banged it violently across his knee, while the boys, speaking together, interruptng each other, cried: You must be more careful, sir!" "Do you lose your hat very often, sir?" "That's a silly ques tion!" "Isn't it a silly question,

"Awfully dusty," said Colley, the mortar-board Won't take a secstill banging

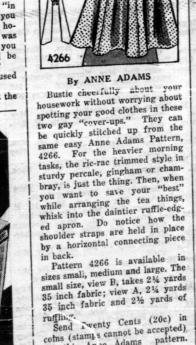
Colley ran to the blackboard, snatched up the chalk-permeated duster and rubbed the mortarboard vigorously, covering it with white streaks. The new master snatched the "What's your name?"

"Colley, sir." "Go back to your place, Colley. Go back, all of you!"
"Yes, sir," virtuously chorused
the boys and took their seats qui-

eily.
"You will employ this time until six o'clock," said Chipping, "in writing an essay on the book you writing an essay on the book you writing an essay on the book you were given to read during the holidays. I understand this was Kilgsley's 'Westward Ho!' If you are in any difficulty, I shall be pleased to answer questions."
"Oh, thank you, sir!" chorused

CAKES

Chipping surreptitiously felt the the hypocrites. Before he could reply, a school



sizes small, medium and large. The small size, view B, takes 2¹4 yards 35 inch fabric; view A, 2¹4 yards 35 inch fabric and 2¹/₂ yards of ruffling. Send Twenty Cents (20c) in coms (stamps cannot be accepted)
for this Anne Adams pattern.
Write plainl, Size, Name, Address
and Style Number.

Send your order to Anne Adams, Room 425, 78 West Adelaide St., Toronto.



By SADIE B. CHAMBERS

I am sure all cooks have utter e same expression some time during the year's cooking or pre paring those thousand meals of more, that it is more difficult to rovide variety in the meat course than in any other part of routine

"Oh, sir, please sir, please tell

VARIETY WITH MEATS

meals. . Meats with their high protein contents and muscle-building pro-perties should form a place of honor on most menus. It is true in disease, meatless meals are oft-en prescribed, but in health, in a general mixed diet meat does hold an important place. Families tire o fthe same old kind even if they like it. Therefore, when mother presents an attractive meat dish as one of her repertoire she is ready voted a good cook.
We have tried to give you the



"Nicker — Dru's Glad Gnost—winner of the Ontario Championship m 1937—will be a contender in the Members' Shooting Stake at the Ontario field trials at Niagara-on-the-Lake, October 14th and 15th. This picture of this fine setter—owned by G. G. Vincent, Port Nelson, Ont., shows him with a few of his field trophies.

meats that are just a little different, but every one of them will deal kindly with the budget.

Liver Patties pound beef liver 1 cup breadcrumbs 2 beaten eggs

Have the frying pan hot and plenty of baron dripping in it. Saute the cakes and serve them

paniment is a tomato sauce. Veal Loaf 11/2 cups chopped raw veal

1 teaspoon onion juice 1/2 teaspoon pepper 4 cup milk
1 teaspoon parsley
1 teaspoon chopped onion
4 teaspoon celery salt
4 teaspoon mace

½ cup chopped pork
½ teaspoons salt
1 cup breadcrumbs 1 beaten egg
1 can bouillon (or two bouillon cubes) or two teaspoons meat extract dissolved in 2

Soak breadcrumbs in milk. Mix the meat with the onion juice, salt, pepper, parsley and milk. Add to the first mixture, mould into a loaf cups water. and place in a baking pan. Pour the bouillon around, place pieces of suet on top of loaf. Cover and bake in a moderate oven from 1 to 1% hours, basting often.

Casserole of Veal 1 pound veal

2 pound salt pork 6 medium sized potatoes (sliced)
2 onions sliced. Chop veal and salt pork. Min Chop veal and sait pork. Mix and sear. Arrange in layers with the potato and onion in a casserole dish. Cover with water and bake in a moderate oven. Time in oven 3 hours. Temperature moderate. Servings six. moderate. Servings six.

Stuffed Beef Heart ½ teaspoon poultry dressing
1 teaspoon salt
1 small sized onion chopped

1/2 teaspoon pepper Wash the heart thoroughly and remove the muscle portions. Make

Women Are Glad They're Not Men Men Have An Easier Time,

But They're Not Envious Women, it seems, are glad they are women and not men.

A survey taken among S Francisco women in all waiks of life from housewife to fashion ex-pert, revealed that women believe they lead a fuller life, but that in general men have an easier time o

Lead Fuller Life

In answering a questionnaire women gave varied reasons for their views. Some balanced off the terrors of war against those of bearing children. Others estimated the responsibility of earning a living for a family against the spreading of earnings over a mul-titude of family needs.

In the main, however, the wo men agreed that men do have an easier time of it. A few said they would gladly change their sex. Others said they were content and wouldn't be men if they could change their sex.

Setter Champion Will Compete In Ontario Field Trials



the dressing by pouring boiling water through breadcrumbs and draining well. Add seasonings and when cool fill the heart or hearts. Cover with water and cook in mod-

2 or 3 slices bacon 2 teaspoons grated or chopped onion

teaspoon mace Pepper and salt to taste A few grains dry mustard

type of oven. Temperature mod erate. Servings six. Flour for coating Wash and cut up the liver, then drop into boiling water for a few minutes. Take it out and put it Have you fussy eaters in your family? Do you have trouble providing a varied and interesting menu? Do your cakes fall? Then write, enclosing a stamped, self-addressed envelope to Miss Sadie B. Chambers, care of through the meat chopper along with the bacon. Mix these with the bread crumbs thoroughly and the seasonings, and moisten with the well beaten eggs. Shape. Dredge very lightly with flour. Style Leadership

very hot. A garnish of watercress adds greatly to appearance and taste. Another delightful accom-

With Collapse of Great French Dressmaking Houses Due to Scores of American designers will profit by the collapse of the

great French dressmaking houses, it is predicted.

The World War with its temporary break-down of the Paris couture set American designers to work. This present war in Europe will place them permanently on their feet as world leaders of fash ion for the future.

American-Trained Designers Signs reading "Closed for the duration of the war" were posted by all but one or two of the leading dressmakers in Paris last month. But in every important Manhattan shop today are American-trained designers engaged in plotting not only fashions but vivid windows in which to display them.

erate oven or in fireless cooker until tender. Drain off liquid and thicken for gravy. Sprinkle heart with buttered crumbs with salt and

pepper. Put in hot oven for a few minutes to brown

from 3 to 4 hours according to

YOUR HOUSEHOLD

PROBLEMS

May Go To States

POOR DIGESTION

ish your body.
Pierce's Go
Medical Disc
stimulates the
tive juices and



SILVERPLATE



Best Bird Dogs Go Into Action

Annual Fall Field Trials At Niagara-on-the-Lake, Oct. 14th and 15th -- Some of Continent's Best Setters And Pointers Will Compete

Dog lovers and hunters are promised two days' good sport on October 14th and 15th, when the Ontario Bird Dog Association holds its annual Fall field trials for setters and pointers at Niagara-onthe-Lake.

As usual, a large entry is ex-

pected from neighbouring States and spectators will have an opportunity to see some of the best bird dogs on the continent in action. Spectators Will See Plenty
Evidence of the growing popularity of the Ontario trials is the

necessity of limiting the stake for members' shooting dogs to 20 dogs. In all, five trials will be run: Members' Shooting Dog Stake; Puppy Stake; Perby; Open all Age and the Ontario Championship. The latter is limited to dogs owned in the Province of Ontario.

Pheasants are plentiful in the country surrounding Niagara-on-the-Lake, this year, and the dogs

roads will be marked to enable spectators to locate the various events with ease. Fred Jeffries, London, and Don Crawford, Kingsville, will judge

should show at good advantage. Headquarters for the trials will be

the Prince of Wales Hotel and all

A rhinoceros can smell a white man at a greater distance than it can a black.

ODORS AS IT CLEANS!

KEEP your outhouse clean with Gillett's ! Just sprinkle half a tin of Gillett's Pure Flake Lye over contents of the closet once a week. It quickly banishes odors . . . destroys the contents and

exand does neer an, aran, on ralthe s s uireps the uireps the unter and

saves having them removed.



REE BOOKLET - The Gillett's Lyc

Issue No. 41 — '39









MAKE BETTER BREAD WITH ROYAL By GENE BYRNES

FINER

FLAVORED

TEXTURED

DIGESTIBLE

LIGHTER

MORE