NEWS

POLAND'S CORE: The Poles, who ave been expecting and preparing for this war with Germany for al most twenty years, long ago decided that the ultimate core of their defense would be the triangula central region of industry between Krakow on the west, Lwow on the east, Lublin on the north. Into this area (look at the map), guarded by nighlands, served by two rivers, Poland two years ago moved her vital steel and munitions works, built power plants, at a cost of \$200,000,000. If Poland is forced she can still receive aid through er southeast gate . . . the valley of the Dniester down to Rumania and the Black Sea. Germany cannot block this gate without going around through Hungary or fighting through all the way from Kra-

ow to Lwow.
Grand strategy of the Polish ar mies has been to retire slowly, and conserve manpower, their lines, then make a last stand

SPY STORIES: In a wide district bordering on Lake Huron, farmers and townspeople have been lying awake nights, or sleeping head-under-the-covers in recent weeks. Persistent rumors about the big Halgmeyer farm near Thedford are the reason. Some reports said it is Corman airbase: others that it is a centre for German espionage activity throughout Ontario. Stor les of concealed weapons, dynamite, poison gas, sabotage equipment, men on sentry duty, have been spreading like wildfire. Provinclas police are tired of denying these tales, and it is thought that the owners of the estate, two brothers, doctors, of Preston, may demand an investigation before any serious damage can be done to their property by frenzied but mis-

MR. KING'S POLICY: Highlights of the Canadian government's poiicy in the war crisis as outlined in Prime Minister Mackenzie King's speech to the House of Commons: Rapid expansion of air training and of air and naval facilities, and the despatch of trained air personnel: Economic pressure against Germany, including seizure of the ships and property; Defense of Newfoundland, Labrador, the Gulf of St. Lawrence and nearby French possessions, by Canada; Development here of munitions bases: Industry and agriculture geared to a wartime basis; No concription: Furnishing of supplies of all kinds to British and Allied powers, including munitions, foodstuffs, manufactured and raw materials; Measures to assure the furshing of financial support for Canada's military participation; Control of profiteering; protection against sabotage; Consultations with government of Great Britain. The cardinal point of Mr. King's policy, is this: "The primary task and responsibility of the people of Canada is the defence and security

Schools In Air And On Wheels

Canada's Little Red Schoolhouse in Modern Versions

Pioneer teachers who ruled in Canada's early schools would open their eyes with astonishment a modern versions of the little red schoolhouse across the Dominion as Autumn classes have resumed. In Nova Scotia, the schools have taken to the air. In Ontario they are on wheels. Physical education once supplied to most students through farm chores, is compulsory in British Columbia schools. Saskatchewan has an extensive correspondence course system with students in remote sections of the province getting their education through Post Office facilities Children in far off lands get all

their education through Ontario's correspondence course, Ontario missionary families are enrolled among the mail pupils of the department. In Northern Ontario, the schools are on wheels. The railway school car service carries educa tion to scores of small communities along the railway lines

A survey by the Canadian Press showed Nova Scotia with the record for the greatest use of the radio among Canadian provinces with Saskatchewan second. For more than a decade, Nova Scotia's department of education has put out a general program to schools on diversified subjects.

All radio-equipped schools tune in to these lessons. When the school is not radio-equipped, the students go to homes with radio and get school attendance credits

A soil survey of more than 100,-000,000 acres in connection with the work of Prairie Farm Rehabilitation has so far been completed in the Provinces of Manitoba, Sas katchewan and Alberta.

British School Girls, Touring Canada, Must Remain Here



Homes are being sought for a group of British school girls who were touring Canada when war broke out. These girls will now remain in this country, it has been announced, and are at present being looked after by private schools in Toronto. Eiluned Carey-Evans, grand-daughter of Hon. David Lloyd George, CENTRE, is among the group of girls forced to remain in Canada.

Danzig Status

to German rule.

1453 to 1793.

ed but 14 years.

Often Changed

By Albert Forster's proclama-

tion, Danzig was switched Sept.

1 for the third time in its history

The city was founded by Ger-

mans at the beginning of the 13th

Until 1308 the city was under

the sovereignty of Polish Pomeran-

ian dukes. Then for more than 200

ruled, by Teutonic knights.

years, 1308-1454, it was German-

For more than 300 years, with-

century. Poland was partitioned

tria-Hungary, and Danzig became

Under Polish, French, German

Rule

In 1807 Danzig became a free

city, under French rule. Seven

years later, in 1814, with the be-

ginning of the collapse of Na-

poleon, Danzig returned to Prus-

sia and thus remained until the

Treaty of Versailles at the end of

the World War established it as a

free city again.

Now it is German again—by

proclamation of Forster and its ac-

The city was proclaimed free

under the League of Nations on

The city is more than 90 per

cent German-populated, a fact ad-

uated at the mouth of the Vis-

mitted by Poles. However it is sit-

tula River which taps the heart

of Poland and has depended upon Polish trade. Poles have declared

the city was the "lung" of Po-

German Submarines Menace Shipping On Many Seas

ceptance by Hitler-after 18 years,

nine months and 15 days.

a part of Prussia. This status last-

NTARIO UTDOORS By VIC BAKER

Less than an hour's run from Kingston is the little village of Baftersea, lying on Loughboro Lake, in the vicinity of which there is some of the best bass and trout fishing in the whole of On-

Lake Loughboro is about 20 miles in length and from half a mile to a mile in breadth. It is studded with islands and the opening of new vistas through chan-nels between the islands as your motor boat skips along to the fishing grounds is a constant delight.
The water is as clear as crystal and a portage of three-quarters of a mile brings you to Rock Lake, while a drive from the hotel of a mile brings you to Dog Lake.

Fishing with a copper line for deep-lying trout will give you fine, cold, six to ten pound lake trout. If you prefer casting for large-mouth and smallmouth black bass. you can get your fill of them in Dog Lake. It is not difficult to catch all the law allows, but to capture a fine fish on a light rod and have all the sport of it is enough for a decent angler.

At Gracefield, about 60 miles

north of Ottawa, a camp is situated about 12 miles from the town itself, supplying guides, equipment and cabin accommodation. While guests are limited to 50, the rates are reasonably low and the territory for the use of guests covers

more than 70 square miles.

Close to the lodge is Whitefish Lake which has produced some of the biggest bass taken this year in the Gatineau District. Other lakes and streams, while less frequented, also produce pickerel, great nor-thern pike and some lake trout. May your fall fishing trip be a great success!

VOICE PRESS

NO. 1 OSTRICH An optimist is a man who thought there could be no world war if only Europe could learn all about that undefended frontier between Canada and the United States .- Toronto Star.

CONFUSING People who buy auto licenses at this time of year now get no reduction. But this year, as far as uto markers go, does not end unil next year .- Peterborough Ex-

HOW TO AVOID TRAPS A new scheme has been worked out to defeat the speed traps said exist in various municipalities. The idea is to keep within the peed limit and laugh at the trap. -Toronto Globe and Mail.

THE HANDS SET BACK It is being said once more that the war now being fought will "ruin civilization." War itself is incivilized, but its presence in the world even on a large scale will not wreck civilization. It will not top the clock of human progress; will simply set back the hands.

MISUNDERSTOOD says he picked up a Winchester rifle one day recently and started up the street to return it to its owner. The relinquent subscrib-ers got it into their heads he was on the warpath and a number of them he met insisted on paying him what they owed him. On his return to the office he found a oad of hay, 15 bushels of corn, ten bushels of potatoes, a load of wood and a barrel of turnips had been brought in. - Walkerton

Value of Surgery In Farthest North

out losing its sovereignty, the city was associated in a personal un-Bishop of Arctic Says the Nation with the kings of Poland, from ives Are Needing a Great Deal of Dental Work Done But in the latter part of the 18th among Germany, Russia and Aus-

Rt. Rev. A. L. Fleming, Bishop of the Arctic just back from Aklavik, last week, described work of the modern hospital and surgery being carried on by the Church of England in Canada at Aklavik, well within the Arctic Circle. Bishop Fleming was particularly enthusiastic about the recently-in-stalled dental surgery — only one in the Arctic — and most northerly cathedral in the world.

White Man's Food Harms Them "The natives have trouble with their teeth when they eat white man's food," Bishop Fleming said. "We are trying to educate them to come and have their teeth looked at periodically."

machine was a great benefit to the husky Indian trapper who was found to have two pieces of shrap nel in his leg. He was wounded caused pains up and down his legs and they were removed by oper-

FINER-FLAVORED BREAD THAT'S BETTER

Car, Amok, Came

Occupants of a frame cottage

in St. Williams, Ont., were rude

ly awakened in the early more

ing hours recently when an auto-mobile crashed into the front door of the house.

man, driver of the car, lost con trol of the machine. The occu-

pants of the house awakened to

smashed in, plaster falling and

the partition between the two

Canadian cedar is being used

extensively in the construction of

camps throughout Great Britain

for use in peacetime as schools

and in wartime as refugee shel-

Ask for BEE HIVE

Fred G. Killmaster, Port Row.

In Front Door

Books And You FLIZABETH EEDY

"THE READER IS WARNED" By Carter Dickson Death by animal magnetism of

criminal telepathy, lurks behind the covers of this book. Sam Constable (nearing sixty but sound as a dollar, except for a touch of malaria) is found dead at Fourways, near Grovetop, Surrey, with signs of malicious mental influence having been exerted over

him. Man to watch is Herman Pennik, a psychic expert who says: "Notes in sound can shatter glass or even kill a man. The same, naturally, applies to thought." Nina Constable, the widow, has written a detective tale, including a new kind of poison, and she has a scrap book called "New Ways of Committing Murder." Terror stalks at Fourways when another character expires. Inspector Humphrey Masters does all an ordinary slouth can do; then who should arrive but Sir Henry Merrivale, Mr. Dickson's grumpy but lovable and almost miraculously gifted deducer what he does with two related clues would put most great thinkers to shame. Mr. Dickson's handling of the psychic material is something to watch — we may not tell you whether or not it's phony.

A don't miss item "The Reader Is Warned" . . . by Carter Dickson . . . Toronto. Mc Clelland & Stewart, Limited . . .

English shows are not run fo profit. Out of 96 held by the Royal Agricultural Society only 41 have shown a balance. It con-tinues to prosper through the backing of the best class of farm-

LIFE'S LIKE THAT

IN SY

By Fred Nehen

GEE HI

COLDE



"I don't know how it happened! I just pulled down a lever and hit a jack pot!!"









STAMP CLUB



SALADA STAMP CLUB - 461 King St. W., Toronto

. SERIAL STORY

INTERNE TROUBLE COPYRIGHT, 1938, NEA SERVICE, INC.

By Elinore Cowan Stone

het begins to wonder about Dr. Benchley. Then the thing hapened which threatened to change ber world completely.

CHAPTER XI Tran had started awake that merning thinking, "This is the

nation of the dreams of almost two years. For today she was to help at one of Dr. Stephen Sarrent's operations.

True, she had worked under

several of the other surgeons before-but that was not the same. Now, scrubbed and sterilized, in taparotomy gown and cap, rubber gloves and mask, she was to take part at last in the antiphonal thant which she had rehearsed alone with a pair of scissors that day, almost two years ago, before the shining cases in the instrument room. . . . That was the first time Bob Benchley had kissed her. Oh,

Today it would be very differ-"Scalpel" Dr. Sargent would snap. And nurse Dearborn would slap a knife into his hand with the erisp echo, "Scalpel." . . . "Re-tractor"—slap—"Retractor" . . . "Haemostat"—slap—"Haemostat."
"Forceps"—slap—"Forceps"

But not suture this time.

Tran knew now that sutures were handled only by graduate nurses.
In honor of the occasion, Tran had had a shampoo, a fingerwave and a manicure. Not that any one would know the difference, but having done so gave her an up-lifted feeling of being fit and clean and ready, like a priestess per-forming cleansing rites before a sacrifice . . . Beula Tagg, who was also helping, scandalized Tran was also helping, scandalized Tran by choosing to sleep instead of purifying. But then Beula was enly to be "dirty nurse," which means that her lot was to pick up messy things that the scrubbed nurses mustn't touch.

Tran's mood of exaltation had been momentarily jarred as she hurried along a corridor that morning by the sight of Dr. Benchley and his pretty widow, coming to-gether from one of the private . . The charming Mrs. Maitland seemed to have a num-

these days. Something intimately possessive in the way she rested a hand on Bob's sleeve and laughed up into his face surprised Tran into a sudden unreasonable fury of resent-

She reminded herself with shrug, "Well, I could have had him if I'd liked, couldn't I? I've got what I did want, haven't I?" But just then Mrs. Maitland turned and called over her shoulder with the exaggerated gracious-ness of one who makes a rite of being always kind to inferiors, "Oh, nurse—won't you have them ON MILLIONS OF BREAKFAST TABLES

touch of tolerant amusement to point the difference between busy professional woman and a mere social butterfly, "and I'm in rather a hurry, myself. Nurses, you know, are slaves to the clock." Young Dr. Benchley glanced swiftly from one to the other with a manner at first startled; then, as s eyes came to rest on Tran, faintly amused.

call my car as you pass the office!

that way," Tran answered with

"So sorry, but I'm not going

I'm in rather a hurry."

The Catastrophe Congratulating himself on his happy escape, Tran thought. Well, he's not the only one. The catastrophe came shortly after the operation was over. To-

ward the end, a violent wind and electrical storm had blown up. Even the serenely beautiful Miss Miller, who was handling the sutures, glanced up apprehensively once or twice when small objects hurtled by the windows or static crackled in the hushed room with each blinding flash of lightning. When it was over, and the pa-tient had been wheeled away, only

Dr. Sargent, Miss Miller, and Tran remained — Miss Miller because Dr. Sargent had detained her; Dr. Sargent had detained her;
Tran, because there were still
things she had to do.
Moving about between the instrument table and the service
room, Tran heard Miss Miller say, can do him any good now."

"Congratulations, Doctor. No one but you could have done that.

He'll live, don't you think?"

She heard Top Sarge reply a little wearily, "And what, in God's name, has the poor devil to live for? . . . This is the kind of case that makes a surgeon feel like a

eriminal."

"But the operation was success-"The operation? . . . Is that all you ever think of, Katherine? After all, patients are human beings, you know."

Shattered Glass Shattered Glass
Tran didn't mean to listen, but
they seemed to have forgotten
her. They were standing together
by a window, against a stormy
window, against a stormy
window, against a stormy background of wind-swayed trees and dashing rain—stand the look of two who in

drew together, yet in
resolution were left always
Miss Miller's low, even voice
said something else that Tran did
not catch, and Dr. Sargent answered almost bitterly, "Yes, and
even surgeons are sometimes hueven surgeons are sometimes hu-man beings, Katherine. . . You wouldn't like that, would you? You like flesh and blood machines, always tuned to the highest effi-ciency. I often wonder—"

twas then that the rending crass came. A splintered bulk of tree trunk and wet leaves hurtled through the heavy window pane, and shattered glass fell in every

direction.

Miss Miller cried out in a voice

EVERY MORNING

Canadian families

enjoy eating delicious,

crunchy, nutty-flavored Shredded

Wheat, regularly, every day. It's

good for them because it brings them all the energy of 100% whole wheat.

It's nourishing and delicious, besides

being convenient and economical. Start

eating Shredded Wheat today. You'll

agree that it agrees with you.

MADE IN CANADA - OF CANADIAN WHEAT

hand clasped above his right elbow, while blood spurted from a deep cut below. After that first shocked outcry,

Miss Miller went into action with her usual swift, sure poise, her voice low and even in command. her face a smooth mask of quiet, self-assured competence, her slim hands working faultlessly as she applied a tourniquet and dispatch-

Meantime, Stephen Sargent sat with a face like granite, his eyes which had performed so many daring miracles—fingers that now hung lax and helpless, and would not move, no matter how hard he tried to flex them. When Miss Miller said in her

clear, even voice, "As soon as the shock wears off, the nerve will come to life," he only lifted bleak eyes and said with bitter amusement, "Your bedside technique is as perfect as ever, Miss Miller.' Just then Dr. Benchley hurried with a fresh nurse; and Miss Miller turned and walked with her erect, light step out of the room. It was a moment before Tran fol-

"Come Alive!" When she did go into the service room beyond, Katherine Miller, "the icicle," stood, leaning against a supboard door, her face

buried against her bent arm, her body wrenched with sobs. "His arm!" she was moaning. "Oh, no! I couldn't bear that! . . In another year he would have been famous. People would have been coming to Saint Vincent's from all over the country

"Famous! Saint Vincent's! . . . You can't bear it?" Tran snapped before she could remember to bite her cheeks. "And what about him? If he can't operate any more it will kill him-or worse Why don't you try thinking about him for a change?"
Miss Miller whirled upon her,

her blue eyes blazing through tears. "You little fool!" she cried. "What else would I be thinking about?"
"Then for heaven's sake," Tran

said hardily, "go and do something about it. Let him see how you feel. You're the only one who "But I — I can't." Amazingly the correct Miss Miller was crying out in the thin, high voice of a frightened child. "He's so — I'm afraid. . . You know what he's

"Why should you be afraid of him if I'm not?" Tran demanded.
"He's crazy about you. Any one
with eyes can see that. If he
with eyes can see that, bewith eyes can see that. If he hasn't told you, it's probably because he thinks—like a lot of other people around here—that you are—well, not quite human. . . . You can't blame him, you know, the year your as around acting like the way you go around acting like a frozen plaster saint . . . For heaven's sake, if you really want him to know that you're actually alive, with feelings like the rest of us, go and tell him so now, while you look like it for the first

time in your life!" (To Be Concluded)

HIS LIFE IS TRANSFORMED! nes human, radiantly happ

"Goodbye, Mr. Chips" you haven't seen the

read the story. COMING SOON!

By SADIE B. CHAMBERS

With the return of Autumn, in preparing our menus, it is quite natural that pastries will be ap-pearing a little more frequently as the fresh fruits for desserts gradually disappear. The tart has become a universal favorite and a rival of the pie. These small past-ries can be as plain as you wish or as dainty and frivolous an as "partified" as you desire. Fillings and garnishes can all be planned according to the individual requirements and demands of the household. There is a certain definite daintiness in its individual form and most practical as the lunch box provides an opportunity for in-

dividualizing it.

Pastry for tarts to be perfect must be of a flaky nature.

I am giving you the favorites of

BUTTER TARTS 1 cup brown sugar 1 egg, beaten well 1 teaspoon vanilla 2 cup seedless raisins 2/2 cup shredded coconut

outter, add the sugar, egg, fruit, nuts and vanilla. Fill tins within an eighth of an inch of the top of dish. Bake in hot oven until light brown. BANBURY TARTS

1/4 cup chopped raisins, dates, currants
1 tablespoon chopped citron peel & cup chopped walnuts 1 cup brown sugar



4209

PATTERN 4209 By ANNE ADAMS You'll lock gay and sweet as little sister in this adorable dress with its bib-shaped yoke and lively young lines. A perfect "try-first" frock, Anne Adams' Pattern 4209, for as you'll see in the illustrations for as you'll see in the illustrations of the accompanying Sewing Instructor, there's nothing to its making. The skirt that swirls and flares so beguiling, is circular in the skirt that swirls are single front. style, with only a single front seam! You'll like either of the two sleaves—the puffed style with the well-shaped, stitched bands, or the slashed, short flared sleeves. For extra snap, make the yoke, sleeve hands, pockets and sash all

in brilliant contrast. Pattern 4209 is available in misses' sizes 12, 14, 16, 18 and 20. Size 16 takes 3% yards 39 inch fabric. Send Twenty Cents (20c) in

coins (stamps camot be accepted) for this Anne Adams pattern. Write plainly Size, Name, Address and Style Number.
Send your order to Anne Adams,
Room 425, 73 West Adelaide St., Toronto, Ont.

Issue No. 38 - '39



mark the edge with fork. Bake i hot oven 20 minutes until pastry i

PECAN TARTS

½ teaspoon vanilla ½ teaspoon almond extract

Your Household

Problems

Have you fussy eaters in you family? Do you have troubl providing a varied and interesting menu? Do your cakes fall Then write, enclosing a stamped, self-addressed envelope to Miss Sadie B. Chambers, care of the will ended

this paper, and she will endea your to solve your problems.

Are Appealing

Interior Decoration Has Def-

inite Place In The Arts

ern interiors and not too expens-

Rough, irregular textures with

definite but subtle surface inter-est, resembling hand-loomed fab-rics and hand crocheted-type cot-

rics and hand crocheted-type cot-tons, appear in an infinite variety of weaves and patterns. Dull and bright yarns are interlaced, chen-ille is effectively used in velvety

contrast to gleaming spun rayon or soft, dull textured cotton

grounds. Fringe steps into the pic-

ture with spectacular results and some of the new fabrics have all-

over fringed surfaces. Swag treat

ments in which closely-woven fab-

ric bands alternate with wide in-

terwoven fibres in festoon effect

offer endless decorative possibil-

Achieves Poise

Awkward, Nervous People Us-ually Breathe Incorrectly

ities. Prints are new looking and

striking on rough textures.

Deep Breathing

New Textures

1 tablespoo .. flour

2 eggs 1 eup milk

FAVORITE SMALL PASTRIES

Mix flour, sugar, and salt. Add beaten eggs and milk. Cook in a louble boiler until thick - add the

16 cup chopped pecans

Have tart pans ready lined with pastry. In the meantime cream the The new fabrics for interior de oration are so exciting, so lovely and so varied that homemakers will not only want to redecorate every room in the house, but will find themselves in a state of happy uncertainty regarding the embar-

> Of exceptional beauty and distinction are the new cottons, spun-rayons and combinations of these two fibres, not to mention the linens and mohairs, which are wov-en with a new and different ap-pearance. These are good looking, suitable for either period of mod-

2 eggs
Juice and rind of one lemon Mix first six ingredients together, then add egg, lemon, and rind and mix thoroughly together. Have plain flaky pastry ready, roll out to usual pastry thickness and cut

Youthful Needle "Quickie"



Correct breathing will give you is your voice high and shrill?

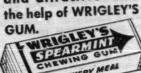
Are your gestures quick and jerky? you dart here and there and bump into furniture? In cooking, do you burn yourself often? Do dishes slip from your hands and smash? Do you narrowly miss being run down by taxi cabs? Do you arrive wherever you are going in a state of breathlessness? Then undoubtedly you lack poise and it is equally certain that you habitually breathe short, quick breaths from the upper part of the

chest. Mental poise will deepen your breathing automatically but deep, rhythmic breathing will restore your mental serenity auto-matically, too. Circulation Will Respond
If your housework seems to be a
series of disasters, stop and do a
little deep breathing. It may seem to slow you up, but you won't have so many mistakes to correct

A FLASHING



... teeth kept bright and attractive with



GET SOME TODAY Queen's Influence

On Hairdressing The Latest Thing Achieved By Hair Stylists is the "Queen

Elizabeth Coiffure" "Queen Elizabeth influence" i the latest thing in beauty circles.

A cosmetics manufacturer

A cosmetics manufacturer points out that the Queen's favorite daytime frocks in gray and beige and evening gowns in white, gray or silver should be worn with rich—not gaudy—make-up. That'a why, they say, they are putting out the new rich red lipstick and review—royalty red. rouge-royalty red. But it's the hair stylists, who

in vernacular, have "gone to town." They're designing coiffur-es "for" the Queen, "inspired by" the Queen, or to be worn with frocks for which the Queen is said to have expressed a fondness.

Take the "crinoline dress coif fure" of M. Vasco, an English hair stylist. It is supposed to be worn with the crinoline dresses made so popular by the Queen. In this "crinoline dress coiffure" the this "crinoline dress coiffure" the hair is parted in the centre. There's a bunch of flat curls on the forehead. The side hair is swept high and the back hair arranged in a knot of Grecian curls.

Then there's the hair dress exe cuted by a London hair stylist in honor of Her Majesty. In it the hair on top and at the sides is about four inches in length. It's curled, then combed out and waved in crown fashion. The rest waves straight down the back of the head and is finished with a row of soft curls at the name of row of soft curls at the nape of

Uncovered

James Henderson of Chester Careful search failed to bear results, so the field was replough and the wallet uncovered in t

"INSIDE INFORMATION"



FREE SAMPLE GARFIELD TEA If the world seems all wrong breathe deeply. Your circulation will respond and give you a sens of poise and well being again. Dept. 64

German submarines, such as these, are reported to have been sighted off the coast of Mexico and the coast of Scotland. Shipping is menaced by them in many parts of the world at present. REG'LAR FELLERS-Well-Handled







