

# NEWS PARADE

The Allies began fighting with their gloves off — on the economic front — as the war with Germany entered its eighth month. The decision taken by the French and British to use their economic and naval superiority over Germany in an attempt to strangle the Reich, and the Western Front stalemate and recover the initiative in the war, carried the conflict into a new phase and opened up possibilities of war in the north, in the Balkans and in the Near East.

**NEW STRATEGY**  
Prime Minister Chamberlain's declaration that hereafter the Allies would wage economic war to the utmost preceded tightening up of the blockade to pinch Germany where it would hurt most — interfering with her supplies of iron ore from Scandinavia and edible fats from the Balkans. In this most important action Britain was seen opposed by the neutral nations, chiefly the Scandinavian countries (Sweden warned that any attempt to seize German iron ore ships in Norwegian waters would find the Reich hitting back with a counter-blockade against the Allies). But the Supreme Allied War Council decided that it preferred to run the risk of losing friends among neutral countries than to sacrifice a million lives trying to blast a path through the German Westwall. The strategy adopted was to use economic strength and resources in such a way as to squeeze Hitler into a corner, from which he would have no choice but to try to fight his way out.

**WAR WITH RUSSIA?**  
The fear of approaching war with Russia (as well as with Germany) abated somewhat last week when the affair of the seizure of Russian vessels in the Pacific was softened; when rumors of a new Russo-British trade rapprochement flew about; and when Soviet Premier Molotov proclaimed Russia's desire to "maintain our neutrality and to refrain from any participation in the war." At the same time Russia denied intention to wrest her lost province of Bessarabia from Rumanians.

**THE WAR WEEK**  
Shortly after U. S. Undersecretary of State Sumner Welles arrived back in Washington, President Roosevelt declared he "saw scant hope for peace" in Europe at the present time. Germany officially charged, during the same week, that the United States policy had had a big part in causing the war, citing contents of the same week in the Polish foreign office archives.

At home in Canada, publication of the soldiers' vote results showed that the election standing in no constituency was affected... Premier Hepburn of Ontario declared "the complete solidarity" of his government, ridiculing reports of his early resignation... provincial elections were postponed for the time being... Rumored during the week were appointment to the Senate of Miss Agnes Macphail, defeated U. F. O. Labor candidate, at some date in the future; signature of the Great Lakes-St. Lawrence waterway treaty with the U. S.

## Says Plowing Best Exercise

Flowing, says Dr. Russell Jones of Indiana University School of Medicine, is "perfect exercise" for feet and legs. He also advanced the theory that public speakers "should sit while they speak; it certainly wouldn't hurt their legs and would do their feet a lot of good." **DESIGNED FOR WALKING**  
Dr. Jones said in plowing, uneven furrows tend to spread the feet in all directions. The Indian also declared that people "stand up too much. The foot was designed for walking, not standing," he explained. About the only solution for foot trouble is "shoes that fit," Dr. Jones concluded, adding that persons with aching feet should go to bed and rest their feet, just as they would go to bed with a bad cold.

## The Book Shelf

**SIMPLIFIED HOUSEHOLD MECHANICS**  
By A. Frederick Collins.  
For the home handyman this volume is indispensable. In easily understandable language, Mr. Collins explains what to do when the refrigerator gets out of order, when the hot-water system fails, when the toaster goes on the blink, when a window sticks, when the radio breaks down... when

## Their Majesties After Traditional Maundy Ceremony



King George and Queen Elizabeth are shown bidding good-by to the clergy at Westminster Abbey after taking part in the traditional Maundy ceremony in symbol of the King's humility before God. The royal couple, at high noon, on March 21, stood with 44 aged men and 44 aged women while the King handed them pouches containing 14 pence each. In specially minted silver coins—the 44 matching his age. The ceremony dates back 600 years in which the King was obliged to wash the feet of the most wretched of his subjects. This part of the ceremony, however, was abandoned by King James II.

## anything goes wrong in your home.

Here, also is valuable information on how to repair and keep in working order all of the most common household appliances, from sewing machines and food mixtures to burglar alarms. And a complete picture is given of your heating system, water supply, refrigeration and air-conditioning units, and electric power. An excellent gift for Father, or a mechanically-minded housewife!

**"Simplified Household Mechanics"**  
... by A. Frederick Collins  
Toronto: Ryerson Press, 259 Queen St. West... \$3.00.

## Men's Fashions Conservative

Comfort and Quality Are Also Essentials in Spring Mode

Comfort, conservatism and quality may be said to be the three essentials most desired by men, in their suits and topsuits this spring. For the first time in some years, American fashion is coming into its own. With Europe at war and with its mills and manufacturing houses operating under exceptional conditions, the American fashion originator has a great opportunity of producing and popularizing his own merchandise.

**MORE ROUGH MATERIALS**  
Results of this condition are seen in the decline of the English influence on men's clothes. This spring suits are cut with wide shoulders, lots of arm room and trousers built to wear well and fit easily. There is an upturn in the use of rough materials. Tweeds and shetlands that were seen in the country and at sports events are now coming into their own for office wear and business use.

## Ontario Boy 9, Aspires To Opera

Newtonbrook Lad Starts Music Critic With His Voice and Retentive Musical Memory

Bobby Connor, nine-year-old boy tenor, does not consider himself a child prodigy but has the same ambition as Eddie Johnson of Guelph—to sing in the Metropolitan Opera. The Newtonbrook (Ont.) boy has startled music critics with his voice and retentive musical memory. He sang over a Toronto radio station when only two years old and readily picks up every musical instrument that comes within his reach. On his mother's piano he plays classical selections by ear and his teachers have not yet attempted to have him read music because his memory is so retentive that he can reproduce any selection he has heard two or three times.

## REG'AR FELLERS—Utopia



## ONTARIO OUTDOORS

BY VIC BAKER

## CANADA ATTRACTS ANGLERS

Now that Spring is here, disciples of Isaac Walton everywhere are regarding their fishing tackle with contemplative eye and entertaining vague ideas of where to go for their first 1940 fishing expedition. "With this in mind, the Fish and Game Department of the Dominion National Railways have for the past few months been amassing information concerning the better localities in Canada the sportsman can visit and in bringing up-to-date particulars respecting the fishing and hunting regulations as apply in the various provinces of the Dominion," stated Ernie G. Poole, Fish and Game Representative of the company. "This information is contained in the 1940 edition of the booklet 'Hunting, Fishing and Canoeing in Canada' which will be found as accurate and up-to-date as any publication of this nature can be," he said.

## NEW FISHING LAKES

In addition to the regular waters for game fishing from coast to coast, new fishing lakes have been discovered and opened to sportsmen; new waters have been planted with game fish and in many ways the fisherman's map has been rolled back, providing an empire of fishing grounds for the man or woman who seeks real sport with rod and line. In these unexplored waters from the Atlantic to the Pacific the angler will find unexcelled sport for many varieties of game fish, said Mr. Poole, for there is in Canada a species of fish to suit the taste of every class of angler. All these species are not found in the same waters, nor even in the same province, but each has its habitat somewhere in Canada.

## Gardening ....

Old Gardeners spread out the garden fresh vegetable season by taking advantage of new, later and earlier varieties. Corn is a typical example. At one time it was only possible to get one variety of Golden Bantam types — some extra early, some regular season, some late. Cobs have been lengthened, kernels made bigger. One can enjoy the finest table corn for over a month instead of but a week or two as in the old days.

## Impatient Beginners

The beginner is inclined to rush the season. It will not hurt to plant peas, spinach, lettuce or radish, just as soon as ground is

ready, or sweet peas and flowers which naturally seed themselves. For the medium hardy type of plant, however, there is no advantage whatever in sowing too soon. There is little growth in any case until the soil really turns warm.

Gardeners are advised to divide their seed into at least three parts, sowing a third as soon as weather permits, a third a little later, and the balance at the very tail-end of the planting season. In this way if frost does cut down the first batch there will be more plants coming on and the season will be lengthened by the last part of the garden sown.

## Rock Gardens

In recent years the rock garden has become so popular that people are going out of their way to make an excuse for one. They will build their lawns up on two different levels with a rock garden in between. These gardens are made to resemble miniature alpine ranges, and in them alpine flowers are grown. There are usually tiny, sprightly things, that require little moisture during most of the year. They are specially listed in the better seed catalogues. To hold the sharply sloping soil, fair-size rocks of the roughest possible nature, preferably weathered boulders, are buried to about two-thirds their depth irregularly throughout the slope. Good pockets of sandy soil are arranged between the rocks. The flowers find a foothold here and trail over the boulders.

## French Army Recruits Dogs

The French army has opened a recruiting station for army dogs. Dogs will be accepted either as gifts or on loan for the duration of the war. They will be concentrated at a training camp, where they will receive special instruction, which, in a few weeks, will turn them into specialists for patrol work. Red Cross, dispatch carriers, or for observation duty.

## ALSATIANS, SHEEP DOGS

Alsatian police and sheep dogs are preferred because they have a natural camouflage color and because their natural talents approach nearest to those of wolves.

During training each dog is also handled by only one soldier, who is later controls him at the front.

**THEY CARRY DISPATCHES**  
Dispatch carriers are trained to run from advance posts to company or battalion or regimental headquarters, making use of trenches or covered routes where they escape being seen or shot.

They carry messages in a pouch worn around the collar. Red Cross dogs are trained to find wounded soldiers and lead stretcher bearers to them.

If there are enough volunteers, France will maintain an army of 1,000 dogs.

# VOICE PRESS

THEY HAVE THE TIME  
We expect to hear any day now that the troops on the Western Front are doing a little knitting for the folks at home.  
—Woodstock Sentinel-Review.

LET'S ALL LISTEN IN  
American author says there isn't enough color in modern city life. Why not put all the telephones on the old-style rural party line system?  
—London Free Press.

## LOW SPEED AFTER DARK

It is a well-established fact that the majority of fatal accidents are due to speeding, particularly at night. In Kansas City, where a vigorous safety campaign was carried on last year, cutting the death toll in half, it was found that positive results were not obtained until an after-dark speed limit of 25 miles an hour was established and enforced.  
—Winnipeg Tribune.

## WHY ARE APPLES SCARCER?

Several articles have appeared in this paper about the apple situation and its inconsistencies this year. In spite of a large surplus of apples and the efforts of the Dominion government to help growers market their crops, apples have been scarce and highly priced and the quality has been poor.

There's something wrong somewhere. If there was such a surplus of apples, why are they so scarce? The answer is simple: the weather. The medium hardy type of plant, however, there is no advantage whatever in sowing too soon. There is little growth in any case until the soil really turns warm.

## No Such Ailment As Spring Fever

Peculiar Feeling We Experience At This Season Is Due To Change From Cold To Warm Weather

Grandmother probably will never believe it but take the word of experts — she was all wrong when she gave generous doses of sulphur and molasses as a cure for the "spring fever." There isn't any such thing.

That listless feeling you get around this time of year, three months ago, was not "spring fever," but something that you can prescribe medicine for, or put down in a textbook, or analyze under cause and effect.

## LIFE'S LIKE THAT

By Fred Neale



"An' When You Get Through There I've Got Some Buttons for You to Sew On."

## By GENE BYRNES



**Chantecler**  
SLOW BURNING  
CIGARETTE PAPER  
NONE FINER MADE  
DOUBLE AUTOMATIC BOOKLET

The feeling you describe as spring fever is probably due to the fact that the body has become accustomed to cold weather and too suddenly is called upon to make adjustments to warm weather. Probably the nerves controlling the blood vessels don't get the adjustment without giving you a bit.

Dr. John C. Scott, professor of physiology, at Hahnemann Medical College, thinks the change is like an automobile that has been driven on a low speed for a long time. The engine has been produced — just like an automobile that has been driven on a low speed for a long time. The engine has been produced — just like an automobile that has been driven on a low speed for a long time.

**A Grand Sweetener for the Morning Cereal**  
**Bee Hive Syrup**

Sting of A Snub  
"You say you have been to a white school?" Mary Melissa asked, somewhat formally. The Indian merely nodded.

"Where's the school?"  
"Phoenix," Honey Bee said. But he spurted her horse, then. She tolerated Mary Melissa riding beside her, somewhat in the rear of the others, but now she felt a surprising thing. She galloped the few yards to catch up with Bob Barry, and reined in her horse to walk beside his, never looking back.

Mary Melissa, alone, blushed seriously in spite of herself. It was something she hadn't felt in years, the sting of a conscience, unwhispered snub. People didn't snub the Lanes. Not even in New York, or Atlantic City, or Miami.

The Lanes! Mary Melissa Lane's family and wealth dated back to the time of the first settlers.

Next dawn Bob Barry impatient to visit Defiance Castle. During the night he had evolved a new plan. It excited him so that he arose before anybody else, shook Holliman awake and with him left camp before anyone else

stirred. Some cold food did them for breakfast.

"I have a hunch I can make a preliminary exploration this morning," Holliman, the young scientist beamed. "Let's take a long rope—say 500 feet of the one-in-eight—end and ride around to the top of this cliff."

Holliman looked at his boss. "What you gonna do?" he demanded.

"Never mind now. Maybe nothing. Let's see if we can get to the top of that cliff."

They could, by riding two miles south and cutting back and up on a zigzag, rocky course, then climbing through more rocks to the mesa top. They were three hours at it.

"Ought to be easy," Bob began. "Here, let's anchor one end of the rope firmly. Then you and the middle length around this meek tree trunk, Holliman, and I'll be on the other end."

"You mean—you gotta to swing over? You aim to take us all down there that way?"

"Maybe. It might be the simplest way."

Bob Barry started down, but he had overlooked two things. First, the wind at the cliff edge was very strong, forestalling all efforts to shout instructions up to Holliman once the descent over the ledge was begun.

(To Be Continued)

# Quality Counts Most "SALTAN" TEA

## Lost Kingdom

by OREN ARNOLD

**CAST OF CHARACTERS**  
**ROBERT BARRY** — hero, ex-member of Barry's party.  
**MELISSA LANE** — heroine, Honey Bee girl. Indian member of Barry's party.  
**HADES JONES** — pioneer, member Barry's party.

Yesterday, Melissa develops a decided liking for her young partner. And Bob gets the second surprise of his expedition — the cook he had hired sight unseen also turns out to be a woman. He now has a new problem on his hands.

**CHAPTER IV**  
Zachary "Hades" Jones came to life first. While the other men in his party still stared, he marked.

"A squaw! Looky that, it's a squaw!"

He was stating an obvious fact not for, its information, but to convey the contempt he felt. The old man positively glared at the girl.

Holliman was grinning broadly, and all at once Bob Barry saw the funny side of it. He laughed heartily.

"That makes twice," he admitted. "First a partner, then a cook. The Lane, will those clothes you bought the cook fit her?"

The whole party laughed then, and Bob was quick to apologize. "Oh, I'm sorry, old-Honey—what'd you say your name is?"

"Honey Bee?" We were not laughing at you, but at ourselves. You see, we expected a male cook, a squaw."

"I cook these white man's food," he repeated. "I cook it better than these white man's woman."

He looked at Mary Melissa. "What'll we do?" interrupted Hades Jones. "Can't take no more of this."

Bob felt that Honey Bee hadn't been insulted any more by white men, himself included. He couldn't have said the softer words again.

"Sure, sure, come on tonight," Honey Bee, and cook, upper and breakfast for us. We'll be skirting the Indian country, and you can ride home tomorrow and send us a man. I'll say you. It's all right."

Bob Girl. The name was singularly appropriate, Bob admitted. She was quick of motion like a wild thing, sweetly pretty. He said she was 19 years of age, and spoke fairly good English. He rode her horse with surprising grace and ease.

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He could see Miss Lane and Honey Bee staring at him. He grinned and waved, showing more confidence than he felt.

He noted in a flash that the ancient castle walls, made of crude masonry, were remarkably well preserved. He was close enough to study their exterior. He thought he could see blackened rocks, where fires had burned centuries ago.

But scientific interest was fleeting. He had twisted the rope around his left leg to hold himself there, and the stricture was hurting. He looked up. Could a man climb 150 feet of rope? He didn't know.

He was swaying in the wind. On a narrow ledge down to the left he recognized an eagle's nest. He suddenly envied the eagles. A moment of hysteria chilled him, but he literally forced himself to think calmly again. Robert Barry had a trained mind.

He could see but two possibilities. Each offered a very slim chance, he realized, but he must choose quickly to risk one of them.

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**Sayings From Shakespeare**  
Condemn the fault and not the actor of it.  
Of all bad passions fear is most accurate.  
A little fire is quickly trodden out, which, being suffered, rivers cannot quench.  
Flattery is the bellows that blows up sin.  
When the fox hath once got in his nose, he'll soon find means to nuke the body follow.  
A friend should bear a friend's infirmities.  
The ripest fruit falls first.  
Rich gifts was poor when givers prove unkind.  
This not enough to help the feeble up but to support him after.  
If I lose my honor, I lose myself.  
Kindness, nobler even than revenge.  
Love sought is good, but given unsought is better.

**Tells Age of Egg**  
In removing the tip of a boiled egg, a slightly sunken space is observed at the top. This is known as the "air cell." When eggs are being graded under strong light, this space is plainly visible and, in part, indicates the age of the egg, and, in part, the condition under which the egg has been kept. Thus the size of the air cell is indicative of quality. It is one of the chief considerations in classifying eggs in to different grades. Nowadays, everybody knows that grading is essential to intelligent buying.

**READERS, WRITE IN!**  
Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address: Mrs. S. B. Chambers, 73 West Adelaide Street, Toronto.

**Maple Syrup Sauce**  
Of course plain maple syrup served with these well-buttered waffles is always a treat, but for variety here is your requested sauce.

Two-thirds cup maple syrup, 1½ cups brown sugar, one-third cup water, 4 tablespoons butter, 1 teaspoon vanilla, 6 tablespoons heavy cream. Boil first four ingredients until sauce is a heavy syrup. Cool, add vanilla and cream.

**Whipped Cream Sauce**  
Another very palatable sauce is whipped cream to which has been added grated maple syrup. This also makes a splendid addition to cake ickings.

For the request for a whipped cream cake that is different try this.

**Feather Whipped Cream Cake**  
1 cup of whipping cream  
3 egg whites  
¼ cup syrup from canned pineapple  
1 cup fruit sugar  
¼ teaspoon salt  
3 teaspoons baking powder  
2 cups cake flour

Beat cream and egg whites together until stiff. Add pineapple syrup. Sift together the dry ingredients and mix thoroughly. Bake in two layers in a moderate oven.

**Pineapple Icing**  
1 egg white beaten stiffly  
2 cups sifted icing sugar  
¼ cup drained crushed pineapple  
1 tablespoon orange juice

Beat well until the right consistency to spread. Some sugar requires more, so if this, add more icing sugar until it is stiff.

Here is a recipe sent to me for testing and I guarantee it is all that the name implies.

Solken 1 yeast cake in 1 cup lukewarm water. Beat in one egg and let rise for 1 hour.

Beat all ingredients, 1 teaspoon salt, 1½ cups boiling water. Cool to lukewarm. Add

**Many people can safely drink tea and coffee. Many others—and all children—shouldn't drink them. If you are one of them, try Postum's today. Buy Postum and drink it instead of tea and coffee for one month. Then, if you do not feel better, return the container to your General Food Store.**

Instant Postum is delicious, economical, easy to prepare, and contains no caffeine.

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