The long-awaited spring offensive by Germany came with a suddenness that threw the September 1 Blitzzrieg against Poland into the shade. Within twenty-four hours, the capitals of two neutral countries had fallen into the countries had fallen into hands of the Nazi conquerors.

The entire situation in Europe changed overnight. Before the new state of affairs could be accurately assessed and events seen n their true perspective, a certain period of time would have to elapse. For the time being, of course, the war of nerves was ever. But what did the future

A number of important ques tions, geographic, diplomatic, ec-enomic, were raised by Hitler's invasion of Denmark and Scand-inavia: Was the German action merely a counter-move against the Allies in order to secure bases to break the British blockade? Or was it also a political move, con sequent upon which the conquer-ed territories would be reduced to the status of Austria, Czecho plovakia, Poland? Would the Alles be able to drive the German army out of their new entrenched positions by air bombardments, by a naval war, or by land action? Would Holland and Belgium be the next countries to undergo invasion by German armies? Would the Balkan front be opened up while the attention of the powers was held in the north? Would Mussolini seize the opportunity to take over Yugoslavia and form a new "Adriatic bloc"? What would happen to Iceland, Greenland? What would Russia do, should the war in the north be prolonged? What effect would the new Nazi agcressions have on the neutrality of the United States?

One thing was certain at the outset — Germany would now have butter as well as guns. The cutting-off of all Danish exports to Great Britain (her best cusemer) meant the release of enor-mous supplies of butter, bacon, eggs for German consumption. The April 9 Blitzkrieg also assured Germany of vital raw mater-ials from Scandinavia — iron ore, ron pyrites, zinc, antimony and amber — needed to carry on the

To Great Britain, loss of Dan-h foodstuffs, Scandinavian raw materials, meant a greater de pendence on North America, Australia and New Zealand, for supplies. The increased Allied de-mands made themselves felt in Canada immediately with the set-ting up of a Ministry of Supply, headed by Hon. C. D. Howe, to handle all war purchases.

Thus was Canada drawn closes into the war . . . not just because enland happened to be a neigh-

New General Manager C. P. Express Company



be, who has been appointed president and general manager to macceed the late Thomas E. McDonnell. Thirty-seven years ago, fr. Coulter joined the Canadian facific Express Company as office to the age of 13 years, and within seven years became chief elerk to the president.

## Cardening ....

Spring Planting: Miss England Goes Back to the Land



With all the men of military age gone to the wars and with England needing more home-produced food than ever before, the women have stepped into the breach with the determination to raise a bumper crop for John Bull this year. Here is a scene on a big farm at Bury St. Edmunds, where women of the land army are digging and planting from sunup to sunset. Most of these women have menfolk at the front or at military stations in England.

course does not apply to very har-dy vegetables or flowers or to the Pupil Exchange grass seed. These should be sown fust as soon as ground is fit to Idea Valuable

GIVE THEM ROOM

will be spread out.

Spacing is important as even the

FOR THE OVERWORKED

nual flowers that thrive on neglect.

California poppies for edging. These

hemselves, crowd out weeds, do

stocky little flowers almost seed

well in any location, but prefer the

sun and light soil. Once started they will look after themselves.

Helpful to Students and To Countries. Promotes Understanding and Good-will

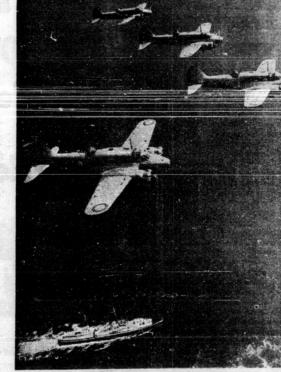
enthusiast does not care to spen much time kneeling and thinning. Labor can be saved by properly There never was a time when spacing the seed as planted. Corn, beets, peas and similar plants with mutual understanding among young people living at a distance from one another was as sorely needed as in big seeds can easily be sown at the our day and age, says the Kitchendistances advocated on the packet. er Record. So it is of interest to no With tiny seeded lettuce or alyssum however, it is practically impostice something of the way in which our schools help young Canadians aib to space by hand but if the seed o become acquainted in other pro is first mixed with a little sand and the whole sown carefully, plants

vinces and other countries.

Each year brings over 2,000 fulltime students from the United
States to our colleges and private There are flower gardens that fit schools, in addition to those who come for summer courses. A third almost any situation. For those people who have neither the time nor or more of these come to our nclination there are plenty of an-French language institutions, and probably most of them are from fa-A little digging of the ground in the milies who were at one time Canlate Spring is all that is required. Take such things as alyssum, the dwarf marigolds, portulaca and the

EXCHANGE AMONG PROVINCES Several hundred come each year from Newfoundland, especially to our Atlantic provinces, and nearly a hundred from the British West Indies who also study mainly in the Maritimes. There is a considerable

R. A. F. Reconnaissance Planes Convoy A Convoy



There are really two convoys in this picture and the merchant ship below can feel that it is well protected. Partially visible in the UPPER LEFT is a British warship on the lookout for lurking German sub-marines, while overhead fly some of the formidable Anson reconnaismarines, while overhead fly some of the formidable Anson reconnais-tance planes of the Royal Air Force. They are looking for submarines and for enemy planes as well. CHURCH ATTENDANCE

ove the church. -Branden Sun

NO LONGER FORBIDDEN Hepburn said that after the el-ection was over the people of On-tario might see March of Time's tario might see March of Canada at War. Now that the ban is off who'll want to see it?

—Hamilton Spectator.

APPRENTICES AGAIN Improvement in the industrial situation is indicated by ancouncement that many plants are aking on apprentices. What they should have been doing years ago.

Owen Sound Sun-Times.

LISTENING TO SPEECHES Just one thing more, The elec-tion campaign demonstrated that people who think 20 minutes -Peterborough Examiner.

INTERFERING WITH NATURE

contingent, too, from the United Kingdom — larger than usual this year because of the boys and girls

who were touring Canada when the

war broke out, and whose parents

adian schools rather than go back

home. Other countries contribute at

There is a fairly large movement

students between provinces.

Nearly 5,000 attend colleges or pri-

nce of ordinary residence. The National Federation of Canadian Uni-

resity Students, with the co-opera-

years has facilitated this exchange

whereby students in different uni

versities may exchange places for

The Book Shelf.

By Rosalie Morton
Dr. Morton, famous woman

hysician and surgeon, here pre-

sents an informal and informative

study of Persia, the ancient East-

ern land which has turned its face

toward progress at a time when Europe shows signs of evolution

in reverse, "The unveiling of wo

aught the world's imagination.

the awakening of Asia. Iran today

example of youth rebuilding a

lers, as they adjust themselves to a new tempo of living — in a

country as old as time, which still

looks to the future with hope and "A Doctor's Holiday In Iran"

. by Rosalie Slaughter Morton

Farm Lands Value

Shows Small Gain

In Canada During 1939 - II crease of \$1 Per Acre In its annual report on farm val

ies for the year 1939, the Domin-

ion Bureau of Statistics states that the average of occupied lands in

Canada in that year was reported at \$25 per acre, an increase of one

dollar an acre over the 1938 value. This is the first increase since the

year 1935 when the average value

rose from \$23 to \$24. Average values are still much below the 1926 average of \$37 per acre.

VALUES OF LIVESTOCK

live stock in Canada in 1939 are

estimated as follows, with the 1938

values within brackets: Horses \$67 (\$71); milk cows, \$46 (\$40); other

cattle, \$33 (\$27); total cattle, \$39

(\$33); sheep, \$6.69 (\$5.79); hogs, \$13.79 (\$13.21).

The average values per head of

Oxford Uni-

. . Toronto:

versity Press . . . \$3.50

The author gives us a sympathetic picture of the people, the no-mads, the villagers, the city dwel-

tion of the universities, in recen

y providing an

vate schools outside of their prov

least 300 students a year.

ecided they should remain at Can-

When hens laid in the spring, as nature intended, eggs were a good price all winter long. Now that hens have been tricked into laying all winter the best price for eggs is some other time. Poultry raisers must feel the same about it as a seasoned producer who exclaimed years ago that cattle the farmer ain't got." -Farmer's Advocate

Screams Scare **Charging Beast** 

Mrs. Osa Johnson, Wild Game Hunter, Finds Them Effective in Beating Off Foes

ed elephant should charge you, do you know the best thing for you to do? Just scream, scream as loud and as long as you can, or as long as necessary to make the frighten-ed animal turn and run, says a story from Washington, D.C., in the New York Sun.

This is the advice given last week by one of the most experienced wonen wild game hunters, Mrs. Osa Johnson, widow of Martin Johnson, the explorer and writer. Mrs. Johnson illustrated her ad-

rice from her own experiences: "Martin and I," she said, "disliked o shoot any animal we had taken "When an elephant, a rhinoceros

LIFE'S LIKE THAT

lingdom . .

OGDEN

FINE CU

or other large animal char

eard ums. Only rarely was

Germans Can E

Allowed Special Rate

Observe Marriages and

The German people, after

months of strict food rationia

have the prospect of at least

Food-rationing offices has officially instructed by the m for food and agriculture that

limited the number of parlia receiving such favore treams

CRIMP IN SOCIAL LIFE

Food-rationing and the comp

government even before t

tainment and social life.

With one pound of meat per

son per week, and such luxur

German bill of fare, house

able to celebrate marriages

niversaries with the custo

At Big Festivitie

me, I would scream terrifi most always my screams

BARRY - hero, ex-

many centuries against a wall, will do fantastic carving, more so than water will do in a stream bed. ISSA LANE - heroine, BEE GIRL - Indian; r of Barry's party. ES JONES - pioneer; Barry's party.

on of Defiance Castle, down over the overhanging and is unable to get back He must do something

CHAPTER V hree people below, Rob-looked like a toy doll, angling on the end of etching 600 feet of tarnation's he tryin'

rieked Hades Jones jumping around and more excitedly than e two girls. Mary Meld enthralled. don't know! It's awful Can't you make him necessary to risk his

going through son er contortions now. He have looped the rope , and to be starton of "pumping" as uld do in a swing.
he gathered momentum

eemed first to swing way-parallel to the and he had to slow n start anew. the pendulum motio. arc of his swing grew

n-and-out, in- and-out-from the red rock. The so jagged and rough ppalled Mary Melissa to what might happen. steria she envisioned e rock and sliding down astle nestled was really a

urface, overhanging at and curving quickly inbeen chosen as a home-he ancient builders. Bethe ancient bunders. Be-niche, which was big en-hold a three-storey build-granite-like wall curved butward again, progress-drops of 20 to 30 feet, by vicious-looking points lobs. Occasional scrubby plants clung precariously wall, although where they oil for sustenance was a

cliff formations are not mon in the Rocky Moun-The magic of erosion has



cigarettes to any Single Allitary Address Overseas many 1,000 lets or your C. MACDONALD INC., Nox 1929, Place d'Armes, Montreal, Canada subject to any change in Geverament Re

D THE BOYS THE BEST

This natural phenomenon has intrigued the geologists always. The cliff that housed Defiance Castle was not exceptional in demonstrative race anyway, had physiography, although the archacologists had never understood how the builders reached the high lip. And yet—there the abandon-

OREN ARNOLD

unbelievable archways and bridg-es. Sand-laden wind, driving for

ed dwelling stood, partly cram-bled on one corner, but still a monument to the genius and en-Nevertheless, those same women had known what love-for-a-man was. Robert Barry had been kinder to Honey Bee Girl than any other white man, or any other white man and other white man between the matter had ever ergy of a vanished people. Many a scientist and many a tourist had stared at it through field glasses, n frank wonder and admiration. red man for that matter, had ever been. Not the thought of death, as such, but the thought of dang-On the day when they first saw the cliff, Mary Melissa had commented that it was a fine, theatri-cal backdrop for a great drama. The ancients had farmed the flat valley, where this modern exploration party had set up camp.

**EMBROIDERY** 

PATTERN 4872 By ANNE ADAMS

1F: fitted-and-flared lines .

istinctive style . . . and newsy

fashion details are what you want,

inch fabric.

er to this particular man, caused some strange, unexplained reaction within her. She watched and waited, breathing hard.

But what of Scott Holliman he who had accompanied Bob to the cliff top and let down the DRESS IS GAY WITH

The ancients must have known work and danger and love and excitement and happiness and death there centuries ago. The life drama of a kingdom!

The white girl thought of this in a flash again, and instantly realized that she was seeing another dramatic moment here. Only—this one was not in retrospect.

-this one was not in retrospec not for calm historical study.

was tremendously near and real

The arc of his swing was incred

ibly large now. And he was still

"pumping."
Sudden'y she knew his plan.

She realized what he hoped to do. "No! Oh no!" She breathed it,

almost as a prayer. The distance

knew that it mattered terribly.

seemed much too great.
In that instant, Mary Melissa

It Matters To Her

She didn't phrase it, even to her-self, as love. But she knew. The

tightening within her, the actual physical pain in her heart, was keener than it would have been

if she saw a casual acquaintance

In the latter circumstance, she

would have screamed. She might

have run, and shouted advice, anything in her high alarm. But— this feeling was different. Deeper,

somehow. In the strain of the moment she touched something di-vine—and prayed to it, mumbled

her petitions without restraint o

in such emergencies, old Hades Jones had abruptly disappeared, running. Frankly, he had no idea

what he would accomplish, but he hastened toward the trees at the

foot of the great cliff. At least he would be on hand when Bob

Honey Bee Girl, being of a less

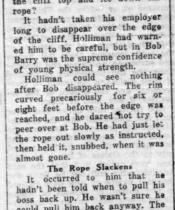
mothers for many generations

back had felt no qualms at death.

in danger.

Barry fell.

She knew that it mattered to her, personally, and irrevocably.



rock. It would cut into the

that.

He noticed motion in the rope, and quickly grabbed it.

There were slight regular jerks for a bit. Then a swaying pull, first right then left. In alarm he looked at the rocky edge where the rope disappeared. The fiber was indeed beginning to fray!

Holliman strained to pull it up to a fresh spot, lest it be sawed apart. But Barry was a heavy man, and friction at the rock was too great. "Good Lord!" Holliman growled, genuinely alarmed now. He looked desperately around him.

The man felt peculiarly help

misses' and women's sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38 and ened. Holliman fell back prone with the sudden give of it. He 40. Size 16 takes 31/2 yards 39 Send Twenty Cents (20c) in Send Twenty Cents (20c) in coins (stamps cannot be accept-ed) for this Anne Adams pattern. Write plainly Size, Name, Ad-dress and Style Number. Send your order to Anne Ad-ams, Room 425, 73 West Adelaide St., Toronto. (To Be Continued)

By SADIE B. CHAMBERS IRON IN YOUR DIET

This week I am again writing in answer to requests. A few weeks ago I wrote about Molasses and its iron properties and fol-lowing that I have been asked to lowing that I have been asked to plan a few meals high in iron. This is a vastly important subject, —when we are told, that about one-half of our population are suffering from anemia. A sufficient cause for this condition is found in the fact, that the average the interval of the condition is found in the fact, that the average the condition is found in the fact, that the average the condition is found in the fact, that the same than the condition is found in the fact, that the same than the condition is the condition of the condition in the condition is the condition of the condition in the condition is the condition of the condition in the condition is the condition of the condition of the condition is the condition of the co found in the fact, that the average diet is deficient in iron. The human body has a storage of 43 grains of iron, and loses daily one 250 thousands of a grain (½ gr). This normally must be made up and the anemic should as well as making up, increase the iron content daily. Foods high in iron in the order given are,—peas, beans and lentils, whole wheat cereals and breads, nuts (especially almonds and pecans). Then come dried fruits with dates having the highest iron contents. Following this we have meat, with liver the highest, then the eggs, fresh fruit highest, then the eggs, fresh fruit and vegetables, and lastly the dairy products. In the sugars, the brown sugar and molasses are the most important. The beverages of these planned meals I am leaving to your choice, but always keep in mind, that the substitutes for tea and coffee are usually rich in whole grain products, therefore valuable for their iron. Something else: do not forget wheat germ; sprinkle it in soups and on cereals freely.

MENU NO. 1 Breakfast Stewed Prunes Cracked Wheat Porridge oached egg, Graham Bread Toast Strawberry jelly.

Luncheon or Supper

Baked Beans Boston Brown Bread Lettuce and Tomato salad Red currant jelly (jelly powde Bran cookies

the rope out slowly as instructed, then held it, snubbed, when it was It occurred to him that he hadn't been told when to pull his boss back up. He wasn't sure he could pull him back anyway. The cliff edge was of sharp jagged

the rope was tied, then went as close to the edge as he dared.

"Mr. Barry?" he called.

No answer. Holliman yelled it, but still got no reply. Then he, too, realized that the wind was whipping the sound away. Sudden alarm struck him. He couldn't see Barry, nor communicate with him. He did peer over far enough to see Hades Jones running. And the two women were moving about and pointing up. But he was unable to deduce anything from that

fashion details are what you want, Pattern 4372 is the answer! The bright-colored flower embroidery adds a stunning and springlike touch. It's easy to do, too, for a transfer pattern and simple embroidery directions are included in Anne Adams' helpful Sewing Instructor. Isn't the bodice panel attractive as it curves down and divides to form a smooth waist-girdle? The sash is looped over, bustle style, in back; the sleeves are short or tiree-quarter.

Pattern 4372 is available in misses, and women's sizes 12, 14, The man felt peculiarly helpless. He did quickly decide to let
out a few inches more of rope—
there wasn't very much left—and
so put a fresh place on the sharp
rock edge. That lessened one danger, he felt.
He shouted again and again,
but no answer. The alternate
tightening of the rope indicated a
swinging or swaying. Holliman's

swinging or swaying. Holliman's Then suddenly the rope slack-

ISSUE NO. 16-'40



MENU NO. 2 Breakfast Grape juice Oatmeal porridge Breakfast bacon rye bread Orange marmalade Luncheon or Supper Foamy Omelette Whole wheat muffins Waldorf Salad (use either date or raisins) Caramel junket

Dinner

Grape juice cocktail

Liver and bacon Scalloped potatoes Buttered spinach Cottage cheese served of watercress Ginger bread brown sugar icir MENU NO. 3 Tomato juice
Bran cereal
Coddled egg Rye Bread
Stewed figs
Luncheon

Lima beans and corn casserole Raw carrot salad served or watercress Grape jelly (made with grape juice and gelatine)
Oatmeal and date cookies Dinner Jellied Beef Boullion

Liver patties Creamed potatoe.
Green peas and carrots mixed Date loaf and canned strawberrie (or fresh) MENU NO. 4 Breakfast Orange juice Rolled wheat porridge

Whole wheat bread toast
Scrambled eggs
Stewed rhubarb bran muffit Luncheon Tomato Soup Crackers and cheese Salad spring greens (dand and watercress etc.)
Rice pudding with dates Dinner Cream of Pea Soup

\*TEA BAGS String beans Buttered beets
Prune and orange on lettuce
Ginger cookies Spanish cream
Most of these recipes in menus Buttered beets

\*They Make Delicious Tea

have been given from time to time during the year, but requests are always where or advice on these special health menus. READERS, WRITE IN: Miss Chambers welcomes personal letters from interest-ed readers. She is pleased to ed readers. She is pleased to receive suggestions on topics for her column, and is even ready to fisten to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

French Women **Avoid Uniform** 

Except for Actual Official Duty; They Prefer Feminine

Fashionable Paris has side-stepped uniforms, except for actual

official duty.

When the French woman gets out of her uniform she puts on something that has allure, like the Balenciaga and Schiaparelli crepcs depicted. Both have a new story to tell. Balenciaga is affecting a basque bodice which parallels the torso line. Some frocks he drapes at hipbone level; on orders he de-velops a cuff-like fold. In these models the fullness is pushed to the back of the skirt. Schiaparelli has adopted gathered fullness to gvie shape to the bodices of her

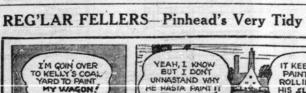
silk dresses.
SOMETHING WITH ALLURE Though in France society is not decking itself glamourously for evening, the couture has put its best skill into the gowns fabri-



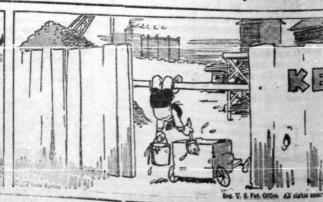


d. Edgar Counter, vice-president and general manager, Canadian acific Express Company, Toron-t, who has been appointed presi-

NO HURRY The average amateur starts operations days or sometimes weeks too seen and stops long before satistory gardening can continue With the general run of vegetables and flowers there is no advantage in getting things in while there is still danger of serious frost. One set-back from a cold day or two completely offsets the early start the whole garden. This caution of









(Nearsighted Officer) "Cut Out the Grandstand Stuff and Ge Line!!!"

