

# SUNDAY SCHOOL LESSON

LESSON VIII  
CONFESSION AND  
FORGIVENESS  
2 Samuel 12:1-14; Psalm 51:1-17;  
22:1-11

Printed Text, 2 Samuel 12:13, 14;  
Psalm 51:13, 17; 22:5.  
Golden Text: "Confess therefore  
your sins one to another, and pray  
one for another, that ye may be  
saved." Jas. 5:16.

THE LESSON IN ITS SETTING  
Time — We are not exactly sure  
of the time in which this terrible  
experience of David's took place,  
but we locate it approximately  
in the year 1055 B.C.

Place — Jerusalem.  
This lesson is one of the most  
wonderful in all the Bible, exposing  
the terrible consequences of unrepentant  
sin, and the glorious possibilities,  
because of God's mercy and  
love, for such sin to be forgiven and  
put away, and for life once again to  
be filled with joy and praise and  
peace.

DAVID'S REPENTANCE  
The great sin of David's life is  
recorded in II Samuel. A year passes  
after the killing of Uriah. Suddenly  
the prophet Nathan appears  
before David. He comes as if to  
claim redress for a wrong in a  
humble life, rouses the King's conscience  
by his simple tale of the rich man  
and the ewe lamb.

II Samuel 12:13. And David said  
unto Nathan, I have sinned against  
the Lord, Jehovah also hath put away  
thy sin; thou shalt not die. 14. How  
beit, because of this deed thou hast  
given great occasion to the enemies  
of Jehovah to blaspheme, the child  
also that is born unto thee shall  
surely die. David is crushed by the  
sense of his guilt in the sight of  
God. The sentence which he had  
pronounced on himself (v. 8) Nathan  
says will not be executed, although  
David deserved to die as an  
adulterer and murderer. Instead, a  
long series of chastisements, beginning  
with the death of the child, de-  
clared the divine judgment on his  
sin.

HE ASKS FOR CLEANSING  
Psalm 51 is a psalm of penitence  
and the subsequent putting away of  
sin by the mercy of God, together

## Pianist Turns Farmer

Dales Frantz, eminent American  
pianist, is enjoying his first taste  
of farm life. He has moved to a  
small ranch in the film colony of  
Garden, where he raises Great Dane  
dogs, practices with a rifle, does  
garden work and lives the life of a  
country gentleman when not at the  
studio. Here we find him at his new  
ranch playing a game of croquet.

with a prayer for renewal and  
sanctification. It is supposed to  
have been written by David after  
his great sin, when the word of the  
prophet Nathan had aroused his  
conscience and brought him penitently  
to the throne of grace. These  
verses have brought comfort and  
assurance of forgiveness, and hope  
for a renewed life after some terrible  
transgression to a great number  
of God's children.  
Psalm 51:  
Have mercy upon me, O God,  
according to thy loving-kindness.  
According to the multitude of  
thy tender mercies blot out  
my transgressions.  
2. Wash me thoroughly from mine  
iniquity,  
And cleanse me from my sin.  
3. For I know my transgressions:  
And my sin is ever before me.  
The prayer for pardon is based  
upon God's revelation of his character  
in Exodus 24:6, 7. David here  
insists that sinfulness does not consist  
merely in sinful acts, but in a  
sinful and corrupt nature.

DAVID'S PRAYER  
3. Hide thy face from my sins,  
And blot out all mine iniquities.  
10. Create in me a clean heart, O  
God;

## People From All Over Continent Meet at C.N.E.



A section of the crowd in attendance at the Canadian National Exhibition, Toronto, is shown here near a favorite meeting-place, the Fountain.

And renege a right spirit within  
me.  
11. Cast me not away from my presence;  
And rebuke me that thy Holy Spirit  
from me.  
12. Restore unto me the joy of thy  
salvation;  
And uphold me with a willing  
spirit.

This beautiful prayer asks first  
for a complete renewal of nature,  
then that there may be no break  
between the supplicant and God, and  
thirdly, for a joy and willingness  
to serve, which would naturally  
flow from the granting of the pre-  
ceding desires. Nothing less than a  
new creation, however, is needed  
before a clean heart and a steadfast  
spirit, the blessed consciousness of  
unbroken closeness of communion  
with God.

13. Then will I teach transgressors  
thy ways; and sinners shall be  
converted unto thee.  
NEW LIFE OF JOY  
Psalm 32 also appears to have  
been written shortly after Nathan  
came to David with his message of  
judgment from God. We have here  
a record of David's experience be-  
fore Nathan came to him, and of  
the blessing that has come to him  
with the consciousness of full for-  
giveness and restoration to the Fa-  
ther's house.

5. I acknowledged my sin unto  
thee,  
And mine iniquity did I not  
hide:  
I said, I will confess my trans-  
gressions unto Jehovah;  
And thou forgavest the iniquity  
of my sin.

There is no figure of speech finer  
than that of this psalm: God is  
so ready to pardon that when man  
makes up his mind to confess, be-  
fore he does it, he is forgiven. God  
does not wait for our formalities,  
he deals with our attitudes.

## Farm Notes . . .

THINNING APPLES  
Research has shown that under  
most conditions the size of apple  
color obtained by an artificial  
thinning, states D. S. Blair, Di-  
vision of Horticulture, Dominion  
Experimental Farms Service. It  
will not only go far in eliminat-  
ing under-size fruit, but by careful  
thinning, much of the cost of har-  
vesting and marketing. Distributing  
the fruit uniformly over the  
tree will result in a more  
uniform product which is of par-  
ticular importance where box  
packing is done. Thinning pre-  
vents, to a very large degree,  
breakage due to overlaid limbs  
and lessens the cost of propping.  
It further tends to make the tree  
more regular in bearing habit.

NOTES AND NEWS  
And here's a tip for car drivers!  
Better listen in on these quizzes  
heard from CKOC — 1120 on your  
dial — six times a day, for if you  
can get the right answer for any  
one of them it means a tank full  
of gas.  
You may have noticed a bit of  
discussion of late of a plan (advan-  
ced by interests with axes to grind)  
to have all Canadian radio news  
centralized and under the thumb of  
one or more individuals (something  
along the line of Germany, Italy  
and France). Fortunately the plan  
has been blitzkrieged. News as it  
is (and it has some faults) will con-  
tinue.

POP — Amazing Value  
I KNOW WHERE YOU CAN  
GET A CHICKEN DINNER  
FOR TWO  
BUTS!  
ID LIKE TO SEE IT!  
By J. MILLAR WATSON  
The value of a new chicken dinner  
was recorded by the Dominion Ex-  
hibition, when the total was \$5.  
In comparison with \$3.  
1938.

## Saving Ontario's Natural Resources

By No. 4

BASIS OF AQUATIC LIFE  
Swarming in every body of water  
are millions of microscopic plants  
and animals known collectively as  
"plankton." Sometimes when you are  
near a lake or stream, dip up a  
glass of water and hold it against  
the light, or better still, look at it  
through a magnifying glass. Minute  
specks will be seen travelling in  
every direction. These are the  
basis of all aquatic life; the  
every creature that swims in the  
water is dependent upon them for  
food. They tear down the bodies  
and wastes of the higher creatures  
into simpler compounds.

Plankton is made up of three dif-  
ferent types of living creatures.  
First, the plants, furnished with a  
green substance, chlorophyll, that  
has the unique power of turning  
water and carbon dioxide into food  
and sugar with the aid of sunlight;  
second, the saprophytes, the fungi and  
bacteria, that break down the dead  
bodies of all plants and animals into  
simpler chemicals that can be assim-  
ilated again by other plants; third,  
the animals, minute creatures like  
minnows eat insects and their lar-  
vae, waterfleas, and some other  
plankton animals, or if plant eaters,  
they may feed directly on the plant  
plankton. The insect larvae and the  
microscopic green plants or they  
may feed on the animal plankton.  
The food chain is green plants, wa-  
terfleas, minnows and black bass.  
Here, I have simplified it greatly,  
but in nature it is much more com-  
plex, (waterfleas directly to young

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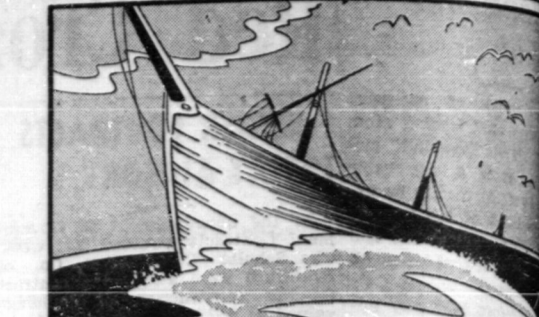
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bas) complicate the food chain.  
Discard of this food chain  
brings out another interesting fact.  
Over a period of time it takes a  
great many of the microscopic  
plants to feed one of the small wa-  
terfleas. Similarly, many waterfleas  
are needed to nourish one minnow

## THIS CURIOUS WORLD



THE SCHOONER  
"FANNIE E. WOLSTON"  
ABANDONED IN 1874  
STILL WAS Afloat IN 1938  
AND HAD DRIFTED  
OVER 7000 MILES  
OF THE ATLANTIC OCEAN

EVERY TON OF COAL  
WHICH IS BURNED, DISSEMINATES  
INTO THE AIR THE EQUIVALENT  
OF ABOUT 66 POUNDS  
OF SULPHURIC ACID

RED SQUIRRELS SWIM ACROSS  
THE WIDEST POINT OF LAKE CHAMPLAIN

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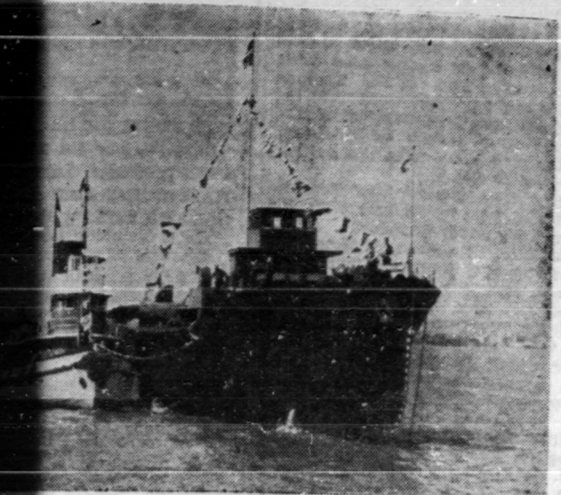
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## Another Canadian Patrol Boat Launched



The new patrol boat built by the  
British Admiralty in Canada at an  
estimated cost of \$100,000, was  
launched by Lady Frost, wife of the  
governor of Quebec. In addition to this ship, Lady Frost  
launched three others which had been launched previously

## HEALTH TOPICS

NUTRITIONAL NEEDS  
A summary of nutritional re-  
quirements at different ages, re-  
quired by officials of the health  
League of Canada, reveals some  
interesting facts.

During the first twelve months  
of life, says the statement, the  
child is estimated to eat from one-and-a-  
half to two ounces of milk per  
day, and during this time the  
requirements of the child may  
be calculated at from one-and-a-  
half to two ounces of milk per  
day and body weight.

From one to three years, the  
requirements increase to 1,250 a  
day for girls and 1,400 a day  
for boys. Thereafter, until the  
age of 18th year, there is a  
gradually increasing demand. At  
the age of 18th year, girls  
require 2,000 calories and boys  
2,500. From proteins, and one third  
of the calories should be from  
animal sources.

Understanding of the basic  
principles of a standard dietary is  
of importance at this time. The  
diet should be varied and full  
of vitamins on the subject is ob-  
tained from pamphlets and liter-  
ature. The following are some of  
the basic principles of a standard  
dietary.

Q. How can I take wrinkles out  
of a garment, when staying for  
several days in a hotel?  
A. Hang the garment over the  
rack in the bathroom, close the  
door, and turn on the hot water.  
Let it run until the bathroom is  
filled with steam. Leave the gar-  
ment hanging in the vapour for  
an hour, then open the room and  
let the article dry in the fresh  
air.

Q. How can I make a good  
roach powder?  
A. A very effective roach pow-  
der, it is claimed, is made of  
equal parts of plaster of Paris  
and powdered sugar.

Q. How can I treat perspiring  
hands?  
A. An excellent remedy is to  
rub the hands several times a day  
with a solution of 125 parts of  
rose water, 10 parts of borax,  
and 8 parts of glycerine.

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## Dresses Largest Wardrobe Item

Women Spend Big Part of  
Their Closets Money on  
Them, Statistics Reveal

The New York statisticians have  
figured out what the woman does  
with the money she spends on her  
clothes. Here's how her dollar goes:  
Dresses, 22 cents; coats and suits,  
20; shoes, 17; hose, 15; underwear,  
12; accessories, 8; hats, 6; sport  
toys, 2.

A MEN SPEND LESS  
An unofficial report of the Bu-  
reau of Labor Statistics compares the  
long-range averages for 42 cities.  
It shows men spend less on their  
clothes than women, both spend the  
most between the ages of 18 and 21.  
Parcel post is the age group 12-  
17.

HEADS N. B. UNIVERSITY  
Professor Norman A. Macken-  
zie, of the University of Toronto,  
has been named president of the  
University of New Brunswick. He  
is retiring.

MODERN ETIQUETTE  
BY ROBERTA LEE  
Q. Should a man remove his hat  
in the elevators of stores and of-  
fice buildings, when women are  
present?  
A. No; but he should do so in the  
elevators of hotels and apartment  
houses, which are residential in  
nature.

Q. When a man enters a restau-  
rant with a woman guest, should he  
help her remove her wrap?  
A. Yes; and place it over the back  
of her chair, unless a waiter is pre-  
sent to do so.

Q. Would it be all right for a new  
employee to ask other employees  
how much salary they get?  
A. Never. The matter of salary is  
confidential and this would be a  
very presumptuous question.

Q. What is the correct way to eat  
cherries when they are served at  
the table?  
A. Cherries, very small plums,  
and grapes are taken into the mouth  
whole, and the pits and stones are  
carried from the lips to the floor  
between the thumb and first finger,  
when giving a floor number to an  
elevator operator.

Q. Yes. "Please" and "thank you"  
are never out of place.  
Q. Whom should a hostess ask to  
"fill in" at a dinner?  
A. A close, intimate friend.

SAYS COLUMBUS  
ACE NAVIGATOR  
Harvard Professor Tells of  
Retracing Christopher's Ocean  
Route

After retracing the routes fol-  
lowed by Christopher Columbus  
and staying his sea journals,  
Harvard's Professor Samuel Mor-  
ison announced last month his be-  
lief that the discoverer was a  
"master navigator and a shrewd  
and accurate observer with a  
keen sense of beauty."

FOUND HIS FIRST HARBOR  
Back from a month of sailing  
the Caribbean in a ketch, Morison  
said he had definitely found Col-  
umbus' first New World harbor,  
on the island of San Salvador, as  
well as his second landing place,  
in Northern Cuba.

The purpose of the Harvard  
expedition, which last year car-  
ried Professor Morison some 10,000  
miles to 10 countries, was to  
make a definite estimate of Col-  
umbus as a seaman and a discov-  
erer and to identify definitely  
the places he visited. The sea  
exploration of the expedition  
now is ended.

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## SCOUTING . . .

The Dominion Day celebration  
of Keswauit, Ont., was hand-  
led throughout by the local Boy  
Scouts. They were given the job  
by the Town Council.

Before their country was over-  
run, many thousands of French  
Boy Scouts and Girl Guides did  
splendid, tireless work for refu-  
gees fleeing from Belgium, then  
other thousands machine-gunned  
out of Northern France by the  
Nazis. Sadly, their own fate now  
is obscure, under the German  
yoke.

A Canada-wide essay competi-  
tion on "The Value of First Aid  
Education," was won by a Boy  
Scout, Charles Nicholson of Grav-  
enhurst, Ont. The contest was  
sponsored by the Canadian Phar-  
maceutical Association.

Among Canadians of the air  
force decorated for gallantry was  
a former Boy Scout of Three Riv-  
ers, Que., Aircraftman, First  
Class, Ernest E. Frost. Frost re-  
ceived the Medal of the Military  
Division of the Order of the British  
Empire, in recognition of  
"great courage in effecting the  
rescue of an unconscious pilot  
from a burning aircraft. Frost  
entered the rear cockpit of a  
crashed plane which was filled  
with smoke and flames, seeking  
the pilot. Although nearly ex-  
hausted, he ran to the front cock-  
pit and made a companion ex-  
plode the tank. The tank did not  
explode and the pilot was saved.

Professor Norman A. Macken-  
zie, of the University of Toronto,  
has been named president of the  
University of New Brunswick. He  
is retiring.

Q. How can I take wrinkles out  
of a garment, when staying for  
several days in a hotel?  
A. Hang the garment over the  
rack in the bathroom, close the  
door, and turn on the hot water.  
Let it run until the bathroom is  
filled with steam. Leave the gar-  
ment hanging in the vapour for  
an hour, then open the room and  
let the article dry in the fresh  
air.

Q. How can I make a good  
roach powder?  
A. A very effective roach pow-  
der, it is claimed, is made of  
equal parts of plaster of Paris  
and powdered sugar.

Q. How can I treat perspiring  
hands?  
A. An excellent remedy is to  
rub the hands several times a day  
with a solution of 125 parts of  
rose water, 10 parts of borax,  
and 8 parts of glycerine.

Q. How can I treat colored fab-  
ric on which acid, such as lemon  
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