

To chronicle the exploits of Canada's soldiers in England and later in the front lines, these four Canadian newspapermen have crossed the Atlantic and are now in Britain. Their dispatches will give Canadian newspaper readers first-hand accounts of the activities of the Dominion's soldiers, from the viewpoint of Canadians. LEFT to RIGHT they are: Gregory Clark (Toronto Star); A. E. H. Coo (Winnipeg Free Press): A. W. O'Brien (Montreal Star), and S. S. Robertson (the Canadian Press).



The shipwrecked party had spent many long months on the desert island. Then at last a large liner anchored in the bay and a smart boat put off for the shore. As the boat drew near, the officer in charge threw a bundle of

"The captain sent this bundle of fou've read them he wants to know whether you want to be rescued.

"What are those brown spots en your lapel - gravy?" "No, that's rust. They said this suit would wear like iron."

The pilot of one of the British 'leaflet" planes reported back at headquarters two hours before he was due. His astonished C.O. asked an explanation.

"Well, sir," the young officer replied, "I flew over enemy territory instructed and tipped out the parcels over the side." 'Do you mean you threw then the C. O. in an anxious voice.

"Yes, sir." reat Scot, man, you might have hurt somebody.'

"Do you put your summer clothes away in camphor balls o keep the moths away?" "No; I usually put them up

with three gold balls to keep the wolf away.' Smith stopped his car at a cross-

roads and yelled to a farmer on a waggon, "Hey, Coorge, is this the way to Omemee?" The farmer raised himself in as-"Say, how did you know my

mame is George?" he asked.
"I guessed it," said the motorist.
"Then," said the farmer as he cove on, "guess you way to Ome-

Eskimo - "What would you say, darling, if I told you I pushed my dog team for a thousand miles through ice and enow, just to tell you I love Eskimoette: "I'd say that's a lot of mush."

Gets Distinguished Flying



Serving in the Air Force

White Houses Are Unpopular In Great Britain Just Now

Too Easily Seen in War-

Great Britain's wartime architecture is shunning white houses. They are more easily seen from the air, especially in the country than red-brick or dark walled buildings.

colored and fitted with anti-gas, air conditioning and raid shelters. Roof will be of concrete and steel to resist falling shrapnel. These plans are outlined by M. Robert-son, of the Royal Institute of British Architects of London

Wooden Shutters Back Again "Old-fashioned wooden shutters will come back again," he said. "They are useful both for blackouts and keeping out broken glass. Leaded diamond window panes will

They do not allow so much light hrough and a bursting bomb would only cause them to billow, not shatter. Gas or electric heater or central heating will displace

Canadian National Railways Revenues

The gross revenues of the all. nclusive Canadian National Railways System for the 10-day perled ending December 31, 1939,

...\$5,480 606 were: .. as compared with 4,455,374

period of 1938, an increase of

********** Modern Etiquette BY ROBERTA LEE ******************

1.-When a house guest wishes o give his hostess a little gift, hen should he present it? 2.—In what position should the butter knife be placed on the bread-and-butter plate? 3.—Is it necessary that all men

in a wedding party wear the same kind of clothes? 4 .- Is one ever justified in becoming irritable when talking over the telephone?.

5.-What does demi-tasse mean, and how is it pronounced? 6.-What would be the best phrase for a man to use when introducing his wife to a much older woman?

Answers 1. He may bring it along and present it soon after his arrival, at some opportunity while he is a guest, or send it to her soon after his departure. 2. The butter knife should be placed at the top of the bread-and-butter plate, slightly above the center, and parallel with the edge of the table, with the handle at the right and the spreading edge of the knife to-wards the guest. 3. Yes. 4. No. A person should control his temper at all times; and it has been said that a person's character can be judged by the manner in which he uses a telephone. 5. A small cup for, or of, black coffee. Pronounce dem-i-tas, e as in men, i as in it, a as in at, principal accent on first syllable, secondary accent on last syllable. 6. "Mrs.

Carter, I would like you to know

my wife.'

What Science Doing

PEOPLE ARE LIKE RAPIOS thing on earth is a radio broadcas ly sending out and receiving longwave wireless messages Scientists of Columbia Univeralty declare that all atoms, whether piece of steel, constantly emit ra-

lio waves which can be detected and measured. Even death of an animal organism does not mean the stopping of activity, they say, since the atoms which form part of the living cell ontinue to emit radiation after

BODY DOESN'T "BURN" FUEL the body with a fuel-burning engine is being thrown out by modern medical science. . . The chemical substances in the body - proteins, fats and carbohydrates - are constantly chang-

ing like a seething brew in a "witches' cauldron," it is said, whether food is eaten or not. Recent experiments have proved that food taken into the body merely enters into the great number of

Canada Will Skip All Cannon Salutes

An order has been sent to all

saluting points in Canada cancel-

ling, for the duration of the war,

Scaling down of such ceremon

Entertaining

"Call"

There's A Definite Technique

About the Formal Afternoon

The formal "afternoon call" upon

neighbors has more or less died

out; but any young bride is sure

o come in for a certain amount of

this kind of entertainment. So a

few hints on the way to cope with

the situation may be useful to the

Any time after three o'clock is

Have Tea Ready

a quarter of an hour, so anyone

arriving before 3:30 p.m. will be

p.m., or your conversation prove so

entertaining that your earlier cal-ler is still there when 4 p.m. ap-

proaches, you will have to say: "Do let me get you some tea."

Who Makes First Move

Formal callers will leave cards

at the end of a visit, either on the

table beside them or on the table in the hall. Then, when you return

such visits, in about a week's time, leave cards similarly, and choose

your time and length of stay to cor-

terchanges actually no further meetings need take place; but in

any case, it is not for you to make

Farmers of Turkey produced

big crops this year, but war sent

prices down and they may not re-

TCH STOPPED in a diffy or Money Back

stainless. Soothes irritation and quickly stope intense itching. 35c trial bottle proves it, or money back. As your druggest today for D. D. PRESCRIPTION

Feathers Bought

ceive even a normal return.

espond with theirs. After these in-

Callers should stay only about

Q .- How can I clean stained A .- An ounce of essence of all cannon salutes. lemon and a half ounce of oil of turpentine is an old-fashioned medy, which is often very ef-

How Can 1?

BY ANNE ASHLEY

Q-How can I prevent a double veloping the suggestion of a double chin, it is a good idea to wear a chin strap during the day while alone. Even one hour a day in the chin strap will often work wonders in reducing a double chin.

Q-How can I remove old stains from marble? A-Make a paste of soft soap and powdered unslaked lime; lay it on with a brush and leave a week or more. Then scour with unslaked lime, soft soap, hot water, and a brush. Repeat if necessary. Restore the polish by rubbing with a piece of felt. Q-How can I cause evaporat-

ed milk to stay fresh longer? , A-Take the milk out of its can and keep it in a glass jar. Q-How can I make it easier to

clean the insides of kitchen draw-A-Paint the insides of the drawers with a hard white enamel and see how easily they can be cleaned. A piece of oilcloth cut to fit the bottom of the drawer is

also a convenience. J-How can I set colors in maerial that has started to run? A-Ordinary table salt is excellent for this purpose

They Will Not Restore The Polish Capital

Warsaw Is To Remain in Ruins Unless Poles Find More Money to Rebuild It—Nazis Choose Krakow As New

Warsaw, now a city in shambes, is likely to remain so unless the Poles find money to rebuild it. The Germans say they do not intend to reconstruct the metro-

Three-fourths of its buildings were destroyed last September when an estimated 100,000 of the 1,225,000 inhabitants were killed by bombers.

The Germans have chosen Krakow as their capital for the new Walls of some of Warsaw's

wrecked buildings are being pulled down because they are potential dangers to human life. Even the buildings still fit to be occupied add to the deserted appearance of the city because almost invariably their windows have been poarded up or patched with the broken glass taken from other win-dow frames. No window glass was left intact in the entire city.

Spare your child much of the misery of sniffing, sneering and smothery noestrils due to colds. Insert a little Mentholatum in noestrils, rub on child's chest, neck and back. Sooth-ing, healing, Mentholatum quickly relieves the worst head cold.

Canadian Feather & Mattr 41-47 SPRUCE ST., TORONTO RELIEVE THE MISERY OF BABY'S **HEAD COLD**

MENTHOLATUM

Avoid Obvious, Artificial Look Most Flattering

Make-up can be used to great adintage, and an artificial effect av ided, if great care is given to the of their application.

of using powder that is far too The result is that deplorable facin-the-flour-bag appearance. White or yellow tinted shades should be avoided and the more natural deep and warm tones chosen ins The powder should be applied ver patted on to the face instead of removed with a fresh puff or

Use To Best Advantage Rouge must be used with a light

Bond Salesman Representative wanted for this town and district to sell locally Dominion of Canada War Loan Bonds. No previous experience necessary, but must be of good character. Satisfactory remuneration. Apply in writing.

P. J. CAMPBELL COMPANY 19 Richmond St., West, Toronto and blended downwards — a meta-od which will create an filusion of length. A thin face can be made to look fuller and wider if the color

is kept well away from the centre of the face and worked outward. Lipstick should be applied to the upper lip. Both lips are then presthe corners with the finger the

Surgeons who operate on trees, no less than surgeons who oper. ate on human beings, should use mends Dr. J. M. Walter of the U



.. CLASSIFIED ADVERTISEMENTS ..

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S — WORKING GARMENTS. Dress and Work Shoes, Sports Service Boots, also Men's king Garments. Free selling pment, bonuses. Step-Easy s, Reg'd., 3467 Notre Dame t, Montreal. BABY CHICKS

ial is standard practice in war-QUALITY AND PRICES THAT ARE hard to beat. White and brown Leghorns, White and Black Minoreas, Anconas, \$2.45; Barret Rocks, New Hampshire Reds Rhode Island Reds, Hybrids \$3.96 White Rocks, White Wyandottes Jersey Black Giants, Light Susses and Black Austrolorps, \$10.46 Free calendar catalogue. Tweedlet This means the 19-gun vicethe opening of the House of Comarives and again when he leaves, Free calendar catalogue. Tweddi Chick Hatcheries, Limited, Fergy Similarly salutes usually fired the opening of the various pro-

vincial legislatures will be done BARY CHICK CONTEST BRAY CATALOGUE READY. IN quire about Bray Contest: yo may win a flock of Bray Chick Free. Costs nothing to enter Bray Hatchery, 139 John St. N. Hamilton, Ontario. away with for the duration of the

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ISSUE NO. 3-'40

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Every article completely reconditioned, and guaranteed thorougaly
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with seats and backs upholstered in blue mohair.

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struction.

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LYONS FURNITURE CO.

69.00 Large Bed

whitely in the warm sun. USED CAR AND TRUCK PARTS Iris always came home an hour before he did. The dean's office closed at 4, and he rarely man-PARTS FOR EVERY MODEL AND make. All taken down ready to ship. Every part guaranteed or money refunded. No order too big. No order too small. Osler Auto-Parts, 95 Osler Avenue, Toronto. aged to close up the shop before 5.30. But as usual, there was no array of pans and kettles on the FURNITURE FOR SALE little gas range, and no collection of utensils and food in stages of LYONS

preparation, on the porcelain-topped table. Dining, Dancing Out In the bathroom, a high sweet contralto sang happily. Obviously his little wife was having herself a tub and shower. And on the bed was spread a billowing concection and a big floppy milan hat of green straw. On the rug stood two diminutive size AAAA white kid sandals.

They were dining out. They

were dining and dancing out.

Again.

Bart sat down heavily in the chintz and Chinese grass rush chair by the open window. June was so beautiful here in Linwood.
The elms, lacy fronds against a
pale blue sky, and the sun hot
and mellow over everything. The drowsy hum of insects, and the shrill, happy clamor of children playing marbles, playing hop-scotch, playing hide-and-seek. It was curious that in all this beauty,

he could feel so hollow, so empt; and scared. So panicky. Then Iris came out, trailing her pale blue chenille robe about her, her ivory shoulders bare and glowing, rising above the robe caught together carelessly, her slender legs and thighs peeking in and out as she hurried to find fresh lingerie, stockings, powder

and make-up.
"Hurry, Bart darling," was he slightly absent greeting, when she noticed him sitting there by the window, "we'll be late if you don't. You'll have to get a bath and dress. Or had you forgotten we're dining with the Kents?"

Forgotten Invitation
He had forgotten. Completely.
So engrossed had he been in the

Control THE SPASMS OF BUCKLEY'S

set. And a pot-roast simmered in the oven in an iron kettle, and

"Hi, wife of my bosom," he greeted her fervently. She flung him a worried, absent glance and wiped her damp forehead on the

wanly.
. That was the beginning. When the meal was on the table, Iris wasn't hungry. She was too tired to eat. Too hot. There was too

"Besides, you want to economize, Bart, and you'll save whatever I might eat."

He grinned, not taking it seri-

ously. It was too silly, really, to take in any other light than as a joke. Only she didn't eat. And he did not guess she had had a sandwich and a glass of milk and small cupcake before starting her culinary preparations.

After dinner, when all efforts to

coax her into eating some of the really good dinner failed, Bart tried to make her lie down and rest a bit. "It's this heat, honey; you over did. You shouldn't try to do every-

deft strokes before her vanity "Flowers? Ellen? What for?" you can save a little, Bart!" Iri he demanded sharply. Iris faced him slowly, her hand with the muttered petulantly. powder-puff arrested halfway to her chin. Putting On A New Act

Bart's, slow, quiet wrath sim-mered slowly at that, but he said nothing. And Iris attacked the perplexedly, "you always bring your hostess flowers when you dine out!" dishes with more temper than cau-tion, smashing a fragile blue pie plate as it slid to the floor crash Bart stood up, taking his coat

off carefully. It was too warm for his winter suit these days, but he ing against the gas stove.

Bart picked up the pieces silently. And when the dishes were done, and Iris took the vacuum couldn't afford a summer suit; for that matter he couldn't afford to have his old summer suit fixed cleaner and dust clothes and be-

"That's only for a thank-you when you dine at home, Iris: not dining out at a shore place." He did not add, "I'll probably get the check, because John Kent is always wool-gathering when the check comes around, even if his wife does do the inviting." It would make no difference either way to Iris. She was a stickler for doing the smart thing, the correct

up so he could wear it.

Blended For Quality

BRIDE ON A BUDGET

Copyright. 1939, NEA Service, Inc.

BY JANET DORAN

mdoe of living to a scale he could encompass, the memory of Ellen and John Kent's invitation to dine with them at the new Bay-shore

Plaza, and then go to the new play the Guild was putting on, had

"Did you remember to bring flowers for Ellen, dear?" Iris ask-

ed, smoothing on rouge with swift

completely slipped his mind.

SERIAL STORY

IRIS IVES-a radiant bride who

hought love came first and money

ould take care of itself.

BART WHITTAKER—a right

eous bridegroom who looked at the bankbook first and his wife

. . .

Yesterday: Iris can't cook, Bart

finds out. So they dine out reg-ularly while Bart's money dwin-

dles. They spend right and left for other things. But Bart feels

CHAPTER IV

month later. After spending rati

er a bad hour with his accounts

and figures. After discovering that

two could not only live as cheap-

ly as one, but instead, could not, apparently, live for three times what it cost one! After the cold

figures told him that he had spent

at the rate of \$25 or better i

week for food alone, for the two

"Food, including milk, fruit,

meat, vegetables, \$9," the little

budget book said. And offered lists of groceries, as well as menus

for each meal, allowing for guests

Bart brought that little black

book home as if he'd found Alad-

din's magic lamp. After reading

those delicious sounding menus, he

felt actually hungry to begin eat-

ing on one right away!

In the little apartment, spic and

span, order reigned. The dishes were washed, the dish towels drift-

ing on the June breeze, and in the open kitchen casement win-

and entertainment!

It was Bart himself who brought

sure Iris will settle down soon.

afterward.

gesture always. Only it ran into steep costs at times.
"We can't accept their invitations and not even bring Ellen a small bouquet, Bart! With summer flowers in, and so inexpensive, too."

"Ellen will manage," he said drily, "if John comes up to scratch, she'll have a corsage way ahead of anything I could afford to bring her." He laid out his shaving kit and

turned the hot water on in the tub. Rubbing the shaving lather over his face, he watched Iris in the mirror over the wash-bowl, that reflected squarely the entire wall of the bedroom beyond, where she sat at the vanity mirror "We're eating at home tomor row, honey," Bart said casually, cutting a neat lane through the

drift of lather and faint stubble, "I've got a surprise for you."
"Oh Bart, not company!" Iris know how much I have to do at

the office, and all this besides."
Bart grinned silently at the "all this." He did more than half the housework around the little apartment, and thus far, they'd eaten ment, and thus far, they deaten most of their meals out. Still Iris took her home-making seriously. "No, not company, honey. Just a book. It tells all about budgets and menus and buying and plan-ning meals. So we can begin to

save a little." "It costs almost as much to live at home, Bart, as it does to dine out," Iris argued, "with prices the way they are." "You don't see any restaurant men going broke do you, Iris? No, and you won't. And this book tells how we can eat like kings on a third of what it's costing us now. Better food, home cooked, and at

a third the cost." Iris said nothing. But the tiny line between her wide violet eyes was warning that she was thinking intently. Life of hte Party All that evening, Iris was the

life of the party. She flirted with staid John Kent when she danced with him, and teased Bart constantly. She kept them all in gales of merriment. She had such a grand time herself it was a shock to discover it was time to go on to the play. And then all at once it was 11, and they were home again, and yawning sleepily to bed.

Next day, Bart managed to shot up shop directly after 5. He pulled the curtains as soon as the whis-tles blew, and didn't answer everything fast for the night. But Iris was home ahead of him. Iris, clad in a faded pink check ging ham gown with a ragged tear in one puffed sleeve and a tea towel pinned bewitchingly about her blond curls. Iris, bending over the stove, hurrying to and fro, study ing a cookbook. Cooking dinner.

The bedroom was in order, the living room neat, and the table vegetables steamed in the rich brown juices. On the window-ledge an apple pie cooled, and she was deep in a bran muffin recipe

Saving A Bit of Money ragged sleeve.
"Hello, Bart," Iris answered

Roosevelt as the successor of the United States to Canada. His appointment will have to be ratified by the U.S. senate.

ing room, his wrath began to pass the temper stage.

"Look, Iris, this room looks all

right. You're tired, why don't you quit and rest, now?" "This place is a pig pen," she thing at once, weather like this."
"As if that mattered, so long as stated shortly, "and work has to be done. Your precious budget book said nothing about that, Bart

Whittaker. It was concerned only with pennies, not persons!"

Bart went into the bedroom, taking the evening paper, and lay down on the bed and read it. But the sound of her energetic cleaning, the whisk of the brush on the cushions, the roar of the electric cleaner, distracted him. Until 10.30, Iris worked at her cleaning

She washed the windows, she cleaned the paint, she wiped the floor around the rug, and she pol-ished the furniture. Then, spent, weary, she crept into bed to sleep instantly, while her puzzled young husband lay

wide awake, trying to figure out

this newest angle. This martyred

strike against economy and budg-eting. This act that he did not

recognize as an act, nor guess was a role played with the gusto and

(To Be Continued)

Adapt Wardrobe

To Way Of Life

Clothes Are Smart When Suitable for the Occasion — the Fundamentals of Good

"Prepare to see yourself as a new woman this winter but don't

get so excited about bustles, basques, etera, that you forget the fundamentals of good dr ing —

fundamentals of good dr ing —

and suitability to your way of life."

opinions of seven outstanding fash-

ion authorities.

T) 3 advice worth taking ser-

iously too — particularly the part about suitability to your way of life. A wardrobe composed entirely of bustle dresses would be as un-

shirtwaisters would be for a wom-

Quality, Line, Fit, Suitability

To ascertain what you really need most, think a bit about the

kind of life you lead. Is it one con-tinuous calendar of luncheons, at-

ternoon parties and evening bridge? Then you need more dressy

day frocks than tailored street mo-

Do you work in an office? Then

suits and a couple of basic dresses

are the answer. One, or at the most two, dressy frocks for cock-

tail parties after work, dinner wear

and Sunday suppers should suffice. Put the bulk of your clothes allow-

ance into the kinds of clothes you have to wear most of the time.

If you live in the country, tweeds and other country-ish clothes

should be your main concern. Pro-bably one citified outfit for shop-

ping lunch in town will do. Per

Homes Designated

Although few famous women

Christina Rosetti's is in Torring-

ton Square; Mrs. Browning has

one in Gloucester Place as well as

the one in Wimpole Street; Fanny Burney's is in Bolton Street, Pic-cadilly; Jenny Lind, Mary Somer-

ville, Lady Diana Beauclerk, George Eliot, Teresa Tietjens,

Joanna Baillie and Elizabet

Charles are also commemorated.

Outsize Hoosegow

Ward Road, Shanghai, with ac-

dels, of course.

haps not.

satisfactory fo: a business woman is also being used by this milliner

as one including only simple wool tiny, smart and picturesque is a

ADORABLE KIDDIE OUTFIT



PATTERN 4320 By ANNE ADAMS · Even tiny tots may be smart "tailor-maids"! For is anything more beguiling than a small, sturdy figure in a trim little suit like Anne Adams' Pattern 4320? The short, eight-gore skirt flares jauntily above dimpled knees and would be dashing in a brave plaid. The jacket has a cunning hankie pocket and a four-sectioned matching cap. Why not make a smart wool suit; then use the same pat-tedn for a two-piece cotton dress? Pattern 4320 is available in chil-

Famous Women's 5, blouse, takes % yard 35 inch fabrie; skirt, ¾ yard 54 inch fabrie; jacket and cap, ¾ yard 54 Send TWENTY CENTS (20c) have statues erected to their memory in Lonlon, they have fared better in cmmemorative tablets affixed to houses they lived in. in coins (stamps cannot be accepted) for this Anne Adams pat-

tern. Write plainly SIZE, NAME, ADDRESS and STYLE NUMBER. Send your order to Anne Ad ams, Room 425, 73 West Adelaide St., Toronto.

dren's sizes 3, 4, 5, 6 and 8. Size

WEARY DESPONDENT GRIS Crying spells, irritable nerves due to functional "monthly" pain should find Lydia E. Pinkham's VEGETABLE

ISSUE NO. 3-'40

New Minister to Canada Advises Against **Strenuous Sports**

> Violent Exertion Not For Girls
> — Strenuous Athletics Often Have III-Effects in Later Life

icipation by girls in the mo strenuous sports was voiced of Dr. G. Shepherd, in his address t graduates of the Walkerville, (Ont.) Collegiate Institute, at the

is himself a graduate of Walker beg of them to refrain from violen cursions in the realm of physical exercise, except under the strictest

here as being violently opposed to strenuous sports in leagues beyond tragic course of what I believe was one of our most famous girls' teams speaks eloquently for its

Athletic Heart May Result "It is a terrible and a shocking thing to have grown up with a of them and cheered them on, and then to have experienced the tragic end of nearly some third of that group, to realize now that those cheers were hollow mockery and the urgings with which we forced them on but sped them more quick-

ly to an untimely end. heart is one that already has been damaged before being subjects to severe physical strains and train

Crowns High In **New Spring Hats** Flowers and Fabrics Used As

Well As Straw

PARIS-The tendency toward slightly higher crowns for spring, noticed in one or two other collections, is apparent in several hats at Molyneux. By higher crowns are meant those of three or four inches, in contrast to the flat little pillboxes and canotiers, or the fur toques raised at front only, which have been so successful all winter. The height of the new hats is not so great that it is worth special comment except that usually Paris milliners promote height for fall and not for spring. One such hat is almost small enough to be called a toque in three round layers, the largest being the lowest. One of the pret-tiest is a fairly wide brimmed shape with a little sweep to it, up

at one side and down at the other, and a small crown nearly inches high. It is done in baku in a soft Nattier blue, which makes a lovely contrast with three sprays of rosy pink wall flowers against one side of the crown. Flowers or Fruit There are pretty flower trimmings at Suzy also, among the smartest being small bunches of violets, one a little larger than the other, at opposite sides of the brim of a small canotier of blacfl feit, each side rolled a little. Fruit

straw covered by velvet crab apover the golden base. **How Many Calories**

small shape in honey color felt or

Do People Require? The calorific value of food is the proportion of heating units the food contains. The harder you work, the more calories you need. These are the calories per day needed to maintain health by dif-ferent classes of workers:—

Calories per day Blacksmith University rowerLabourer3.611 Soldier in war Soldier in peace .. Doctor

A CHAT ON MARMALADES find they are beginning to become demands of the holiday season. to replenish. I am giving a few of

For any of these, shop for the very best fruit. This has always been a favorite season of mine for making these concoctions as the ing offered.

For the orange, lemon and grapefruit marmalade be sure the fruit is fresh and the skins of the fruit. smooth and unblemished. This is one of the secrets of a clear ambecolored mixture. Do not use frui you have had for some time, with

skins wrinkled and blemished Orange, Lemon and Grapefruit

3 grapefruit

1 cup of white corn syrup Sugar an equal measure of fruit minus the corn syrup. Wash the fruit thord

the squeezer for extracting juice move all the white membrane. Slice the peel very thin and cut in strips about 11/2 inches long. Place juice and peel in an earthenware dish and leave over night, adding three times as much water as juice and pulp of fruit. In the morning boil for 1½ hours. Remove from the heat; stand over night. The second morning boil for 45 minutes.
If you like the bitter taste of the seeds, save some of each fruit in as you are preparing the fruit and add to the juice. Have ready an fruit less one cup (for which use a cup of white corn syrup). Slowly stirring, add to the juice. It is boiling but watth carefully and drop from the spoon; and as is gives the Jelly test remove from after the addition of sugar, or the aixture will be too dark in color.

Prune, Orange and Lemon

1 lb. sugar Wash prunes carefully, also the lemon and orange. Extract the juice of orange and lemon and slice peels finely. Boil all the fruit gether after having soaked the ed thoroughly, remove from the heat, put through the colarder. Measure the pulp, using equal amutes, then remove from heat and

place in jelly glasses. Top with paraffin an dstore in a dry, cool Apricot Marmalade 1 lemon - 1 orange 6 cups water 1 can shredded pineapple

1 cup corn syrup Wash apricots thoroughly; add the water and allow to remain over night. In the morning, add the wineapple and boil until the apricots are tender. Add sugar and torn syrup and boil until the mixture thickens. Add the ginger and the juice of lemon and orange and simmer for ten minutes. Remove

READERS, WRITE INI



from heat, put in jelly glasses, paraffin the top and store in cool, dry Miss Chambers welcomes personal letters from interestreceive suggestions on topics ready to listen to your "pet poeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."