

NEWS PARADE...

"Shrewdness and cunning can be utilized to mislead the enemy. Just as the enemy may be led to make false moves because of cunning operations of one's defense forces, demonstrations or diversions, so he can be prevented from making correct decisions by false reports of a military, political or economic nature. Naturally, the misleading reports must not lack the semblance of probability, and they must be disseminated in the enemy country in an inconspicuous manner, and at the right moment" — from a treatise on psychological warfare by Major General Franka, modern German defense expert.

Germany's tactics in the present war appeared last week to be following the line laid down by Herr Franka in the above... Was Europe entering upon a new phase of "psychological warfare" there "seeming operations of German forces," misleading reports bearing every semblance of probability took the place of actual military operations? If such were the case, the rumors current in the West since the invasion of Holland Belgium and the Netherlands would be a part of this type of psychological warfare might at any moment turn into the "real thing," violence nowhere could be related. The Allied military machine had to be kept geared for action, the armies of the Low Countries remained mobilized... reserve armies had to be maintained, hospitals held ready, air-raid protection functioning 24 hours a day, all at enormous expense. And to the "war of nerves" continued.

NEW THEATRE OF WAR?
The war in the north between Russia and Finland threatened in the same week to draw Scandinavia into the conflict, too... especially Sweden across whose territory would have to go any armed aid Finland would receive from the Allies, Italy or the U.S. In the face of German threats to attack Sweden should also allow such passage of arms and munitions. The latter spoke out in favor of Finland... without, however, promising any military aid.

DEVELOP THE HINDOMIST?
In the Balkans, more diplomatic jockeying... Foreign correspondents in the know reported that Italy (backed, perhaps, by the Allies) had engaged Hungary to help stop Russian expansion into southeastern Europe. Hungary agreed to come in on the plan, so they said, if Rumania would be willing to give Transylvania back to her after the war... Rumania, they continued, would be willing to give up Transylvania to Hungary, if Hungary and Italy would agree to keep Rumania from taking Bessarabia (oh look at the map)... Yugoslavia, it was believed, was being asked to approve the passage of Italian troops over her territory if and when a Balkan war developed.

In Canada the first war loan went on sale, was soon oversubscribed... and pointed out that Canadian troops were in the front-line trenches...

Aids Canadian Composers
Music is a business in which Canada imports more than she exports. To stimulate home production in this important field, the Canadian Performing Right Society sponsors an annual contest in musical composition. H. T. Jamieson, president of the society, points out that during the last two years 15 young Canadian composers have submitted meritorious compositions. Ten of these, representing every province in the Dominion, have received scholarships or cash awards.

1940 Forecast As Year of Quakes
Vancouver Prophet Says Tremors To Be Worst in Century
Edgar C. Thrupp, of Vancouver, a member of the Engineering Institute of Canada, forecast at the beginning of the year that 1940 will bring the most destructive earthquakes of the 20th century, but said that Canada will

The Situation In The Far East Is Ripe With Possibilities



One wouldn't think that the "unofficial" war in China could have much to do with the very official war on the western front, but it has, as a glance at this map will show you. There have been whispers of a "deal" between Soviet Russia and Japan, which, should it go through, would permit the Soviet to divert vital supplies, now poured into China, in the direction of Germany. It would also permit the Soviet to give its full aid to the defence of her Indian empire, which could be reached through China, either by the Japanese or the Russians — provided that Marshal Chiang Kai-Shek could be won over by the Soviet-Japanese bloc. But Chiang has a pro-British leaning and much of his war material comes by way of the new "road from Mandalay," a part of China north of the Great Wall. This, of course, after the Soviet had aided Chiang in driving them out from below that historic barrier.

not be seriously affected. Pointing to the death-dealing earthquake in Turkey as an example of his successful predictions in the past, Thrupp said that July 20 to August 5 next year will be the "first period of risk of the worst disasters."

July - August Worst Period
This "period of risk" will compare with the disasters in Asia Minor on August 13 and September 6, 1932, when 20,000 people were killed, he said in an interview. He forecast that October 20 to November 10 will be the second period of greatest risk.

Canada Not Seriously Affected
The elderly Vancouver civil engineer, who retired from active practice in 1922, said that the "new law of gravitation" he has developed which forms the basis for his predictions, "does not provide any means of forecasting the location of earthquakes."

The 1940 tremors might occur in uninhabited areas and cause no loss of life, he said. Canada's subterranean structure is solid and subterranean structure is solid, he added, to warrant the

Jozo Weider Reaches for a High Note at Lac Beauport, Que.
In every language this is compiled by a staff of 40 expert linguists, called monitons. They are engaged ceaselessly 24 hours a day and seven days a week in picking up programs sent out from every transmitting station of importance. No word in a foreign broadcast escapes them. Messages are jotted down, translated and distributed to stenographers. The extracts are passed to a staff of motion picture makers for the knowledge of foreign affairs and political judgment, who sift them and make up summaries.

And Recorded By Dictaphone
Frequently an important foreign speech is taken verbatim. When the German foreign minister, Joachim von Ribbentrop, made his recent declaration at Danzig, his words were mechanically recorded. When the listener catches a passage of unusual importance in a newscast, he can switch on a dictaphone to record the item.

REG'LAR FELLERS — The Meek
I DON'T KNOW WHAT I'M DOING!
WELL, PUT IT OFF UNTIL YOU'RE MADE OF!
RIGHT! AND WHAT IS YOUR MADE OF?
WOOL!
SHEEP!
OH, NOW I CANCH ON MY FATHER!

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(Canadian Pacific Times)

By GENE BYRNES
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(Canadian Pacific Times)

VOICE of the PRESS

NOBODY'S THE WISER
Well, there's one thing about these Finn names that appear in the war despatches. A proof-reader may make a mistake in spelling and nobody is any the wiser.

—Guelph Mercury
SHOULD KEEP IT DARK
A movie news picture shows French girls kissing British Tommies in France. The censors may have to get busy on this if they hope to retain feminine support of the war effort at home.

—Port Arthur News-Chronicler
THE OLD SHELL GAME
Rumors persist that Hitler will stop running, becoming President of the Reich while Goering assumes the mantle of Chancellor, "in order to persuade the Allies to make peace." However, the Allies can probably spot a shell game when they see one.

—Windsor Star
SEARCH OUT EVERY CASE
When it is estimated that it has cost Canada from 120 to 150 million dollars to extend care to those victims of the Great War who contracted tuberculosis, it may be understood why an X-ray examination has become an essential part of the preparation of the present Expeditionary Force for active service. As a matter of record, tuberculosis during the Great War caused 23 per cent of all deaths from disease and the invaliding home of nearly 6,000 Canadian soldiers. Pension lists show that young men were the ones affected. The average age of soldiers pensioned because they had tuberculosis was two years less than the average age for the entire pension group.

—Brookville Recorder & Times
Secret Radio Listeners Inform Britain
BBC "Listening Post" Hears What Stations All Over the World Are Saying—Reports On It Daily

Own With Soy Beans, Ottawa Finds
Canadian growers of soy beans and peas finally are coming into their own, to the gratification of the agricultural experts at the Dominion Government experimental farm. The agriculturists considered particularly encouraging that Canadian-grown peas exhibited by Albert Gohn of Eno, Ont., in the

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Business Man of Note



CAST OF CHARACTERS
IRIS IVES—a radiant bride who thought love came first and money could take care of itself.

Now Suited To Climate
Gohn displayed a sample of his product, a small yellow pea developed at the Ottawa farm and suitable both for food and table purposes.

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A Delicious Blend "SALADA" GREEN TEA

SERIAL STORY
BRIDE ON A BUDGET
BY JANET DORAN
Copyright, 1939, NEA Service, Inc.

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"Why not, Iris? If it fits to suit your hands with what's wrong with doing dishes with two left-over silver?"

There was a similar argument over the canister set Bart brought home from the shop. In them, he insisted, they could keep left-over toast for puddings, for crumbs and stuffings. They could keep cracker crumbs in one, broken cookie bits in another.

"We have no puddings, Bart; you know I do not like made dishes. And stuffing is for turkey or chicken, and it's too monotonous for only two to try to eat a while chicken or turkey. Broilers are better."

"In the budget book it tells how to make small desserts out of left-over cake, cookies or bread. Iris, my mother used to, and they were alike."

Iris forbore comment on the culinary accomplishments of the senior Mrs. Whitaker. There was trouble enough without quarrelling over the ways of a woman dead over 15 years.

"Eighty-nine cents is a lot to spend on four tin cans of well-probably never use, Bart. Seems to me your budget is crazy."

At the end of the week there were two pieces of toast and two dried rolls in the biggest canister. And Bart proposed to make a chocolate bread pudding out of them.

"It takes only two pieces of bread, Iris."

"Ugh, chocolate bread pudding. Horrid old-fashioned stuff. Tastes like boiled Eskimo food. Besides, I bought raspberries, Bart."

"We'll have the berries for breakfast, Iris. And I like chocolate bread pudding."

They had the pudding, and Iris refused to eat her dish of raspberries for breakfast.

"I'll have mine at dinner, Bart. I bought them for that."

Bart, he watched her store them in the refrigerator. Unreasonably annoyed, he decided Iris was just contrary. She just wouldn't listen to reason or logic. It was funny in a way. Hearing all those jokes all these years about the little woman. Now, finding they weren't funny at all. They were all too bitterly true.

(To Be Continued)

Telephone Voice Said Revealing
It Betrays Your True Character

The Bell Telephone Company recently conducted a contest to find the operator with the nicest voice technique. Has it ever occurred to you to give any thought to your own telephone voice and what it conveys to the listener at the other end of the wire?

There is the voice which "Hello" says "Oh, D— the telephone for interrupting me!" It is annoyed, turned down at the corners, short and grumpy. You wish you hadn't called the person who owns it and you will not do it again unless you just have to.

There is the "sorry-for-yourself" voice and you know you caught the owner in a fit of selfish pity which may even be chronic. After you've talked a minute it begins to perk up as long as you do not ask it "How are you feeling?" when it goes back to its former whining, dragging tones.

Full of Human Sympathy
There is a doctor I have occasion to call now and then. His voice is always the same: "If you hadn't been in trouble you would not have called me and whatever it is keep your shirt on, it may not be as bad as you think" — always calm, patient, soothing and never exasperated. His owner is full of human sympathy and understanding and used to dealing with all types of people. It takes practice to get a voice like that.

There is the voice which sings out "hello" as though it hadn't a care in the world and hopes you are the same.

There is the "in a hurry" voice of the owner, who was just going out or in the midst of a dozen things. It is quick and decisive and tells you to state your business as quickly and concisely as possible because it hasn't time to gossip or squintle but will give polite attention to anything of importance.

TALKS

By SADIE B. CHAMBERS
DRESS UP YOUR VEGETABLES

Several conversations to which I have been a party recently have given me the thought, that at this time of year everyone is looking for a change in vegetables. All vegetables from the store room which were carefully brought in from the garden in the Autumn, have had their turn; the canned vegetables have been partly consumed, so a change is the order of the day. If you have developed this mood, give your vegetables a new attire and be ready for the applause of your family.

BAKED CAULIFLOWER WITH CHEESE SAUCE
1 head cauliflower
1 1/2 cups cream sauce mixed with 1/2 cup grated cheese
1 cup buttered bread crumbs
Salt and pepper to taste.

Wash cauliflower, separate into florets. Soak in salt water 1/2 hour. Drain. Cook in boiling water for 15 minutes. Place alternate layers of cauliflower and buttered crumbs in casserole; pour the cream sauce and cheese over the cauliflower. Sprinkle the remainder of buttered crumbs on the top, as well as a sprinkling of grated cheese. Heat for 20 minutes in a moderate oven.

SCALLOPED TOMATOES
Butter a baking dish in the bottom place a layer of buttered bread crumbs. Have ready the canned tomatoes, the number being served governing the quantity. Add a little lemon juice and sugar to tomatoes, then place in prepared casserole. Place on the top a layer of buttered bread crumbs and grate cheese. Bake in a slow oven for 15 minutes.

TURNIP FLUFF
Boil or steam the turnips in the usual way, then mash. Add to the amount, (which would be a serving for four): 2 tablespoons of melted butter, 1/4 cup brown sugar.

GAY YOUNG JACKET AND SKIRT

To Lure Back A Stray Mate
Here Are Ten Rules Cited By A Well-Known Psychologist — Solve Your "Triangle" Trouble

Following "Ten Commandments" for winning back a straying mate, as given by Dr. S. S. Kistoff, marital expert, in solving "external triangle" cases in Hollywood:

1. Pretend to know nothing of the situation or new love affair.

2. Do not attempt to confront the mate.

3. Take an inventory of your own emotional assets and liabilities.

4. Begin to do the things one has neglected to do and shun things which should have been left undone or unaided.

5. Try to remember that the greatest mischief maker is the human mind.

6. Begin a campaign of undermining a man's resistance by being unusually kind and attentive.

7. Give him merited praise, more than ever before. (Feed him mostly through his ears.)

8. Compute with your competitor in every way — in dress, praise, attention, interest and service.

9. Remember that a mate worth having is worth working for, fighting for and being patient with. Keep on visualizing the goal — that of winning him, and do everything in your power to accomplish it.

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ar, 1 egg (beating the yellow and white separately). First beat the butter and sugar, then egg yolk, beaten well, and lastly add the white, also well beaten. Place in a well buttered baking dish, adding buttered bread crumbs to the top. Cook in a moderate oven for 15 minutes.

LIMA BEANS AU GRATIN
4 cups cooked dried lima beans
1 1/2 cups white sauce (medium)
1 cup grated cheese
1 cup buttered crumbs
1 teaspoon salt (or more to taste)

Arrange beans, sauce and cheese in alternate layers in baking dish. Cover the top with crumbs and bake in moderate oven for 20 minutes.

WAX BEAN SALAD
2 cups canned waxed beans cut in strips
2 teaspoons finely chopped onion
1/4 cup white sauce
1/4 cup eighth teaspoon pepper
Dash of paprika.

Combine beans and onion, salt and pepper. Mix thoroughly, adding salad dressing to cover. Allow to stand in refrigerator or cold place for one hour. Drain. Serve on crisp lettuce leaves, sprinkled with paprika. If served with olive or tiny bits of celery filled with cheese, it gives a very appetizing finished touch and is a splendid protein concoction, high in calories, for those who consider these points carefully in preparing their diet.

A FEW HINTS IN COOKING VEGETABLES
Always use boiling water if boiling or steaming vegetables.

Add salt and pepper when the vegetable is almost cooked, never in the beginning.

Always cook the strong-flavored vegetables in a large amount of water and the mild ones in a small amount. Always save the water from the latter for soup or cream sauce.

When convenient, steam vegetables rather than boil. This retains all the food value.

READERS, WRITE IN!
Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet" requests for recipes or special menu ideas. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

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FAMOUS for energy!

EDWARDSBURG CROWN BRAND PURE CORN SYRUP

London in 1901... a teacher, athlete and... of spot to get Crown Brand daily for fast... and energy to help him win.

Boys! FREE
THE CANADA STARCH COMPANY LIMITED

Modern Cooking Kills Vitamins
Toronto Physicians Hear Expert Denounce Present-day Culinary Methods

Under present-day conditions not one person in two million absorbs enough vitamins into their system, according to Dr. H. E. Dublin of New York, who has for the last twenty-two years been a partner to Dr. Casimir