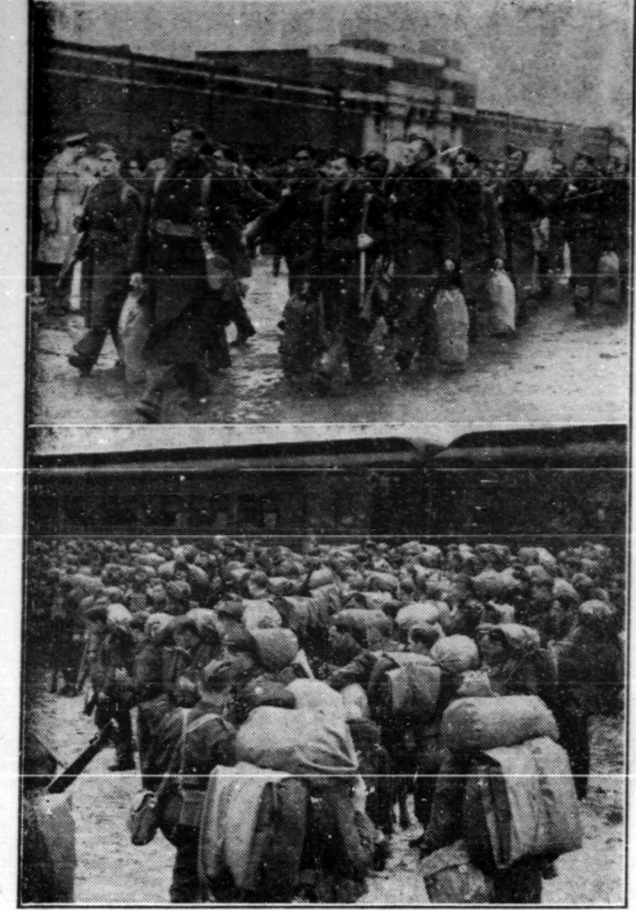


Young Men of C.A.S.F. Off For Intensive Training



Seven thousand determined young Canadians got their initiation into army life at Exhibition Park, Toronto, during the winter months. Comforts not usually associated with active service, even to batteries of hot shower baths, were available in well heated buildings. In the illustrations above they are seen entering for summer encampments and their smiling faces would seem to indicate that the prospect is a pleasing one. The big camp is now being prepared for this year's Exhibition. The buildings will be occupied by troops again next fall following the "Ex."

VOICE OF THE PRESS

DIALING FOR TROUBLE
You no longer need to borrow trouble. You can get it delivered on the radio daily. — (Brandon Sun)

SHORTER SPEECHES
There is merit in the principle behind the proposal made by Mr. Ralph Maybank, Liberal M.P. for Winnipeg South Centre, that the length of parliamentary speeches on matters affecting Canada should be limited. Discussion, of course, is valuable, but only up to the point that it contributes to a clearer understanding or the improvement of legislation. Beyond that it is a waste of time. — (Windsor Star)

RADIO REPORTER

TRY YOUR HAND
Among radio listeners there are many folk who would like to try their hand at writing a radio program — maybe a mystery tale, a drama or comedy sketch, or possibly they may have an entirely new idea for the air — so why not try it and you put your ideas on paper and send them to a radio editor?

Radio stations are always looking for new stories and new ideas and yours might be the one that clicks!

NOTES AND NEWS
One of the broadcast programs presented over the NBC-red network is Plantation Time — heard on Wednesday nights at 8:30. The Plantation Party includes Louise Massey and the Singing Westerners. Tom, Dick and Harry, a smart vocal trio, and other top-notch entertainers.

For facts with an unusual twist we suggest you tune in Stranger Than Fiction — presented over station CKOC each weeknight at six.

One of the better midweek programs on the CBC comes from the shores of the Atlantic, when Marjorie Payne directs a concert orchestra in music of the lighter vein. This treat is on Wednesday at 8:00 p.m.

Imagine a theatre seating thirty million people! That, by actual survey, is the estimated audience of the Radio Theatre conducted by Cecil B. DeMille, veteran showman each Monday evening at 9. That means only one thing — that the Radio Theatre presents top-notch shows.

When Steve Wilson, of Edward G. Robinson's Big Town program asked for a vote from radio listeners on whether Steve and Lorelei should continue their racket-busting tale of Big Town — or present different types of dramas — the folks on the receiving end voted overwhelmingly to continue the Big Town series. The program

THE WAR WEEK—Commentary on Current Events

ITALY'S ENTRY CARRIES WAR TO MEDITERRANEAN

One month to the day after Hitler's armies crossed the borders of the Low Countries, Mussolini declared war on Britain and France, ushering in one of the most critical hours in the history of the world.

Never before had the British and French Empires been in a position of such supreme danger. France, resting off encirclement of Paris, fighting for her very life, now found herself attacked on still another front, her supply lines to Africa threatened. Britain, not yet recovered from the disaster of Flanders, hourly expecting a Nazi invasion, was forced to action on far-flung fronts — in Africa, the Near East, the Mediterranean, Gibraltar, Suez.

Objectives

Italy went into the war demanding Tunisia, Djibouti, French and British Somaliland, Corsica, Malaga, Gibraltar, Suez, Savoy and two French departments of the Maritime Alps. To those possessions Italy "aspired," as well as to "independence from the British Empire." After attacking France's lines to Africa, prime Italian objective were seen to be Tunisia and Egypt. But one at a time, and perhaps Egypt first, since capture of Alexandria from the rear by mechanized columns (like Hitler's capture of the Channel ports) would achieve more and probably be easier than cutting into Tunisia and French Morocco.

Meanwhile the Germans, driving on Paris, were aiming for the capture of Paris and the Lower Seine River, no matter how terrific their losses, in the hope of forcing French capitulation and cutting France off from her ally, Great Britain. The Allies, on the other hand, were attempting to hold Germany until Empire and industry could be mobilized for a successful counter-offensive. Should Paris fall, the French were expected to make a stand in the valley of the great Loire River which cuts across France from the west coast. South of this line would be both agricultural and industrial areas to support the effort.

The time factor was in favor of the Allies; against the Germans, who knew they must win before their effort slowed down, before the United States could enter the war with all its vast resources.

Goodbye To Neutrality
UNITED STATES: One of the most listened-to speeches in the annals of political history was made during the week by President Roosevelt, preparing the American people for the participation in the European war which is so sure to come. "We will pursue an obvious and unambiguous course," he declared. "We will extend to the opponents of force the material resources of this nation and, at the same time, we will harness and speed up the use of those resources in order that we ourselves in the Americas may have equipment and training equal to the task of any emergency and every defense." The republic—the outbreak of war was no longer neutral; it was non-belligerent.

Following his address, President Roosevelt warmly endorsed an organized "Stop-Hitler-Now" movement, working to rush all possible material help to the Allies, while Congress continued its rapid-fire action on the national defense program, grown to \$5,021,619,622.

Another colossal problem was thrust before the United States by the possibility that the British Government, if Hitler won the war, might move to Canada and continue the fight against Germany from here. Washington was a bit upset by the idea. For the first time in its life, the supremacy of the United States in the Western hemisphere would be challenged; another great field would be stationed on this side

BORN TO MISERY

Of all the livestock that man raise the chicken is by far the most ill-used. In the brooder, artificially heated, the chicks cry, "What is home without a mother?" and afterwards, when they have come to years of discretion and would like to enjoy a run where they can scratch, they find themselves stacked up in hen-batteries, each one in a narrow cell of its own, and are compelled to lay eggs to save their lives. The modern hen is born to misery from the egg onwards. — (Fort William Times-Journal)

The manufacture of chemicals and allied products in Canada during 1938 totalled \$146,139,312. About \$61 millions were spent on materials and supplies, \$29 millions on salaries and wages, and \$5 millions for fuel and electricity.

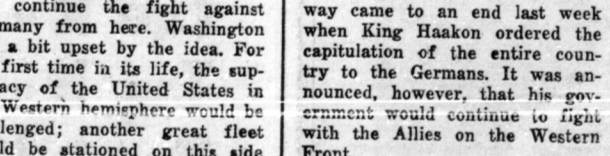
White—Yellow—Black Races

White races double their population every 30 years, yellow in 60 years, and the black in 40 years.

SCOUTING . . .

As a weekly good turn, Scouts of the 2nd Moose Jaw, Sask., Troop gather the comic sections of the week-end papers and present them to the Children's Shelter.

Nova Scotia's Blossom Queen And Her Princesses



The Annapolis Valley Apple Blossom Festival, Nova Scotia's most colorful spring party, this year was a gay event centred in the fragrant beauty of the British Empire's largest single apple belt. Queen Annapolis VIII (Miss Audrey Clarke of Wolfville, N. S.) is seen here with her Princesses. (Canadian Pacific Photo)

BEE HIVE GOLDEN CORN SYRUP
— A Great Energy Food

SOUTH AMERICA: Fascism reared its ugly head again in the Western Hemisphere. President Vargas of Brazil, in the first outspokenly Fascist speech by any South American President, justified the aggressions in Europe of Germany and Italy. Vargas, who has ruled Brazil through ten years of dictatorship, spoke of the beginning of a new era under Fascism. Previously it had been believed in South America that Brazil would follow the United States policy toward the European situation. A nasty shock, that.

CAST OF CHARACTERS
ROBERT BARRY—hero, ex-patriot.
MELISSA LANE—Irishian, Barry's partner.
HONEY BEE GIRL—party.
HADES JONES—pioneer; member Barry's party.

White—Yellow—Black Races

White races double their population every 30 years, yellow in 60 years, and the black in 40 years.

CHAPTER XIV

Zachary "Hades" Jones was a bit weary when he returned to camp that night. The 24-mile round trip had taken him two full days.

"These damned miles is counterproductive," he thundered, "he gumbled. "They ain't pack looks good yit. Hero, Holliman, would you help me with these here kags, please sir?"

They unloaded the fresh cool water, ample for drinking, cooking, and scantily toilet until another week should pass. Then Hades released the animals for a bit of grazing nearby. There was a hole of stagnant water just a mile away, all right for the stock but too alkaline or "salty" for human use.

"Where a't the boss?" Hades asked.

"Ain't seen him all day. And by grape I'd like to know, too?"

"Eh?" Hades paused to look questioningly at Holliman.

"Well fact is, Hades, he's out with 'Lissa. Jus' them two."

Hades spit rather copiously and cursed at Holliman.

"S'posen he is? Ain't no lion, is he? Ain't gonna hurt him none?"

"Hell, no! But what business has he got taking a young gal after herself?"

Hades Jones, aged 70-odd, stopped forward stragglingly.

"What do you mean, Holliman? Why you lyin'?"

"Shut up, old man. Want me to shut you down?"



The Annapolis Valley Apple Blossom Festival, Nova Scotia's most colorful spring party, this year was a gay event centred in the fragrant beauty of the British Empire's largest single apple belt. Queen Annapolis VIII (Miss Audrey Clarke of Wolfville, N. S.) is seen here with her Princesses. (Canadian Pacific Photo)

LIFE'S LIKE THAT



REG'LAR FELLERS—A Big Blow



A Delicious Blend
"SALUDA" GREEN TEA

Lost Kingdom . . .

seconds later, unquestionably, he would have had two massive pillars aimed with terrific accuracy at Holliman's stomach. He had been known to do just that with other men, and during them even to resent it—but—at that instant Honey Bee Girl appeared.

"Supper is ready," she announced, "and Baww may to tell you not to wait for them, as they might not be back at all."

Before Hades' astonishment had fully cleared, Holliman was sitting down at the crude camp table, dishing up a pint or so of rich red chili. The old man discharged enough tobacco juice to drown a good-sized mammal, tab-

EPILOGUE

(Written by the noted English poet, William Ernest Henley, in 1901, these lines have peculiar application to the situation as it exists in the world this week.)

Into a land Storm-wrought, a place of quakes, all thunder-acred, Hades, the White Angel, came. Her eyes are as a mother's. Her good hands are on the world, and there is no more pain. And in her influence, hope returns, and life. And the passion of endeavor; so that, soon, The idle ports are insistent with keels; The stilted roost, and the mill race, With energy and achievement; wealth and wild Hades, the cottager-garden team; With innocent hind and odorous boy and girl Mate prosperously; there are sweet women to kiss; There are girls to love and sport, hangs at the pape Of well-being, and so Goes fattening, mellowing, doing, rotting down Into a rich delirium of days.

Then, if the Gods be good, Down from their footstools, down Armoured and militant, New-piloted, new-souled, new-visionsed, up the steps To those great altitudes, whither the weak Have leave to strive, and suffer, and achieve.

Money For Beauty
The American Hairdresser, beauticians' trade paper, reported that 40,000,000 women in the U. S. spend \$142,000,000 annually in beauty salons. Of this amount, approximately \$6,000,000 is spent for scalp treatments; \$13,000,000 for cosmetics; \$15,000,000 for manicures; \$17,000,000 for styling and bleaching hair; \$18,000,000 for facials; \$73,000,000 for permanent waves.

HERE'S BALANCED NOURISHMENT THAT EVERY FAMILY NEEDS
TWO SHREDDED WHEAT . . . A CUPFUL OF MILK . . . FRESH STRAWBERRIES
This meal contains eight vital food values: Three Vitamins (A, B, and C), Protein, Iron, Calcium, Phosphorus and Carbohydrates. You get all these precious elements in one delicious dish. Give the family this Shredded Wheat treat for breakfast, with strawberries are at their best.

Get \$1.00 for Your Old Iron
The Coleman Lamp & Stove Co., Inc., Dept. W-357, Toronto, Ont. (9227)

SHREDDED WHEAT
THE CANADIAN SHREDDED WHEAT COMPANY, LTD.
Niagara Falls, Canada

SPORTS STYLE BUTTONS AT BACK



TABLE TALKS
By SADIE B. CHAMBERS
ANOTHER SIMPLE SUNDAY DINNER
The ideal simple Sunday dinner should be one of which most of the preparation can be done before-hand; and one which presents something just a little different from the ordinary week-day meal.

We are choosing ham for the meat course, which may be broiled or baked. If baked, and in fact broiling too, personally I like to steam it beforehand, the time according to the amount. Then the broiling or baking takes only a few moments. The steaming may be done the day previous. Before placing in the broiler or in oven for baking, spread the surface lightly with butter and if you wish, add a little brown sugar and mustard (which have been mixed together), and a few cloves. All this can be done just before placing in the oven for the broiling.

Now, that pineapples, (the large, juicy kind) are at their best, they make an ideal appetizer. What always bears a touch of favor and flavor served at the beginning of the meal in any type of fruit cup. Crush the leaves of a sprig or two of mint and bury them (leaving on the stem) in the shredded, chopped pineapple. I prefer to run it through the food chopper, being sure to retain all the juice mixed with fruit sugar, which does dissolve so much better. This fruit can be prepared on Saturday and placed in the refrigerator or a very cool place. Leave the mint in according to the type of fruit you desire. Some prefer just a suggestion of the flavor; then it can be removed after a few hours. Others who like a deeper flavor may leave it in till ready to serve.

BAKING POWDER BISCUITS
It is true I have not said anything about biscuits for a long time and to answer the request for my favorite baking powder biscuits here you are:

2 cups flour (bread)
4 teaspoons baking powder
1/2 teaspoon salt
1/2 cup shortening (level)
1/2 cup milk

Mix and sift dry ingredients, work in shortening and add liquid, gradually making the soft type — soft as possible to handle. Turn on a floured board, pat and roll to about 1/4 inch in thickness, cut, place in pan and bake in hot oven. Time 15 minutes. Oven 400 degrees.

SODA BISCUIT
This will answer the request for a "plain soda biscuit":

2 cups flour
1/2 teaspoon salt
1/2 teaspoon soda
1 teaspoon baking powder
1 1/2 tablespoons butter
1 cup buttermilk or sour cream (if using cream — 1/2 the butter).
Sift dry ingredients, mix in butter, add buttermilk gradually and mix as biscuits above. Oven 400 degrees. Time 15 minutes.

READERS, WRITE IN!
Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions or topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

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MADE IN CANADA—OF CANADIAN WHEAT