GOLDEN TEXT-For the kingdom of God is not eating and drinking, but righteousness and peace and Joy in the Holy Spirit, Rom. 14:17. THE LESSON IN ITS SETTING Time.-The announcement of the angel concerning the birth of John the Baptist took place approxim-

ately 6 B.C.; our Lord's temptation

occurred in January or February,

A.D. 27; the teaching of Chris recorded in Luke 6 was given in Place-The annunciation to Zacharias was in the temple in Jerusalem; the temptation of our Lord occurred in a wilderness, possibly on the east bank of the Jordan River; the Sermon on the Mount was delivered not far from the

city of Capernaum.
In this lesson we have an opportunity for thoroughly considering what might be called a life of selfdiscipline, a life in which the will of God is allowed to have first place. Few today are called upon to live ascetically, as did John the Baptist; yet we are called upon to live in the power of the Holy Spirit, to grow not only in body and mind, but in the grace of God as well, to be so filled with the things that are good and noble and true that our lives will indeed bear abundant fruit.

The Angelic Announcement Luke 1: 13. But the angel said unto him, Fear not, Zacharias: because thy supplication is heard, and thy wife Elisabeth shall bear thee a son, and thou shalt call his name John, 14. And thou shalt have toy and gladness; and many shall re joice at his birth, 15. For he shall be great in the sight of the Lord, and he shall drink no wine nor strong drink; and he shall be filled with the Holy Spirit, even from his mother's womb. 16. And many of the children of Israel shall ne turn unto the Lord their God. It is of holy parents that God would take a holy child. The double lesson for every parent, and specially for every mother, is of the deepes interest, Study the story of John's birth. Study it in connection with the story of Jesus' birth. The Baptist is to drink neither wine nor any intoxicating liquor other than wine. He is to be a Nazirite not only for a time as was usual, but for all his life as Samuel and Samson. In place of the excitement of strong drink he is to have the supernatural inspiration of the Holy

The Perfect Boy Luke 2: 40. And the child grew, and waxed strong, filled with wisdom: and the grace of God was upon him. Luke alone records these words regarding the Lord's childhood-he has told us the essential things and not the incidental. Jesus is presented in the things that are common to all childhood, and not in the things which separate one child from another. Jesus grew in body, mind and personality. Luke 4: 4. And Jesus answered unto him. It is written. Man shall not live by bread alone. There nothing in which man is so vitally and sane, as the subject of life, his own life, richness of life, fullness of life, satisfaction in life, abundant life, as summed up in the commonly used, often-abused phrase "This is life." Now it should be carefully observed that the Lord Jesus himself continually talked to men about this very subject of undance of life. He came that men might have life, and no teacher ever appeared on earth who taught men how they ought really to live to get out of life all that is in it as did the Lord Jesus. Physical life is sustained by bread, as he recogthere is to life. A man has more than a body; he has a soul. Bread will never meet the needs of the soul. The word of God alone is able to meet the needs of a man's soul, strengthening him, guiding him

filling him with hope, energizing

him for service, delivering him from I. Aggressiv the power of sin. Hunger or Fullness? League of Car Luke 2: 21. Blessed are ve that 2. Continue hunger now: for ye shall be filled. There is no hunger without food to match it; no soul hungering and thirsting after the righteousness of God without God to meet and match it. Blessed are ye that weep now: for ye shall laugh. Blessed in other words, are the men who are deeply touched by the sorrow tion and the a and pain of life, whose ear is ever (continue

> These people are the salt of the 25. Woe unto you, ye that are full now! For ye shall hunger. All those worldly things that satisfy appointment in the end. Woe unto you, ye that laugh now! for ye

open to the cry of the fallen by the

way; who have a wide and active

tressed in mind, body and estate.

sympathy with all whe are dis-

Altar of St. Paul's Cathedral Wrecked by Bomb



Striking the double roof of ancient St. Paul's cathedral, a Nazi bomb hurled tons of masonry down on the high altar 90 feet below. The alter was turned into a tumbled mass of stone. Many of Britain's illustrious dead are buried in St. Paul's.

shall mourn and weep. Jesus warns these people whose sole delight is in the things of this world, chasing pleasure after pleasure. Their gospel is that the future and eternity will take care of themselves. Jesus warns them that they will mourn and weep when it is too late.

Good and Evil Luke 6: 43. For there is no good fruit; nor again a corrupt tree that each tree is known by its own fruit. For of thorns men do not gather figs, nor of a bramble bush gather they grapes. Good deeds can only come from a good heart. It is often said that Christ's teaching is un like that of his apostles in that

he puts stress on works and says little of faith, but how does he regard works? As fruits, that is to say, they are of value in his eyes only as being products and manifestations of character. Here is sufficiently set forth the great central truth of Christian ethics-that this inward disposition is the one important thing, and that deeds are determined as to their moral qual-ity by the character from which they have proceeded. 45. The good man out of the good treasure of his heart bringeth forth that which is good; and the evil man out of the evil treasure bringeth forth that which is evil; for out of the abundance of the heart his mouth

RADIO REPORTER By DAVE ROBBINS

Canadian radio stations op-erate on daylight time) ON CURRENT EVENTS The popularity of Prof. E. T. Salmon's Sunday talks on Inter-national Affairs have resulted in that capable gentleman being moved to a nightly spot on CKOC to bring to Canadian radio listeners a comprehensive picture of the daily happenings in all parts of the world, in the struggle

of right against might! Prof. Salmon is a member of the faculty of McMaster Univer-sity, and served for a number of years with the British diplomatic service in Central Europe, as a King's Messenger. Speaking the languages of a number of Cen-tral European countries and hav-ing had direct contact with their political leaders for some years, Prof. Salmon understands their outlook and ambitions and is particularly authorized to anal-yze the activities in that part of the world at this critical time.

Every Canadian will have a better understanding of the move on the European checker-board by listening to Prof. Salmon from CKOC — 1120 on the dial each weeknight at 7.15 (day-

AROUND THE DIAL Bob Crosby and his Dixieland Music Shop is introducing a number of smart new tunes on the Caravan show Thursday evenings

POP — Well, Shut the Door

THERE'S A BOMB

FIZZING IN THE NEXT

ROOM!

tunes that will be heard in Crosby's latest picture, "Let's,
Make Music". Two of the tunes,
"You Forgot Me" and "Dry
Bones," have plenty of public The Caravan is heard over

WBEN Thursdays at 7.30 p.m. (standard). On Friday nights the Canadian chain now offers a series of ra-dio dramas that make good listening. The program is known as Canadian Theatre of the Air and goes out of the CBC net-

work at 10.30 (daylight). And don't forget that Edward G. Robinson and Ona Munsor are back with the Big Town show on Wednesday nights at nine (daylight). This pair of gangbusters can always be dep on for a good half-hour of enter-Big Town is heard in Ontario

from CFRB.

Sunday Symphony

The New York Philharmonic-Symphony orchestra, under the baton of John Barbirolli is back again for their Sunday afternoo concerts-concerts that are with out peer on the air. A feature of this year's series will be guest soloists that will include Jose Iturbi, Nathan Milstein and other outs'anding artists. Classics by the masters is an apt description

of this enjoyable program. This

Farm Notes . .

Burn Weed Seeds After Threshing

John D. MacLeod, Ont. Dept. of Agriculture, outlines safe methods in disposing of weed The main objective in the con-

trol of noxious weeds should be to prevent reinfestation, states John D. MacLeod, Crops, Seeds and Weeds Branch, Ont. Dept. of Agriculture, Toronto.

Immediately, after the threshing operation has been completed all refuse containing weed seeds should be placed in tightly woven sacks and disposed of in such a manner as will destroy the germinating power of all seed. This may be accomplished by rotting, burning or chopping.
A hole may be dug in the ground A hole may be dug in the ground and all refuse buried deeply. A pit may be dug from 3 to 4 feet deep with a board enclosure around it 3 to 4 feet high. Weed seeds may be dumped into this pit which should be covered with chicken wire or screen to prevent birds from gaining an en-

the heating and rotting process which will take place will destroy all weed seeds.

Home-Made Incinerator A home made incinerator may constructed by removing the top from an oil drum and providing a draught door and grate at the bottom. Waste oil poured on weed seeds and light bulky refuse will permit air to enter and help the burning process. A large tile, part of a smoke stack or any container which will stand lots of heat could also be

trance. Weed seeds will be thoroughly soaked by fall rains, and

Larger Ones for Food All weed seeds which will pass through a weed screen with perforation of one-fourteenth of an inch in diameter should be removed from the grain with the threshing and fanning mill be fore the grain is chop or fed whole. Many of these small weed seeds are harmful to live stock and difficult to chop and should be destroyed by a rotting process as has been previously outlined. Weed seeds included in this group are Wild Mustard, Worm Seed Mustard, Small Seeded False Flax, Pigweed, Plantain, Lamb Quarters, Bladder Cam-pion, Chicory, Ohite Cockle, Catch Fly, Cinquefoil, Ribgrass, and Ox-eye Daisy.

Some of the larger weed seeds such as Wild Buckwheat, Wild Oats and Wild Vetches have a certain amount of food value an may be used for the feeding of livestock providing they are chopped fine. The plates of the chopper should be in good condition and set close. Choppers of the hammer mill type will make a more thorough job when chopping grains containing weed

feature is heard Sundays at 4 p.m. (daylight) from CKOC.

News Tip

Don't be surprised to hear any day that the NBC and Columbia chains have recalled their representatives from Germany. The lies feisted on United States newsmen by the Reich propaganda chief are entirely too tall to expect anyone to believe, so the net work heads on this side are pletting a general recall from Hit-lerland.

More Good Music For the folks who like good music the CBC chain has several class programs on the fall schedule. Among the features listed is the Salonaires, presenting a half-hour of cafe music on Saturday evenings at 9 — the To-ronto Symphony is heard on Friday nights at 8.30 - Grenadie Guards band from Montreal Mondays at 9.30 p.m. - and the CBC String ensemble will take the air lanes henceforth on Thursday evenings at eight.

Front Seats

Landladies in Dover, England, are advertising: "Nice Rooms with Every Convenience, Facing the Enemy."

Fall Plowing

of earth curl endlessly away from the shining plowshare. The powerful horses walk slowly

but steadily back and forth The sagging reins are looped He does not need reins. A qui word suffices, for the horse, man, and plow are one.

THIS CURIOUS WORLD By William Ferguson



SPAWN OF THE PERCH RESEMBLES LACE.



COPR. 1938 BY NEA SERVICE, INC. THE spawn of a perch is one of the most beautiful objects in

woman, 35 Desired, 37 Imperial

44 Right. 46 South

48 You and I. 51 Note in seal

52 Church official.

55 Needy.

58 Cloth.

59 Circle part

sheath. 38 Worshiper. 4 North Africa. 39 Russian

charges.
6 Electrical

8 Chair. 9 Chinese

nature. The female drapes the long lace-like ribbons over aquatiplants, mode as lace is draped in show windows. More than 280,000 eggs have been taken from a half-pound perch

NEXT: What is the new type of cactus recently discovered in

HUGE FOREST BEAST

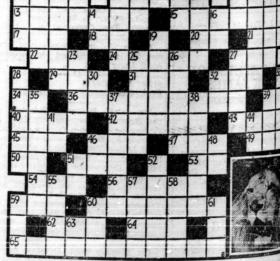
Answer to Previous Puzzle 23 Mental HORIZONTAL. MILLIAMTI DEN faculty.
PO OIL Y I CERIAS 25 Sweet substance.
PAI NIT WRE NO LAVE 26 Anesthetic 1 Huge cat, pictured here 5 It belongs to A Answer --- leo.

the genus 9 It is called 13 Evasions of harm. 15 Ardent RESTED STEW partisan. 17 Ozone. 20 Lava. 21 To devour. please 22 To embroider, 51 Fish.

50 Sound of 3 Tubular 24 Bed cover. 53 Musical note. 27 Little devil 54 Roof finial. 29 Intention. 31 Grain. 32 Aurora. 34 Northwest 36 Sharp. 39 Mother. 40 Immerses. 42 Allotted.

60 Offers in payment. 62 Rowing tool. 64 X. measure 65 It is a ____ 10 Details. 43 Barren. 45 Distinctive theory. 46 Prying sneak. 47 Line.

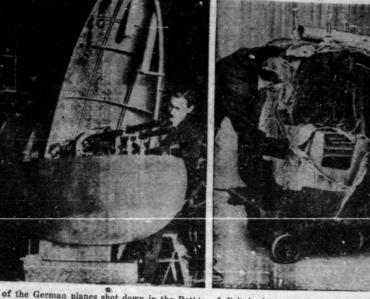
or flesh eating 11 Low tide. mammal. 12 To ebtain. VERTICAL 14 Postscript. 16 Go on 2 Cow-headed 19 To re nd to 81 Call for het



By J. MILLAR WATT



R.A.F. EXPERTS LEARN GERMAN AIR SECRETS



Many of the German planes shot down in the Battle of Britain have not been total losses. This one, ese planes. This one is a Messerschmitt 110. Germany's best fighting plane. It mounts four machineings which deliver deadly cross-fire, are said to be more than a match for the Messerschmitt in sky fightine brought down in a raid on England. The tank is of the self-sealing kind that may be shot through the british and still retain the fuel. Various layers of vulcanized rubber, self-sealing rubber, chrome and fibre make up the tank. R.A.F. experts declared this one is a complicated affair and less effinite than the self-sealers used by the R.A.F.

Chief Manganese ources Here?

Nova Scotia Field May Have To Supply Empire's Need of This War Material Now That-Dakar is Gone

bility Nova Scotia may rece Dakar as the Empire's arce of maganese essential war stal, was seen last week as the ova Scotia Mines Minister, Hon. D. Currie, announced a Toato company (Springer Exration) was surveying manga-e deposits in the province. inganese was mined in Nova the fingers? during the first Great

CARRY OUT RESEARCH morth's survey of the field be made by a geologist who report the extent of the man-nese deposits to the provincial

loratory work on mangane posits at Bourlardarie, Loch mond, Tennycape and East untain has been carried out more than a year by the pro-cial government. government.

eut.-Gov. of Manitoba



McWilliams, of Winnipeg named lieutenant-go

orld's Best Soil

take office on Nov. 1.

of Manitoba to succeed Hon

some of the Black Earth re-of Southern Russia wheat been grown for seventy years and without fertilizer. This is richest soil in the world, and overs an area of nearly 150,000 acres. It stretches from Carpathians to the Ural Moun, and is bounded on the north the Pinsk Marshes.

The Black Sea its mess diminishes, but in the ten of this great tract the top feet of the soil contain as feet of the soil contain as as 40,000 lb. of nitrogen has a 40,000 lb. of nitrogen the acre. The best soil in Eng-has little more than a quar-of this nitrogen content. here are patches of prairie in Manitoba which are al-equally fertile; while the h of rich soil in the valley the lower Mississippi makes the lower Mississippi makes one of the most fertile re-s on earth.



Modern Etiquette BY ROBERTA LEE

1. Should the host and host ess always supply new decks of cards for a bridge party?

2. When a player makes a mistake in a bridge game, is it permissable for another player to call his attention to it? 3. Please name six or seven things that a person may eat with

4. On what social occasions is a man privileged to wear a business suit? 5. Is it all right for a hostsess to serve her guests with the sar

dish she has served them on former occasion? 6. Is a man permitted to "cut n" at a dance when he has never been introduced to the girl?

1. Yes, always, and for a poker party too. To throw out a soiled dilapidated deck of cards would be about the same as if the host were unshaven and wearing a soiled, wrinkled shirt. 2. No. Criticism by one player of another, in any game, is not good sportsmanship. 3. Bread, crackers, cookies, candy, salted nuts, olives, celery. 4. He may wear a business suit to any informal occasion before 6 p.m., an informa uncheon breakfast, etc. 5. Yes, and particularly if she they enjoyed it. 6. No.

What Science Is Doing

X-RAY COST REDUCED A new "candid" X-ray camera which can photograph the chest a small film will be used in U. S. army physical examinations during the coming draft. The ma-chine reduces the picture through a special fast lens from the usual 14 inch by 17 inch full size negative to one only four inches

With it ten times the number of men can be examined at the same cost now required with the larger film.

reported last week to the American Gas Association.

The liquid gas means doing away with the huge gas tanks that dot the horizon of great



Women who suffer painful, irregular periods with nervous, moody spells due to functional cause should find Lydia E. Pinkham's Vegetable Compound simply marvelous to relieve such distress. Pinkham's Compound is made especially to help weak, tired women to go smiling thru difficult days. Over 1,000,000 women have reported amazing benefits. WELL WORTH TRYING!

holds as much liquified gas as a big dome of 15,000,000 cubic The liquid gas serves the same heating and cooking purposes as ordinary natural gas, merely being warmed up to flow into the

mains in its natural state. CAN DETECT RICKETS A new test to detect rickets even in newborn babies was des cribed before the annual meeting of the American Public Health Association. The disease, due to too little vitamin D, the sunshine vitamin, causes malformation of all the

bones of the body and results in retardation of growth. This Is Season Of Barn Fires

> Their Prevention Is Esse tia!-Here's How To Go About Avoiding Them

Advice on how to prevent bar fires during threshing time, was given last week by Prof. William C. Blackwood, head of the department of agriculture engineering at the O.A.C.

SPRAY THE STRAW Electric sparks in a threshin machine can cause fire on strik-ing the right proportion of dust and air, he said. This danger can be avoided by grounding the ma-chine, said Prof. Blackwood, who also said blower fires can be avoided by spraying about five straw. This amount of water will not harm the straw, nor cause spontaneous combustion, he said. He thought is a wise practice to insist that men who work in barns or on stacks do not carry matches in their pockets and no

Cart frunks

Firestone

STUDDED

This sensational tire pulls through the worst road tonditions possible without the use of chains! On the use of chains! On the riding and quiet running. Let your local Firestone Dealer put a pair on your rear wheels now.

one should be allowed to smoke

LIQUEFIED NATURAL GAS A method to liquefy natural gas and store it as a water-colored fluid at 250 below zero was

Chantecler
Slow Burning
CLIGARETTE PAPERS
NONE FINER MADE

FEMALE PAIN

TOPICS

BEALTH

Whole Wheat Bread Is More Nourishing

That most of the bread

able of considerable improvement in the interests of war-time health and efficiency is indicated by an and efficiency is indicated by an article appearing in the current issue of the Canadian Public Health Journal over the signature of E. W. McHenry, Ph. D., of the University of Toronto. It is, of course, generally known that whole-wheat bread is known that whole-wheat bread is of greater nutritional value than white bread, but the fact has not made the darker colored loaf popular. Dr. McHenry therefore proposes that the value of white flour be raised by adding wheat germ or yeast of high vitamin content. This can be done without affecting the color of the

out affecting the color of the resultant loaf, he declares.

Special Nutritive Quality
The special nutritive quality of whole wheat bread lies in the fact that it retires witching. fact that it retains vitamin and mineral contents which, to a very large extent, are removed by modern milling processes. Vita

is general.
Dr. McHenry repeates that

the intake of Vitamin B1 would

be increased if people ate whole wheat bread, but since they de-

cline to do so other methods

have shown that bread containing five per-cent wheat germ has noticeable effect on growth and

High Cost of Killing

It cost about 75 cents to kill

a man in Caesar's time. The price

rose to about \$3000 per man dur-ing the Napoleonic wars; to \$5000 in the American Civil War; and then to \$21,000 per man in the World War. Estimates for the present war indicate that the

present war indicate that it may cost the warring countries not less than \$50,000 for each man killed.

nutrition.

must be found, and experiment

min B complex, which is absolutely essential to health is reduced to about one third of its original quality in the course of milling, for instance.

A survey of 100 families of low incomes in Toronto, he says, reveals that even the best fed members fall far below the satisfactory mergin in their dally in minutes, you'd better stop bor-ing."—Grit.

A coffee salesman was traveling through the South, and as he wait-ed for a train in a little southern factory margin in their daily in-take of Vitamin B1, a condition which he finds reason to believe town he chatted with a lazy look-ing colored man idling on a bench at the station.

> ed with an eye to stirring up in terest in his line. The colored man allowed h drank a lot of coffee. Fifty cups day he answered.

SAFES

TORONTO SAFE WORKS

"It DOES taste good in a pipe!" HANDY SEAL-TIGHT POUCH . 15# 1/4-LB. "LOK-TOP" TIN - 65# also packed in Pocket Tins

- HAVE YOU HEARD?

ery store manager asked the young applicant for a job.

"That's a pretty well-known ame," remarked the manager with a smile. The boy looked pleased. "It ought to be," he replied. "I've

An American's advice to after-dinner speakers: "If you don't strike oil in the first two

"Ever drink coffee?" he inquir

keep you awake?" inquired the as tonished coffee salesman. "Well, it helps," answered the

J.&J.TAYLOR LIMITED

GROWN IN SUNNY SOUTHERN ONTARIO

wo stolen. The next night he stay-

ed up in the hen-shed with his

friend Joe to wait for the thieves.

After they had been waiting a short time a storm blew up and the shed

diamond ring. Salesman — Yes, sir. How about one of our con sets? Three pleces: Engage-ment, wedding and teething. Bill kept hens. One night he had

"Scott," replied the lad.
"And your first name?"
"Walter."

started swaying in the breeze.

After an hour's waiting Joe, fed up, announced that he was going home, saying: "They'll not come to-night, Bill." He stepped out of the shed and found himself on a truck moving delivering groceries around slowly along a country road. here for two years."

They were taking the shed, too. -0-Daughter (entertaining boy friend late): "Has father gone to bed?"

Mother: "No, he's in the cellar, reading." Daughter: "What? Reading in the cellar?" Mother: "Yes, the electric light meter."

> There are several distinct things girls dislike about men, most is their characteristic tendency to remark, "I hope I'll see you again"-Without saying when.



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PERCHERON STALLION, RISING four, Belgian Stallion rising three. These horses must be sold at once. Reasonable terms. B. Aylward Queensville. Ont. GUARANTEED ELECTRIC LIGHT

THE NEW JEWEL SELECT-A LITE only 3-way light that operates in any regular socket. 20% more light—no glare—40~60 or 100 Watt as desired by turning small ring. 5 for \$3.00 Prepaid.

Also regular inside frosted bulbs up to 100 Watts, 12 for \$2.00 Prepaid. Write for special prices on larger quantities, and private system Light Bulbs.—General Trading Reg'd., Dept. A, 112 Gore Bidg., Hamilton, Ont.

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TIRES WEARING SMOOTH? F STILL SOUND HAVE THEM Trutreded! Costs only a fraction of price of new tires. New Tire guarantee. Write for folder and prices or drive in when next in Toronto and see Trutreds made. Trutred (Canada) Limited, 488% Yonge St., Toronto, at the Tower Clock, just North of College St. . PHOTO FINISHING

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ISSUE 43—'40

HELP WANTED SENERAL WANTED FOR MODERN farm house, other help kept. State experience and give reference to Bobmar Farms, R. R. 3, King

MACHINERY FOR SALE WADE PORTABLE DRAG SAWS, easy to operate, a money-maker wherever there are logs to be cut. Write for free descriptive bulletin. The A. R. Williams Machinery Co. Ltd., 64 Front St., West Toronto. PERSONAL

SUPERFLUOUS HAIR SAFELY, Privately removed. Face, Arms, Legs; Treatment \$2.00 postpaid, learn wrapper. Guaranteed to KILL roots with one application. Canadian Chemistry Co., Wilkie, Sask.

REGISTERED SUFFOLK YEARL-ing Rams and Ram Lambs, Also registered Ewes and Ewe Lambs, Exceptionally good stock and priced right, A. L. Hutchinson, Belwood, Route 5, Ontario. TIRES WANTED

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TO CADET National dir Cadet League cluding their f ing at Montel nounced a four national objec mediate and pc program recos

M. BANK

Chairman of fin

re-elected a nati

Air Cadet Leas

FOUR POIL

GIVES BRI

VOLUME 1.-

motive of the ment in offer training in ai young men pi mate service i also stresses t ue of characte izenship train need for pron est in aviatio for the youth The four n approved by t are:

pand the acti after the war these activitie R.C.A.F. and 3. Maintain continual pub