#### VOICE OF THE PRESS

WASTED YOUTH We are in receipt of many trange questions, but the reader the asks, "How can I produce a hole in a pane of glass?" mus have had an unusually strict up-bringing. —Ottawa Citizen

45, A SAFE AGE A British Columbia woman thinks all parliamentarians should married by the time they are 45 years old, or else should retire from politics. Which would be drastic way of weeding out Mr. King's government majority.

—Stratford Beacon-Herald.

LOVING AND HATING The rank and file of the people a Germany and Italy must be aving a difficult time while tryto follow their leaders. may go to sleep with hatred of all Communists in his heart and, when he wakes up, he hears ever his radio that Stalin is to be regarded as a dear friend. A little later he has to swallow his opinions and go back to the original hatred. Who is to be loved d who is to be hated can only be discovered by those who keep strictly up to the minute.

—Fort William Times-Journal.

THEY WENT TO CHURCH A mother of an enlisted young soldier from my church told me she had received, just recently, a place in Quebec province with his company of fifty. He said Sunday morning came, and eleven of were United Church fellows, and they talked together about going to church. They found out that there was a church of their persuasion four miles down a country road. To this little rural church they walked and attended the service. One can imagine the joy of the preacher and congregation to have these boys come unexpectedly upon them. They had a great reception. We, who nome, must match so splendid a thing as that. -United Church Observer.

# The Book Shelf

"RESTLESS ARE THE SAILS" By Evelyn Eaton

Following the extraordinary success of her best-seller on early Canadian life, "Quietly My Captain Waits," Evelyn Eaton, Canadian writer who currently ranks as tops in her sphere, now presents us with a distinguished new historical novel of the early French settlers on this continent. "Restless Are The Sails" centres its action about the capture of the French stronghold of Louisbourg, N.S., in 1745.

A rousing adventure yarn, Miss Eaton's second book skilfully combines historical fact with romantic fancy. The general atnosphere is excellent: Indians, privateering, the etiquette of a colonial court and particularly conditions of navigation in overcrowded vessels. The pathetic and terrible story of the siege of Louisbourg is thrilling as it is de Morpain the hero, who turns his Indian wife, how he at last fulfills his destiny, completes story of unusual interest. less Are The Sails" . .

by Evelyn Eaton . . . Toronto son Book Company . . . \$2.75.

## Reindeer Herds Fast Increasing

More Eskimos Are Needed to Help Herd Animals In Rapid ly Expanding Industry of North-West Territories

Further enlargement of Canada's last-expanding reindeer industry was disclosed recently by the Department of Mines and Resources Reindeer herds in the Northwest Territories, the department re ported, have increased to more than 8,000 head, compared with the riginal herd of 2,370 delivered from Alaska six years ago.

The department estimated that this year's fawning has increased the main herd on the Governmen erve east of Mackenzie Delta by 1.500 head.

stantial increases also are expected in the two herds unde native management near the Anderson and Horton Rivers, about 200 miles east of the reserve," the department added.

Expansion of the industry has Eskimos as apprentice herders Later they will be entrusted with management of herds under Go

"In this manner the reindeer en erprise is gradually extending over a large area for the benefit of the native population," the departmen

Soviet Anti-Tank Gun Crew on Guard



Germany's road to Moscow is defended by Soviet anti-tank gun crews like this one, pictured in action somewhere along the broad Russo-German front. Radiophoto was flashed from Moscow as Nazis claimed the way to the Soviet capital was "open."

THE WAR - WEEK - Commentary on Current Events

## Britain And Her Allies Prepared To Block Japan

man last week said that Premier Konoye of Japan had formed a "water bird cabinet"—which is a Japanese phrase meaning a calm surface concealing great activity Recent events in Japan indicat-

ed that the national leaders were feeling that the time had come to drive the white man out of th Orient. Britain, the U.S. and the Netherlands had made it plain that they would not be driven out. Their first move to render Japan helpless would be a blockade of the sea entrances from the Indian Ocean into the Pacific. It was not thought likely that Japan could break this blockade. The Battle of the Pacific would be on in earnest.

Japan had her eye on French Indo-China which would give her, besides valuable naval bases much needed iron and rubber. She would need these bases if sh were to move against Singapore and the Dutch East Indies. The Australian radio quoted a message from Batavia, Dutch East Indies, last week, as saying that

Far East are stronger than ever say that the Dutch East Indies was not afraid of the new Jap-

ery of war supplies to China Against Siberia?

Hong Kong and Singapore lie across Japan's path to victory and she would have to be desperate to face their strength. Three years ago . noted British strategist said the great commercial centre of Hong Kong would fall within less than a week if Japan attacked it. That isn't true today.

Hong Kong, Singapore Ready More than \$50,000,000 has since been spent on its defenses. Sub-

Chinese foreign office spokes- | marine nets and mines guard it harbor. Air raid shelters have been built; heavy guns in place around the island make it a formidable fortress.

Field Marshal Lord Roberts once said the history of the world would be decided at Singapore one day. And Admiral Lord Jellicoe recommended its development as a great naval base with a strong Pacific fleet based on it. Today, in the Battle of the Pacific, it will be the strength of Singapore that will make victory possible. Singa pore, protecting the pathway to India, probably can't be success fully attacked. Its importance however, is greater than that. war in the Pacific can scarcely help but be a war of attacks of trade lanes. Singapore, as one of the great crossroads of the world,

U. S. Ma Use It Like Hong Kong, Singapore is long and 14 miles wide. Unlike Gibraltar, Singapore has superb facilities for air defence or attack, it has great land batteries, includ-ing 18-inch guns, but most of all it has dock facilities where battle scarred warships can be repaired. IT S warships may come to use Singapore—a valuable asset, f

Manila, 1,500 miles away, is to small to handle big boats. If Japan could be rendered help less, concentration of U. S. naval and other units would be released to aid Britain in the Battle of the

Germans Slow Down At the outbreak of the Russo German war, the speed of the German advance was estimated to be at the rate of 50 miles per day Last week neutral observers claim ed that, after four or more weeks of war, the progress of the assai ants had been reduced by 50 pe cent or more. The stubbo sistance of the Russians had been much more formidable than Hitler expected; Soviet tactical skill was such that even the Germans ac knowledged it.

The Battle Fronts Last week there : reared to b little change in the position of the warring forces along the entire front. In the north even Berlin admitted that the Red armies were still intact and fighting. There had been no collapse under Finnish-Nazi thrusts from the Arctic to the Baltic. The Russians claim ed that Smolensk was still in their

#### Thanksgiving Day October Thirteen

Canada this year will obse hanksgiving Day on October 13, the second Monday in Oc

This announcement was mad by Hon. P. F. Casgrain, Secretary of State, who said a proclamation naming October 13 as a day of "general than giving" would be issued short

hands, but Berlin reported that an enormous Russian force had been trapped east of Smolensk and that a battle of annihilation was

going on.

Drenching rains had been falling in the central area of the battlefront and the condition of the roads was undoubtedly a factor in slowing up the German machine. Guerilla fighting was said to be particularly intensive behind the lines in this sector. Column after column of German mechanized material, after having been pushed yond the Russian "Guard Front" had been cut off from their infantry support, which they had been counting on for clearing-up operations in the wake of e ad Doing a China?

Edgar Snow, noted writer of Eastern affairs, last week posed a question: "Whatever victories the German armies may be having in their Russian drive, and even if they succeed in capturing Leningrad and Moscow and in occupying the Ukraine and the Caucasus, are they fated to a protracted guerilla warfare which will cause them continuing embar rassment and interfere with their plans on other fronts? Are they heading into such a situation as has faced the Japanese army in China since the war began there not two but four years ago?

The old glaciers had a profound effect on the animals and plants. Of course, nothing could live on the ice so the animals had to retreat and if unable to do so per-Time Against Nazis ished as did the plants. Later "Time is the biggest element of when the ice began to melt the risk in the Nazi scheme of conquest. With perfect timing, no animals and plants came back This was a slow process, a few dream is too fantastic to be realized: without it, the most caremiles gained in one summer fully laid plan or the most skilwould be lost in the winter, but ful improvisation may fail. It is gradually the ice gave way and in this respect that Soviet guerilla resistance may turn out to be a the land. But they were much decisive factor."

In the south the Nazis said that different from those that lived pro vious to the ice age, their soiou the German forces were pursuing in the south had changed many a defeated enemy in the Ukraine. until they were quite different Russian sources claimed that their creatures.

armies were holding well. Can Hitler Turn Back? The losses on both sides in men and material were thought to be normous. The destruction of German supplies of all kinds was so tremendous that, it was estimated, the Nazis would not be able to make them up in less than

two years. Hitler's definite objective anpeared to be the destruction of the Red armies-anything less Hitler defeat. As one Associated Press correspondent put it: He cannot turn back nor limit his mate disaster, collapse of the myth of Hitler invincibility in German;

#### Dog Is Gentleman Frowns On Slacks

Chesney, William Baxer's black been trained to stand up on his hind legs whenever a woman a young lady stepped into the lift fast in his refusal to stand up

On Fire Watch Duty Prospective fathers th a jitte desire to pace are doing it in shifts

now on the roof of a London, England, suburban maternity hospital -and acting as fire wardens at the same time. The idea was proposed by onof the men, who thought such an official occupation would be bette than pointless walking through the hospital corridors while waiting th

done my work. War or no war -George Bernard Shaw

# Saving Ontario's Natural

Resources

By G. C. Toner

and Hunters)

No. 51

ONTARIO'S ICE AGE

bris known as moraines. These

are usually gravel or sand hills

and are common along Lake On-

tario. Great boulders were some-

times carried by the ice and as it

melted these were dropped. They

can be seen to-day almost every-

Return of Animals

where in old Ontario.

(Ontario Federation of Anglers We have seen how mountain

building and tearing down go on side by side. Sometimes the tear ing down is fast as when glaciers do the work. The ice acts as a great rasp, cutting valleys and leveling hills, as it slides outward or downward. Glaciers are responsible for the shape of most of the countryside of Ontario. Five times in the last million years continental glaciers have formed in northern Canada and spread outward.

The last of the glacial periods industry.

occurred between 50,000 and 100,000 years ago. The centre of the glacier formed was some where near Hudson Bay and it reached down to, and somewhat beyond, the Great Lakes. As it slid south it gouged out the lake basins of the Pre-Cambrian shield, ranging from 15 per cent in the the rock-rimmed bodies of water that are so common in Muskoka final assembly to almost all of the and Haliburton. Further south it tobs in wing and control suring melted leaving great piles of de-

Inspection-At least or other than floor inspecting of on plicated assemblies could be des by women and in case of a shortage of male workers, con

and small parts are issued, women might well be used, the bursa found. As they become experienced they could also be employed in the ments. Dr. Robert W. Hambrook, Office

of Education official, who recent returned from a study of Britain wartime educational techniques, the British aircraft industry wit the full approval of organi labor and with the understan that they will return their jobs men after the war is over.

London Daily Sketch, She answ by the postman.

responding month last year.

LIFE'S LIKE THAT

Wildest Dreams

Copies of Monday morning's

edition of the London Express are

sold in Montreal that same after-

noon, writes the Hamilton Specta-

tor. The wildest dreams of Jule

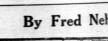
Verne are today becoming a com

monplace, and the time may no

be distant when the North Pole

will be as well-known to summer

air tourists as the Muskoka dis-





"How did I know you were still in it this time of day! !"



WELL, I LOSE! IT TOOK YA JEST FIFTY-EIGHT MINITS TO DO THAT PILE! YOU'RE A MAN!

# Women Can Do Work On Aircraft

Director of the Women's eau, Washington, Says They
Are Capable of Some of to Assembly Work and Other

At least one-fourth to one-ties of the jobs in U.S. aircraft asen plants might be filled satisfactor by women, Miss Mary Ander irector of the Women's Burg at Washington estimated on basis of a bureau survey. At the close of the World War

23 per cent of the employees airplane factories were women Office of Education officials, engaged in aking a survey of a craft courses open to women, that a disproportionately larger ber of women are learning to when the real need of the future be in the construction end of a TYPE OF WORK THEY CAN IN

Studying each production proseparately, the Women's Bu drew these conclusions: Fuselage manufacture - F one-fifth to one-half of the open tions could be done by women Assembly-Women can do wat

assembly.

In the tool crib, where tools dis

ports that women have gone into

at a London (Eng.) hospital, says ed, "Bed No. X, Piccadilly Circus Tube Station." Her only home was the tube shelter where she goe each night. The G. P. O. frequently receives letters directed to public shelters. They are safely delivered

Canadian flour mills rep the manufacture of 1,660,897 barrels of flour in the month of April compared with 1,344,293 in the con

By Fred Neher

"We'll Head North" she admitted slowly

of being asked himsel he put the question to her. hasn't stopped me from ping my eyes open. Mr. Alexanwhat you might call a natural

m sure I hope so," said Mrs. od primly. But she didn't th is more than can be said by trailer engines will be assigned People." mean Mrs. Alexander " t naming any names, round the drive, and

# FREE PHOTOS

ALL THE LATEST PICTURES

DURHAMIORNSTARCH

ARRYING

Violette Kimball Dunn

SYNOPSIS

After Mark's beautiful wife Ellen

her whole family became in-

sted in Valerie, Mark's adopted

hter. All save Shirley seemed

ave their eye on the trust fund

Valerie by Ellen. They wanted

ave Valerie live with them,

Mark, aware for almost the

sed to let her go. Shirley has

d Valerie to visit her-and

rie has planned to go, but

after she and Mark make a

California, but Elise is still

the become friends. Valerie

CHAPTER VII

st us two-"

was going.

about the trip with Mark

dropped her hand. "Of if Mark isn't coming home

probably bore you ter-

down again just as Val-

more. She suddenly asked

many questions; where re going, how long they'd

going, too. Valerie said

know, until they came

ther sudden dark eyes

on Valerie sharply until she

the answer to that. Then

tened, and she rose once

glanced out into the hall

s if she were going to say

nobody must hear, and

with darling Ellen's

"My father sent it to the

she said. She felt som

was enough just to tell

tern was standing by the

nust have forgotten Val-

she didn't say good-bye.

in the early May sun-

wo of the cases in the luggage

idn't forget any of the things

ved of Valerie's blue knitted

and her blue tweed coat to

or in. Of course Mr. Alexander

e said as much to Chillern a

ood directly behind a draw-

om curtain and watched Mark

much rather drive his

almost forgot, and let a

poiling the girl. It's not

had Mark's check for

er for Miss Valerie," said Chil

affection into his voice

er mother planned for her

ank heaven for that." sai

ollars in his pocket. Mar

had said. He had looke

aned. Not that the man's

for Mark depended on

never had any children, did

minutes ago. "Just

outler in the eye as he said i

Banwood grimly.

out he thought this was

started the next

An Early Start

she spoke casually. "I sup-

of it. Funny, wasn't it?"

ime, that he had a daughter.

Raisins Are Good, Too

re not entirely without foundation judging by a chart recently issued by the Ontario Provincial Depart ment of Health, which shows that pinach is still the most generous source of iron for human dietary. A mere half-cupful of the cooked vegetable will supply one-fourth of the daily quota needed by a child, and one-third of that necessary to an adult.

adults either for that matter-are so fond of spinach that they can eat it every day, other sources must be found. Prunes are about the next best bet. Five of these, cooked, and looked out upon the world. yield about half as much iron as does the haif-cupful of spinach.
MILK CONTRIBUTES LITTLE

She looked up at him, saw that he was looking back at her and "When I was young, girls wanted to know things," he said. "You even't spoken for at least ter miles. You haven't even asked "But it doesn't make much difonly about a tenth of the value of rence, does it?" asked Valerie. "You see this is the first trip I ever took, I mean, with my father, cause you can't call a chauf cally nothing to the iron ration. feur's driving you a trip, can you?

fathers always friends?" Well, anyway they always ought to be," said Mark. "As for there we're going, I thought we'd just head north and let things ride. We'll loaf along, and if we see anything we like, we'll stop and look it over. It's nice not to hurry when you're just out to play, don't you think?" "I think it's all nice," said Val-

it's the first time I ever had

friend. I mean really a friend. Are

Valerie leaned back beside Mark,

She supposed she was the same

girl she had been six months ago.

Three months ago. Even six weeks

that he was smiling.

where we're heading-"

(To Be Continued)

### Once Gay Paris Loses Its Charm

Social Life Blighted by Huns; People Prefer Rural Homes

The social life that Paris knew has passed out of the picture, says Alice Maxwell, Associated Press correspondent, writing from Lis-bon. The international set that nade it what it was is scattered to the four winds.

As for French social folk, the majority are preferring their chateaux to Paris. They have a doubleedged reason-if they don't occupy them, the Germans will, and if they do, the estate will feed them. Compared with foraging in Paris, a country place that can supply butcream and illicit bacon, is a better

place to be. The thing now called social life n Paris is a mixture of German officers and civilians, German women, Swedes, Spaniards, Italians, Belgians and French.

DON'T BELIEVE PROPAGANDA There is a bitterness in French people's hearts, eating in. But they keep their sense of proportion. The elaborate propaganda in Paris papers, explaining food and other shortages, looks like eyewash to many of them.

can be to make and to wear, yet Pattern 4791 has a gay, fresh, young air about it. Notice the measures. Parisians play dangerous little games. Chalked, penciled, spirited, swinging line of the yoke ringed around in Paris is the letter that curves across the front from V"-which stands or Victory. shoulder to shoulder - isn't it In spite of repressions, there are smart? The wide revers are new and so attractive, especially if you ernment, praise Britain, and chamdecide to trim them with buttons pion De Gaulle, leader of Free and buttonholes. Darts below the French forces, "Vive De Gaulle" is yoking and gathers above the nother chalk mark hard to erase. waist hold the softness of the bodice in place. Even the skirt has unusual flattery in slimming front and back panels. Choose a

# Blow To Mothers

Babies babble and coo an gurgle, but mothers should not talk back to their children with similar baby talk. So says Dr. Arthur E. Secord at the University of Western Ontario in Lon-Shucks, not even an itsy, bitsy, witsy bit!

Chiltern asked Mrs. Ban-Children In Britain Fight Bomb Fires

School children and travelers on untry roads are to be mobilized to fight crop fires if they are started by German incendiary bombs, the ministry of home security announced recently in a statement warning British farm-ers to be on the alert for such attacks. A large number of stirrup pumps and fire pumps powered

to the areas in which Britain's home-grown wheat is harvested. The danger period will be when the wheat is cut and becomes inflammable and later when it is in stock, the ministry pointed out.

#### Sources Of Iron In Family Diet

the List - Baked Potatoes,

The popeye jokes about spinach

IRON A medium sized baked potato, a

slice of cooked meat, an egg or eight dates are all of about equal alue, each yielding about one tenth of the child's daily supply. Raisins are good, too, but they're long way below spinach in the cale of values, while oatmeal has urprisingly, a slice of white bread or a glass of milk contributes prac-

SMARTLY YOKED CASUAL MODE



4791

By Anne Adams

You'll need a here, there and

everywhere frock for the summer casual life—and here it is—in a

style by Ann Adams! Simple as

cool summer fabric — a pique,

linen or shantung would be smart.

Pattern 4791 is available in

misses' and women's sizes 14, 16,

18, 20, 32, 34, 36, 38, 40 and 42.

Send twenty cents (20c) in

coins (stamps cannot be accepted)

for this Anne Adams pattern.

Write plainly size, name, address

Send your order to Anne Ad-

ams, Room 425, 73 Adelaide St.

SORE FEET?

MINARD S

ISSUE -'41

13 LINIMEN

WHY HAVE

W., Toronto.

Size 16 takes 3% vards 35 inch.

fin. Store in a cool dry place Raspberry Jam 2 quarts raspberries 6 cups sugar 1 cup lemon juice. Combine sugar and berries and allow to stand in an earthenware dish overnight. In the morning place over heat, adding the lemon

like mass forms immedia

of a cup to the cup of juice. If the juice remains liquid it con-

tains no pectin and will not jel

This may be supplied by the ad-

dition of commercial pectin or from fruit juice rich in pectin

such as underripe apples (the

minutes, have the required am

ount of sugar heating in the oven;

measure and add to hot juice

Stir until sugar is dissolved. Boil from five to twelve minutes. Now

try for the test: either wher

will form threads, or it will form a sheet dropping from the spoon.

Pour into heated sterile glasses

Allow to cool; cover with paraf-

pped from a spoon the juice

Boil the fruit juice for 15

cores are a great assistance.)

juice (many prefer apple juice) and boil until it sheets from the Raspberry and Gooseberry Jam 1 quart raspberries 1 quart gooseberries

3½ lbs. sugar pint water. Prepare gooseberries and allow to cook until soft. Try to choose large and soft berries. Add rash berries and cook until well mixed then add sugar and cook until thick (about 40 minutes). Turn into jelly glasses and seal in the

arb Marmalade (Request 1 quart rhubarb cut fine 1 quart sugar Juice and grated rind of two oranges

½ cup chopped walnuts.

Prepare fruit and cover with the sugar and allow to stand overnight. In the morning, place on heat until sugar is disso rapidly until clear. Remove from the fire; add the nuts, mix well and pour into glasses, seal ing in the usual way.

Cherry and Gooseberry Conserv 2 cups ripe gooseberries 2 cups pitted red cherries 8 cups sugar 1 cup liquid pectin

Put fruit through mincer. Mea sure and combine with sugar. Mix well and bring to boil, stirring constantly. Add nuts; boil for I minute. Remove from fire, stir in pectin. Stir and boil one minute longer. Turn into hot sterile jars and seal in the usual way.

#### Maharajah Is Rich

The collection of jewelry of the Maharajah of Baroda is valued at \$10,000,000 including necklace containing 130 diamonds valued at \$1,200,000, a pearl neck ornament worth \$850,000, a carpet worked in diamonds and pearls that could not e duplicated for \$250,000 One who is too wise an observer

#### TABLE TALKS By SADIE B. CHAMBERS

Jelly Making

With every jar filled now with jelly or some of the many, many kinds of delicious conserves the homemaker has an extra touch for some future meal. I wonder if you all know, that you may obtain from the depart Agriculture at Ottawa (Marketing Service) their bulletin on "Canning Foods and Vegetables."
This is a valuable bulletin and should be in every home. The general rules for making are well known and have been given in this column before, but I feel that due to the large number of requests on this sub-ject, they should be repeated.

Unless adding pectin, it is bet-ter to use underripe food. Wash fruit and place in kettle over the fire adding just enough water to prevent burning. Cores and pee-ings should not be discarded they do contain much natural pectin and also many vitamins. Heat slowly to boiling; crush thoroughly and cook until the Firing a salvo from a coastal gun somewhere on Britain's first line, Prime Minister Winston Churchill adds another grimace of determination to his collection of fruit is soft. Turn into jelly bag (always wring jelly bag out facial expressions. It was a practice shoot in honor of King Peter of Yugoslavia. warm water) and drain overnight There is a test for pectir which is very valuable to remem

ber. One tablespoon of frui juice and 1 teaspoon sugar an of the business of others, like one ½ tablespoon Epsom Salts. Stinuntil dissolved and allow to stand who is too curious in observing the labor of bees, will often be stung for twenty minutes. If a jelly for his curiosity.-Pope. Canadian gold production during there is a large amount of pectin the first quarter of 1911 amounted to 1,293,518 ounces compared with 1,261,535 ounces in the first three months of 1940. 1 cup of sugar to 1 cup of juice If small flaky substances are formed, there is a small amount Newsprint production in Canada of pectin and you should use from two-thirds to three-quarters

in the first four months of 1941 totalled 1,062,670 tons compare with 1,003,081 tons in the corres ponding period of 1940. Production of gold in the North-west Territories during March,

### Portuguese Isles Are In The News

1941, amounted to 5,099 ounces

against 3,939 ounces in March, 1940

Ever Since President Roose velt in Recent "Fireside Chat" Indicated U. S. Interest In Azores and Cape Verde Groups

In his most recent "fireside chat," President Roosevelt indicated the concern of the United States for certain islands in the Atlantic Ocean belonging to the Republic of Portugal, says The Washington Star.

An amateur student of history is reminded of how little he knows about the Azores and the Cap Verde groups. The former, he learns from books of ready refer ence, consists of nine separate islands scattered over 400 miles of water between the thirty-sev and fortieth degrees of north latitude. It is understood that the name applied to them is derived from the word "acores," signifying

formerly abounded in the archi THE AZORES Some doubt exists as to whether the Greeks and the Romans were familiar with "outposts" so far west of Europe, but the Arabian described the island. The Portuguese captain, Gorzalo Velho Cab ral, reached S-nta Maria in 1432 and San Miguel in 1434. He claimed his discoveries for his country an

colonization followed at a rapid The Cape Verde Islands, fourt in number, lie off the West African coast and are volcanic in origin, with flora markedly tropical. Advise Cadamosto was their disco erer, the date being 1456. A majority of living residents are of African descent. Slavery was abolished in 1876, but freedom has not

brought prosperity.
Bracketed together, the Azore and the Cape Verde colonies approximate 2,400 square miles in area with a total population

#### An Essential Part Of Regulated Farm

A werkshop is an essential part of every well regulated farm. It pays for itself many times over It pays for itself many times over every year. Every farmer has had the experience of having to go to the blacksmith shop during the busy season for some repair that might have been made immediately at home, had there been a shop equipped for doing the work. There are some jobs that must, of course, be done by a profesof course, be done by a professional workman, but a great many of the simpler repairs can be made by a handy man who has the tools.

Exports of Canadian honey dur-ing the calendar year 1940 total-led 10,780,498 pounds valued at \$1,237,295 as compared with 4,-706,914 pounds valued at \$362,070

#### Too Much Drive: Too Little Walk

The Health of the Present Generation is Suffering Due to Decline of Walking For

Dr. E. Stanley Ryerson, director of phyical and health education at University of Toronto has been ob serving this situation and he feels that the health of this generation is suffering because there is too much driving and too little walking. People are getting less and less muscular activity due to the easy facilities of modern transportation. He stresses an important poin\*, too, when he says that physical exercise as to the body. Maintenance of bone structure and development of the muscles are desirable and make for general physical fitness, but there are mental requirements which also have to be filled. It is here that walking proves to be the ideal tonic, linking the brain and well-being. Neglect of the physical human mechanism is frequently reflected in a nervous or unstable state, with the result that persons often break down under the strain of present-day life.

NATURE'S PANACEA The best way to meet these strains is still to be found in the old formula of a sound mind in a sound body. Walking offers the readiest approach to the ideal condition, and the crisp days of sprng are a seasonable time to revive or start this enjoyable habit. It tends to stave off age, keeps the step resilient, feeds the nerves, puts an edge on one's appetite and bring restful sleep. It is nature's panacea and available to every person who has a little will power to practice it consistently

#### Canada's Traffic Deaths Increase

Total Was Much Higher In 1940-Toll For Canada Larg est In Fifteen-Year Period-746 Die In Ontario

> motor vehicle accidents during 1948 the Dominion Bureau of Statistics reported the middle of July. "The number of deaths and the death rate were the highest recorded during the period 1926-40 for which figures for all provinces of

Preliminary figures indicate

Canada have been compiled by the Bureau," th ereport said. The Bureau estimated there were 1,709 deaths attributable to motorvehicle accidents in 1940, compared with 1,584 in 1939. The death rate was 15.0 per 100,000 population, compared with 14.0 the previou

year and 13.8 in 1938. SASKATCHEWAN THE LOWEST Motor vehicles accident deaths by provinces, with 1939 figures in rackets: Prince Edward Island 10 (7); Nova Scotia, 104 (84); New Brunswick, 81 (92); Quebec, 434 (390); Ontario, 746 (682); Manitoba 87 (63); Saskatchewan, 59 (65); Alberta, 72 (81): British Columbi

116 (120) Saskatchewan had the lowest provincial death rate from motor-vehicle accidents at 6.2 per 100,000 population, and Alberta was next at 9.0. Highest, provincial death

### Turn To Brazil For Cotton Supply

Canada Can Get It Cheaper Than From the U.S. - Many

in some official quarters last week as a result of sharp losses in for eign markets, particularly Canada and other countries not cut off by With cotton exports at the low est level since Civil War days,

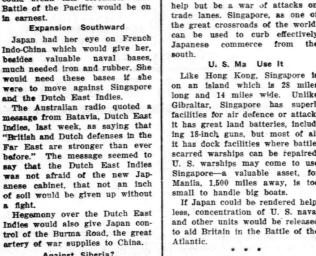
STORED AT BOSTON

a pound cheaper than American

Bales Come From Peru Changes in the foreign trade pol icies of the United States govern ment on cotton were being urged some U.S. Agriculture Department officials are urging that the government take more positive steps to hold markets long accustomed

Canada is turning to Brazil and Peru for the bulk of the cotton needed by its booming cotton tex tile industry, it was said. The Agriculture Department's office for foreign agricultural relations reported last week that Canadian mills had ordered a six-month supply amounting to approximately 200,000 bales of Brazilian cotton and that

shipping facilities had been guarment. It said much of this cotton would be stor d at Boston until It was explained that, because of government price-supporting loan programs in the U.S., Canadian mills could get Brazilian cotton



Indies would also give Japan control of the Burma Road, the great viewed as probable. But the Rus sians were known to be very strong in the Far East and Japan's

tinder cities would be compara-tively easy targets for Soviet incendiary bombs. Japan might find herself, like Germany, with a war on two fronts. She has to use more than a million troops in China to hold the cities, railways and roads which her mechanized divisions overran so easily four years

ernment supervision, and may eventually obtain herds of their

