### VOICE OF THE PRESS

ONLY PARTLY TRUE Miss Dorothy Thompson ha tien the American people some-thing to think about in her statement that only the United States can defeat Britain, for "If we England down, we shall break her heart, and that alone could break her spirit." It is, however, true only in part. Miss Thompson recognizes the contribution the United States must make if victory is to be won, but she r-estimates the resiliency of he British heart.

Undoubtedly, it would be a se-vere blow to Britain's hopes if the promised supply of "tools" failed to materialize. It would e more bitter even than Britain's experiences in the field last when the allies on he year, when the allies on her flanks virtually threw down their arms and left the B.E.F. in a trap. It would be harder to take than the defection of France, an ally turned enemy. But it would not break Britain.

When Prime Minister Churchill declared that "We shall go on to end, alone if necessary," and "We shall defend our island whatever the cost may be," he was the voice of the British This voice and the spirit behind it have not lost their de ermination. Might can overpower Britain; no emotional re etion can beat her to her knees. -Windsor Daily Star

NOT LEARNING ENGLISH With all this drive to have all Canadians learn to speak French, t would be a splendid idea to have all Canadians also learn to apeak English. That phase of the bi-lingual problem is being everlooked in the enthusiasm to teach French to everyone.

We were amazed at the num ber of people we met in New Brunswick and Quebec who could not speak English. Grown-up could speak only French. We wondered what people not hav-ing some knowledge of French would do in those communities Many English-speaking Cana dians are anxious to learn French, and we believe Frenchspeaking Canadians should also encouraged to learn English.

-Windsor Daily Star

---0---CANADIAN RICE Our correspondent at Trent River tells of a typical Indian encampment on Slaughter Island where four tents are pitched for those who are taking off the annual crop of rice. The Indians will go in a canoe, and paddle the rice beds. There they bend the tops over the canoe and with a stick beat out the rice from the tops. Primitive perhaps but a very direct way of saving the rice. The Indian perhaps ould show his white brother several things when it comes to providing something on which to sustain life without going to the store and paying for it.

WHEAT GERM

-Peterborough Examiner.

We were told the other day, as a piece of inspired news, that the reason the millers take out so white flour is that "too much would be harmful." Gracious me! As though our ancestors, the pioneers in this country, weren't twice as hardy as we are and got all the wheat germ there was in th old grist mill process! -Elora Express

NO PULL IN AIR FORCE Doesn't look as though there was much pull or influence used in our R.C.A.F. when Air Mar-

shal Bishop's son goes through manning depot with the rating of AC2, which means in army language just a buck private. -Peterborough Examiner. -0-

Make of this what you will: At the Salina (Kansas) fair, a ady won a rolling pin throwing sontest, and in a later event he husband won first prize in the 100-vard dash. -Brantford Expositor.

MAGGIE AND JIGGS

ADD UNUSUAL PROFESSIONS The new woman, says one of the same, is equally at home in business, in sport and in govern-ment. A few of the truly versatile are at home at home. -Winnipeg Tribune

NAVY FOR HAY FEVER Suffer from hay fever? The join the navy. There is no hay fever on the Atlantic. -Kitchener Record.

A pair of shells of the Australian giant clam, used as holy water fonts of St. Sulpice, Paris, SCHOOLGIRL IN TRAINING



London school girls are now being recruited as trainees for the carvices, the arms factories and nursing. The new organization eligible for girls of 14 to 18, will be called the Girls' Training Corps, and is under auspices of Mechanized Training Corps. Above, Miss Joy Vielder wears the uniform of the new Corps. The "V" badge on the hat stands for the fifth group of the Corps.

THE WAR - WEEK - Commentary on Current Events

### Across Nazi - Conquered Europe The Tide of Revolt is Spreading

"In two years of war," says Fredared and is occupying nine Suropean countries: Poland, Norway, Denmark, Holland, Belgium, France, Czecho-Slovakia, Yugosla via and Greece."

Of the nine, Denmark and Czecho-Sloakia, did not resist inston Denmark had an open from tier and no army; Czecho-Slova kia's defenses had already been sold out and her partition begun Munich. France is actually of cupied only in part, but a German dominated government at Vichy holds down the rest. So the ger general statement stands.

Nasism further dominates and controls five more countries: Ausbis already incorporated in the teich: Italy, the fascist ally whos independence has become a mere myth; Hungary, which half-heartedly tails along with the conquer or; Bulgaria and Rumania which have been literally forced in

Together the fifteen countries cover an area approximating 750, 000 square miles containing roughly 150,000,000. They constitute vast German prison camp of which Hitler is chief jailer. It is the greatest prison camp of all time. Torrent of Unrest

In every part of this vast domain is now rising a tide of unrest and disaffection expresed not merely in passive resistance but in active tage of the Ger an war plans -strikes, fires in warehouses, explosions in factories, severance of communications, derailment of rains and attacks on German soldiers and German outposts. Hitler's involvement in Russia, entailing some weakening of the forces

centive. The defeated have been swift to take advantage of it. The German conquerors are meeting with a corresponding wave of terrorism and repression. Arrests by the hundreds, executions by the score are taking place wherever the population shows signs of recalcitrancy. Jails and concentration camps are filled to overflowing and emergency tribunals meet daily to pass new sen-

tences, yet the sabotage and resistance continue. Dread of Winter Alongside this situation doubtless responsible in part for its spread looms a veritably terr fying prospect of penury and starvation for the subject populations this Winter. Every country dominated by the German armies has been looted of its reserves of domestic supplies to meet German needs. Every country is on strict rations and the rations grow slim-Another terror threatens as Winter approaches. The epidemic dis-eases which are the product of

insufficient food and warmth menace the ill-fed and ill-clad conquered peoples. Typhus is one of these diseases. It killed off 12,000,-000 Russians and one-sixth of the Rumanian population in the last war. Tuberculosis, another product of malnutrition, is on the increase and there has been a steady rise in infant mortality throughout Europe.

Unrest in Italy The Italians are said to be living in fear-fear of the Germans; fear of British air raids; fear of American intervention and fear of the coming Winter. New stringent curbs have been placed on food, clothing, metal articles and coal. About 7 ounces of bread is

There is a shortage of milk, pots toes, eggs and cheese. Meat practically vanished from the market. Heat (owing to lack of coa once imported from Britain), was ordered, could only be turned on for forty days this Winter; last

year it was permitted for 120 days. Some coal comes from Germany, but it all goes to war industries Italy's natural insufficiency, the British blockade, the drain of the African campaigns, the failure of Germany to send in promised supplies-plus dislike for the Nazis and the lengthening war-were said to be causing serious inter nal dissatisfaction. Churchill's Warning Mr. Churchill, in his recent

speech, warned, that while the enemy was suffering from a very serious shortage in air power, "for the rest he retains the initiat He has the divisions, the weapons nd ample means of transport in Europe . . . . and we have not he force to take it from him." Again the warning note sounds when he says: "But to enable Russia to remain indefinitely in the field as a war-making Power, sacrifices of the most serious and extreme) kind will be necessary by the British people, while enormous onversions of plants will be nec-

essary in the United States." In his reference to the war on the Atlantic, Mr. Churchill provided some reason for optimism. Britain's shipping losses have been cut two-thirds in the past three months, while "the slaughter of Axis shipping is one and one-half times that of the previous months and is increasing by leaps and

There is no despairing word in Mr. Churchill's war review, neither is there any complacency. There is no hint of collapsing German morale or diminishing Nazi supplies. The war has still to be won by harder fighting and heavier sacrifices than ever the people of Britain have experienced

### Saving Ontario's Natural Resources \*\*\*\*\*\*\*\*\*\*\*\*

G. C. Toner (Ontario Federation of and Hunters) No. 59 WILD DUCK GROUPS

The wild ducks found on this continent are divided into a num-ber of groups that we shall take The first group is the surface feeding ducks and the Ontario species' of the group are blue-winged teal, green-winged teal, mallard, black duck, baldpate, wood duck, pintail, gadwall, shoveller and European widgeon. The next group contains the diving ducks and includes the ringnecked duck, lesser scaup, greater scaup, redhead, canvassback, gol-den-eye, bufflehead, old squaw, three kinds of eiders, three kinds of scoters and the harlequin duck. The ruddy duck is placed in a group by itself. The fina

group contains the mergansers and consists of three species. The surface feeding ducks are for the most part northern breed ing birds and appear in our waters as migrants. They might well be called dabblers or tip-ups for they feed along the shore either dabbling in the water, or with upturned tail and head immersed, probing the bottom. They dive but little and when feet and wings. They feed upon snails, crawfish, roots of aquatic plants. "gutters" on the sides of their bills act as strainers, and, after probing the bottom, the mere act of closing their bill forces out

the mud and water taken in with the food. birds. They are not often found in large flocks, and our waters seldom exceed fifty birds to the flock. They decoy readily and when surprised spring from the whistling wing are soon beyond week I hope to write more about this group.

est migratory waterfowl in North

# Hallowe'en Party Hermits And Cider

Hallowe'en parties are alway such fun that nobody cares a hoot what they have to eat. Simplest stunt is to lay in a stock of apples and nuts and old-fashioned penny candies with mottoes on them. Then bake a batch of hermits and serve them with ice cold cider.
The hermit recipe which follows is simple - just make sure you have plenty of them.

HALLOWE'EN HERMITS 1/3 cup butter 2/3 cup sugar 1 egg 3 tablespoons milk

1 3/4 cups flour 1 teaspoon baking powder 1/2 teaspoon salt 1/2 teaspoon cloves 3/4 teaspoon cinnamon 1/4 teaspoon mace 1/4 teaspoon nutmeg

1/2 cup All-Bran

1/3 cup chopped seeded raisins Blend butter and sugar thoroughadd egg and beat well. Stir in milk and All-Bran. Sift flour, baking powder, salt and spices; add to first mixture with raisins; mix well. Chill. Roll dough to about one-eighth inch thickness; cut and bake on greased baking sheet in moderately hot oven (400°F.) about 12 minutes. When cookies are cool, frost with orange colored confectioner's sugar frosting, with raisins for pumpkin-face.
Yield: 2 dozen cookies (2 inches

Another Billion Pounds For War

The House of Commons cently voted a new war credit of £1,000,000,000 - \$4,450,000,-000-asked by the Chancellor of the Exchequer, Sir Kingsley Wood, to meet the rising costs British war expenditures are running to £11,000,000 (\$48,-

950,000) a day, the chancello The current expenditures more than 50 per cent higher than during the peak of the First Great War, when they ran £7,-500,000 a day.

# Nazis Building Atlantic "Queen'

An ocean liner to be name the Vaterland is being constructed by Germany to compete for the Atlantic blue ribbon once peace comes, according to Erich Glodschey, naval expert of Hitler's newspaper Voelkischer Beo-A ship of the same name fel

into American hands in the First Great War and was renamed the Leviathan.

Across The Ocean In Bomber Plane

> It Isn't Much Fun But You Will Get There In A Hurry

R. K. Carnegie, staff writer of

the Canadian Press, does not recommend flying across the Atlantic in a bomber as a pleasure trip. Their chief claim for consideration is that "they will get you across the Atlantic in a terrific hurry." Before the passenger gets on he has to sign a paper, the meaning of which is that if anything goes wrong the passenger has n of obtaining redress. That is not unusual as reporters have often had to sign similar papers when going into places where they might get hurt.

On ocean lines they will not sell gum in the tuck shops because they do not wish it to be parked after ward beneath chairs and so on The person going on a bomber is advised to chew it, and to use ear plugs or other material to plug th ears against the roaring of four huge motors. There is also the in struction to move about as little as possible as there is not much space. Some of the beds are set up high so that those who have to nove about can crawl under, and Mr. Carnegie says if a passeng has not crawled for some time he will soon begin doing it on a

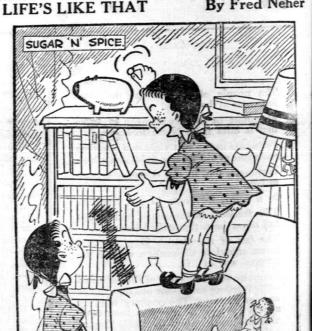
flying suit with a parka on the top which comes over the head. It is a warm and well-stuffed thing, it is needed because the air is like ly to be just around the free point, and there are no radiate on which one can sit and there is no stove against which one ca prop the feet for warmth.

on the floor for those who wish to sleep-or try to sleep. Mr. Ca negie says on one trip seven craw ing passengers took two trips a piece over him during the night No one talks because it would not be possible to hear on account of th roar of the motors. One m on the matress and waits for th end of the trip. But it gets : there in a hurry, and it brings y back the same way. -Peterborough Exami

### Britain Will Get Gangsters' Guns

was staring at the horizon was quite cold. She be A murderous collection of e very much afraid. Per that figured in some of the idea was not so clever tion's most sensational gang seemed when she invent massacres and penthouse soon will be shipped to Great B tain for the civilian defen mean is," she went on

About 500 weapons, varying adly, "people seem to u're not being quite fair sawed-off shotguns to sub-mac " Watching him closeguns that chattered out death ome big shot criminals, have b ould see that the shot She continued more collected by the Treasury pro "After all, the child ment division and will be sent Britain as part of a Lend-le ing, and susceptible to s. It doesn't seem quite the game to let people course it's only for Val-By Fred Neher just a little afraid nobody ng a great deal abou



"I've been puttin' pennies in this thing for a year an' haven't

# By GENE BYRNES THERE! I JUS' MADE



For the Modern Hostess

MARRYING

Violette Kimball Dunn

CHAPTER 18 y're talking about you, of course. Did you imag ould bring an attra g woman from nowhere, like bit out of a hat, and put eroned into your house, and would talk about it?" ark drew up by the side of th and stared at her. "Do you are you by any chance tellme—that Lucy Tredway—" ho else? Really, Mark, I adright to do as you please after all, you're over tenned, a little frightened she had said. She had neve ark angry before. It was

ly disturbing. ople are over ten befor egin to make up rotten stor of thin air, I hope I never up!" he declared, "I never a moments imagined any like this! A young woman salary to tutor my daugh-

isn't any more," said El

rned on her like a mar

me is Tredway," he said

t that made Elise jum

at an imbecile I am abou

lie up to

FINE CUT

omething in the way

point is, well-she

m to be so terribly popu-

Ogden's!

ou also will tie to

DEN'S: And Ogden's

FINE CUT RETTE TOBACCO

for Ogden's Cut Plug

SSUE 42—'41

e again laid her hand on his The arm quivered, as if he inking twice before throwf, like the boy she accused

r heart," she purred. "pleas bark at me. After all, I done anything. After a an adult age." darned if what you sa like it! Well-go on-you st as well tell me all the to the children."

Elise chose one more from her bag of tricks. "Are you furious with me, darling? Do you hate me?" She even managed what sounded faintly like a sob, "I suppose it's what we must expect when we try to help those we-love-I've stayed awake nights trying to decide whether or not I should tell you bout this-and now-"

y, "run along in and catch up on "You're-angry-" be?" Tossing off the whole thing as if it were less than nothing.

ng there talking inanities. He cold forgive her, suddenly, for the whole silly business. Even for making him miss his swim. "Good-bye-" She tried to pu neartbreak into it, and loneliness Mark turned as if on a released pring, and held out his hand Come over sometime," he grinned. 'If you're not afraid of our repu-

Real tears sprang to her eyes. he turned at the door roadster had vanished (To Be Continued

# Canadians Urged To Eat More Fish

Serve fish and keep the house advice of Miss Hazel Freeman, lec-Department, to housewives who are troubled about the rising costs of meat and eggs.

Hints For Buying utlined by Miss Freeman: 1. Buy in season. Fresh fish are isually at their best both in flavor and quality as well as cheapest. 2. Choose thick plump fish in preference to long slender ones for quality and economy.

3. Observe that flesh is firm, eyes and gills bright, skin not dull, and no strong odor.

buying cuts near the head or tail. ed in many casserole dishes, fish

cents a pound, and almost all fish cheaper than meat," Miss Freeman said. "This can be a real saving in restricted budgets."

### Soviet Ghost Army Prepares For War

f course, if you're in love with A dispatch from Stockholm, said that during the last year Field Marshal Vassily Bluecher, The words were hardly cold before she knew what a fatal mistake Soviet commander in the Far hey were. She gathered up her East, has been secretly organizourage and looked at him. His ing and training on skis in Sibera crack Soviet winter army "Why do you women always imof 500,000 men.

gine a man must be in love?" he asked. "Anyway, count me out. Elise tried not to read anything into action early in November. ore into it than just the bare words. But his emphasis on "absotely" was a bit terrifying. She NEW LONG-WAISTED ooked out and saw with astonish-

fore her apartment house. Tears Of Rage Mark got out at once, and opened the door. Her big hat drooping at her side, she faced him with

and after all, that's what she's at

Wide Acres for. The child has been

made over new since Lucy came. I hardly know her. And that makes

er popular with me. Lucy, I mean,

Damned popular, if you want to

Elise grew suddenly cold. "But,

face was far from reassuring.

ent that they had entered the

town, and were even now stopping

her, darling-"

lowered eyes. I suppose you'll never forgive me," she sighed. "I suppose you wouldn't come in and share my dinner. I was going to the Weightman's party tonight, but you don't know how I'd love to cut it-for

Mark could have laughed. He was riding a wave of freedom. He had seen through Elise. Never again would intangible uneasiness fill him because of her or her great dark eyes or her subtle perfume. "I'm afraid not tonight," he said. You see, I must be getting home

"And now," said Mark pleasant-"Not a bit. Why on earth should

He was really wondering how much longer she intended stand-

he turned quickly away and walked up to the house. She was afraid he would see the tears. They were of rage, and even a man would know the difference. By the time

hold budget within bounds is the urer-demonstrator of the Fisheries

"One pound of salmon has three times the nutritional value of a pound of mutton or lamb; and one and a half pounds of white fish equal a pound of lean beef," she explained. "But when the prices are compared, any housewife will see the advantage in increasing the fish consumption in the home. Dr. Robert Wodehouse, deputy Minister of Pensions and Health described fish as "one of the mos valuable forms of food, containing the same constituents as meat bu in a much more digestible form. Embodying relatively high per centages of complete proteins, fish also contained fats, energy foods vitamins, especially D and A which were body builders and increased

4. When whole slices are not equired costs may be reduced by 5. Cheaper varieties may be us

cakes, soups or souffles. Suggestion was made that in buying, three servings to a pound of fillets or half a pound per person for whole fish are adequate. Also in keeping fish, they should be wrapped in waxed paper, covered closely and kept in a very cold place if juices and flavor are not to be lost. "One can buy haddock for 15

The marshal has informed Moscow, the dispatch said, that

HOMEFROCK



By Anne Adams

young and well-groomed, even at household tasks! Your answer is

Pattern 4777 by Anne Adams

It's so simple to make with the

accompanying illustrated Sewing Instructor! That front-buttoning

for laundering. Notice how the

and back, are bias-cut for nice

fit and to give you a slim long-waisted look. Notice, too, how

the skirt flares gracefully below

the hips! The long, panelled lines will give you height. As you can see in the small view,

you may have long sleeves instead

of short. Get this useful pattern

today and make it up in a cotton

shantung or some other sturdy

Pattern 4777 is available in

women's sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 takes 4%

Send twenty cents (20c) in

coins (stamps cannot be accepted) for this Anne Adams pat-

tern to Room 421, 73 Adelaide St. West, Toronto. Write plainly

size, name, address and style

yards 35 inch fabric.

cotton.

number.

is a time-saver for dressing an

Of course you want to look

this year, pasture saw the finest herd of jumping

quite near. The leaves are falling now. The bluffs look sombre

And purple as the evening closes Tonight the new moon tipped each branch with silver noticed when I brought the calfpails in.

Our calves are ready for the winter stockshow. And your blue roan is almost sure to win.

The days are growing shorter, and the evenings Seem long and quiet, Near th yellow light Dad reads the Post to Mother, who is knitting.

says she hopes these socks will fit all right.) We listen to the news and think about you .

And pray that God will keep you safe tonight.

# TABLE TALKS By SADIE B. CHAMBERS

If fruit or ice cream are sched uled to top off your dinner, roll out some Krispie refrigerator cookics in the morning, pack then away, then bake just before supper. Delicious any time, they'r wonderful, fresh out of the oven. For dinner dessert, concentrate or a refrigerator fruit pie which involves no cooking at all. Here are



owders, but nearly everything gave me a great deal of discomfort. I have been eating KELLOGG'S ALL-BRAN now for about five months, and it has done me so much good! I will never be without ALL-BRAN in the house," writes Mrs. E. Goodale, Hamilton, Ontario.

Try ALL-BRAN'S "Better Way"

to correct constipation due to lack of the right kind of "bulk" in your diet. But remember, ALL-BRAN at your grocer's, in two convenient size packages, or ask for the individual serving package at restaurants. Made by Kellogg's in London, Canada.

# Grand Spice Cake Raisin Nut Filling

In Arabia, when a man has eat en another man's salt, he is mor-ally bound not to harm his host In this country we take the spices of the east, finely-milled cake flour, sugar, eggs and salt too, of course, cake, which is guaranteed to en sure your safety. Anyone who partakes of this spice cake in your home will be bound to everlasting peace with you. When the frag ant aroma of spice cake comes loating out of your oven you will know you have something fit for a Shiek, not to mention your own family. And when you serve it, people will murmur "Allah be praised!" or expressions to that

effect. 2 cups sifted cake flour teaspoons double-acting baking powder teaspoon salt

teaspoon cloves teaspoon nutmeg teaspoon mace teaspoon allspice cup brown sugar, firmly packed 2 eggs, well beaten

1 cup light cream king powder, salt, and spices,

and sift together three times. Sift sugar and add gradually to eggs beating well. Combine milk and cream. Add flour, alternately with liquid, a small amount at a time. Beat after each addition until smooth. Bake in greased pan, 8 x 8 x 2 inches, in moderate oven der and work into first mixture, (350°F.) 50 minutes, or until done. Cool. Spread top with Raisin Nut a smal amount at a time. Knea

RAISIN NUT FILLING % cup brown sugar, firmly packed

1/4 cup water thin slices and bake on ungrease 1/4 cup walnut meats, broken and cookie sheet in moderately hot oven (425°F.) about 10 minutes. 14 cup seeded raisins, cut in

2 tablespoons cream or rich milk Heat sugar, butter, and water in skillet, and cook until mixture forms a soft ball in cold water (236°F.) Remove from fire; add nuts and raisins. Add cream until of right consistency to spread.

# "Farm Letter"

There isn't much to tell you-we are busy Trying to thresh-but it's so wet

At the far end, close to the spring -remember? They didn't see me 'till I came

> crumb pie shell and chill unti firm, about 2 hours. Yield: One 9-inch pie.

> CRUMB PIE SHELL 1/3 cup butter 1/4 cup sugar 1 cup fine corn flake crumbs Melt butter; combine with sugar and crumbs; mix thoroughly. Press

mixture evenly and firmly around sides and bottom of pie pan. Chill Yield: One 8, 9 or 10-inch pie TOMATO JELLY

2 cups canned or fresh tom 1/2 bay leaf, if desired teaspoon salt Stalk celery Few grains Cayenne or pepper 1 envelope plain, unf

gelatin 1/4 cup cold water tablespoon mild vinegar o lemon juice 1 tablespoon onion juice Mix tomatoes, bay leaf, salt, cel-

ery and Cayenne or pepper and

boil ten minutes. Soften gelatin in

cold water. Add to hot mixture

and stir until dissolved. Add vine-

gar and onion juice. Strain and

turn into molas that have bee

rinsed in cold water

meddler started him on a thirty-day test of Postumnerves. Jim's too bright and cheery these days to suit



When firm, unmold on lettuce and thrown in,-one salad which reed dressing. Or the jelly may be KRISPIE REFRIGERATOR used as a garnish for salads or

cold cuts. The juice of fresh to-COOKIES

1 cup butter

3 cups flour

1 egg

2 cups brown sugar

1 cup oven-popped rice cereal

2 teaspoons baking powder Cream butter; add sugar grad

ually and beat until light and flut

cereal. Sift flour with baking pow-

and shape into rolls about 11/2

inches in diameter; wrap in war

dough will not dry out. Store in

ed paper, covering ends so that

refrigerator until firm. Cut into

Yield: 71/2 dozen cookies (2 inch

PEACH CHIFFON PIE

1/2 cups sliced fresh peache

4 cup sugar

2 egg whites

1 tablespoon gelatin

4 cup cold water

1/2 cup boiling water

teaspoon salt

1 tablespoon lemon juice

1/2 cup whipping cream

fy. Add egg and beat well. Stir in

matoes makes a delightful jellied salad. Yield: 6 servings. Note: 1½ cups tomato juice or tomato juice cocktail may be substituted for the canned or fresh

mato soup diluted with % cup water may also be substituted. Miss Chambers welcomes personal letters from interested renders. She is pleased to receive suggestions on topics for her column, and is even rendy to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto." Send stamped, setir-didressed

According to experiments temperature of the lighted end of a cigaret is 1,375 degrees Fahrenheit when it is puffed.



"I pretty nearly had lin Brown beaten. I had him drinking coffee or tea at every meal and his nerves were going, his temper was frayed, his digestion upset by caffeine. But some

















