Winner of the Charter's Trophy i

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A. L. MILLER. Editor

JARVIS W.I. MEET

April 8th with the President i

llowed, an interesting paper on griculture was read by Mrs. Earl

en's place in the Federation of Age

e ensuing year the folowing were ected: President, Mrs. Earl Stall-ood; Vice Presidents, Mrs. Earl

Bailey, Miss Mabel Whitwell an

Mrs. Chas. Montague; Publicity Convenor, Mrs. A. L. Belbeck; Citizenship concenor, Mrs. William Robin-

son; Home Economics, Mrs. Ben Johnson; War Work convenor, Mrs. Guy Leathong; Social Welfare, Mrs. Carl Smith; Historical Research,

The meeting closed with God Save The King." The hostess served lunch assisted by Mrs. Ben Johnson

pairs drawers; 1st bundle, 7 childrens slips; 9 pairs bloomers; 3 shirts; 1 pair socks.

Mrs. McNielly, President of Var-

VARENCY W.I. MEET

Marr and Mrs. Allan Lundy: Se

townships in the County

TOMATO KETCHUP Heinz, 14 oz. bottle 19c Tomato Soup CAMPBELL,S, per tinQC

> KRAFT DINNER, pkg. 19c COWAN'S COCOA "Perfection" ½ lb. tin .. 15c

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Marr and prepared by Mrs. E. W. Gowan. Mrs. Leathong gave the report of the District Directors meeting at Cayuga. Mrs. A. L. Belbeck MOST MODERN HOTEL IN DISTRICT JARVIS

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Not Enough Walking - - - -

There can be no doubt that people do not do enough walking. The situation has existed for a good many years. Time was when old and young thought nothing of walking a few miles either to or from work; to go visiting, or just for the pleasure of walking. Children walked long distances to school. Today parents often drive them a few blocks to and from school. We have noted that the practice is particularly prevalent in regard to Sunday School.

The thought of the ability of the children walking the school of the children walking. (Stratford Beacon-Herald)

We have noted that the practice is particularly prevalent in regard to Sunday School.

The thought of the children having to walk seems to appal some fathers and mothers; it seems to appal the children too. Or perhaps that is the bribe to get them to go. Businessmen ride to work and leave their cars standing outside their offices or stores all day. The car stands outside the house in the evening, so that if someone wants to mail a letter the car can take him or her to the nearest mailbox.

How little people walk these days is illustrated by a Gallup Poll just taken in the United States. It showed that 43 per cent. did no walking at all other than inside their office, store or workshop. That might be a lot or practically none at all, because so many people have sedentary occupations. Twenty-five per cent. walked no more than a mile a day all told; 15 per cent. walked from three miles up.

The trouble with sedentary occupations is that they involve a lot of sitting at a desk or standing behind a counter or at a bench, and the very nature of them destroys the mood for walkmost tiring. The results of this lack of taking a common form of exercise that costs nothing at all are found in overweight and a host of troubles that send people to the doctor. There is only one way to conquer the disinclination to take exercise, and that is Perhaps the tire and gasoline rationing will compel people to do more walking. It may be a blessing in disguise to many. VARENCY W.I. MEET

Mrs. McNielly, President of Varence of Ward of the Control of Ward of

At The Church ST. PAUL'S CHURCH,

UNITED CHURCH JARVIS PASTORAL CHAR Rev. Samuel B. East, Minis JARVIS—WESLEY CHIP

CHRIST CHURCH, NAN 10.00 A.M.—Sunday School

Fuesdays—Y.P.S. 8. p.m. First Tuesday—W.A. 2.30 pm Third Tuesday—W.M.S. 2.30 pm Thursdays—C.G.I.T. 7.30 pm GARNET UNITED CHURO

PRESBYTERIAN CHURCHE Rev. W. H. Fuller, Th.,B., Min

Knox, Jarvis—
Sunday, April 19th
Knox, Jarvis—
10.00 A.M. — Sunday School
11.00 A.M. — Morning Worse,
7.00 P.M. — Evening Worse,
Chalmers, Walpole halmers, Walpole—
2.00 P.M.—Sunday School
3.00 P.M.—Afternoon Worship PROFESSIONAL CAR

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News of the Countryside From The Record's Correspondents

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Wartime conditions tend to crowd transportation facilities on week-ends when soldiers and war workers travel. You can aid by going during the mid-week when possible, and by getting tickets and information in advance. Going by Greyhound, you'll be saving your car and tires, saving materials Canada needs, And you'll be saving money for War Savings Certificates. Please leave and board coaches only at regular stops — to help us save on tires and gasoline.

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GREYHOUND

JARVIS DEPOT—

William Linden of Smithville, spent over the week end with his father, Mr. Robert Linden Victoria Ave.

NANTICOKE

returned to their home after spending the winter months in Florida.

Mr. and Mrs. Donald Dempster

who for the past few months have been living in one of Mr. and Mrs. Gerald Fess's apartments, have mov-ed to Dunnville, where Mr. Dempster

Nanticoke from Sunday April 12th to Sunday, April 19th, each evening except Saturday at 8. P.M.

We are pleased to report that Mrs. Harvey Vokes, who underwent an operataion in the General Hospital in Hamilton, on Monday is recovering nicely.

Mrs. Jack Adams of Mount Forest

and Mrs. Lewis Parney of Brantford, spent a few days last week at the home of Mr. and Mrs. Leo Harris of Mr. Cyril Meade, son of Mr. and Mrs. John Meade, of Nanticoke, has been transferred from Woodstock to

RENTON

A large number of friends and re-latives attended the funeral of the late Charles Challand held from his late home on Tuesday afternoon. The late Mr. Challand, passed away, sud-denly at his home on Saturday mornng. Several friends attended the "kit-

Several friends attended the "kit-chen gadget" shower held at the home of Mrs. P. Kitchen, on Wed-nesday evening in honour of her cou-sin, Miss Eleanor Mitchell, a bride of this week.
Mr. and Mrs. Earl Duncan spen



TELEPHONE 77

.... AND THE PACIFIC IS DEEPER STILL Cartoon by Vicky from the London News Chronicle.

WATERFORD

Mrs. J. Billo has been spending the past week in Brantford with her J. J. PARSONS, Clerk.

J. J. PARSONS, Clerk. reek in Brantford with her

ne McCallum, Aylmer.

Mrs. Wm. Crandall returned home last week after spending the Nanti-last week after spending the past Nanti-last week after spending the mas.

Nanti-last week after spending the past Na

but I can stick him better than Hit ler. I'll deal with Hitler first."

DO NOT HOARD!

Hoarders are people who buy and store away goods beyond their immediate needs.

They want to be in an unfair position over their neighbors. Hoarders are traitors to their country and their fel-

low citizens, because by creating excessive and un-

necessary demands for goods, they slow down the war effort. There is no excuse for "panic buying" and hoarding. Everyone will have enough, if no one tries to get

Hoarding must stop! Every unnecessary purchase makes it more difficult for Canada to do a full war

more than a fair share.

THERE'S A LAW AGAINST HOARDING

It is against the law to buy more than current needs. Violation of the law is punishable by fines up to \$5.000, and imprisonment for as long as two years.

AVOID ALL UNNECESSARY BUYING - AVOID WASTE MAKE EVERYTHING LAST THE LONGEST TIME POSSIBLE

In cases where it is advisable for you to buy in advance of your immediate requirements—such as your next season's coal supply-you will be encouraged to do so by direct statement from responsible officials.

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