

ALL'S WELL ON THE FARM FRONT



These smiling farmettes personify the spirit of the hundreds of girls who are serving on farms this summer to help relieve the situation caused by an acute shortage of manpower all over the country.

SUNDAY SCHOOL LESSON

LESSON 35 JACOB SEES GOD'S HELP—Genesis 31—33. PRINTED TEXT, Genesis 32:12, 27-29.

GOLDEN TEXT—God is our refuge and strength, a very present help in trouble, Psalm 46:1.

Place—Padan-aram, the home of Laban in the Haran, east of the upper Euphrates valley, possibly near Damascus; Penuel, thus far unidentified, but certainly somewhere on the banks of the Jabbok in the northeastern part of Palestine in Gilead.

27. "And he said unto him, What is thy name? And he said, Jacob. And he said, Thy name shall be called no more Jacob, but Israel: for thou hast striven with God, and with men, and hast prevailed."

28. "And Jacob said when he saw them, This is God's host; and he called the name of that place Mahanaim. And Jacob sent messengers before him to Esau his brother unto the land of Seir, the field of Edom. And he commanded them, saying, Thus shall ye say unto my lord Esau: Thus saith thy servant Jacob, I have sojourned with Laban, and stayed until now: I and I have oxen, and asses, and flocks, and man-servants, and maid-servants, and I have sent to my lord, saying, I may find favor in thy sight."

29. "And the messengers returned to Jacob, saying, We cannot see thy brother Esau, and moreover he cometh to meet thee, and four hundred men with him. Then Jacob was greatly afraid and was distressed, and he divided the people that were with him, and the flocks, and the camels, and the oxen, into two companies: I, and he said, If Esau come to the one company, and smite it, then the company which is left shall escape."

30. "As Jacob comes near to Edom, the country in which his brother Esau with his family was living, he cannot help but be troubled in remembering, though twenty years have elapsed since it occurred, his deception of his father Isaac, his cheating of his brother Esau, and of Esau's intention at that time of killing the twin whom his mother loved. A sinful act has the power, after years, of rising up and confronting us in the most unexpected and undesired time. Our evil deeds are easily forgotten and our imagination of the past retains only the good; but God and conscience keep in reserve the evil. Twenty years had passed since Jacob did just as it stood before—only more formidable, grown in bulk and terror. It is vain to think that you can do evil and reap no consequences from it."

Prayer For Deliverance

"And Jacob said, O God of my father Abraham, and God of my father Isaac, O Jehovah, who hastenest unto me, Return unto thy country, and to thy kindred, and I will do thee good: 10. I am not worthy of the least of thy loving kindness, and of all the truth, which thou hast showed unto thy servant; 11. As for my staff, I passed over this Jordan; and now I am become two companies. 11. Deliver me, I pray thee, from the hand of my brother, from the hand of Esau: for I fear him, lest he come and smite me, the mother of the children. 12. And thou saidst, I will surely do thee good, and make thy seed as the sand of the sea, which cannot be numbered for multitude."

Though Jacob sent messengers ahead with the hope that they would be able to appease Esau, he was soon doubly troubled because when they came back to him they could only report that Esau was also approaching with four hundred armed men. This sent Jacob to his knees to cry to God for deliverance in what is generally recognized to be the first full prayer recorded in the word of God. The prayer was marked by true humility. Jacob acknowledged his own unworthiness of all that God had done for him, and with heart-felt gratitude he testified to the way in which blessings had been showered on him.

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Thanksgiving Day

Thanksgiving Day will be observed throughout Canada Monday, October 12, it was announced in a proclamation published last week in a special edition of the Canada Gazette.

10,000 Jap Forces in Aleutian Islands

Japanese forces in the Aleutian Islands area are estimated by a Navy spokesman in Washington to be about 10,000. The three points now occupied by the Japanese are Kiska, Attu, and Agattu Islands. About 5,000 Japanese are ashore on these islands and about 5,000 more are in the surrounding waters on transports and naval vessels, the spokesman said.

The Navy spokesman said not long ago that aerial reconnaissance so far had failed to disclose any enemy landings on the undefended Pribilof, 250 miles northwest of Dutch Harbor. A move by the Japanese into the Pribilof, reported for some time, not only would bring the enemy much closer to the Alaskan mainland but would put them in a strategic position for a flanking attack on Dutch Harbor.

Navy officials admitted, however, whether the Pribilofs could be used for very extensive sea and air operations. The four rugged Bering Sea waters afforded anchorage only when the wind is blowing from the land.

Several hundred inhabitants of the two main islands, St. Paul and St. George, were removed several weeks ago. Home Security Minister Herbert Morrison announced plans to conscript British women over 20 years of age to serve as fire watchers, a job made more important by disclosure that German raiders are dropping a new type of phosphorus fire bomb.

Morrison said incendiary bombs are "the greatest single menace to the British Isles." He said the women were suffering from a serious shortage of men workers.

He said he hoped to speed conscription of the women, who probably will start registering within two weeks. The announcement came after the Home Security Ministry warned about incendiaries filled with phosphorus, a waxy substance, which, when dry, bursts into flames at room temperature.

Children's Hotel

Kvacsue children, all of them under 15, are running a hotel in Cornwall, England. They call it Total War. Sascia's Hotel and head of the staff is 14-year-old Connie Grant.

Rubber, when not in use, dries up and becomes brittle. Use of rubber keeps it lively and so it is with tires. They will actually be as valuable regardless of the use they may receive when they finally reach the reclaiming plant.

Another Monday through Friday quarter hour, dedicated to the Canadian war-time home, will be broadcast on the radio, with the Canadian war-time home, which promises continued enjoyment and benefit, is the War-time Prices and Train Board's morning show "SOLDIER'S WIFE," broadcast at 11.30 a.m.

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DEDUCTIONS FROM SALARY FOR INCOME TAX SHOWN

The following table shows how much employers will deduct from Canadians' weekly pay cheques for income tax payments, starting with the first pay period in September. Deductions for alternative savings like life insurance premiums and mortgage principal payments may be made from the Savings Portion (S.P.) of the Total Tax (T.T.) but in no case may the deductions be greater than the amount of the savings portion.

Table with columns for Income Weekly, Single, Married, and various tax rates. It lists weekly payments for different income levels and marital statuses.

Radio Reporter

For war-time listening, of particular help and interest to Canadian women, give it a listen and benefit from it and enjoy Claire Wallace!

The first week in September brings back many favorites to the airwaves—September first and the Happy Gang, September 4th and Fenay's Diary, September 5th and Share the Wealth, Sunday the 6th and McCarthy—and on the same day, CKOC in Hamilton, will usher in a new season of September on CKOC with a banner line-up of top-talent local shows.

Everyone working in every radio station gets a bang out of the job they do—and particularly those who work on the air and produce and present programs for your enjoyment.

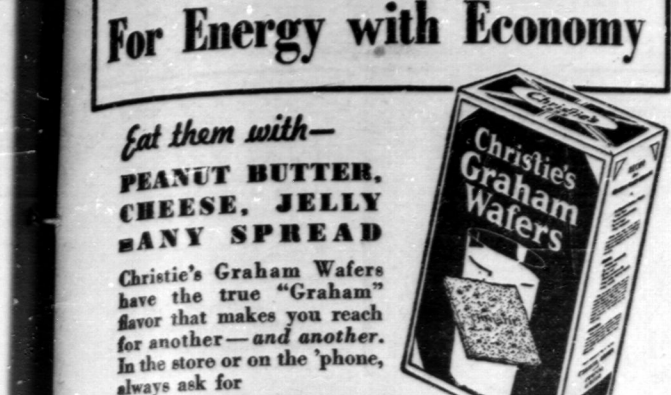
Around CKOC the other day, the "whole staff" was "tickled pink" with a complete library of the famous Boston "Pops" Orchestra recordings which the station acquired.

Richard Crooks, John Charles Thomas and Lawrence Tibbett! The best music will share in the enjoyment of the top-talent music, when you are in tune with CKOC!

There's ONE fact we know for sure—and that is, Charlie McCarthy returns to the Canadian airwaves Sunday, September 6th, at 8.00 p.m. EDT. Whether, as in past years, Deanna Durbin will be the first guest of honor on the show, is as yet a moot point. Something else we do know, and it's sensational news, is that Don Ameche will be Master of Ceremonies! Don's great vocal personality; w'l, we feel, bring McCarthy's most brilliant season to the air. Ray Noble's music will be there too, and a great parade of famous guests. So mark down the date Sunday, September 6th, for Charlie McCarthy—8.00 p.m.—CKOC, and CBC network!

The new voice being heard Trans-Canada these days on the early afternoon CBC program, 146, is that of Claire Wallace, well-known Toronto woman, former women in the Canadian home and very well known. With Claire Wallace in this new radio program series, the "YOU" in the name of the famous radio program, will know the joy of singing star. All in all, Claire Wallace and her program "THEY TELL ME" is designed

For Energy with Economy



Eat them with—PEANUT BUTTER, CHEESE, JELLY, ANY SPREAD. Christie's Graham Wafers are the true "Graham" flavor that makes you reach for another—and another. In the store or on the phone, always ask for

Christie's Graham Wafers

WANT-AD ROMANCE

BY TOM HORNER

THE STORY: Ted Andrews and Kay Benson had shared a lot of sentiment together as sales manager and owner, respectively, of Wondroop, an invention of Kay's late father's that had turned out to be, not a cleaner at all, but a powerful explosive. With Kay's factory leased to the government for the duration of the emergency, she and Ted, Joe Benson, chemist, Mary Marshall, her secretary, and Mike Flynn, lawyer, take a vacation. The last sight at the resort Ted sees Kay the Joe, assumes they are in love. He really, Joe has just told Kay that he and Mary Marshall plan to marry. Ted assumes that his latest wife, Kay, is in love with Joe, the girl he had met over west side on a park bench and had come to love in the weeks they worked together.

CHAPTER XI. Ted! Please let us hear from you. Worried. Kay. God danced down the dock to the canoe. Joe and Mary were to be married! Tomorrow, maybe. If Ted—hey, could he make it double wedding? Ted should be waiting for her. He had promised herself this last moonlight canoe trip, planning an ideal setting for his proposal. There had been other opportunities, she recalled, but Ted had evaded them. The last night in the plant—She was sure he intended asking her then, but she had wanted a more romantic setting. She wondered when Joe had asked Mary. That first night at the lake, or at the dance. She decided it must have been at the dance. Mary had adored Joe ever since he came to the factory, she had confessed, but she was willing to turn him in as a spy. Kay wondered if she would have second second courage.

Mike Flynn paced the length of his office, turned, faced Kay. "Now stop your worrying, Katie girl," he said tenderly. "The ad will see this ad and some a-running. He should be telephoning any minute now." He bit down fiercely on a stub of cigar, resumed his pacing. "The young idiot!" "Ted's no idiot! Joe. He must have seen me kids Joe, and then he thought—" The tears were freed again.

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Advertisement for Kellogg's Rice Krispies, featuring a cartoon character and the slogan "A PEACH OF A BREAKFAST".

TABLE TALKS

SADIE B. CHAMBERS

Substitutes For Meat

As a patriotic duty we are asked to eat less meat—for financial reasons many will find this necessary. No harm will come to anyone if those who prepare the meals are careful to substitute protein. It is the proper balance of protein in our diet that counts, not how much meat we eat or do not eat.

Protein foods, as you know, are meat, eggs, beans and cheese. Gelatine contains a little protein, as also does milk. Here are a few recipes which might help.

Casserole of Vegetables. Make alternate layers in a casserole of half a dozen thinly sliced raw potatoes, a small turnip, cut in cubes, half a pint of tinned peas and the same of tinned tomatoes, a sliced onion and two ounces of washed and uncooked rice; season as you wish with salt and powdered allspice. Pour in a quart of good vegetable stock and cook with the lid on in a slow oven until the rice is done, about 8 hours.

Carrot Pie. Cook a large carrots or their equivalent in small pieces and while they are still hot cut them in slices and put in a greased pie-dish. Bring a cup of bread crumbs seasoned with pepper and salt and 4 ounces of grated cheese and mix with one egg. Pour this over the carrots and brown in a moderate oven.

Mounds of Spinach. Squeeze a pound of cooked spinach and whip into a pint of lard or lemon jelly (prepared with jelly powder). Turn into a round buttered mould, putting a tumbler down the middle. When the spinach is set, take out the tumbler, pour a little hot water into it. Fill up the space with chopped hard-boiled egg mixed with salad dressing and seasoned with a little onion and celery. Turn out when set, garnish with ring of hard-boiled egg.

Cheese Tart. Line a small pie tin with rich crust and bake. When it is cold prepare the following: One-half pound of grated cheese, two well beaten eggs, one-third cup of cream or one cup of very rich milk. Season with salt, pepper and a touch of cayenne pepper. Bake in a moderate oven for one hour. The top will be a beautiful gold and the inside delicious.

Feel the cucumbers (large ones) and cut in one inch lengths. Remove the seeds, wash and slice in a salt water. Drain them well, and when they are cold stuff with a savoury stuffing, season with salt and pepper. Even Niagara's magnificent fry in clarified butter. Serve with fried praline garnish.

Miss Chambers welcomes personal letters from interested persons on topics for her columns. Suggestions for new columns are also invited. Requests for reprints of articles are also invited. Address your letters to Miss Adelaide Street, Toronto, Ontario. All correspondence is returned if you wish a receipt.

Tips For Care Of Rugs And Carpets

When dirt is imbedded in rugs they wear out very quickly. Here are tips that will help those rugs and carpets last. Rather than going over a rug with the vacuum cleaner once a week for a long period, it is better to use it two or three times in the week for a shorter time.

Rugs and carpets should never be beaten; instead scatter rugs should not be shaken. In doing this the fibres in the back of the rug are broken. Spots should be removed from rugs as soon as they are made. Rather than washing or shampooing a valuable rug it should be sent to a reliable rug cleaning expert who knows how to give the proper attention.

Rugs should never be laid on a rough uneven surface as it will cause the rug to wear out very quickly. A pad, or even newspaper, placed under a rug will lengthen its life.

Fall Wheat Crop Best Since 1927

Cutting of all wheat throughout the province was nearly completed at the end of July, the Ontario Department of Agriculture reports in its monthly crop report. There was some lodging of the wheat crop but early maturity prevented extensive damage. A "crush" job is one that is done in six weeks. Most growers just aren't in the moving business any more.

No Coupons Needed for Postum

TEA and coffee rationing does not apply to Postum. No coupons are needed to buy this grand mealtime beverage.

Conserve tea and coffee in your home by drinking Postum. You'll be surprised and delighted to learn how satisfying Postum is. A delicious beverage with a robust, inviting flavor. Postum is quick and easy to make, and economical to use. SAFE for the whole family—contains no caffeine or tannin, nothing to upset nerves or stomach.

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Britain To Allot All Tea Supplies

The British Food Ministry plans to acquire all available tea supplies and make distribution to Empire countries in proportion to their requirements. It was announced recently by H. E. McKinnon, president of the Commodity Prices Stabilization Corporation.

Before the war Canada imported an average of 42,000,000 pounds of tea annually from Ceylon, India, Netherlands East Indies, China, Formosa and Japan. At present Canada's only source of supply are Ceylon and India which in normal times provided 70 per cent of the world's tea—and both of these countries now are in war zones.

West Will Harvest Double Size Crop

Farmers of the Prairie Provinces will this year harvest a crop of 600,000,000 bushels—twice as large as last year—the Winnipeg Free Press said last week in its fourth crop report of 1942. Harvesting of some Manitoba fields of spring wheat has begun, but average dates for beginning wheat harvesting will begin August 13 in Manitoba, August 20 in Saskatchewan and August 20 in Alberta. The newspaper estimates yields will be high in Manitoba 27 bushels, Saskatchewan 26 and Alberta 28 bushels an acre.

Only a few points describe oats and barley prospects as other than "good."

UNIVERSITY OF TORONTO School of Nursing

For the session 1942-43 the following course is offered: A three-year Diploma course; includes a general training in nursing and special preparation for public health nursing. Note: In this course preparation is given for Nurse in Charge. Scholarships and loans are now available. For further information address: The Secretary, School of Nursing, University of Toronto.

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