

Says Mr. C. Boyer, Valleyfield,
Quebec: "For many years we've
enjoyed KELLOGG'S ALL-BRAN,
the delicious cereal that keeps us
regular . . . naturally. In muffins,
ALL-BRAN is delicious . . . we
have them almost every day. And
ALL-BRAN is a grand cereal for
breakfast."

My don't you try ALL-BRAN'S

grand cereal for
breakfast."

if you are troubled by constipation
due to lack of the right kind of
bulk' in your diet? But remember,
ALL-BRAN doesn't work like
regularly and drink plenty of water.
Get ALL-BRAN at your grocer's,
in two convenient size packages, or
ask for the individual serving
package at restaurants. Made by

breakfast."

Why don't you try ALL-BRAN'S
"Better Way" to correct the cause

Kellogg's in London, Canada.

· SERIAL STORY

MURDER IN FERRY COMMAND

ESCAPE-THE HARD WAY CHAPTER VIII Like a person walking under strange roof and attempting to figure where he is, Dawson fought arough a haze of pain to clear his mind. The least motion of his dy brought savage darts while his head pounded mercilessly. His mouth was dry as parchment and his tongue evidently swollen. As he twisted a bit to the right the pain lacreased around his heart ... then he remembered John's closing words and the flash of

His wrists and ankles were numb, for which he was grateful.

They were badly swollen, but he'd be able to work on them without too much suffering.

The gray light of pre-dawn trickled through a skylight into

his storeroom prison. Peering at the forms about him he concluded a number of them were packing

KIDDIE JUMPER MODE



The minimum of fabric and sewing time will be required to make this Anne Adams jumper, Pattern 4222. It's in just two By Anne Adams pattern parts, plus straps. The buttoned. Make the

blouse in bright contrast. Pattern 4222 is available in children's sizes 2, 3, 4, 5, 6, 8. Size 6, jumper, takes 1 1/8 yards 39-inch; blouse, 1 yard 35-inch. Send twenty cents (20c) in coins (stamps cannot be accepted) for this Anne Adams pattern to Room 421, 73 Adelaide St. West, Toronto. Write plainly size, name, address and style number. ISSUE 44-'42

cases. That meant rough, jagged edges.

Picking out a large one propped in a corner, he began the ordeal of wriggling toward it. Eventually

he made it, panting for breath, salty perspiration dripping over his eyes. tion, lifting his bound legs and propping them against the high rough edge. Muttering a silent prayer that the packing case wouldn't move with the weight of his legs, he drew them up and down so that the rope binding his

ankles scraped on the edge. Until he got the use of his legs he couldn't stand up to free his hands the same way. It was a long, tedious jobhours it seemed—while the gray light changed to bright sunlight.

Frequently he felt his head swimming, but Dawson continued scrap-ing. It had to be done easily lest sound awaken his captors. . Abruptly he froze. What was

A door had shut almost directly below him and . . . yes, somebody was mounting the stairs! Frantically, Dawson poured every ounce of power into the scrap-. . the rope was stretching . . break, damn you, break .

there was a key grinding in the lock . . . one more last push-that did it . . . the rope ported. hat did it . . . the rope parted! Digging his teeth into his lips n her hand! o suppress his sobbing breath, Dawson swung his legs over to one side and stretched out still just as the door swung open. The dusty rays from the sky-light reflected on a revolver in a man's hand-it wasn't John; must be the other man who had Dawson bounced past John to nelped carry him the night before.

Suspiciously, the man looked from the spot where they had thrown the captive to the shadowy corner. Slowly he approached, gun aimed squarely at Dawson. "Water, for God's sake, water!" The man's sneering face was irectly over him now. "How would like an ice cold

Tom Collins, big shot?" he rasped. Dawson barely opened his eyes as he spoke again: "Look at my ankles-something It was a desperate gamble, but

lawson put everything on the fact that he was in a dark corner and the man would have to bend over to see. . . It was working-he was ling over curiously . . . now was the moment! With every last bit of strength drawn from the reserve of a wellconditioned physique, Dawson steadied himself with his left foot

and kicked upwards with his right. It landed with a sickening crunch and the man crumbled across Dawson's legs! It wouldn't do for this chap to waken up too soon. Brutally, Dawson kicked three times full into the face of the unconscious man -that ought to do the trick. Gradually, Dawson scrambled to his feet—he had never realized

before how difficult it was to rise from the floor with one's hands tied. His head swam dizzily and his

knees trembled. The nervous ten-sion plus the long period during

GOOD EATING NEWS

Sleight-of-hand won't produce meat when it's needed for the boys in the service. But a little kitchen magic will stretch a pound of sausage to nine servings. The secret lies in this recipe for Sausage Shortcake.

cup white cornmeal cup flour tablespoon sugar teaspoons baking powder ½ cup All-Bran 4 cups melted shortening 2 tablespoons butter easpoon salt

Paprika
Creamed Sausage
tablespoons flour
teaspoon salt pound bulk sausage tablespoons fat

2 tablespoons fat

2½ cups milk

Sift cornmeal, flour, sugar, baking powder and salt together.

Add All-Bran, milk, beaten egg and shortening. Mix until flour about thirty minutes. Remove from pan, spread with butter while with paprika.

Brown sausage in frying pan, breaking it up into small pieces. Pour off fat, excepting 2 tablespoons. Stir in flour and seasonings; add milk and cook, stirring constantly, until thick and smooth.

Yield: 9 servings (9 x 9-inch pan.)

him in bad shape. He'd have to work with the utmost caution.

Backing into the door so that he grasped the doorknob with his tied hands, he closed it softly. Then he moved quickly across the storeroom and turned his back to the packing case edge, using the scraping method on the wrist rope. It took even longer than the other, but the tough strands finally parted. For fully five minutes he rubbed the angry, swollen wrists before turning to the man on the floor. From a packing case he stripped a length of wire and deftly bound him.

Picking up the revolver, he opened the door gingerly and stepped into the hall. Still no sounds except from the kitchen.

Identifying the hall through which he had been carried as that of the second floor, he walked on tiptoe, pausing at the door beside the main stalresse leading.

door, he heard deep, regular breathing. Ever so carefully, he turned the handle. It opened noise-

volver around so that he grasped it by the barrel. He shook the sleeping man ten-

"wake up, cutie, and see who's here!" he said in a loud whisper. The regular breathing ceased and John's eyes fluttered open. For a second he stared up unseeingly, then sat bolt upright, his mouth opening in the prelude to a yell.

waiting for. His arm swung in a short arc and the butt of the revolver caught John squarely in "Now get up, skunk, and watch yourself!" he growled.

ly moved out of the bed and stood "Walk ahead of me - through the door and downstairs. One false move and I'll drill you!"

Obediently, John half staggered to the door. Dawson swung it wide and his prisoner walked into the hallway, halting at the top of keeper clutched her shoulder, tottering sideways and rolling down

To the sandwich filling may be the next door-the door leading for variation.

Ban Not Lifted On

Although requests for sugar for apple-presering have been reserived, the Prices Board was understood to be standing by its decision that the preserving sugar cut-off at the end of September should be maintained. Those seeking allowances in addition to their normal ration have told the board that more sugar is needed for cooking apples, but the board is taking the position that Winter apples are not perishable and there is no urgency in the situation.

TABLE TALKS

SADIE B. CHAMBERS Aids To Rationing

I expect many of you are won-dering if it is advisable to have a Christmas cake this year. Maybe it is; if so, this recipe was handed to me, as one, which was used greatly in the last war and became very popular. Canada's War Cake

package seeded raisins teaspoon cinnamon cups hot water teaspoon salt teaspoon cloves or ginger Boil all these ingredients to gether for 5 minutes after they begin to bubble. When cold add: cups flour, 1 teaspoon baking soda (dissolved in 1 teaspoon hot water). Bake in 2 loaves for 41 minutes in a slow oven. This cake is better at the end of the week

cupfuls brown sugar tablespoons lard

or even longer. It ripens as does all fruit cake. Sandwich Filling medium sized sweet red peppers 11/2 cups flour

11/2 cups white sugar Scant 1/2 cup mustard 11/2 cups cider vinegar cups water

2 teaspoons salt Wash, cut and remove seeds from peppers. Cover with water in the saucepan and boil until ten-der, about 15 or 20 minutes. Drain; remove the skin from peppers and chop into fine pieces.
Mix the dry ingredients thoroughly (sifting is the best method); add the vinegar and the water and cook this mixture in a double boiler for 20 minutes, stirring quite frequently so that it will remain smooth. Add the chopped red peppers to the mixture and cook for 10 minutes longer. Put in sterile glasses.

added grated cheese, nuts, etc. Red Pepper Sauce 12 sweet red peppers

medium sized onions

3½ cups sugar Remove the seeds from the peppers and put peppers along with the onions through the food chopper or chop fine. Cover with cold water, bring to the boil and drain.

Keep in line with timely Crown Brand Syrup in addition to its other uses, is being so

generally used to supplement sugar, that the demand has increased endously — so that sometimes your grocer may not be able to supply you. But you'll understand why.

meet a demand resulting from a war shortage of millions of pounds of sugar. The supply of Crown Brand Syrup, like other things, must be shared. Pon't hoard — buy

CROWN BRAND

sugar and boil for ten minutes again. Remove the lemon sections, skim and bottle. Creole Sweet Potato Pie 1/2 cup brown sugar

A Delightful Beverage

With each successive cup, Postum's robust, satisfying flavor seems more delicious. It's easily made, requires less sugar, and is very economical. And because Postum contains neither caffeine nor tannin it's a safe beverage for everyone.





How soon can WE end this War?

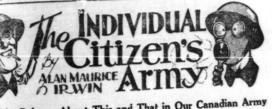
This is the people's war...it is our war. Each and everyone of us must contribute our utmost to help speed the day of Victory! If we fail in our duty to lend to the limit, we help make this war last longer.

Let us resolve to back the new victory Loan to the utmost of our ability. We, on the home front, must strain every fibre that our fighting men may have overwhelming superiority in arms and equipment to crush our still powerful enemies. The dollars we lend NOW will make this possible sooner.

Buy Victory Bonds

CRASH CREW GETS A WORKOUT





A Weekly Column About This and That in Our Canadian Army

decide to run south and spend Why do you read this column? couple of days in Chicago. You appetite whetted by the Windy Because you are interested in the Army. And the reason you are City, you change your mind again and head for os Angeles — where rested in the Army is because ur son or your brother or your you find your mail waiting for father or your sister or your mother is in the Army.

Sounds like magic, doesn't it?
Well it would be magic if it
could be done in civilian life,
but in the Army it's different. You can't find out enough to satisfy you. You want to know what he is doing,- what his ennment is, what his compan-There you have an organization ions are like or to know whether that has to keep its component dethe is amongst congenial people, what her job is or is likely to be. that goes on so that supply and In other words, and your parti-gular contact with Army life may not realize it, you want to know transport will be arranged. Movements planned in advance, every little thing that goes on. The sort of thing that is so close to the letter-writer that he or she does not think of it as being in-

teresting. Right?
Since we understand each other
on this point let's have a look at the other side.
What about the soldier—male er female—who awalts your let-ters from home? What sort of letters do you

Do you tell every little thing that goes on, do you realize that no soldier, man or woman, is so far from home that home isn't the most absorbing thing to read about when the Mail Corporal comes around with the letters?

Not long ago some of our statesmen made pleas for letters to soldiers that would buck up their norale. They wanted us to write brightly and cheerily so that the boys and girls would feel better about things. Stuff, nonsense and poppy

The troops don't need artificial cheerfulness - the kind of boys and girls in need of artificial cheer haven't yet volunteered for active service — what they want is news have put behind them until they finish the job of making a continuance of that life possible.

Tell them what's happening of their real life, tr

around the barn, down by the
Post Office, who is "going with"
who — or should it be whom? —
how many kittens Tabby had last time, how Aunt Martha looked when she slipped on the cellar stairs and broke her ankle. Write a chapter about the new teacher who slapped the face of the fresh father is chairman of the School Board.

In other words, keep them in the family circle. And when you are doing that and be sure to do it often, but not because you fear a loss of morale give a thought to the Canadian There is an unpublicized unit of Postal Corps.

specialists who get nothing but criticism from their fellow soldiers because mail is one of the things we take for granted when we get it — and curse the post-man for when it is late! man for when it is late!

It is a mammoth task, this handling of letters nad parcels to hundreds of thousands of addressees who have literally "no known address." When you put your letter in the mail box its destricted to you of tination, unknown to you of course, may be the West Indies, Newfoundland. Nova Scotia, Fewert Ciberty, Frederick Scot-Newfoundland. Nova Scotia, Egypt, Gibraltar, England, Scot-land or Brockville. It may change from one of those destinations to another while the letter is en

But that letter is delivered and in less time than the civilian Post Office which works very closely with the C.P.C., could handle on a life of Pail handle an ordinary piece of mail.

As an example imagine you have decided to take a trip to Vancouver. Half way there you

ne "magic" becomes just good business practice that results in e delivery of a letter originally destined for Sergeant Brown in cotland to Officer Cadet Brown in Brockville, Ontario, the minute

This is just one of the ways in which the Individual Citizen Army looks after the sons and daughters of that larger Individual Citizens Army that pays the

Let us, then, instead of being just content to pay the bills, see o it that the public servants w hire to do the work of running our government leave no stone un-turned to back up the armed We tell these hired men of ours o do an all-out job. We criticise

hem for not doing it to our satisaction. We must do more than that — we must give them the leadership we hired them to give a few insignificant commodities

— all of which we could do without. Most of my correspondents tell me they would welcome the

rationing of many other commodities.

Don't tell me. Tell the man you hired last election! The Wartime Prices and Trade Board has been empowered by you to fight against inflation. Stand behind it. Help it do this big job for you by seeing to it that no infraction goes un-reported. Every cheat who evades an order of the Board is as much a saboteur as the German who comes ashore from a

submarine. Let's keep Canada a place that s something to write about.

Nazi Given Tea Instead of Chains

"Chain him, put him in irons," shouted several women who saw a German pilot parachuting from a damaged 'plane which attacked a town in Southeast Britain. But a town in Southeast breath:
when the pilot was brought down
from a rooftop to which he had
floated, he was given instead a
"dish" of tea.

HORIZONTAL is made.
5 It belongs t genus —. 8 Daub. 12 To soften 14 To live agai 16 Appellation. 30 Ratite bird.

20 Genus of 21 More degraded. 23 English title. deco. 52 Angry. 25 Daytime

motion. 31 Ascended. 35 Forms of

39 Stream. 40 Woolen cloth.

1 France (abbr.). 11 Street (abbr.).

3 Sound of

42 End wall of

13 New England 49 Domestic slave. 52 Provided.

34 Unit of work.

47 Roman

and one woman one husband, that is except in the case of the death of one. (2) The devotion of husband and wife should be first to each other and not to their parents. (3) Husband and wife are negroupedly united in the deepest permanently united in the deepest devotion, and this relationship is deeper than citizenship in a stat employment in any concern, mem-bership in any human organiza tion, devotion to any social group. (4) Marriage does have, and is in tended to have, a deep physical basis, and husband and should be, and are intended to be, definitely attracted to each other.

SUNDAY LESSON

LESSON 44 THE CHRISTIAN VIEW OF MARRIAGE Genesia 1:27, 28; 2:18-24; Jeremiah 29:4-6; Matthew 19:3-6; John 2:1-5

Place.-We do not know where the garden of Eden was located, but it was probably near the lower part of the Tigris and Euphrates Rivers; those to whom Jeremiah wrote were living in Babyion. Our Lord's teaching on divorce was given in Peraea. The wedding described by John was in Cana of

Before the Creation of Eve 18. "And Jehovah God said, It is not good that man should be alone; I will make him a help meet for him. 19. And out of the ground Jehovah God formed every beast of the field, and every bind of the heaveners and brought them

COMMERCIAL PLANT

Answer to Previous Puzzle

DOCTORBANTING

18 Five plus f

4 Black-headed gull. 5 Lieutenant (abbr.).

of intelligence 41 Fence stairs 7 Mister (abbr.) to air. into linen 8 It has a - 44 To tattle. flower. 9 Italian coin. 56 Runs away.

VERTICAL 10 Above. 11 To exist. 2 Cotton fabric. 15 Type

54 Electric unit.

POP-That's a Reflection on Pop's Looks

DON'T WANT

WHATEVER YOU'VE

and shall cleave unto his wife: and shall cleave unto his wire:
and they shall be one flesh."
There are four great principles
enunciated in this one verse. (1)
One man was to have one wife
and one woman one husband, that

I SELL.

PRINTED TEXT

Genesis 2:18-24; Matthew 19:3-6; John 2:1-5 GOLDEN TEXT.-Let marriage e had in honor among all. Hebrews 13:4.
THE LESSON IN ITS SETTING

Time.—We do not know when our first parents began their life together. It was something over six thousand years ago. The letter of Jeremiah's, partly quoted in this lesson, was written about 599 B.C. Our Lord's teaching on divorce was given in February, A.D. 30. The marriage in Cana occurred in February, A.D. 27.

18. "And Jehovah God said, It

of the heavens; and brought them unto the man to see what he would call them: and whatsoever the man called every living creature, that was the name thereof. 20 And the man gave names to all cattle, and to the birds of the heavens, and to every beast of the field; but for man there was not found a help meet for him." The found a help meet for him main word in this paragraph is helpmeet, which means, literally, a helper. The expression indicates that the forthcoming helper was to be of similar nature to the man himself, corresponding by way of supplement to the incompleteness of his lonely being, and in every way adapted to be his co-partner

made for income tax below the arrives home, require a bit more economy than usual on the part of Mother. In homes where the margin between income and outgo is slim these stirring times, the friendly advice of Ethelwyn Hobbes, C.B.C.'s shopping expert is proving, I understand, very helpful She gives advice on how to buy and how to budget wisely and economically in the program series heard every Wednesday at 4.15. Mrs. Hobbes, after careful research has found some new angles on how to get the most out of the family budget. These three angles cover the essential requirements of food, household equipment and clothing. So if you and companion. All that Adam's nature demanded for its complenature demanded for its compe-tion, physically, intellectually, so-cially, was to be included in this other self who was soon to stand by his side. Thus in man's need, and woman's power to satisfy that need, is laid the foundation for the Divine institution of marriage, the Divine institution of marriage, which was afterwards prescribed not for the first pair alone, but equipment and clothing. So if you for all their posterity. Creation of Eve 21. "And Jehovah God caused

a deep sleep to fall upon the man, and he slept; and he took one of his ribs, and closed up the flesh instead thereof: 22. and the rib, which Jehovah God had taken from the man, made he a woman, and brought her unto the man." It is interesting to note that man was a keeper of the garden before woman was created, and was to be enabled to provide for the sus-tenance and comfort of his wife. Adam's Joy 23. "And the man said, This

is now bone of my bones, and flesh of my flesh: she shall be called Woman, because she was taken out of Man." The poetry of love is found here in its first origin. Adam's exclamation gives with which he beholds her. Divine Rite of Marriage 24. "Therefore shall a man leave his father and his mother,

RADIO REPORTER BY FROST

cision to continue the Management his winter. One potent argument favoured the belief that even a Canada at war required the relaxation which the broadcasts of hockey every Saturday evening brought to listeners from the Atlantic to the Pacific.

so Saturday evening is again to become Canada's national hockey night from coast to coast, CBL

and CFRB Toronto will carry the

and CFRB Toronto will carry the broadcasts, commencing October 31st, 9 p.m. New York Rangers and Toronto Maple Leafs will open the season. As usual the Hct Stove League featuring Elmer Ferguson, Wes McKnight, Harold Cotton and Bobby Hewitson will be heard during the intermissions.

be heard during the intermissions.

In connection with the opening of

the hockey season, sports fans will be glad to know that Wes Mc-

Knight's interviews with hockey

stars will be broadcast for the 10th consecutive season. Origin-ating from CFRB Toronto these

interviews will be heard every

saturday evening 7 to 7.15 and will be fed to many Canadian stations across the Dominion. Coach Happy Day who led the Leafs to the Stanley Cup last season will face the microphone of Saturday. October 31st.

These days when Dad's pay cheque has a substantial deduction made for income tax before he

arrives home, require a bit more

on Saturday, October 31st.

Canada's most popular radio broadcast hits the airwaves this many aids in keeping down household accounts, your hostess, Ethelwyn Hobbes wi Saturday. After considerable discussion, it has been decided to continue the hockey broadcasts of the National Hockey League again this season. There was in fact more argument pro and con on the subject of continuing professional hockey this season, than in deciding to voice the puck action over the national networks. In many ways it was largely the radio angle which swung the decision to continue the N.H.L. games this winter. One potent argument favoured the belief that mighty glad to greet you.

The Canadian Broadcasting Corporation has just announced the commencement of a new series of Sunday morning programs designed to familiarise the children with the Bible, and particularly with the Life of Christ. Like the year nopular series "And It the very popular series "And It Came to Pass," the new presentation styled "Dramas from the Bible" will offer stories entirely in dramatic form, Old Testament stories will be featured during November concerning Noah, Abraham, Moses, Elijah and the Young David. The stories presumably are designed with particular approach to shift or the stories of the stories o peal to children in the age group of 12 to 14 years, but at the same youth groups and adults. The first programme will be heard, Sunday, November 1st, over network stations of the CBC, 10 a.m.

Have you heard the new "Good Luck" show which commenced over CBL a week ago on a Monday, Wednesday and Friday 7 to 7.15 schedule? Here is a pro-gramme featuring the songs and chatter of Al and Bob Harvey, Bob Farnon's orchestra assisting, and with Al Savage putting in the plugs. * *

Lovers of fine music will wel-come back to the airwaves the Sunday afternoon New York Philharmonic Symphony programmes. Bruno Walter, former leader of the Vienna Philharmonic and who was often a guest conductor of the New York Philharmonic Sym-

phony.

The well known voice and interesting musical interpretation of Deems Taylor is heard as internission commentator. Originabe heard over the Columbia Broadcasting System, including CFRB,

She had applied to join the Women's Land Army. interviewed it transpired that she was terrified of cows, but despite this was most anxious to learn to milk. "I'm sure I should be all right," she said, "if only I could start on a calf!"

unto him, They have no wine. 4. And Jesus saith unto her, Woman, what have I to do with thee? mine

3-6. "And there came unto him Pharisees, trying him, and saying, Is it lawful for a man to put away his wife for every cause? 4. And he answered and said, Have ye not read, that he who made them from the beginning made them male and female, 5. and said, For this cause shall a man leave his father and mother, and shal cleave to his wife; and the two shall become one flesh? 6. So that they are one flesh? b. So that they are no more two but one flesh. What therefore God hath joined together, let not man put asunder." Marriage is a fundamental human relation. It is something more than a living together of man and than a living together of man and woman; it is a psychical as well as a physical completion of indivi-duals; and as such it is in the largest sense of the term a fra-ternity that depends for its per-

Divorce by Jesus is regarded as impossible, except as a formal recognition of an already broken union. As marriage gives rise to an actual union of personalities, it can be broken only by an actual severance of this union. Our Lord does not say that every mar-Lord does not say that every mar-riage entered into is according to the will of God. What our Lord does say is that when God has united two people in marriage, no one should ever de, or think, or plan, or suggest anything that would break that marriage covenant, and lead to the termination of that holy relationship. Wedding Feast In Cana 1. "And the third day there was

a marriage in Cana of Galilee; and the mother of Jesus was there: 2. and Jesus also was bid-

den, and his disciples, to the mar-

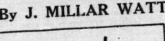
hour is not yet come. 5. His mother saith unto the servants, Whatsoever he saith unto you, do it." As this was a marriage feast, we cannot forget that in the beau-tiful words of the marriage service Christ 'hallowed and adorned' that divine institution by his presence and first miracle that he wrought in Cana of Galilee. At the very beginning of the Old Testament we find the primeval law that one man should be the husband of one wife, and here, at the very outset giving his countenance to mardistance he stood from those who, already in the days of Paul, had therefore, let us seek to have Christ present, and to be ourselves Christians. Above all, at our marriage feasts let us send ou first invitation to him, for when marriages among us shall be en-tered into in that spirit, there will be fewer divorces in the land.

Stalingrad Plant Producing Again

The Russians were reported to have put undamaged sections of a tractor factory back into production in battered Stalingrad. It was building new tanks to repel the invaders, and repairing wrecks, practically on the battle-ground itself. It was indicated that the factory was the Stalin Tractor Works, built by American

YES! I CAN READILY SEE WHY YOU WOULDN'T LOGK







riage. 3. And when the wine failed, the mother of Jesus said By J. MILLAR WATT

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1943

tiptoe, pausing at the door beside the main staircase leading to the ground floor. It had been a man's

essly and Dawson whisked inside.

head of the stairs. "Let's go downstairs." "Sorry, grandma," he said, "but you should be a nice girl." Digging his gun into John's back, he

dialed "Operator." Lifting the receiver he barked: ion-emergency!" through to the officer in charge.

the phone clicked.

Just as Dawson hung up, the doorbell sounded. Wheeling quickly, he pointed to the floor: "Lie down, toothless-flat on your back and one move to get up will be your last!" Dawson stepped backwards

you'll want to meet-please make it fast." He gave the address and

closing the door again, he looked at the letter, his curiosity instantly aroused. The postmark was North Sydney, Nova Scotia.

Dawson didn't hesitate. He tore

Norwegians Removed

Pressing his ear against the

John was in bed — sleeping peacefully. Dawson was beside him in a flash, switching the re-

"Wake up, cutie, and see who's

Clutching his mouth, John slow-

Flashing a glance down the steps, he saw the down housekeeper halfway up-a snub-nosed automatic rithout warning and the house-

it was unoccupied—the bed had not been slept in. John was still standing rock-like in terror at the form of the housekeeper, the investigator examined her briefly.

continued, "and you keep right at

the end of this gun while I phone

-just in case there should be

"Federal Bureau of Investiga-Almost immediately, he was "This is Clyde Dawson of the Canadian Intelligence Department
..." John half turned and Dawson dug the gun into his backbone, "I've bagged a nest of Nazis

the letter open. (Continued Next Week)

That's just what Dawson was

the steps. Something in his manner caught Dawson's attention.

into the girl's room. He pushed open and went in-revolver first. One quick glance told him "Okay, chum," Dawson grinned. As they passed the prostrate

somebody else in this den of rats." Using only one hand, Dawson flipped the phone off the hook and

the door and peered through the glass. It was the postman. Shifting his revolver to the other hand, e opened the door. "Special delivery letter for Mr. John Dexel."

"I'll sign for it", Dawson re-Closing the door again, he look-

The Germans have removed virtually the entire male popula-tion from the parish of Grane, in Nordland, Northern Norway, exe-cuting or arresting at least 75, Reuters said in a Stockholm des-patch. Preserving Sugar

Cut lemons in quarters and add them. Boil for 20 minutes. Add mon and molasses. Add beaten yolks. Then add milk, melted but-

Miss Chambers welcomes personal letters from interested renders. She is pleased to receive suggestions on topics for her column, and is var ready to listen to your sipet peeves." Requests for recipes on special menus are in order. Address your letters to "Mass Sadie B. Chambers, 73 West Adelaide Street, Toronto," Send stamped self-anddressed envelope if you wish a reals.

Have you tried Postum yet?

16 teaspoon salt

molasses

egg yolks

cup milk

teaspoon cinnamon tablespoons New Orleans

tablespoons melted butter

1 cup chopped walnuts

Let us resolve to back the new Victory Loan to the utmost

economy. produced this year but it canno; be expected to



normally. With the help of your grocer, every effort is being made to keep you supplied with

yours. Then add milk, meited butter and walnuts and mix well.
Beat egg whites until stiff and dry and fold into mixture. Pour into pastry lined tin. Bake in hot oven (425°F.) for 30 minutes or until

.4 OZ. SIZE MAKES 50 CUPS . . . 8 OZ. SIZE MAKES 100 CUPS

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Mash sweet potatoes until free