

STREET SCENE IN SICILY



Sicilians young and old—some with "balcony seats"—turn out to watch the Yanks march through a captured town on road to victory in Sicily.

Side By Side With War Effort All in Britain Plan For Peace And The Nation's Health Improves

By Sidney Herold

Side by side with Britain's mighty war effort, there is being evolved a blueprint for the coming years of peace. And while Britain as a nation makes plans for the post-victory era, the individual approach is not being overlooked.

One small instance of this is to be found in the fact that 130,000 of London's war workers are, even now, devoting their scanty leisure hours to studies at the Evening Institutes.

Among other things they are learning arts and crafts, agriculture and nursing, elementary medical and languages—to fit themselves for future careers when there is no further need to engage in munition-making and civil defence duties.

A New Electric Age
While they follow their studies, various organizations announce their plans for a post-war Britain.

The British Electrical Industry, for example, has many things in mind to improve the home life of the people. They include:

Lamps that will give the home illumination at the present illumination at no greater consumption of current than now; invisible heating of rooms from the walls; "rationalized" wiring installations, with all meters, main switches and fuses in one wall cabinet containing incandescent and gas lamps; a child can handle in safety; radio direct from the mains; and refrigerators with in reach of the family with even the lowest income.

Home-Made Clothes
Meanwhile, problems of clothing and food continue to engage the attention of Britain's home front.

Economy is the order of the day, both to save raw materials and shipping space, and to provide material for the war chest.

In this, the women play a leading part. A new tendency, just revealed, is to cut out the purchase of ready-made clothing, and to buy, instead, material from which clothes can be made at home. The development is particularly noticeable in London. The increase in retail sales of dress materials in May was three per cent. over the sales in May last year, and that followed a trend which has been steadily upward in recent months.

Sales of dress materials by one London store have increased by a third in the past year, and eight out of every ten women customers ask for pattern and dressmaking instruction booklets at the same time.

Frock From Garden Seat
Ingenuity knows no bounds when it comes to women's war-time fashions. Consider the clothes displayed at a Home Front Exhibition in Manchester this week. A check coat-frock made from a fifty-year-old fishing suit, a "dressing gown" designed from travellers' samples, and a house frock that was once the cloth on a garden seat. The clothes had been made by pupils of the city's Evening School of Economy.

Types of Toys Limited
Even children's toys come within the scope of war rationalization. To avoid waste of labour and materials there will be five main types of toys available in Britain next Christmas. They will be: Dolls, soft plush toys including stuffed animals and the like, wood- and metal toys, model aircraft and indoor games.

The maximum controlled price after October 1 will be 24s.5d. re-

tail. This will mean that more costly toys that have not been sold by that date will be put into storage until after the war.

More Vegetables Grown
Total war is changing Britain's eating habits and for the first time the value of vegetables is fully appreciated. People have improved their methods of cooking and, better still, have learned to eat a wide variety of vegetables raw, to obtain the maximum amount of vitamins and mineral salts which are so often lost in careless cooking.

To meet the increased demand, farmers, market gardeners and the people themselves, are growing more vegetables than ever before. The total national production of vegetables has grown from three million to four million tons a year.

Maternal Mortality Falls
How does change of diet affect the health and general well-being of Britain's people?

Let the figures speak for themselves. Britain's birth rate in the first quarter of this year was the highest recorded for 15 years, in 1942 both infant and maternal mortality rates were at new low levels. The infant mortality rate of 49 per thousand live births was the lowest on record.

In the fourth year of war, mothers and children are being provided with more health-giving foods than they were in the habit of taking for themselves in peacetime.

And on top of all this both mothers and children are drinking considerably more milk than they drank in peacetime.

Expectant Mother and Baby
Still another concession for expectant mothers is announced this week. From July 25 the expectant mother will be entitled to two ration books; the second, a modified child's book, will enable her to obtain supplies of food additional to her normal adult rations—this, of course, before baby comes.

Under this new plan the expectant mother will be entitled to a priority supply of seven pints of milk a week plus her normal supplementary supply. She will not, even as many eggs, a ration and a half of meat, oranges as they are available and orange juice and cod liver oil compound.

Between date of landing in North Africa and the middle of May British troops smoked 450,000,000 cigarettes and ate 9,000,000 bars of chocolate. Since April 1st 2,500,000 British airmen were dealt with, 25,000 bags of mail were received from Britain.

Forty winks before invasion are caught by this Sicily-bound Allied paratrooper who, like his comrades, remained calm and relaxed until signal for action was given.

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VOICE OF THE PRESS

BLACK MARKET CATS
He was a dealer in the black market. He had been selling rabbits. One day he was discovered trying to sell rabbits with long black ears.

RAKISH BURGLAR
Homeholder reported to the police that a tall, thin burglar, struck him a violent blow on the head. The constable solved the mystery and captured the assailant by stepping on the rake too.

DIFFERENT NOW
There was a time when a fire was worn out after the war. It means nothing up in English through —Petersborough Examiner.

"WOPPING UP" WOPS
Canadian soldiers in Sicily were supplied with books teaching Italian conversational phrases. Did they explain that "wopping up" means wopping up in English? —Woodstock Sentinel-Review.

MENTAL SURVEILLANCE
It is now possible to travel from Ottawa to Moscow in three days. Physically, of course; the mental journey still takes a little longer than that. —Victoria Times.

MAY BE SO
We'll probably forgive the enemy not because we are right, but because we lack the moral backbone to stay interested, alert and tough. —Victoria Times.

FANCY PA IN SHORTS
Gosh, come to think of it, what a lot of dancing might be saved, if they painted socks on Pa and little Willie, too. —Boston Herald.

High Vitamin Value Of Canadian Flour
Pensions Minister Mackenzie said last week in the House of Commons, it was the opinion of the highest nutritional experts in Britain that high vitamin Canadian flour made from natural wheat has a finer nutritive value than any flour into which extra vitamins is introduced synthetically.

He said he would not be surprised to see the United Kingdom and United States "reverting" to the Canadian-type flour.

SNOOZE TO SICILY
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British Version

"The superiority of British air crews is largely due to the fact that the German crews do not train as a unit."

"Now Hans you der target spot and I der bomber will drop and der hanghelm make."

"You are a schweinhund!" "Und you are ein weinle cut!" "Third voice (hastily): "Neither of you will der hanghelm make—see" because der sergeant der bomber in der plane forgotten to put las."

Royal Navy Tugs
The world's largest tugs are now being built for the Royal Navy in shipyards in Britain, several already being in commission. They can tow over long distances a medium-sized destroyer. One recently towed a ship of 7,000 tons for 1,400 miles.

At the outbreak of war, Britain had 25,000 tractors for agricultural work; today there are 125,000 in use.

WHY, OF COURSE
Six-shooter at the big lary bearing really as an American live-on, S. Patton.

THE HILT
By Christopher Wren

CHAPTER XVI
The government and which have kicked you out of your country and gone completely, once and for all, Ballitza.

And this time the hand along the arm of the was raised. There was a soft movement and Wend-

Wendover dashed gladly, what is known as "hunch-drunk" as well as half insane with pain and wrath, stared like a trapped animal at his captor.

"Now I'll ask you that last question again . . . Are you prepared to assist an enemy of your country?"

Ballitza's hand moved slightly. "Yes," cried Wendover quickly. "I thought you would," smiled Ballitza. "I thought I should be able to make you see wisdom—as well as feel it and taste it, eh, Wendover? You never thought you'd feel the knot on your back, did you, when you were the superior Captain Wendover of Napier's Horse?"

What was Ballitza saying? . . . and the man who will the money out of smuggling guns to be used against his own people, will make money out of supplying information about his own people. Now then, supposing I gave you your choice between being floored to death by that whip—not half a dozen comfortable little cuts like this, but stung up and cut to ribbons by two experts until you die—on, on the other hand, an even more lucrative job than gun-running?"

Wendover had stared stupidly at the face that he would have given his soul for the power to smash.

"Well, speak up, I'm offering you a chance to work under me as a secret service agent. Will you do it?"

"Yes."

"And first of all, will you go to the Singing Hall of Sufed Kot and help him capture Gilraza Fort?"

"You will, eh? Ah! You've traveled a long way since you were Adjutant of Napier's Horse, haven't you? Traveled a long way since I last saw you. To be quite frank I shouldn't have remembered you, recognized you, but for your cleverness in dressing up as a British officer. Do you still prefer this outfit?"

"Yes, I mean no, I don't. I can't."

"Cast your mind back to a reception at the Russian Embassy in London once when you were home on leave. Do you remember a do at the India Office when the Russian Ambassador and his staff were invited, and a levee at the French Embassy when the Russian military attaché . . ."

Ah! That was it, of course. Of course. What was it this fellow had called himself then? He had a title in those days. Prince or Count Somebody or other. He had forgotten his name. Why, and of course he had met him at Sybil's. But why did the man hate him so? Why had he treated him like this? Must be something personal. Sybil! Surely not.

"Remember? I doubt if you will ever forget me again by the time I've done with you. Great man in those days, weren't you? Didn't think you would ever kneel to me. To me, who, kneel, yes, kneel, to remove seeds, boil 3 minutes, cold dip, remove skins, pack, allow 1 tsp. salt to a pint sealer, cover with boiling water . . ."

PEAS—Use only young, tender peas. Shell and wash. Cover with boiling water. Intermittent sterilization may be used for peas, allowing 1 hour on each of 3 successive days if peas were bathed in water . . ."

SWEET GREEN or RED PEPPER (minimato)—Wash, remove seeds, boil 3 minutes, cold dip, remove skins, pack, allow 1 tsp. salt to a pint sealer, cover with boiling water . . ."

PUMPKIN—Cut in pieces, remove seed and membrane, peel, steam until tender, mash, pack . . ."

TOMATOES—Scald and peel, pack in sealers, cover with tomato juice made from irregular very large or broken tomatoes cut in small pieces, cooked salt 1/2 tsp. per pint. Strain. Allow 1/2 tsp. Tomatoes may be processed in the oven (275° F.) 15 minutes—Quarts, 45 minutes.

TABLE TALKS
More About Wartime Canning

As there have been so many requests for the following timetable from the Department of Agriculture's pamphlet on "Wartime Canning," I am giving it in this column.

TIME TABLE FOR VEGETABLES
Pressure sterilization is recommended for non-acid vegetables. When vegetables are sterilized in the boiling water bath, it is preferable to use pint containers.

Vegetables Preparation Water Bath Pressure Time of Sterilization

ASPARAGUS—Wash, tie in uniform bundles, stand upright in 2 inches of water. Boil 4 minutes. Pack hot, add 1/2 tsp. salt to each pint sealer, fill with boiling water . . ."

BEANS, string or wax—Wash, string, cut in desired lengths. Cover with water, bring to boiling point, boil 4 minutes. Pack hot, add 1/2 tsp. salt to each pint sealer. Fill with boiling water . . ."

BEETS—Wash and cut off tops 2 inches above beet. Boil 15 minutes. Cold dip, remove skins, pack, add 1/2 tsp. salt to a pint sealer. Fill with boiling water . . ."

CARROTS—Use only very young carrots. Wash and boil 5 minutes. Cold dip—slip off skins, pack, add 1/2 tsp. salt to a pint sealer, fill with boiling water . . ."

CORN, whole kernel—Cut corn from cobs. Cover with boiling water and bring to boiling point, fill sealers, cover with boiling liquid, add 1/2 tsp. salt to a pint sealer, fill with boiling water . . ."

CHARDY SPINACH or other greens—Wash carefully, steam 5 minutes, pack in sealers, add 1/2 tsp. salt to a pint sealer, fill with boiling water . . ."

MUSHROOMS—Wash and trim, large ones may be cut in pieces. Blanch 5 minutes. Cold dip very quickly. Pack, allow 1/2 tsp. salt to a pint sealer, fill with boiling water . . ."

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WHY, OF COURSE

Six-shooter at the big lary bearing really as an American live-on, S. Patton.

THIS BREAKFAST FOOD SO CRISP AND GOOD IS JUST THE WAY TO START THE DAY!

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ROYAL NAVY TUGS

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