

Sicilians young and old—some with "balcony seats"—turn out to watch the Yanks march through a captured town on road to victory in Sicily.

costly toys that have not been sold by that date will be put into

More Vegetables Grown

Total war is changing Britain's

eating habits and for the first time

the value of vegetables is fully

appreciated. People have improv-

ed their methods of cooking and,

better still, have learned to eat a

wide variety of vegetables raw, to

obtain the maximum amount of vitamins and mineral salts which

To meet the increased demand,

farmers, market gardeners and the

more vegetables than even before

The total national production of

vegetables has grown from three

million to four million tons a year.

Maternal Mortality Falls

of Britain's people?

How does change of diet affect

Let the figures speak for them-

first quarter of this year was the

highest recorded for 15 years. In

1942 both infant and maternal

mortality rates were at new low

levels. The infant mortality rate

In the fourth year of war, moth-

of 49 per thousand live births was

are so often lost in careless cook-

storage until after the war.

Side By Side With War Effort All In Britain Plan For Peace

And The Nation's Health Improves

By Sidney Horniblow

Side by side with Britain's | tail. This will mean that more mighty war effort, there is being evolved a blueprint for the coming years of peace. And while Britain as a nation makes plans for the post-victory era, the individual approach is not being overlooked. One small instance of this is to be found in the fact that 130, 000 of London's war workers are, even now, devoting their scanty

leisure hours to studies at the Evening Institutes. Among other things they are learning arts and crafts, agriculture and nursing, elementary medteine and languages-to fit themthere is no further need to engage in munition-making and civil

defence duties. A New Electric Age While they follow their studies,

various organisations announce their plans for a post-war Britain. The British Electrical industry or example, has many things mind to improve the home life Lamps that will give the home two-and-a-half times the present illumination at no greater conumption of current than now; in visible heating of rooms from the walls: "rationalised" wiring installations, with all meters, main a vitches and fuses in one wall binet containing interchangehandle in safety; radio direct from

ers and children are being pro-vided with more health-giving foods the mains; and refrigerators withthan they were in the habit of takn reach of the family with even the lowest income. And on top of all this both mothers and children are drinking con-Home-Made Clothes siderably more milk than they Meanwhile, problems of clothing

drank in peace-time. and food continue to engage the attention of Britain's home front. Expectant Mother and Baby Economy is the order of the day, Still another concession for exboth to save raw materials and pectant mothers is announced this week. From July 25 the expectant shipping space, and to provide money for the war chest. mother will be entitled to two ration books, the second, a modified In this, the women play a leadchild's book, will enable her to obtain supplies of food additional realed, is to cut out the purchase f ready-made clothing, and to to her normal adult rations-this. my, instead, material from which of course, before baby comes. othes can be made at home. The Under this new plan the expectant mother will be entitled to development is particularly nopriority supply of seven pints of milk a week plus her normal nonceable in London. The increase retail sales of dress materials priority supply. She will get twice May was three per cent. over the sales in May last year, and as many eggs, a ration and a half of meat, oranges as they are availthat followed a trend which has been steadily upward in recent able and orange juice and cod liver oil compound. Sales of dress materials by one

London store have increased by a third in the past year, and eight Between date of landing in out of every ten women customers North Africa and the middle of May British troops smoked 450, instruction booklets at the same 000,000 cigarettes and ate 9,000,-000 bars of chocolate. Since April 1st 2,500,000 British airgraphs were dealt with, 25,000 bags of

Frock From Garden Seat Ingenuity knows no bounds when tt comes to women's war-time fashions. Consider the clothes displayed at a Home Front Exhibi tion in Manchester this week: check coat-frock made from a fifty year-old fishing suit, a -dressing gown designed from travellers' samules, and a house frock that was ence the cloth on a garden seat. The clothes had been made pupils of the city's Evening School of Economy.

Types of Toys Limited Even children's toys come within the scope of war rationalisation To avoid waste of labour and ma terials there will be five main types of toys available in Britain next Christmas. They will be: Dolls, soft piush tovs including en engines and trucks, model aircraft and indoor games. The maximum controlled price after October 1 will be 24s.5d. re-

PRESS

VOICE

OF THE

BLACK MARKET CATS He was a dealer in the black market. He had been selling rabbits. One day he was discovered trying to sell rabbits with long tails. It turned out the rabbits had been cals. That is one of the risks you take when you buy black market meat

in any country. -Windsor Star. RAKISH BURGLAR Householder reported to the solice that a tall, thin burglar, whom he had encountered in his garden, struck him a violent blow on the head. The constable solved the mystery and captured the assailant by stepping on the rake -Owen Sound Sun-Times.

DIFFERENT NOW There was a time when a tire was worn out if the tread had disappeared. Now they ere not abandned until the air begins to show through. -Peterborough Examiner.

"WOPPING UP" WOPS Canadian soldiers in Sicily were supplied with books teaching Italconversational phrases. Did they explain that "wopping up" neans mopping up in English? -Woodstock Sentinel-Review. MENTAL JOURNEY HARD

It is now possible to travel from ttawa to Moscow in three days.

hysically, of course; the mental han that. Peterborough Examiner MAY BE SO We'll probably forgive the emy-not because we are righteous, but because we lack the mor

-Victoria Times. FANCY PA IN SHORTS Gosh, come to think of it, wha lot of darning might be saved if they painted socks on Pa and

COMBINED OPERATIONS

The Official Story of the Con

Admiral Lord Louis Mountbatten,

This is an astonishing absolute

y absorbing account of the ac-

men from the Royal Navy, the

Force, who work with U.S. Rang-

ers and others of the United Na-

ions in what is known officially

popularly, the Commandos, So far

very beginning of their activities

attacks on Norwegian islands, and

proceeding with more ambitious

ttempts on the Continent. I

quick succession follow highly dra-

outhern Italy, the evacuation of

rete, the defeat of the French 4

Syria, the daring penetration of

the enemy's line in Libya-culmir

ating in the suspenseful stalking

sault on St. Nazaire, the capture

Madagascar, the Dieppe raid,

e invasion of North Africa.

The book is utterly without heroics, and yet is all heroism.

The reader marvels at the terrible efficiency, the terrible simplicity,

the terrible courage, and the awe-

Royal Navy and Army and R.A.F.

men who participate in these

Combined Operations . . . The

Macmillan Company of Canada. . .

some nonchalance of the British

of Rommel's headquarters-the as

possible, without giving aid to

nencing with the experimental

e enemy, it is the complete

Chief of Combined Operations

The Book Shelf

He said he would not be surprised to see the United Kingdom and United States "reverting" to the Canadian-type flour.



Of Time Submerged

British submarines on operations lurk beneath the water about four months out of twelve, according to Commander Ben Bryant, one of the Navy's aces.

About three-fifths of the year were spent on patrol, he said, "but

"There is plenty of laughter," us would swap our job for any other. And from a commanding officer's point of view in tracking down and beating up the enemy at his doorstep we enjoy what is to us the finest sport in the world.

High Vitamin Value Of Canadian Flour

Pensions Minister Mackenzie said last week in the House of Commons. It was the opinion of the highest nutritional experts in Britain that high vitamin Cana dian flour made from natural health and general well-being wheat has a finer nutritive value than any flour into which extra



Subs Spend Third

generally submarine crews are happy as the day is long. They spend their spare time in childish games, Ludo and cribbage mainbackbone to stay interested, alert and tough.



British Version

bangheim on Friday." "You are a schweinhund." "Und you are ein pleanie cat!" of you will der bangheim make

The world's largest tugs are eral already being in commisson. They can tow over long dstances anything up to a battleship or giant passenger liner, and in tonmedium-sized destroyer. One cently towed a ship of 7,000 tons for 1,400 miles.





WHY, OF CO

"The superiority of British atr crews is largely due to the fact that the German crews do not train as a unit."

Scene: Aboard a Junkers over England. "Now, Hans, you der target spot und I der bomberen will drop and der bangheim make." "Not so, Karl Schmellenhorstyou do target spot and I der bang-

heim will make. You made her Third voice (hascily): "Neither see? because der sergeant der bombheim in der plane forgotter

Royal Navy Tugs

now being built for the Royal Navy in shippards in Britain, sevnage they are almost equal to a

At the outbreak of war, Britain had 25,000 tractors for agricultural work; today there are 125,000 in



Flt. Sgt. Geo. Calver (left) lost both legs in a raid one on flak struck his four engine bomber, damaging the last Calver and his crew were able to bring the W being fitted for artificial inch. Exactly six months to the day, ergeant Calver and Air Marshall Bishop made a public u at De Haviland Aircraft and thanked the workers t lent job they were doing. Flight Sergt. Calver hopes







flogged or not."



THE HILT "No," replied Wendover, and as the arm began its languid motion from the horizontal to the perpen-CHAPTER XVI

ainst the government and hich have kicked you out

inv that you have re-

your country and gone

etely, once and for

novement and Wend-

once experienced

inbearable. Almost

t half stifled the cry

t of rising received

a kick that for a

breath, Wendove

effort had continued

ns again . . . Are

aid by the British

replied Wendover

in raised his hand.

is strength.

Wendover managed

ss by reason of the

renegade so embit-

the government and

lave kicked you out

country and gone

hed Bailitzin, and

dene that, but have

niny that you have re-

the first blow.

blow without a cry,

red if the pain and

o spy here?"

self together and

Bailitzin.

low from the giant's

So Crispo

THIS BREAKFAST FOOD

"No! No! Don't . . . Don't"vainly, as the third blow fell. Wendover, dazed, giddy, what is known as "punch-drunk," as well as half insane with pain and wrath, stared like a trapped animal at his captor.

"Now I'll ask you that last queseplied Wendover. tion again . . . Are you prepared u are not prepared to to assist an enemy of your counnemies of your coun

"Yes!" cried Wendover quickly. along the arm of of the Bailitzin. "I thought I should be able to make you see wisdom-as well as feel it and taste it, eh, Wendover? You never thought you'd feel the knout on your back. did you, when you were the perior Captain Wendover, of Napier's Horse?"

What was Bailitzin saying? . . . and the man who will often as at two in the afternoonguns to be used against his own people, will make money out of supplying information about his entic. own people. Now then, supposing I gave you your choice between | rat might its trap, cursing unde being flogged to death with that his breath and invoking Allah, he whip—not half a dozen comfort—squatted on his heels and glowered

able little cuts like this, but strung tive job than gun-running?" Wendoever had stared stupidly tu. given his soul for the power t

"Well, speak up. I'm offering TABLE TALKS you a chance to work under me as a secret service agent. Will you

"Yes." since I last saw you. To be quite

terfl you don't remember me?"
"Yes: I mean no. I don't. I can't..."

forgotten his name. Why, and of course he had met him at Sybil's. But why did the man hate him so? Why had he treated him like

the fool mean-refused for him?

again tomorrow and bring Paulov in case you are still in any doubt as to what you had better doto whether I will have you really

in the Russian Intelligence Service, and willing to do all you can to help the Russians in every way against the British?"

"Ah! I've no doubt you would. And what would your signature be worth? Do you think I'd trust you, you treacherous double trait or? False to your own country? Then you'd be false to us. Before you die you are going to do a little more teaching, five a little more information, but this cell will be your classroom and I will be the class. And you'll tell me absolutey everything you know about both

"Oh. you are going to have a great time here, friend Wondover, and going to be very useful-while you last. In point of fact, you may last quite a long time if I feel you are really doing your utmost to give me every satisfaction. For a start I'm going to give you pencil and paper, and you are going to do the best you can—the best you can, mind, my dear Wendover to sketch the interior of the forts at Landhi Kotal and Ali Masjid, just to show us what you can do in that line; and as you have been stationed in both of them, you ought to be quite useful. Anyway,

Wendover to himself. Most credit-But just the striking of the One day-it being usual for Bailitzin to torment and torture his match had spoilt the show for this particular audience, inasmuch as victim at two in the morning as it had shown on the man's right the door of the cell was thrust eyeball a tiny thickening of the open and a Pathan was thrown cornea, a sort of colorless spot and that Wendover knew only too

The man was Bailitzin and but

for that almost unnoticeable eye

blemish he would have deceived

(Continued Next Week)

Supplies for French civilians in

French army there have totalled

SADIE B. CHAMBERS

Time of Sterilization

Boiling Water Setam Bath Pressure

him completely.

After examining the cell as a up and cut to ribbons by two ex- | ed a biddi, blew clouds of acrid perts until you die-or, on the other hand, an even more lucraing voice, speaking guttural Push-

at the face that he would have Very clever indeed, admitted 250,000 tons.

"And first of all, will you go

"You will, eh? Ah! You've traveled a long way since you were Adjutant of Napier's Horse, haven't you? Traveled a long way frank I shouldn't have remembered you, recognized you, but for your cleverness in dressing up as a British officer. Do you still pre-

hose days, weren't you? Didn't

and in case I am in any doubt as

And on the next day Bailitzin had again come to the cell and demanded an immediate answer freely and frankly and whole heartedly to take service under the Russian Military Intelligence Department concerned with Cen-tral Asia, Afghanistan and India, or would prefer to be flogged to

absolutely honest and faithful spy

Wendover moistened dry lips. "Paulov!" "Yes!" cried Wendover. "I am. "Ah! And if I draw up a document in which you renounce your British nationality and allegiance and declare yourself to be a paid agent of Russia, a spy in the Russian Secret Service, you'll sign it, 'Yes, cried Wendover. "Yes, PR

the British and the Pathan sides of the Border. This flattering basque frock is pretty in cotton with gay, con-trasting banding. Anne Adams Pattern 4442 is adorable all in one color, too. Perfect for those informal afternoons, or shopping. Easy-to-make! Skirt and sleeve trim is optional. Pattern 4442 is available only in misses' sizes 12, 14, 16, 18 and 20. Size 16 requires 3½ yards 35-inch fabric, 3½ yards contrast banding, and 3½ yards ric-rac. Send TWENTY CENTS (20c) in coins (stamps cannot be accepted) for this Anne Adams pat-tern to Room 421, 73 Adelaide St. West, Toronto. Write plainly size, name, address, style num-ber.

you'll get a useful flogging if you are not."

into the room. He looked auth-

BEETS—Wash and cut off tops 2 inches above beet. Boil 15 minutes. Cold dip, remove skins, pack, add ½ tsp. salt to a pint sealer. Fill with boiling water

CARROTS—Use only very young carrots. Wash and boil 5 minutes. Cold dip—slip off skins, pack, add ½ tsp. sait to pint sealer. Fill with boiling water CAULIFLOWER—Wash, break into florets. Drop into salty water. Let stand ½ hour, cover with water, bring to boiling, drain, pack sealers, add ½ tsp. salt to a pint sealer. Fill with boiling water

More About Wartime Canning As there have been so many requests for the following timetable from the Department of Agriculture's pamphlet on "Wartime Canning," I am giving it for the column this week.

TIME TABLE FOR VEGETABLES

When to the Singing Hadji of Sufed Kot | the Dep

Vegetables ASPARAGUS-Wash, tie in uniform bundles, stand upright in 2 inches of water. Boil 4 minutes. Pack hot, add ½ tsp. salt to each pint sealer, fill with boiling water

BEANS, string or wax—Wash, string, cut in desired lengths. Cover with water, bring to boiling point, boil 4 minutes. Pack hot, add ½ tsp. salt to each pint sealer. Fill with boiling water

BEETS—Wash and cut off tops 2 inches above

"Cast your mind back to a reception at the Russian Embassy n London once when you were home on leave. Do you remember a do at the India Office when the Russian Ambassador and his staff French Embassy when the Russian military attache. ."

Ah! That was it. Of course. Of course. What was it this fellow had called himself then? He had a title in those days. Prince or Count Somebody or other. He had

this? Must be something personal. Sybil? Surely not. "Remember? I doubt it you will ever forget me again by the time I've done' with you. Great man in

"Well, I'll look in and see you

GAY AND PRACTICAL



Wash New Cover For Ironing Board If you're using a piece of new

Glaciers Provide

material to make an ironing-board cover, before you put it on, wash it out thoroughly in rich suds that give the whitest wash." Otherwise the tabric will scorch readily with use. Incidentally, old sheets make

together so that the towel is on the outside. Insert the end of this roll into the sleeve and iron as if on sleeve-board. It works be: fully and is espe ially helpful for across the International Line, accolored garments which should always be ironed single thickness to

Sleeve-Board Can Be Made At Home

Canadian Ports The cry has gone up for wash The glaciers have come to Canada's aid in providing tidewater points behind the Alaskan Pan-handle—the portion of Alaska abla dresses, the more froning which stretches south alongside British Columbia. to look right unless a sleeve-board is ued. What do you do if you When the boundary line between the Panhandle and Canada was haven't a sleeve-board and you can't find one in the stores? The

settled, the line went around each bay so that at no point did Cana-dian land touch the sea. However, solution is easy. Lay a magazine since then some of the glaciers have moved back and changed the At two points, bays new stretch

minimize streaking.

extra good covers for ironing

Bigger Bertha

A new German gun of exceptional range has shelled the Eng recently from the French coast

The gun is reported to have a trated near Calais-the nearest

Rolled Oatmeal Cookies

Sift flour: measure, Sift together with corn starch, baking sody baking powder and salt (sift 3 times). Cream shortening and gradually blend in brown sugar and corn syrup. Add sifted dry ingredients slowly and work into creamed mixture. Add rolled oats alternately with sour milk. Chill dough for several hours. Roll out and nately with sour milk. Chill dough for several hours. Roll out and cut with cookie cutter into desired shapes. Place on a greased pan and bake in a moderate oven (350 degrees F) for 12 to 15 minutes. Serve plain or put together in pairs with favorite filing. YIELD: Approximately 3 dozen cookies about 2" in diameter. VARIATON: Chill in oblong shape; slice with sharp knife.

1 cup sifted pastry flour 3 tablespoons BENSON'S OR CANADA CORN STARCH 4 cup brown sugar (firmly packed) teaspoon baking soda 1 teaspoon baking powder SYRUP **CANADA CURK STARCA

**Leaspoon baking soda

1 teaspoon baking powder

1 teaspoon baking powder

1 cup chous

SYRUP

1 cup rolled oats (uncooked)

4 cup shortening 2 tablespoons sour milk (If corn syrup is temporarily unavailable, replace the quantity with 14 cup sugar.)



SOUNDS!



... the results of PEDLAR



n common with other manufacturers across Canada, our job today is to produce for war to our fullest capacity. Steel is on the critical list and its use for civilian requirements is subject to rigid restrictions. This makes it difficult for us to carry on our business in a normal way.



Despite the wartime limitations which affect materials, the present need for planning is imperative. So the work of our Research Department goes on and when the Victory parades are over. our customers will be supplied with the most modern and improved designs of Metal Roofing and Barn and Stable Equipment, made to the Pedlar high standard of quality.





1/2 15

water, bring to boiling, drain, pack sealers, and ½ tsp. salt to a pint sealer. Fill with boiling water and bring to boiling point, fill sealers, covering corn with boiling liquid, add. ½ tsp. salt to a pint sealer and bring liquid, add. ½ tsp. salt to a pint sealer bring sealer and bring water. Sealer, fill with boiling water mush sealer, and ½ tsp. salt to a pint sealer, which was been sealer, and ½ tsp. salt to a pint sealer, which was been sealer, and ½ tsp. salt to a pint sealer, and trim, large ones may be cut in pieces. Blanch 5 minutes. Cold dip very quickly. Pack, allow ½ tsp. salt to a pint sealer, fill with boiling water peas. Shell and wash. Cover with water and bring to boil, pack, add ½ tsp. salt to a pint sealer, fill with boiling water. Intermittent sterilization may be used for peas, allowing 1 hour on each of 3 successvie days if water bath is used.

SWEET GREEN or RED PEPPER (pimientos)—Wash, remove seeds, boil 3 minutes, cold dip. Remove skins, pack, allow 1 tsp. salt to 2 pint sealer, cover with boiling water. PUMPKIN—Cut in pieces, remove seed and membrane, peel, steam until tender, mash, pack.

TOMATOES—Scald and peel, pack in sealers, cover with tomato juice made from irregular very large or broken comatoes cut in small pieces, cooked over slow fire for 5 minutes. Strain. Allow ½ tsp. salt to a pint sealer Tomatoes may be processed in the oven (275° F.) Pints, 35 minutes — Quarts, 45 minutes. DON'T KNOW WHERE OUR FAMBLY WOULD BE IF IT Military Address Overseas WASN'T FOR MY MEMORY! think you would ever kneel to me. To me, who knelt, yes, knelt, to Sybil Ffoulkes—and was refused. MACDONALD INC. x 1929, Place d'Armet Refused for you. You! Look at itreal, Canada did he mean—refused for him? Sybil Ffoulkes had never really HE BOYS THE BEST been in love with him, Richard Wendover, nor he with her. They had never been engaged. What did No. 31-43







