

waving tom...y-guns where they once brandished swords, steel-helmeted Cossacks charge over a ridge on the Caucasus front. ...ese famous rough riders of Russia are reported spearheading the advance against the Nazis along the Georgievsk-Armavir-Rostov road.

SUNDAY SCHOOL LESSON

February 28 JESUS RESTORES LAZARUS. TO LIFE.
PRINTED TEXT

GOLDEN TEXT .- 1 am the

THE LESSON IN ITS SETTING Time-January, A.D. 30. Place-The home of Mary and Martha, in the village of Bethany, which is over the ridge on the eastern slope of the Mount of

Olives, opposite Jerusalem. heard that Jesus was coming, went and met him; but Mary still sat in the house. Martha there-Thou hadst been here, my brother had not died. And even now I know that, whatsoever Thou shalt ask of God. God will give The characteristics of those two sisters are evident. the more meditative, remains in the home while Martha, as soon as she hears that the Lord is coming, goes out to meet Him. Mary knows that whatever Christ might ask of God, He would grant which means that she believes

Christ, even now, can raise her

Resurrection and Life "Jesus saith unto her, brother shall rise again. Martha saith unto Him, I know that he shall rise again in the resurrection of the last day. Jesus said anto her. I am the resurrection me, though he die, yet shall he to be taken in its widest sense so that it is true to say that life results from resurrection, and resurrection from life, to the bel'ever. He must share Christ's hie in order to have the power within him of the resurrection from the grave to the endiess Hie, and by sharing Christ's risen life now in faith he is in fact of every future change death of the body itself, and shall be kep

Believing in Christ 'And whosoever liveth and be lieveth on me shall never die. Be lievest thou this? She saith unto Him, Yea, Lord, I have believed that Thou art the Christ, the son of God, even he that cometh inte the world." Note particularly how Christ seems to emphasize, above everything else, the im portance of believing in Him.

Compassion for Mary
"And when she had said this she went away, and called Mary her sister secretly, saying, The Teacher is here, and calleth thee. And she, when she heard it, arose quickly, and went unto him. Mary therefore, when she came where Jesus was, and saw him, fell down at his feet, saying unto him, Lord, if then hadst been here, my broter had not died." No doubt. Mary and Martha had continually talked about the Lord's coming to the house, before Lazarus had died, and had both concluded that. should the Lord come, their brother would be healed. This may ac count for the fact that her words to Christ are identical with those

"When Jesus therefore her weeping, and the Jews also weeping who came with her, he groaned in the spirit, and was troubled, and said, "Where have ye laid him? They say unto him, Lord, come and see. Jesus wept. The term "to weep" does not in dicate, like the word weeping in verse 33, sighs, but tears; it is the expression of a calm and gentle

Victory Over Death "Jesus therefore again groan tomb. Now it was a cave, and stone lay against it. Jesus saith, Take ye away the stone. Martha,

time the body decayeth; for he sed first to Martha, because she is the one who raised the objection. for the henefit of all who were to to be removed He was only

veal the glory of God, and should he had commanded them to do. Jesus Gives Thanks "So they took away the stone, and Jesus lifted up his eyes, and said, Father, I thank Thee that Thou heardest me. And I knew that thou hearest me always; But because of the multitude that standeth around I said it, that they may believe that Thou didst send me." In Christ's calm con-sciousness of His unity with God,

of fulfilling the Father's mission

and purpose, He thanks the rauner for the opportunity given Him of setting forth the glory of God.

seeded acre will not be annewed seeded acre will not be annewed to seel the excess to the wheat board at the guaranteed minimum price. And when he had thus spoken, he cried with a loud voice, Lazarus, come forth. He that was dead came forth, bound hand and foot with grave-clothes; and his face was bound about with a nap-kin. Jesus said unto them, Loose

saith unto him, Lord, by this with the mighty effect. The great voice or shout, from One who was wont to speak so gently and quie iy, thrilled the heart of every listener. The significance of this Christ's redemption, and on th

> Western Canada Wheat Marketings

Marketings of wheat in Western Canada during the crop year 1943-44, starting next August 1, will be restricted to 14 bushels an authorized acre, Trade Minister MacKinnon announced in the House of Commons. The 1943-44 wheat board pay-ment for wheat sold under the

14-bushel quota will be the same as in 1942-43-90 cents a bushel basis No. 1 northern at Fort William.
Farmers who produce more

whether it is produced in 1943 or livered within the 14-bushel

quota.
Minimum prices for oats, barley him, and let him go." The simple and flaxseed will be grandeur, brevity and force of the 1942-43 level. and flaxseed will be continued as



ANSWER: Five . . . Texas, Louisiana, Mississippi, Alabama and Florida.

In Feeding Hogs Vitamin Deficiency Discussed by The Winnipeg Free Press

An Experiment

be strongly tinged with faddism but the new interest that is being roused in the life-giving quali ties of our foods is all to the good none the less. We are discovering at last that our health depends

what we eat.

The havec which vitamin deficiency can wreak was recently shown very vividly in Texas with an experiment in pig breeding. There is a lesson for humans to learn from these experiments. During the height of the dust bowl years, two litters of pigs in separated communities were born blind. The authorities set out to discover the reason. Experiments were conducted in hog diet. Gne diet was devised which was com-

pletely devoid of Vitamin A. Sows fed on this diet farrowed pigs which were not only blind but which had no eyes. In one experiment, a sow b came too weak to stand. She was given one dose of cod liver oil. In eight hours she was standing again. When her pigs were born they were blind but had rudimen-

tary eyes. The experiments were carried a step further. The pigs which were born eyeless wer interbred and put on vitamin A diets. In every case their offspring had sound eyes and eyesight. The conclusion which can b drawn from this experiment clear. Many of the defects in our odies can be often attributed to the diets of our mothers. The thers of today who take car of their diets are more likely to produce babies with better bodies

Planes Clear Seas Of Magnetic Mines

sounder organs and a chance fo

regard modern science as new

The Air Ministry released three-year-old secret recently in telling ow Wellington bomber nelped clear the seas around Brit ain's coast of the German mag netic mines which once were Hitler's "secret weapon" and which threatened the supply lines to these Islands in the last three months of 1939.

The minesweepers of the air were equipped with a hoop-shap-ed casing extending all around them and secured to their nose, wings and tail. The casing held a magnetic coil and the currer was supplied by an auxiliary engine of the ordinary Ford V-8 type.
The equipment was designed to

set up a magnetic current which would set off the then new type would set off the then new type of mine.

Minesweeping from the air continued some four months, after which it became no longer necessary, the (surface) ships having been fitted with degansing and which pullified the weaperly gear, which nullified the magneti

A new company in Rumania plans to produce 2,000 tons of silk co-

RADIO REPORTER BY PRO

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CFRB Toronto ar

tion of two popular

Digest it has

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series of thrilling

tune in the 760 kilos

at 7.15 Saturday night

"COUNT

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LISTEN TO

and extremely v

hockey announcer does when he gets through his thrilling descrip-tion over the radio of a Saturday night national nockey gat. 3? Did I hear anybody suggest that he I hear anybody suggest that he puts on his hat and coat and enditors a bit of quiet relaxation at home? Well, that is just what Foster Hewitt does NOT do. He starts in to work for several hours. It seems that Foster's air description of the Saturday night description of the Saturday night though a comparative through the comparative t hockey games is recorded in order that Canadian soldiers in Great Britain and other parts of the world may follow the fortunes of Canada's national sport . . . hockey. But for the purposes of transmission overseas the game which ordinarily takes about an hour and a half of air time, has

to be condensed to 30 minutes. Foster's job therefore immediately following the broadcast is to listen to the record, pick out the ighlights and boil them down into a half hour programme. When this has been done, and it is sometimes quite a lengthy process lasting into the early hours of the following morning, Canada's premier hockey announcer can enjoy a spot of rest. But not before. The record is then rushed to a transmission point and beamed by short wave on Sunday for the benefit of the Canadian forces overseas. From all reports broadcasts has come to be enjoy ed just as much by the British public. Canada was the first country to send special shortwave transmissions overseas for the entertainment of the lads in the ser-

More recently, since the entry into the war of the United States, radio has also played an import ant part in the entertainment of Uncle Sam's Doughboys, sailors and airmen now spread into the far distant corners of the globe. Apart from the special trans-missions which are received direct in the more important spheres fighting the cause of freedom, recordings of many radio programs are being dropped by means of

28 Profits frem

from evil. 37 Sheltered

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Weekly Newspape EACH SUNDAY AT CFRB-860 on you

ANCIENT FORTIFICATION

HORIZONTAL 1 Ancient fortification 9 It dates from the century B. C. 14 Answered. 15 Grain MARSHALL 18 Like tin. 20 Fish. 21 Candles. 22 Tethering rod

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57 Native metal. 7 Entrance. 40 Right (abbr.). 58 It extends 41 Sources of along the 8 Lean. 9 Transposed northern -10 Personal enemy.

eyed a magnifi-t stretched into stence on all sides. Penny never seen anything so taking. It was as if an this scene with aces, giant

ny's admiring his looks. She

DUND A GRAND TO CORRECT CONSTIPATION!

gatives that give only temporary relief. Try KELLOGG'S ALL-BRAN, in cereal or breakfast muffins, drink plenty of water, and see why it's called the "better way". Ask your grocer for KELLOGG'S ALL-BRAN today. In two convethough a compabeen placed al · SERIAL STORY

LUCKY PENNY

BY GLORIA KAYE

Wealthy Penny d from Paris to "It's fascinating," Penny said, softly, when he paused for a me-ment. "You sound as if you learn something really like this place."
"I do," Jim answered. "It's ple who work hard to explain until you get to know the town and the people in it. They deserve a lot more out of life than they've been getting. under the name of Penny en a mill worker o gang, gamblers the workmen. Jim newspaper editor. Steel men are a rough lot, but there isn't a finer gang alive than spaper editor, the fellows who work in the Kirk

s vintage. It

lers, new tires. ess," Jim said,

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We have a garage

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"You've never lived in a mill town, have you, Penny?" he asked. "No," she answered. "No — I haven't."

all your life in a little bit of an erybody knew you and knew all about everything you did," he

society pages. "My home town is a little burg like that," Jim reminisced. "It's just a little village, out on the

prairies in Kansas. My dad has the doctor ordered. been a country lawyer out there for 50 years. I haven't been back for a long, long time."

"I'd like to see your home town some day," said Penny. "I've never been that far west." "You'd like it," Jim said simply.
Then he turned toward her and
caught the glow in her eyes, warm
and inviting. He laughed.

"Just being with you is fun," he said. 'I don't often have such a good listener to hear my tales of woe. Where are you staying, Penny? It's getting late. I'd better drive you home." "I'm sharing a little place with Midge Carter," Penny said. Same

"You're in good hands," Jim encouraged, leading Penny back to the car. "Better step into my chariot before I do my quick-change act and become the old professor again. I'll bore you with more details about the Kirk mills if you don't watch out."

"Bore me?" Penny protested.
"I couldn't be more interested in the Kirk mills if I owned them!" She caught herself quickly, sudense as the thought struck her that Jim must surely guess her identity now. "I wish you did own the Kirk mills," said Jim, happily unaware

of her identity. "Unfortunately, they're owned by a nincompoop named Penelope Kirk."
Penny blushed. Unwittingly,
Jim had brought her back to the realities of her situation. They drove back to Kirktown in silence, both preoccupied with their own thoughts.

"Jim," Penny said finally, cau-tiously, "have you ever seen Pe-nelope Rirk?" "Yes," he answered. "Often, years ago."
"What's she like?" Penny an-

"She's like a lot of other female wastrels who've never done an honest day's work in their lives. She's flighty, selfish, snob-bish. Her life is just one grand party. I knew her in Paris." Jini fastened his eyes on point far up the road.
"You might not believe it," he

said, "but once I did a bit of traveling myself. Newspaper work If you take pride in the way you dress your child, you'll want this Anne Adams Pattern, 4316. -France, and other places - be fore I came to my senses and scttled down. I knew Penelope Kirk in the good old days." You can make it up in so many "Would you know her now?"
Penny asked, feigning innocence.
"Any time," said Jim confidently. "Her type never changes. of course, she was just a kid when I saw her last. I would recognize her, though. She always looked as if she had just stepped down from a cloud. I don't think

she could ever come down to Penny smiled. She recognized her old self in Jim's description. She had certainly changed.

Strangely, she was proud that Jim didn't recognize her. "How did you happen to come ing it was time to change the

Jim's voice was thoughtful. "I had my own weakness. Drank my way out of one good job after another abroad. It's hard to explain to an American. There was so much underhanded, shady, crooked stuff going on—things I knew, but didn't dare write about. After a while that sort of thing days contained the co of thing does something to a man. "I knew what was coming. I knew a lot more than was good

for anyone to know. Guess I just couldn't take it. One day I put on my hat, closed the apartment, started back home. Halfway across the Atlantic I threw the He looked gravely into Penny's

eyes, searched her face for under-standing of the things he could not say. "I just didn't belong there, you see. No more than you

Penny glowed with the flattery of his confidences. Her heart danced; she felt warmly happy. "Did you come straight to Kirktown?" she asked, hoping her tone was casual, fearing it wasn't. "I always wanted a little paper where I would be free to write what I wanted to, the way I wanted to. And there was only one paper I could buy for the little money I had—the Kirktown

He turned toward her with a

with her own dimpled smile. (Continued Next Week) A Pill War

This is a pill war, E. R. Noderer entured.
"You're right," Penny said, A soldier in the Solomons takes honestly. But she failed to mention France, and the fact that everyone knew of her activities because htey were so often on the with a bracer of two poly-vitamin capsules designed to make the digestive system believe bully beef and hardtack are just what

> At midday two salt tablets are At midday two salt tablets are in order, and with the evening meal two five-grain quinine tablets are taken. To purify the river water, he says, we put a chlorine pill into the canteen, followed half an hour later by a thio pellet (amarently some contact.) pellet (apparently some sort of sulphur compound) to take away the chlorine taste. I also have sulfanilamide tablets to take if wounded—two every five minutes until twelve are taken, and another type of sulfa pill for dys-

A VERSATILE STYLE

4316

By Anne Adams

A A

switch panels.

duits to the signal room.

very accurate.

"You see," she explained, per two inches) in which cereals are to be cooked. This prevents "wavelengths are changed at var-ious hours of the day to ensure secrecy, and good reception and switching have to be timed to a

Margaret is chiefly concerned with the reception of radioed battle pictures. Not all of these are for publication in the press. Some are confidential pictures or Axis tanks and guns, aircraft and ammunition. There are direct transmissions from Cairo to London and New York.

Margaret has a sweetheart in Cairo who is on the radio "can-nel" to her every day. "But I dare not talk to him," she said, "for this channel' is only for the transmission of pictures."

Small Boys Help On English Farms

variations—for play, for school, for "best." The bodice buttons In some Ontario cities objection has been raised to the enlistment of school pupils in farm work. In in back; the waistline points high in front.

Pattern 4316 is available in children's sizes 2, 4, 6, 8. Size 6, this connection the editor of The Farmers Advocate has received an interesting letter from H. J. Purser who farms near Maiden-head in England. He says: "Would it interests." views A or B, takes 21/8 yards 35-inch fabric; view C, 15/8 yards 35it interest you to know that since inch fabric and % yard contrast. Send twenty cents (20c) in coins (stamps cannot be accepted) for this Anna Adams pattern to Room 421, 73 Adelaide St. West, Toronto. Write piainiy size, name, address and style number.

Optical Glass **Production In** Canada Heavy

Until a year and a half ag Canada had never manufacture optical glass; nor were preci-instruments for war purp made in the Dominion. Research company, melted its first optical glass in June, 1941, and is now producing many thousands of pounds of it a day.

Canada needed more optical glass than ever before just at the time, in 1939, when its importation from Germany stopped. Great Britain and the United States, the had their hands full meeting their own needs. Therefore, Canada set up a crown company which is making history today in an intri-cate production field never before entered upon in this country.

6,000 Workers Employed Output of optical glass, however is by no means the full span of Re search Enterprises' activities. The amazing instruments this country turns out include gun sights, dial sights, periscopes, range finders, fire-control devices and other work on the secret list.

More than 6,000 workers are employed in this crown company's huge plant, 60 per cent. of whom are technicians or highly skilled workers—a higher percentage by far than in the usual munitions

Munich.

At the same time, in an old garage building in Montreal, a small concern is making test tubes, ampules and other lines of She matched his grin medical glassware no longer avail-able from the regular foreign supply sources. The work there is car ried on under the guidance of a small group of highly skilled glassmakers from Czecho-Slovakia, who were brought to Canada after

These Girls Hear **Big Secrets First**

Handle Messages To and From British Battlefronts

Four of them were on duty when Rommel's rout began, says a writer in The London Chronicle. They had to keep the secret before the Cabinet was told and the censors had decided on the re-

lease of the story.

These girls assist the Royal These girls assist the Royal
Corps of Signals, and have been doing the job only four months.
They work in shifts throughout the 24 bours. These descriptions assist the Royal not getting the most health-giving parts of the grain. Whole grain products have Vitamin B which is needed for good health the 24 hours. Through their headquarters pass all communications to and from the War Office to British troops, whereever they

By special permission I visited this secret H.Q. You go down a The less money you have for food wide concrete stairway through the more whole wheat bread you wide concrete stairway through gastight steel doors. It seems a long time since you left daylight. it is warm, cosy and air condi-tioned, and the hum of a dis-tant dynamo fills the air. The girls sit in one long room at romium-edged control and

Wires from any secret radio ited it is cheaper to buy the cereciving posts are carried bereceiving posts are carried be-low the street in steel-clad conand the other battlefronts, re- care is required to produce

Kathleen on duty at their robot-like apparatus. Jean, who has a brother in the North Africa fighting, told me they have to be

Cereals may be partly cooked the night before. To prevent skin

warm place.
All cereals may be cooked in fireless cooker. Cracked wheat, whole brown

Miss Chambers welcomes personal letters from interested readers She is pleased to receive suggestions on topics for her column, and is we ready to listen to your tipet preven." Ifequests for recipes or special means are in order. Address your letters to "Miss Sadle B. Chambers, 72 West Adeleide Street, Toronto," Send stamped setf-addressed cavelope if you wish a reply.

library of the new cruiser H.M.S.



TABLE TALKS SADIE B. CHAMBERS

The Grain Field Products made from grains such as wheat, oats, rye, barley, corn and others are known as cer-

Flour is one of the cereal products and bread made from flour is one of the main items in our meals. Cereais and bread are the cheapest foods in our diet. That is why a generous amount is in-cluded in the literature prepared and recommended by the Canadian Red Cross.

The amount of food value we get from bread and cereal in return for money depends on: (a) the kind we buy
(b) the form in which we buy

Both points are important, but particularly the first one. Refined cereals such as white flour have had the most valuable parts of the grain taken away. When we eat white bread we are and growth, and iron

This is the reason doctors recommend that everyone have at least half whole wheat bread and whole grain cereals in the diet. should buy. However, even if you have unlimited money you should still buy half whole grain products. You can start today

buying better health for your family by following the above

Even in the summer the children need a dish of hot cereal at Cypher messages from Cairo | breakfast. A certain amount of ceived on aerials at lonely sites, are passed to this secret "station."

I found Jean, Margaret and the cause of his dislike of this

are to be cooked. This prevents boiling over. 2. Have water boiling and add

salt.
3. Sprinkle cereal gradually into the boiling water. Cook 5 minutes. slightly larger saucepan filled two-thirds full of boiling water.

forming cover with thin layer of cold water. To save fuel cook cereal as directed for 5 minutes. Place over boiling water, remove from stove, wrap up well and put in

rice and other coarse cereals may be soaked over night to reduce cooking time and improve the flavor.

Next week — some cereal recipes and Easy Graham Bread.

Coventry, Eng., is to stock the

"He That Killeth With the Sword"

dent Roosevelt, must "meet with fearful retribution." The Archbishop of York has just urged the British Government to make i clear that "when the hour of deliverance comes retribution will blocded and cowardly brutes who on the thousands of underling gladly carrying out these cruel-ties." An occasion might well be taken to repeat and emphasize summer; by their support and toleration "the German people accept ever-increasing respon name." The savagery which they practice at the orders of the Fuehrer has roused against them every nation has learnt that there can be no peace, no justice, no civilization while the German people worship their power cult. The free world will not lay down its arms till it has enforced the law: "He that leadeth in cap-tivity shall go captive; he that killeth with the sword must be

Ski Troops to Wear Wolverine Parkas

killed with the sword."

parkas trimmed with white wolv erine fur because wolverine is the only kind that does not become frosted, the Munitions Depart-ment said.

The white is to allow it to blend with the snow. More than 20,000



Think of it ... one of the fastest pain reliefs known-today for less than if a tablet!



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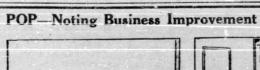






MALNUTRITION! .

NEXT: Snakes alive!





















By J. MILLAR WATT

or Trouble