

# BUY BONDS SPEED THE VICTORY "SALAD"

## TABLE TALKS

SADIE B. CHAMBERS

### Brushing Up On Meat Dishes

The lovely crisp Autumn days are with us. They bring some new thoughts, but also joyous ones, for the beauty of the Autumn has been unsurpassed. Although the dreariness and dead leaves do mark the end of our summer it will not be so many months before the arrival of lovely spring with its newness again. One thing our Autumn is sure to bring is appetites for the whole family and now is the time when more attention has to be given to the preparation of the hot meat dishes in order to satisfy those hungry boys and girls and grownups, too. I am giving two new ideas for the preparation of meat.

**Chicken Baked in Milk**  
Cut up the chicken as for frying. Dust each piece with salt and pepper and roll very lightly

"It looks as if we cut it very fine indeed... German hopes of driving us into the sea with a bloody mop-up on the beaches must at times have been high."



## LESSON from Salerno

It's this: Disaster may stare us in the face again, just as it did at Salerno. Victory will be ours—but it won't be a walk-over. Let us make this our motto: "No let-up until the last shot is fired." For if we do let up, others will pay for it... with their lives.

**Speed the Victory!**  
Buy MORE Bonds



"We want a happy tomorrow for our children—a world in which they may grow and live in peace. Our men are fighting for such a world. The sooner they win, the sooner we shall have peace again. Help 'Speed the Victory'. Invest in more Victory Bonds today!"

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.  
Niagara Falls, Canada.

BUY MORE VICTORY BONDS

## BLACK DAWN

By VICTOR ROSSEAU

CHAPTER I  
It was about midday when Dave Bruce reined in his bay gelding and looked down into the valley below. For miles it seemed to extend, gradually rising up to the continuation of the mountain chain that walled it off from the badlands and the desert.

Immediately beneath him Dave saw one of the most prosperous-looking ranches that he had ever set eyes upon. There was the ranchhouse, the cluster of trim buildings on either side of it, the long bunkhouse, the corrals with straight fence-posts and taut wire gleaming in the noon sunlight. Sitting his horse upon the top of the rise, Dave could see a cluster of pancheros gathered about the remuda corral, which must have been at least three acres in extent. Inside it several horses were milling, rearing, or dashing wildly around the interior. Everything stood out hard and clear in the crystal light.

"Well, this looks like business," Dave remarked to his gelding, which flicked an ear and went on grazing on the tufts of green grass. "They told us how Wilbur Ferris had the main spread in Mesquite, but I never looked for anything like this. How'll it feel

to be roundin' up steers again after three months' holiday, fella?"

The bay raised his head as Dave tautened the reins, and began picking his way down the precipitous descent that led into the valley. Three or four miles away Dave could see the roofs and house fronts of Mesquite, huddled beneath what looked like a neck of the valley.

It was three months since Dave's outfit, with which he had been for two years, had been pushed to the wall by the depression prices. Dave had now reached the point where it had become essential to settle down to work.

The trail down which he was riding was certainly not in habitual use. At times it grew so steep that the bay put his forefeet together and slid down in a shower of shale. Near the bottom came a fringe of aspen, with a layer of soft dead leaves, soggy with seepings from one of the numerous streams that tumbled down into the valley on this side of the heights.

Then Dave was through the aspens and in the valley itself, and the bay was moving at an easy lope toward the horse corral.

Seven or eight men were gathered about it, but none of them was sitting on the rails, and Dave saw why. The bunch of horses inside was unbroken, and every now and again one of them would make a furious lunge against the posts, or start on a wild career around the interior, ears laid back and teeth gleaming viciously.

As he rode up, Dave saw that the outfit consisted of Mexicans or breeders. Sullen and suspicious looks were directed toward him as he eased the bay to a standstill and sat surveying the group. Twenty-five, tall, straight in his saddle, fair-haired and grey-

## WAKE UP VITALITY HOT BREAKFAST

Name more food of the great growth and vitality element—protein—in whole grain oatmeal—than in any other natural cereal you can serve your family. Today, with less meat protein available, your family needs this extra vitality protection of Quaker Oats more than ever. Quaker Oats is so outstanding that it comes second only to meat in its ability to build up the body. Children simply love Quaker Oats. It's so smart to protect your family's health and vitality by serving Quaker Oats cereal when so many other foods are rationed.

## QUAKER OATS

The Quaker Oats Company of Canada Limited

## Nazis Planned Invasion In 1940

Barges Ready To Carry Hun Hordes To England  
The gigantic air attack that Germany hurled at London three years ago last month definitely was the preliminary step toward invasion of Britain.

Twenty-five hundred barges massed in ports across the English Channel and the North Sea were to have carried Hitler's invasion hordes to the shores of England as the climax of a five-week program culminating in mid-September.

The planned preliminary steps were to have been the knocking out of the R.A.F. and then the bombing of London to shatter the will and ability of the British people to resist.

This information, obtained from sources which may not be specified, presented a broader picture of events that occurred during those dark days than it was possible to give then or since.

The daring and tireless pilots of the R.A.F. carried the major burden of throwing this enemy invasion program away. The men who long ago were immortalized by the words of Winston Churchill: "Never in the field of human

EGGLESS MAYONNAISE  
1/2 teaspoon dry mustard  
1/2 teaspoon pepper  
1/2 teaspoon paprika  
1/2 teaspoon salt

Combine the dry ingredients, add the milk and blend. Gradually beat in the chilled Mayonnaise, then add the lemon juice and beat with a rotary beater until smooth. This dressing will keep indefinitely in a cool place. YIELD: 1/2 pint.

ALL-BRAN TAUGHT ME SOMETHING ABOUT CONSTIPATION  
When you're busy as most of us are, working to help win the war, it's doubly important to know what ALL-BRAN can do to relieve the cause of constipation due to the lack of the right amount of "bulk" in the diet. It's a "better way" than forcing yourself to take purgatives that offer only temporary relief.

Eat ALL-BRAN every morning. That's the simple means that thousands use to keep regular. NATURALLY! Enjoy it as a cereal or in muffins... drink plenty of water... and see what it does for you! Buy ALL-BRAN at your grocer's or in two convenient sizes. Made by Kellogg's in London, Canada.

REMEMBER THE "ST. CROIX"  
Buy Bonds to Speed the Victory  
THE STEEL COMPANY OF CANADA, LIMITED

## Cracks In Japan's Armor Seen In Weaker Defense Against Allies

The critical weaknesses of Japan's armor have become apparent in the wake of the recent raids from Allied carriers in the Central Pacific, writes Walker, in Christian Science Monitor. As pointed out by military authorities here they

have claimed as many of the Allied merchant ships as have torpedoes.

What is far more significant is the fact that during the course of thousands of miles of cruising through enemy waters in recent weeks not a single torpedo is known to have been fired at the powerful United States naval task forces.

All these weaknesses, it is pointed out here, do not mean that Japan is incapable of hitting back.

They do point to the fact that Japan realizes that in order to defend its inner holdings it must shortly give up many of its advanced bases.

Income tax and super tax on the largest incomes in Great Britain take 97 1/2 per cent of the gross income. Only 80 people in Great Britain now have an income, after taxes are paid, of more than £5,000 (about \$25,000).

For several months the "cat-and-mouse" game of the Japanese armor has been the subject of conjecture. Now on the eve of the present push against Japan's outer perimeter gains momentum.

The first of these cracks in Japan's armor which will widen as the present push against Japan's outer perimeter gains momentum.

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## VOICE OF THE PRESS

GO TO THE WOODPECKER!  
The woodpecker is a realist. With it every knock is a boast. It is for due cause. In the spring it excavates a tidy nest, but only in a softened tree. Even then it will hide the chips just in case predatory eyes were watching. Mostly, it says nothing—and saws wood.—Victoria Colonist.

CONSISTENT  
Civilization is that state of affairs in which money is collected from women who make up their faces and tint their nails, in order to send missionaries abroad to teach the savages not to do the same.—Montreal Star.

MARONED AT DOCTOR'S  
State medicine is again proposed. The fellow who has lost his coupon when he goes to the doctor will be out of luck. —Port Arthur News-Chronicler.

WARMER HERE  
There is to be no heat this winter in any public building in Germany except hospitals. That should make most of us feel a lot better about the relatively painless fuel restrictions that are being imposed in this country. —Brookville Recorder and Times.

STILL THREE FOES  
We still have three enemies to overcome—Germany, Japan and Over-Confidence. —Stratford Beacon-Herald.

"HENVESATION"  
It is claimed by a poultry expert that talking to hens will

make them lay more eggs. We deem it wise to open the henversation with a pleasant cackle, followed by a crow about the work of the flock—and some reference to the dumb clucks in the yard next door. —Ottawa Citizen.

In Great Britain, he allowance per person for shell eggs over the year averages approximately 1/4 egg per week.



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Are you going to be a kangaroo?  
A kangaroo's life is pretty soft. At an early age he gets a free ride everywhere. When he grows up, he uses his long legs and small brain to take him hoppy-hop, hoppy-hop, anywhere he wants to go.

And he isn't going anywhere, anyway. No true Canadian wants to be a kangaroo. In the first place, he isn't interested in getting a free ride at the expense of others. In the second, he knows that the war isn't going to be won by hoppy-hop. Thirdly, the average Canadian is going somewhere.

True Canadians are sharing in the cost of this war by buying Victory Bonds. They're helping themselves buy more Victory Bonds by cutting down hoppy-hop buying of needless luxuries. They're holding onto the Victory Bonds they do buy against that bright new world of tomorrow towards which we are all headed.

NOW—are you going to be a kangaroo?  
CONTRIBUTED TO THE FIFTH VICTORY LOAN CAMPAIGN by Hiram Walker Gooderham & Co. LIMITED

Buy a Victory Bond and Speed the Victory