Dr. Chase's Nerve Food

The Vitamin B1 Tonic
Contains Vitamin B1 and Essential Food Minerals

Extensively used for headache, loss of sleep, nervous indigestion, irritability, anaemia, chronic fatigue, and exhaustion of the nervous system.

60 pills, 60 cts.
Economy size, 180 pills, $1.50.

SALLY'S LAYER SPONGE CAKE

¾ cup sifted flour
¼ cup BENSON'S OR CANADA CORN STARCH
1½ teaspoons baking powder
¼ teaspoon salt
2 eggs, separated
1 teaspoon grated lemon rind
1 tablespoon lemon juice
1 cup fine granulated sugar
½ cup hot water

Sift together the sifted flour, corn starch, baking powder and salt, 3 times. Beat eggyolks thick, add lemon juice and rind. Add ¾ cup of the sugar in three additions. Add hot water in two additions, stirring constantly. Fold in sifted dry ingredients with wire whisk, then fold in stiffly beaten eggwhites, into which has been beaten the remaining ¾ cup sugar. Pour into 2 greased layer cake pans (8") lightly dusted with corn starch, and bake in a moderate oven (350 degrees F) for 30 minutes. Remove from oven and invert on cake rack one hour before removing cake from pans. Put together with a cream filling.

VARIATION: Prepare recipe in same manner as above, but bake in pan 8" X 8" X 2" (ungreased and lightly dusted with corn starch). Bake in a moderate oven (350 degrees F) for 35 minutes, and invert on rack one hour before removing from pan. Dust top with icing sugar.

TABLE TALKS

Midwinter Jellies

Last summer when homemakers were putting up their fruits they discovered they did not have enough sugar for putting up all the jams and jellies they would like, but now they have probably caught up on the sugar and can boil the juices they saved into delicious, quivery jellies.

For those of you who did not put up juices for winter jelly-making, there are plenty of fruits in season now that make delightful spreads. Out with the kettles and colanders, with jelly glasses and paraffin and here we go:

Orange Marmalade

2½ cups prepared fruit (about 1¼ pounds)
2½ cups sugar
1 3-ounce box powdered fruit pectin.

Prepare fruit. Use peels from 6 medium-sized oranges and 2 lemons. Cut in quarters. Lay quarters flat; shave off and discard half of white layer. Put peel through chopper twice. Add 1 cup sugar, 2½ cups water, juice from 1 medium-sized lemon and ½ teaspoon soda. (This 1 cup sugar is in addition to measurement given above.) Cover. Heat to boiling. Simmer 20 minutes, stirring occasionally. Measure sugar into dry dish and set aside until needed. Measure prepared fruit into 3 to 4-quart kettle, filling up last cup or fraction of cup with water if necessary. Place over high heat. Add powdered pectin, mix well, and continue stirring until mixture comes to a hard boil. Pour in sugar at once, stirring constantly. Continue stirring, heat to a full, rolling boil and boil hard 3 minutes. eTmove from heat, skim, pour quickly. Paraffin hot marmalade at once.

Yield: 6 6-ounce glasses.

Honey Orange Jelly

1 cup juice
3 cups honey
½ bottle fruit pectin

To prepare juice, squeeze and strain juice from two medium oranges. Measure juice and honey into a large saucepan and mix well. Heat to boiling over high heat and at once add fruit pectin, stirring constantly. Then heat to a full rolling boil and boil hard ½ minute. Remove from heat, skim, pour quickly. Paraffin hot jelly at once.

Yield: 6 6-ounce glasses.

Grapefruit Marmalade

1 grapefruit
1 orange
1 lemon.

Slice fruit very thin, remove pulp from peel. To each pint of pulp, use an equal quantity of water and 1½ times as much sugar. * Let come to a boil. Remove from fire, let stand overnight. Boil the shredded skin of the fruit in twice their bulk of water until tender, then let stand overnight in the water in which they were boiled. On the next day, heat the skins to the boiling point, then add pulp mixture and boil rapidly until thick enough to congeal when tested. Pour into sterilized glass jars and seal.

Yield: 2 to 3 pints.

STOP COLDS!

The new double defense against colds, grippe and bronchitis is to build immunity with VitaVax—a small tasteless capsule combining
COLD VACCINE plus VITAMINS

If exciting cold, take VitaVax to reduce severity and speed recovery.

If you've just had a cold, take VitaVax to overcome fatigue and increase vitality.

For scientific precaution against future colds, grippe and bronchitis, protect all the family with VitaVax Capsules. Only $2.50 for one to two months average requirements. Ask your druggist, or for details write to—

Roberts Biological Laboratory, Toronto

START TODAY
VITAVAX
COLD VACCINE plus VITAMINS

Toronto 1½ Hours From New York

New York was just an hour and a half away from Toronto recently. That was the new record set up by a Trans-Canada Air Lines flight assisted by favorable weather conditions and strong tail winds.

Carrying a full load of ten passengers in addition to mail and express, the big aircraft covered the 365 air miles from the ramp at Malton Airport, Toronto, to the ramp at La Guardia Field in exactly one hour and twenty-eight minutes. Actual flying time was one hour and twenty-two minutes

Two hours is the scheduled time in TCA's Toronto-New York nonstop service. A passenger train takes approximately twelve hours to travel between these two cities.

Smart Jumper

By Laura Wheeler

She'll look her best in this embroidered Jumper frock (and she'll love it, too). The garland gives the jumper that expensive look. Pattern 740 contains a transfer pattern of embroidery and necessary pattern pieces for dress and pocket; in size 2, 4, 6 (one size in pattern). State size desired.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., Room 421, 73 Adelaide St. West, Toronto. Write plainly Pattern Number, your Name and Address.

ITCH STOPPED in a jiffy or Money Back

For quick relief from itching of eczema, pimples, athlete's foot, scales, rashes, rashes and other externally caused skin troubles, use fast-acting, cooling, antiseptic, liquid D. D. D. Prescription. Greaseless, stainless. Soothes irritation and quickly stops itch or nothing. Six trial bottle proves it, or money back. Ask your druggist today for D.D.D. PRESCRIPTION.

C.W.A.C. WINS LAURELS FOR SMARTEST UNIFORM

To the Canadian Women's Army Corps go the laurels for having the smartest and best-looking uniform of all the Women's Services in this war. This decision was reached at a party given in Britain by the U.S. Women's Army Corps for personnel of the C.W.A.C., the W.R.N.S., the R.C.A.F. (W.D.) the W.A.A.F. and the A.T.S. Report was made in the "Stars and Stripes" official organ of the U.S. Armed Forces in the European Theatre of war. Popular opinion conceded to the C.W.A.C. uniform the qualities of trimness and smartness. The W.A.C. uniform was tagged as the best tailored and the W.R.N.S. carried the color honors. Cpl. Wilma Williamson of Dundas, Ont., is pictured above modelling various ensembles of the C.W.A.C. uniform. From left to right, the winter greatcoat, the rose-beige summer worsted and the khaki barathea.

BLACK DAWN

By VICTOR ROSSEAU

CHAPTER XIV

The shouts and curses had died away into complete silence as the last scene of the tragedy came on the stage. This was the climax of the afternoon's entertainment. In another moment Dave Bruce would be dancing at the end of the long rope, gurgling, and clawing helplessly with his hands in his effort to free himself.

Then suddenly Lois leaped—and what happened next was somthing entirely unforeseen by any man in that crowd.

For, with a swift bound, the girl was astride Black Dawn behind Dave, and quick as a flash her arm shot up. A blade was seen to glint in the light that came from the front of the Wayside Rest. The rope, severed with two quick strokes, dropped in a coil about Dave's shoulders.

A low whistle from Lois' lips. And instantaneously Black Dawn went into action. With a mighty leap the great stallion broke through the crowd, knocking men right and left. He plunged through the girl's overalls, near the shoulder.

"Lois—you're hit!" he cried.

"Leave me alone, I tell you, It's nothing. Im taking—you—"

But her voice failed her. And it was with the utmost difficulty that Dave, seated in front of her, could contrive to keep his seat and also hold her on the back of the horse, who showed no signs of slackening his speed. Without reins, or even halter, Dave was powerless to control him, while to attempt to bandage Lois' wound was out of the question.

In the dim starlight Dave tried to locate his surroundings. It seemed to him that the horse was taking them straight toward Hooker's cabin.

It was not until then that he realized that the severed hangman's noose was still about his neck. Dave uncoiled it with one hand and was about to throw it away. Then he realized that its discovery would give the clue to their flight. He fastened it instead about his saddle-horn, where his lariat was coiled.

The horse was straining upward toward the higher mesas. The scrub brushed his flanks, now and again he kicked away a shower of stones At last the upper mesa was reachd, and before Dave realized it Black Dawn had come to a standstill in front of the cabin looming darkly up out of the scrub,

Dave slipped from the saddle and caught Lois in his arms. He carried her inside the cabin and laid her on her bunk. He heard a horse nicker somewhere, and Black Dawn's trumpeting answer. Then sounded the thud of hoofs, and the stallion was gone.

* * *

Dave found the lamp and lit it. He was surprized how his fingers were shaking. He looked at Lois and saw that the blood was still oozing from the wound in her shoulder.

He pulled down the stained overalls and the soaked garment beneath, exposing the white flesh of the upper arm. He dabbed at it with the corner of the garment, and, to his relief, saw that the wound was a slight one. A bullet had struck just below the collarbone and seared its way across the flesh of the shoulder, but it had apparently severed a small artery in its course. The bleeding, however, had almost ceased.

Dave lit the kerosene stove and set water on to boil. He went back to the side of the bunk and pressed his fingers upon the flesh about the artery. Suddenly he was aware that Lois' eyes were open, and that she was looking at him.

"You're all right, Miss Lois," he said. "Just nicked you. You don't mind my takin' care of your wound? I wish there was some disinfectant. You ain't got none?"

* * *

Lois shook her head. Her eyes were pools of unfathomable gray, searching Dave's, searching for the answer to her unspoken question. Dave answered it.

"You saved my life when it wasn't worth biddin' a cent in a thousand dollars on," he said huskily. No, I didn't kill Mr. Hooker. Some skunk shot him through the window while we was talkin'. I can't say more than that. You can believe me or not just as you please. No, you got to believe me, Lol."

"I guess I do," Lois answered. "I'd never have saved you—me and Black Dawn—if I hadn't believed you. He didn't often make mistakes in judging men, Mr. Hooker didn't. It was only because you broke Black Dawn, I reckon. I couldn't stand for that not knowing who you were." Her voice trailed away weakly. "How long have we been here?" she asked.

"Not more than fifteen minutes. I'm heatin' some water to clean your wound. I—I had to—"

"That was kind of you," she answered, with the simplicity of a child. There was not the least embarrassment in her face or voice, and she let Dave sponge the wound with a piece of clean cotton material in a small tin trunk that she showed him under the bunk. He bandaged it with strips, passing them around the neck to hold them .

"How you feelin'?" Dave asked anxiously.

"I'm better now."

"Think yuh could eat something? Or maybe a cup of coffee —I could make that quick for you?"

There was a faint smile on her face. "You're not thinking about yourself, are you?" she asked. "Suppose that crowd comes here on the chance of finding you?"

(Continued Next Week)

if You Want RELIEF FAST from that COUGH, COLD BRONCHITIS, ASTHMA Take... BUCKLEY'S MIXTURE It's All Medication No Syrup—

IT'S BETTER IT'S BUCKLEY'S THAT'S WHY

BACKACHE? Look out for Trouble With Your KIDNEYS

If your back aches or if you have disturbed sleep, burning or smarting, look out for trouble. This condition is a sure sign that your kidneys are not fully ridding your blood of poisonous acids and wastes. When the kidneys slow up, wastes collect. Backache, dizzy spells, puffy eyes and rheumatic pains may follow.

Your kidneys need help—and there is a time-tried, proven way to help them known as GOLD MEDAL Haarlem Oil Capsules. These Capsules contain carefully measured quantities of that widely known diuretic called Dutch Drops. You will find their action fast and effective.

Be sure you get GOLD MEDAL Haarlem Oil Capsules, the genuine and original Dutch Drops—packed in Canada. Get a 60c package from your druggist.

12 Branburgers from a pound of beef

All-Bran "Branburgers"

1 egg
2 teaspoons salt
¼ teaspoon pepper
2 tablespoons minced onion
1 cup milk
1 tablespoon chopped parsley
¾ cup catsup
1 cup Kellogg's All-Bran
1 pound ground beef

Beat egg slightly, add salt, pepper, onion, milk, parsley, catsup and All-Bran. Let soak until most of moisture is taken up. Add beef and mix thoroughly. Shape into 12 patties. Bake in hot oven (450°F.) about 30 minutes or broil about 20 minutes. Yield: 12 (2½ inch) patties.

P.S. The ALL-BRAN in them helps prevent constipation due to lack of "bulk" in your diet. Try them today. ALL-BRAN is made by Kellogg's of London, Canada.

Kellogg's ALL-BRAN

CWAC Uniform Best In Service

Chalk up another score for the Canadian girls in khaki. Of all the women's services in this war the Canadian Women's Army Corps has the best looking uniform, according to Stars and Stripes, official organ of the United States Armed Forces in the European theatre of war.

This decision was arrived at by a party given by the U.S. Women's Army Corps in London, England. British Wrens carried off the color honors.

Getting Up Nights Makes Many Feel Old Before Their Time

Do you feel older than you are or suffer from backache, leg pains, nervousness, rheumatism, Leg Pains, Rheumatic Pains, Nervousness or frequent passages? If so, remember that your Kidneys are vital to your health and that these symptoms may be due to Kidney and Bladder troubles—in such cases Cystex usually gives prompt and joyous relief by helping the Kidneys flush out poisonous acids and wastes. You have everything to gain and nothing to lose in trying Cystex. The first day's trial test soon convinces. Cystex is a special organic combination of proven ingredients that work fast. Get Cystex (Sis-tex) today. Only 3 cents a dose at druggist today.

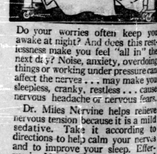
Cystex Helps Clean Kidneys

Asthma Suffering Curbed 7 Years

Seven years ago J. Richards, 32 East 22nd St., Hamilton, Ont., was asthmatic, lost weight, suffered coughing, choking, wheezing every night . . . couldn't sleep. Asmo-Tabs curbed his spasms promptly and he now reports normal weight and good health although 70 years old. To prove Asmo-Tabs may do the same for you we will send a full package of Asmo-Tabs free of cost, no obligation. Just tell others if it stops your asthma attacks. Write Knox Company, 6639 Knox Bldg., Fort Erie North, Ont., for free Asmo-Tabs.

Skin Itch Stopped in 7 Minutes

Your skin has nearly 50 million tiny sweat and pores where germs hide and cause itching, Cracking, Eczema-like Rash, Pesky Burning Skin Blotches, Pimples, Ringworm, Foot Itch and other skin blemishes. The one treatment Nixoderm stops the itching in 7 minutes and goes right to work curbing the germs and should quickly help make your skin clearer, softer, smoother and more attractive—in fact Nixoderm must satisfy completely or you get your money back in full on empty package. Get Nixoderm from your druggist today—see how fast it works and how much better your look. The money back trial offer protects you.



Do your worries often keep you awake at night? And does this restlessness make you feel "all in" the next day? Noise, anxiety, overdoing things or working under pressure can affect the nerves . . . may make you sleepless, cranky, restless . . . cause nervous headache or nervous fears.

Dr. Miles Nervine helps relieve nervous tension because it is a mild sedative. Take it according to directions to help calm your nerves and to improve your sleep. Effervescing Nervine Tablets are 35c and 75c. Nervine Liquid is 25c and $1.00.

DR. MILES NERVINE

THIS CURIOUS WORLD By William Ferguson

CHICAGO was far down the line of windy cities for 1937. While it had but two 32-mile-per-hour winds, Buffalo had 105 days on which the wind equaled or exceeded that velocity. New York City had 89 such days, and Cleveland 81.

NEXT: How rattlesnakes locate their prey.

RADIO REPORTER By REX FROST

Something bright. Something light. A smile or two. Several household hints and suggestions. Such is the radio menu of that trio of "Wife Preservers", Wilf Perry, Todd Russell and Michael Fitzgerald on the Monday, Wednesday, Friday, 11.15 a.m. timetable of CFRB, Toronto. And the show provides the opportunity for many a lady of the household to turn into cash her ideas and suggestions for lightening the domestic load. So ladies, if you're a brilliant cook why not shoot it along to the "Wife Preservers." Maybe a dollar bill, a five or ten buck reward may come your way, besides which the show itself is lots of good fun, and "easy-to-listen-to" entertainment.

* * *

A new series of dramas, produced under the direction of Andrew Allan got under way over the C.B.C. Trans-Canada network last Sunday evening at the nine o'clock hour. Under the unusual title "Stage 41" this series will feature dramas written by Canada's leading playwrights. Last Sunday and for the next two Sundays, the plays presented are from the pen of Fletcher Markle, who attracted considerable attention a year ago with the dramatic sequence "Baker's Dozen". Fletcher Markle himself is now overseas with the R.C.A.F.

* * *

In a day and age when the airwaves are often cluttered up with surmise and speculation, it is somewhat unusual to come across a programme titled "People enjoy facts". And for people who do enjoy facts the Canadian Bankers Association is initiating a new series of broadcasts which will be heard every Wednesday evening at 8 o'clock over CFRB, Toronto. The series gets under way February 2nd.

* * *

Are any of our readers interested in sewing? If so, the new sewing classes which will be heard every Thursday afternoon, 2.30 to 3 o'clock over CFRB commencing February 3rd, will be both educational and entertaining.

* * *

Radio is at present lending its support to the I.O.D.E. campaign to collect books for the lads and lassies overseas. This is just a reminder, in case you haven't done so already, to look up some books which you can easily spare, and turn them over to your local Post Office or Public Library. 250,000 books are wanted. Send the books you have enjoyed yourself . . . up-to-date books of high adventure and romance, exciting mystery stories, and rip-snorting thrillers of the west. Books on travel. Stories by war correspondents. All will be very welcome. Will you do this much for the boys and girls who are doing so much for you?

* * *

Speaking of programmes in the interests of the various war services, Maurice Bodington still continues to lend his "dastable personality to the "Red, White and Blue" broadcasts on a Saturday feature of CFRB commencing at noon. Announcements of the activities of organizations working in the interest of the war effort, suitable patriotic music and poetry round out a diversified programme which, from all accounts, is steadily building up an appreciative audience. For a lunch hour lift on Saturday you can't beat it.

But Of Course, It Is Very Difficult

The story of the creation of the world is told in Genesis in 400 words.

The world's greatest moral code, the Ten Commandments, contains only 400 words.

Lincoln's immortal "Gettysburg Address" is but 266 words in length.

The Declaration of Independence required only 1,321 words to set up a new conception of freedom.

The United States Office of Price Administration uses 2,500 words to announce a reduction in the price of cabbage seeds!

IN MONTY'S SHOES

Lieut.-Gen. Sir Oliver Leese was named commander of the famous British Eighth Army, to succeed Gen. Sir Bernard L. Montgomery, now in England to command British ground forces in the invasion of western Europe.

SUNDAY SCHOOL LESSON

FEBRUARY 6
JESUS FEEDS THE MULTITUDES
Mark 6: 30—52; 8: 1—10
PRINTED TEXT
Mark 6: 35—44; 8: 1—9.
GOLDEN TEXT.—I am the bread of life: he that cometh to me shall not hunger, and he that believeth on me shall never thirst. John 6: 35.

Memory Verse: Jehovah is good to all. Psalm 145: 9.

THE LESSON IN ITS SETTING

Time.—The feeding of the five thousand, and the miracle of our Lord walking on the water, took place in April, A.D. 29; the feeding of the four thousand took place the same year.

Place.—The miracle of the five thousand took place at Bethsaida, on the sea of Galilee; on this sea also the miracle of the walking on the water occurred. The feeding of the four thousand took place in what is known as Decapolis, the territory east of the Jordan River, towards the north.

Disciples Cannot Feed Them.

"And when the day was now far spent, his disciples came unto him, and said, The place is desert, and the day is now far spent: send them away, that they may go into the country and villages round about, and buy themselves somewhat to eat." The disciples realized the need of the people and possibly they were speaking from their own experience, they too would be feeling hungry and knew they had insufficient resources of their own to feed themselves and the multitude.

"But he answered and said unto them, Give ye them to eat. And they say unto him, shall we go and buy two hundred shillings worth of bread, and give them to eat? And he saith unto them, How many loaves have ye? Go and see. And when they knew, they say, five, and two fishes".

"Send them away", is the counsel of the disciples. "Give ye them to eat, is the command of Christ. Christ knew what he was about to do, but He would first show His disciples their great need and their entire helplessness. They must learn to look to Him for everything. Their resources were very small, totally inadequate, but how different was the case when placed in the hands of Jesus. We often face tremendous difficulties and problems with such inadequate resources, but when we in faith put our little into His hands, we are able to meet every demand.

All Were Satisfied

"And he commanded them that all should sit down by companies upon the green grass. And they sat down in ranks, by hundreds, and by fifties. And He took the five loaves and the two fishes, and looking up to heaven, he blessed, and brake the loaves, and he gave to the disciples to set before them; and the two fishes divided He among them all. And they all ate and were filled."

Our Saviour always sought a blessing on his food. Do we?. If we paused a moment before giving thanks to think of all our blessings, our thanksgiving would be more sincere, less formal. At what momen the actual increase of the loaves took place we know not. The multiplication of the loaves and tne fishes went on in the hands of Christ between the breaking and the distributing. All were blessed and all were satisfied. There is no stint with Christ; He gives in abundance. He invites us to a greater feast—the feast of the gospel. They who partake of Christ, of His life, of His word, find a satisfaction which cannot be found in any material thing.

The Economy Of Jesus

"And they took up broken pieces, twelfe basketfuls, and also of the fishes. And they that ate the loaves were five thousand men." It was Christ who commanded His disciples to do this that nothing be lost. The quantity taken up shows how liberal had been Christ's provision. Our Lord gives generously, but He does not sanction waste.

The Second Feeding

"In those days, when there was again a great multitude, and they had nothing to eat . . . and there were about four thousand, and he sent them away. "What a beautiful spirit of consideration our Savour shows for this multitude. Are we as thoughtful and considerate as we ought to be. It is said that 'evil is wrought by want of thought as well as by want of heart.' The disciples had forgotten how Christ had fed the multitiudes before. Is it not true of us all? How soon we forget God's mercies in the past!

Once again our Lord returns thanks. If the Son of God did not break the bread without thanksgiving how much less should we! Only after their need had been met, does He bid them depart. Jesus sends no needy soul away unblessed. He sent this hungry faint-hearted crowd away abundant satisfied. If we come to Jesus in the spirit of true repentance, He will fully and freely forgive us and send us on our way rejoicing.

CHIEF OF AIR STAFF

Air Marshal Robert Leckie, C.B., D.S.O., D.S.C, D.F.C. Chief of the Air Staff of the Royal Canadian Air Force.

CARRIERS CARRY ON THROUGH STORM

With flight decks aslant as winter storm lashes waves to angry turbulence, British carriers Avenger and Biter press ahead, escorting Allied convoy through dangerous waters.

CHRONICLES of GINGER FARM

By Gwendoline P. Clarke

Generally I leave recipes and suchlike to cookery columns or recipe books but once in awhile I hit on something original and then I like to pass the good news along. So here's my latest—and why.

I was making pies and wanted one in a hurry for dinner. An open pie filled with the same filling as for butter tarts is usually my emergency pie. But on this day my supply of raisins and currants was low—and dear knows if we will get any more—so I looked around for a substitute. This was the result: I took 1 tablespoon of soft butter and blended it with ½ cup of brown sugar and two small eggs well beaten. Into this mixture I stirred one scant cup of mincemeat and then I put the whole concoction into an unbaked pie shell and baked in a moderate oven until it was set. It really turned out to be a delectable pie—it even brought forth expressions of unsolicited approval from Partner. Before that I thought the pie was good—but after that I knew it was. Partner, you will understand, like most men, generally expresses an opinion only if there is something he doesn't like. So I naturally thought a pie sufficiently unusual to arouse masculine comment was something to write to the column about. If you try my recipe and like it you might call it "Ginger Farm special." If you don't like it then let it be nameless—and don't send me your doctor bills!

* * *

Do you know what I have done this year? I'll tell you. I have actually read two whole books and started on a third. And that's really something. Not because I don't like reading—don't ever think it—but it just seems that one's time is so crowded those days that reading to any extent is something one has to sacrifice. A scanty perusal of newspapers, magazines and "Digests" is about all I've had time for—writing letters, knitting and sewing for the Red Cross are so much more important, to say nothing of meetings, and reports and suchlike, to take up what would otherwise be one's spare time. Not that I have run out of jobs—far from it—but I just felt as if I had to give myself a break, as it were. You know how it is once in awhile, don't you? However, in case you think I'm lying down on the job, perhaps I should tell you that in the last three weeks I have also knitted five pairs of mitts, two helmets and two skull caps. But alas, the most one can do is still so little. If I hadn't done any reading I might possibly have had two more skull caps to my credit. But then I wouldn't have known so much about "The Men Around Churchill" by Rene Kraus or the struggle of the Comeau family in "The Sea is So Wide" by Evelyn Eaton. Another distraction was the show "In Which We Serve." I knew it to be a splendid show but it was even better than I expected because I had not realised that a picture of that type would have so much humour in it. Without that saving humour the pathos of the picture would have been a little more than one could take.

* * *

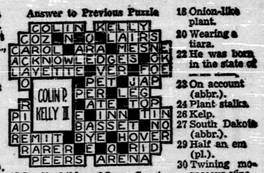
And then there's the radio . . . Tell me, my friends, what part does radio play in your life? Do you find it a diversion? Does it help you, amuse you, keep you informed, or is it an irritation and a hindrance? We know it can be any, or all, of these things. Like other inventions, its use or abuse depends upon the public. I know one thing—it can be the means of much wasted time. You turn on the radio—ah, that's a good programme—I'll just wait until it's over before starting that letter. And then something else comes along and first thing you know the letter doesn't get written. And what about the "soap dramas"? Oh yes, I know you can work and listen too, but just watch and you will notice that your pace slackens as the tempo of the story increases. I know . . . even though I am not a regular radio drama addict.

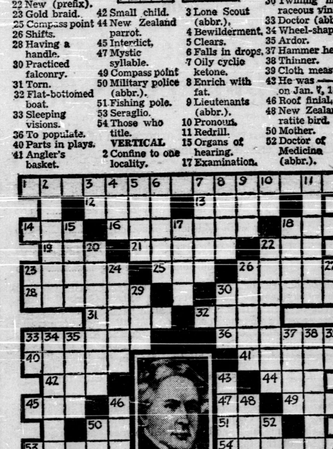
THIRTEENTH U. S. PRESIDENT

HORIZONTAL
1 Pictured former president of the U. S. A.
12 Bustle.
13 Appraise.
14 Female saint (abbr.).
16 Redactors.
18 Pounds (abbr.).
19 Partake of food.
21 Expend.
22 New (prefix).
23 Gold braid.
25 Compass point
26 Shifts.
28 Having a handle.
30 Practiced falconry.
31 Torn.
32 Flat-bottomed boat.
33 Sleeping visions.
36 To populate.
40 Parts in plays.
41 Angler's basket.
42 Small child.
44 New Zealand parrot.
45 Intertict.
47 Mystic syllable.
49 Compass point
50 Military police (abbr.).
51 Fishing pole.
53 Seraglio.
54 Those who title.

VERTICAL
1 Confine to one locality.
3 Lone Scout (abbr.).
4 Bewilderment.
5 Clears.
6 Falls in drops.
7 Oily cyclic ketone.
8 Enrich with fat.
9 Lieutenants (abbr.).
10 Pronouns.
11 Redrill.
15 Organs of hearing.
17 Examination.
18 Onion-like plant.
20 Wearing a tiara.
22 He was born in the state of ——.
23 On account (abbr.).
24 Plant stalks.
26 Kelp.
27 South Dakota (abbr.).
29 Half an em (pl.).
30 Twining molasses vine.
33 Doctor (abbr.)
34 Wheel-shaped.
35 Ardor.
37 Hammer head.
38 Thinner.
39 Cloth measure
43 He was —— on Jan. 7, 1809
46 Roof finial.
48 New Zealand rattle bird.
50 Mother.
52 Doctor of Medicine (abbr.).

Answer to Previous Puzzle





POP—Then Pop's Had Plenty of Exercise

By J. MILLAR WATT