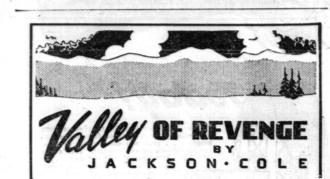
The Quality Tea

ORANGE PEKOE



Chapter III Valdez nodded, his lips tight. I've got to see this Garvin of whom you tell me," he said to the girl. "Where is his outfit? Has he got a ranch hereabouts, or is he more likely to be found in the nearest town? What's the name

"He lives in the town of Luna Roja," she said. "But it is a dangerous place to go, senor-and more dangerous when it is the

Senor Garvin you seek. "He has set himself up as a banker in Luna Roja, where he has a white-plastered adobe home that is much like a fortress, and it is there he has his bank. He s there most of the time, and he is well protected, because he has a host of killers who serve him, and who live in the blockhouses which form the corners of the patio of his house. His guards

'Maybe I can manage to get by 'em somehow." Valdez said evenly.

He turned from her to give his attention to the gear he had taken out of his blanket roll, and which must now be disposed of in some other way. Tying the legs of a pair of riding breeches together, he stuffed the gear into them, then removed his leather chaps and used them to make a sort of impromptu valise, to be tied with

stood there in the tight-fitting concha-trimmed trousers of a Mexican don. They had an odd stare at him, then at the gear still at his feet. One of her slender, browned fingers pointed wordlessto his head, and swiftly he placed a hand to his hair. In the xcitement the black wig that he wore had become displaced, and beneath it showed strands of gleaming red-gold hair.

With a twist of his lips he swept the wig from his head and tossed back the waving reddish mane. Then, as he saw that Juanita's eyes wavered to the last of the gear the ground at his feet, he picked up the silver-decorated jacket that lay there, shrugged out of his charro vest and replaced it with the dark velvet jacket. From the ground he also picked up a bright scarlet sash which he wound about his slim waist, making sure that his wide gun belt and holsters were in place. His last scarf about his neck. And it was that badge, as much as the redgold hair above it, that had given brought fear to the hearts of miscreants, and gratitude from those he had served. El Caballero Rojo

Still amazed, Juanita de Cuevas stood for a moment, utterly unable Then her lips moved in awe as she said, barely above a whisper: "El Caballero Rojo!" She could not be mistaken, she knew, for that red hair, the scarlet sash and gaudily decorated garments, and above all, the red kerchief around his bronzed throat, could belong to only one man—the avenger of whom every Mexican above the

Chance had shown to Juanita this friend in need who had so He had intended to enter this valley in his role of wandering vaquero, but what he had seen here had changed his plans, and it might be just as well that this girl knew.

nita?" he asked with concern.
"Have you friends—"
Slowly she turned and faced

him. And what she said left him speechless fo a moment. "I will go, senor, with you. You have proved you are my one, my only amigo. Where you go I will go. I will be your follower, your servant, to look out for your wants." Courage and firm resolve "But you can't do that, Juanita!"

Valdez exploded, startled. Her small head went up again in that proud, defiant gesture. "You are going to see Senor Garvin," she said firmly. "That is

what you say. You mean to bring him to pay for what he has done to me and my people. I know, though you have not say that much; for everybody knows that El Cabellero Rojo fights for poor people who cannot defend them-selves. But this fight—it is as

Michael Valdez protested, patting her shoulder gently. "I'd have found Garvin even if there had not been this—this tragedy of yours here. I told you—I've been looking for him for a long time-five years. This is my fight, Juanita, not yours, though I promise that you also will be avenged. You must go to friends of yours—where you'll be safe. Let me I get through with Garvin I'll come back and take you to a place where you will be watched out for and can start life all over again.

* * * He vaulted into the saddle and picked up El Cielo's reins. The girl looked up at him, her great dark eyes accusing.

back," she said quietly, "Even if Garvin or his men do not kill you, and as you say you 'take care of him,' you do not intend to come back, Senor Caballero."

Michael Valdez smiled down at her, but he did not answer. He waved his hand and touched El Cielo lightly with the spurs, sendcould not answer her, because she had spoken the truth. No, El Caballero Rojo did not intend to come back for Juanita de Cuevas.

El Paisano Valley, as Michael Valdez had already discovered, was in one of New Mexico's richest ranges, though so remote that

it was as yet lttle known. At its greatest width it was about twenty miles wide, and there were few of the badland terrains that often break up the virgin wealth of cattle-raising and farming lands. On the other side of the first foothills, though, Val-dez had already learned from an old Indian, there was a spot known as Juniper Brakes which was as far removed from what this valley was as it was possible to conceive. But El Caballero Rojo had been glad to know of its existence, as so often there did-when he would be glad of its wild sanc-

tuary.

Juniper Brakes, he had been told, was no more than a jumble of hills too steep to climb on horseback, their sides and tops covered with thick growths stunted conifers. At the foot of the hills were alternating marshy spots and dry arroyos.

With the picture of what that land must be, Michael Valdez looked with fresh appreciation on the valley as he rode on and on with the waving greenery on ei-ther side like an inland sea. The



Denise Pinder of Whirlos roller skating team, holds "Teddy," her pet dog, entered in one of the championship events at

ANNE HIRST Your Family Counselor

Two years' separation at their ages may change their intentions.

"People say I'm only a school girl thinking I'm in love, but I know this

is the real thing!" she writes. Well,

we always think it's the real thing,

no matter how many times we fall in

love The course I suggest is one

way for her to find out the quality

and the permanence of her present

To "LUCK: It is not easy for one

who does not know you to diagnose

airls who are popular are immacu-

are welcomed by everybody in their

group. They are loyal to other girls, don't gossip. And they don't show

Read this again, and analyze it.

HOWEVER, to cheer you up. PH

* remind you that every now and * then, for a few months at a time,

* even a hitherto popular girl finds

* of town; or they drift to other

* it's nothing more than that

* dates start all over.

* around.

groups. This period is trying, but

* girl meets new young men, and the

Don't despair. Just be sure your

* family knows the boys you go

* with, invite several couples at a

* time to your house, and be an

. . .

* ment when you're a young teen-

ager. It pays to wait, as Anne

* Hirst will explain - if you write

* her at Box A; room 421, 73 * Adelaide St. West, Toronto.

Your Handwriting

and You Alex S. Arnott

eral spacing of the writing. Ex-

amine a page of your writing. How

much margin have you on the

left hand side of the page? Is the

writing crowded to the edge of

the paper or have you left a gen-

erous margin? Look at the top of

the page. Have you crowded the

letters to the top, leaving a wide

space at the bottom of the page?

the left hand side or at the top

of the page, the writer is endow-

ed with a good wholesome thrifty

and practical nature, if confirmed

by other indications in the script.

If there is a very generous spac-

ing between the lines and also

between the letters, you may be

sure the writer will place economy

There are many types of gen-

erosity and each has its own sign.

The majority of signs show the

writers to be generous with them-

selves but not so generous at

analysis please send self-addressed slamped invelope to Box B, room

421, 73 Adelaide St. West, Toronto.

There is no charge for this service.

as a secondary consideration to

comfort and well-being.

helping those in need. Anyone wishing a more complete

When there is little margin on

Generosity is shown by the gen-

* DON'T rush into an engage-

* attentive hostess. The word gets

how eager they are for dates.

Don't "Wait for Him" | may not be this young man at all. Unless Engaged

"I'M in my middle teens, and the boy I love is going away. We won't see each other for two years. * Shall I be true and wait for him, * or am I too young for waiting?" * So writes an earnest youngster who is anxious to be fair, yet wise enough to question.
There is a deplorably romantic



* For what happens to a girl in * her middle-teens when she waits * for a boy? She refuses to go out with all the others she knows. She * is automatically uninvited to many * parties, dances, and other affairs she enjoys. She lives in an emotional atmosphere of martyrdom * which feeds upon his letters and * her own, and reduces her to a * state of mind as unreal as it is

 LIVE LIFE THE GIRL is 25 or older, it would be a different tune I'd sing. For a girl in middle-teens, hysterically in love to wait for a boy might

be fatal.
Instead, she should refuse to be engaged to him until he comes home. She should see other nice boys she knows, enjoy all the social activities of her group, and balance her good times with all the education she can get. Such a schedule will keep her interesting, develop her innate talents, round out her personality, and make her a more desirable wife to the young man she marries - who

C.N.E. BULLETIN

Cup of Tea Worth \$50.00 To Brewer

Can you make a good cup o may be the best cook in the block yet her cup of tea a failure. On the other hand, the homemaker who cooks everything poorly sometimes surprises you with the kind of tea that just hits the spot. To the woman who can brew the best cup of tea will go \$50 in cash in the tea contest sponsored by the Canadian National Exhibition to take place on International Day, Sept. 2, CNE announces. Other awards of \$35 and \$25 will e presented. Each woman contestant will

make a cup of tea in the contest room located in the home economics section, mezzanine floor, Automotive Building, The contest will be judged by four profes-sional tea tasters and the tea will be supplied by leading tea firms. Each contestant is required to fill in a CNE entry form available by writing to the Women's Sec tion, Canadian National Exhibi-tion, Exhibition Park, Toronto. Every woman entering the contest on Sept. 2 will receive a pound of tea to take back home.

Sunday School Lesson

Wise Words About Work

Proverbs 6:6-11; 18:9; 24:30-32; Ecclesiastes 5:12.

thy hand find to do, do it with thy might.—Ecclesiastes 9:10.

If the world ever needed a lesson concerning the basis and necessity of work, it is getting it today. We have forceful demonstraton of what happens when men turn from proucing the things that satisfy human eed to producing ways of destruc-

The vigorous words, written many nundreds of years ago to describe what happens when men stop work-ing and become sluggards, describe exactly what has happened in many

To the non-worker the wise man of Proverbs predicted that "want as a armed man" would come, and that is precisely the situation in lands stricken by war.

Even in countries like ours, not so seriously stricken by war, we have had ample demonstration of what happens when men stop working. Without attempting to assess the matter of rights and causes, one can point to what happens when trains stop runnning, when fishermen stop fishing, when steel mills stop producing when coal miners stop dig-ging, and when building is tied up with strikes and jurisdictional conflicts. Such strikes and lockouts no longer affect only the things that people can do without, but they invade the very basis of living and safety, imperilling the sick, and hamstringing the healthy.

The productive powers of mar are so great that if all who are able to work were doing their fair share, and were doing it faithfully and regularly, the resulting resources for the satisfaction of human needs and for the aggrandizement of life would be so great that short hours of labor, with much time for leisure, pleasure and home-building, would be available for all. So, the wise words concerning work are still words of wisdom. And the words of Jesus, above all, are to

Sewing Trick

eth hitherto; and I work."

your bad luck with young men. Most .For a perfect buttonhole i loosely woven matrial, make a do not use too much make-up. They dot on each side of the button gives the correct size. Then with and don't monopolize the conversashort running stitches, sew twice Draw line connecting dots. This The girls who have the most dates of the line. Slit the material beare usually good at sports-tennis, Buttonholes are thus smooth,

Dr. Chase's Oirfment for Chating Skin Irritations Eczeme

be remembered, "My Father work-

FOR MODERN PEST CONTROL

NEW MIDWAY THRILLS

BEAUTY...ART...MUSIC See it



Every step along the boulevards and in the buildings at "the Ex" this year turns up something new . . . new ideas in homes and clothing . . . new ideas in meal-making and in industry . . . new jet aircraft and radar demonstrations. Yet there's the old flavor and charm and wholesome fun too . . . the fiddlers and the candy apples ... the lovable pets and the lovely flowers . . the all-time high in fireworks every night. It's an education . . . a holiday . . a preview of what's coming next in this fast-moving world. See it at the C.N.E.

> CANADIAN NATIONAL EXHIBITION

Women DP'S for U.K. Great Britain has signed an ag-reement to accept 20,000 women from displaced persons camps in CHRONICLES OF CINGER FARM the United States occupation zone

will be employed in textile indus-

tries, hospitals, laundries, and a

stic or agricultural worker

The St. Regis Hotel

Good Food. Dining and Dancing

Tel. RA. 4135

spend the remainder of her holidays ought about twenty pounds of the bearies which she had picked staying. That was just out the nicest present anyone could gine that none went to away and then I still had

> dence that, in many instances, esponsible for the planning d surveying of Toronto streets in ys gone by had shown considerforesight and had left standing nany trees as they possibly could. Trees are so restful and yet, as h so many things in life, we don't ways realise their beauty from a less-up view. We have plenty of s around here—just ordinary, ryday trees—and to look at them tair windows in the house,

are-well-just trees. But Sunday night after our weekd gang had gone their various ays and only Partner and I were home, there was still some day-th left and I felt restless and getty, so that, in seeking—I hardly ew what, I wandered upstairs to spare room and sat down by th ndow overlooking the south and pastures. And to my sur was just as if I were seeing for the first time. Looking at own stalwart oaks-although -and a few graceful elms ered how I could have missed g their beauty before. Presently talised it was all in the perspective his time I was looking at them on a higher level—not from the ound as I usually do. Just to satis my curiosity I went downstairs, alked to the south side of the looked across the same fields,

m the same at all. The peen of the trees was brownish and s, the hayfield parched and unintresting, certainly it was not a view at one would ever think of looking twice. And yet from that higher rom helds and trees my thoughts

Bombed Japan

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tellurium

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1 Unharmed

5 Ages

6 Uncommon

on to other matters, to the probbeing used. ORIZONTAL 53 Fancy dive

Answer to Previous Puzzle

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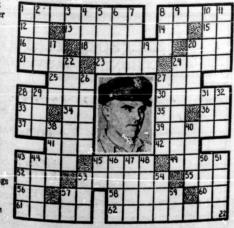
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TREED

OR 9 SLEZAK

8 Pastry 9 About 62 He leads a 11 Bugle call 43 Tardy Morindin dye U.S. Army 19 From 45 On account 20 Genuine (ab.) VERTICAL 22 Substance 1 Unharmed 24 Riding 46 Italian city 47 Against support 2 Like a wing 26 Roman magistrate

50 Pertaining to 3 North magistr Carolina (ab.) 27 Diner 51 Sea eagle 4 Dibble 28 Dance step 5 Ages 29 Emmet 54 Royal Air 31 Abstract being Force (ab.) 32 Perish 7 Stellar body 38 Divisions of 59 Behold!



By Gwendoline P. Clarke

the this? First Niece arrived here to efore leaving Val D'or, where she

was very hot when we receive word from Toronto that niece Joy was in the city so Bob and I drove a to get her. When we left here I hought I had had just about all the could take but in Toronto we and it was certainly a great deal orse. There was a breeze but no eshness in it—it was more like air being blown our way from a huge At Sunnyside we noticed beaches were crowded with seeking somes respite from be blistering heat but it didn't look me as if they could be much cooleven there—except for those in water. The most bearable place e hit was the veranda at the apartnt house where daughter rooms. t is a lovely street, just off Yonge, d yet so quiet and shady. As we sat on the veranda I looked massive maples, unmistakable

But it is too hot to moralise, maybe it will be more to the point if I hurry along our four o'clock cup of tea. I am sure the men will appreciate it—to say nothing of yours truly. I am wondering which of our men has the hottest job-Partner is digging out the barnyard. Bob is driving the tractor on the summer fallow-and I can't imagine anything hotter and dirtier-and John is across the road helping a neighbour to draw in wheat. No doubt each one will think he has worked harder than the other two.

thirstily and duly appreciated although I used a little less tea, this, and every time, to even up the cost since the price of tea went up. Those rising prices! One wonders when and at what level they will reach their peak, and then which will slide first-prices or wages? The a pain in the neck. Yes, even to the

faithfully at their arduous job of Frozen Food

to Alaska!
A Northern Airlines plane left Boeing Field en route to Fairbanks, Alaska, with a cargo which included 1,500 pounds of frozen fruits and vegetables - the first batch of frozen foodstuffs ever flown to the territory. A special aerial cold-packing technique is

swearing and generally setting

"Thanks a lot for writing such



Mile of Pennies, sponsored by Hong Kong Veterans' association of Canada at Toronto, got a contribution from Constable Carl Ford, seen here with Dolly Weir and Pauline Kostik. The girls later collected the pennies for the veterans' fund in pails.

len's that beset us day by day, and I wondered if they too would be less formidable if looked at from "2 TEEN-TOWN TOPICS

prompts us to mention those people that we hear about daily, who r some other field, Today we are thinking of Joe Chrysdale of

the driver's seat of "Club 580" evhe gives them to this and

The tea has been made, swallowed

favorite records; but because his genial manner of putting them doesn't want to make a fool of whole set-up is, what one might call, spot. The fact that his broadcasts are jammed to capacity every time price of eggs with no benefit to the poor old biddies who are so hot in their feather jackets and work so faithful. about it is, that Joe who seems to be in all his glory when on laying. But why they all must crowd the air with Club 580 has another on one nest is past my understandshow that makes him feel even ing. We have lost two hens this more glorified or, should we say, summer by overcrowding-and yet contented. That show is the either side of the crowded nest there "baseball broadcast", or for that matter, any sports-cast. Yes, our were nests with never a biddy on Joe wants to be the bestest little old sports announcer ever. But despite his hidden desires we have

Now they're flying frozen food

This week comes a letter from an old friend of way back, Gwen Kemp, following our item two weeks ago on the community your excellent column. It fills a great need for the young people as it gives us a feeling of having lems. I was greatly interested in your recent remarks on the building of youth centres. After all the idea of youth centres is not without experience. What about the YMCA and YWCA? What are they besides youth centres? Of course they have adult leadership, but then the youth themselves decide what they want. A nother thing-if we don't dance and have parties under properly supervised conditions, then we have to go to the dance halls where we have the older folks coming in drunk,

a feeling that he would be lost

gang on Club 580. To sum it all

ing a great job with this show

for the kids. Good luck, and keep

Youth Centres Needed

bad examples. Is there a choice there? (Gwen: you said it!) "With youth centres you are more apt to find someone who is is much easier to find a group who like the things I like doing.

a swell letter Gwen. You debated are helping the teen-agers either in the educational, entertainment and I would say that you have won the debate. May I add that are thinking of Joe Chrysdale of Toronto's CKEY. Joe has been in the driver's seat of "Club 580" ev-Gwen has pointed out, when they appear in the condition some of air. He likes them do, it is better to have a place for the kids so that they

won't go home dis-illusioned, ashamed and generally fed up with the old folks. Diets Are Important Maybe because we have been thin for so long and never a heavy-eater at anytime, we are prompted to set forth the "Teen-Age Diet" that appeared in a national weekly not long ago. The pecially those who eat too little and generaly turn up their nose at everything that is set before them. Here is the diet: Milk, 4 cups; leafy green and yellow vegetables, at least one serving; citrus fruits, tomatoes and raw cabbage, at least one serving; potatoes, at least one serving; meats, fish, poultry, dried beans or peas (one or two servings of cheese or eggs may be substituted if desired); bread and whole-grain cereals, liberal quantities every day; butter, some daily. These are

minimum amounts daily. Only after your teen-agers have eaten Mother Murkar will not sit

The Answer To the young fellow of the home town who asked us on the street the other day why we didn't stick to local news in our column, the answer is: this column appears in quite a number of weeklies around the province and the kids in all the other towns are not primarily interested in our town-even if we do think it is the best place in the

King George Gives Estate to Princess

Buckingham Palace announced recently that the King had given Sunninghill Park, picturesque 300acre Berkshire estate, to Princess Elizabeth, who will be married ten, former Prince Phillip of Greece. The clematis-covered mansion adjoining Windsor Castle, one of country home of the heiress presumptive. No decision has been reached about a home for the Royal couple in London.

"The King has been graciously pleased to grant Sunninghill Park interested in the things you are to Princess Elizabeth as a grace interested in. Here in Toronto it and favor residence," the palace announcement said.
"Grace and favor" residences are So why shouldn't those in the those in possession of the King small towns have a chance too? which he bestows at his own dis-

... TABLE TALKS

hot veal stock, set aside to cool. When it begins to stiffen add

chopped red pepper or . pimento and veal. Wash and remove seeds

from peppers. Fill with meat mix-ture. Chill until firm. Cut in slices

Just about the time you think you can make both ends meet, somebody

ROOMS BEAUTIFULLY FURNISHED \$1.50 up

HOTEL METROPOLE

NIAGARA FALLS
OPP. -- C.N.R. STATION

moves the ends.

to a satisfying meal that attracts the eye and teases the taste and at the same time be as cool as the proverbial cucumber hersif, if she does a little planning and pre-

and pre-paration in the morning.

The Home Economists of the
Consumer Section, Dominion De-partment of Agriculture say that there are many ways to arrange this. A boiled ham or beef loaf, stored all ready to serve in the ice box or cool cellar, and a large jar of salad dressing are first aids in any meal emergency, for which greens from the garden for salad and fruit for dessert the

meal is on the table. A hot dish stimulates the appetite and adds variety. This may be quickly served if some of the preparation is done ahead of time. Hard cooked eggs may be halved or sliced in a curry sauce or they may become "a la-King" in a plain cream sauce with bits of onion and sweet red peppers. Quartered tomatoes laid on ho buttered toast and covered with a hot cheese sauce make a new kind of rarebit. Here are two good supper dishes

one hot and one cold. Vegetable-Cheese Casserole 11/2 cups milk

1 cup stale bread crumbs
1 cup grated cheddar cheese ½ teaspoon salt ½ teaspoon pepper 2 eggs well beaten

12 slices vegetable marrow (1 medium marrow)
2 tablespoons chopped onion
Scald milk. Pour over stale bread crumbs, add cheese, salt. and pepper, then add the well beaten eggs. Arrange the vegetable marrow in a greased casse-Sprinkle with chopped onion and pour the milk and cheese mixture over it. Set in a pan of warm water and oven poach in a moderate oven 350 degrees F., for one

hour or until cheese mixture is firm. Six servings. This may be

Jellied Veal in Green Peppers 2 to 21/2 lbs. veal shank 2 quarts water 1 teaspoon salt
1/4 teaspoon celery seed or few

sprigs celery leaves 1 small onion sliced 1 small carrot cut in half Place veal, water, salt, celery seed, onion and carrot in kettle. Cover and simmer until meat falls from the bones, about 11/2 to hours. Dice meat-there should be about two cups. Strain stock and

2 cups veal stock

2 tablespoons chopped sweet red pepper or pimento
2 cups chopped veal

MR. BRISK says WHEN YOU'RE TIRED AS YOU CAN BE, DRINK A CUP OF LIPTON'S TEA

2 tablespoons gelatine



Delicious CRUMB COFFEE CAKE Recipe

Recipe

Add 1 envelope Royal Fast Rising Dry Yeast and 1 teaspoon sugar to ½ cup lukewarm water. stir and ler stand 10 minutes. Scald ½ cup milk, add 3 tablespoons shortening, ½ cur sugar and ½ teaspoon salt; cool to lukewarm. Add 1 cup sifted flour to make a batter. Add veast mixture and 1 beaten egg Beat well. Add 2½ cups sifted flour, or enough to make a soft dough. Knead lightly; place in greased bowl. Cover; set in warm place, free from draft Let rise until doubled in bulk, about 2 hours. Roll out dough to ½" thickness and place in greased shallow pan. Let rise in warm place, free from draft, until light, about 1½ hours. Prick top with fork and brush with 3 tablespoons melted shortening. Cream 3

