

A Delicious Cool Drink

"SILVER" ICED TEA

Directions: Make tea exactly as usual... While still hot pour into glasses filled with cracked ice... Add sugar and lemon to taste...

"Beyond Belief—Until You've Seen Her"

Without a doubt the world's greatest all-round athlete—and a woman, at that! She's Mrs. Mildred Didrickson Zaharias—to give her the full official title she seldom hears—but far better known in sports circles as Babe Didrickson or simply The Babe.

She is beyond belief until you see her in action. Grantland Rice once put it and then that highly experienced sports observer went on to say that she is the most flawless example of complete physical and mental co-ordination sport has ever known.

Admittedly, there's a claim which takes in plenty of territory, but it's one fully backed up by the facts. For in the past 17 years or so Babe Didrickson has broken more records and held more championships than any man or woman in sports history. She picks up a zero game in about the time it would take the average person to learn how to spell which wasn't much as such things go now—the major portion went to her family.

It was around 1932, while still engaged in the barstooling stuff, that the golf bug really bit her. "I want to be the greatest woman golfer in the world," she told a young California golf instructor. Less than a week later she was outstripping her teacher by more than 30 yards.

But she didn't get where she is just through natural ability. Her instructor told her "She really worked. She'd get out on the practice tee at 9 in the morning and often stay till midnight putting." It was as if 1500 balls a day, until her hands were raw and bleeding.

A Love Match While playing in an exhibition match she was introduced to George Zaharias, a 200-pound wrestler formerly well known to Canadian grand-and-groan addicts in many centres. It was a case of love at first sight. Within a few months they were married. George was the mat to be beaten and the Babe abandoned touring, concentrate on home life—and golf.

Her long game had always been good but she was somewhat weak on approaching and putting. So she practiced, hour after hour, day after day, week after week, until she could play chip shots to the pin and sink 20-foot putts with as little trouble as she slammed 200-yard drives off the tee. By this time, she started out on her winning ways. And in 17 straight major tournaments she trampled rougher than the world's best women golfers, ending up by sailing for Scotland to win the British Amateur Golf Open.

Now—The Money Like the aforementioned Barbara Ann, by now The Babe had cleaned up just about everything in sight. There were no more worlds for her to conquer. So somebody got much of a shock when she decided to turn professional for a second time. She was to get \$5000 for making a series of movie shorts; and what with radio appearances, advertising temps and one thing or another, she is scheduled shortly to become not only the greatest, but also the wealthiest, of all women athletes, or reasonable facsimile thereof.



Fifth Birthday for Quints—Argentina's Diligent quintuplets, one of the two known living sets in the world, smile for the camera, on their fifth birthday in Buenos Aires. They are, from left to right, Maria Ester, Maria Fernanda, Franco and Maria Christina.

YOUR HANDWRITING and YOU

Dear Mr. Arnold: I am curious to discover if I have talent for writing. Could you help me?

There are many clues which indicate literary ability. A few of them are outlined here so that readers in a way compare these signs with their own handwriting.

Intuition is a strong indication of adaptability for writing; but although this is a good quality to have, it must be backed up with imagination. A combination of these may be seen in this week's script. Intuition is shown by the frequent breaks between the letters of a word, and imagination by the well rounded loops above the writing line. Another good sign is the figure-eight letter "e" which is a sign of fluency of thought, giving the writer continuity in expression.

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Busy Bee

Like a bee flitting from flower to flower, the little woman passed along the shabby street, pausing at every open door for a few words with the occupant.

Mrs. Green, watching her for a while, turned to Mrs. White and said: "You're right, ain't she? Always running up and down."

"You're right," replied Mrs. White acidly. "What with running up bills, and running down the neighbors, she don't have much spare time."

Why Every Young Man Should Know

...and to be a polished gentleman, use NUGGET every day!

DID YOU NUGGET YOUR SHOES THIS MORNING?

SUNDAY SCHOOL LESSON

By Rev. R. Barclay Warren.

Andrew, the Man who Brought Others.

John 1:37-42; Mark 1:16-18; John 12:20-22.

Golden Text—He brought him to Jesus—John 1:42.

Andrew is the type who to-day is appointed director of personnel relations—affable, easy to approach and observant. Pride does not hinder him from discovering a man of greater ability than himself. Rather he is humble, and glad to "fill in" wherever possible. We need more Andrews in the Kingdom of God to-day.

Andrew was a disciple of John the Baptist. But when John pointed to Jesus and said, "Behold the Lamb of God," Andrew followed Jesus. John had done his work well in preparing the way for Jesus. It was a compliment to John that Andrew left him.

Andrew spent the night with Jesus, then he proceeded to find his brother Peter and bring him to the

Mc r n Etiquette

By Roberta Lee

Q. When in an elevator of a hotel, or an office building, should a man remove his hat when a woman enters?

A. He should do so in a hotel elevator, but it is not necessary to do so in an office building or shop. Q. Is it proper for a man to remove a cigarette, cigar, or pipe from his mouth when he meets a woman on the street and lifts his hat in greeting?

A. Yes, always. It is extremely impolite not to do so.

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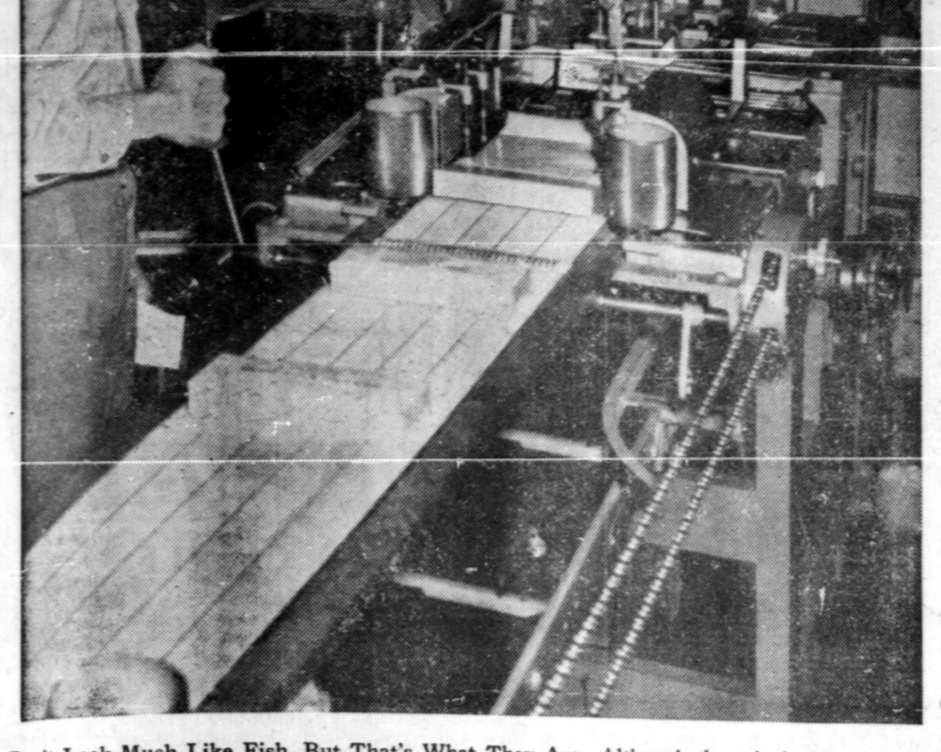
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Don't Look Much Like Fish, But That's What They Are—Although the principal market for their huge catches of mackerel, whitefish, perch etc. is in the United States, the Onstead Brothers are continually developing new ideas to make fish more attractive as food for the average Canadian. Situated at Wheatley, Ont., the fishery is operated by five brothers, two of whom are still of school age and work only during the summers. Started some 30 years ago this is now the largest inland pound net fishery in the Dominion. This exclusive picture, taken inside the plant, shows fish in the course of preparation for the freezer lockers in retail stores, where it will appear in a round, ready-to-use packages.

CHRONICLES OF GINGER FARM

By Gwendoline D. Clarke

That big day which we had been looking forward for so many weeks—the day on which my friend from England was due to arrive—has come and gone. Thirty years have fallen away and in our resumed friendship we hardly realize they ever existed. Time changes the color of one's hair, produces lines and wrinkles, alters the contour of one's figure (alas) but after all is said and done it does little to the real person—the same character is there, the expressions and mannerisms that we remember make their appearance at unexpected times just as they always did.

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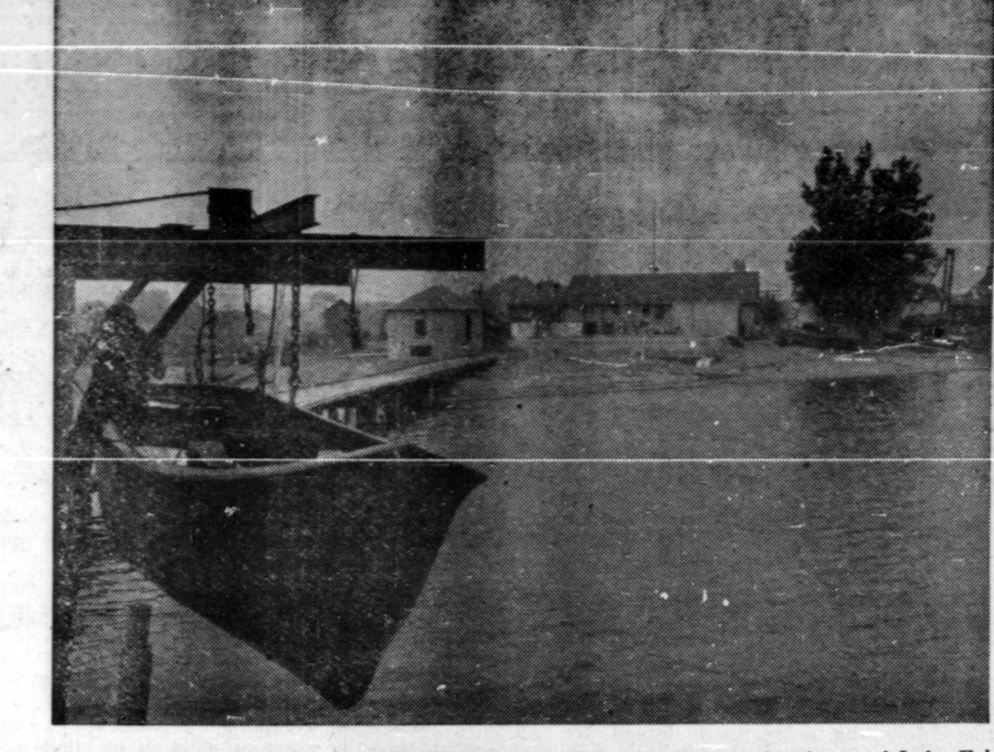
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Home of Canada's Largest Inland Pound Net Fisheries—Situated on the shores of Lake Erie at Wheatley, Ont., about 25 miles southwest of Chatham—the Onstead Brothers Fishery has been in operation some 30 years, and has grown into the largest project of its kind in the Dominion. Pound net fishing is a highly developed type, using special all-metal boats which—because of lack of docking space—are hoisted up on derricks when not actually in use. Special pile-driving barges are used in constructing the nets, which stretch out into the lake as far as four miles. Whitefish, mackerel and perch are the principal products. This picture, taken especially for these pages, gives a general view of the plant.

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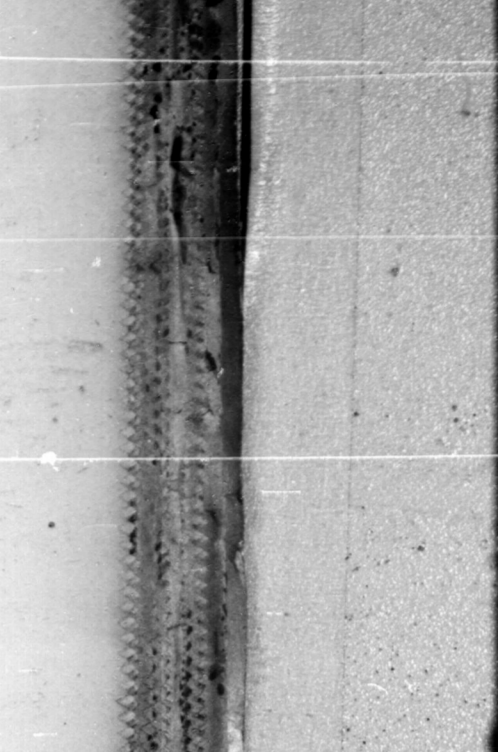
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TABLE TALKS

By Jane Andrews

There are many who claim that they simply do not like squash as a table vegetable when, as a matter of fact, they have never tasted it when properly cooked. For squash can be very tasty, as well as healthful, whether it is the crookneck variety, the Italian or Zucchini squash, or the saucer-shaped patty-pans. Here are some recipes you are almost certain to enjoy; but one thing is very important. Squash of any kind should be used when young and tender—just after the shell grows tough and hard.

Squash, Pan-fried

Slice squash about three quarters of an inch thick; dip slices into milk, then into fine bread crumbs seasoned with onion, salt, pepper, etc. Sauté in butter or cooking fat 10 to 12 minutes or until golden brown and crisp and serve hot.

Spanish-style Squash

One small summer squash and one medium-size eggplant cut in small dice. Arrange in buttered baking dish in alternate layers with two sliced tomatoes. Grate one medium onion and sprinkle over vegetables. Add touch of paprika or any other seasonings you choose. Cover all with crushed corn flakes, dotted liberally with butter or fat.

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