

Help The Red Cross

"SALUDA" TEA



CHAPTER XXXI
 CHAPTER XXXI: Train Carter, a man mentioned as a crook in Garvin's correspondence, enters the saloon just after Juanita and Michael to find out all about Russ Barthe.

CHAPTER XXXII
 "So you're Train Carter, eh? I've been looking for you for a long time. You wouldn't be knowing me, so I'll just jog your memory. My name's Michael Valdez. You'll be remembering that name now, won't you, Carter?"

"Can't say that I do, stranger," Carter drawled.

"Funny," Valdez voice was icily cold. "Maybe some others have better memories than yours—men like Ray Garvin, Flash Contoy, and a couple of others I've been looking for, too."

The mention of those names in connection with the name Valdez jogged Train Carter's memory plenty. He froze where he stood.

"I've got enough against you, Carter, to make it a pleasure to kill you where you stand," Valdez said lightly. "But some letters you wrote to Garvin kind of interested me. In them you boasted yourself freely about your speed with a gun. Carter—in going to give you a chance to show just how good you are!"

The crowd in the saloon stood apace, watching, still in the dark as to any reason for gunplay. They looked on with a kind of impersonal interest, for apparently neither of these two men who were holding their full attention was handi-capped. The two men who stood glaring at each other were, in fact, nearly matched in build, but the young vagabond seemed to tower over the dark-haired man before him.

But Carter did not have that look of speed and untapped strength for nothing. Almost instantly his first

With the speed and agility of a leopard, Valdez was across the ten-footing distance that separated him from the gunman. He dropped to his knees and lifted Carter's head. There was still some life flickering faintly in the man's body.

"I am Carter looked up into Valdez' eyes as the dark-haired man with the Spanish features bent to whisper into his ear. It was a whisper that was only a blurred movement of lips to those who tried to hear.

"When you meet Contoy and Garvin, tell them that El Caballero Rojo sent you to them—and that the 'big boss' will be there soon!"

Blood flashed Carter's nostrils and trickled down his chin. He collapsed, without speaking, like a rag doll. Valdez laid the dead gunman prone on the floor and got up slowly, cautiously.

"Number three!" he mumbled tightly.

A giant of a man was striding through the hawking doors, gun in hand. Behind him were two others who fanned out on either side, their eyes grim and smoking with outraged indignation. All three wore stars on the left of their vests.

"Get him, men!" Sheriff Lande thundered—and fired.

The two deputies snatched up their guns and whacked lead in Michael Valdez' direction. Almost before he knew what was happening, two shots had entered his leg. Valdez clamped against the pain, Valdez brought up his own guns against the three gunmen. Had he quickly fired shots did just that, and then Valdez half staggered, half ran in the corridor back of the barroom, darting out of the saloon into the rear courtyard.

(To Be Continued)

4815 SIZES

A Time-Saver Sew-Easy Pattern 4815 has NO shoulder seams, NO collar, NO set-in sleeve! A wrap around that's easy to run, quick to do and a beguiling scalloped beak for all day. Applique transfer, tool! Pattern 4815 in sizes 12, 14, 16, 18, 20. Size 16, 37¢ plus 25¢.

Send TWENTY-FIVE CENTS (25c) in coins (stamps cannot be accepted) for this pattern, to Room 421, 73 Adelaide St., West, Toronto. Print plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

ISSUE 11—1948

ANNE HIRST

Your Family Counselor

Jilted Girl Feels Life Is All Over

IT IS heartbreaking to love and trust a man and have him betray you. Particularly is it shocking to a young woman in her 20's who is in love for the first time. For some reason or another, the right man hasn't come her way, yet since she was 16 she has been building her dreams around him. Suddenly one day he is there. And her heart leaves her keeping completely. He responds. (It is easy for an experienced man to recognize the look of love in the eyes of an attractive girl.) Fortunately (or not) they find themselves compatible in little as in the larger ways. He is considerate, kind, attentive. So of course she believes he is as much in love as she.

Then, with no warning, he ceases his attentions. When next she sees him, she asks the reason. He can give none—naturally. He was off to a new love, and that was that.

What Now?

- And the next thing she hears he has married!
- What now, for her? She tries to hear all the answers, and she tries with determination and integrity, to apply them. She picks up again the social life she had before she met him; she is an automaton, but she goes through the motions bravely. She fills her leisure hours with activities that occupy her mind, for the moment. But through everything she sees and does, she finds her heart yearning for him, her mind overhauling with memories.

What Next?

- Well, she can fall out of love—but not so quickly as she fell in!
- eventually, she fell in love with the man she THOUGHT he was!
- and she is still children of a baffling conduct. In his letters he presented the truths concerning Jesus Christ and then gave practical exhortations with regard to behavior.
- Paul draws the line very definitely between who are Christ's head and heart ought to issue in a befitting conduct. In his letters he presented the truths concerning Jesus Christ and then gave practical exhortations with regard to behavior.
- Paul draws the line very definitely between who are Christ's head and heart ought to issue in a befitting conduct. In his letters he presented the truths concerning Jesus Christ and then gave practical exhortations with regard to behavior.

Senior and Seniorita

Alberta Avila, 31, son of Genis Avila, consul of Mexico, does a bit of handi-crafting with Enriqueta Llorenz, 4, during Mexican Flag Day celebration in Montreal, first ever held in Canada.

Short "D" Stems, Flat-Topped "R"s

Worth Of Christian Character

Ephesians 5: 6-21.

Golden Text— I press towards the mark for the prize of the high calling of God in Jesus Christ. — Philippians 3:14.

No one has ever equalled the apostle Paul as a teacher of Christian doctrine. But he was no mere theorist. He felt that truth in the head and heart ought to issue in a befitting conduct. In his letters he presented the truths concerning Jesus Christ and then gave practical exhortations with regard to behavior.

Paul draws the line very definitely between who are Christ's head and heart ought to issue in a befitting conduct. In his letters he presented the truths concerning Jesus Christ and then gave practical exhortations with regard to behavior.

ARE "NERVES" A SIGN YOU'RE GROWING OLD?

Often as a woman approaches middle life, her nerves get a little shaky. This is a sign of aging. But why let yourself become nervous?—or so nervous that you cannot enjoy life—without cause—of any kind? For nearly fifty years we have known how to help women overcome this situation **happily**—by giving plenty of rest, fresh air, wholesome food and by taking Dr. Chase's Nerve Food to build them up on the Vitamin B₁ iron and other needed minerals in this time-tested tonic help build up your vital and aid in toning up the system—so you can face life with confidence.

Give Dr. Chase's Nerve Food a chance to help banish nervous fears and doubts. It helps you sleep better, and does that which is acceptable to Him. He redeems the time.

Dr. Chase's Nerve Food

SO WELL KNOWN - SO WELL LIKED.

Delicious CROWN BRAND CORN SYRUP . . . a favorite with Canadian wives for nearly half a century. Its goodness, quality and quick energy values have become so well-known that today Crown Brand is adding taste pleasures to many Canadian meals than ever before.

"We appreciate your loyalty to quality!"

THE CANADA STARCH CO., LTD., Montreal, Toronto
 Also Manufacturers of Canada Corn Starch

TABLE TALKS

For Meatless Days

The recipes and tips below should give you a real interest to the housewife. They will help make meals more attractive, not only during Lent, but year-round.

- **Crunchy Salmon Scallop**
 - 2 tablespoons butter
 - 2 tablespoons flour
 - 1 egg
 - 2 teaspoons salt
 - 2 tablespoons onion
 - 2 tablespoons green pepper
 - 2 tablespoons chopped green peas
 - 1 (1 lb.) cooked or canned salmon
 - 2 tablespoons lemon juice
 - 2 hard-boiled eggs, sliced
 - 2 nearly crushed corn flakes
 - 1/2 cup grated cheese

TEEN-TOWN TOPICS

JOTTINGS—We note with interest that teenagers of all ages have been competing at the recent Kiwanis Music Festival in Toronto, and that Peter Kaiser of our town was among the baritone contestants. This is a great opportunity for the young people who are blessed with golden pipes. . . .

Will This Help You?
 Your group, whether it be Trail Rangers, Girl Guides or what have you, probably could use some money. A group of energetic scouts we know are planning semi-monthly paper drives in their town to raise cash to buy equipment. This benefits in two ways: It helps the household get rid of all those old newspapers and puts a little of the coin in the local treasury. We pass this along for what it may be worth to you. Can You Help Us?

Many of us junior farm guys and girls will be getting ready to put in hot beds. We understand that even city people can do this. We would like to know how to make a good hot bed. Would someone pass along this information to us? We thank you in advance for any advice received.

Please, Give 'Em A Chance
 Maybe it's our nosy newspaper sense, but we have a habit of keeping in touch with the young people we know, and in knowing what they are doing and what they think the future holds for them in what they're doing. One pal of ours is studying to be an engineer. He tells me that the olders invariably tell him there is no chance in his field. Another young friend is completing an art course and will soon be going out to try to make a name for himself, to say nothing of a few bucks. He meets with the same encouraging comment. Now folks (and we mean everything you to Granpap) take it easy! You may be right, but that isn't the point. Give the teenagers a pat on the back, not a hit on the head. How do you know what their future is? They may someday be in the position to loan you a million dollars.

A True Story Coming Up
 The other day, we heard the story of a young fellow that made us feel as if we could never beef again. In fact we felt ashamed. We can call him Smiling Joe or something. He lives a long way away—00 will never read the story—wouldn't recognize it if he did. We want to tell his story because we feel it will give all young people inspiration and faith. It's a true story and we know you'll like it. Watch for it in a week or so.

In the meantime, don't catch spring-fever. It's only a week away.

U. S. Governor

HORIZONTAL	VERTICAL
1 Encased	1 Governor
2 Vermont (ab)	2 Registered
3 Nurse (ab)	3 Attempted
4 Anger	4 Conductor
5 Exist	5 Scandinavia
6 Measure	6 Folklore
7 Sleeping	7 Furniture
8 Small branch	8 Like
9 Dutch city	9 Seem
10 Row	10 Weir
11 Ascertains	11 Employment
12 Giant	12 Sore
13 Type measur-	13 Blows
14 Location	14 Blushes in

LITTLE REGGIE
 REGGIE, WHAT IS THAT GROWING DOWN THE STREET?
 OH...AN ORGAN GRINDER LOST HIS MONKEY!
 TSK, TSK, WHAT SHAME!

CHRONICLES OF GINGER FARMS

Well now, it's glad I am to be able to get behind the wheel once more, go to town and do my own shopping. The boys have good intentions but I find they are poor shoppers—and splendid forgetters! Getting meat home from the locker has been my biggest worry. One day last week there wasn't enough meat in the house to feed a cat so we asked Bob to bring me some stewing beef from the locker. What he brought me was a big parcel of meat. Where is the meat? Yesterday we were at a low ebb again. Bob, I knew, would be in town before finishing his trucking for the day—so I said to him: "Will you please bring me some hamburger from the locker—and don't forget otherwise there will be no meat for dinner tomorrow." It was nearly six before he got home and of course my first question was—"Where is the meat?" He pushed his cap on one side and scratched his head—"Darn it . . . I forgot!" I thought there was something I had to get too. He confessed. So there we were again—no meat for dinner, and half a beef in the locker.

Of course with non-edible shopping it is always the little things that are forgotten . . . toothpaste, shoe polish and stamps. Today shoe laces were in demand. You haven't got a shoe lace around here, have you, Mom? Honest-to-Pete I've been tying knots in the laces of these old shoes ever since I left the Army. But Mom didn't "happen" to have a lace around the house. Mom thinks it a good idea to let the young folk do their own worrying—resulting from their sins of omission, just as they do their own forgetting.

Of course I don't mean to suggest that I am infallible . . . as a matter of fact I can forget better than any of them—but then I figure that in my special privileges, partly on account of my ripe old age and partly because of the number of things I have on my mind—including three men.

However, as I inferred before, now that the snow has gone and the weather is not so cold, I can do my own driving, my own shopping—and my own forgetting. Tomorrow or other when one is housecleaning there is always something one has to have before a job can be finished. Yesterday it was gimpy tacks for the chairs.

New... for speedy baking

It's here at last! New Fleischmann's Royal Fast Rising Dry Yeast, the modern baking discovery that keeps fresh in the cupboard for weeks—always "on the spot" for extra-quick baking, extra delicious results.

IF YOU BAKE AT HOME—lay in a good supply of New Fleischmann's Royal Fast Rising Dry Yeast—use it as you need it. At your grocer's.

MECCA OINTMENT

Burns, Sores, Cuts, Etc.

Little Reggie
 REGGIE, WHAT IS THAT GROWING DOWN THE STREET?
 OH...AN ORGAN GRINDER LOST HIS MONKEY!
 TSK, TSK, WHAT SHAME!

The St. Regis Hotel

Rooms Beautifully Furnished \$1.50 up

HOTEL METROPLE
 WAGAMAMA FALLS
 OFF - C.N.R. STATION

CHANGE of LIFE?

Are you going through the functional "menopause"? Does this make you suffer from hot flashes, feel so nervous, irritable, tired? Then try Lydia E. Pinkham's Compound. It has a host of doctors' testimonials, too.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

PHILLIPS MILK OF MAGNESIA

GENTLE EFFECTIVE LAXATIVE FOR CHILDREN - ADULTS