

# Delicious "SALADA" TEA BAGS Convenient



**Synopsis**  
CHAPTER XLII At the instant she is saved from death by the timely arrival of two riders, Juanita recognizes the killer, Bartle, Valdez, failing to locate Juanita as arranged, rides on and discovers a number of valley men in conference in a farm house.

**CHAPTER XLII**  
"The last thing I want to do is harm any of you, or any cattleman—yet," El Caballero Rojo said crisply. "You"—his eyes singled out Nelson—"you know something of me. Come here. Pick up that box, and don't let a finger get inside of it. Sabé?"

The old man moved carefully as he obeyed.  
Valdez looked at no one in particular. "You gentlemen might pick up a gun when I turn my back," he said. "All right—as long as you don't let it if you do, you'll need a new leader."

"And if you don't use one?" inquired a young farmer.

"Your leader will be back—perhaps, unharmed. But when he leaves here with me I demand that for forty-eight hours not one man of you will lift a hand against any cattleman for any reason. Is that plain?"

"We've got a right to protect ourselves," old Nelson protested. "The law does nothing for us."

"The law is sometimes like a mole," Valdez said tightly. "It often cannot see the clearest things. We won't pulverize about that. In forty-eight hours you might get information that will open your eyes—and make you glad I kept your hands clean of blood."

"We'd feel a heap better if we knew whether, for us or against us," the old man muttered.

"I'm with you," El Caballero Rojo said grimly.

Urging Nelson along with him,



The most becoming casual you ever had! Slim-making Pattern 4843, with narrow front, new-looking long collar, takes inches off your figure, years off your age! Pattern 4843 comes in sizes 34, 36, 38, 40, 42, 44, 46, 48, 50. Size 38 takes 4 yards 39-inch fabric. Send TWENTY-FIVE CENTS (25c) in stamps (stamps cannot be accepted) for this pattern, to Room 604, 371 Bay Street, Toronto. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

ISSUE 21—1948



**Babies Like This Need Your Help**—Tiny, helpless, often unwanted, infants like the one in the picture will be among the thousands to benefit from the National Red Shield Appeal of the Salvation Army, now in progress. Today there is not a single unit of the 88 homes, hostels and hospitals operated throughout Canada by the Salvation Army—which handles almost 60,000 persons per year—that is not filled beyond capacity. The objective is \$1,000,000, and although The Salvation Army can make a dollar go farther than most, every dollar is urgently needed.

## ANNE HIRST Your Family Counselor

**Reader Gives Secret Of Happy Marriage**  
"Life is what you make it, Anne Hirst," writes a happy wife. "If we are troubled, we can look around and always find someone who is worse off. In marriage, we have to face reality. We have to give up our idea of giving up and running out on our marriage, that only shows a person is immature."

"Seven months ago I married a wonderful man. I'd like to advise other wives never to worry and fret over anything alone. Confide in your husband. We two never have had a problem yet too good to solve together."

"My husband has his faults, of course. But I dwell on his good points, and soon find myself overlooking his shortcomings. 'I keep our apartment neat and clean. He is always freshly dressed when he comes home. (I like to dress for him alone; he is the most important person in my life.) And I use my best tablecloths and dishes for him too! His opinion means far more to me than the neighbors'!"

**She Pampers Him**  
"We disagree on different things, certainly. But we voice our opinions, and let it go at that. Why argue? That's why God gave us a brain. 'I love my husband dearly, and let him go at that. Why argue? I'm sure he adores me. I don't worry about his wanting anyone else; I feel I give him all the love and attention he wants at home. Some wives have said to me, 'Just

**Your Handwriting a d You**  
By Alex. S. Amott  
Jane Wyman's Script Analysed

Today's handwriting comes from Miss Jane Wyman, well-known motion picture star. Notice the letter "j" in the word Jane. See how spacious the loops are, especially the upper one. This indicates a person who can meet having ease of adapting herself to new conditions. She understands the demands of others and endeavours to smooth things over rather than to pursue an unpleasant issue. The height of the "j" above the writing line is almost equal to the depth of the loop below. This is a good sign of the balance between the idealistic mind and the desire for materialistic things.

The Greek letter "eta" is a rarity in any handwriting. This letter is not written like a small "e" but is very much like a capital letter. This tells the writer enjoys cultural pursuits and is at home with all things which elevate the mind. Art and painting interest Miss Wyman for she has natural talent to blend colours.

The large loops on each end of the script reveal tenacity and the power to hold on until success has been reached.

**LAURA WHEELER**  
Dress your toddler, boy or girl, in this sunsuit! Adorable, with bear or dog to embroider in easy stitches or to applique. Easy sewing! Sunsuit Pattern 740 has embroidered transfer; pattern in sizes 1, 2, 3, 4. In one pattern. Send TWENTY-FIVE CENTS (25c) in stamps (stamps cannot be accepted) for this pattern, to Room 604, 371 Bay Street, Toronto. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

## Sunday School Lesson

By Rev. R. Barclay Warren.

The Temple in the Nation's Life

Ezra 3:10-13; Psalms 84:1-2; Ezekiel 11:16; 37:26-28.

**Golden Text**—O Come, let us worship and kneel down; Let us kneel before the Lord our Maker.—Psalms 95: 6.

Abel, Noah, Abraham, Isaac and Jacob presented their offerings and worshipped God in the great outdoors, under the open canopy of heaven. Moses, on divine instruction, built a moveable tabernacle in the wilderness. Later, when Israel entered the promised land, this was replaced by a magnificent temple in the reign of Solomon. Nebuchadnezzar destroyed this place of worship, in 587 B.C. About 50 years after, the returned exiles laid the foundation of a new temple. It was an occasion of great rejoicing. But while many shouted for joy, the older men, recalling the grandeur of the former temple, wept because, in comparison, the new one was greatly inferior.

Every disappointment can prove a blessing if we have God. Those who had been taken into captivity had learned that God could be worshipped, even away from the temple at Jerusalem. There had been a spiritualizing of their worship. God had spoken to them through the prophet Ezekiel, saying, "Although I have cast them far off among the heathen, yet will I be to them as a little sanctuary."

The church edifice, be it simple or ornate, ought to be a place where we meet with God. For that reason it should have a large place in our life. Assembling with others with the express purpose of worshipping can prove a great blessing to every one of us. God must not be confined to particular buildings designated for that purpose. It must be an habitual attitude of soul. We must walk and talk with God day by day and hour by hour. Thus by our daily life we will express the idea of true worship.

## Advance Notes From "The Ex."

One hundred dollars somebody's going to win—and it might be you! Get up those quilting frames, either at home or next time your women's group meets, and try for the \$100 prize the C.N.E. is offering this year for the best "Life in Canada" quilts.

Individuals may enter as well as groups. Quilts must be 72 by 80 inches and have a Maple Leaf in the centre, either embroidered or appliqued in solid color. The design around this centre piece is entirely up to you, so long as it depicts some phase of Canadian life and adds to the beauty of the general effect. Just as a suggestion, however, one outline of your school in one corner, your church in another, fruit trees in the third and a garden in the fourth.

Quilts receiving honorable mention will win prizes too. So get your entry form at once by writing to Mrs. Kate Aiken, Canadian National Exhibition, Toronto.

**Worn Out and Worried**  
When kidneys fail, the body is weakened, the mind is troubled, and the body is worn out. It is a sign of a failing kidney that the body is worn out and the mind is troubled. It is a sign of a failing kidney that the body is worn out and the mind is troubled.

**HOBBY QUIZ**  
THURSDAY 9 PM.



And now, ladies and gentlemen, Mr. Gobbler, Upp will tell you about his hobby.  
"Ya, sure, folks, my hobby is spooning."  
"But Mr. Upp—at your age?"  
"Aw cut it out—I mean spooning honey-golden, malty-rich, sweet-as-sour Post's Grape-Nuts Flakes...um-mm."  
"Oh—you like their flavor?"  
"Are you kidding? I'm ca-ra-zy about it, mister—just ca-ra-zy!"  
"You mean you sit around all day spooning yourself with that super-delicious flavor?"  
"Well, Post's Grape-Nuts Flakes are sky-high in nourishment too—

so they make me feel like a champion. Like carbohydrates for energy and minerals for growth and health."

"Say—those Post's Grape-Nuts Flakes sound good!"  
"They do sound good!"  
"Taste 'em out-of-the-world!"  
"And can you use them as a ingredient for cookies and cakes?"  
"Sure thing. You'll find a lot of recipes on the package!"  
"That does it. We're spooning—and I'm signing on to eat delicious Post's Grape-Nuts Flakes!"

## CHRONICLES OF GINGER FARM

By Gwendolyn V. Clark

A few minutes ago I decided it was time I started in on this column. Before settling down to write, however, I made one last dash to the house to pick up the mail. I did it! Once outside I found a letter from a friend who had just moved to the house again. When I heard song birds chirping and pouring forth an ecstasy of song, I said to myself, "After all, I see in there is a happy now."

I am, on the side of life—it being too cold out here, I have a pencil in my hand. I have found one of my best friends in the world. It is a pencil. I have a pencil in my hand. I have found one of my best friends in the world. It is a pencil.

As I sit here with the pen in my hand and scenery all around me, I feel so thankful for the things I have.

**When You're Worn Out and Worried**  
When kidneys fail, the body is weakened, the mind is troubled, and the body is worn out. It is a sign of a failing kidney that the body is worn out and the mind is troubled. It is a sign of a failing kidney that the body is worn out and the mind is troubled.

## THE GREEN THUMB

By Gordon L. Smith

**The Daisy Family**  
The once-humble daisy is now one of the real mainstays of a well-planned garden, because now there is a sufficient variety to supply bloom during every period of the growing season. Their widely-varying colors, heights and manner of growing make possible any desired effect, all the way from border edge to background.

Daisies help to point up other flower forms in your garden and among their additional charms are their varied centers, their long-lasting qualities after being cut, and the profusion of bloom most of them offer. Whether annual, biennial like the English daisy, or perennial they are all very easy to grow. None is seriously troubled by disease or insect pests and few have any decided soil preference. Among the annual varieties that can be sown in open ground early in the year are the galliard, calliopsis, helianthus (sunflower) and chrysanthemum.

Among the biennial annuals you will want the rudbeckia, golden in color, and such varieties of the helianthus as Stella and Sunlight, which are heavy bloomers of three feet high and are most suitable for use in smaller, restricted borders. The tall sunflowers need lots of room to prevent their coarse leaves overshadowing the entire planting.

Sparkling white asters lend a lovely touch when grown near daffodils or between tulips and iris.

And now, coming across the field to our team, dragging the harrow, Young John is driving the horses, finishing the field that Bob worked up with the tractor. Partner is away in the distance digging out ditches—but not too strenuously, I hope. Yes, there in the ground are oats, mixed grain, timothy and clover seed, all waiting to be "fed and watered by God's Almighty hand."

Until harvest our part is done—the rest is in the lap of the gods.

Well, well, now what do I see—something black and white with a very bushy tale moving slowly across the garden? No, it isn't what you think—it is nothing more offensive than our Whiskey, coming home from her daily drink.

## ... TABLE TALKS ...

**Frostings—Toppings**

**Seven Minute Frosting**  
2 egg whites, unbeaten  
1½ cups sugar  
Dash of salt  
5 tablespoons water  
1½ teaspoons light corn syrup  
1 teaspoon vanilla  
Combine egg whites, sugar, salt, water and corn syrup in top of double boiler, mixing thoroughly. Place over rapidly boiling water, beat constantly with rotary egg beater (or at high speed of electric mixer), and cook 7 minutes, or until the frosting will stand up in peaks. Remove from boiling water, add vanilla and beat until thick enough to spread. Makes enough frosting to cover tops and sides of two 9-inch layers, or top and sides of 13x9x2-inch cake, or about 14 large or 2 dozen small cupcakes.

**For half recipe, use half of ingredients and reduce cooking time to 4 minutes. Makes enough for top and sides of 9-inch tube cake, or top of 10x10-inch cake.**

**Praline Topping**  
¾ cup brown sugar (firmly packed)  
2 tbs. Swans Down Cake Flour  
¼ cup melted butter  
2 tablespoons water  
Combine ingredients in a small saucepan, mix thoroughly. Spread carefully, a small amount at a time, over hot cake in pan. Place in moderate oven (375 degrees F.) and bake 5 minutes. Cool and cut in squares. Makes topping for 9x9-inch or 13x9-inch cake.

**Lemon Cream Icing**  
2 cups sifted confectioner's sugar  
2 tablespoons lemon juice  
1½ teaspoons grated lemon rind  
3 tablespoons cream (about)  
Combine sugar and lemon juice in a small bowl. Add cream and lemon rind. Beat with rotary egg beater until thick enough to spread. Makes enough icing to cover top of 8x8-inch cake.

**Orange Mist Frosting**  
Use recipe for Seven Minute Frosting. Omit corn syrup. Substitute orange juice for water.

When your delphiniums and lilies dominate the scene in July, rosy pyrethrum or yellow anemone make fine companions.

Rudbeckias are valuable for contrast behind round mounds of phlox during the summer. In August the various yellows of the sunflowers are careful placing as they do not blend very easily with pink tones. However, they are most effective as a background for masses of marigolds and some of the lilies. In early fall the soft colors of hardy asters are a choice foil for the brilliant shades of other autumn flowers.

There are several daisies which serve the gardener in problem plantings. Even in hot dry locations your calliopsis, coreopsis, galliard, sunflowers and rudbeckias are almost sure to thrive, and although few are unusual in color, calliopsis will blossom freely there.

**"I Love Baking -- with Calumet's Double Action!"**  
EVEN young cooks enjoy successful, satisfying results, if they use Calumet Baking Powder. Biscuit mixtures and shortcakes are light and tender... cakes and muffins are feather-light and delicious... all your baking is grand, with Calumet.

Calumet's double action protects baking—from start to finish. In the mixing bowl, thousands of tiny bubbles are formed to prepare the mixture for baking. But the greater part of the leavening comes in the oven. It can not be lost or stirred out. Follow directions on the tin for any recipe.



## Answer To This Week's Puzzle

**Across**  
1. A small, round, hard, brown seed, often used in baking. (5)  
2. A small, round, hard, brown seed, often used in baking. (5)  
3. A small, round, hard, brown seed, often used in baking. (5)  
4. A small, round, hard, brown seed, often used in baking. (5)  
5. A small, round, hard, brown seed, often used in baking. (5)  
6. A small, round, hard, brown seed, often used in baking. (5)  
7. A small, round, hard, brown seed, often used in baking. (5)  
8. A small, round, hard, brown seed, often used in baking. (5)  
9. A small, round, hard, brown seed, often used in baking. (5)  
10. A small, round, hard, brown seed, often used in baking. (5)

**Down**  
1. A small, round, hard, brown seed, often used in baking. (5)  
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9. A small, round, hard, brown seed, often used in baking. (5)  
10. A small, round, hard, brown seed, often used in baking. (5)

**Rooms Beautifully Furnished \$1.50 up**  
HOTEL METROPOLE  
NIAGARA FALLS  
OFF - C.N.E. STATION

**Soothe SORE FEET THIS WAY**  
Rub in Minard's Liniment generously, and feel the relief steal over the aching muscles and joints. For all muscle and joint pains, aches and stiffness, sprained ankles, twisted limbs—Minard's has been famous for over 60 years. Good for dandruff and skin disorders, too. Get a bottle today; keep it handy.

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**LIPTON'S Brisk-Tasting TEA**  
DRINK LIPTON'S TEA - IT PICKS YOU UP  
FLAVOR-LIFT IN EVERY CUP

**CALUMET DOUBLE-ACTING BAKING POWDER**  
A Product of General Foods

**NOVELTY COFFEE CAKE**  
Grand for special breakfasts  
1 cup sifted Swans Down Cake Flour  
1½ cups Calumet Baking Powder  
1½ cups sugar  
1½ cups milk  
1 egg, well beaten  
1½ cups oil

**TOPIPING**  
1½ cups sugar  
1½ cups milk  
1 egg, well beaten  
1½ cups oil  
1½ cups sifted cake flour  
1½ cups Calumet Baking Powder  
1½ cups sugar  
1½ cups milk  
1 egg, well beaten  
1½ cups oil

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## Little Reggie

**WHAT DID THE CAT SAY?**  
"I WANT LONG HAIR!"  
"HOW ARE MY PETS?"  
"OH, MY! MY GUESS!"  
"DID THE CAT AND CANARY HAVE SOMETHING TO EAT?"  
"YES!"  
"WHAT DID THE CAT SAY?"  
"THE CANARY!"

**By Margarita**

**THE CANARY!**

**WHAT DID THE CAT SAY?**

**THE CANARY!**

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