Finest Quality— Easy to Use

# TEA BAGS



vou glad of that extra hour in bed last Sunday? We find it much easier to adjust ourselves when the time changes from fast to standard time than when it is the other way round -maybe because it is a whole lot easier to sleep an extra hour than it is to lose it. Yes, we really manage On D.S.T. we are often out to feed the chickens before they are really ready for their breakfast. On standard time the chickens are up and looking for it and raising a regular rumpus because they think we've forgotten them. Gathering the eggs also has to be sort of re-arranged. On D.S.T. the hens start late but keep on laying well into the after-noon. On E.S.T. we have to start picking up eggs early because the hens get most of their egg-laying done in th forenoon. Then the kittens come looking for their breakfast and supper at what they think is the usual time because no one has ever yet found a way of maktheir schedule according to the way the clock is set. And isn't it strange how much difference one hour can

Saturday was our local fair and or once in our lives we missed it. The wheat is to blame for that. Our men were on their second field, trying to get it finished before the week-end-and the fair. However when the wheat was sown there were still ditchs to run. You know how it is-no good farmer is con properly ditched. But, by the time t was done the rest of the folk were coming home from the fair. I suppose I could have gone loy went on the seven bus that orning so I was more interested in getting my work done in anticition of a quiet and restful week

was very much to the fore so sugar rationing didn't quite make the women forget how to bake.

Answer to Last Week's Puzzle



Joy had gone I said to Partner— "Well, I suppose that sees the last of our summer visitors. It's been lovely having them, every one of them, but now . . ." And then went on to enumerate the jobs wanted to get done; the unfinished work that was simply dropped when Cicely arrived; letters that were still to be written and various items of business to be attended to that some low got put off until the time should come that would see us back to ordinary everyday life. Well, after outlining my good intentions to Part-ner I went down for the mail and here was a letter from my sister -"would it be all right if she came ip for Thanksgiving week-end." ust had to laugh.

But so it is-we go on with our ordinary, everyday plans; each with our own special problems and our little pet worries, so important to us and yet how unimportant when we consider what may be shaping up tion. It seems unthinkable that there should be another war but then war never does seem possible until we are right in the middle of . No sane person wants war and vet our war time effort is always so much better than our peace activity. True, but illogical, don't

you think? But then we are illogical about so many things — little things, big things, all kinds of things. Just today I heard of a woman

she absolutely must lead a less active life. It is only one of many such warnings to which his patient hitherto had paid little attention. She has always been an active woman, always ready to help in any social work; certainly she has no wish to be a semi-invalid yet her very actions are likely to bring on the unwelcome condition that she fears. Why consult a doctor at all that women patients are crazy any-way. One medico said to me-"We can always tell when a woman is ready to take to her bed because she always has to make a real job of usecleaning first, arriving at the ospital for an operation maybe, ired out, and with all her reserve trength used up." Illogical-yes-but change the na-

re of women you can't!

Bath Note

"Miss Jones," said the science

rofessor, "would you care to tell he class what happens when a body immersed in water?" "Sure," said Miss Jones. "The telephone rings." PUZZLE 632

44 45 46 47 48 10

52 53 54

Relax! Tired toes need the comfy quilties after a long hard day. Easy-sew; Make these in an evening, using quilted fabric. THREE pattern pieces for each slipper! Pattern 632; pattern in small, med., large, ex. large.
Send TWENTY-FIVE CENTS in coins (stamps cannot be accept-ed) for this pattern to the Needleoraft Dept., Box 1, 123-18th Street, New Toronto. Print plainly PAT-TERN NUMBER, your NAME



Prize Winners at Historic Fall Fair-For 115 years Picton, Ontario, has been holding Fall Fairs and that there's still plenty of life in the ancient organization is shown by the fact that this year the 20,000 attendance for the 2-day period shattered all records. Seen above are Dorothy Thompson of South Bay and Marilyn Reynolds of Picton who were first and second in the showmanship competition for Calf Club members, defeating

cup sour cream

2 teaspoon salt

½ cup vinegar

1/4 teaspoon mustard

tablespoon sugar

Pepper if desired

Easy Pickle Recipe

Save liquor left from sweet

pickles when you want to prepare

especially delicious pickled beets.

ing point, then pour over cooked,

small, may be left whole. Cool, then

chill. Keep in refrigerator in a

Lamb stew can be flat, stale and

dull or it can be a delightful dish.

ing pieces and proceed as for regu-

lar stew, save for this difference

add 1/2 teaspoon caraway seeds, 2

tablespoons minced parsley and 1/2

teaspoon garlic salt along with the

French Fried Tomatoes

2 tablespoons milk. Slice tomatoes. Beat egg, add

milk, and enough flour to make a

thin batter. Dip tomatoes into bat

ter until well coated. Drop into ho

deep fat and fry until golden brown

Footwear stylists are retracing

their steps this year, borrowing ideas

from mother's and grandmother's

day for detail on their fall and win-

Ankle-high booties ornamented

with scrolls of braid or cuffs of fur.

throated pumps, some of them with sunburst motifs of narrow straps

Income tax as a general tax was

first imposed by William Pitt in 1799 as a war tay,

PILLS

ISSUE 42 - 1948

REATMENT

Drain on paper, sprinkle with sale

Spats and Boots

Are Here Again

to set them off.

that tie at the instep.

Salt and pepper to taste

4 very firm tomatoes.

Heat the pickle liquor to the boil-

eggs

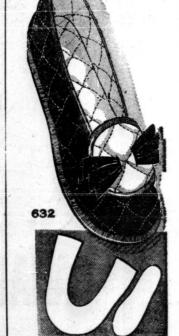
variety of sauces or dressings, hot or cold for vegetables. If cream times does, it should be used

promptly, never wasted. With Fried Tomatoes Sliced tomatoes, dipped in egg and crumbs and fried to a golden

brown on both sides, are extra good dressed up with sour cream sauce. After lifting the fried slices to a hot platter, sprinkle a couple of tablesours of

of tablespoons of mix well, then pour in a cup or a cup and a half of sour cream. ed. Season with salt and pepper as desired. Then pour the hot sauce and serve at once. Hot Sour Cream Sauce

This sauce is especially good with cooked broccoli, cauliflower or potatoes. To make enough for six servings, blend one tablespoon of tablespoon flor. Then add one cu sour cream and 1/4 teaspoon salt. ed. Cover and cook over hot water green pepper may be added to give color and added flavor.



Sama Wheeler

## TESUNDAY SCHOOL LESSON

by Rev. R. Barclay Warren Law In The Bible

Deuteronomy 6:20-25; Leviticus 19:9-14, 17-18...

Lord thy God with all thy heart and with all thy soul, and with all thy mind. This is the first and great commandment. And the se-cond is like unto it, Thou shalt love thy neighbour as thyself.

—Matt. 22:37-29.

Jacob, his sons and their families,

venty souls in all,-went down into Egypt. Four centuries later, after a period of great affliction they emerged as a nation more than a million strong. Their leader, Moses, ov divine direction gave them a code of laws. Many of these, including

to the laws of our nation.

Of all these laws, Jesus selected
the two given in the golden text, and pointed to them as of supreme importance. "On these", said he, 'hang all the law and the prophets". Truly these are fundamental to

Christian living.

John wrote, "The law was given y Moses, but grace and truth came by Jesus Christ". The law sets a high standard to which sinful man can not attain. But by repenting of our sins and believing on Jesus Christ we become new creatures. "Old things are passed away; be hold, all things are become new". God's love is shed abroad in the heart. Then we do those things which please God, not from fear but from love; not because we must, but because we thus desire.

### TEST YOUR I. Q. HOUSEHOLD QUIZ

Here's a quiz about common articles, and you shouldn't have too hard a time in making a perfect score. Try your best anyway before looking at the answers, printed up side-down to discourage "peeking" What common table article is commonly made of sand? Beat the eggs very light, add th sour cream and other ingredients.

end of heel how long is a Size Eight stocking? From what part of a hog does bacon come?

When milk turns sour what kind of acid is formed? Is sterling silver pure silver?

technically called? Some call it cole slaw; some cold slaw. Which is correct? Does "orange pekoe" refer to a special kind of tea flavor or to the size of the tea leaf? Are lye and ammonia acids or

does "chuck beef" come?

Is salt put in an ice cream

freezer to make the ice melt or to keep it frozen? ANSWERS To make the nee melt and drive the tween the neck and shoulders; 12. Alkalis; 10. Yes-a small amount of 7. Cole slaw: 8. Size of leaf; 9.

#### sides; 4. Lactic acid; 6. Albumen; L. Glass; 2. 8 inches; 3. Back and Autumn took a day to search for God

And found Him not, but as I trod By rock ledges, through woods untamed. saw His footprint in the sod. Then suddenly, all unaware,

Far off in the deep shadows, where A solitary hermit thrush Sang through the holy twilight At last with evening as I turned Homeward, and thought what I had

Spats, five buttons and edged with And all that there was still to Low-heel ghillie boots of black suede with cuffs of black seal. I caught the glory of His robe Scores of buckles, a la Pilgrim Where the last fires of sunset Fathers, with wide, flaring tongues -Author Unknown. Strictly modern were low, V-



Spec-tacular - Botl much because frames studded

Champs are Ful-O-Pep Fed

Nicholls hands out special prizes to two Ful-O-Pen

ions in the calf club at Campbellford. The winners ald first in Holstein division, and Archie McCook

rshire group, were given special prizes equal to their

NERVO

emerald-cut dis

When women are disturb noises at night... become gety they perspire when strangers. or cry too eas symptoms often herald when they need special bu

But actually there's system—so you can kee through the most trying p life. Yes, Dr. Chase's Ne has helped thousands of w face the future with confic So if you're feeling ner gety or run-down-if rest well at night, an



ansas Farmer" ably entertains the record crowd at the the Fall Fair. The Kansas Farmer is really Jack Thynne sels, and is the only professional entertainer in Ontario

that combines his talents with farming.



Photo by Ful-O-Pep Photographer Jack Little grooming his Hereford entry for the Glencoe Calf Club. Jack had little trouble placing in the prize money as his calf was Ful-O-Pep fitted.

about 4,000 B. C., when the kingdoms of Upper and Lower Egypt, already highly civilized, were join-

Photo by Ful-O-Pep Photographer First in the Cow Calling Conof Brunner. Plenty of action

#### Waste

was seen in this highly-con-

tested event.

waste our powers; Little we see in Nature that is ours We have given our hearts away, a sordid boon! The Sea that bears her bosom to The winds that will be howling at all hours, And are upgathered now like sleep

ing flowers; For this, for everything, we are out of tune; It moves us not.
From "The World is Too Much
With Us" by William Wordsworth



The forty-odd entries of the Campbellford baby show were finally narrowed down to these four youngsters. The two judges who had a very difficult time deciding—Mrs. T. Lee, R.N., and Mrs. T. S. Little, R.N.

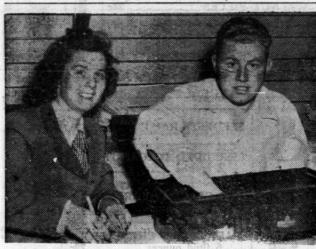


Photo by Ful-O-Pep Photographe The photographer caught Mrs. Robt. Rudy and Ken Neeb, both junior directors of the Tavistock Fall Fair Board, counting the gate at the close of a very successful Fair.



Photo by Ful-O-Pep Photographer

Pony with Carriage Class, was a colourful event. Shown above are driver. Jack Harris and rider Maxie Jacques who placed second.

Photo by Ful-O-Pep Photographer the Ontario Dairy Instructors judge the 49 cheeses entered in the Campbellford This was the larger Instructors judge the 49 cheeses entered in the Campbellford was the largest exhibit of cheese products in Ontario outside of the big three

The C.N.E., the Royal Winter Fair, and the Western Fair.

### Campbellford Baby Show has Forty Entries



Photo by Ful-O-Pep Photographer A few of the forty entries in the Campbellford Baby Show that kept the judges busy in their selection.

# because you suffer distress from

the thing to

a cold is n

miserable. You'll get re

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INSTANTINE is made

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tablet is usually sufficien

relief from the aches a

of colds, headaches,

neuralgic or rheumatic

So don't let that

you down . . . get

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which makes you NERVOUS

HIGH-STRUNG on such days? Are you troubled by distress of female functional monthly disturbances which makes you suffer, foll so nervous, cranky, restless, weak—at such times? Then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms!

In a recent test it proved helpful to women troubled this way. Why don't you get smart and try it yoursel?

Pinkham's Compound is what is known as a uterine sedative. It has a sootking effect on one of woman's most important organs.

For over 70 years thousal and women have reported be see if you, too don't reportesults. Worth trying!

Lydia E. Pinkham's VEGETABLE COMPL