Outstanding Quality . Delicious Flavour



Ardeth Haines listened as th band played at the Fair. The tune was gay but not for her. Frank, her husband, was listening, too, at the other end of the field They had quarreled. They should have been together, holding hands not apart she was thrifty? Why did Frank e to blow up when she hinted at his extravagance? She was only thinking of their future and of the house they dreamed of owning

That morning she had found him in the garage. "Isn't it a honey now?" Frank had asked pointing to the portable radio on his work bench. "It works like a top since "Four new tubes?" Ardeth gasp-

ed. "How could you when you know how much I wanted new dishes?" There were angry tears in Frank grabbed the radio and

Later, when Frank asked: "What about the Fair?" she answered, stubbornly, "I'm going, but I'm going alone." And the way she said made Frank dash out of the house

and slam the door. Suddenly there was a fanfare and Mr. Getty, master of ceremonies, announced loudly: "This is the moment you have been waiting for. For weeks we were fine-combing the community for the happiest married couple. Folks, here they are, Mr. and Mrs. James Pratt. Married twenty-five years and happily!" Mr. Pratt was holding his wife's hands and looking down into her face. Mrs. Pratt was beaming. Ardeth looked over at Frank but he was staring straight ahead.

months ago I met a man, and have

een having dinner with him several

'Now this man's wife has found

put. And she doesn't like it! I call-

od her up, and tried to explain we

were only friends. She refused to

ee me. She has made it look so

"I don't think she should try to

keep her husband home all the time.

He likes his freedom - and she is

spoiling our fun. They have child-

ren, but he doesn't like being tied

from leaving him-and he refuses to

MANY A busy husband doesn't

Just For Fun

The five-year-old "momma"

larling," taken calling by his

copy of an old book about the hristian martyrs, filled with

mother, was looking through a

highly colored illustrations

When he came to the well-

known picture of the Christians

being thrown to the lions in the

Roman amphitheatre he burst in-

"My little Percy is so smar

parent. "Just look how touched

he is by the suffering inflicted

on the Christians by the barbar

Percy continued to sob, and

when they tried to comfort him

he said, "Just look at that poor lion over there. He hasn't got

and so sensitive," said his doting

after one is married?

This Is Wrong

"Now he is trying to keep his wife

"Is it wrong to have men friends

Mrs. W. K."

We both are married. My

husband knew

of this, but as he

he saw nothing

Your Family Counselor

and a bond. As Ardeth watched them walk off, she wondered about their recipe for happiness. Twenty-five years! Surely, Mrs. Pratt would be glad to help out a broken-hearted

The next morning was Sunday. Frank ate breakfast in silence and disappeared into the garage. Ardeth walked over to the bus. It wasn't nd the Pratt's house smothered in bushes and trees. It certainly sym bolized happiness. A dream housel She ran up the steps with a light-ened heart. She pressed the bell hear the radio and knew someone was at home. If they didn't answer the front, perhaps they would the back door. Walking around, she heard loud voices in the basement. "Is that so?" yelled Mrs. Pratt There was a blasting noise and Ardeth heard falling glass. Then another voice. "How in the blazes was I supposed to know you used the pan for that?" More crashes. "My aim is as good as yours," the first voice screamed. "If you crave to throw, I'll throw something, too."

Later on, when Ardeth had been invited in, Mrs Pratt said: "So vot Ardeth's shoulder and said: "Per threw it into the corner She stalked haps I can give you some at that." She offered Ardeth some homemade cookies. "We're happy Quarrels don't matter, every normal couple has them. But you can't change a husband. You've got to accept his shortco accept yours . . . There isn't any overlook many things in life." When Ardeth got home Frank

was still in the garage. She went straight to him. "I'm sorry about e tubes, Frank. I'm an awful tightwad.' Frank's eyes brightened up like sparklers. He reached to a shelf. "I got you this at the Fair." he handing her a huge bow-bedecked box of candy. It looked awfully expensive, but Ardeth re-



They Don't Believe in Dieting-Two hundred and sixteen and a fraction pounds is the average weight of these six sisters, the entire sextette pulling down the scales at a snappy thirteen hundred pounds. From the left, front, they are Mrs. Alexander, Richvale, Ont.; Mrs. Olson, Miami; Mrs. Perring, Richvale; and in the back row are seen Mrs. Daley, Mrs. Reid and Mrs. Entwistle, all of Toronto.



membered about the overlooking part Mrs. Pratt had mentioned so "We can all pattern our lives after | all she did was to look into Frank's match gives this the perfect finish. This pattern, easy to use, simple ANNE HIRST

takes 41/8 yards 39-inch. "DEAR ANNE HIRST: Some * object to an old friend giving his * wife a pleasant evening now and * a habit (as yours has) and if it * had to be clandestine (as yours STYLE NUMBER.

consent to their wives dining with

* married men, and risk the pos-* sibility of their becoming involvworks at night, * ed in a divorce suit. * YOU ARE wrong to resent this wife's attitude. All these months she has been trusting her hus-* band, believing whatever excuses he gave for not coming home And now when she has found out * the truth, how can she regard his friendship with you as innocent? * She has her own ideals of loyalty * between husband and wife, and he * has betrayed them. What would * you think in her place?

* has) these husbands certainly would sing a different tune.

* THEY CERTAINLY would not

* DID IT ever occur to you to question whether she would object to his seeing another woman? * Or did he deny that she would? * HE DOESN'T like being tied * down? His wife may not relish it * any better. But she must stay * home, alone with the children, * while he enjoys his stolen free-* dom. And all you can say is that * she is "spoiling your fun." Isn't

* that reaction adolescent? * YOU ARE presumably a mature * woman, and a wife. I don't know * how you were brought up, but you should have learned that one * must avoid the appearance of

* THIS MAN is fortunate indeed * if he can convince his wife that * he has been innocently occupied * during these months he has ne-* glected her. I hope the experience has taught you, too, that however guiltless you both were, one must * honor marriage per se, or take * the consequences of disobeying * the social laws of the world we * live In.

One cannot play with fire with-out getting burned. It pays to pat-tern one's life safely. If adventuring tempts you, ask Anne Hirst what to do. Write her at 123 Eighteenth St., New Toronto.



line of Pattern 4733 is cleverly designed to pay you compliments! A

to sew, is tested for fit. Includes complete illustrated instructions. Pattern 4733 comes in sizes 34 36, 38, 40, 42, 44, 46, 50. Size 36 Send TWENTY-FIVE CENTS plainly SIZE, NAME, ADDRESS,

YOUR HANDWRITING

This week's illustration shows gives an interesting study of peronality. Intuition is the basis of a tactful personality and this is shown in the scrip by the breaks between the letters where the pen was lifted. Compactness of the letters clearly indicates that much feeling is put into the writing, and the sharpness of most of the letters is a sign of the rapid mental activity. The capital letters convey independence, but not vanity. The strokes of the letter "t" show humor and tenacity. To sum up, it may be said that there is sensitiveness of feeling for others in the slope of the writing, with intuition to sense the important features of a situation. There is humour, alertness of mind to meet new and varied conditions, and tenacity to hold to principles

Christmas your benefit

For a brief analysis of your character send a sample of Handwriting, with a stamped, self-addressed envelope, to Alex S. Arnott, 123-18th. Street, New Toronto.

Contrary to common belief goldenrod under ordinary conditions does not cause hay fever, according to-a Cornell botanist.

ISSUE 38 - 1948



By Rev. R. Barclay Warren Jesus Christ. Cunice, Lois, and Timothy, Religious Family.

house, we will serve the Lord. Timothy had a good start in life. From a child he knew the scriptures snares. Timothy's mother and grandmother were women of faith. What a heritage was his! Timothy heard the Gospel on the occasion of Paul's first visit to Lystra. He saw this messenger, first offered worship as a god and then toned, dragged out of the city, and

Golden Text: As for me and my

left for dead. Doubtless he later heard the apostle's exhortation "to continue in the faith and that we must through much tribulation enter into the kingdom of God". When Paul returned to Lystra on his second missionary journey Timothy's Christian influence had already spread abroad. Paul invited him to accompany him in mission-

Timothy performed a very useful inistry. Religion is not inherited, at the influence of godly parents and grandparents is of untold value in assisting children and youth to chosse the way of discipleship of

YOU WOMEN WHO SUFFER

Are you between the ages of 38 and 52 and going through that trying functional 'middle-age' period peculiar to women? Does this make you suffer from hot flashes, feel Lydia E. Pinkham's VEGETABLE COMP

INDIGEST



AND RESULTS ARE SURE!

old long-boil way you'd have to

boil and stir many times as long.

Sounds almost unbelievable - until you know the reasons why. Certo is nothing but "fruit pectin" - the natural substance in fruit which makes jams "jam" and jellies "jell." It's extracted from fruits in which it is most plentiful for better, quicker, easier jam and jelly making.

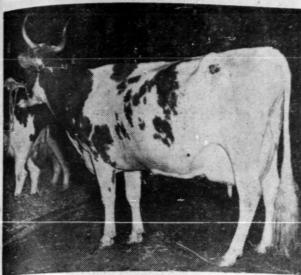
I. Short boil - That's why, when 3. Saves time, work - What a lot you use Certo, you don't have to of time and work it saves, too! The boil down" your fruit to make it set. A one-to-two-minute full, rolling boil is enough for jams ... a half-minute-to-a-minute for

4. Fresh fruit flavour — colour — With Certo you use fruit at its peak of flavor and colour and not 2. Extra yield - The short Certo the under-ripe fruit used in longboil saves all the precious fruit juice which, in long boiling, goes boil recipes. The Certo boil is too short to spoil this lovely taste and off in steam. You get an extra colour. They stay right in your yield of 50% more jam or jelly. jam or jelly.

5. No failures - You'll have no failures if you follow exactly the recipes provided with Certo. Different fruits need different handling, so there's a separate tested recipe for each one. TAKE THE GUESSWORK OUT OF JAM AND JELLY-MAKING GET CERTO AT YOUR GROCER'S

... FALL FAIR TIME IN ONTARIO....

Ottawa Grand Champ is Ful-O-Pep Fed Fair Time



Seven Year Old Champion, is Glengyle Golden Flow 12th; owned and shown by J. McLennan. Winner of the Grand Champion female Ayrshire at Ottawa, this cow has been Ful-O-Pep fed throughout the seven years.

Prize-Winning Youngster is Clipped



yrshire Youngster Gets Clipped by John McLennan of Mariown, assisted by Ralph Watt, of Lancaster. This promising calf was a ribbon winner at the Ottawa Fair.



Photo by Ful-O-Pep Photographer

Music Goes 'Round and 'Round"-and it came out in ting strains from the instruments of the Exeter Town Band provided music to enliven the afternoon and evening sessions of the highly successful Zurich Fall Fair.

Highlights

By the Ful-O-Pep Reporter

To go, in a matter of hours, from hat is sometimes described a "just a small-time fair" to what is eatest annual Exposition is an ill-

It was one which happened las week to the Ful-O-Pep camera mar and roving reporter; and both of them say that, on the whole, they're the Fall Fair at Zurich, Ont. longer than the one to the C.N.E. at To

Not that they disparage any part of the great show that Elwood Hughes, Kate Aitken and all their horde of collaborators put on a Toronto. They admired the vast new Grand Stand-the marvellous displays of manufactured goods and products from all over the worldand all the rest of it.

Yet-somehow or other-at Zurich they felt more in touch with the real spirit which inspired the idea of these Fall Fairs. More people passed them-or bumped into them -in one minute before the booth concealing the Fat Lady at The Ex. than they saw all day at Zurich Yet, at the latter point, there wa the feeling that-even though you were a stranger-you were among

that ran something like, "T'is not in growing like a tree-in bulkthat makes men better be" and s on. Fall Fairs like that of Zurich and others we will cover in this series will never grow to the size of the Canadan National Exhibition They don't expect to do so-nor have those who make them pos sible any hopes in that direction Yet both have a definite and in portant place in the Canadian Pep are proud to pay both trib

For both of these types of fairsalthough in the case of the large nes the intention is sometimes ob scured by the bright lights and gli that Canada grew from an unknow ne of the world's great nations be cause of her unparalleled nationa esources, and the intelligent use of them. Also that when Canadian forget that their real strength comes from the soil and what lies under, it will be a sorry day for all of us



Photo by Ful-O-Pep Photographer

Every One of the Four a "Standout"-Ears pricking and alert to all that's going on, these four equine beauties snapped by the Ful-O-Pep camera man at the Zurich Fall Fair have won admiration as well as prizes wherever shown. Seen with them are their owner, W. S. Munro of Wingham and his wife, and T. Gregory of Wingham.



Photo by Ful-O-Pep Photographe

"That's a Whole Lotta Bull"-or at least a whole lot of quality as well as quantity in the form of cattle. For the four beauties pictured above are all prize-winning Herefords, Ful-O-Pep fed, from the herd of H. C. Wright & Son, of Cromarty and occasioned much favorable comment

Cat that Swims, Largest at C.N.E. Show



rnoto by Ful-O-Pep Photographer

Pinky, Largest Show Cat in Canada, is shown by his proud mistress Edythe Wiles, Toronto Pinky, a 25-pound White and Gold Shorthair won for the second year as the best short hair neuter cat in show and several special prizes. According to his owner Pinky eats a whole tin of salmon each day, is able to swim and will retrieve sticks just as well as a dog.



"Do you love me more than anything else in the whole wide world?"

"Why sure, Darling! Except, of course, there's honey-golden . . ."

"Honey Golden, eh? I knew it—a blonde! I'm going home to famous Grape-Nuts flavor is different from any other cereal flavor in the world."

"I know, I know—because they're honey-golden, malty-rich, oh-so-wonderful Post's Grape-Nuts Flakes!" "Oh, that's different!"

"Hey, wait a minute! I mean honey-golden, malty-rich, oh-so-wonderful Post's Grape-Nuts Flakes!"

"Oh, that's different!"

"He world.

"I know, I know—because they're made from two grains instead of one."

"Sure—and loaded with carbohydrates and minerals and other food essentials."

"You win. Go ahead and have another bowlful—and I think I'll "Sure they're different! That join you!"