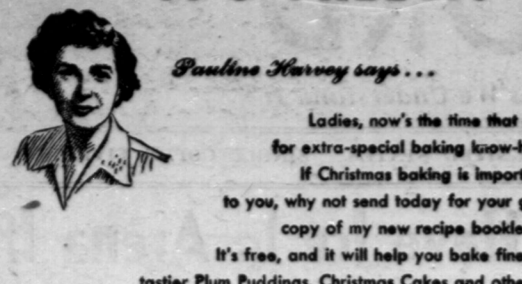


# IT'S FREE...



Ladies, now's the time that calls for extra-special baking know-how. Christmas baking is important to you, why not send today for your gift copy of my new recipe booklet?

It's free, and it will help you bake finer, tastier Plum Puddings, Christmas Cakes and other delightful Holiday fare this year.

Write to: PAULINE HARVEY, P.O. Box 6400, Montreal, P.Q.



## FIVE ROSES FLOUR

for all-purpose baking

# ..A Little Knowledge..

**BY Jim Kjelgaard**  
**A Complete Story**  
NOBODY IN the Stannig ever gets sick. Every time I've been there I've delivered a baby, or set a broken leg, or patched up some young hellion who thought he could ride an outlaw horse or dog bullets out of somebody else. It's a wild country settled by wild people. Some times I get so mad at those cattle men that I wish they'd all shoot each other. And then at other times...

In spite of their hair-trigger tempers, and their tendency to express those tempers with a gun, they have their good qualities. One is known everywhere in the Stannig for forty years. I guess I've delivered half of them. On this trip I pulled up in front of old Jeb Cressfield's ranch house. The house is built on top of a hill, and there are folks who say Jeb built it there so he could look all ways for those who'd come gunning for him. Jeb himself, as strong, grained, and as talkative, as any tree that grows on the Stannig ridges, awaits me on the porch. "Come in, Doc," he says.

As I went in through the kitchen, and if there was one person waiting there, there must have been thirty. The women were either talking or crying in one part of the room, and the men weren't saying anything at all in another part. Every family in the Stannig was represented. Tight-lipped as turtles, seven of the eight Crossfield boys sat in seven chairs that were tilted against the wall. When those boys were the proper age—they each got a six-shooter. Now they could knock the centre out of a silver-dollar at fifty yards. It seemed sort of ominous to me because young Bud Cressfield was missing.

Old Jeb ducked under the doorway that led to the next room, and I found out why Bud wasn't with his brothers. He lay on a cot with his trousers still on and his shirt hanging down. "That's mighty strong talk, Doc." "Maybe you think you can do something about it? I wouldn't have dared talk that way if every body in the Stannig hadn't thought God and I were fairly close relatives." "Maybe you'd like to try to stop me going to the police?" "Old Jeb said hoarsely. "Do what you can for Bud."

I looked up to see the seven Cressfield boys, one behind the other, staring at me with stranger eyes. Old Jeb's adam's apple bobbed a couple of times. "That's mighty strong talk, Doc." "Maybe you think you can do something about it? I wouldn't have dared talk that way if every body in the Stannig hadn't thought God and I were fairly close relatives." "Maybe you'd like to try to stop me going to the police?" "Old Jeb said hoarsely. "Do what you can for Bud."



One yard of 35-inch for the small size! Little more for the apron. As shown in diagram, this apron is one piece, plus ties and pockets. Whip up several for gifts! Pattern 4718 comes in sizes small (14, 16) and medium (18, 20). Small size one yard 35-inch. This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send twenty-five cents (25¢) in coins (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number. Send order to Box 1, 123 Eighth Street, New Toronto, Ont.

ISSUE 49 - 1949

# ..A Little Knowledge..

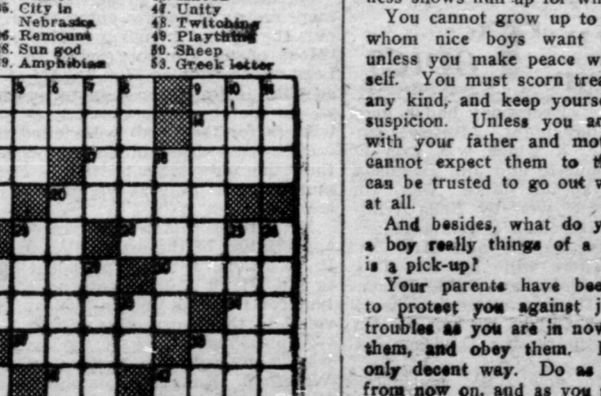
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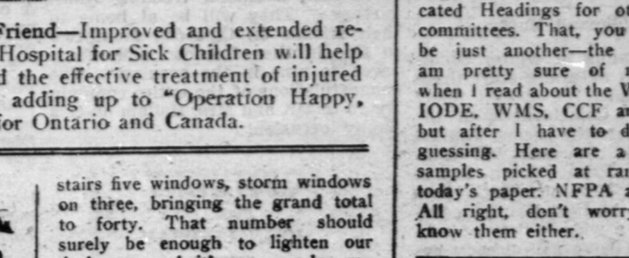
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Answer elsewhere on this page.

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### When A Feller Needs A Friend—Improved and extended research facilities at the new Hospital for Sick Children will help doctors and nurses to speed the effective treatment of injured children, like this boy—all adding up to "Operation Happy, Healthy Kids" for Ontario and Canada.



There it must be the Mc-Grone Report which I have just been reading in the Finns 'n Post. Of course you have heard about it—the report of an investigation that accuses the milling industry of price fixing. I don't pretend to understand what it is all about but it reads as if there is a nigger in the woodpile somewhere—farmers who buy millflour will be quite willing to believe that.

### Chronicles of a Ginger Farm

Well, we have Book Week, Education Week, Health Week, Fire Prevention Week, and plenty more that I can't recall at the moment. I know this for certain, I thought I would do a special week at home. With that in mind I made last week "Window Week" at Ginger Farm. Yes, indeed—and did I know it! From Tuesday to Friday inclusive I was either clearing windows inside and out, or painting storm windows—and then scraping off the paint dabs and cleaning them afterwards. Let's see now, how many windows are there in this house? I never have counted them, but there's no time like the present, so here goes. We'll start at the cellar and work up. Down cellar there are five, not counting the two that are blocked up. Three of them have storm flash so that makes eight. On the first floor there are sixteen windows, storm windows on eight, so that makes another twenty-four. Up-

### FOR QUICK RELIEF BEYOND BELIEF...



COME OUT FROM UNDER THE SHADOW OF PAIN!  
For relief from the pain of ARTERIOSCLEROSIS, HYPERTENSION, or SCURVY... as a bottle of DOLCIN Tablets today, DOLCIN has relieved the pain of thousands of sufferers. DOLCIN Tablets are not harmful, easy-to-swallow, reasonable in cost—100 tablets for \$2.25, the large economy-size bottle of 500 tablets, \$10. If your druggist cannot supply DOLCIN write to DOLCIN LIMITED, Toronto 12, Ont.

### APPETIZING APPLE CAKE

Recipe: Measure into bowl, 1/2 cup luke-warm water, 1 teaspoon granulated sugar, stir until sugar is dissolved. Sprinkle with 1 envelope Fleischmann's Royal Fast Rising Dry Yeast. Let stand 10 minutes. THEN stir well. Soak 1/2 cup milk and stir in 1/2 cup granulated sugar, 1/2 teaspoon salt, 3 tablespoons softened butter, cool to lukewarm. Beat in 1 cup one-third bran flour. Add yeast mixture and 1 beaten egg; beat well. Work in 2 1/2 cups peeled and sliced apples. Knead lightly; place in greased bowl and brush top with melted butter or shortening. Cover and set in warm place, free from draught. Let rise until doubled in bulk. Punch down dough and divide into 2 equal loaves; form into smooth balls. Roll each piece into an oblong and fit into greased pans about 7" x 11". Grease tops, cover and let rise until doubled in bulk. Peel, core and cut 8 apples into thin slices. Sprinkle risen dough with 1/4 cup granulated sugar and lightly press apple wedges into cake tops, sharp end of wedges facing outward. Mix 1 cup granulated sugar and 1 1/2 teaspoons cinnamon; sprinkle over top of each loaf. Cover and rise about 1 1/2 hours. Bake in moderate oven, 350°, about 1 hour; serve hot, with butter.



One Year Old—England's favorite baby, Bonnie Prince Charlie, was one year old on Nov. 14th. He poses for a birthday portrait with his mother, Princess Elizabeth.

# TABLE TALKS

by Elaine Andrews

Do you cook your Christmas turkey "by guess or by golly" or go about it in the approved scientific manner? Don't bother to answer! It's just my way of giving warning that if you read any further you're going to find full instructions as to how to prepare the noble bird and do it as a turn, also recipes for some of the other festive "fix'n's." First of all here's:

### Turkey Roasting Chart

Dressed weight in pounds	Oven temperature	Hours
10-13	325 deg.	2 1/2-3
14-17	300 deg.	3 1/4-4 1/4
18-23	275 deg.	5-6
24-30	250-275 deg.	6 1/4-7 1/4
	250 deg.	8-9

### Cranberry Sauce (Serves 8)

Add 1 quart cranberries to 2 cups water. Cook 5 minutes. Run through sieve. Add 2 cups sugar. Bring to boil and cook 3 minutes. Cool in refrigerator or other cool place until serving time.

### Roast Turkey

Rob inside of body cavity with few dashes of pepper, and 1/2 teaspoon salt per lb. bird. Fill the body cavity with stuffing but do not pack. Tuck plenty in the neck to keep the breast moist. Skewer neck to centre-back with skin and shake over stuffing's plumpness. Skewer, or sew, cavity opening closed. Tie cord around legs just above joints. This keeps skin from drawing. Truss. Place in pan breast down for first half of roasting time. Dip cheerfully in melted fat and cover entire bird with it. Keep cloth moistened with drippings and melted butter. Don't add water. Don't cover pan.

### Giblet Gravy (Serves 9)

Simmer Turkey giblets 1/2 hour, or until tender in 1 cup water. Four drippings from turkey roast cooking into a bowl. Return to roasting pan 1/4 cup drippings. Blend in 1/4 cup flour. Add 2 cups liquid (a combination of milk, cream or sour cream, and the stock from cooked giblets). Cook until desired thickness. Add Giblets, chopped. 1/2 teaspoon salt, 1/2 teaspoon pepper.

### Bread Stuffing (Stuffs 14 to 16-pound bird)

Combine 1 pound pork sausage, browned in 3 tablespoons fat. 1-2 cups chestnuts (or nut meats). 2 medium celery stalks, chopped. 1 small onion, chopped. 1 loaf day-old bread broken into bits. 12 olives, ground. 1/2 cup Five Roses flour 1/2 tsp. cinnamon 1/2 tsp. nutmeg 1/2 tsp. baking powder 1/2 cup milk to moisten. Stuff bird.

### Celery Stuffing (Stuffs 14 to 16-pound bird)

Melt in large skillet 1/2 cup shortening. Simmer in fat 2 minutes. Add 1 cup chopped parsley 1/4 cup chopped onion. Add 2 quarts day-old bread broken into bits. 2 teaspoons salt. 1/2 teaspoon celery seed. 1/2 teaspoon celery salt. 1/2 cup water. Blend in 4 cups chopped celery. Stuff bird lightly; don't pack.

### New Fast-Acting Dry Yeast

Needs NO Refrigeration! Your fresh and full-strength on yeast ready for weeks! Here's all you do: 1. In a small amount (usually specify) of lukewarm water, dissolve thoroughly 1 teaspoon sugar for each envelope of yeast. 2. Sprinkle, with dry yeast. Let stand 10 minutes. 3. THEN stir well. (The water used with the yeast counts as part of the total liquid called for in your recipe.)

Order a month's supply!

# Modern Etiquette

By Roberta Lee

## HELPFUL HINTS FOR BUSY WOMEN..

**Q.** What should two persons do if introduced to each other for the second time?  
**A.** If the occasion is a formal one, they should both acknowledge the introduction and not attempt any explanations that would be embarrassing to the person making the introduction. However, if the occasion is an informal one, it is all right to recall the previous meeting.  
**Q.** Is it necessary to send a gift when one is invited to a church wedding, but not to the reception?  
**A.** In this case, it is not necessary. Only an invitation to the reception would require a gift.  
**Q.** Should one who is in mourning send holiday greetings to intimate friends?  
**A.** Yes, if one wishes to do so. However, it is not imperative, nor should it be expected.  
**Q.** Is it proper for a bride-to-be to call her friends by telephone to request that they serve as bridesmaids at her wedding?  
**A.** No; it is much better if she calls personally upon each of her friends for this purpose. If this is not possible, as in the case of out-of-town friends, then friendly notes of request should be written by hand.  
**Q.** Is it necessary for a man to be present when a woman is introduced to another man, and also to shake hands?  
**A.** Yes to both questions, unless, of course, they are so far apart that it would be awkward to shake hands.  
**Q.** When invited to a dinner party in a restaurant or hotel, does one have the privilege of choosing one's own meal?  
**A.** No; the host or hostess orders the menu in advance, and the guests add what is placed before them.

## Whip It Up

Evaporated milk may be whipped, even more easily than fresh cream if treated the following way: When a recipe calls for evaporated milk, whip it, place the can in a saucepan, cover with cold water, and bring just to a tumbling boil. When cold, it will whip just as easy as fresh cream. It is interesting to note that this suggestion was tested by Miss Farner's famous School Cookery in Boston, which reported that it not only worked beautifully, but increased the volume of the milk after it was whipped. Cynicism: It should be easy to make an honest living—there isn't much competition.

## Great Profiles—Heir to one of the great names, and profiles, in theatrical history is John Barrymore, Jr. Right. Young John makes his screen debut in a film soon to be released. At left is the world-famed profile of his father, the late John Barrymore.

# The Canadian Family owes much to... France

CANADA, land of opportunity, owes much of its strength and vitality, and the rich quality of its democracy, to the blending of racial and cultural heritages from many lands. It is a matter of pride to all Canadians that so many races, without sacrificing their national characteristics, have united themselves into one great citizenship—the Canadian Family. Ever since the days of Jacques Cartier, famous French explorer of the 16th Century, Canadians of French descent have played a leading role in moulding Canada's destiny. Today, French Canadians are our largest racial group representing almost one third of Canada's population. Distinguished in the arts and sciences and outstanding in their chosen professions, they have made a major contribution to Canada's progress while their thrift and devotion have earned for "Les Canadiens" the wholesome respect of their fellow citizens.

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