

for extra-special baking know-how. If Christmas baking is important to you, why not send today for your gift copy of my new recipe booklet? It's free, and it will help you bake finer,

tastier Plum Puddings, Christmas Cakes and other delightful Holiday fare this year

PAULINE HARVEY

FIVE ROSES FLOUR

.-. A Little Knowledge .-.

By Jim Kjelgaard

NOBODY IN the Stannigy ever gets sick. Every time I've been there I've delivered a baby, or set happened.
This was an old, old story, one that, off and on, I'd been reading in the Stannigy for forty years. Bud Cressfield had been somea broken leg, or patched up some young hellion who thought he could ride an outlaw horse, or dug bullets out of somebody else. It's a wild country settled by wild people. Some times I get so mad at those cattle men that I wish at those cattle men that I wish with guns.

The story from now on had to

then at other times . . . In spite of their hair-trigger tempers, and their tendency to express those tempers with a gun, they have their good qualities. I've known everybody in the Stannigy for forty years. I guess I've delivered half of them.

On this trip I pulled up in front of old Jeb Cressfield's ranch house.

The house is built on top of a hill,

and there are folks who say Jel built it there so he could look all ways for those who'd come gunning for him. Jeb himself, as as strong, gnarled, and as talkative, as any tree that grow on the Stanningy ridges, awaited me on

WENT in through the kitchen, and if there was one person waiting there, there must have been thirty. The women were either talking or crying in one part of the room, and the men weren't saying anything at all in another part. Every family in the Stannigy was represented. Tight-lipped as turtles, seven of the eight Crossfield boys sat in seven chairs that they had tilted against the wall. When those boys were the proper age —about six—they each gor a six-shooter. Now they could knock the centre out of a silverdollar at fifty yards. It seemed sort

of ominous to me because young Bud Cressfield was missing. Old Jeb ducked under the door I found out why Bud wasn't with his trousers still on and his shirt



One yard of 35-inch for the small size! Little more for the other. As shown in diagram, this apron is one piece, plus ties and pockets. Whip up several for gifts!
Pattern 4718 comes in sizes
small (14, 16) and medium (18, 20). Small size one yard 35-inch. This pattern, easy to use, simple plete illustrated instructions. Send twenty-five cents (25c) in coins (stamps cannot be accepted) for this pattern. Print plainly size,

Send order to Box 1, 123 Eighteenth Street, New Toronto, Ont. ISSUE 49 - 1949

1. Cudge

I did what I could. Then got my

FIVE ROSES FLOUR

off, and 1 didn't have to look twice at the blood-stained patch of guaze on his chest to know what had happened.

This man are the blood of guaze on his chest to know what had happened.

This man are the blood of guaze on his chest to know what had happened. cowboy, you'd better shoot him right through the heart. Of course I'd known from the first that Bud had at least a fighting chance, and that's all a Cressfield needs. When I got back Bud was out of danger.

"He must be strong as a horse."
I told old Jeb. "He'll live. In a couple of months he can do his own shooting."

follow a familiar pattern. Bud's seven brothers, and old Jeb, would find out who'd shot Bud. Then, naturally, one of them would go pick him off. His male relatives would feel obliged to shoot a few Cressfields. Before the thing was settled five or six men could die. It was enough to make anybody mad, and sick too.

I took the bandage off and

looked at the bullet hole. It was harmless-looking, not half as big as the end of my finger. Well, the size of the hole makes no difference. I found it, and got up, mad.
"This," and I raised my voice so the people in the other room could hear, "is what you call mur-der!" certainly have more sense than to come back.

married twice. I didn't stay long

with either husband. Then I start-

There just couldn't be trouble in the Stannigy.

the Stannigy, I know how old Jeb Cressfield's insides must have

twisted when I said that. He loved

his sons, but when I told him

Bud was going to die he didn't even blink. His adam's apple

worked a couple of times, and that's

all except that his voice might have

been a little strained when he said.

"Is there anything at all you

"Nothing!"
"Uh. Of course you know the

"Yes!" and I was still shouting.

caliber bullet you took out of him?"

"Well, doc?"

"Look," I said, "I've been coming into this district and patching you damn cowmen up when you tried to kill each other off, for forty years! I'm damned good and sick of it!! One of two men shot Bud and I could give you their names. I know the guns you hotheads use! I'm not going to tell! I'm going to the police with this

that will make you fools think twice before you start any more of your

I looked up to see the seve

Cressfield boys, one behind the

other, staring at me with hungry

eyes. Old Jeb's adam's apple bob

"That's mighty strong talk, Doc

"Maybe you think you can do something about it!" I wouldn't have dared talk that way if every-

body in the Stannigy hadn't thought

"Maybe you'd like to try to stop

God and I were fairly close relative

bed a couple of more times

cursed shooting frays!"

can do for him, Doc?"

"Well, doc?"

search facilities at the new Hospital for Sick Children will help doctors and nurses to speed the effective treatment of injured children, like this boy-all adding up to "Operation Happy, Healthy Kids" for Ontario and Canada.

CHRONICLES OF GINGER FARM

Well, we have Book Week, Edu-cation Week, Health Week, Fire couple of months own shooting."

"No." Old Jeb's eyes were very thoughtful. "I don't reckon he will. Doc. Did you know young Tom Rainse has took and lit out? Did you know that no police came here?"

was id die. Anybody

off and olf and ol Prevention Week, and plenty more that I can't recall at the moment. sash so that makes eight. On the first floor there are sixteen windows, storm windows on eight, so that makes another twenty-four. Up-

ANNE HIRST Jour Family Counselor

going with lots of young men. My mother has * Yet you will keep on as you have started anew, secure in your determination to overcome the difficulties that obsess you.

* But you must first clear your conscience. Tell your fiance the determination to overcome the difficulties that obsess you.

* But you must first clear your when the rooms get nice and warm and comfortable, out they

I'm going to the police with this bullet and with what I know! The people are talking about my past the truth. He doesn't even know have ever been married! "I am going straight now, I'vejoined the church, and am organist there. I have a few piano pupils, and am also a beautician. This young man has joined the same church, and we are to be * relax. married there. He has never brok-

ed drinking and

warned me, but

"Man's inhumanity to man, etc." is heartbreaking, indeed. When a wayward girl turns to the right, people rise up on every

me going to the police."
Old Jeb said hoarsely. "Do what you can for Bud." CROSSWORD State (ab.) PUZZLE 1. Cake 3. Grow less see
4. Part of a poem 4. Pet lamb
9. Plant 5. Buette
2. Bpoch 6. Not any
3. Decorate 7. Woody plant
6. Color 8. Attack 4. Part of a poem
9. Plant
2. Epoch
13. Decorate
14. Color
15. Kind of sword
17. Property
19. Before
20. Looks
21. Slam
23. Parent
24. Private teacher
27. Decay
28. Raye
9. Not different
14. Abraham's
birthplace
24. Pastebound
25. Pastebound
26. Pastebound
26. Pastebound
27. Decay boxes
54. Like
55. Play the lead
37. Pactency
38. The sixi
39. Rabbits
61. Man's
7 nickname
42. Accomplishment 48. Cylindrical
51. Cyckoo
52. Style of type
54. At once
55. Vegetable
56. Violently
57. Optic 47 40 40

* and will power, they tear her * name to pieces, and throw hur-* dles in her path that can sap her * strength immeasurably.

* Yet you will keep on as you

* But you must first clear your * conscience. Tell your fiance the * truth. If he is as fine as you say, * he will understand, and respect * you for your honesty. * It is not likely that he can

myself just how wrong it was! "Now I have turned over a new leaf. And I've met a fine man who wants to * the woman who is to be his wife everything he can to help you * forget the past.
* For you, this is the only

To "L.J.": You have brought this situation on yourself. By debad habits. Please, please help me ceiving your parents and meeting this boy secretly, you have run a risk which no sensible girl would think of taking. If you value your own integrity, you will right-about-face, and today!

of 15 to meet him away from her you were honest and told him that your parents do not allow you to date anyone, he should have said, I understand, and I'll be around in a year or so, when you can introduce me to them." That he took advantage of your waywardness shows him up for what he is. You cannot grow up to be a girl whom nice boys want to know unless you make peace with yourself. You must scorn treachery of any kind, and keep yourself above suspicion. Unless you are honest with your father and mother, you can be trusted to go out with boys

And besides, what do you think boy really things of a girl who is a pick-up?
Your parents have been trying to protect you against just such troubles as you are in now. Trust them, and obey them. It is the only decent way. Do as they say from now on, and as you put aside your present low standards you

your present low standards, you will win their confidence. . . . Tell your troubles to Anne Hirst. No matter how they might shock others, she will understand, and help you turn to the right. Address her at Box 1, 123 Eighteenth St.

stairs five windows, storm windows on three, bringing the grand total to forty. That number should surely be enough to lighten our darkness—and it's no wonder my right arm ached. I'll bet you don't know, any more than I did, how many windows you have in your house. But if you have more than we have I'd advise you not to have a Window Week or you might have a Rest Week right after it.

Maybe I wouldn't have been so

IODE, WMS, CCF and so onbut after I have to do a lot of

guessing. Here are a couple of samples picked at random from

today's paper. NFPA and OPOS. All right, don't worry—I didn't know them either.

FOR QUICK RELIEF

BEYOND BELIEF...

COME OUT FROM UND

THE SHADOW OF PAIN

For relief from the pain of ARTHRITIS,

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\$2.39; the large economy-size bottle of

LEMITED, Toronto 10, Ont.

CAST RISING

DRY YEAST

Maybe I wouldn't have been so

were back on standard time-but ness. I don't like getting up in the middle of the night and getting breakfast before daylight. Daylight saving time certainly does nothing to save hydro in the country—rather the reverse, I would say.

Oh dear, my nerves! Partner just about made me jump out of my chair. He swatted a fly behind me without my knowing he was going to do it. Wouldn't you think a man would let you know each time he intended swatting a fly?

We don't need to ask now, "where to save hydro in the country-We don't need to ask now, do the flies go in winter?" We know. because quite a few of them stay

1½ teaspoons cinnamon; sprinkle over apples. Cover and let rise about ½ hour. Bake in moderate oven, 350°, about 1 hour. Serve hot, with butter.

Dry Yeast . Needs NO Refrigeration

Stays fresh and full-strength on your pantry shelf for weeks! Here's all you do:

of In a small amount (usually specified) of lukewarm water, dissolve thoroughly 1 teaspoon sugar for each envelope of yeast.

2 Sprinkle, with dry yeast. Let stand 10 minutes.

THEN stir well. (The water used with the yeast counts as part of the total liquid called for in your recipe.)

Order a month's supply!

DOLCIN

APPLE CAKE



One Year Old-England's favorite baby, Bonnie Prince Charlie, was one year old on Nov. 14th. He poses for a birthday portrait with his mother, Princess Elizabeth.

Hazza & dane Andrews.

Do you cook your Christmas turkey "by guess or by golly" or go about it in the approved scientific manner? Don't bother to answer! It's just my way of giving warning that

if you read any farther you're going to find full instructions as to how to prepare the noble bird and do it to a furn, also recipes for some of the other festive "fixin's." First of all her

ressed weight in pounds		Hours
	325 deg.	21/2-3
10-13	300 deg.	31/2-41/2
14-17	275 deg.	5-6
18-23	250-275-deg.	61/2-71/2
24-30	250 deg.	8-9

(Serves 8)

place until serving time.

Fluffy Whipped Potatoes

with boiling, salted water Cover and cook 25-45 minutes, or

Drain and shake gently over low

heat to dry and make mealy

Beat with electric mixer, or press

Add sufficient warm cream or hot

from cooked giblets)

Cook until desired thickness

Plum Pudding

1 cup soft bread crumbe

½ cup chopped walnuts ½ cup Five Roses flour

1 cup milk
Method: Mix together the bread
crumbs, suet, apple, brown sugar,

raisins, figs, dates, citron peel and walnuts. Sift together the flour, ein-namon, nutmeg, baking powder and salt. Combine the fruit and flour

mixtures. Add the beaten eggs and

milk. Pour into greased pudding bowls and steam 3 hours.

large enough to stop wife from going home to mother, small enough to stop mother from com-

2 eg 3 0

ing home to wife."

Add
Giblets, chopped
½ teaspoon salt
¼ teaspoon pepper.

Cover desired amount of potatoes

1 quart cranberries to

2 cups water

2 cups sugar



Run through sieve Bring to boil and cook 3 minutes Cool Rub inside of body cavity with few dashes of pepper, and

1/8 teaspoon salt per lb. bird Fill the body cavity with stuffing but do not pack. Tuck plenty in the neck to keep the breast Skewer neck to centre-back with skin drawn over' stuffing's

Tie cord around legs just above joints. This keeps skin from drawing. Truss
Place in pan breast down for first

Add sufficient warm cream of not top milk to moisten potatoes
Salt and pepper to taste
Whip until smooth, light and fluffy.
Top with melted butter. half of roasting time
Dip cheesecloth in melted fat and eloth moistened with drippings and melted butter. Don't add water. Don't cover pan. Turn bird breast up during last half

Turkey giblets 1/2 hour, or 1 cup water serving to absorb juices. Pour drippings from turkey roast ing into a bowl Return to roasting pan 1/4 cup drippings Blend in 1/4 cup flour 2 cups liquid or sour cream, and the stock

Bread Stuffing (Stuffs 14 to 16-pound bird) 1 pound pork sausage, browned in 3 tablespoons fat

1 cup soft bread crumbs
1 cup chopped suet
1 cup chopped apple
34 cup brown sugar
1 cup seedless raisins
1 cup chopped figs
1 cup chopped dates
34 cup sliced citron peel 1 2-3 cups chestnuts (or nut meats) 2 medium celery stalks, 1 small onion, chopped 1 loaf day-old bread broken into bits 12 olives, ground 2 teaspoons salt 1/8 teaspoon pepper 1/2 tsp. cinnamon
1/2 tsp. nutmeg
2 tspns. baking powder
1/4 tearpoon salt 6 sprigs parsley 11/2 cups milk to moisten

Celery Stuffing (Stuffs 14 to 16-pound bird) Melt in large skillet 1/2 cup shortening Simmer in fat 2 minutes 1 cup chopped parsley
11/4 cups chopped onion

2 quarts day-old bread, broken nto bits 2 teaspoon salt

1/2 teaspoon pepper
1 teaspoon celery seed
1/2 teaspoon savory seasoning
1/4 cup water

Stuff bird lightly; don't pack.

maids at her wedding?

A. No; it is much better if she calls personally upon each of her friends for this purpose. If this is

t would be awkward to shake dark wool clothing.

Q. When invited to a dinner party

Need a brightening touch for

Q. When invited to a dinner party in a restaurant or hotel, does one have the privilege of choosing one's

Modern Etiquette By Roberta Lee

Q. What should two persons do if introduced to each other for the second time?

A. If the occasion is a formal one, they should both acknowledge the introduction and not attempt any explanations that would be embarrassing to the person making the introduction. However, if the occasion is an informal one, it is all right to recall the previous meeting. Q. Is it necessary to send a gift when one is invited to a church

weddi 6, but not to the reception? A. In this case, it is not necessary. Inly an invitation to the reception would require a gift. Q. Should one who is in mourn-

ing send Hoiday greetings to in-timate friends? A. Yes, if one wishes to do so.

not possible, as in the case of out-of-town friends, then friendly notes applying cleaner to dishes, mirrors, and silver. And a powder puff dip-ped in cleaning fluid is just the Q. Is it necessary for a man to rise when being introduced to another man, and also to shake hands?

ped in cleaning fluid is just the thing for erasing spots on woolen garments. It works better for me than a sponge or a cloth. Also, give A. Yes to both questions, unless, of course, they are so far apart that

HELPFUL HINTS FOR .. BUSY WOMEN ..

pieces of lemon peel into the water when I am boiling the towels The lemon peel gives a wonderfully fresh, clean appearance to the

When washing delicate china and glass-ware, fold a thick Turkish towel and lay it in the bottom of

Before you begin to iron or press your own blouses and lingerie. However, it is not imperative, nor sprinkle a few drops of your favshould it be expected.

Q. Is it proper for a bride-to-be to call her friends by telephone to request that they serve as bridesmaids at her wedding?

**sprinkle a tew drops of your lavorite cologne on the ironing board. It will leave your clothes delightfully fragrant, and you'll enjoy it, too, as you iron.

Powder puffs offer no end or service at our house. I keep one handy in the kitchen near the can

in a restaurant or hotel, does one have the privilege of choosing one's own meal?

A. No; the host or hostess orders the meal in advance, and the guests eat what is placed before them.

and hang by drilling a small hole at the top or gluing an inconspic-uous cloth or cardboard loop on the underside.

a point where it is impractical and annoying to handle, drop it into a little cloth bag about 5 inches square. This will be ever so handy in doing the dishes or making suds

mixer cover and hang it from a small curtain hook, screwed into the base of your kitchen cabinet. This will keep it helpfully out of you way while your mixer's in use yet right at your finger tips

fresh cream if treated the following orated milk, whipped, place the car in a saucepan, cover with cold water, and bring just to a tumbling boil. When cold, it will whip just as easy as fresh cream. It is interesting to note that this suggestion was tested by Miss Farmer's famous School of Cookery in Boston, which reported that it not only worked beautifully, but increased the volume of the milk after it was whipped.

Cynicism: It should be easy to make an honest living—there isn't

SAFE FOR BABY

Milk."

The rival company not to be outdone, came out with placards, twice as large, reading:

"You don't have to be a deredevil to drink our milk."



Great Profiles-Heir to one of the great names, and profiles, John makes his screen debut in a film soon to be released. At left is the world-famed profile

The Canadian Family owes much to ... France





racy, to the blending of racial and cultural heritages from many lands. It is a matter of pride to all

Canadians that so many races, without sacrificing their national the Canadian Family.

the 16th Century, Canadians of of their fellow citizens.

CANADA, land of opportunity, owes French descent have played a much of its strength and vitality, leading role in moulding Canada's and the rich quality of its democ- destiny. Today, French Canadians are our largest racial group representing almost one third of Canada's population.

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