

More flavour? That's because
it's better tea
**"SALADA"
TEA**

ANNE HIRST
Your Family Counselor

"DEAR ANNE HIRST: Perhaps my problem is an old one, but it is heart-breakingly tragic just the same. My husband drinks, and when he does he is brutal to me, even striking me before the children and using unprintable language. I have tried to be patient, hoping he would some day realize how this is affecting the girls. When he comes home drunk, the oldest one cries, and begs me to leave him... I have petted him, and humored him—when I felt like having him jailed. (He scoffs at Alcoholics Anonymous.) He has never taken the children anywhere, even to school functions... I have tried to bring them up properly, but how can I, when he gives me like this? We've been married 14 years, and I love him dearly, and want to stay together, especially because of our family. When he is sober, he says he loves me too. GO HOME?"

"I would be welcome back home with the children to live with my parents, but I'm not sure enough. He doesn't think I ever would leave him."

"I don't feel I can overlook all this any longer. I'm at the end of my patience. Help me!"

"DESPERATE"
• No matter how you love your husband, how low you are to leave him, the welfare of the children should be your first consideration. Living day after day in anxiety and fear, these girls are under a nervous strain that must inevitably affect their healthy development, as it must also affect them a distorted picture of marriage. As their mother—really their only responsible parent—you cannot allow them to continue to witness the recurring brutal scenes which their father causes.

• Tell your husband that the

Q. Is it now considered proper for one to light one's own cigarette before that of a companion, so as to avoid the taste of sulphur in that person's cigarette?
A. No, this taste is in evidence only during the first flaring of the match. Light your match, and if you wish, wait just a second before applying it to your friend's cigarette—then light your own.

Q. If a woman is wearing a corsage pinned on her coat when entering a restaurant, what does she do with it?
A. She takes it off and pins it on her dress where it will show off to much better advantage.

Q. Is it proper for bridesmaids, at a church wedding where about 100 guests are expected?
A. This is not only proper, but necessary.

Q. How does a young married woman introduce her mother to another person?
A. She must be sure to give her mother's name, saying, "This is my mother, Mrs. Jones," so that the other person will know what to call her in speaking to her.

Q. What refreshments should be served at a reception that follows the christening of a child?
A. The menu is the usual one for an afternoon informal tea, with refreshments served in buffet style.

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Shirley's Coat
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SIZES
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Anne Adams

Tops in style! Tops everything! Cut a coat becoming to you and all your clothes. Swagger air, rounded front edge—its that flare-back topper you must have! Pattern 4945 comes in sizes 12, 14, 16, 18, 20. Size 16 requires 1 3/4 yards 54-inch fabric.

This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send TWENTY-FIVE CENTS (25c) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to Anne Adams, Box 1, 123 Eighteenth St., New Toronto, Ontario.



Berlin Brightens Up A Bit—The Berlin man-in-the-street, long accustomed to Russians and rations, got an unexpected treat when a fashion store in the British sector hired live models to advertise its new stock of nylon hosiery.

THE SUNDAY SCHOOL LESSON
By The Rev. R. Barclay Warren

THE FIGHT FOR CHRISTIAN FREEDOM
Acts 15: 1-4, 22-29; Gal. 2: 14
Golden Text: Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage—Gal. 5: 1.

What we learn in childhood, sticks. The customs of childhood tend to gather a halo about them, which in later life we come to revere. So with many of the Jews who became Christians, it was difficult to turn aside from the ceremonial laws of Moses. Paul was a notable exception. He saw with perfect clearness the relation of the law to the gospel of Christ. To the Galatians who were beginning to trust in their works to save them, he wrote, "Before faith came, we were kept under the law, shut up unto the faith which should afterwards be revealed. Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith. But after that faith is come, we are no longer under the law, which should afterwards be revealed. Wherefore the law was our schoolmaster to bring us unto Christ, that we might be justified by faith." Gal. 3: 23-25.

Once Sadhu Singh entered into conversation with a Hindu "holy man" lying on a bed of sickness. For eighteen months the Hindu had been torturing his body that he might crush the desires of self. He admitted, "I have not yet gained my object, nor is it possible to do so in so short a time. Many years, and indeed many births, will be necessary to accomplish it." Sadhu Singh reasoned with him and testified as to how he had found deliverance and peace in an instant, but the other man replied, "I can never admit that salvation can be obtained as a gift, and in one short life."

We can do nothing to merit salvation. Joining the church, paying money, trying to live a moral life; none of these will bring God's peace to the soul. We are saved by faith and faith alone. It is not what we do, but faith in what Jesus has done.

"Jesus paid it all. All to Him I owe—" Sin has left a crimson stain. He washed it white as snow."

Modern Etiquette
By Roberta Lee

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Dr. Chase's KIDNEY-LIVER PILLS

Many women are subject to weak, aching back, often the kidneys, being the liver, securing a powerful purifier from the blood stream. So if you feel tired, your head aches, with the nagging pain of a kidney, have been retching on Dr. Chase's Kidney-Liver Pills for one-half century.

Give your system a chance to work properly. Try Dr. Chase's Kidney-Liver Pills today. The name "Dr. Chase" is your assurance.

Dr. Chase's KIDNEY-LIVER PILLS

with his work for the day and tends going out; or when pleasure takes him to the city, as Lotta Dempsey says—"You can't tell an editor from a farmer—the editor also having shed his workday clothes, and given his distinguished figure a bit of extra scrubbing."

We need to be careful in our use of the word "typical." I remember once on a Sunday evening a week or so ago we chanced to hear what struck us as one of the finest pieces of unconscious humor we have run across in some time.

It was one of these big network orchestra programs and the leader in a solemn voice, was introducing a number. We didn't happen to know the name of the number, but we cannot write shorthand, but they went something like this: "Tomorrow marks the 40th anniversary of the founding of the Boy Scout Movement in America. I personally used to be a Boy Scout, and I have three sons who are going to be Scouts when they get big enough. So now I would like to dedicate our next number to that great and worthy organization."

Aching Back?

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Dr. Chase's KIDNEY-LIVER PILLS

Baking's Easier, Speedier
with Wonderful New Fast Rising Dry Yeast!

CINNAMON BUNS
Measure into large bowl, 1 c lukewarm water, 2 tsp. granulated sugar, stir until sugar is dissolved. Sprinkle with 2 envelopes Fleischmann's Royal Fast Rising Dry Yeast. Let stand 10 min. THEN stir well. Scald 1 c milk and stir in 1/2 c granulated sugar, 1/2 tsp. salt, 1/4 c shortening, cool to lukewarm. Add to yeast mixture and stir in 2 well-beaten eggs. Stir in 1 c one-stirred bread flour, beat until smooth. Work in 1 c more one-stirred bread flour. Knead until smooth and elastic; place in greased bowl; brush top with melted butter or shortening. Cover and set in warm place, free from draft. Let rise until doubled in bulk. While dough is rising, combine 1/2 c brown sugar (lightly pressed down), 3 tsp. ground cinnamon, 1 c washed and dried seedless raisins. Punch dough down and divide into 12 equal portions; form into smooth balls. Roll each piece into an oblong 1/2" thick and 10" long; loosen dough. Brush with melted butter or margarine. Sprinkle with raisin mixture. Beginning at a long edge, roll up each piece loosely, like a jelly roll. Cut into 1" slices. Place just touching each other on a well-greased pan. Bake in moderate oven, 350°-375° minutes. Serve hot, or reheated.

• No more taking chances with perishable yeast cakes that have lost their leavening power! New Fleischmann's Fast Dry Yeast keeps full strength and active right till the moment you use it. Needs NO refrigeration—keeps safely in your cupboard. Try its marvelous results in your next baking.

Order a month's supply!

SPORTS
By A. SIDNEY CRITCH

This item has nothing to do with sport, but we think it is worth noting in print, for all that. For some time a Sunday evening a week or so ago we chanced to hear what struck us as one of the finest pieces of unconscious humor we have run across in some time.

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Came a brief pause, during which I wondered just what fine, stirring outdoor or patriotic piece we were about to hear. Then the orchestra blasted into—of all things—"The Lullaby of Broadway."

That leader—wasn't it known to watch his name—certainly happens to pick the appropriate one. He had to play a piece in honor of Joe Stalin's birthday, chances are he'd select "Peace, Perfect Peace" or some such.

To the surprise of almost nobody, the sports writers and sports-crazy have acclaimed John Harrison "Babe" Ruth as, respectively, the greatest fighter and the greatest heavyweight to appear up to now, in the Twentieth Century.

Just a column or two ago we took a shallow dive into this "greatest fighter" business, coming up with the strictly personal opinion that Mr. Dempsey ranked no better than third behind Jack Johnson and Joe Louis. However, as the Roman used to say, "In gladiatorial combat non est disputandum" which may be roughly translated as "when arguing over box-fighters it's every man for himself."

The Manitoba Mailer had more color—the skin pigmentation, hair—than the other two put together, and his box-office color which makes the thermistals get red-hot bearings. Even at his worst Jack Dempsey was a more memorable figure than either Johnson or Louis at their best, which probably had more to do with how the voting went.

The baseball balloting turned out to be strictly a two-horse race—and not much more of a race than the one when Man O'War ran away and hid on a Sir Barton; and the fact that Sir Barton was never much of a horse, and should never have been allowed to go to the post, that long ago day at Kenilworth, has nothing to do with the case.

It was bound to be either Babe Ruth or Ty Cobb, and when the returns were all in and counted, it was discovered that these two had drawn all but 24 of the 393 votes cast. Final results showed the Bambino with 253 votes—more than double the number marked for the Georgia Peach, who had a total of 116.

Low Gehrig finished third, attracting a grand total of eight votes. Walter Johnson, "The Big Train," and the only major league pitcher except Ty Young ever to hurl over 400 victories—finished in the fifth slot with seven votes. Five experts voted for Joe DiMaggio; two for Hans Wagner; and two for Christy "Big Six" Mathewson. No other player got even a cast.

TABLE TALKS
by Elaine Andrews

Maybe the groundhog saw his shadow, and maybe not. In our part of the Province the sky was overcast most of the day, and if the little weather prophet ventured out of his hole he wouldn't be scared back again for the proverbial forty days, or whatever it's supposed to be.

Still, judging of the future by the past, chances are we'll have quite a few chilly days and nights before Spring is actually here; and some of the recipes I have for you today are especially good in cold weather. For example, this one for making:

CORNBREAD
1/2 cup flour
1 cup yellow cornmeal
1/4 teaspoon salt
1/2 teaspoon baking powder
1/2 teaspoon soda
1 tablespoon sugar
3/4 cup sour milk
1 egg
2 tablespoons bacon fat

Method—Mix the fat in a baking pan. Sift the dry ingredients. Add the beaten egg and fat to the milk. Combine the two mixtures. Bake in a 400-degree oven for 25 minutes.

Instead of sour milk, sweet milk with a teaspoon of vinegar added may be used.

Careful attention to your seasonings makes all the difference in creating a meat pie that's just as good—and one that brings loud cries for an encore. The following recipe

Possibly the funniest thing about the whole business is the Hans Wagner vote. We've heard dozens of arguments among old-time baseball men who saw the immortal Dutchman at his best, and the general consensus always seemed to be that if Ty Cobb wasn't the greatest of all time, the low-legged Pittsburgh shortstop undoubtedly was. Yet Wagner draws the imposing total of two whole votes. "Out of sight, out of mind" might be the solution, for it couldn't be that sports experts, just like ordinary mortals, are pretty much like a flock of sheep in their reactions.

However, nobody's going to put up much of a squawk over the vote for Ruth. Like Dempsey, The Babe had scads of color. His personal popularity had a lot to do with saving the game when he was in a very bad way following the Black Sox scandal. He was one of the two or three best left-handers that ever toed the rubber—how good he might have been if he'd stuck to pitching nobody will ever know. He took a cut at the horseshoe that was positively thrilling even when he struck out. And—best of all from the standpoint of some-—he never was the sort pointed out as an example of what pure living and strictly moral conduct could accomplish.

Whether or not we personally agree with the ranking that put Ruth first and Ty Cobb second is a matter of little or no importance. However, since nobody asked us, we'll tell you. Let's put it this way: Should we be offered the pick of the bin, and were a clubowner chiefly interested in big gates and bigger profits, we'd choose Babe Ruth without the slightest hesitation.

But if we were a club manager, whose salary, job and future prospects depended on winning a pennant, we'd grab Ty Cobb first. Hans Wagner second—and after we had them safely roped and tied, then maybe we'd start considering a gent called Ruth.

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BEYOND BELIEF...**

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DOLCIN TABLETS

MEAT VEGETABLE PIE
2 cups diced (not chopped) leftover roast beef, lamb, pork or chicken
1 cup leftover gravy, thinned with 1 cup water or
1 cup canned consommé diluted with 1 cup water and thickened or
2 cups stock thickened to make gravy
Salt and Pepper
1 cup cooked, leftover vegetables or
1 cup celery, carrots and onions, diced and parboiled
1 cup diced, boiled potatoes (optional)
BISCUIT TOPPING
2 cups flour
4 teaspoons baking powder
3/4 teaspoon salt
3 tablespoons shortening
1 cup milk
1/2 teaspoon Worcestershire sauce

Method—Butter baking dish, and arrange meat and vegetables in it. Cover with gravy. Top with dropped (not rolled) baking powder biscuits made as follows: mix shortening lightly with salted flour, add liquid slowly, stirring to make soft dough. Drop biscuits on top of meat and vegetables. Bake 30 minutes at 375 degrees F., longer at slightly higher heat if a very brown dish is desired.

Although this recipe comes originally from the deep South, it's a favorite supper dish with lots of Northerners too. It's fast.

CREOLE RICE CAKES
4 slices bacon, chopped
2 tablespoons chopped onion
3 tablespoons green pepper, chopped
1 teaspoon salt
3/4 teaspoon pepper
3 cups rice, cooked
1 cup flour
1 teaspoon baking powder
1 can tomato pulp

Method—Fry bacon crisp, leaving fat in frying pan. Combine bacon with onion, green pepper, and rest of ingredients. Mix thoroughly. Shape into cakes and fry these in bacon fat.

It's so different today

CHILDREN should be seen but not heard" — Easy to get—easy to serve—easy to digest—**POST'S GRAPE-NUTS FLAKES** are wholesome and good for all the family. They supply nourishment both young and old need daily... useful quantities of carbohydrates, protein, minerals and other food essentials. Ask your grocer for **POST'S GRAPE-NUTS FLAKES** today.

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Rich in natural resources, Canada has enriched herself culturally by interweaving the national characteristics of these many races, whose common bond is citizenship in the Canadian Family.

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Greek literature, architecture and philosophy have contributed much to Canada's culture and the thrift and progressiveness of her people have won the respect of all Canadians.

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Calvert, Secretary of State to King James I, and head of the famous Calvert family, founded one of Canada's first colonies in Newfoundland in 1622. Calvert and his descendants fostered the principles of religious tolerance and democratic freedom and thus helped sow the fertile seed of democracy in the New World.