Afternoon Teas make friendly entertainment

ANNE HIRST - your Family Counselor -

to these husbands, Anne Hirst, who eomplain about their wives," writes a distracted

his mother-babying him, serving no comment unless to complain. "She must always have his gan never find unless by chance he looks where they belong.

Magic crochet des gn shows how

to make large or small, scarf,

bunch-mats, buffet-set! Just won-

crocheted scarfs done in

derful for complete matched set!

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PUZZLE

CROSSWORD B. Footless

* tues which make a marriage fine, perhaps the most essential virtue "She must keep herself, and the is kindness.

It is not kind for a husband to house and children clean and attractive, for he expects everything expect his wife to pamper him-it to be just as his mother had it. would be more natural for him to But he does nothing to help make a home a home "WE'RE NOT SLAVES"

* pamper her;
* It is not kind for him to sit down to a wonderful dinner which she has spent an hour in preparing, and never say one word of praise. He may not find it always to his liking, but at east he should reward the fact that she tried: It is not kind to expect his wife to take care of his clothes—why shouldn't he do that himself?

bermaids, nor slaves, We are

human, and have hearts and backs

"We married to make a home and

raise children, not just to pampe

a man. Too many husbands take us

for granted, yet complain when we

get discouraged. It isn't fair to ex-

pect a woman to do all the house-hold work, all the outside cleaning.

all the crild-raising and never get a helping hand during her preg-

nancy, nor a few kind words to en-

courage her after the baby comes,

with all the added hard work

"Now I'll ask you to advise me

Counting the innumerable vir-

DISTRACTED.

personally, for added to all these

faults, my husband has others more

that break and ache.

baby means.

serious.

It is not kind to expect his wife " to be the perfect housekeeper his mother was. Too few girls these days are trained to be that because so many of them have had to get out and help support their It is not kind to burden a wife with all the household chores

and other work necessary to keep the house clean and shining. It is not kind to neglect his duties as a father, and turn over all the training and care of the children to I do not believe that men are deliberately unkind. Most of them are only thoughtless. I would only realize that a loving

wife will work herself into a sickbed, and cheerfully-it she sees that gleam of appreciation, hears those words of praise that repay her for all her efforts! A husband can be hard to get along with, he can spend his money recklessly, he can even be unfaithful-but * if he is kind and thoughtful to his wife, sometimes she can overlook

the sad world needs." How much lovelier marriage would be if hus-bands and wives lived this truth! Eighteenth St., New Toronto, Ont.

Glorious Beer

Send TWENTY-FIVE CENTS | beer barrel into the backyard had planted some seedlings. At her home at Portland Street, Walworth, she has been borrowing a ladder to pick the magnificent blooms of a 3-ft. dahlia that grew from the box.

Champ "Purrsian"-Screen star Yvonne De Carlo holds the Blue

Persian, "Champion Masternece," who is getting set to defend his title in the Hollywood cat show. With Yvonne on his side, the champ looks plenty confident.

TABLE TALKS

nothing at all fancy about the recipes I'm passing along to you today, but I think you'll find them thoroughly satisfactory. Hope so, lightly browned.

anyway. Port Tenderloin With Stuffing 1 Pork tenderloin 1 egg, well beaten 3 tablespoons drippings 11/2 cups bread crumbs 1/2 teaspoon salt 1 teaspoon sage Penper if desired 11/2 teaspoons minced onion Water or meat stock (milk may

be used)

Sprinkle half topping over batte

Add remaining batter; the

ing topping

Bake at 375° (moderate)

Prune Bread

Makes 4x9-inch loa

sugar, 1 teaspoon salt

Add 1 cup diced, cooked prunes

Combine 1 egg, well beaten, 1 cup

prune juice, 1/4 cup milk

Sift 2 cups whole wheat flour, 1 cup

white flour, 1 teaspoon soda, 1

teaspoon baking powder, 1/2 cup

the pork tenderloin nearly through to bread crumbs. Combine the re-

for about one hour. Cinnamon Coffeecake Makes an 8-inch-square cake Cream 1/4 cup shortening, 3/4 cup sugar Add 1 egg, unbeaten Sift 2 cups sifted flour, 3 teaspoons baking powder, 1/2 teaspoon salt Add flour alternately to fat with 3/4 cup milk Spread 1/2 batter in greased pan Combine 1/4 cup augar, 3 teaspoons 2 tablespoons melted butter

"Just the art of being kind is all . . Anne Hirst will help you see it, if you write her at Box 1, 123

Someone emptied dregs from a

35. Domestic fowle

41. Indite
42. Harbor
45. The sweet sop
46. Ruminant

17 18

23 24 25 26

36 37 36

27 28 29 30 31 32 33 34

19 40 41 42

*** | ** | ** | ** | **

20

Add alternately to dry ingredients with 3 tablespoons melted fat Pour into greased 4x9-inch loaf pan Cranberry-Nut Bread Makes 51/2x101/2-inch loaf Grind 1 cup fresh cranberries Add 1/4 cup sugar Sift 1 cup sugar, 3 cups sifted flour, 4 teaspoons baking powder, 1 teaspoon salt Add 3 tablespoons grated orange rind, ½ cup chopped walnuts

Blend in 1 cup milk, 2 tablespoons melted butter, 1 egg, slightly Fold in sweetened cranberries Pour into greased 51/2x101/2-ingh Bake at 350° (moderate) for one hour. Lemon Rice Pudding 1/2 cup uncooked rice 3 cups milk

cup sugar Grated rind of one lemon 11/2 tablespoons lemon juice 1/2 teaspoon salt 2 eggs, separated 4 tablespoons sagar 4 teaspoon lemon extract Method: Cook the rice and milk a double boiler until the rice is soft. Add sugar, lemon rind, lemon juice, salt and beaten egg yolks.

Continue cooking over hot water until mixture this tena, attering

After the holiday festivities and | constantly. Pour into buttered bakall the rich foods that go with ing dish. Beat egg white stiff, and them, it's a grand feeling to get back to plain, hearty fare. There's sugar. Add lemon extract and beat until mixture is soit and glossy. Pile on top of pudding and put into lightly browned.

> Cottage Pudding 1/4 cup shortening 2/3 cup sugar 1 egg 1 crp milk 2 cups flour 21/2 level teaspoons baking powder % teaspoon salt 1 teaspoon vanilla

Method: Cream the shortening Add the sugar, vanilla and beaten Method: Have the butcher split egg. and beat well. Stir in part o milk, alternating with the flour, sal lengthwise. Add melted drippings and baking powder, which have been sifted together, until all is used. Bake in loaf pan in a modmaining ingredients. Add enough moisture to hold crumbs together. erate oven. Serve with warm fruit Spread the stuffing between layers sauce or a plain sauce. Frozen fruits of the tenderloin. Either sew or skewer edges together. Season with a short cake. salt and pepper. Place in an open pan and roast in a 275° to 300° oven

Frosted Molasses Cookies 2 cups molasses l cup sugar l cup laid 1 cup hot water 1 tea poon soda Flour enough to roll nicely Frosting-

roll Bake at 350°. Frost when cool

with the frosting which has been

combined in upper top of double boiler, and beaten for seven minutes,

tinued Palmerston to the astonishment and cheers of the Torics, "tell you," Palmerston concluded. Both parties laughed.

Mr. Churchill has effectively 3/4 cup sugar used this trick many times. On one occasion, he began, "I hesitate to cast pearls before—" and paused. 3/4 teaspoon baking powder 1 egg white Anticipating the end of the quotation, Labour members started a terrific uproar. Mr. Churchill waited Method: Cream sugar and lard together, then add the egg yolks, terrific uproar. Mr. Churchill waited then the molasses combined with patiently, until it had subsided enough for his voice to be heard, little of the hot water first, then and then continued. "As I was say ing. I hesitate to cast pearls (pause) before those who can't apadd. Sift in flour, just enough so the mixture will hold shape and

preciate them!"

Members laughed long and It was a Cabinet minister who



Dolly Goes To Church-After a little girl came to the vicar of St. Botolph's Church, Northfleet, England, and asked him to have her doll "christened," he thought it would be a good idea to hold a service especially for children and their dolls. Here is the first "Doll Sunday," with the dolls sitting sedately in the pews se their young mistresses pray.

COME CUT FROM SHADOW OF PAIN

TAYLINDAY SCHOOL LESSON

By The Rev. R. Barclay Warren

THE CHURCH EMPOWERED

Acts 2:1-4, 14-17, 37-41

baptized every one of you in the name of Jesus Christ for the re-

mission of sins, and ye shall receive

the gift of the Holy Ghost"-Acts

Today's lesson gives us the key

to the success of the early Chunch, Here was a group of the world's nobodys. Socially, financially and educationally, they were frightfully insignificant. Among themselves there was self-seeking (Matt. 20.21) sectations (Mark 9.38).

20:21), sectarianism (Mark 9:38), and cruel vindictiveness (Luke 9:54). But something happened to

this 120 on the day of Pentecost

that completely changed the pic-ture. Their hearts were purified

(Acts 15:9). James, whose mother had sought for him a high place, was fitted to soon secure a martyr's crown. John, who would have

burned up the inhospitable Samar-itans, saw that his Christ was for

all men. He expressed this convic-tion in the best-known verse of the

These men were dynamic. Not only were their own natures pur-

fied: they had a new passion to tell

the whole world about their Sav-iour. The Holy Spirit, symbolized

by the tongue of fire, possessed

speaks to the multitude boldly and fearlessly. Christianity is on the

march. All are called to repentance and baptism in the name of Him

Whom they had crucified. They, too, may receive the gift of the Holy Ghost.

It is comforting to know that the

promise is to us and to our children.

We may not bear the sound as of

wind, nor see the tongue as of fire,

nor even speak in a language we have not learned, but the Holy

Spirit in His purifying and ener-

believing children. If we, the Church, would regain our power,

let us lay claim to the promise. The

need of the world about us makes

Famous Pauses

One of the cleverest men on

platform who knew the devastating effect of a correctly timed pause

was Lord Palmerston. Once at

Taunton, he was interrupted by a listener who asked him if he would

give a plain answer to a plain ques-tion. Blandly, Lord Palmerston said

"Will you, or will you not sup-

port this measure (a Liberal one)?"

"I will," replied Palmerston and all the Liberals cheered, "not," con-

gizing presence is a gift which the Father delights to bestow upon His

Bible (john 3:16).



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PARELIS TO 1949, DOLCEN to the requisitred trust was nothing but an idiot. Quickly the minister replied, "Then I'm

him more votes than any amount of argument. Orators have always to be on the alert. A laugh in the wrong place may easily kill a point. For them. Miraculously, they addressed the visitors from many lands in their own language. Peter, who had denied his Lord at the accusing funger of a maiden during the trial, instance, when Lord Strabolgi was passionately denouncing capital punishment, he asked:

That retort probably brought

"Would any of you listening to me now act as a hangman?" "Depends who was the victim." came the reply from the back, and the listeners yelled. Sometimes even the most experi-

enced orator pauses in the wrong place. Sir William Jowitt once began a speech with the words, "We are fully alive—" and paused. He got no further. The House hooted with laughter. Then there was the historic occasion when the late Lord Baldwin

started a speech by saying, "I am partly conscious-" and a delighted roar from the Opposition drowned the rest of the sentence. The use of the wrong word in the wrong place is another source

found when he apologized for "hav ing hurled epitaplis across the



And the RELIEF IS LASTING For remarkably fast relief from headache get INSTANTINE. For real relief get Instantine. For prolonged relief get Instantine!

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prescription of three proven medical ingredients. A single tablet usually brings fast relief. Instantine 12-Tablet Tin 25¢ senamical 48-Tablet Bettle 484

Unside down to no ent nesting

ISSUE 1 - 1958

Edison Had A Practical Mind

Genius is the ability to do hardest things the easiest way. One day, when Edison was working on a practical lamp for his newly disthe great savant sat down to work.

A week later Edison asked him how

he was getting along.
"Very nicely, Mr. Eldson, but I am not finished yet." Edison looked at the formidable array of charts and figures submitted by the mathematician. "How much longer will it take you to solve the problem?"

"Oh, another week, I expect."
"Let me show you how to do it in He filled the bulb with water. "Now measure the water, and

you've got the answer." . . battery, he made ten thousand unsuccessful tests on various chemical ombinations. "Isn't it a shame and tired, wearily seats himself along the curbing to eat his dish of food, probably the first he received that day, supplied by the United Nations International Children's Emergency Fund (UNICEF). Canada and a score of other United Nations remendons labor you haven't beer able to get any results?"
"Why, man," said Edison, "I've got lots of results. I've discovered everal thousand things that won't

Pretty Tough Going, Eh, Kid?-A Chinese boy, hungry,

member-countries are helping to feed the sick and hungry children now living in former theatres of war. The postal address "UNICEF, OTTAWA" is accepting funds from Canadians to buy Canadian food for six million hungry children.

A Happy New Year to you all! | between now and then, we shall

A new day, a new week, a new month—and a New Year . . . what

Young mothers have a much better

chance to raise strong, healthy

youngsters then their city counter-

parts. Oh yes, the farmer and his family certainly go places and see things these days! Maybe they "go" too often and see too much—

but that is another story.

There is another change that is

all to the good. The farmer, now-

adays, keeps nimself pretty well in-

formed in regard to government ex-

penditures-particularly in munici-

thrown a monkey wrench into the

proposed lavish spending of their township council. Generally speak-ing, the farmer would lose a day's work rather than miss the chance

to vote for the men of his choice in a municipal election. Now he has, also reached the point where he is just as quick to call those same men to account if they fail to

Wes, our men of the soil are making their voice heard in the land—through Farm Forums, public meetings, letters to the press and

an intelligent exchange of opinion with their fellowmen. Certainly, they are not sufficiently powerful

to prevent a depression if one is on is way, but they have become suf-ficiently progressive — and aggres-sive — so that they will not be left holding the bag entirely alone. If

they hold one end, they'll want

someone else holding the other-and they won't expect to hold on

indefinitely. If things get tough, farmers will be asking a lot of ques-

tions—questions to which they will surely want the answers.

So, I think, with our families and

friends, we can safely allow our-

selves plenty of enjoyment over the holiday season. After all, it will be

another 12 months before this festive season rollis around again and have plenty of time for serious

are not in Russia, Communist

In Red Jam-The State Depart-

ment angrily denounced Com-munist-dominated Bulgaria for

accusing U.S. Minister Donald

R. Heath, above, of 'conspiring'

against the government. De-

claring the charges 'patent falsehoods,' the U.S. warned

pal affairs. There have been several Listances just recently where armers have gotten together and thrown a mean a lot.

Here's Some Real "Bedtime Stuff"

or sleeping, but few people would choose to sleep sitting upright in a chair as 51-year-old Buddhist missionary, the Venerable Lokanatha, does. He recently came on a three-month visit to Britain from Amer-

ica, where he has been living since he was four. He was born nea Why does he sleep upright? He says it is to strengthen himself against too much dependence on

bodhy confort. On his voyage here in the Queen Mary, his nights were spent in a chair in the cinema or the lounge. He hasn't slept in Scientists who have studied huwill it bring? So much to think
shout, isn't there?

Of course, there is plenty to talk
shout . . I could write about the
sudden drop in egg prices, or the
gloom-spreading news that another
depression is in the offing; or the
increase in hards rates ditto ear. man sleeping habits would probably method on the grounds that it

which so many people waste by continually turning over during the depression is in the offing; or the increase in hydro rates, ditto ear insurance premiume—but I am not going to write about any of these things, except to mention them in

things, except to mention them in passing so that you will know I at least know what is going on in the world. But this much I will say—if and when hard times hit us, I don't think you will see the farmer being pushed around as he was in the depression days of the '30's. He has come a long way since then. His standard of living has been raised considerably. He has his radio to keep him informed on world affairs when he is too busy or too tired to read. He has his car to take him around the country, and as a result, many farmers are as much at home in the city as they are on their own property. His sons and daughters also get around and have just as good a time as their town and city cousins. His wife often

just as good a time as their town and city cousins. His wife often has a better home and more conhas a better home and more conhas a better home and more conhas better home and more conhas a better home and more conhas better home and more conhas a better home and has a better home and has a better home a Young mothers have a much better them generously with omelettes. To other cosmic forces undoubtedly city folk, it is food fit for the gods.

That is, if you can make a good bodies and minds. A great number That is, if you can make a good omelette and serve it straight from the stove to the table—with a thick sprinkling of cheese, chopped ham harm become Yum . . . yum!

become Yum . . . yum!

bounces have effects on human beings, and if you believe that by sleeping with your head to the north insomnia can be cured; you have about a state through That's all friends . I still have a few things to do. Happy New Year, everybody! And don't forget, it can be a happy year if we help auto-suggestion which will encour age better sleep." So, before turning in tonight, just have a look at the direction in which your bed hes!

One Too Many

Policeman in a Johannesburg court said he saw man (charged with being drunk) "stagger in front of a car and noticed that both his eyes were bloodshot." "Both eyes?" asked the accused man. "Both," said the policeman.

The accused man removed a glass eye and showed it to the Bench. "Case dismissed," said the judge.

Old proverb re-written; Nothing recedes like success.

Modern Etiquette By Roberts Lee

O. How should a woman be gov erned about rising from a chair to show respect to an older woman? a practical lamp for his newly discovered electric light, he found it necessary to get the cubical content of an irregular glass bulb. Too busy himselt to attend to the job, he called in his most brilliant mathe matrician to help him. Arming himself with many sheets of foolscap, the great savant sat down to work.

> Q. Do you consider it necessary to have the approved "salad forks," or do the medium-sized regular forks serve the same purpose? A. One may provide any shape or size of fork she wishes. The medium-sized fork is in very good taste.

Q. Should a woman wear gloves to a formal dinner? A. Yes; she should take them off at the table and place them across

Edison possessed not only a knack for hitting upon the obvious, but an infinite capacity for taking pains.

In his effort to perfect the storage

Q. When you are in a group of people and someone makes a derogatory remark about a certain religion, and you know that one or groom has his own best man.

more of the group is of that faith, what should you do?

A. Turn the conversation quickly to some other subject — and it

doesn't matter if you do this very bluntly. The person who makes such a remark is exceedingly ill-bred. Q. When a woman is marrying for the second time, should she in-vite the family of her first husband? A. That depends entirely upon the

harmony that exists between her and her first husband's people. I: perfect harmony exists, yes. Q. When you have given some-one a gift, and he expresses delight over it, is it all right to say, "I am glad that you like it?" A. This is a very appropri

expression. Q. Is it proper for a man to cross in front of a woman, when walking? A. No; the woman should have the right of way whenever possible, and the man should cross behind her

instead of in front of her. Q. At a double wedding, should each bride have her own maid-of-

Yes; although they may have the

Q. Is it all right, when dining tione in a public place, to read a

Q. If the men in a wedding party are to wear formal morning attire, is it necessary that they wear

A. Only if the weeding is very hand glove in the left hand, not wearing this glove at all. And the, the reception.

WAKE UP YOUR LIVER BILE-

Without Calemel—And You'll Jump Out of Bed in the Morning Rarin' to Go The liver should pour out about 2 pints of bile juice into your digestive tract every day. If this bile is not flowing freely, your food may not digest. It may just decay in the digestive tract. Then gas bloats up your stomach. You



THE ROYAL BANK OF CANADA

General Statement

80th November, 1949

ASSETS

Notes of and deposits with Bank of Canada \$ 106,494,747,76 Other cash and bank balances 198,198,042.87 Government and other public securities, not exceeding Other bonds and stocks, not exceeding market value 116,817,041.92 Call and short loans, fully secured 69,057,880.06 Total quick assets \$1,677,489,485.27 Other loans and discounts, after full provision for 18,601,961.99 Liabilities of customers under acceptances and letters \$1,790.695.28 7,934,275.82 82,834,985,354.14

LIABILITIES

\$ - 8 703,729 56 Deposits 2,192,140,578.62 Acceptances and letters of credit outstanding . . . \$1,790,695.28 Total liabilities to the public . . . \$2,251,193,115.66 \$2,334,985,354.14

PROFIT AND LOSS ACCOUNT

\$ 5,827,521.87 Dividends at the rate of \$1.00 per share 3,500,000.00 Balance of Profit and Loss Account, 30th November 1948 1,532,792.06 Balance of Profit and Loss Account, 30th November, 1949 . . . \$ 3,860,313.93

> T. H. ATKINSON. TAMES MUIR. General Manager

