



**ANNE HIRST**  
*Your Family Counselor*

"Dear Anne Hirst: When my husband went away to war, he begged me to forgive him for the past—which had been disgusting for three years, with one affair after another. He promised that when he came home, our lives would be normal again. "Now he is ten times worse than before!"



"I know when I married him 15 years ago that he had a roving eye. But he has had three different phases of business in the past three years, and carried on his affairs at every one! Now a married woman who works for him is the last. She is efficient, and I don't want to do anything to disrupt his business. I've tried to like her, but I can't. She talks of his other affairs, and I don't care."

**CROSSWORD PUZZLE**

ACROSS: 1. Leafy vegetable. 2. Leafy vegetable. 3. Leafy vegetable. 4. Leafy vegetable. 5. Leafy vegetable. 6. Leafy vegetable. 7. Leafy vegetable. 8. Leafy vegetable. 9. Leafy vegetable. 10. Leafy vegetable. 11. Leafy vegetable. 12. Leafy vegetable. 13. Leafy vegetable. 14. Leafy vegetable. 15. Leafy vegetable. 16. Leafy vegetable. 17. Leafy vegetable. 18. Leafy vegetable. 19. Leafy vegetable. 20. Leafy vegetable. 21. Leafy vegetable. 22. Leafy vegetable. 23. Leafy vegetable. 24. Leafy vegetable. 25. Leafy vegetable. 26. Leafy vegetable. 27. Leafy vegetable. 28. Leafy vegetable. 29. Leafy vegetable. 30. Leafy vegetable. 31. Leafy vegetable. 32. Leafy vegetable. 33. Leafy vegetable. 34. Leafy vegetable. 35. Leafy vegetable. 36. Leafy vegetable. 37. Leafy vegetable. 38. Leafy vegetable. 39. Leafy vegetable. 40. Leafy vegetable. 41. Leafy vegetable. 42. Leafy vegetable. 43. Leafy vegetable. 44. Leafy vegetable. 45. Leafy vegetable. 46. Leafy vegetable. 47. Leafy vegetable. 48. Leafy vegetable. 49. Leafy vegetable. 50. Leafy vegetable.

NO DIVORCE POSSIBLE "We cannot be divorced on account of our religion. We own our own home, a car, and a going business. We have three wonderful children, but I am getting ashamed to have them see with their father."

"I know how dark the future looms. I know how helpless you feel in the face of your husband's evil ways, how concerned you are about the children growing up to learn what kind of man their father is. You, and his wife, have used every argument you could to arouse him to a realization of what he is doing to you."

In life's darkest hours, hold on to your faith. Sometimes just telling a sympathetic friend relieves one's burden. Anne Hirst is your friend. Write her at Box 1, 123 Eighteenth Street, New Toronto, Ont.

Answer elsewhere on this page

**CHRONICLES OF GINGER FARM**  
by Gwendoline P. Clarke

This is Yasmin—Agness Rita Hayworth cuddles her daughter Yasmin in this first photograph—the child's birth at Montebello Clinic, Lausanne, Switzerland.



It's safe at home we are... and very glad to be here! You see, Bob and I have just come back from Toronto. We drove there in a peapoop fog and we came back in a fog, but before we returned, a little more thickening had been added to the soup. It was a business trip, otherwise we would not have gone.

All things being equal, we hope Daughter is away to a good start for 1950. She is taking quite a chance—both then, nothing venture, nothing have. At any rate, she should at least get a little fun out of the deal. As for the farm, Partner has just come in to supper, and he thinks we are definitely winning the Battle of the Barn. Maybe these ordinary, everyday scenes are not so very important, but when there are clouds in the sky, it is just as well to make the most of every little bit of sunshine that comes our way. Don't you think so?

By the way, old folk and young folk, bailing from the old County should not miss the Ladies' Tour of running in the Sacred Flame Journey, about the two Princesses—Elizabeth and Margaret Rose. It was most interesting and amusing. Eight instalments, no less!

Illustration of a dress with the text: **PATTERN 4576** sizes 12-20. **Anna Adams**. Tail the world you have perfect taste! Wear this chic casual with a trim details. Stuffed-plats release lines at back and there are no side-sleeve seams.

**Have Found Helpful Tips That Others**

Rubberized galoshes which become dingy and gray can make to look like new by applying liquid shoe polish to the surface.

To strengthen shoe laces, stitch alone each three times with sewing machine. I've found this trick also does wonders keeping silk laces from coming unknotted.

By taking the door off a cabinet, you can bring down and pinning the shelves to match the new work, my husband has covered this out-of-the-way closet into convenient and well-arranged case.

Simple things such as the macaroni and vegetable cubes can give the children a lot of fun on snowy days when they stay inside. Dip the macaroni in the coloring (pick several colors that go well together). Let dry. It's ready for stringing. Our girls enjoy making bracelets and neckties. Our son hangs his work on the wall for display. Also, vegetable coloring is harmless should a child slip a macaroni ball into his mouth when you're around.

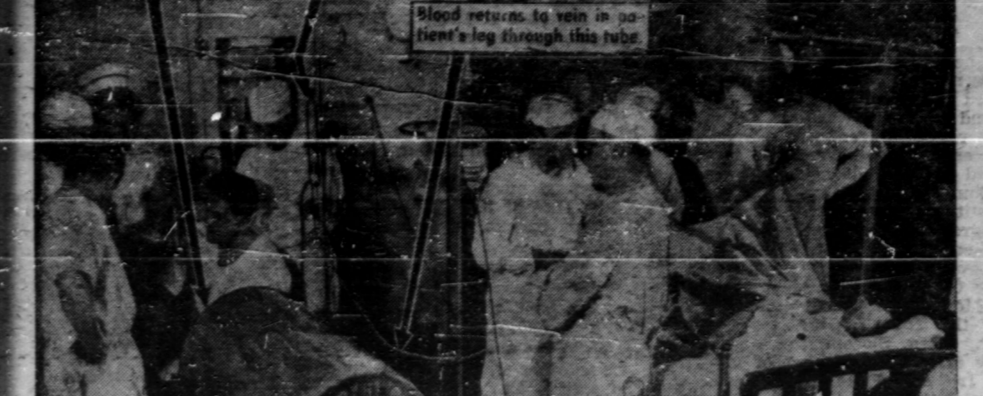
Many times I have had to do away with kitchen articles because the handles became loose or slippery. To avoid this, I use a small can of cork filler, hands, so on, to fill the holes with the material and place the handle. Let this dry for an hour and the stringing is as good as new again.

When the fibreboard wardrobe, my bedroom gets slabby below, I covered it with strips of wallpaper left over from papering the room. Now it's really most attractive for more a part of the room than before.

Artificial Kidney Saves a Life—When the kidneys fail to function, poisons normally eliminated pile up in the body. This brings on acute uraemic poisoning, generally fatal, unless the condition is quickly relieved. For that purpose, the Allis-Chalmers Company developed an artificial kidney, shown in photograph above. It is a refinement and improvement of a design by Dr. W. J. Kolff, of Holland. It was first used on a 55-year-old salesman, in whom uraemic poisons had been accumulating for six days. Doctors said that without relief his case was hopeless. He was conscious and aware of the treatment the entire three hours during which his blood flowed through the machine. Two weeks after the treatment, he walked out of the hospital saying he felt "better now than I have for years."

"Mother, dear, what was the name of that boy I met on holiday—the one I couldn't live without?"

**NEW AND USEFUL**



**Plastic Duck Decoy**—Lifelike duck decoys modeled of shatter-resistant plastic, meeting lead makes them self-righting in water. Mallard decoy floats breast down and tail high; special weight anchored to tail makes canvasback float in more horizontal position. Different shaped heads, realistic colors add to lifelike appearance. Claims maker, solvent cement will seal holes made by stray shot; plastic is lightweight, moisture and weather-resistant.

**Eight at Card Table**—Standard card table is transformed into dining table for eight by means of five-ply fibreboard removable top which folds into 22-in. storage space. Maker claims metal clasp on fold keeps top rigid; elastic webbing holds it to table. Has strong tape reinforcement on all folds.

**Shatter-Resistant Mirror**—Claimed especially suitable for public washrooms, etc., mirror of shatter-resistant glass, said to withstand shock four or five times greater than ordinary mirrors; when broken, disintegrates into harmless granules. Has invisible theft-proof hanger; comes in all sizes.

**Kitchen Aid**—Rotary grater puts 180 cutting edges against food with one turn of crank; claimed to speed grating over old principle of holding and rubbing (food against grater). Can be reversed for easier use by left-handed people.

**Incense From Ash Tray**—Novelty ash tray of plastic stone shaped like barbecue pit has deodorant tub in chimney which gives tobacco smoke aroma similar to incense. Tray beneath grill catches ashes; cigarettes and matches are held on sides.

**Here's A New Use For Apples Cider**

Apparently a new use has been found for apple cider according to information recently obtained. A paper entitled "Flavour in Potatoes as Influenced by Organic Acids" brought forth the interesting information that apple cider was used between each simple method for possible mint caused by the chemicals used in the control of soil-borne insects attacking the potato crop. Just how much cider was consumed during the course of a day's tending was not disclosed to the inquiring botanist. But it was revealed that the cider definitely succeeded in the taste process and that the practice had much to recommend it!

**FRESH CAN'T WAIT!**—A small-town newspaper carried a half page of white space, in very small type. This space belongs to John Schmidt, who went fishing with the copy in his pocket.

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**WINTER**

When icicles hang by the wall, And Dick, the shepherd, blows his nail, And Tom bears logs into the hall, And milk comes frozen on the pail, When blood is nipt, and ways be foul, Then nightly sings the staring owl 'Tu-whit!'

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And try INSTANTINE for other aches, too... for neuritic or neuralgic pain... or for the pains and aches that accompany a cold. A single tablet usually brings prompt relief.

**TABLE TALKS**  
by Jane Andrews

"Memory is a queer thing, isn't it? All of a sudden, out of nowhere, a mental picture of something that may have occurred many years ago, or stands out with all the clarity and vividness of life itself. I know I express myself badly—but I think you're understanding what I mean. And just the day before yesterday, for no reason at all, I found myself thinking of a guy boy—his name man now, with children of its own—whose mother was trying to coax him to eat something he didn't care for. Carrots, perhaps. "They're awfully good for you," said the mother. "When you say, 'answered the youngster, "it just 'DAMNS it for me!"

**ONION SHORTCAKE**

Saute onion tender, not brown: 4 cups onion slices in 2 tablespoons melted butter 1/4 teaspoon salt Combine 1 cup sifted flour 1/2 teaspoon salt 1 1/2 teaspoons baking powder Cut in 2 tablespoons shortening Blend in 1/2 cup milk 1/2 egg, highly beaten Spread this dough in well-greased pie tin. Cover with sauteed onions. Bake at 425 deg. (hot) 25 minutes.

**SOUR-CREAM BEETS**

Serves 8 2 garlic cloves, diced 2 teaspoons flour, in fat Mix in 4 cups strained, diced, canned beets 1 cup vinegar 2 teaspoons sugar 1/2 teaspoon salt 1 cup strained beet juice Simmer 5 minutes; remove from heat. Add 4 cups sour cream 1 cup sugar 1 slice bacon, diced, fried Simmer 5 minutes; serve hot or cold.

**CORN-STUFFED PEPPERS**

Serves 8 1 cup milk 1 teaspoon salt 1/2 teaspoon pepper Simmer 5 minutes. Same 1/2 cups dry bread crumbs 1/2 cup chopped parsley in 2 tablespoons melted butter Combine above ingredients; remove centers of

**The Canadian Family owes much to... Greece**



THE STRENGTH AND VITALITY of any nation stems from the character of its people. Canada, stalwart champion of democracy, draws its strength from the peoples of many nations and its variety and colour from the blending of their racial and cultural heritages. Rich in natural resources, Canada has enriched herself culturally by interweaving the national characteristics of these many races, whose common bond is citizenship in the Canadian Family. Greece, cradle of democracy in the Old World, has fought and suffered through the centuries to retain democratic freedom. Today, many Greeks enjoy the security and privileges that Canadian citizenship affords. Inspired by their natural love of independence, many have started their own businesses and built them into successful enterprises. Greek literature, architecture and philosophy have contributed much to Canada's culture and the thrift and progressiveness of her people have won the respect of all Canadians.

**Calvert DISTILLERS (Canada) Limited**

Calvert, Secretary of State to King James I, and head of the famous Calvert family, founded one of Canada's first distilleries in Newfoundland in 1622. Calvert and his descendants fostered the principles of religious tolerance and democratic freedom one thus helped sow the fertile seed of democracy in the New World.