

ANNE HIRST Your Family Counselot-

"We cannot be divorced on ac-

own home, a car, and a going but

to have them seen with their father

"My husband is periect in ever

other respect. His own family and

him back to a decent life. We all

"Must I resign myself to a life-

* I know how dark the future

looms. I know how helpless you

* feel in the face of your husband's

* evil ways, how concerned you are

about the children growing up to

* learn what kind of man their * father is. You, and his people.

that recoils before that shame.

den to have on one's soul!

worked miracles.

Street, New Toronto, Ont.

isn't it?"

you all, he is successful, and pro-

In life's darkest hours, hold on to

your faith. Sometimes just telling a

burden. Anne Hirst is your friend.

Write her at Box 1, 123 Eighteenth

GUILTY CONSCIENCE

At the public library, a small boy

presented a well-worn, dirty volume

glanced at the book and its title.

then at the size of the boy, and remarked: "This is rather technical,

at the return desk. The librarian

A DISTRAUGHT WIFE."

have tried to talk to him, to guid

love hi mdearly. But nothing help

time of disgrace?

count of our religion. We own our

band went away to war, he begged me to forgive him for the pastwhich had been disgusting for three years, with one ness. We have three wonderful affair after an children, but I am getting ashamed other. He prom-ised that when he came home,

be normal again. "Now he is ten times worse than before! "I knew when

I-married him 15 years ago that he had a roving eye. But he has had in the past three years, and carried married woman who works for him don't want to do anything to dis ner, but I can't. She knows of his



and simple embroidery! Eighteenth St., New Toronto, Ont. Print plainly PATTERN NUM-BER, your NAME and ADDRESS.

PUZZLE

1. Light oars. 7. Seraglios.

instrument.
68. Winding.
DOWN.
1. Railroad case

house! These dainty linens are tun to do, too, with crocheted skirts Varied needlework Pattern 511; transfer of a 10½x18; two 8½x15-Laura Wheeler's improved pat tern makes needlework so simple with its charts, photos and concise Send TWENTY-FIVE CENTS in coins (stamps cannot be accept-ed) for this pattern to Box 1, 123

Planting his feet firmly on the floor, the boy, half-defiantly, answered, "It was that way when I CROSSWORD ime units. 49. Civil injury To. To. Kind of paper Roman bronze. Makes suitable to Like

Answer elsewhere on this page.



This Is Yasmin-Actress Rita Hayworth cuddles her daughter Yasmin in this first photo-since the child's birth at Montchoisi Clinic, Lausanne, Switzerland.

the house, as Daughter will natur-

ally be away at the office all day.

This they are only too glad to do

All things being equal, we hope

Daughter is away to a good start for 1950. She is taking quite a

these ordinary, everyday omens are

GINGER FARM Gwendoline P. Clarke

It's safe at home we are . . . | married couple, friends of Daughand very glad to be here! You * have used every argument you see, Bob and I have just come back could to arouse him to a realizafrom Toronto. We drove there in tion of what he is doing to you all. a pea-soup fog and we came back Have you reminded him that one day these children will be ashamin a fog. but before we returned, a little more thickening had been until now, the best accommodation * ed to acknowle ge him as their added to the soup. It was a busihave gone.

advancing years as a good off fur-nace had been installed and was

apparently in good working order.

suspicion that anything not needed at home will be sure of a welcome

at Daughter's house. In fact, that

was the purpose of our visit today -taking down some of Daughter's belongings and adding a few of on

own for good measure. But the poor dear she has been so bus

trotting up and down stairs, sweep ing and cleaning, that she looke

just about ready to drop. However,

she won't have it all to do as the

ground floor is rented to a young

From now on, I have a faint

Have you tal'ed with your Perhaps your husband can be Weil, the year is young set, but to have their own living quarters, whether they live in the town or priest about this? * persuaded to renew his marriage tion around here. About a week ago, every cow in our barn started * strength to overcome his weak-* ness. He must, however, WANT to cough and two of them developed congestion of the lungs. We had to live a decent life, and want it a happy time . . . the men trailing with all his soul. * with all his soul.

* with all his soul.

* Confession of sin is the first step. Once he has been cleansed, and is convinced that help will be back and forth to the barn with mustard plasters, medicine and baking soda—we bought baking soda of the deal. As for the farm, Parther has just come in to supper and the thinks we are definitely winning the soul.

* Washe given if he does his part, he can the wee sma hours to put a mustard he thinks we are definitely winning find the faith that he needs. In plaster on a cow isn't exactly our the Battle of the Barn. Maybe justice to you and the children and idea of relaxation after the holiday his family, he should make one at season. In the midst of it all, we not so very important, but when * tempt to turn right.

* One wonders what this married * had company for the week-end. We expected Daughter home, too, but just as well to make the most of * Woman, his present inamorata, thinks of her part in all this.—

* But for her, he might really be hiving the good hie. What a bur
* living the good hie. What a bur
* One wonders weat this married expected Daugnter nome, too, out substantial she could not come she phoned that she could not come because she had just rented a house! Yes, it came to that—and all because she could not find a By the way, old folk and young felt heliting from the Old Country.

By the way, old folk and young decent room at a reasonable rent. folk, hailing from the Old Country, In every other way, your hus-band is fine and decent. He loves paying for one third-floor room and should not miss the serial currently running in the Ladies' Home Jour-nal about the two Princessesnot even an outlet where she could vides well for you. Be thankful for plug in an iron.

* all of this, and hold on to your The house Daught Elizabeth and Margaret Rose. It is most interesting and amusing. The house Daughter has rented is interesting . . . I think it must . Eight intalments, no less! The faith of a good woman has have been built when Toronto was still Mudd. York. Red brick on



PATTERN 4576 SIZES 12-20 Anna Adams Tell the world you have per. taste! Wear this chic casual with a

ulness at back and there are no side-skirt seams!
Pattern 4576 comes in sizes 12,
14, 16, 18, 20. Size 16 takes 4 yards 99-inch febric.
Send TWENTY-FIVE CENTS (25c h coins (stamps cannot be accepted) for this pattern. Print plainly \$12E, NAME, ADDRESS,

STYLE NUMBER

WINTER

When icicles hang by the wall And Dick, the shepherd, blows his nail. And Tom bears logs into the hall, And milk comes frozen home in pail: When blood is nipt, and ways be

foul, Then nightly sings the staring owl To-whoo! A merry note! While greasy Joan doth keel the

When all about the wind doth blow. And coughing, drowns the par-And birds sit brooding in the snow, And Marian's nose looks red and

bow!they could get was one room in Then nightly sings the staring owl mother-in-law's house. And how Tu-whit! necessary it is for young couples To-whoo! A merry note! While greasy loan doth keel the

raw;

TESUNDAY SCHOOL

By The Rev. R. Barclay Warren THE FIRST CHRISTIAN MARTYR Acts 6:8-15; 7:54-60 Golden Text: "Be thou faithful unto death, and I will give thee

-Shakespeare.

a crown of life"-Rev. 2:10. History reveals that in every great spiritual awakening, laymer play a leading part. It was so it the beginning of the Church. Stephen, a man full of faith and of the Holy Ghost, with six others, was chosen to attend to the busi-ness of the daily ministrations. To him was granted the gift of miracles. Unbelievers disputed with him and finally hired men to make false charges against him. Stephen and ears, ye do always resist

necked and uncircumcized in heart Holy Ghost; as your fathers did, so do ye. They have slain them which showed before on the coming of the Just One; of Whom ye have been now the betrayers and derers." They gnashed on with their teeth. But Stephen wa triumphant. Said he, "Behold, Son of Man standing on the right had of God." His enemies then ran on him, cast him out of the city fell asleep," and after he had mended his spirit to the Lord Jesus, he cried with a loud voice, "Lord, lay not this sin to their in death.

"laid down their clothes at a young man's feet, whose name was Saul." This man became more Saul." This man became more fierce in his persecutions, but God was speaking to him through the messages of the sweet-spirited man with the ange! face. He kicked against the pricks, but finally sur-rendered himself to the Lord Jesus. He went forth to be the leading apostle to the Gentile world. Thir teen of his letters are in the New Testament. It is true, "The blood of the martyrs is the seed of the

Upside down to prevent peeking.

or snowy days when they me stay inside. Dip the macaron, the coloring (pick several coloring that go well together). Let dry, a size of the coloring together the coloring together the coloring together they are the coloring together they are the are they are the are they are the are they are they are they are they are they ar it's ready for stringing. Our genjoy making bracelets and nei laces. Our son hangs his work the wall for display. Also, wegetable coloring is harnle, should a child slip a macaroni be into his mouth when

Many times I have had to the away useful kitchen articles became loose or slipp entirely off. I now keep a su can of crack-filler handy, so when the handles work off, I the hole with this material and a place the handle. Let this dry thours and the utensil is as good; new again.

into his mouth when you'r around.

Have Found Helph

Tips That Others

eloset in our living room and paing the shelves to match the wo work, my husband has convertible out-of-the-way closet into

Simple things such as elementarioni and vegetable colors can give the children a lot of it

When the fibreboard wardrobe my bedroom grew shabby looking I covered it with strips of wallpays left over from papering the room Now it's really most attractive as far more a part of the room the

TABLE TALKS COME OUT FROM All of a sudden, out of nowhere, seemes a liasth of recollection — a mental picture of something that may have occurred many years ago, set stands out with all the clarity and vividness of life itself. UNDER THE SHADOW OF PAIN and vividness of lite itself.

I know I express myself badly—
but I think you'li understand what I
mean. And just the day before yeserday, for no reason at all, I found
myself thinking of a tiny boy—he's
grown man now, with children of
his own—whose mother was trying
to coax him to eat something he
idn't care for. Carrots, perhaps.

""" leave will be good for you"

Try DOLCIN Tables for prompt relisfrom ARTHRITIC and RHEUMATIC pais...get a bottle of 100 or 500 tables from your druggist TODAY and join the thousands of relieved sufferers who by taking DOLCIN have come out from under the shadow of pais... Most druggists carry DOLCIN...100 tables \$2.39; economy-size bottle of 500 tabless \$10.00. If your druggist does not have DOLCIN, write direct to DOLCIN, write direct to DOLCIN, Write direct to DOLCIN, White ED, Toronson 10, Canada. "They're awfully good for you," said the mother. "When you say something is good for me, mum," inswered the youngster, "it just DAMNS it for me!" Nowadays, I think, mothers are wiser. They don't try to wheedle their families into eating their vegetables. They serve them up in different ways, and make them so empting that no coaxing is needed.



RELIEF IS LASTING

For fast, prolonged relief headache get INSTANTINE. The prescription-like tablet contains just one, but three proven medics ingredients that ease the pain fast And the relief is, in most cases, lasting Try Instantine just once for past relief and you'll say as thousands de that there's one thing for headach

And try INSTANTINE for other aches, too ... for neuritic or neural pain ... or for the pains and ache that accompany a cold. A single table usually brings prompt relief.



ISSUE 3 - 1950



Artificial Kidney Saves a Life-When the kidneys fail to function, poisons normally eliminated Artificial Kidney Saves a Life—When the kidneys fail to function, poisons normally eliminated pile up in the body. This brings on acute uremic poisoning, generally fatal, unless the condition is quickly relieved. For that purpose, the Allis-Chalmers Company developed an artificial kidney, shown in photograph above. It is a refinement and improvement of a design by Dr. W. J. Kollf, of Holland. It was first used on a 55-year-old salesman, in whom uremic poisons had been accumulating for six days. Doctors said that without relief his case was hopeless. He was conscious and aware of the treatment the entire three hours during which his blood flowed through the machine. Two weeks after the treatment, he walked out of the hospital saying he felt "better

4 medium green peppers

LIMA BEANS DE LUXE

¼ teaspoon salt

Cook over low heat until thick.

Pour into greased 2-quart casserole.

1 cup white sauce

2 cups canned green Lima beans 1 cup grated cheese

½ cup pimiento, minced
½ teaspoon salt
2 tablespoons to nato catsup

2 tablespoons melted butter
1/2 cup bread crumbs

VEGETABLE CASSEROLE

Serves 8

11/2 cups drained, diced canned

carrots

1½ cups drained canned peas

11/2 cups soft bread crumbs

Bake at 350 deg. (moderate) 1 hour

Serve with cheese sauce made

3 tablespoons melted butter 2 tablespoons flour

1 cup milk; let thicken Blend in

1/4 teaspoon salt
1 teaspoon prepared mustard
1/2 cup grated cheese

Sales Promotion

A recent advertisement in a large

city worked wonders. It ran: "Mil-

lionaire, young, good-looking, wishes to meet, with a view to marriage,

a girl like the heroine in X's novel."

X's novel in the city's bookshops

was sold.

In less than 24 hrs., every copy of

Woman in court: He is full of

ideas, but he expects other people

to carry them out.

1 cup cream
1/2 cup vegetable liquid
11/2 teaspoon salt
1/8 teaspoon pepper

4 eggs, well beaten

in pan of water.

follows:

Fill with corn mixture.

1 cup milk

Mix in

Top with

llowing vegetable recipes will

ONION SHORTCAKE

e until tender, not brown

1/2 egg, slightly beaten

er with sautéed onions.

this dough in well-gre

½ cup sour cream, mixed with ½ egg, well beaten

ke at 425 deg. (hot) 25 minutes

SOUR-CREAM BEETS

Serves 8

4 cups strained, diced, cannot beets

2 garlic cloves, diced

2 teaspoons flour, in fat

2 teaspoons sugar
½ teaspoon salt
1 cup strained beet juice

mer 5 minutes; remove

2 teaspoons flour 4 slices bacon, diced, fried

CORN-STUFFED PEPPERS

Serves 8

1 teaspoon salt
½ teaspoon pepper
Simmer 5 minutes.
Saute

centers of

cold.

Serves 6

name of that boy I met on holiday

-the one I couldn't live without?"

New And Useful

Plastic Duck Decays Mallard decoy floats breast down and tail high; special weight an-chored in tail makes cancasback Different shaped heads, realistic colors add to lifelike appearance, claims maker. Solvent cement will

Eight at Card Table into dining table for eight by means of five-ply fibreboard removable top which folds into 22-in. storage space. Maker claims metal clasp of fold keeps top rigid; elastic webbing holds it to table. Has strong tape reinforcement on all folds.

Shatter-Resistant Mirror Claimed especially suitable for public washrooms, etc., mirror of shatter-resistant glass said to with-stand shock four or five times greater than ordinary mirrors; when broken, disintergrates into harmless gramules. Has invisible theft-proof hanger; comes in all sizes. Kitchen Aid

edges against food with one turn of drum; claimed to speed grating over old principle of holding and rubbing food against grater. Can be handed people. Incense From Ash Tray

Novelty ash tray of plastic stone shaped like barbecue pit has de oderant tube in chimney which gives tobacco smoke arcina similar to incense. Tray beneath grill catches ashes; cigarettes and match

Here's A New Use For Apple Cider

Apparently a new see has been found for appie ader recording to information recently released. A paper entitled "Flavour in Potatoes as Influenced by Organic Insecticides" brought forth the interesting information that apple cider was used between each sample hasted for possible taint caused by the chemicals used in the control of soil-born insects attacking the potato erop. Just how much cider was consumed during the sourse of a day's tasting was not disclosed to the thirsty listeners. But it was the thirsty listeners. But it was revealed that the eider definitely speeded up the tasting process and that the practice had much to recommend it!

PRESS CAN'T WAIT! A small-town newspaper carried a half page of white space, in the small type: "This space belongs to John Schmidt, who went fishing

Write us for a - FREE -Knitting Needle Gauge Help with Knitting Problem "We Pay all Shipping Charges"

Your

Knitting

WOOL

MAIL ORDER

The WOOL CENTRE

1887 Avenue Rd:

Toronto 12

with the copy in his pocket." Simply great to relieve 'PERIODIC'

Lydia E. Pinkham's VEGETABLE COMPOU

The Canadian Family owes much to ... Greece





THE STRENGTH AND VITALITY the Old World, has fought and of any nation stems from the character of its people. Canada, stalwart champion of democracy, draws its strength from the peoples of many nations and its variety and colour from the blending of their racial and

cultural heritages. Rich in natural resources. Canada has enriched herself culturally by interweaving the national characteristics of these many races, whose common bond is citizenship in the Canadian Family.

Greece, cradle of democracy in

suffered through the centuries to retain democratic freedom. Today, many Greeks enjoy the security and privileges that Canadian citizenship affords.

Inspired by their natural love of independence, many have started their own businesses and built them into successful enterprises.

Greek literature, architecture and philosophy have contributed much to Canada's culture and the thrift and progressiveness of her people have won the respect of all Canadians.

Calvert DISTILLERS (Canada) Limited AMMERSTBURG . ONIARIO

Calvert, Secretary of State to King James 1, and head of the famous Calvert family, founded one of Canada's first calculus in Newfound-land in 1622. Calvert and his descendants fostered the principles of religious tolerance and democratic freedom and thus helped sow the fartile seed of democracy in the New World.