

# Superb Flavour! "SALADA" VACUUM-SEALED COFFEE

## ANNE HIRST Your Family Counselor



"DEAR ANNE HIRST: I've been going with a young man for nine months, and everything was fine. We went everywhere together. I never even argued. Neither of our parents objected - until lately. "Now my parents have told me tales about him which I know are not true. And they don't seem to trust me! "His mother and mine got together. They decided we were seeing too much of each other, and that it is best for us to break up. I believe they did this so he would forget me. He did it.

"We love each other. Please tell me what to do. I am sick worrying over it.

"WORRIED."  
• WHEN two people are in love, it is madness to find that others object to it. Our personal happiness is so supreme that our minds are blinded to reason, and we feel that any opposition is unfounded and actually wicked.

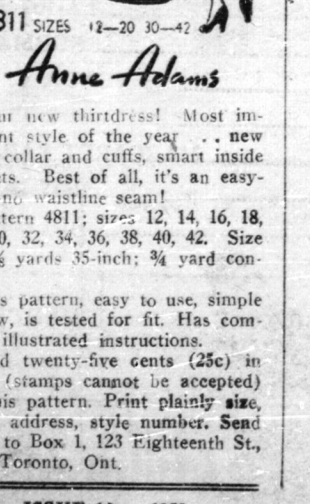
• Why can't parents let us alone?  
• One reason is that parents have a duty to their children. If they see them falling in love before they are old enough to realize the meaning, parents are bound to recommend that they take time out to think objectively.

• That isn't possible when the two are constantly together, dating only each other.

• Perhaps this boy has been neglecting his studies, or his job.

• Perhaps you have been forgetting your friends, failing in your other responsibilities.

• Perhaps you two are in the remote and passionate mood where you feel that the world's well lost for love. You tell me so!



**Anna Adams**

Your new wardrobe! Most important style of the year... new crisp collar and cuffs, smart inside pockets. Best of all, it's an easy-to-wash, machine-cream!

Pattern 4811; size: 12, 14, 16, 18, 20, 32, 34, 36, 38, 40, 42. Size 16  $3\frac{1}{2}$  yards, 35-inch; 94 yard contour.

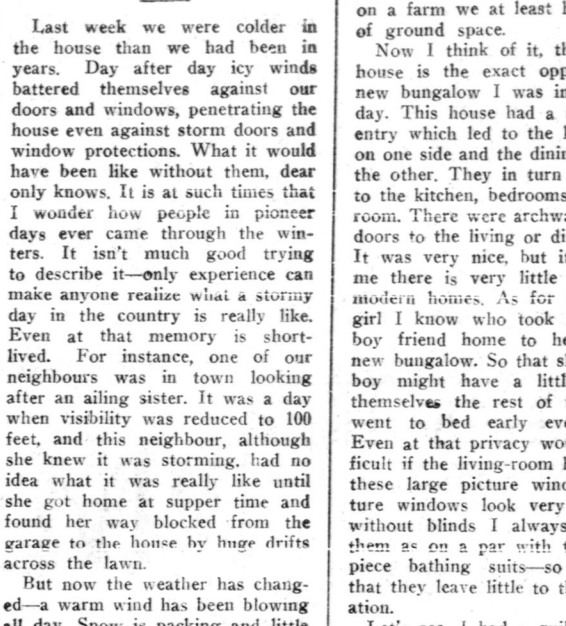
This pattern, easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send twenty-five cents (25c) in coin (stamps cannot be accepted) for this pattern. Print plainly name, address, street number. Send order to Box 1, 123 Eighteenth St., New Toronto, Ont.



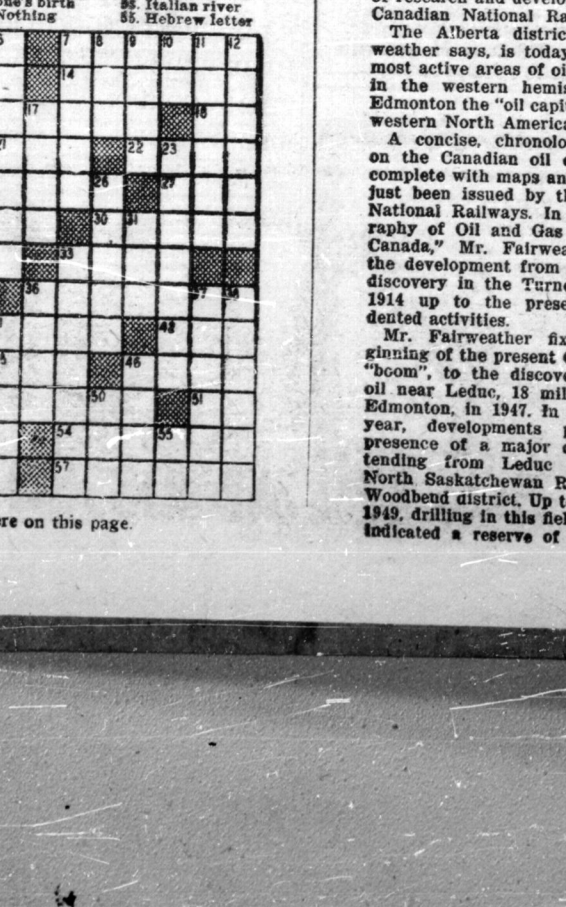
## Priscilla's Pop

"Priscilla's Pop" on TV—Al Vermeer, right, who draws the popular comic strip, "Priscilla's Pop," found that his mischievous little heroine behaved very well when she made her first television appearance. Vermeer was guest artist on a cartoonist show.



## Chronicler of Ginger Farm

Last week we were colder in the house than we had been in years. Day after day icy winds battered themselves against our doors and windows, penetrating the house even against storm doors and window protections. What it would have been like without them, dear only knows. It is at such times that I wonder how people in pioneer days ever came through the winters. It isn't much good trying to describe it—only experience can make anyone realize what a stormy day in the country is really like. Even at that memory is short-lived. For instance, one of our neighbours was in town looking after an ailing sister. It was a day when visibility was reduced to 100 feet, and this neighbour, although she knew it was storming, had no idea what it was really like until she got home at supper time and found her way blocked from the garage to the house by huge drifts across the lawn.



## New and Useful Too

**Music on Tape**  
First commercial tape recordings for home use claimed by firm offering eight reels of popular, semi-classical music, by major acts; each 20 numbers; used on home model recorder running at 7 1/2 in. record track.

**New Heating Mode**  
Radiant heat by electric panels is to be introduced in Canada. Method, developed in Britain; uses portable screen panels, in decorative design for supplementary heating of living rooms, bathrooms, porches, cottages, garages, etc. Also adaptable to drying, heating pottery, painting, etc. More details, write for literature to: Radiant Heat Co., 1000 F. Park Blvd., Chicago 4, Ill.

**For Home Sodor**  
Soda dispenser makes ice-cream sodas, drinks at home. Combining cap and siphon, fits on top of bottle, dispenses or seals any carbonated drink. Canadian distributor says: Bottle is shaker, upside-down, top pressed.

### FOR QUICK RELIEF BEYOND BELIEF

Relief from the pain of arthritis, rheumatism, neuritis, or sciatica... get a bottle of DOLCIN tablets today. DOLCIN has the relief of thousands of sufferers. DOLCIN is safe, effective, and easy to take. Buy a bottle of DOLCIN from your local pharmacist or mail order from DOLCIN LIMITED, Toronto, Ont.

### Canada Now In Midst of Great Oil Developments

ALBERTA

WITH an estimated oil reserve of 2,600 million barrels and reserves of 6,000 billion cubic feet of natural gas in the Province of Alberta, Canada is in the midst of the greatest oil and natural gas development in her history, according to S. W. Fairweather, vice president of research and development of the Canadian National Railways.

### Canada Now In Midst of Great Oil Developments

ALBERTA

With an estimated oil reserve of 2,600 million barrels and reserves of 6,000 billion cubic feet of natural gas in the Province of Alberta, Canada is in the midst of the greatest oil and natural gas development in her history, according to S. W. Fairweather, vice president of research and development of the Canadian National Railways.

## SUNDAY SCHOOL LESSON

By Rev. R. Barclay Warren  
THE CHURCH IN ROME  
Romans 1:1, 7-12; Acts 28:14b-15, 30-31.

Golden Text: I am not ashamed of the gospel of Christ; for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

Paul was commissioned of God to carry the light of the Gospel to the Gentiles. His first headquarters was Antioch, the hub of Syria. Then it was Ephesus, the center of operations in Asia Minor and eastern Europe; and finally, Rome, the metropolis of the world. Rome was captured by the last great conqueror Britain, was the power of Rome did not depend Paul for the message of the Gospel of Christ was more powerful yet. It would not destroy but save everyone who would trust in Christ. Paul was unshaken of his faith in the Gospel of Christ. He longed for the opportunity of placing his banner at the heart of the empire.

### Bees Great Part In Flower Pollination

Flowers did not appear till some 150,000,000 years ago. At that time beetles were the only pollinating insects.

The modern descendants of these original flowering plants—the magnolias and their relatives—are still pollinated by beetles. The magnolias are composed of numerous, spirally arranged, colorless petals, stamens and seed-bearing organs.

### Fiddling with Music

During the first rehearsal of the Israel Philharmonic Orchestra at Tel-Aviv, Israel, Conductor Serge Koussevitzky, left, and screen star Edward G. Robinson talk over Robinson's "unparalleled" technique with the violin. Dr. Koussevitzky apparently enjoying the horse-play, is on a world tour.

### A Railway Line Run By Children

One of the world's most populous areas doesn't connect any cities, has only a single track, and runs less than two miles.

### Cow Towels

Progressive dairymen wash the udders and teats of their cows with warm water before milking.



## Hen Feeds Guinea Pig

Betty Jane Robb kneels down to feed her motherly pet hen who is a busy biddy these days. The hen has adopted 20 full-grown guinea pigs and treats them as she would her own brood of chicks.

### Bees Great Part In Flower Pollination

Flowers did not appear till some 150,000,000 years ago. At that time beetles were the only pollinating insects.

### Fiddling with Music

During the first rehearsal of the Israel Philharmonic Orchestra at Tel-Aviv, Israel, Conductor Serge Koussevitzky, left, and screen star Edward G. Robinson talk over Robinson's "unparalleled" technique with the violin. Dr. Koussevitzky apparently enjoying the horse-play, is on a world tour.

### A Railway Line Run By Children

One of the world's most populous areas doesn't connect any cities, has only a single track, and runs less than two miles.

### Cow Towels

Progressive dairymen wash the udders and teats of their cows with warm water before milking.

## TABLE TALKS

Back in 1907 a man went to Washington as Senator from Minnesota. His name was Knute Nelson, and his favorite eating was beef soup. He liked beef soup every weekday and Sundays as well; when he found that the Senate Restaurant didn't serve this delicacy, he made a terrific squawk. So before long it appeared on the Menu. What's more, it has been appearing there every single day for almost 34 years, just because thousands of others, besides Mr. Nelson, want for it in a big way. "Famous Senate Restaurant Beef Soup" is the way it's always listed; and it has probably been eaten by more noted people than any other single dish.

### LIVER AND ONION PATTIES

1 pound beef or pork liver  
1 medium onion  
10 crackers  
2 eggs  
1/4 cup milk  
1/4 teaspoon salt  
Method: Cover liver with boiling water and allow to stand for 10 minutes. Put onion, onion, and crackers through fine knife of meat grinder. Add slightly beaten egg, milk, and seasoning. Drop by tablespoon onto hot fry. Flatten with a spatula and fry each side until crispily brown. 6 servings.

### SAVORY LAMB SHANKS

4 small lamb shanks  
1/2 cup flour  
3 tablespoons lard or other fat  
1 cup meat stock or water  
2 teaspoons Worcestershire sauce  
1/2 teaspoon horseradish  
1 tablespoon vinegar  
1/4 teaspoon salt  
Peas, green and pepper  
Method: Roll lamb shanks in flour and brown in hot fat in a skillet. Remove to a large casserole. Stir 1/2 tablespoon flour into remaining fat in skillet, add 1 cup water gradually, and stir until thickened. Add horseradish, Worcestershire sauce, vinegar, salt, and pepper. Pour over lamb shanks and cover casserole. Bake at 325 deg. F. for about 2 hours, or until tender. Four servings.

### FOLKS SURE FAVOR A MAGIC CAKE!

Mix and stir 3 times, 2 1/2 c. once-bleached pastry flour (or 2 c. once-bleached hard-wheat flour), 2 1/2 tsp. Magic Baking Powder, 3/4 tsp. salt, 1 1/2 cups ground cinnamon, 1/4 cup, each, of ground cloves, ginger, nutmeg, and mace; mix in 3/4 c. whipped and dried seedless raisins and 1/2 c. chopped walnuts. Cream 1/2 c. butter or margarine and blend in 1 1/2 c. lightly-packed brown sugar; beat in 3 well-beaten egg yolks and 1/2 cup vanilla. Add dry ingredients to creamed mixture alternately with 1 c. milk and spread batter in 9" square pan, which has been greased and the bottom lined with graham paper. Beat stiff, not dry. 3 egg whites and a 1/2 c. granulated sugar; gradually beat in 1 c. lightly-packed brown sugar and spread over cake; sprinkle with 1/2 c. chopped walnuts and bake in a rather slow oven, 325°, 3 1/2 to 1 1/2 hours; cool lightly with brown paper for last half hour.

### It's so different today

### By Arthur Pointer

### HERE'S QUICK COMFORT!

Method: Dilute the mushroom soup with 1/2 cup water and blend until smooth. Combine ground beef with crumbs, beaten eggs, salt, pepper, onion, and celery. Shape into an oblong about 1 inch thick. Brown in a skillet in hot fat. Carefully turn and brown on other side. Cover with mushroom soup and cook on top of stove at simmering temperature for 25 minutes. 4 servings.

### INSTANTINE

Get Instantine today and keep it handy

Nobody knows the cause of rheumatism but we do know there's one thing to ease the pain... INSTANTINE. And when you take INSTANTINE the relief is prolonged because INSTANTINE contains not one, but three proven medicinal ingredients to bring you not only fast relief but more prolonged relief.

### CHEST COLDS

A'MECCA OINTMENT AND MUSTARD POULTICE

Don't take chances on a Chest Cold! It may become very serious. A poultice made of two tablespoons of Mecca ointment and one of Mustard Poultrice relieves congestion and reduces inflammation—prevents bleeding. In severe cases change the poultice twice daily. Mecca Ointment is available in all drug stores—30c, 50c, 75c, and \$1.00.

### It's so different today

### By Arthur Pointer